

---

## JAMES J. GROSS

Curriculum Vitae  
September, 2024

Department of Psychology  
450 Jane Stanford Way  
Stanford University  
Stanford, CA 94305-2130

Telephone: (650) 723-1281  
Email: [gross@stanford.edu](mailto:gross@stanford.edu)  
Website: <http://spl.stanford.edu>

---

### Current Position

Assistant to Full Professor of Psychology, Stanford University, 1994-2008.

Professor of Psychology, Stanford University, 2008-present.

Ernest R. Hilgard Professor of Psychology, Stanford University, 2021-present.

Professor of Philosophy (by courtesy), Stanford University, 2023-present.

### Education

B.A. in Philosophy, Yale University, summa cum laude, 1987.

Graduate Visiting Student, Linacre College, Oxford University, 1987-1988.

Predoctoral Fellow, NIMH Training Program in Emotion Research, 1989-1992.

Ph.D. in Clinical Psychology, University of California, Berkeley, 1993.

Postdoctoral Fellow, University of California, San Francisco, 1993-1994.

### Honors and Awards

Alpheus Henry Snow Prize, Yale University, 1987.

Vicki Jackson Prize, Yale University, 1987.

Berkeley Graduate Fellowship, University of California, Berkeley, 1988-1991.

Tursky Award, Society for Psychophysiological Research, 1991.

Robert E. Harris Award, University of California, San Francisco, 1994.

Dean's Award for Distinguished Teaching, Stanford University, 1996-1997.

Charter Member and Fellow, Association for Psychological Science, 1997.

Banks Faculty Fellow in the Social Sciences, Stanford University, 1997-1998.

Early Career Award, Society for Psychophysiological Research, 2000.

Early Career Award, American Psychological Association, 2001.

Gordon and Dailey Pattee Faculty Fellowship, Stanford University, 2001-2002.

Outstanding Young Researcher Award, Western Psychological Association, 2003.

Bass University Fellow in Undergraduate Education, Stanford University, 2004.

Walter J. Gores Award for Excellence in Teaching, Stanford University, 2007.

Postdoctoral Mentoring Award, Stanford University, 2008.

Phi Beta Kappa Teaching Prize, 2009.

Fellow, American Psychological Association, 2010.

Postdoctoral Mentoring Award, Stanford University, 2012.

Charles A. Lewis Prize, American Horticultural Therapy Association, 2015.

Distinguished Scholar Award, Social and Affective Neuroscience Society, 2015.

Brotherton Fellow, University of Melbourne, Australia, 2019.

Ranked in Top .01% of Scientists in Terms of Impact, 2019-present.

Honorary Doctoral Degree, Universite Catholique de Louvain, Belgium, 2019.

Named inaugural Ernest R. Hilgard Professor of Psychology, Stanford University, 2021.

Fellow, American Association for the Advancement of Science, 2021.

Inaugural Mentoring Award, Society for Affective Science, 2022.

Fellow, American Academy of Arts and Sciences, 2022.

Honorary Doctoral Degree, Tilburg University, Netherlands, 2022.

Visiting Professor, Yale University, 2023.

Fellow, Society of Experimental Psychologists, 2024.

APS Mentor Award, Association for Psychological Science, 2024.

## **Grants**

Individual National Research Service Award, National Institute of Mental Health, "Emotional

suppression: A multi-method study,” MH10034. 1991-1992. PI: J. Gross.

B/START Award, National Institute of Mental Health, “The psychophysiology of emotion regulation,” MH53859. 1994-1995 (Direct costs: \$25,000). PI: J. Gross.

Research Incentive Fund Award, Stanford University, “Two forms of emotion regulation.” 1995-1997. PI: James J. Gross.

Method Development Grant, National Consortium on Violence Research, National Science Foundation, “Impulse regulation and violence: Method development for analyzing a critical developmental period.” 1998-1999. PI: K. Dodge.

Research Grant, National Science Foundation, “Social consequences of emotion regulation,” SBR-9728989. 1998-1999 (Direct costs: \$27,290). PI: J. Gross.

FIRST Award, National Institute of Mental Health, “Emotion regulation and its consequences,” MH58147. 1998-2003 (Direct costs: \$352,444). PI: J. Gross.

T32, National Institute of Mental Health, “Predoctoral training consortium in affective science.” MH020006, 1999-2013 (Direct costs: \$2,360,495). PI: R. Levenson.

R01 (Supplement), National Institute of Mental Health, "Information-processing biases in depression," MH59259. 2001-2002 (Direct costs: \$435,881). PI: I. Gotlib.

Research Grant, National Science Foundation, “The physiology of emotion regulation,” BCS-93679. 2001-2003 (Direct costs: \$68,847). PI: J. Gross.

Research Grant, National Science Foundation, “fMRI analysis of emotion regulation and its developmental trajectory,” BCS-0224342. 2002-2005 (Direct costs: \$788,210). PI: J. Gabrieli.

R01, National Institute of Mental Health, “Emotion regulation and its consequences,” MH58147. 2003-2008 (Direct costs: \$1,579,213). PI: J. Gross.

R01, National Institute of Mental Health, “fMRI analysis of emotion regulation,” MH66957. 2004-2007 (Direct costs: \$522,373). PI: J. Gross.

R01, National Institute of Mental Health, “fMRI of emotional reactivity, cognitive regulation, and CBT for social phobia,” MH76074. 2006-2011 (Direct costs: \$1,405,256). PI: J. Gross.

R21, National Center for Complementary and Alternative Medicine, “Neural mechanisms underlying MBSR in healthy and socially phobic individuals.” AT3644, 2007-2010 (Direct costs: \$400,000). PI: J. Gross.

R21, National Institute of Drug Abuse, “Learned control of frontal and limbic systems via real-time fMRI,” DA023609, 2009-2011 (Direct costs: \$300,000). PI: S. Mackey.

Fetzer Institute Grant, “Investigating the differential psychological mechanisms of compassion versus emotional intelligence training.” 2010-2011 (Direct costs: \$45,000). PI: J. Gross.

CDMRP Grant, Department of Defense, “Enhancing emotion regulation during driving in OEF/OIF veterans,” CDMRP PT090786, 2010-2012 (Direct costs: \$150,000). PI: S. Woodward.

R01, National Institute of Mental Health, “The neurobiology of psychotherapy: Emotional reactivity and regulation in PTSD,” MH091860. 2010-2015 (Direct costs: \$1,625,000). PI: A. Etkin.

R01, National Institute of Mental Health, “fMRI of emotion regulation during RCT of CBT vs. MBSR for social anxiety disorder,” MH092416. 2011-2016 (Direct costs: \$1,329,791). PI: J. Gross.

P01, National Center for Complementary and Alternative Medicine, “Stanford CAM Center for Chronic Back Pain,” AT00665101S1. 2011-2016 (Direct costs: \$9,969,560). PI: S. Mackey.

R21, National Institute of Mental Health, “Temporal dynamics and neural bases of emotion regulation under emotional load,” MH094545. 2012-2014 (Direct costs: \$431,600). PI: J. Gross.

IES Grant, Institute of Education Sciences, “Improving academic achievement by teaching growth mindsets of emotion,” R305A120671. 2012-2015 (Direct costs: \$533,536). PI: J. Gross.

NSF Grant, National Science Foundation, “Reducing intergroup conflict using a belief manipulation,” BCS-1251645. 2013-2016 (Direct costs: \$371,241). PI: J. Gross.

T32, National Institute of Mental Health, “Predoctoral training consortium in affective science,” T32 MH020006. 2014-2019 (Direct costs: \$2,253,010). PI: J. Gross & S. Johnson.

U01, National Cancer Institute, “Impact of affect reactivity and regulation on breast cancer treatment decisions,” CA197282. 2015-2020 (Direct costs: \$3,885,977). MPI: J. Gross, A. Etkin, D. Spiegel.

Teaching Grant, Association for Psychological Science, “An anxiety reappraisal intervention to enhance exam experience and performance for psychology students,” 2016-2017 (Direct costs: \$15,000). PI: J. Gross

R56, National Institute of Dental and Craniofacial Research, “Emotion dysregulation and sleep-time masticatory muscle activity in sleep bruxism,” DE025321. 2016-2017 (Direct costs: \$142,000). PI: J. Gross.

Templeton Foundation Grant, “Situational strategies for self-control,” 2016-2019 (Direct costs: \$197,834). PI: A. Duckworth.

R61/R33, National Institute of Mental Health, “A novel cognitive reappraisal intervention for suicide prevention,” MH110542. 2016-2021 (Direct costs: \$3,009,876). PI: D. Kiosses.

Character Laboratory Grant, “Self-control strategies,” 2017-2018 (Direct costs: \$75,297). PI: J. Gross.

R01, National Institute of Dental and Craniofacial Research, “Emotion dysregulation and sleep-time masticatory muscle activity in sleep bruxism,” DE026771. 2017-2022 (Direct costs: \$2,495,463). PI: J. Gross.

NSF Grant, National Science Foundation, “Emotion regulation in the wild,” BCS-1814132. 2018-2020 (Direct costs: \$27,306). PI: J. Gross.

NSF Grant, National Science Foundation, “Influencing conflict-related emotional dynamics,” BCS-1823410. 2018-2021 (Direct costs: \$448,689). PI: J. Gross.

NSF Grant, National Science Foundation, “Intracranial EEG and direct cortical stimulation study of stimulus-driving and cognitively-modulated emotional processing in the human brain,” BCS-1850938. 2019-2022 (Direct costs: \$519,438). PI: J. Parvizi.

R61/R33, National Institute of Mental Health, “A novel use of a sleep intervention to target the emotion regulation brain network and treat depression and anxiety,” MH1202450. 2020-2022 (Total costs: \$1,881,355). PI: A. Goldstein-Piekarski.

R01, National Institutes of Health, “Characterization of central pain mechanisms using simultaneous spinal cord-brain functional imaging,” NS10945004. 2018-2023. PI: S. Mackey.

**Publications (Google citation count > 230,000; Google h-index = 190)**

**1989-1996**

1. Gross, J. (1989). Emotional expression in cancer onset and progression. *Social Science and Medicine*, 28, 1239-1248. [https://doi.org/10.1016/0277-9536\(89\)90342-0](https://doi.org/10.1016/0277-9536(89)90342-0)
2. Gross, J.J., & Levenson, R.W. (1993). Emotional suppression: Physiology, self-report, and expressive behavior. *Journal of Personality and Social Psychology*, 64, 970-986. <https://doi.org/10.1037/0022-3514.64.6.970>
3. Gross, J.J., Fredrickson, B.F., & Levenson, R.W. (1994). The psychophysiology of crying. *Psychophysiology*, 31, 460-468. <https://doi.org/10.1111/j.1469-8986.1994.tb01049.x>
4. Gross, J.J., & John, O.P. (1995). Facets of emotional expressivity: Three self-report factors and their correlates. *Personality and Individual Differences*, 19, 555-568. [https://doi.org/10.1016/0191-8869\(95\)00055-b](https://doi.org/10.1016/0191-8869(95)00055-b)
5. Gross, J.J., & Levenson, R.W. (1995). Emotion elicitation using films. *Cognition and Emotion*, 9, 87-108. <https://doi.org/10.1080/02699939508408966>
6. Gross, J.J., & Munoz, R.F. (1995). Emotion regulation and mental health. *Clinical Psychology: Science and Practice*, 2, 151-164. <https://doi.org/10.1111/j.1468-2850.1995.tb00036.x>
7. Persons, J.B., Gross, J.J., Etkin, M.S., & Madan, S.K. (1996). Psychodynamic therapists' reservations about cognitive-behavioral therapy: Implications for training and practice. *Journal of Psychotherapy Practice and Research*, 5, 202-212.

**1997**

8. Gross, J.J., Carstensen, L.C., Pasupathi, M., Tsai, J., Gottestam, K., & Hsu, A.Y.C. (1997). Emotion and aging: Experience, expression, and control. *Psychology and Aging*, 12, 590-599. <https://doi.org/10.1037/0882-7974.12.4.590>
9. Gross, J.J., & John, O.P. (1997). Revealing feelings: Facets of emotional expressivity in self-reports, peer ratings, and behavior. *Journal of Personality and Social Psychology*, 72, 435-448.

<https://doi.org/10.1037/0022-3514.72.2.435>

10. Gross, J.J., & Levenson, R.W. (1997). Hiding feelings: The acute effects of inhibiting negative and positive emotion. *Journal of Abnormal Psychology*, *106*, 95-103. <https://doi.org/10.1037/0021-843X.106.1.95>
11. Miranda, J., & Gross, J.J. (1997). Cognitive vulnerability, depression, and the mood-state dependent hypothesis: Is out of sight out of mind? *Cognition and Emotion*, *11*, 585-605. <https://doi.org/10.1080/026999397379863a>

### 1998

12. Carstensen, L.L., Gross, J.J., & Fung, H. (1998). The social context of emotional experience. In K.W. Schaie & M.P. Lawton (Eds.), *Annual Review of Gerontology and Geriatrics* (Vol. 17, pp. 325-352). New York, NY: Springer.
13. Gross, J.J. (1998). Antecedent- and response-focused emotion regulation: Divergent consequences for experience, expression, and physiology. *Journal of Personality and Social Psychology*, *74*, 224-237. <https://doi.org/10.1037/0022-3514.74.1.224>
14. Gross, J.J. (1998). The emerging field of emotion regulation: An integrative review. *Review of General Psychology*, *2*, 271-299. <https://doi.org/10.1037/1089-2680.2.3.271>
15. Gross, J.J. (1998). Sharpening the focus: Emotion regulation, arousal, and social competence. *Psychological Inquiry*, *9*, 287-290. [https://doi.org/10.1207/s15327965pli0904\\_8](https://doi.org/10.1207/s15327965pli0904_8)
16. Gross, J.J., & John, O.P. (1998). Mapping the domain of expressivity: Multi-method evidence for a hierarchical model. *Journal of Personality and Social Psychology*, *74*, 170-191. <https://doi.org/10.1037/0022-3514.74.1.170>
17. Gross, J.J., Sutton, S.K., & Ketelaar, T.V. (1998). Relations between affect and personality: Support for the affect-level and affective-reactivity views. *Personality and Social Psychology Bulletin*, *24*, 279-288. <https://doi.org/10.1177/0146167298243005>
18. Miranda, J., Gross, J.J., Persons, J.B., & Hahn, J. (1998). Mood matters: Negative mood induction activates dysfunctional attitudes in women vulnerable to depression. *Cognitive Therapy and Research*, *22*, 363-376. <https://doi.org/10.1023/a:1018709212986>

### 1999

19. Gross, J.J. (1999). Emotion and emotion regulation. In L.A. Pervin & O.P. John (Eds.), *Handbook of personality: Theory and research* (2<sup>nd</sup> ed.) (pp. 525-552). New York, NY: Guilford.
20. Gross, J.J. (1999). Emotion regulation: Past, present, future. *Cognition and Emotion*, *13*, 551-573. <https://doi.org/10.1080/026999399379186>
21. Keltner, D., & Gross, J.J. (1999). Functional accounts of emotions. *Cognition and Emotion*, *13*, 467-480. <https://doi.org/10.1080/026999399379140>

22. Miles, H.J., & Gross, J.J. (1999). Emotion suppression. In D. Levinson, J.J. Ponzetti, & P.F. Jorgensen (Eds.), Encyclopedia of human emotions (pp. 237-241). New York, NY: Macmillan.
23. Richards, J.M., & Gross, J.J. (1999). Composure at any cost? The cognitive consequences of emotion suppression. Personality and Social Psychology Bulletin, *25*, 1033-1044.  
<https://doi.org/10.1177/01461672992511010>

#### 2000

24. Gross, J.J. (2000). The Berkeley Expressivity Questionnaire. In J. Maltby, C.A. Lewis, & A.P.Hill (Eds.), Commissioned reviews on 300 psychological tests (pp. 465-467). Lampeter, Wales: Edwin Mellen Press.
25. Gross, J.J., John, O.P., & Richards, J.M. (2000). The dissociation of emotion expression from emotion experience: A personality perspective. Personality and Social Psychology Bulletin, *26*, 712-726. <https://doi.org/10.1177/0146167200268006>
26. Richards, J.M., & Gross, J.J. (2000). Emotion regulation and memory: The cognitive costs of keeping one's cool. Journal of Personality and Social Psychology, *79*, 410-424.  
<https://doi.org/10.1037/0022-3514.79.3.410>

#### 2001

27. Barrett, L.F., & Gross, J.J. (2001). Emotional intelligence: A process model of emotion representation and regulation. In T.J. Mayne & G.A. Bonanno (Eds.), Emotions: Current issues and future directions (pp. 286-310) New York, NY: Guilford.
28. Barrett, L.F., Gross, J.J., Conner, T., & Benvenuto, M. (2001). Knowing what you're feeling and knowing what to do about it: Mapping the relation between emotion differentiation and emotion regulation. Cognition and Emotion, *15*, 713-724.  
<https://doi.org/10.1080/02699930143000239>
29. Canli, T., Zhao, Z., Desmond, J.E., Kang, E., Gross, J.J., & Gabrieli, J.D.E. (2001). An fMRI study of personality influences on brain reactivity to emotional stimuli. Behavioral Neuroscience, *115*, 33-42. <https://doi.org/10.1037/0735-7044.115.1.33>
30. Gross, J.J. (2001). Award for distinguished early career contributions to psychology. American Psychologist, *56*, 911-913. <https://doi.org/10.1037/0003-066x.56.11.911>
31. Gross, J.J. (2001). Emotion regulation in adulthood: Timing is everything. Current Directions in Psychological Science, *10*, 214-219. <https://doi.org/10.1111/1467-8721.00152>
32. Wilhelm, F.H., Kochar, A.S., Roth, W.T., & Gross, J.J. (2001). Social anxiety and response to touch: Incongruence between self-evaluative and physiological reactions. Biological Psychology, *58*, 181-202. [https://doi.org/10.1016/s0301-0511\(01\)00113-2](https://doi.org/10.1016/s0301-0511(01)00113-2)

