



Stanford
MEDICINE



Program in Psychiatry and the Law
Department of Psychiatry and Behavioral Sciences



Hans Steiner was born in Vienna, Austria and received his Doctor *medicinae universalis* (Dr. med. univ. = M.D.) from the Medical Faculty of the University of Vienna, Austria, in 1972. He completed his residency in adult Psychiatry at SUNY Upstate Medical Center in 1976, his child and adolescent psychiatry residency at the University of Michigan in Ann Arbor in 1978. Currently, Dr. Steiner is Professor Emeritus (Active) of Psychiatry and Behavioral Sciences, Child & Adolescent Psychiatry and Human Development at the Stanford University School of Medicine and Guest Professor, Medical University of Vienna and the University of Innsbruck. He is a founding member and the Director of The Pegasus Physician Writers at Stanford (since 2008), a group of doctors who write creatively. As of 2011, he is the director of Stanford's Program in Psychiatry and The Law.

He is a Lifetime Distinguished Fellow of the American Psychiatric Association (APA), a Fellow of the American Academy of Child and Adolescent Psychiatry (AACAP), and the Academy of Psychosomatic Medicine (APM).

He has won numerous national awards for his research, teaching and mentorship of young physicians and mental health researchers. In 1996, he received the Goldberger Award of the American Medical Association for his work in Eating Disorders. In 1990, 1992, 1993, 1995, 1996, 1998, 1999, 2004 and 2005 he was the recipient of the Outstanding Mentor Award of the American Academy of Child and Adolescent Psychiatry. In 1993, he won the Dlin/Fisher Award of the Academy of Psychosomatic Medicine for achievements in clinical research.

He has authored over 500 published articles, abstracts, reviews, books and book chapters. He is the editor of three volumes on Treating Preschool Children, Treating School Age Children, and Treating Adolescents (currently in its second edition, Wiley, 2015). He is the editor of the Handbook of Mental Health Interventions in Children and Adolescents: An Integrated Developmental Approach, and the Handbook of Developmental Psychiatry. He has written, with Martine Flament, a volume for the primary care physician on Eating Disorders. He is one of four editors of the two volume Lehrbuch der Kinder und Jugendlichenpsychiatrie, published in 2012. His latest academic book is "Disruptive Behavior: Development, Psychopathology, Crime & Treatment", Oxford University Press, 2017.

As a creative writer, Dr. Steiner has been writing in English since 2008. He edited a volume of Poetry, Memoirs and Short Stories by The Pegasus Physician Writers, "On Becoming and Being A Doctor", a collection of the group's first public reading at the Cantor Arts Center. He has published a psychiatric/literary essay on the psychology and psychopathology of Lisbeth Salander, "If Lisbeth Salander Were Real" in a 2011 volume on "The Psychology of the Girl with the Dragon Tattoo" (Robyn Rosenberg and Shannon O'Neill, editors). He has published two creative non-fiction short stories in the 2015 Spring Edition of THE INTIMA, a Journal of Narrative Medicine "The Cat Doctor" and "Talking in Toys". Another one, "The Hanabiko Exam", is published in the inaugural edition of THE PEGASUS REVIEW, the voice of the Pegasus Physicians at Stanford, Volume 1, May, 2019 (<http://thepegasusreview.com>). The same

issue features a dialogue of Dr. Steiner with Irvin David Yalom, MD, addressing the need for physicians to become creative writers. The Dialogue is entitled “Why Doctors Write”.

His recently published poetry includes “Charon’s Ferry Building” in MD magazine; and “Michel Angel” in Academic Psychiatry, both in 2017. He is also preparing a collection of 62 of his poems, entitled “Chameleon”, for publication in 2020.

His latest creative non-fiction book is “Your Secret Mind: Getting to Know and Living with Your Unconscious”, Karnac/ Taylor & Francis, London, 2017, an Amazon Bestseller. He is currently under contract with Belknap-Harvard University Press to complete a book of narrative non-fiction, “Anger and Aggression: Tools For Life”, approaching Anger, Aggression, Violence and Crime from a humanistic/lay perspective. The book is scheduled for publication in 2020.

He most recently has begun work on a novel in German, “Kaleidoskop der Katastrophen”, with the help of Ernst Schmiederer of the German Weekly “Die Zeit”, and Paulus Hochgatterer, MD, the 2014 Pegasus Visiting Professor at Stanford in 2014 and prize winning novelist in the European Union in 2012.

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