#### 2002

33. Egloff, B., Wilhelm, F.H., Neubauer, D.H., Mauss, I.B., & Gross, J.J. (2002). Implicit anxiety measure predicts cardiovascular reactivity to an evaluated speaking task. *Emotion*, *2*, 3-11. <https://doi.org/10.1037/1528-3542.2.1.3>
34. Gross, J.J. (2002). Emotion regulation: Affective, cognitive, and social consequences. *Psychophysiology*, *39*, 281-291 <https://doi.org/10.1017/s0048577201393198>
35. Gross, J.J., & John, O.P. (2002). Wise emotion regulation. In L. Feldman Barrett & P. Salovey (Eds.), *The wisdom in feeling: Psychological processes in emotional intelligence* (pp. 297-318). New York, NY: Guilford.
36. Ochsner, K.N., Bunge, S.A., Gross, J.J., & Gabrieli, J.D.E. (2002). Rethinking feelings: An fMRI study of the cognitive regulation of emotion. *Journal of Cognitive Neuroscience*, *14*, 1215-1229. <https://doi.org/10.1162/089892902760807212>
37. Rottenberg, J., Gross, J. J., Wilhelm, F. H., Najmi, S., & Gotlib, I. H. (2002). Crying threshold and intensity in Major Depressive Disorder. *Journal of Abnormal Psychology*, *111*, 302-312. <https://doi.org/10.1037/0021-843x.111.2.302>
38. Rottenberg, J., Kasch, K.L., Gross, J. J., & Gotlib, I. H. (2002). Sadness and amusement reactivity differentially predict concurrent and prospective functioning in major depressive disorder. *Emotion*, *2*, 135-146. <https://doi.org/10.1037/1528-3542.2.2.135>
39. Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2002). Respiratory sinus arrhythmia as a predictor of outcome in Major Depressive Disorder. *Journal of Affective Disorders*, *71*, 265-272. [https://doi.org/10.1016/s0165-0327\(01\)00406-2](https://doi.org/10.1016/s0165-0327(01)00406-2)

### 2003

40. Bensafi, M., Brown, W.M., Tsutsui, T., Mainland, J.D., Johnson, B.N., Bremner, E.A., Young, N., Mauss, I., Ray, B., Gross, J.J., Richards, J., Stappen, I., Levenson, R.W., & Sobel, N. (2003). Sex-steroid derived compounds induce sex-specific effects on autonomic nervous system function in humans. *Behavioral Neuroscience*, *6*, 1125-1134. <https://doi.org/10.1037/0735-7044.117.6.1125>
41. Butler, E.A., Egloff, B., Wilhelm, F.W., Smith, N.C., Erickson, E.A., & Gross, J.J. (2003). The social consequences of expressive suppression. *Emotion*, *3*, 48-67. <https://doi.org/10.1037/1528-3542.3.1.48>
42. Gottman, J.M., Levenson, R.W., Gross, J.J., Fredrickson, B.L., McCoy, K., Rosenthal, L., Ruef, A., & Yoshimoto, D. (2003). Correlates of gay and lesbian couples' relationship satisfaction and relationship dissolution. *Journal of Homosexuality*, *45*, 23-43. [https://doi.org/10.1300/j082v45n01\\_02](https://doi.org/10.1300/j082v45n01_02)
43. Gross, J.J., & John, O.P. (2003). Individual differences in two emotion regulation processes: Implications for affect, relationships, and well-being. *Journal of Personality and Social Psychology*, *85*, 348-362. <https://doi.org/10.1037/0022-3514.85.2.348>
44. Mauss, I. B., Wilhelm, F. H., & Gross, J. J. (2003). Autonomic recovery and habituation in social anxiety. *Psychophysiology*, *40*, 648-653. <https://doi.org/10.1111/1469-8986.00066>



45. Richards, J.M., Butler, E., & Gross, J.J. (2003). Emotion regulation in romantic relationships: The cognitive consequences of concealing feelings. Journal of Personal and Social Relationships, 20, 599-620. <https://doi.org/10.1177/02654075030205002>
46. Rottenberg, J., & Gross, J.J. (2003). When emotion goes wrong: Realizing the promise of affective science. Clinical Psychology: Science and Practice, 10, 227-232. <https://doi.org/10.1093/clipsy.bpg012>
47. Rottenberg, J., Wilhelm, F. H., Gross, J. J., & Gotlib, I. H. (2003). Vagal rebound during resolution of tearful crying in depression. Psychophysiology, 40, 1-6. <https://doi.org/10.1111/1469-8986.00001>

#### 2004

48. Butler, E.A., & Gross, J.J. (2004). Hiding feelings in social contexts: Out of sight is not out of mind. In P. Philippot & R.S. Feldman, (Eds.), The regulation of emotion (pp. 101-126). Mahwah, New Jersey: Erlbaum.
49. John, O.P., & Gross, J.J. (2004). Healthy and unhealthy emotion regulation: Personality processes, individual differences, and lifespan development. Journal of Personality, 72, 1301-1334. <https://doi.org/10.1111/j.1467-6494.2004.00298.x>
50. Mauss, I.B., & Gross, J.J. (2004). Emotion suppression and cardiovascular disease: Is hiding feelings bad for your heart? In I. Nyklicek, L. Temoshok, & A.Vingerhoets (Eds). Emotional expression and health: Advances in theory, assessment, and clinical applications (pp. 62-81). New York, NY: Brunner-Routledge.
51. Mauss, I.B., Wilhelm, F.W., & Gross, J.J. (2004). Is there less to social anxiety than meets the eye? Emotion experience, expression, and bodily responding. Cognition and Emotion, 18, 631-662. <https://doi.org/10.1080/02699930341000112>
52. Ochsner, K.N. & Gross, J.J. (2004). Thinking makes it so: A social cognitive neuroscience approach to emotion regulation. In R.F. Baumeister & K.D. Vohs (Eds), Handbook of self regulation: Research, theory, and applications (pp. 229-255). New York, NY: Guilford Press.
53. Ochsner, K.N., Ray, R.R., Cooper, J.C., Robertson, E.R., Chopra, S., Gabrieli, J.D.E., & Gross, J.J. (2004). For better or for worse: Neural systems supporting the cognitive down- and up-regulation of negative emotion. Neuroimage, 23, 483-499. <https://doi.org/10.1016/j.neuroimage.2004.06.030>

#### 2005

54. Goldin, P.R., Hutcherson, C.A.C., Ochsner, K.N., Glover, G.H., Gabrieli, J.D.E., & Gross, J.J. (2005). The neural bases of amusement and sadness: A comparison of block contrast and dynamic emotion intensity idiographic regressor approaches. Neuroimage, 27, 26-36. <https://doi.org/10.1016/j.neuroimage.2005.03.018>
55. Hutcherson, C.A., Goldin, P.R., Ochsner, K.N., Gabrieli, J.D.E., & Gross, J.J. (2005). Attention and emotion: Does rating emotion alter neural responses to amusing and sad films?

Neuroimage, 27, 656-668. <https://doi.org/10.1016/j.neuroimage.2005.04.028>

56. Mauss, I.B., Levenson, R.W., McCarter, L., Wilhelm, F.H., & Gross, J.J. (2005). The tie that binds? Coherence among emotion experience, behavior, and physiology. Emotion, 5, 175-190. <https://doi.org/10.1037/1528-3542.5.2.175>
57. Ochsner, K. N. & Gross, J. J. (2005). The cognitive control of emotion. Trends in Cognitive Sciences, 9, 242-249. <https://doi.org/10.1016/j.tics.2005.03.010>
58. Ochsner, K. N. & Gross, J. J. (2005). Putting the “I” and the ‘Me’ in emotion regulation: Reply to Northoff. Trends in Cognitive Sciences, 9, 409-410. <https://doi.org/10.1016/j.tics.2005.06.004>
59. Ray, R.D., Ochsner, K.N., Cooper, J.C., Robertson, E.R., Gabrieli, J.D.E., & Gross, J.J. (2005). Individual differences in trait rumination and the neural systems supporting cognitive reappraisal. Cognitive, Affective, and Behavioral Neuroscience, 5, 156-168. <https://doi.org/10.3758/cabn.5.2.156>
60. Rottenberg, J., Gross, J.J., & Gotlib, I.H. (2005). Emotion context insensitivity in Major Depressive Disorder. Journal of Abnormal Psychology, 114, 627-639. <https://doi.org/10.1037/0021-843x.114.4.627>
61. Rottenberg, J., Salomon, K., Gross, J.J., & Gotlib, I.H. (2005). Vagal withdrawal to a sad film predicts subsequent recovery from depression. Psychophysiology, 42, 277-281. <https://doi.org/10.1111/j.1469-8986.2005.00289.x>
62. Wilhelm, F.H., Pfaltz, M.C., Gross, J.J., Mauss, I.B., Kim, S.I., & Wiederhold, B.K. (2005). Mechanisms of virtual reality exposure therapy: The role of the behavioral activation and behavioral inhibition systems. Applied Psychophysiology and Biofeedback, 30, 271-284. <https://doi.org/10.1007/s10484-005-6383-1>

## 2006

63. Butler, E.A., Wilhelm, F.H., & Gross, J.J. (2006). Respiratory sinus arrhythmia, emotion, and emotion regulation during social interaction. Psychophysiology, 43, 612-622. <https://doi.org/10.1111/j.1469-8986.2006.00467.x>
64. Gross, J.J., Richards, J.M., & John, O.P. (2006). Emotion regulation in everyday life. In D.K. Snyder, J.A. Simpson, & J.N. Hughes (Eds.), Emotion regulation in couples and families: Pathways to dysfunction and health (pp. 13-35). Washington DC: American Psychological Association.
65. Hagemann, T., Levenson, R.W., & Gross, J.J. (2006). Expressive suppression during an acoustic startle. Psychophysiology, 43, 104-112. <https://doi.org/10.1111/j.1469-8986.2006.00382.x>
66. Mauss, I.B., Evers, C., Wilhelm, F.H., & Gross, J.J. (2006). How to bite your tongue without blowing your top: Implicit evaluation of emotion regulation predicts affective responding to anger provocation. Personality and Social Psychology Bulletin, 32, 589-602. <https://doi.org/10.1177/0146167205283841>

67. Richards, J.M., & Gross, J.J. (2006). Personality and emotional memory: How regulating emotion impairs memory for emotional events. *Journal of Research in Personality*, *40*, 631-651. <https://doi.org/10.1016/j.jrp.2005.07.002>
68. Srivastava, S., McGonigal, K.M., Richards, J.M., Butler, E.A., & Gross, J.J. (2006). Optimism in close relationships: How seeing things in a positive light makes them so. *Journal of Personality and Social Psychology*, *91*, 143-153. <https://doi.org/10.1037/0022-3514.91.1.143>

## 2007

69. Barrett, L.F., Mesquita, B., Ochsner, K.N., & Gross, J.J. (2007). The experience of emotion. *Annual Review of Psychology*, *58*, 373-403. <https://doi.org/10.1146/annurev.psych.58.110405.085709>
70. Barrett, L.F., Ochsner, K.N., & Gross, J.J. (2007). On the automaticity of emotion. In J. Bargh (Ed.), *Social psychology and the unconscious: The automaticity of higher mental processes* (pp. 173-217). New York, NY: Psychology Press.
71. Butler, E.A., Lee, T.L., & Gross, J.J. (2007). Emotion regulation and culture: Are the social consequences of emotion suppression culture-specific? *Emotion*, *7*, 30-48. <https://doi.org/10.1037/1528-3542.7.1.30>
72. Chentsova-Dutton, Y., Chu, J.P., Tsai, J.L., Rottenberg, J., Gross, J.J., & Gotlib, I.H. (2007). Depression and emotional reactivity: Variations among Asian American and European Americans. *Journal of Abnormal Psychology*, *116*, 776-785. <https://doi.org/10.1037/0021-843x.116.4.776>
73. Coifman, K.G., Bonanno, G.A., Ray, R.D., & Gross, J.J. (2007). Does repressive coping promote resilience? Affective-autonomic response discrepancy during bereavement. *Journal of Personality and Social Psychology*, *92*, 745-758. <https://doi.org/10.1037/0022-3514.92.4.745>
74. Gleitman, H., Reisberg, D., & Gross, J.J. (2007). *Psychology* (7e). New York, NY: Norton.
75. Gross, J.J. (Ed.) (2007). *Handbook of emotion regulation*. New York, NY: Guilford Press.
76. Gross, J.J., & Thompson, R.A. (2007). Emotion regulation: Conceptual foundations. In J.J. Gross (Ed.), *Handbook of emotion regulation* (pp. 3-24). New York, NY: Guilford Press.
77. John, O.P., & Gross, J.J. (2007). Individual differences in emotion regulation strategies: Links to global trait, dynamic, and social cognitive constructs. In J.J. Gross (Ed.), *Handbook of emotion regulation* (pp. 351-372). New York, NY: Guilford Press.
78. Kreibig, S.D., Wilhelm, F.H., Roth, W.T., & Gross, J.J. (2007). Cardiovascular, electrodermal, and respiratory response patterns to fear and sadness-inducing films. *Psychophysiology*, *44*, 787-806. <https://doi.org/10.1111/j.1469-8986.2007.00550.x>
79. Magen, E., & Gross, J.J. (2007). Harnessing the need for immediate gratification: Cognitive reconstrual modulates the reward value of temptations. *Emotion*, *7*, 415-428. <https://doi.org/10.1037/1528-3542.7.2.415>

80. Mauss, I. B., Bunge, S. A., & Gross, J. J. (2007). Automatic emotion regulation. *Social and Personality Psychology Compass*, *1*, 146-167. <https://doi.org/10.1111/j.1751-9004.2007.00005.x>
81. Mauss, I.B., Cook, C.L., Cheng, J.Y.J., & Gross, J.J. (2007). Individual differences in cognitive reappraisal: Experiential and physiological responses to an anger provocation. *International Journal of Psychophysiology*, *66*, 116-124. <https://doi.org/10.1016/j.ijpsycho.2007.03.017>
82. Mauss, I.B., Cook, C.L., & Gross, J.J. (2007). Automatic emotion regulation during anger provocation. *Journal of Experimental Social Psychology*, *43*, 698-711. <https://doi.org/10.1016/j.jesp.2006.07.003>
83. Murphy, M.C., Steele, C.M., & Gross, J.J. (2007). Signaling threat: How situational cues affect women in math, science, and engineering settings. *Psychological Science*, *18*, 879-885. <https://doi.org/10.1111/j.1467-9280.2007.01995.x>
84. Ochsner, K.N., & Gross, J.J. (2007). The neural architecture of emotion regulation. In J.J. Gross (Ed.), *Handbook of emotion regulation* (pp. 87-109). New York, NY: Guilford Press.
85. Rottenberg, J., & Gross, J.J. (2007). Emotion and emotion regulation: A map for psychotherapy researchers. *Clinical Psychology: Science and Practice*, *14*, 323-328. <https://doi.org/10.1111/j.1468-2850.2007.00093.x>
86. Rottenberg, J., Johnson, S.L., & Gross, J.J. (2007). Bridges yet to come: Future directions for integrating affective and clinical science. In J. Rottenberg & S.L. Johnson (Eds.), *Emotion and psychopathology: Bridging affective and clinical science*. (pp. 305-308). Washington, DC: APA Books.
87. Rottenberg, J., Ray, R.R., & Gross, J.J. (2007). Emotion elicitation using films. In J.A. Coan & J.J.B Allen (Eds.), *The handbook of emotion elicitation and assessment* (pp. 9-28). New York, NY: Oxford University Press.
88. Siemer, M., Mauss, I., & Gross, J.J. (2007). Same situation – different emotions: How appraisals shape our emotions. *Emotion*, *7*, 592-600. <https://doi.org/10.1037/1528-3542.7.3.592>
89. Tamir, M., Chiu, C., & Gross, J.J. (2007). Business or pleasure? Utilitarian versus hedonic considerations in emotion regulation. *Emotion*, *7*, 546-554. <https://doi.org/10.1037/1528-3542.7.3.546>
90. Tamir, M., John, O.P., Srivastava, S., & Gross, J.J. (2007). Implicit theories of emotion: Affective and social outcomes across a major life transition. *Journal of Personality and Social Psychology*, *92*, 731-744. <https://doi.org/10.1037/0022-3514.92.4.731>
- 2008**
91. Anderson, B., Goldin, P.R., Kurita, K., & Gross, J.J. (2008). Self-representation in social anxiety disorder: Linguistic analysis of autobiographical narratives. *Behavior Research and Therapy*, *46*, 1119-1125. <https://doi.org/10.1016/j.brat.2008.07.001>

92. Bailenson, J.N., Pontikakis, E. D., Mauss, I.B., Gross, J.J., Jabon, M.E., Hutcherson, C.A., Nass, C., & John, O. (2008) Real-time classification of evoked emotions using facial feature tracking and physiological responses. International Journal of Human Machine Studies, *66*, 303-317. <https://doi.org/10.1016/j.ijhcs.2007.10.011>
93. Cryder, C.E., Lerner, J.S., Gross, J.J., & Dahl, R.E. (2008). Misery is not miserly: Sad and self-focused individuals spend more. Psychological Science, *19*, 525-530. <https://doi.org/10.1111/j.1467-9280.2008.02118.x>
94. Giuliani, N., McRae, K., & Gross, J.J. (2008). The up- and down-regulation of amusement: Experiential, behavioral, and autonomic consequences. Emotion, *8*, 714-719. <https://doi.org/10.1037/a0013236>
95. Goldin, P.R., McRae, K., Ramel, W., & Gross, J.J. (2008). The neural bases of emotion regulation: Reappraisal and suppression of negative emotion. Biological Psychiatry, *63*, 577-586. <https://doi.org/10.1016/j.biopsych.2007.05.031>
96. Gross, J.J. (2008). Emotion and emotion regulation: Personality processes and individual differences. In O.P. John & R.W. Robins, and L.A. Pervin (Eds.), Handbook of personality: Theory and research (3rd ed.) (pp. 701-724). New York, NY: Guilford.
97. Gross, J.J. (2008). Emotion regulation. In M. Lewis, J. M. Haviland-Jones, and L.F. Barrett (Eds.), Handbook of emotions (3<sup>rd</sup> ed) (pp. 497-512). New York, NY: Guilford.
98. Hutcherson, C.A., Goldin, P.R., Ramel, W., McRae, K., & Gross, J.J. (2008). Attention and emotion influence the relationship between extraversion and neural response. Social Cognitive and Affective Neuroscience, *3*, 71-79. <https://doi.org/10.1093/scan/nsm040>
99. Hutcherson, C.A., Seppala, E.M., & Gross, J.J. (2008). Loving-kindness meditation increases social connectedness. Emotion, *8*, 720-724. <https://doi.org/10.1037/a0013237>
100. Magen, E., Dweck, C.S., & Gross, J.J. (2008). The hidden zero effect: Representing a single choice as an extended sequence reduces impulsive choice. Psychological Science, *19*, 648-649. <https://doi.org/10.1111/j.1467-9280.2008.02137.x>
101. Mauss, I. B., Bunge, S. A., & Gross, J. J. (2008). Culture and automatic emotion regulation. In M. Vanderkerckhove, C. von Scheve, S. Ismer, S. Jung, & S. Kronast (Eds.), Regulating emotions: Culture, social necessity, and biological inheritance (pp. 39-60). Oxford, England: Blackwell.
102. McRae, K., Ochsner, K.N., Mauss, I.B., Gabrieli, J.J.D., & Gross, J.J. (2008). Gender differences in emotion regulation: An fMRI study of cognitive reappraisal. Group Processes and Intergroup Relations, *11*, 143-162. <https://doi.org/10.1177/1368430207088035>
103. Mohiyeddini, C., John, O.P., & Gross, J.J. (2008). Der „Berkeley Expressivity Questionnaire“: deutsche Adaption und erste Validierungsbefunde. Diagnostica, *54*, 117-128. <https://doi.org/10.1026/0012-1924.54.3.117>
104. Ochsner, K.N., & Gross, J.J. (2008). Cognitive emotion regulation: Insights from social

cognitive and affective neuroscience. *Current Directions in Psychological Science*, *17*, 153-158. <https://doi.org/10.1111/j.1467-8721.2008.00566.x>

105. Ray, R.D., Wilhelm, F.H., & Gross, J.J. (2008). All in the mind's eye? Anger rumination and reappraisal. *Journal of Personality and Social Psychology*, *94*, 133-145. <https://doi.org/10.1037/0022-3514.94.1.133>
106. Roberts, N.A., Levenson, R.W., & Gross, J.J. (2008). Cardiovascular costs of emotion suppression cross ethnic lines. *International Journal of Psychophysiology*, *70*, 82-87. <https://doi.org/10.1016/j.ijpsycho.2008.06.003>
107. Tamir, M., Mitchell, C., & Gross, J.J. (2008). Hedonic and instrumental motives in anger regulation. *Psychological Science*, *19*, 324-328. <https://doi.org/10.1111/j.1467-9280.2008.02088.x>

## 2009

108. Butler, E.A., & Gross, J.J. (2009). Emotion and emotion regulation: Integrating individual and social levels of analysis. *Emotion Review*, *1*, 86-87. <https://doi.org/10.1177/1754073908099131>
109. Butler, E.A., Lee, T.L., & Gross, J.J. (2009). Does expressing your emotions raise or lower your blood pressure? The answer depends on cultural context. *Journal of Cross-Cultural Psychology*, *40*, 510-517. <https://doi.org/10.1177/0022022109332845>
110. Drabant, E.M., McRae, K., Manuck, S.B., Hariri, A.R., & Gross, J.J. (2009). Individual differences in typical reappraisal use predict amygdala and prefrontal responses. *Biological Psychiatry*, *65*, 367-373. <https://doi.org/10.1016/j.biopsych.2008.09.007>
111. Edge, M.D., Ramel, W., Drabant, E.M., Kuo, J.R., Parker, K.J., & Gross, J.J. (2009). For better or worse? Stress inoculation effects for implicit but not explicit anxiety. *Depression and Anxiety*, *26*, 831-837. <https://doi.org/10.1002/da.20592>
112. Giuliani, N., & Gross, J.J. (2009). Reappraisal. In D. Sander & K. Scherer (Eds.), *Oxford companion to the affective sciences* (pp. 329-330). New York, NY: Oxford University Press.
113. Goldin, P.R., Manber-Ball, T., Werner, K., Heimberg, R., & Gross, J.J. (2009). Neural mechanisms of cognitive reappraisal of negative self-beliefs in social anxiety disorder. *Biological Psychiatry*, *66*, 1091-1099. <https://doi.org/10.1016/j.biopsych.2009.07.014>
114. Goldin, P., Manber, T., Hakimi, S., Canli, T., & Gross, J.J. (2009). Neural bases of social anxiety disorder: Emotional reactivity and cognitive regulation during social and physical threat. *Archives of General Psychiatry*, *66*, 170-180. <https://doi.org/10.1001/archgenpsychiatry.2008.525>
115. Goldin, P.R., Ramel, W., & Gross, J.J. (2009). Mindfulness meditation training and self-referential processing in social anxiety disorder: Behavioral and neural effects. *Journal of Cognitive Psychotherapy*, *23*, 242-257. <https://doi.org/10.1891/0889-8391.23.3.242>

116. McRae, K., & Gross, J.J. (2009). Regulation of emotion. In D. Sander & K. Scherer (Eds.), Oxford companion to the affective sciences (pp. 337-339). New York, NY: Oxford University Press.
117. Mikolajczak, M., Tran, V., Brotheridge, C. & Gross, J.J. (2009). Using an emotion regulation framework to predict the outcomes of emotional labour. In C.E.J. Härtel, N.M. Ashkanasy, & W.J. Zerbe (Eds). Research on emotion in organizations: Emotions in groups, organizations and cultures (pp. 245-273). Bingley, UK: Emerald.
118. Ochsner, K.N., Ray, R.R., Hughes, B., McRae, K., Cooper, J.C., Weber, J., Gabrieli, J.D.E., & Gross, J.J. (2009). Bottom-up and top-down processes in emotion generation: Common and distinct neural mechanisms. Psychological Science, *20*, 1322-1331. <https://doi.org/10.1111/j.1467-9280.2009.02459.x>
119. Ray, R.D., Shelton, A.L., Michel, B.D., Hollon, N.G., Frankel, C.B., Gross, J.J., & Gabrieli, J.D.E. (2009). Cognitive and neural development of individuated self-representation in children. Child Development, *80*, 1232-1242. <https://doi.org/10.1111/j.1467-8624.2009.01327.x>
120. Srivastava, S., Tamir, M., McGonigal, K.M., John, O.P., & Gross, J.J. (2009). The social costs of emotional suppression: A prospective study of the transition to college. Journal of Personality and Social Psychology, *96*, 883-897. <https://doi.org/10.1037/a0014755>

## 2010

121. Balzarotti, S., John, O.P., & Gross, J.J. (2010). An Italian adaptation of the Emotion Regulation Questionnaire. European Journal of Psychological Assessment, *26*, 61-67. <https://doi.org/10.1027/1015-5759/a000009>
122. Carthy, T., Horesh, N., Apter, A., Edge, M.D., & Gross, J.J. (2010). Emotional reactivity and cognitive regulation in anxious children. Behaviour Research and Therapy, *48*, 384-393. <https://doi.org/10.1016/j.brat.2009.12.013>
123. Carthy, T., Horesh, N., Apter, A., & Gross, J.J. (2010). Patterns of emotional reactivity and regulation in children with anxiety disorders. Journal of Psychopathology and Behavioral Assessment, *32*, 23-36. <https://doi.org/10.1007/s10862-009-9167-8>
124. Ehring, T., Tuschen-Caffier, B., Schnulle, J., Fischer, S., & Gross, J.J. (2010). Emotion regulation and vulnerability to depression: Spontaneous versus instructed use of emotion suppression and reappraisal. Emotion, *10*, 563-572. <https://doi.org/10.1037/a0019010>
125. Fredericks, C.A., Drabant, E.M., Edge, M.D., Tillie, J.M., Hallmayer, J., Ramel, W., Kuo, J.R., Mackey, S., Gross, J.J., & Dhabhar, F.S. (2010). Healthy young women with serotonin transporter SS polymorphism show a pro-inflammatory bias under resting and stress conditions. Brain, Behavior, and Immunity, *24*, 350-357. <https://doi.org/10.1016/j.bbi.2009.10.014>
126. Goldin, P.R., & Gross, J.J. (2010). Effects of mindfulness-based stress reduction (MBSR) on emotion regulation in social anxiety disorder. Emotion, *10*, 83-91. <https://doi.org/10.1037/a0018441>
127. Gross, J.J. (2010). The future's so bright, I gotta wear shades. Emotion Review, *2*, 212-216.

<https://doi.org/10.1177/1754073910361982>

128. Magen, E. & Gross, J. J. (2010) The cybernetic process model of self-control: Situation- and person-specific considerations. In R. H. Hoyle (Ed.), Handbook of personality and self-regulation (pp. 353-374). New York, NY: Blackwell Publications.
129. Magen, E., & Gross, J.J. (2010). Getting our act together: Toward a general model of self-control. In R. Hassin, K.N. Ochsner, & Y. Trope (Eds.), Self control in society, mind, and brain (pp. 335-353). New York, NY: Oxford University Press.
130. McRae, K., & Gross, J.J. (2010). Emotion regulation. In I. B. Weiner & W. E. Craighead (Eds.), Corsini's encyclopedia of psychology (4<sup>th</sup> ed.) (pp. 558-560). Hoboken, NJ: Wiley.
131. McRae, K., Hughes, B., Chopra, S., Gabrieli, J.D.E., Gross, J.J., & Ochsner, K.N. (2010). The neural bases of distraction and reappraisal. Journal of Cognitive Neuroscience, *22*, 248-262. <https://doi.org/10.1162/jocn.2009.21243>
132. Mikolajczak, M., Gross, J.J., Lane, A., Corneille, O., de Timary, P., & Luminet, O. (2010). Oxytocin makes us trusting, not gullible. Psychological Science. <https://doi.org/10.1177/0956797610377343>
133. Ray, R.D., McRae, K., Ochsner, K.N., & Gross, J.J. (2010). Cognitive reappraisal of negative affect: Converging evidence from EMG and self-report. Emotion, *10*, 587-592. <https://doi.org/10.1037/a0019015>
134. Ray, R.D., Shelton, A.L., Hollon, N.G., Matsumoto, D., Frankel, C.B., Gross, J.J., & Gabrieli, J.D.E. (2010). Interdependent self-construal and neural representations of self and mother. Social Cognitive and Affective Neuroscience, *5*, 318-323. <https://doi.org/10.1093/scan/nsp039>
135. Urry, H.L., & Gross, J.J. (2010). Emotion regulation in older age. Current Directions in Psychological Science, *19*, 352-357. <https://doi.org/10.1177/0963721410388395>
136. Werner, K., & Gross, J.J. (2010). Emotion regulation and psychopathology: A conceptual framework. In A. Kring & D. Sloan (Eds.), Emotion regulation and psychopathology: A transdiagnostic approach to etiology and treatment (pp. 13-37). New York: Guilford Press.
137. Bonn-Miller, M. O., Vujanovic, A. A., Boden, M. T., & Gross, J. J. (2011). Posttraumatic stress, difficulties in emotion regulation, and coping-oriented marijuana use. Cognitive Behaviour Therapy, *40*, 34-44. <https://doi.org/10.1080/16506073.2010.525253>

## 2011

138. Andreescu, C., Gross, J.J., Lenze, E., Edelman, K.D., Snyder, S., Tanase, C., & Aizenstein, H. (2011). Altered cerebral blood flow patterns associated with pathologic worry in the elderly. Depression & Anxiety, *28*, 202-209. <https://doi.org/10.1002/da.20799>
139. Dan-Glauser, E. S., & Gross, J.J. (2011). The temporal dynamics of two response-focused forms of emotion regulation: Experiential, expressive, and autonomic consequences. Psychophysiology, *48*, 1309-1322. <https://doi.org/10.1111/j.1469-8986.2011.01191.x>



140. Davis, J.I., Gross, J.J., & Ochsner, K.N. (2011). Psychological distance and emotional experience: What you see is what you get. *Emotion*, *11*, 438-444. <https://doi.org/10.1037/a0021783>
141. Drabant, E.M., Kuo, J.R., Ramel, W., Blechert, J., Edge, M.D., Cooper, J.R., Goldin, P.R., Hariri, A.R., & Gross, J.J. (2011). Experiential, autonomic, and neural responses during threat anticipation vary as a function of threat intensity and neuroticism. *Neuroimage*, *55*, 401-410. <https://doi.org/10.1016/j.neuroimage.2010.11.040>
142. Giuliani, N., Drabant, E.M., Bhatnagar, R., Gross, J.J. (2011). Emotion regulation and brain plasticity: Expressive suppression use predicts anterior insula volume. *Neuroimage*, *58*, 10-15. <https://doi.org/10.1016/j.neuroimage.2011.06.028>
143. Giuliani, N.R., Drabant, E.M., & Gross, J.J. (2011). Anterior cingulate cortex volume and emotion regulation: Is bigger better? *Biological Psychology*, *86*, 379-382. <https://doi.org/10.1016/j.biopsycho.2010.11.010>
144. Gleitman, H., Gross, J.J., & Reisberg, D. (2011). *Psychology* (8e). New York, NY: Norton.
145. Greenhouse, I., Gould, S., Houser, M., Hicks, G., Gross, J.J., & Aron, A.R. (2011). Stimulation at dorsal and ventral electrode contacts targeted at the subthalamic nucleus has different effects on motor and emotion functions in Parkinson's disease. *Neuropsychologia*, *49*, 528-534. <https://doi.org/10.1016/j.neuropsychologia.2010.12.030>
146. Gross, J.J. & Barrett, L.F. (2011). Emotion generation and emotion regulation: One or two depends on your point of view. *Emotion Review*, *3*, 8-16. <https://doi.org/10.1177/1754073910380974>
147. Gross, J.J., Sheppes, G., Urry, H.L. (2011). Emotion generation and emotion regulation: A distinction we should make (carefully). *Cognition and Emotion*, *25*, 765-781. <https://doi.org/10.1080/02699931.2011.555753>
148. Gross, J.J., Sheppes, G., Urry, H.L. (2011). Taking one's lumps while doing the splits: A big tent perspective on emotion generation and emotion regulation. *Cognition and Emotion*, *25*, 789-793. <https://doi.org/10.1080/02699931.2011.586590>
149. Gyurak, A., Gross, J.J., & Etkin, A. (2011). Explicit and implicit emotion regulation: A dual-process framework. *Cognition and Emotion*, *25*, 400-412. <https://doi.org/10.1080/02699931.2010.544160>
150. Halperin, E., & Gross, J.J. (2011). Emotion regulation in violent conflict: Reappraisal, hope, and support for humanitarian aid to the opponent in war time. *Cognition and Emotion*, *25*, 1228-1236. <https://doi.org/10.1080/02699931.2010.536081>
151. Halperin, E., & Gross, J.J. (2011). Intergroup anger in intractable conflict: Long-term sentiments predict anger responses during the Gaza War. *Group Processes and Intergroup Relations*, *14*, 477-488. <https://doi.org/10.1177/1368430210377459>
152. Halperin, E., Russell, A., Dweck, C., & Gross, J.J. (2011). Anger, hatred, and the quest for peace: Anger can be constructive in the absence of hatred. *Journal of Conflict Resolution*, *55*,

- 274-291. <https://doi.org/10.1177/0022002710383670>
153. Halperin, E., Russell, A., Trzesniewski, K.H., Gross, J.J., & Dweck, C. (2011). Promoting the Middle East peace process by changing beliefs about group malleability. *Science*, *333*, 1767-1769. <https://doi.org/10.1126/science.1202925>
  154. Halperin, E., Sharvit, K., & Gross, J.J. (2011). Emotion and emotion regulation in intergroup conflict: An appraisal-based framework. In D. Bar-Tal (Ed.), *Intergroup conflicts and their resolution: A social psychological perspective* (pp. 83-103). New York: Psychology Press.
  155. Hsieh, F., Ferrer, E., Chen, S., Mauss, I.B., John, O.P., & Gross, J.J. (2011). A network approach for evaluating coherence in multivariate systems: An application to psychophysiological emotion data. *Psychometrika*, *76*, 124-152. <https://doi.org/10.1007/s11336-010-9194-0>
  156. Hutcherson, C.A., & Gross, J.J. (2011). The moral emotions: A social-functionalist account of anger, disgust, and contempt. *Journal of Personality and Social Psychology*, *100*, 719-737. <https://doi.org/10.1037/a0022408>
  157. Ichikawa, N., Siegle, G.J., Jones, N.P., Kamishima, K., Thompson, W., Gross, J.J., & Ohira, H. (2011). Feeling bad about screwing up: Emotion regulation and action monitoring in the anterior cingulate cortex (ACC). *Cognitive, Affective, and Behavioral Neuroscience*, *11*, 354-371. <https://doi.org/10.3758/s13415-011-0028-z>
  158. Jordan, A.H., Monin, B., Dweck, C.S., Lovett, B.J., John, O.P., & Gross, J.J. (2011). Misery has more company than people think: Underestimating the prevalence of others' negative emotions. *Personality and Social Psychology Bulletin*, *37*, 120-135. <https://doi.org/10.1177/0146167210390822>
  159. Kolodyazhnyi, V., Kreibig, S.D., Roth, W.T., Gross, J.J., & Wilhelm, F.H. (2011). An affective computing approach to physiological emotion specificity: Towards subject-independent and stimulus-independent classification of film-induced emotions. *Psychophysiology*, *48*, 908-922. <https://doi.org/10.1111/j.1469-8986.2010.01170.x>
  160. Kreibig, S.D., Wilhelm, F.H., Roth, W.T., & Gross, J.J. (2011). Affective modulation of the acoustic startle: Does sadness engage the defensive system? *Biological Psychology*, *87*, 161-163. <https://doi.org/10.1016/j.biopsycho.2011.02.008>
  161. Kuo, J.R., Goldin, P.R., Werner, K., Heimberg, R.G., & Gross, J.J. (2011). Childhood trauma and current psychological functioning in adults with social anxiety disorder. *Journal of Anxiety Disorders*, *25*, 467-473. <https://doi.org/10.1016/j.janxdis.2010.11.011>
  162. Mauss, I.B., Shallcross, A.J., Troy, A.S., John, O.P., Ferrer, E., Wilhelm, F.H., & Gross, J.J. (2011). Don't hide your happiness! Positive emotion dissociation, social connectedness, and psychological functioning. *Journal of Personality and Social Psychology*, *100*, 738-748. <https://doi.org/10.1037/a0022410>
  163. McRae, K., Heller, M., John, O.P., & Gross, J.J. (2011). Context-dependent emotion regulation: Suppression and reappraisal at the Burning Man Festival. *Basic and Applied Social Psychology*, *33*, 346-350. <https://doi.org/10.1080/01973533.2011.614170>

164. McRae, K., Ochsner, K.N., & Gross, J.J. (2011). The reason in passion: A social cognitive neuroscience approach to emotion regulation. In K.D. Vohs & R.F. Baumeister (Eds). Handbook of self regulation: Research, theory, and applications (2<sup>nd</sup> ed.) (pp. 186-203). New York, NY: Guilford Press.
165. Ong, J.C., Carde, N.B., Gross, J.J., & Manber, R. (2011). A two-dimensional approach to assessing affective states in good and poor sleepers. Journal of Sleep Research, *20*, 606-610. <https://doi.org/10.1111/j.1365-2869.2011.00907.x>
166. Radu, P.T., Yi, R., Bickel, W.K., Gross, J.J., & McClure, S.M. (2011). A mechanism for reducing delay discounting by altering temporal attention. Journal of the Experimental Analysis of Behavior, *96*, 363-385. <https://doi.org/10.1901/jeab.2011.96-363>
167. Sheppes, G., & Gross, J.J. (2011). Is timing everything? Temporal considerations in emotion regulation. Personality and Social Psychology Review, *15*, 319-331. <https://doi.org/10.1177/1088868310395778>
168. Sheppes, G., Scheibe, S., Suri, G., & Gross, J.J. (2011). Emotion regulation choice. Psychological Science, *22*, 1391-1396. <https://doi.org/10.1177/0956797611418350>
169. Tamir, M., & Gross, J.J. (2011). Beyond pleasure and pain? Emotion regulation and positive psychology. In K.M. Sheldon, T.B. Kashdan, & M.F. Steger (Eds.), Designing positive psychology: Taking stock and moving forward (pp. 89-100). New York: Oxford University Press.
170. Thiruchselvam, R., Blechert, J., Sheppes, G., Rydstrom, A., & Gross, J.J. (2011). The temporal dynamics of emotion regulation: An EEG study of distraction and reappraisal. Biological Psychology, *87*, 84-92. <https://doi.org/10.1016/j.biopsycho.2011.02.009>
171. Werner, K.H., Goldin, P.R., Ball, T.M., Heimberg, R.G., & Gross, J.J. (2011). Assessing emotion regulation in social anxiety disorder: The Emotion Regulation Interview. Journal of Psychopathology and Behavioral Assessment, *33*, 346-354. <https://doi.org/10.1007/s10862-011-9225-x>

## 2012

172. Blechert, J., Sheppes, G., Di Tella, C., Williams, H., & Gross, J.J. (2012). See what you think: Reappraisal modulates behavioral and neural responses to social stimuli. Psychological Science, *23*, 346-353. <https://doi.org/10.1177/0956797612438559>
173. Boden, M.T., Bonn-Miller, M.O., Kashdan, T.B., Alvarez, J., & Gross, J.J. (2012). The interactive effects of emotional clarity and cognitive reappraisal in posttraumatic stress disorder. Journal of Anxiety Disorders, *26*, 233-238. <https://doi.org/10.1016/j.janxdis.2011.11.007>
174. Boden, M. T., John, O. P., Goldin, P. R., Werner, K., Heimberg, R. G., & Gross, J. J. (2012). The role of maladaptive beliefs in cognitive behavioral therapy: Evidence from social anxiety disorder. Behaviour Research & Therapy, *50*, 287-291. <https://doi.org/10.1016/j.brat.2012.02.007>

175. Braams, B.R., Blechert, J., Boden, M.T., & Gross, J.J. (2012). The effects of acceptance and suppression on anticipation and receipt of painful stimulation. Journal of Behavior Therapy and Experimental Psychiatry, 43, 1014-1018. <https://doi.org/10.1016/j.jbtep.2012.04.001>
176. Drabant, E.M., Ramel, W., Edge, M.D., Hyde, L.W., Kuo, J.R., Goldin, P.R., Hariri, A.R., & Gross, J.J. (2012). Neural mechanisms underlying 5-HTTLPR related sensitivity to acute stress. American Journal of Psychiatry, 169, 397-405. <https://doi.org/10.1176/appi.ajp.2011.10111699>
177. English, T., John, O.P., Srivastava, S., & Gross, J.J. (2012). Emotion regulation and peer-rated social functioning: A 4-year longitudinal study. Journal of Research in Personality, 46, 780-784. <https://doi.org/10.1016/j.jrp.2012.09.006>
178. Goldin, P., Ziv, M., Jazaieri, H., & Gross, J.J. (2012). Randomized controlled trial of mindfulness-based stress reduction versus aerobic exercise: Effects on the self-referential brain network in social anxiety disorder. Frontiers in Human Neuroscience, 6. <https://doi.org/10.3389/fnhum.2012.00295>
179. Goldin, P., Ziv, M., Jazaieri, H., Werner, K., Kraemer, H., Heimberg, R.G., & Gross, J.J. (2012). Cognitive reappraisal self-efficacy mediates the effects of individual cognitive-behavioral therapy for social anxiety disorder. Journal of Consulting and Clinical Psychology, 80, 1034-1040. <https://doi.org/10.1037/a0028555>
180. Gruber, J., Harvey, A. G., & Gross, J. J. (2012). When trying is not enough: Emotion regulation and the effort–success gap in bipolar disorder. Emotion, 12, 997-1003. <https://doi.org/10.1037/a0026822>
181. Halperin, E., Crisp, R. J., Husnu, S., Trzesniewski, K. H., Dweck, C. S., & Gross, J. J. (2012). Promoting intergroup contact by changing beliefs: Group malleability, intergroup anxiety, and contact motivation. Emotion, 12, 1192-1195. <https://doi.org/10.1037/a0028620>
182. Hutcherson, C.A., Plassmann, H., Gross, J.J., & Rangel, A. (2012). Cognitive regulation during decision-making shifts behavioral control between ventromedial and dorsolateral prefrontal value systems. Journal of Neuroscience, 32, 13543-13554. <https://doi.org/10.1523/jneurosci.6387-11.2012>
183. Jazaieri, H., Goldin, P.R., Werner, K., Ziv, M., & Gross, J.J. (2012). A randomized trial of MBSR versus aerobic exercise for social anxiety disorder. Journal of Clinical Psychology, 68, 715-731. <https://doi.org/10.1002/jclp.21863>
184. Kimhy D., Vakhrusheva J., Jobson-Ahmed L., TARRIER N., Malaspina D., Gross J.J. (2012). Emotion awareness and regulation in individuals with schizophrenia: Implications for social functioning. Psychiatry Research, 200, 193-201. <https://doi.org/10.1016/j.psychres.2012.05.029>
185. Kuo, J., Edge, I.G., Ramel, W., Edge, M.D., Drabant, E.M., Dayton, W.M., & Gross, J.J. (2012). Trait rumination is associated with enhanced recollection of negative words. Cognitive Therapy and Research, 36, 722-730. <https://doi.org/10.1007/s10608-011-9430-7>
186. Larsen, J.K., Vermulst, A.A., Eisinga, R., English, T., Gross, J.J., Hofman, E., Scholte, R.H.J., & Engels, R.C.M.E. (2012). Social coping by masking? Parental support and peer victimization as mediators of the relationship between depressive symptoms and expressive suppression in

- adolescents. *Journal of Youth and Adolescence*, *41*, 1628-1642. <https://doi.org/10.1007/s10964-012-9782-7>
187. Leroy, V., Gregoire, J., Magen, E., Gross, J.J., & Mikolajczak, M. (2012). Lead me not into temptation: Using cognitive reappraisal to reduce goal inconsistent behavior. *PLoS ONE*, *7*: e39493. <https://doi.org/10.1371/journal.pone.0039493>
188. Leroy, V., Gregoire, J., Magen, E., Gross, J.J., & Mikolajczak, M. (2012). Resisting the sirens of temptation while studying: Using reappraisal to increase focus, enthusiasm, and performance. *Learning and Individual Differences*, *22*, 263-268. <https://doi.org/10.1016/j.lindif.2011.10.003>
189. McRae, K., Ciesielski, B., & Gross, J.J. (2012). Unpacking cognitive reappraisal: Goals, tactics, and outcomes. *Emotion*, *12*, 250-255. <https://doi.org/10.1037/a0026351>
190. McRae, K., Gross, J.J., Weber, J., Robertson, E., Sokol-Hessner, P., Ray, R., Gabrieli, J., & Ochsner, K. (2012). The development of emotion regulation: An fMRI study of cognitive reappraisal in children, adolescents, and young adults. *Social Cognitive and Affective Neuroscience*, *7*, 11-22. <https://doi.org/10.1093/scan/nsr093>
191. McRae, K., Jacobs, S.E., Ray, R.D., John, O.P., & Gross, J.J. (2012). Individual differences in reappraisal ability: Links to reappraisal frequency, well-being, and cognitive control. *Journal of Research in Personality*, *7*, 253-262. <https://doi.org/10.1016/j.jrp.2011.10.003>
192. McRae, K., Misra, S., Prasad, A.K., Pereira, S.C., & Gross, J.J. (2012). Bottom-up and top-down emotion generation: Implications for emotion regulation. *Social Cognitive and Affective Neuroscience*, *7*, 253-263. <https://doi.org/10.1093/scan/nsq103>
193. Minkel, J.D., McNealy, K., Gianaros, P.J., Drabant, E.M., Gross, J.J., Manuck, S.B., & Hariri, A.R. (2012). Sleep quality and neural circuit function supporting emotion regulation. *Biology of Mood and Anxiety Disorders*, *2*, 1-9. <https://doi.org/10.1186/2045-5380-2-22>
194. Opitz, P., Gross, J.J., & Urry, H.L. (2012). Selection, optimization, and compensation in the domain of emotion regulation: Applications to adolescence, older age, and major depressive disorder. *Social and Personality Psychology Compass*, *6*, 142-155. <https://doi.org/10.1111/j.1751-9004.2011.00413.x>
195. Petrican, R., English, T., Gross, J.J., Grady, C., Hai, T., & Moscovitch, M. (2012). Friend or foe? Age moderates time-course specific responsiveness to trustworthiness cues. *Journal of Gerontology: Psychological Sciences*, *68*, 215-223. <https://doi.org/10.1093/geronb/gbs064>
196. Samson, A. & Gross, J.J. (2012). Humor as emotion regulation: The differential consequences of negative versus positive humor. *Cognition and Emotion*, *26*, 375-384. <https://doi.org/10.1080/02699931.2011.585069>
197. Samson, A.C., Huber, O., & Gross, J.J. (2012). Emotion regulation in Asperger's Syndrome and high functioning autism. *Emotion*, *12*, 659-665. <https://doi.org/10.1037/a0027975>
198. Schmitz, J., Scheel, C.N., Rigon, A., Gross, J.J., & Blechert, J. (2012). You don't like me, do you? Enhanced ERP responses to averted eye gaze in social anxiety. *Biological Psychology*, *91*, 263-269. <https://doi.org/10.1016/j.biopsycho.2012.07.004>

199. Sheppes, G., & Gross, J. (2012). Emotion regulation effectiveness: What works when. In H.A. Tennen and J.M. Suls (Eds.), *Handbook of Psychology, Personality and Social Psychology* (pp. 391-406). New York, NY: Wiley.
200. Sherman, G.D., Lee, J.J., Cuddy, A.J.C., Renshon, J., Oveis, C., Gross, J.J., & Lerner, J.S. (2012). Leadership is associated with lower levels of stress. *Proceedings of the National Academy of Sciences*, *109*, 17903-17907. <https://doi.org/10.1073/pnas.1207042109>
201. Shurick, A.A., Hamilton, J.R., Harris, L.T., Roy, A.K., Gross, J.J., & Phelps, E.A. (2012). Durable effects of cognitive restructuring on conditioned fear. *Emotion*, *12*, 1393-1397. <https://doi.org/10.1037/a0029143>
202. Silvers, J.A., McRae, K., Gabrieli, J.D.E., Gross, J.J., Remy, K.A., & Ochsner, K.N. (2012). Age-related differences in emotional reactivity, regulation and rejection sensitivity in adolescence. *Emotion*, *12*, 1235-1247. <https://doi.org/10.1037/a0028297>
203. Suri, G., & Gross, J.J. (2012). Emotion regulation and successful aging. *Trends in Cognitive Sciences*, *16*, 409-410. <https://doi.org/10.1016/j.tics.2012.06.007>
204. Suri, G., & Gross, J.J. (2012). What good are emotions, anyway? In P. Totterdell & K. Niven (Eds.), *Should I strap a battery to my head? (and other questions about emotion)* (pp. 9-17). Charleston, VA: Createspace Independent Publishing.
205. Szczurek, L., Monin, B., & Gross, J.J. (2012). The *stranger* effect: The rejection of affective deviants. *Psychological Science*, *23*, 1105-1111. <https://doi.org/10.1177/0956797612445314>
206. Thiruchselvam, R., Hajcak, G., & Gross, J.J. (2012). Looking inward: Shifting attention within working memory representations alters emotional responses. *Psychological Science*, *23*, 1461-1466. <https://doi.org/10.1177/0956797612449838>
207. Vandekerchove, M., Kestemont, J., Weiss, R., Schotte, C., Exadaktylos, V., Haex, B., Verbraecken, J., & Gross, J.J. (2012). Experiential versus analytical emotion regulation and sleep: Breaking the link between negative events and sleep disturbance. *Emotion*, *12*, 1415-1421. <https://doi.org/10.1037/a0028501>
208. Weeks, J.W., Heimberg, R.G., Rodebaugh, T.L., Goldin, P.R., & Gross, J.J. (2012). Psychometric evaluation of the Fear of Positive Evaluation Scale in patients with social anxiety disorder. *Psychological Assessment*, *24*, 301-312. <https://doi.org/10.1037/a0025723>
209. Werner, K.H., Jazaieri, H., Goldin, P.R., Ziv, M., Heimberg, R.G., & Gross, J.J. (2012). Self-compassion and social anxiety disorder. *Anxiety, Stress, & Coping*, *25*, 543-558. <https://doi.org/10.1080/10615806.2011.608842>

### 2013

210. Boden, M.T., & Gross, J.J. (2013). An emotion regulation perspective on belief change. In D. Reisberg (Ed.), *Oxford handbook of cognitive psychology* (pp. 585-599). New York, NY: Oxford University Press.

211. Boden, M.T., Gross, J.J., Babson, K., & Bonn-Miller, M.O. (2013). The interactive effects of emotional clarity and cognitive reappraisal on problematic cannabis use among medical cannabis users. Addictive Behaviors, 38, 1663-1668.  
<https://doi.org/10.1016/j.addbeh.2012.09.001>
212. Boden, M.T., Kulkarni, M., Shurick, A., Bonn-Miller, M., & Gross, J.J. (2013). Responding to trauma and loss: An emotion regulation perspective. In M. Kent, M.C. Davis, & J.W. Reich (Eds.), The resilience handbook: Approaches to stress and trauma (pp. 86-99). Routledge: New York.
213. Boden, M. T., Westermann, S., McRae, K., Kuo, J., Alvarez, J., Kulkarni, M. R., Gross, J. J., & Bonn-Miller, M. O. (2013). Emotion regulation and posttraumatic stress disorder: A prospective investigation. Journal of Social and Clinical Psychology, 32, 296-314. <https://doi.org/10.1521/jscp.2013.32.3.296>
214. Bruce, L., Heimberg, R., Goldin, P., & Gross, J.J. (2013). Childhood maltreatment and response to cognitive behavioral therapy among individuals with social anxiety disorder. Depression and Anxiety, 30, 662-669. <https://doi.org/10.1002/da.22112>
215. Cabello, R., Salguero, J., Fernandez-Berrocal, P., & Gross, J.J. (2013). A Spanish adaptation of the Emotion Regulation Questionnaire. European Journal of Psychological Assessment, 29, 234-240. <https://doi.org/10.1027/1015-5759/a000150>
216. Dan-Glauser, E., & Gross, J.J. (2013). Emotion regulation and emotion coherence: Evidence for strategy-specific effects. Emotion, 13, 832-842. <https://doi.org/10.1037/a0032672>
217. De Castella, K., Goldin, P., Jazaieri, H., Ziv, M., Dweck, C.S., & Gross, J.J. (2013). Beliefs about emotion: Links to emotion regulation, well-being, and psychological distress. Basic and Applied Social Psychology, 35, 497-505. <https://doi.org/10.1080/01973533.2013.840632>
218. DeSteno, D., Gross, J.J., & Kubzansky, L. (2013). Affective science and health: The importance of emotion and emotion regulation. Health Psychology, 32, 474-486.  
<https://doi.org/10.1037/a0030259>
219. English, T., John, O.P., & Gross, J.J. (2013). Emotion regulation in close relationships. In J.A. Simpson & L. Campbell (Eds.), The Oxford handbook of close relationships (pp. 500-513). Oxford University Press.
220. Finkel, E.J., Slotter, E.B., Luchies, L.B., Walton, G.M., & Gross, J.J. (2013). A brief intervention to promote conflict reappraisal preserves marital quality over time. Psychological Science, 24, 1595-1601. <https://doi.org/10.1177/0956797612474938>
221. Goldin, P.R., Jazaieri, H., Ziv, M., Kraemer, H., Heimberg, R., & Gross, J.J. (2013). Changes in positive self-views mediate the effect of cognitive-behavioral therapy for social anxiety disorder. Clinical Psychological Science, 1, 301-310.  
<https://doi.org/10.1177/2167702613476867>
222. Goldin, P.R., Ziv, M., Jazaieri, H., Hahn, K., & Gross, J.J. (2013). MBSR vs. aerobic exercise in social anxiety: fMRI of emotion regulation of negative self-beliefs. Social Cognitive and Affective Neuroscience, 8, 65-72. <https://doi.org/10.1093/scan/nss054>

223. Goldin, P.R., Ziv, M., Jazaieri, H., Hahn, K., Heimberg, R., & Gross, J.J. (2013). Impact of cognitive-behavioral therapy for social anxiety disorder on the neural dynamics of cognitive reappraisal of negative self-beliefs. *JAMA: Psychiatry*, *70*, 1048-1056. <https://doi.org/10.1001/jamapsychiatry.2013.234>
224. Gross, J.J. (2013). Conceptualizing emotional labor: An emotion regulation perspective. In A.A. Grandey, J.M. Diefendorff, & D.E. Rupp (Eds.), *Emotional labor in the 21st century: Diverse perspectives on the psychology of emotion regulation at work* (pp. 288-294). New York, NY: Psychology Press/Routledge.
225. Gross, J.J. (2013). Emotion regulation: Taking stock and moving forward. *Emotion*, *13*, 359-365. <https://doi.org/10.1037/a0032135>
226. Gross, J.J., & Barrett, L.F. (2013). The emerging field of affective science. *Emotion*, *6*, 997-998. <https://doi.org/10.1037/a0034512>
227. Gross, J.J., Halperin, E., & Porat, R. (2013). Emotion regulation in intractable conflicts. *Current Directions in Psychological Science*, *22*, 423-429. <https://doi.org/10.1177/0963721413495871>
228. Halperin, E., Porat, R., Tamir, M., & Gross, J.J. (2013). Can emotion regulation change political attitudes in intractable conflict? From the laboratory to the field. *Psychological Science*, *24*, 106-111. <https://doi.org/10.1177/0956797612452572>
229. Jazaieri, H., Jinpa, G.T., McGonigal, K., Rosenberg, E.L., Finkelstein, J., Simon-Thomas, E., Cullen, M., Doty, J.R., Gross, J.J., & Goldin, P.R. (2013). Enhancing compassion: A randomized controlled trial of a compassion cultivation training program. *Journal of Happiness Studies*, *14*, 1113-1126. <https://doi.org/10.1007/s10902-012-9373-z>
230. Jazaieri, H., Urry, H.L., & Gross, J.J. (2013). Affective disturbance and psychopathology: An emotion regulation perspective. *Journal of Experimental Psychopathology*, *4*, 584-599. <https://doi.org/10.5127/jep.030312>
231. Kreibig, S.D., Samson, A.C., & Gross, J.J. (2013). The psychophysiology of mixed emotional states. *Psychophysiology*, *50*, 799-811. <https://doi.org/10.1111/psyp.12064>
232. Krygier, J.R., Heathers, J.A., Shahrestani, S., Abbott, M., Gross, J.J., & Kemp, A.H. (2013). Mindfulness meditation, well-being, and heart rate variability: A preliminary investigation into the impact of intensive Vipassana meditation. *International Journal of Psychophysiology*, *89*, 305-313. <https://doi.org/10.1016/j.ijpsycho.2013.06.017>
233. Lane, A., Luminet, O., Rime, B., Gross, J.J., de Timary, P., & Mikolajczak, M. (2013). Oxytocin increases the willingness to socially share one's emotions. *International Journal of Psychology*, *48*, 676-681. <https://doi.org/10.1080/00207594.2012.677540>
234. Larsen, J.K., Vermulst, A.A., Geenen, R., van Middendorp, H., English, T., Gross, J.J., Ha, T., Evers, C., & Engels, R.C.M.E. (2013). Emotion regulation in adolescence: A prospective study of expressive suppression and depressive symptoms. *Journal of Early Adolescence*, *33*, 184-200. <https://doi.org/10.1177/0272431611432712>



235. McRae, K., & Gross, J.J. (2013). Emotion regulation. In H. Pashler (Ed.), Encyclopedia of the mind (pp. 310-313). Washington D.C.: Sage.
236. Mennin, D.S., Ellard, K.K., Fresco, D.M., & Gross, J.J. (2013). United we stand: Emphasizing commonalities across cognitive-behavioral therapies. Behavior Therapy, *44*, 234-248. <https://doi.org/10.1016/j.beth.2013.02.004>
237. Miu, A.C., Vulturar, R., Chis, A., Ungureanu, L., & Gross, J.J. (2013). Reappraisal as a mediator in the link between 5-HTTLPR and social anxiety symptoms. Emotion, *6*, 1012-1022. <https://doi.org/10.1037/a0033383>
238. Puterman, E., Epel, E.S., Lin, J., Blackburn, E., Gross, J.J., Whooley, M.A., & Cohen, B.E. (2013). Multisystem resiliency moderates the major depression-telomere length association: Findings from the Heart and Soul Study. Brain, Behavior, and Immunity, *33*, 65-73. <https://doi.org/10.1016/j.bbi.2013.05.008>
239. Reber, C.A., Boden, M.T., Mitragotri, N., Alvarez, J., Gross, J.J., & Bonn-Miller, M.O. (2013). A prospective investigation of mindfulness skills and changes in emotion regulation among military veterans in posttraumatic stress disorder treatment. Mindfulness, *4*, 311-317. <https://doi.org/10.1007/s12671-012-0131-4>
240. Salas, C.E., Gross, J.J., Rafal, R.D., Vinas-Guasch, N., & Turnbull, O.H. (2013). Concrete behaviour and reappraisal deficits after a left frontal stroke: A case study. Neuropsychological Rehabilitation, *23*, 467-500. <https://doi.org/10.1080/09602011.2013.784709>
241. Sheppes, G., Luria, R., Fukuda, K., & Gross, J.J. (2013). There's more to anxiety than meets the eye: Isolating threat-related attentional engagement and disengagement biases. Emotion, *13*, 520-528. <https://doi.org/10.1037/a0031236>
242. Shurick, A.A., & Gross, J.J. (2013). Emotional reactivity and regulation in panic disorder: Insights from an fMRI study of cognitive-behavioral therapy. Biological Psychiatry, *73*, 5-6. <https://doi.org/10.1016/j.biopsych.2012.10.008>
243. Suri, G., Sheppes, G., & Gross, J.J. (2013). Emotion regulation and cognition. In M.D. Robinson, E.R. Watkins, & E. Harmon-Jones (Eds.), Handbook of cognition and emotion (pp. 195-209). New York, NY: Guilford.
244. Suri, G., Sheppes, G., & Gross, J.J. (2013). Predicting affective choice. Journal of Experimental Psychology: General, *142*, 627-632. <https://doi.org/10.1037/a0029900>
245. Suri, G., Sheppes, G., Schwartz, C., & Gross, J.J. (2013). Patient inertia and the status quo bias: When an inferior option is preferred. Psychological Science, *24*, 1763-1769. <https://doi.org/10.1177/0956797613479976>
246. Thiruchselvam, R., & Gross, J.J. (2013). What time can tell us: The temporal dynamics of emotion regulation. In D. Hermans, B. Rimé, and B. Mesquita (Eds.), Changing emotions (pp. 166-173). New York: Psychology Press. <https://doi.org/10.4324/9780203075630-31>
247. Westermann, S., Boden, M.T., Gross, J.J., & Lincoln, T.M. (2013). Maladaptive cognitive emotion regulation prospectively predicts subclinical paranoia. Cognitive Therapy and

Research, 37, 881-885. <https://doi.org/10.1007/s10608-013-9523-6>

248. Ziv, M., Goldin, P.R., Jazaieri, H., Hahn, K.S., & Gross, J.J. (2013). Emotion regulation in social anxiety disorder: Behavioral and neural responses to three socio-emotional tasks. Biology of Mood and Anxiety Disorders, 3(20), 1-17. <https://doi.org/10.1186/2045-5380-3-20>
249. Ziv, M., Goldin, P.R., Jazaieri, H., Hahn, K.S., & Gross, J.J. (2013). Is there less to social anxiety than meets the eye? Behavioral and neural responses to three socio-emotional tasks. Biology of Mood and Anxiety Disorders, 3(5), 1-14. <https://doi.org/10.1186/2045-5380-3-5>

## 2014

250. Aldao, A., Jazaieri, H., Goldin, P., & Gross, J.J. (2014). Adaptive and maladaptive emotion regulation strategies: Interactive effects during CBT for social anxiety disorder. Journal of Anxiety Disorders, 28, 382-389. <https://doi.org/10.1016/j.janxdis.2014.03.005>
251. Butler, E.A., Kelly, M.E., Gross, J.J., & Barnard, K. (2014). Testing the effects of suppression and reappraisal on emotional concordance using a multivariate multilevel model. Biological Psychology, 98, 6-18. <https://doi.org/10.1016/j.biopsycho.2013.09.003>
252. Cohen-Chen, S., Halperin, E., Crisp, R.J., & Gross, J.J. (2014). Hope in the middle east: Malleability beliefs, hope, and the willingness to compromise for peace. Social Psychological and Personality Science, 5, 67-75. <https://doi.org/10.1177/1948550613484499>
253. De Castella, K., Goldin, P., Jazaieri, H., Ziv, M., Heimberg, R.G., & Gross, J.J. (2014). Emotion beliefs in social anxiety disorder: Associations with stress, anxiety, and well-being. Australian Journal of Psychology, 66, 139-148. <https://doi.org/10.1111/ajpy.12053>
254. Duckworth, A.L., Gendler, T.S., & Gross, J.J. (2014). Self-control in school-age children. Educational Psychologist, 49, 199-217. <https://doi.org/10.1080/00461520.2014.926225>
255. Duckworth, A.L., & Gross, J.J. (2014). Self-control and grit: Related but separable determinants of success. Current Directions in Psychological Science, 23, 319-325. <https://doi.org/10.1177/0963721414541462>
256. Evers, C., Hopp, H., Gross, J.J., Fischer, A., Manstead, A., & Mauss, I. (2014). Emotion response coherence: A dual-process perspective. Biological Psychology, 98, 43-49. <https://doi.org/10.1016/j.biopsycho.2013.11.003>
257. Gianaros, P.J., Marsland, A.L., Kuan, D.C., Schirda, B.L., Jennings, J.R., Sheu, L.K., Hariri, A.R., Gross, J.J., & Manuck, S.B. (2014). An inflammatory pathway links atherosclerotic cardiovascular disease to neural activity evoked by the cognitive regulation of emotion. Biological Psychiatry, 75, 738-745. <https://doi.org/10.1016/j.biopsych.2013.10.012>
258. Goldin, P.R., Jazaieri, H., & Gross, J.J. (2014). Emotion regulation in social anxiety disorder. In S.G. Hofmann & P.M. DiBartolo (Eds.), Social anxiety: Clinical, developmental, and social perspectives (pp. 512-524). New York, NY: Elsevier.
259. Goldin, P.R., Lee, I., Ziv, M., Jazaieri, H., Heimberg, R.G., Gross, J.J. (2014). Trajectories of change in emotion regulation and social anxiety during cognitive-behavioral therapy for social

- anxiety disorder. *Behavioral Research and Therapy*, *56*, 7-15.  
<https://doi.org/10.1016/j.brat.2014.02.005>
260. Goldin, P.R., Ziv, M., Jazaieri, H., Weeks, J., Heimberg, R., & Gross, J.J. (2014). Impact of cognitive-behavioral therapy for social anxiety disorder on the neural bases of emotional reactivity to and regulation of social evaluation. *Behaviour Research and Therapy*, *62*, 97-106. <https://doi.org/10.1016/j.brat.2014.08.005>
261. Gross, J.J. (2014). Emotion regulation: Conceptual and empirical foundations. In J.J. Gross (Ed.), *Handbook of emotion regulation* (2<sup>nd</sup> ed.) (pp. 3-20). New York, NY: Guilford.
262. Gross, J.J. (Ed.) (2014). *Handbook of emotion regulation* (2<sup>nd</sup> ed.). New York, NY: Guilford.
263. Gross, J.J., & Jazaieri, H. (2014). Emotion, emotion regulation, and psychopathology: An affective science perspective. *Clinical Psychological Science*, *2*, 387-401.  
<https://doi.org/10.1177/2167702614536164>
264. Gruber, J., Hay, A.C., & Gross, J.J. (2014). Re-thinking emotion: Cognitive reappraisal is an effective positive and negative emotion regulation strategy in bipolar disorder. *Emotion*, *14*, 388-396. <https://doi.org/10.1037/a0035249>
265. Halperin, E., Gross, J.J., & Dweck, C.S. (2014). Resolving intractable intergroup conflicts: The role of implicit theories about groups. In M. Deutsch, P. Coleman, & E. Marcus (Eds.), *The handbook of conflict resolution* (pp. 384-299). San Francisco, CA: Jossey-Bass.
266. Halperin, E., Pliskin, R., Saguy, T., Liberman, V., & Gross, J.J. (2014). Emotion regulation and the cultivation of political tolerance: Searching for a new track for intervention. *Journal of Conflict Resolution*, *58*, 1110-1138. <https://doi.org/10.1177/0022002713492636>
267. Jacobs, S., & Gross, J.J. (2014). Emotion regulation in education: Conceptual foundations, current applications, and future directions. In R. Pekrun & L. Linnenbrink-Garcia (Eds.), *International handbook of emotions in education* (pp. 183-201). New York, NY: Routledge.
268. Jazaieri, H., McGonigal, K., Jinpa, G.T., Doty, J., Gross, J.J., & Goldin, P.R. (2014). A randomized controlled trial of compassion cultivation training: Effects on mindfulness, affect, and emotion regulation. *Motivation and Emotion*, *38*, 23-35. <https://doi.org/10.1007/s11031-013-9368-z>
269. Kimhy D., Vakhrusheva J., Khan, S., Chang, R.W., Hansen, M.C., Ballon, J.S., Malaspina, D., & Gross, J.J. (2014). Emotional granularity and social functioning in individuals with schizophrenia: An experience sampling study. *Journal of Psychiatric Research*, *53*, 141-148.  
<https://doi.org/10.1016/j.jpsychires.2014.01.020>
270. Kreibig, S.D., Whooley, M.A., & Gross, J.J. (2014). Social integration and mortality in patients with coronary heart disease: Findings from the Heart and Soul Study. *Psychosomatic Medicine*, *76*, 659-668. <https://doi.org/10.1097/psy.0000000000000100>
271. Magen, E., Kim, B., Dweck, C.S., Gross, J.J., & McClure, S.M. (2014). Behavioral and neural correlates of increased self-control in the absence of increased willpower. *Proceedings of the National Academy of Sciences*, *111*, 9786-9791. <https://doi.org/10.1073/pnas.1408991111>

272. Manera, V., Samson, A.C., Pehrs, C., Lee, I.A., & Gross, J.J. (2014). The eyes have it: The role of attention in cognitive reappraisal of social stimuli. *Emotion*, *14*, 833-839. <https://doi.org/10.1037/a0037350>
273. Maroney, T.A., & Gross, J.J. (2014). The ideal of the dispassionate judge: An emotion regulation perspective. *Emotion Review*, *6*, 142-151. <https://doi.org/10.1177/1754073913491989>
274. McKenzie, K.C., & Gross, J.J. (2014). Non-suicidal self-injury: An emotion regulation perspective. *Psychopathology*, *47*, 207-219. <https://doi.org/10.1159/000358097>
275. McRae, K., Rekshan, W., Williams, L.M., Cooper, N., & Gross, J.J. (2014). Effects of antidepressant medication on emotion regulation in depressed patients: An iSPOT report. *Journal of Affective Disorders*, *159*, 127-132. <https://doi.org/10.1016/j.jad.2013.12.037>
276. Mohiyeddini, C., Opacka-Juffry, J., & Gross, J.J. (2014). Emotional suppression explains the link between early life stress and plasma oxytocin. *Anxiety, Stress, & Coping*, *27*, 466-475. <https://doi.org/10.1080/10615806.2014.887696>
277. Ochsner, K.N., & Gross, J.J. (2014). The neural bases of emotion and emotion regulation: A valuation perspective. In J.J. Gross (Ed.), *Handbook of emotion regulation* (2<sup>nd</sup> ed.) (pp. 23-42). New York, NY: Guilford.
278. Opitz, P.C., Lee, I.A., Gross, J.J., & Urry, H. (2014). Fluid cognitive ability is a resource for successful emotion regulation in older and younger adults. *Frontiers in Psychology: Emotion Science*, *5*. <https://doi.org/10.3389/fpsyg.2014.00609>
279. Romero, C., Master, A., Paunesku, D., Dweck, C.S., & Gross, J.J. (2014). Academic and emotional functioning in middle school: The role of implicit theories. *Emotion*, *14*, 227-234. <https://doi.org/10.1037/a0035490>
280. Salas, C.E., Gross, J.J., & Turnbull, O.H. (2014). Reappraisal generation after acquired brain damage: The role of laterality and cognitive control. *Frontiers in Psychology: Emotion Science*, *5*, 1-10. <https://doi.org/10.3389/fpsyg.2014.00242>
281. Samson, A.C., Glassco, A.L., Lee, I.H., & Gross, J.J. (2014). Humorous coping and serious reappraisal: Short-term and longer-term effects. *Europe's Journal of Psychology*, *10*, 571-581. <https://doi.org/10.5964/ejop.v10i3.730>
282. Samson, A.C., & Gross, J.J. (2014). The dark and light sides of humor: An emotion regulation perspective. In J. Gruber & J. Moskowitz (Eds.), *The dark and light sides of positive emotion* (pp. 169-182). New York, NY: Oxford.
283. Samson, A.C., Phillips, J.M., Parker, K.J., Shah, S., Gross, J.J., & Hardan, A.Y. (2014). Emotion dysregulation and the core features of autism spectrum disorder. *Journal of Autism and Developmental Disorders*, *44*, 1766-1772. <https://doi.org/10.1007/s10803-013-2022-5>
284. Seppala, E.M., Hutcherson, C.A., Nguyen, D.T.H., Doty, J.R., & Gross, J.J. (2014). Loving-kindness meditation: A tool to improve healthcare provider compassion resilience and patient

- care. Journal of Compassionate Health Care, 1, 1-5. <https://doi.org/10.1186/s40639-014-0005-9>
285. Sheppes, G., & Gross, J.J. (2014). Emotion generation and emotion regulation: Moving beyond traditional dual-process accounts. In J.W. Sherman, B. Gawronski, & Y. Trope (Eds.), Dual-process theories of the social mind (pp. 483-493). New York, NY: Guilford.
286. Sheppes, G., Scheibe, S., Suri, G., Radu, P., Blechert, J., & Gross, J.J. (2014). Emotion regulation choice: A conceptual framework and supporting evidence. Journal of Experimental Psychology: General, 143, 163-181. <https://doi.org/10.1037/a0030831>
287. Suri, G., Sheppes, G., Leslie, S., & Gross, J.J. (2014). Stairs or escalator? Using theories of persuasion and motivation to facilitate healthy decision making. Journal of Experimental Psychology: Applied, 20, 295-302. <https://doi.org/10.1037/xap0000026>
288. Uusberg, A., Thiruchselvam, R., & Gross, J.J. (2014). Using distraction to regulate emotion: Insights from EEG theta dynamics. International Journal of Psychophysiology, 91, 254-260. <https://doi.org/10.1016/j.ijpsycho.2014.01.006>
289. Wong, J., Morrison, A.S., Heimberg, R.G., Goldin, P.R., & Gross, J.J. (2014). Implicit associations in social anxiety disorder: The effects of comorbid depression. Journal of Anxiety Disorders, 28, 537-546. <https://doi.org/10.1016/j.janxdis.2014.05.008>
- 2015**
290. Aldao, A., Sheppes, G., & Gross, J.J. (2015). Emotion regulation flexibility. Cognitive Therapy and Research, 39, 263-278. <https://doi.org/10.1007/s10608-014-9662-4>
291. Andreescu, C., Sheu, L.K., Tudorascu, D., Gross, J.J., Walker, S., Banihashemi, L., & Aizenstein, H. (2015). Emotion reactivity and regulation in late-life generalized anxiety disorder: Functional connectivity at baseline and post-treatment. American Journal of Geriatric Psychiatry, 23, 200-214. <https://doi.org/10.1016/j.jagp.2014.05.003>
292. Blechert, J., Wilhelm, F.H., Williams, H., Braams, B.R., Jou, J., & Gross, J.J. (2015). Reappraisal facilitates extinction in healthy and socially anxious individuals. Journal of Behavior Therapy & Experimental Psychiatry, 46, 141-150. <https://doi.org/10.1016/j.jbtep.2014.10.001>
293. Bratman, G.N., Daly, G.C., Levy, B.J., & Gross, J.J. (2015). The benefits of nature experience: Improved affect and cognition. Landscape and Urban Planning, 138, 41-50. <https://doi.org/10.1016/j.landurbplan.2015.02.005>
294. Bratman, G.N., Hamilton, J.P., Hahn, K.S., Daily, G.C., & Gross, J.J. (2015). Nature experience reduces rumination and subgenual prefrontal cortex activation. Proceedings of the National Academy of Sciences, 112, 8567-8572. <https://doi.org/10.1073/pnas.1510459112>
295. Brozovich, F.A., Goldin, P., Lee, I., Jazaieri, H., Heimberg, R.G., & Gross, J.J. (2015). The effect of rumination and reappraisal on social anxiety symptoms during cognitive-behavioral therapy for social anxiety disorder. Journal of Clinical Psychology, 71, 208-218. <https://doi.org/10.1002/jclp.22132>

296. Dan-Glauser, E.S., & Gross, J.J. (2015). The temporal dynamics of emotional acceptance: Experience, expression, and physiology. *Biological Psychology*, 108, 1-12. <https://doi.org/10.1016/j.biopsycho.2015.03.005>
297. De Castella, K., Goldin, P., Jazaieri, H., Ziv, M., Heimberg, R.G., Dweck, C.S., & Gross, J.J. (2015). Emotion beliefs and cognitive behavioural therapy for social anxiety disorder. *Cognitive Behaviour Therapy*, 44, 128-141. <https://doi.org/10.1080/16506073.2014.974665>
298. Etkin, A., Buchel, C., & Gross, J.J. (2015). The neural bases of emotion regulation. *Nature Reviews Neuroscience*, 16, 693-700. <https://doi.org/10.1038/nrn4044>
299. Gross, J.J. (2015). Emotion regulation: Current status and future prospects. *Psychological Inquiry*, 26, 1-26. <https://doi.org/10.1080/1047840x.2014.940781>
300. Gross, J.J. (2015). The extended process model of emotion regulation: Elaborations, applications, and future directions. *Psychological Inquiry*, 26, 130-137. <https://doi.org/10.1080/1047840x.2015.989751>
301. Hay, A.C., Sheppes, G., Gross, J.J., & Gruber, J. (2015). Choosing how to feel: Emotion regulation choice in bipolar disorder. *Emotion*, 15, 139-145. <https://doi.org/10.1037/emo0000024>
302. Huemer, J., Shaw, R.J., Prunas, A., Hall, R., Gross, J., & Steiner, H. (2015). Adolescent defense style as a correlate of problem behavior. *Zeitschrift für Kinder- und Jugendpsychiatrie und Psychotherapie*, 43, 345-350. <https://doi.org/10.1024/1422-4917/a000368>
303. Hutcherson, C.A., Seppala, E.M., & Gross, J.J. (2015). The neural correlates of social connection. *Cognitive, Affective, and Behavioral Neuroscience*, 15, 1-14. <https://doi.org/10.3758/s13415-014-0304-9>
304. Jazaieri, H., Morrison, A.S., Goldin, P.R., & Gross, J.J. (2015). The role of emotion and emotion regulation in social anxiety disorder. *Current Psychiatry Reports*, 17: 531. <https://doi.org/10.1007/s11920-014-0531-3>
305. Kiosses, D.N., Ravdin, L.D., Gross, J.J., Raue, P., Kotbi, N., Alexopoulos, G.S. (2015). Problem Adaptation Therapy (PATH) for older adults with major depression and cognitive impairment: A randomized clinical trial. *JAMA: Psychiatry*, 72, 22-30. <https://doi.org/10.1001/jamapsychiatry.2014.1305>
306. Kreibig, S.D., Samson, A.C., & Gross, J.J. (2015). The psychophysiology of mixed emotional states: Internal and external replicability analysis of a direct replication study. *Psychophysiology*, 52, 873-886. <https://doi.org/10.1111/psyp.12425>
307. Pehrs, C., Samson, A.C., & Gross, J.J. (2015). The quartet theory: Implications for autism spectrum disorder Comment on “The quartet theory of human emotions: An integrative and neurofunctional model” by S. Koelsch et al. *Physics of Life Reviews*, 13, 77-79. <https://doi.org/10.1016/j.plrev.2015.04.025>
308. Pena-Sarrionandia, A., Mikolajczak, M., & Gross, J.J. (2015). Integrating emotion regulation and emotional intelligence traditions: A meta-analysis. *Frontiers in Psychology: Educational*

- Psychology, 6: 160. <https://doi.org/10.3389/fpsyg.2015.00160>
309. Petit, G., Luminet, O., Maurage, F., Tecco, J., Lechantre, S., Ferauge, M., Gross, J.J., & de Timary, P. (2015). Emotion regulation in alcohol dependence. Alcoholism: Clinical and Experimental Research, 39, 2471-2479. <https://doi.org/10.1111/acer.12914>
  310. Quidbach, J., Mikolajczak, M., & Gross, J.J. (2015). Positive interventions: An emotion regulation perspective. Psychological Bulletin, 141, 655-693. <https://doi.org/10.1037/a0038648>
  311. Rentzsch, K., & Gross, J.J. (2015). Who turns green with envy? Conceptual and empirical perspectives on dispositional envy. European Journal of Personality, 29, 530-547. <https://doi.org/10.1002/per.2012>
  312. Samson, A.C., Hardan, A.Y., Lee, I.A., Phillips, J.M., & Gross, J.J. (2015). Maladaptive behavior in autism spectrum disorder: The role of emotion experience and emotion regulation. Journal of Autism and Developmental Disorders, 45, 3424-3432. <https://doi.org/10.1007/s10803-015-2388-7>
  313. Samson, A.C., Hardan, A.Y., Podell, R.W., Phillips, J.M., & Gross, J.J. (2015). Emotion regulation in children and adolescents with autism spectrum disorder. Autism Research, 8, 9-18. <https://doi.org/10.1002/aur.1387>
  314. Samson, A.C., Wells, W.M., Phillips, J.M., Hardan, A.Y., & Gross, J.J. (2015). Emotion regulation in autism spectrum disorder: Evidence from parent interviews and children's daily diaries. Journal of Child Psychology and Psychiatry, 56, 903-913. <https://doi.org/10.1111/jcpp.12370>
  315. Schinköthe, D., Müller, B.H., Kull, S., Michael, T., Gross, J.J., & Wilhelm, F.H. (2015). Effects of anxiety and vagal control on regulation of facial expressive behavior during instructed smiling. In A. Freitas-Magalhaes (Ed.), Emotional expression: The brain and the face – Vol. 7: Studies in brain, face and emotion (pp. 226-244). Porto: FEELab Science Books.
  316. Shallcross, A.J., Gross, J.J., Visvanathan, P.D., Kumar, N., Pastva, A., Ford, B.Q., Dimidjian, S., Shirk, S., Holm-Denoma, J., Goode, K.M., Cox, E., Chaplin, W., & Mauss, I.B. (2015). Relapse prevention in major depressive disorder: Mindfulness-based cognitive therapy versus an active control condition. Journal of Consulting and Clinical Psychology, 83, 964-975. <https://doi.org/10.1037/ccp0000050>
  317. Sheppes, G., Suri, G., & Gross, J.J. (2015). Emotion regulation and psychopathology. Annual Review of Clinical Psychology, 11, 379-405. <https://doi.org/10.1146/annurev-clinpsy-032814-112739>
  318. Suri, G., Sheppes, G., & Gross, J.J. (2015). The role of action readiness in motivated behavior. Journal of Experimental Psychology: General, 144, 1105-1113. <https://doi.org/10.1037/xge0000114>
  319. Suri, G., Sheppes, G., & Gross, J.J. (2015). The role of attention in motivated behavior. Journal of Experimental Psychology: General, 144, 864-872. <https://doi.org/10.1037/xge0000088>
  320. Suri, G., Whittaker, K., & Gross, J.J. (2015). Launching reappraisal: It's less common than you

might think. *Emotion*, *15*, 73-77. <https://doi.org/10.1037/emo0000011>

321. Woodward, S.H., Shurick, A.A., Alvarez, J., Kuo, J., Nonyieva, Y., Pereira, S., Blechert, J., McRae, K., & Gross, J.J. (2015). A psychophysiological investigation of emotion regulation in chronic severe posttraumatic stress disorder. *Psychophysiology*, *52*, 667-678. <https://doi.org/10.1111/psyp.12392>
322. Woodward, S.H., Shurick, A.A., Alvarez, J., Kuo, J., Nonyieva, Y., Pereira, S., Blechert, J., McRae, K., & Gross, J.J. (2015). Seated movement indexes emotion and its regulation in posttraumatic stress disorder. *Psychophysiology*, *52*, 679-686. <https://doi.org/10.1111/psyp.12386>
323. Zarolia, P., McRae, K., & Gross, J.J. (2015). Emerging trends in emotion regulation. In R.A. Scott & S.M. Kosslyn (Eds.), *Emerging trends in the social and behavioral sciences*. Hoboken, NJ: Wiley-Blackwell. Doi:10.1002/9781118900772.etrds0112.

## 2016

324. Bigman, Y.E., Mauss, I.B., Gross, J.J., & Tamir, M. (2016). Yes I can: Expected success promotes actual success in emotion regulation. *Cognition and Emotion*, *30*, 1380-1387. <https://doi.org/10.1080/02699931.2015.1067188>
325. Boden, M.T., Berenbaum, H., & Gross, J.J. (2016). Why do people believe what they do? A functionalist perspective. *Review of General Psychology*, *20*, 399-411. <https://doi.org/10.1037/gpr0000085>
326. Cehajic-Clancy, S., Goldenberg, A., Gross, J.J., & Halperin, E. (2016). Social-psychological interventions for intergroup reconciliation: An emotion regulation perspective. *Psychological Inquiry*, *27*, 73-88. <https://doi.org/10.1080/1047840x.2016.1153945>
327. Duckworth, A.L., Gendler, T.S., & Gross, J.J. (2016). Situational strategies for self-control. *Perspectives on Psychological Science*, *11*, 35-55. <https://doi.org/10.1177/1745691615623247>
328. Duckworth, A.L., White, R.E., Matteucci, A.J., Shearer, A., & Gross, J.J. (2016). A stitch in time: Strategic self-control in high school and college students. *Journal of Educational Psychology*, *108*, 329-341. <https://doi.org/10.1037/edu0000062>
329. Eldesouky, L., English, T., & Gross, J.J. (2016). Out of sight, out of mind? Accuracy and bias in emotion regulation trait judgments. *Journal of Personality*, *85*, 543-552. <https://doi.org/10.1111/jopy.12259>
330. Eskreis-Winkler, L., Gross, J. J., & Duckworth, A. L., (2016). Grit: Sustained self-regulation in the service of superordinate goals. In K. D. Vohs and R. F. Baumeister (Eds.), *Handbook of self-regulation: Research, theory, and applications* (3<sup>rd</sup> ed.) (pp. 380-395) New York, NY: Guilford.
331. Etkin, A., Buchel, C., & Gross, J.J. (2016). Emotion regulation involves both model-based and model-free processes. *Nature Reviews Neuroscience*, *17*, 532. <https://doi.org/10.1038/nrn.2016.79>



332. Fernandez, K.C., Jazaieri, H., & Gross, J.J. (2016). Emotion regulation: A transdiagnostic perspective on a new RDoC domain. Cognitive Therapy and Research, 40, 426-440. <https://doi.org/10.1007/s10608-016-9772-2>
333. Goldenberg, A., Halperin, E., van Zomeren, M., & Gross, J.J. (2016). The process model of group-based emotion: Integrating intergroup emotion and emotion regulation perspectives. Personality and Social Psychology Review, 20, 118-141. <https://doi.org/10.1177/1088868315581263>
334. Goldin, P.R., Morrison, A., Jazaieri, H., Brozovich, F., Heimberg, R., & Gross, J.J. (2016). Group CBT versus MBSR for social anxiety disorder: A randomized controlled trial. Journal of Consulting and Clinical Psychology, 84, 427-437. <https://doi.org/10.1037/ccp0000092>
335. Hard, B.M., & Gross, J.J. (2016). Introductory psychology: A platform for teaching teachers. In D.S. Dunn (Ed.) The Oxford handbook of undergraduate psychology education. Oxford Handbooks Online.
336. Jazaieri, H., Lee, I. A., Goldin, P. R., & Gross, J. J. (2016). Pre-treatment social anxiety severity moderates the impact of mindfulness-based stress reduction and aerobic exercise. Psychology and Psychotherapy: Theory, Research and Practice, 89, 229–234. <https://doi.org/10.1111/papt.12060>
337. Jazaieri, H., Lee, I.A., McGonigal, K., Jinpa, T., Doty, J.R., Gross, J.J., & Goldin, P.R. (2016). A wandering mind is a less caring mind: Daily experience sampling during compassion meditation training. The Journal of Positive Psychology, 11, 37-50. <https://doi.org/10.1080/17439760.2015.1025418>
338. Kimhy, D., Gill, K. E., Brucato, G., Vakhrusheva, J., Arndt, L., Gross, J. J., & Girgis, R. R. (2016). The impact of emotion awareness and regulation on social functioning in individuals at clinical high risk for psychosis. Psychological Medicine, 46, 2907-2918. <https://doi.org/10.1017/s0033291716000490>
339. Martins, B. Sheppes, G., Gross, J.J., & Mather, M. (2016). Age differences in emotion regulation choice: Older adults use distraction less than younger adults in high intensity positive contexts. Journals of Gerontology: Series B, gbw028, <https://doi.org/10.1093/geronb/gbw028>.
340. Morrison, A.S., Brozovich, F.A., Lakhani-Pal, S., Jazaieri, H., Goldin, P.R., Heimberg, R.G., & Gross, J.J. (2016). Attentional blink impairment in social anxiety disorder: Depression comorbidity matters. Journal of Behavior Therapy and Experimental Psychiatry, 50, 209-214. <https://doi.org/10.1016/j.jbtep.2015.08.006>
341. Morrison, A.S., Brozovich, F.A., Lee, I.A., Jazaieri, H., Goldin, P.R., Heimberg, R.G., & Gross, J.J. (2016). Anxiety trajectories in response to a speech task in a social anxiety disorder: Evidence from a randomized controlled trial of CBT. Journal of Anxiety Disorders, 38, 21-30. <https://doi.org/10.1016/j.janxdis.2015.12.006>
342. Morrison, A.S., Mateen, M.A., Brozovich, F.A., Zaki, J., Goldin, P.R., Heimberg, R.G., & Gross, J.J. (2016). Empathy for positive and negative emotions in social anxiety disorder. Behaviour Research and Therapy, 87, 232-242. <https://doi.org/10.1016/j.brat.2016.10.005>

343. Samson, A.C., Dougherty, R.F., Lee, I.A., Phillips, J.M., Gross, J.J., & Hardan, A.Y. (2016). White matter structure in the uncinate fasciculus: Implications for socio-affective deficits in autism spectrum disorder. *Psychiatry Research: Neuroimaging*, *255*, 66-74. <https://doi.org/10.1016/j.psychresns.2016.08.004>
344. Samson, A.C., Kreibig, S.D., Soderstrom, B., Wade, A.A., & Gross, J.J. (2016). Eliciting positive, negative, and mixed emotional states: A film library for affective scientists. *Cognition and Emotion*, *30*, 827-856. <https://doi.org/10.1080/02699931.2015.1031089>
345. Shafir, R., Thiruchselvam, R., Suri, G., Gross, J.J., & Sheppes, G. (2016). Neural processing of emotional intensity predicts emotion regulation choice. *Social Cognitive and Affective Neuroscience*, *11*, 1863-1871. <https://doi.org/10.1093/scan/nsw114>
346. Sherman, G.D., Lerner, J.S., Josephs, R.A., Renshon, J., & Gross, J.J. (2016). The interaction of testosterone and cortisol is associated with attained status in male executives. *Journal of Personality and Social Psychology*, *110*, 921-929. <https://doi.org/10.1037/pspp0000063>
347. Suri, G., & Gross, J.J. (2016). Emotion regulation: A valuation perspective. In L. F. Barrett, M. Lewis, & J.M. Haviland-Jones (Eds.), *Handbook of emotions* (4<sup>th</sup> ed.) (pp. 453-466). New York: Guilford. <https://doi.org/10.26613/esic.3.1.129>
348. Taquet, M., Quoidbach, J., de Montjoye, Y., Desseilles, M., & Gross, J.J. (2016). Hedonism and the choice of everyday activities. *Proceedings of the National Academy of Sciences*, *113*, 9769-9773. <https://doi.org/10.1073/pnas.1519998113>
349. Velotti, P., Balzarotti, S., Tagliabue, S., English, T., Zavattini, G. C., & Gross, J. J. (2016). Emotional suppression in early marriage: Actor, partner and similarity effects on marital quality. *Journal of Social and Personal Relationships*, *33*, 277-302. <https://doi.org/10.1177/0265407515574466>

## 2017

350. Brandao, T., Schulz, M.S., Gross, J.J., & Matos, P.M. (2017). The emotion regulation questionnaire in women with cancer: A psychometric evaluation and an item response theory analysis. *Psycho-Oncology*, *26*, 1647-1653. <https://doi.org/10.1002/pon.4356>
351. Braunstein, L.M., Gross, J.J., & Ochsner, K.N. (2017). Explicit and implicit emotion regulation: A multi-level framework. *Social Cognitive and Affective Neuroscience*, *12*, 1545-1557. <https://doi.org/10.1093/scan/nsx096>
352. English, T., Davis, J., Wei, M., & Gross, J.J. (2017). Homesickness and adjustment across the first year of college: A longitudinal study. *Emotion*, *17*, 1-5. <https://doi.org/10.1037/emo0000235>
353. English, T., Lee, I.A., John, O.P., & Gross, J. J. (2017). Emotion regulation strategy in daily life: The role of social context and goals. *Motivation and Emotion*, *41*, 230-242. <https://doi.org/10.1007/s11031-016-9597-z>
354. Fonzo, G.A., Goodkind, M.S., Oathes, D.J., Zaiko, Y.V., Harvey, M., Peng, K.K., Weiss, M.E.,

- Thompson, A.L., Zack, S.E., Lindley, S.E., Arnow, B.A., Jo, B., Gross, J.J., Rothbaum, B.O., & Etkin, A. (2017). Brain activation during emotional reactivity and regulation predicts psychotherapy outcome in posttraumatic stress disorder. *American Journal of Psychiatry*, *174*, 1163-1174. <https://doi.org/10.1176/appi.ajp.2017.16091072>
355. Fonzo, G.A., Goodkind, M.S., Oathes, D.J., Zaiko, Y.V., Harvey, M., Peng, K.K., Weiss, M.E., Thompson, A.L., Zack, S.E., Mills-Finnerty, C.E., Rosenberg, B.M., Edelstein, R., Wright, R.N., Kole, C.A., Lindley, S.E., Arnow, B.A., Jo, B., Gross, J.J., Rothbaum, B.O., & Etkin, A. (2017). Selective effects of psychotherapy on frontopolar cortical function in posttraumatic stress disorder. *American Journal of Psychiatry*, *174*, 1175-1184. <https://doi.org/10.1176/appi.ajp.2017.16091073>
356. Garland, E.L., Hanley, A.W., Goldin, P.R., & Gross, J.J. (2017). Testing the Mindfulness-to-Meaning theory: Evidence for mindful positive emotion regulation from a reanalysis of longitudinal data. *PloS One*, *12*: e0187727. <https://doi.org/10.1371/journal.pone.0187727>
357. Goldenberg, A., Enav, Y., Halperin, E., Saguy, T., & Gross J. J. (2017). Emotional compensation in parents. *Journal of Experiment Social Psychology*, *69*, 150-155. <https://doi.org/10.1016/j.jesp.2016.10.008>
358. Goldenberg, A., Endevelt, K., Ran, S., Dweck, C. S., Gross, J. J., & Halperin, E. (2017). Making intergroup contact more fruitful: Enhancing cooperation between Palestinian and Jewish-Israeli adolescents by fostering beliefs about group malleability. *Social Psychological and Personality Science*, *8*, 3-10. <https://doi.org/10.1177/1948550616672851>
359. Goldin, P.R., Morrison, A.S., Jazaieri, H., Heimberg, R.G., & Gross, J.J. (2017). Trajectories of social anxiety, cognitive reappraisal, and mindfulness during an RCT of CBGT versus MBSR for social anxiety disorder. *Behaviour Research and Therapy*, *97*, 1-13. <https://doi.org/10.1016/j.brat.2017.06.001>
360. Harris, K., English, T., Harms, P.D., Gross, J.J., Jackson, J.J. (2017). Why are extraverts more satisfied? Personality, social experiences, and satisfaction in college. *European Journal of Personality*, *31*, 170-186. <https://doi.org/10.1002/per.2101>
361. Jazaieri, H., Goldin, P.R., & Gross, J.J. (2017). Treating social anxiety disorder with CBT: Impact on emotion regulation and satisfaction with life. *Cognitive Therapy & Research*, *41*, 406-416. <https://doi.org/10.1007/s10608-016-9762-4>
362. Jazaieri, H., McGonigal, K., Lee, I.A., Jinpa, T., Doty, J.R., Gross, J.J., & Goldin, P.R. (2017). Altering the trajectory of affect and affect regulation: The impact of compassion training. *Mindfulness*, *9*, 283-293. <https://doi.org/10.1007/s12671-017-0773-3>
363. Kangas, M., & Gross, J.J. (2017). The Affect Regulation in Cancer framework: Understanding affective responding across the cancer trajectory. *Journal of Health Psychology*. <https://doi.org/10.1177/1359105317748468>
364. Kaplan, S.C., Morrison, A.S., Goldin, P.R., Olino, T.M., Heimberg, R.G., & Gross, J.J. (2017). The Cognitive Distortions Questionnaire (CD-Quest): Validation in a sample of adults with social anxiety disorder. *Cognitive Therapy and Research*, *41*, 576-587. <https://doi.org/10.1007/s10608-017-9838-9>

365. Kiosses, D.N., Gross, J.J., Banerjee, S., Duberstein, P.R., & Putrino, D. (2017). Negative emotions and suicidal ideation during psychosocial treatments in older adults with major depression and cognitive impairment. *American Journal of Geriatric Psychiatry*, *25*, 620-629. <https://doi.org/10.1016/j.jagp.2017.01.011>
366. Klumpp, H., Roberts, J., Kennedy, A.E., Shankman, S.A., Langenecker, S.A., Gross, J.J., & Phan, K.L. (2017). Emotion regulation related neural predictors of cognitive behavioral therapy response in social anxiety disorder. *Progress in Neuropsychopharmacology and Biological Psychiatry*, *75*, 106-112. <https://doi.org/10.1016/j.pnpbp.2017.01.010>
367. Kreibig, S.D., & Gross, J.J. (2017). Understanding mixed emotions: Paradigms and measures. *Current Opinion in Behavioral Sciences*, *15*, 62-71. <https://doi.org/10.1016/j.cobeha.2017.05.016>
368. McRae, K., Rhee, S.H., Gatt, J.M., Godinez, D., Williams, L.M., & Gross, J.J. (2017). Genetic and environmental influences on emotion regulation: A twin study of cognitive reappraisal and expressive suppression. *Emotion*, *17*, 772-777. <https://doi.org/10.1037/emo0000300>
369. Miu, A.C., Carnuta, M., Vulturar, R., Szekely-Copindec, R.D., Bilc, M.I., Chis, A., Cioara, M., Fernandez, K.C., Szentagotai-Tatar, A., & Gross, J.J. (2017). BDNF Val66Met polymorphism moderates the link between child maltreatment and reappraisal ability. *Genes, Brain and Behavior*, *16*, 419-426. <https://doi.org/10.1111/gbb.12366>
370. Nordmeyer, A., Hard, B. M., & Gross, J. J. (2017). Using integrative concepts as a theme in introductory psychology. In D. Dunn & B. M. Hard (Eds.), *Thematic Approaches for Teaching Introductory Psychology* (pp. 79-92). Boston, MA: Cengage.
371. O’Leary, D., Uusberg, A., & Gross, J.J. (2017). Identity and self-control: Linking identity-value and process models of self-control. *Psychological Inquiry*, *28*, 132-138. <https://doi.org/10.1080/1047840x.2017.1337404>
372. Thiruchselvam, R., Gopi, Y., Kilekwang, L., Harper, J., & Gross, J.J. (2017). In God we trust? Neural measures reveal lower social conformity among non-religious individuals. *Social, Cognitive, and Affective Neuroscience*, *12*, 956-964. <https://doi.org/10.1093/scan/nsx023>
373. Thurston, M.D., Goldin, P., Heimberg, R., & Gross, J.J. (2017). Self-views in social anxiety disorder: The impact of CBT versus MBSR. *Journal of Affective Disorders*, *47*, 83-90. <https://doi.org/10.1016/j.janxdis.2017.01.001>
374. Watters, A.J., Korgaonkar, M.S., Carpenter, J.S., Harris, A.W.F., Gross, J.J., & Williams, L.M. (2017). Profiling risk for depressive disorder by circuit, behavior and self-report measures of emotion function. *Journal of Affective Disorders*, *227*, 595-602. <https://doi.org/10.1016/j.jad.2017.11.067>

## 2018

375. Brady, S., Hard, B.M., & Gross, J.J. (2018). Reappraising test anxiety increases academic performance of first-year college students. *Journal of Educational Psychology*, *110*, 395-406. <https://doi.org/10.1037/edu0000219>

376. Butler, R.M., Boden, M.T., Olino, T.M., Morrison, A.S., Goldin, P.R., Gross, J.J., & Heimberg, R.G. (2018). Emotional clarity and attention to emotions in cognitive behavioral group therapy and mindfulness-based stress reduction for social anxiety disorder. *Journal of Anxiety Disorders*, *55*, 31-38. <https://doi.org/10.1016/j.janxdis.2018.03.003>
377. De Castella, K., Platow, M.J., Tamir, M., & Gross, J.J. (2018). Beliefs about emotion: Implications for avoidance-based emotion regulation and psychological health. *Cognition and Emotion*, *32*, 773-795. <https://doi.org/10.1080/02699931.2017.1353485>
378. Ford, B.Q., & Gross, J.J. (2018). Emotion regulation: Why beliefs matter. *Canadian Psychology*, *59*, 1-15. <https://doi.org/10.1037/cap0000142>
379. Formanowicz, M., Goldenberg, A., Saguy, T., Pietraszkiewicz, A., Walker, M., & Gross, J.J. (2018). Understanding dehumanization: The role of agency and communion. *Journal of Experimental Social Psychology*, *77*, 102-116. <https://doi.org/10.1016/j.jesp.2018.04.003>
380. Ghafur, R.D., Suri, G., & Gross, J.J. (2018). Emotion regulation choice: The role of orienting attention and action readiness. *Current Opinion in Behavioral Sciences*, *19*, 31-35. <https://doi.org/10.1016/j.cobeha.2017.08.016>
381. Goldenberg, A., Cohen-Chen, S., Goyer, J.P., Dweck, C.S., Gross, J.J., & Halperin, E. (2018). Testing the impact and durability of a group malleability intervention in the context of the Israeli-Palestinian conflict. *Proceedings of the National Academy of Sciences*, *115*, 696-701. <https://doi.org/10.1073/pnas.1706800115>
382. Jazaieri, H., Goldin, P.R., & Gross, J.J. (2018). The role of working alliance in CBT and MBSR for social anxiety disorder. *Mindfulness*, *9*, 1381-1389. <https://doi.org/10.1007/s12671-017-0877-9>
383. Kiosses, D.N., Alexopoulos, G.S., Hajcak, G., Apfeldorf, W., Duberstein, P.R., Putrino, D., & Gross, J.J. (2018). Cognitive Reappraisal Intervention for Suicide Prevention (CRISP) for middle-aged and older adults hospitalized for suicidality. *American Journal of Geriatric Psychiatry*, *26*, 494-503. <https://doi.org/10.1016/j.jagp.2017.11.009>
384. Kong, J. MacIsaac, B., Cogan, R., Ng, A., Law, C.S.W., Helms, J., Schnyer, R., Karayannis, N.V., Kao, M., Tian, L., Darnall, B., Gross, J.J., Mackey, S., & Manber, R., (2018). Central mechanisms of real and sham electroacupuncture in the treatment of chronic low back pain: study protocol for a randomized, placebo-controlled clinical trial. *Trials*, *19*, 685. <https://doi.org/10.1186/s13063-018-3044-2>
385. Miri, P., Uusberg, A., Culbertson, H., Flory, R., Uusberg, H., Gross, J. J., Marzullo, K., & Isbister, K. (2018). Emotion regulation in the wild: Introducing WEHAB system architecture. *Proceedings of the 2018 CHI Conference on Human Factors in Computing Systems Association for Computing Machinery*, New Orleans LA, USA. <https://doi.org/10.1145/3170427.3188495>
386. O'Leary, D., Suri, G., & Gross, J.J. (2018). Reducing behavioural risk factors for cancer: An affect regulation perspective. *Psychology & Health*, *33*, 17-39. <https://doi.org/10.1080/08870446.2017.1314480>

387. Rodebaugh, T., Tonge, N.A., Piccirillo, M.L., Fried, E., Horenstein, A., Morrison, A.S., Goldin, P., Gross, J.J., Lim, M.H., Fernandez, K.A., Blanco, C., Schneier, F.R., Ryan, B., Thompson, R.J., & Heimberg, R.G. (2018). Does centrality in a cross-sectional network suggest intervention targets for social anxiety disorder? *Journal of Consulting and Clinical Psychology*, *86*, 831-844. <https://doi.org/10.1037/ccp0000336>
388. Salas, C.E., Castro, O., Radovic, D., Gross, J.J., & Turnbull, O. (2018). The role of inner speech in emotion dysregulation and emotion regulation strategy use. *Revista Latinoamericana de Psicología*, *50*, 79-88. <https://doi.org/10.14349/rlp.2018.v50.n2.1>
389. Shallcross, A.J., Willroth, E.C., Fisher, A., Dimidjian, S., Gross, J.J., Visvanathan, P.D., & Mauss, I.B. (2018). Relapse/recurrence prevention in major depressive disorder: 26-month follow-up of mindfulness-based cognitive therapy versus an active control. *Behavior Therapy*, *49*, 836-849. <https://doi.org/10.1016/j.beth.2018.02.001>
390. Smith, E.N., Romero, C., Donovan, B., Herter, R., Paunesku, D., Cohen, G.L., Dweck, C.S., & Gross, J.J. (2018). Emotion theories and adolescent well-being: Results of an online intervention. *Emotion*, *18*, 781-788. <https://doi.org/10.1037/emo0000379>
391. Suri, G., Lavaysse, L.M., Moodie, C., Tersakyan, A., Gross, J.J., & Gard, D.E. (2018). An investigation into the drivers of avolition in schizophrenia. *Psychiatry Research*, *261*, 225-231. <https://doi.org/10.1016/j.psychres.2018.01.001>
392. Suri, G., Sheppes, G., Young, G., Abraham, D., McRae, K., & Gross, J.J. (2018). Emotion regulation choice: The role of environmental affordances. *Cognition and Emotion*, *32*, 963-971. <https://doi.org/10.1080/02699931.2017.1371003>
393. Suri, G., Shine, J.M., & Gross, J.J. (2018). Why do we do what we do? The Attention-Readiness-Motivation framework. *Social and Personality Psychology Compass*, *12*, e12382. <https://doi.org/10.1111/spc3.12382>
394. Taxer, J., & Gross, J.J. (2018). Emotion regulation in teachers: The ‘why’ and the ‘how’. *Teaching and Teacher Education*, *74*, 180-189. <https://doi.org/10.1016/j.tate.2018.05.008>
395. Uusberg, A., Naar, R., Tamm, M., Kreegipuu, K., & Gross, J.J. (2018). Bending time: The role of affective appraisal in time perception. *Emotion*, *18*, 1174-1188. <https://doi.org/10.1037/emo0000397>
396. Yip, S.W., Gross, J.J., Chawla, M., Ma, S., Shi, X., Liu, L., Yao, Y., Zhu, L., Worhunsky, P.D., Zhang, J. (2018). Is neural processing of negative stimuli altered in addiction independent of drug effects? Findings from drug-naïve youth with internet gaming disorder. *Neuropsychopharmacology*, *42*, 1364-1372. <https://doi.org/10.1038/npp.2017.283>

## 2019

397. Birk, S.L., Horenstein, A., Weeks, J., Olino, Heimberg, R., Goldin, P.R., & Gross, J.J. (2019). Neural responses to social evaluation: The role of fear of positive and negative evaluation. *Journal of Anxiety Disorders*, *67*, 102114. <https://doi.org/10.1016/j.janxdis.2019.102114>

398. Bratman, G.N., Anderson, C.B., Berman, M.G., Cochran, B., de Vries, S., Flanders, J., Folke, C., Frumkin, H., Gross, J.J., Hartig, T., Kahn, P.H., Kuo, M., Lawler, J.J., Levin, P.S., Lindahl, T., Meyer-Lindenberg, A., Mitchell, R., Ouyang, Z., Roe, J., Scarlett, L., Smith, J.R., van den Bosch, M., Wheeler, B.W., White, M.P., Zheng, H., & Daily, G.C. (2019). Nature and mental health: An ecosystem service perspective. *Science Advances*, 5. <https://doi.org/10.1126/sciadv.aax0903>
399. Butler, R.M., O'Day, E.B., Kaplan, S.C., Swee, M.B., Horenstein, A., Morrison, A.S., Goldin, P.R., Gross, J.J., & Heimberg, R.G. (2019). Do sudden gains predict treatment outcome in social anxiety disorder? Findings from two randomized controlled trials. *Behaviour Research and Therapy*, 121, 103453. <https://doi.org/10.1016/j.brat.2019.103453>
400. Chung, Y.S., Poppe, A., Novotny, S., Epperson, N., Kober, H., Granger, D.A., Blumberg, H., Phillips, M., Ochsner, K., Gross, J.J., Pearlson, G., & Stevens, M.C. (2019). A preliminary study of association between adolescent estradiol level and dorsolateral prefrontal cortex activity during emotion regulation. *Psychoneuroendocrinology*, 109, 104398. <https://doi.org/10.1016/j.psyneuen.2019.104398>
401. Duckworth, A., Taxer, J., Eskreis-Winkler, E., Galla, B.M., & Gross, J.J. (2019). Self-control and academic achievement. *Annual Review of Psychology*, 70, 373-399. <https://doi.org/10.1146/annurev-psych-010418-103230>
402. Eldesouky, L., & Gross, J.J. (2019). Emotion regulation goals: An individual difference perspective. *Social and Personality Psychology Compass*, 13, e1249, <https://doi.org/10.1111/spc3.12493>
403. Enav, Y., Erhard-Weiss, D., Kopelman, M., Samson, A.C., Mehta, S., Gross, J.J., & Hardan, A.Y. (2019). A pilot non-randomized mentalization intervention for parents of children with autism. *Autism Research*, 12, 1077-1086. <https://doi.org/10.1002/aur.2108>
404. Fernandez, K.C., Morrison, A.S., & Gross, J.J. (2019). Emotion regulation. In B. Olatunji (Ed.), *The Cambridge handbook of anxiety and related disorders* (pp. 282-306). Cambridge, England: Cambridge University Press. <https://doi.org/10.1017/9781108140416.011>
405. Ford, B.Q., & Gross, J.J. (2019). Why beliefs about emotion matter: An emotion regulation perspective. *Current Directions in Psychological Science*, 28, 74-80. <https://doi.org/10.1177/0963721418806697>
406. Ford, B.Q., Gross, J.J., & Gruber, J. (2019). Broadening our field of view: The role of emotion polyregulation. *Emotion Review*, 11, 197-208. <https://doi.org/10.1177/1754073919850314>
407. Goldin, P.R., Moodie, C.A., & Gross, J.J. (2019). Acceptance versus reappraisal: Behavioral, autonomic, and neural effects. *Cognitive, Affective, and Behavioral Neuroscience*, 19, 927-944. <https://doi.org/10.3758/s13415-019-00690-7>
408. Gross, J.J., Schmader, T., Hard, B.M., & Anderson, A.K. (2019). *Interactive psychology: People in perspective*. New York, NY: Norton.
409. Gross, J.J., Uusberg, H., & Uusberg, A. (2019). Mental illness and well-being: An affect regulation perspective. *World Psychiatry*, 182, 130-139. <https://doi.org/10.1002/wps.20618>

410. Harley, J.M., Pekrun, R., Taxer, J.L., & Gross, J.J. (2019). Emotion regulation in achievement situations: An integrated model. *Educational Psychologist*, *54*, 106-126. <https://doi.org/10.1080/00461520.2019.1587297>
411. Horenstein, A., Morrison, A.S., Goldin, P., ten Brink, M., Gross, J.J., & Heimberg, R.G. (2019). Sleep quality and treatment of social anxiety disorder. *Anxiety, Stress, & Coping*, *32*, 387-398. <https://doi.org/10.1080/10615806.2019.1617854>
412. Jacob, Y., Shany, O., Goldin, P.R., Gross, J.J., & Hendler, T. (2019). Reappraisal of interpersonal criticism in social anxiety disorder: A brain network hierarchy perspective. *Cerebral Cortex*, *29*, 3154-3167. <https://doi.org/10.1093/cercor/bhy181>
413. Jazaieri, H., Morrison, A.S., & Gross, J.J. (2019). Don't worry, be happy: Positive emotion generation and regulation in social anxiety disorder. In J. Gruber (Ed.), *Oxford handbook of positive emotion and psychopathology* (pp. 284-308). New York: NY: Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780190653200.013.19>
414. Lavi, I., Katz, L.F., Ozer, E.J., & Gross, J.J. (2019). Emotion reactivity and regulation in maltreated children: A meta-analysis. *Child Development*, *90*, 1503-1524. <https://doi.org/10.1111/cdev.13272>
415. Lavi, I., Manor-Binyamini, I., Seibert, E., Katz, L.F., Ozer, E.J., & Gross, J.J. (2019). Broken bonds: A meta-analysis of emotion reactivity and regulation in emotionally maltreating parents. *Child Abuse & Neglect*, *88*, 376-388. <https://doi.org/10.1016/j.chiabu.2018.11.016>
416. Megias-Robles, A., Gutierrez-Cobo, M.J., Gomez-Leal, R., Cabello, R., Gross, J.J., & Fernandez-Berrocal, P. (2019). Emotionally intelligent people reappraise rather than suppress their emotions. *PLOS ONE*, *14*, 30220688. <https://doi.org/10.1371/journal.pone.0220688>
417. Mikolajczak, M., Gross, J.J., & Roskam, I. (2019). Parental burnout: What is it and why does it matter? *Clinical Psychological Science*, *7*, 1319–1329. <https://doi.org/10.1177/2167702619858430>
418. Milyavsky, M., Webber, D., Fernandez, J.R., Kruglanski, A.W., Goldenberg, A., Suri, G., & Gross, J.J. (2019). To reappraise or not to reappraise? Emotion regulation choice and cognitive energetics. *Emotion*, *19*, 964-981. <https://doi.org/10.1037/emo0000498>
419. Morrison, A.S., Mateen, M.A., Brozovich, F.A., Zaki, J., Goldin, P.R., Heimberg, R.G., & Gross, J.J. (2019). Changes in empathy mediate the effects of cognitive behavioral group therapy but not mindfulness-based stress reduction for social anxiety. *Behavior Therapy*, *56*, 1098-1111. <https://doi.org/10.1016/j.beth.2019.05.005>
420. O'Day, E.B., Morrison, A.S., Goldin, P.R., Gross, J.J., Heimberg, R.G. (2019). Social anxiety, loneliness, and the moderating role of emotion regulation. *Journal of Social and Clinical Psychology*, *38*, 751-773. <https://doi.org/10.1521/jscp.2019.38.9.751>
421. Preece, D.A., Becerra, R., Robinson, K., & Gross, J.J. (2019). The Emotion Regulation Questionnaire: Psychometric properties in general community samples. *Journal of Personality Assessment*, *102*, 348-356. <https://doi.org/10.1080/00223891.2018.1564319>



422. Quoidbach, J., Sugitani, Y., Gross, J., Taquet, M., & Akutsu, S. (2019). From affect to action: How pleasure shapes everyday decisions in Japan and the U.S. *Motivation and Emotion*, *43*, 948–955. <https://doi.org/10.1007/s11031-019-09785-7>
423. Quoidbach, J., Taquet, M., Desseilles, M., & Gross, J.J. (2019). Happiness and social behavior. *Psychological Science*, *30*, 1111-1122. <https://doi.org/10.1177/0956797619849666>
424. Salas, C.E., Gross, J.J., & Turnbull, O.H. (2019). Using the process model to understand emotion regulation changes after brain injury. *Psychology and Neuroscience*, *12*, 430–450. <https://doi-org.stanford.idm.oclc.org/10.1037/pne0000174>
425. Tang, Y., Tang, R., & Gross, J.J. (2019). Promoting psychological well-being through an evidence-based mindfulness training program. *Frontiers in Human Neuroscience*, *13*, 237. <https://doi.org/10.3389/fnhum.2019.00237>
426. Thompson N.M., Uusberg A., Gross J.J., Chakrabarti B. (2019). Empathy and emotion regulation: An integrative account. *Progress in Brain Research*, *247*, 273-304. <https://doi.org/10.1016/bs.pbr.2019.03.024>
427. Uusberg, A., Suri, G., Dweck, C., & Gross, J.J. (2019). Motivation: A valuation systems perspective. In M. Neta & I.J. Hass (Eds.), *Emotion in the mind and body: Nebraska Symposium on Motivation* (66<sup>th</sup> ed.) (pp. 161-192). Charn, Switzerland: Springer. [https://doi.org/10.1007/978-3-030-27473-3\\_6](https://doi.org/10.1007/978-3-030-27473-3_6)
428. Uusberg, A., Taxer, J.L., Yih, J., Uusberg, H., & Gross, J.J. (2019). Reappraising reappraisal. *Emotion Review*, *11*, 267-282. <https://doi.org/10.1177/1754073919862617>
429. Yih, J., Sha, H., Beam, D.E., Parvizi, J., & Gross, J.J. (2019). Reappraising faces: Effects on accountability appraisals, self-reported valence, and pupil diameter. *Cognition and Emotion*, *33*, 1041-1050. <https://doi.org/10.1080/02699931.2018.1507999>
430. Yih, J., Uusberg, A., Taxer, J.L., & Gross, J.J. (2019). Better together: A unified perspective on appraisal and emotion regulation. *Cognition and Emotion*, *33*, 41-47. <https://doi.org/10.1080/02699931.2018.1504749>
431. Zhang, Y., Padmanabhan, A., Gross, J.J., & Menon, V. (2019). Development of human emotion circuits investigated using a Big-Data analytic approach: Stability, reliability, and robustness. *Journal of Neuroscience*, *39*, 7155-7172. <https://doi.org/10.1523/jneurosci.0220-19.2019>

## 2020

432. Becerra, R., Preece, D.A., & Gross, J.J. (2020). Assessing beliefs about emotions: Development and validation of the Emotion Beliefs Questionnaire. *PLoS ONE* *15*: e0231395. <https://doi.org/10.1371/journal.pone.0231395>
433. Brianda, M.E., Roskam, I., Gross, J.J., Franssen, A., Kapala, F., Gerard, F., & Mikolajczak, M. (2020). Treating parental burnout: Impact of two treatment modalities on burnout symptoms, emotions, hair cortisol, and parental neglect and violence. *Psychotherapy and Psychosomatics*, *89*, 330-332. <https://doi.org/10.1159/000506354>

434. Dixon, M.L., Moodie, C.A., Goldin, P.R., Farb, N., Heimberg, R.G., & Gross, J.J. (2020). Emotion regulation in social anxiety disorder: Reappraisal and acceptance of negative self-beliefs. *Biological Psychiatry: Cognitive Neuroscience and Neuroimaging*, *5*, 119-129. <https://doi.org/10.1016/j.bpsc.2019.07.009>
435. Duckworth, A.L., & Gross, J.J. (2020). Behavior change. *Organizational Behavior and Human Decision Processes*, *161*, 39-49. <https://doi.org/10.1016/j.obhdp.2020.09.002>
436. Enav, Y., Erhard-Weiss, D., Goldenberg, A., Knudston, M., Hardan A.Y., & Gross J.J. (2020). Contextual determinants of parental reflective functioning: Children with autism versus their typically developing siblings. *Autism*, *24*, 1578-1582. <https://doi.org/10.1177/1362361320908096>
437. Gerter, J., Novotny, S., Poppe, A., Chung, Y.S., Gross, J.J., Pearlson, G., & Stevens, M.C. (2020). Neural correlates of non-specific skin conductance responses during resting state. *NeuroImage*, *214*, 116721. <https://doi.org/10.1016/j.neuroimage.2020.116721>
438. Gianaros, P.J., Kraynak, T.E., Kuan, D.C.-H., Gross, J.J., McRae, K., Hariri, A.R., Manuck, S.B., Rasero, J., & Verstynen, T.D. (2020). Affective brain patterns as multivariate neural correlates of cardiovascular disease risk. *Social Cognitive and Affective Neuroscience*, *15*, 1034–1045. <https://doi.org/10.1093/scan/nsaa050>
439. Gilam, G., Gross, J.J., Wager, T.D., Keefe, F.J., & Mackey, S.C. (2020). What is the relationship between pain and emotion? Bridging constructs and communities. *Neuron*, *107*, 17-21. <https://doi.org/10.1016/j.neuron.2020.05.024>
440. Goldenberg, A., Garcia, D., Halperin, E., & Gross, J.J. (2020). Collective emotions. *Current Directions in Psychological Science*, *29*, 154-160. <https://doi.org/10.1177/0963721420901574>
441. Goldenberg, A., Garcia, D., Halperin, E., Zaki, J., Kong, D., Golarai, G., & Gross, J.J. (2020). Beyond emotional similarity: The role of situation-specific motives. *Journal of Experimental Psychology: General*, *149*, 138-159. <https://doi.org/10.1037/xge0000625>
442. Goldenberg, A., & Gross, J.J. (2020). Digital emotion contagion. *Trends in Cognitive Sciences*, *24*, 316-328. <https://doi.org/10.1016/j.tics.2020.01.009>
443. Goldenberg, A., Gross, J.J., & Halperin, E. (2020). The group-malleability intervention: Addressing intergroup conflicts by changing perceptions of outgroup malleability. In G.M. Walton & A.J. Crum (Eds.), *Handbook of wise interventions: How social psychology can help people change* (pp. 346-365). New York: Guilford.
444. Goldenberg, A., Sweeny, T.D., Shpigel, E., & Gross, J.J. (2020). Is this my group or not? The role of ensemble coding of emotional expressions in group categorization. *Journal of Experimental Psychology: General*, *149*, 445–460. <https://doi.org/10.1037/xge0000651>
445. Gracanin, A., Kardum, I., & Gross, J.J. (2020). The Croatian version of the Emotion Regulation Questionnaire: Links with higher- and lower-level personality traits and mood. *International Journal of Psychology*, *55*, 609-617. <https://doi.org/10.1002/ijop.12624>
446. Gross, J.J., Levenson, R.W., & Mendes, W.B. (2020). Affective science. *Affective Science*, *1*,

- 1-3. <https://doi-org.stanford.idm.oclc.org/10.1007/s42761-020-00008-8>
447. Jazaieri, H., Uusberg, H., Uusberg, A., & Gross, J. J. (2020). Cognitive processes and risk for emotion dysregulation. In T. P. Beauchaine & S. E. Crowell (Eds.), The Oxford Handbook of Emotion Dysregulation (pp. 127-139). New York, NY: Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780190689285.013.10>
448. Khan, A.J., O'Donovan, A., Neylan, T.C., Gross, J.J., & Cohen, B.E. (2020). Suppression, but not reappraisal, is associated with inflammation in trauma-exposed veterans. Psychoneuroendocrinology, *122*, 104871. <https://doi.org/10.1016/j.psyneuen.2020.104871>
449. Kimhy, D., Lister, A., Liu, Y., Vakhrusheva, J., Delespaul, P., Malaspina, D., Ospina, L.H., Mittal, V.A., Gross, J.J., & Wang, Y. (2020). The impact of emotion awareness and regulation on psychotic symptoms during daily functioning. NPJ Schizophrenia, *6*, 7. <https://doi-org.stanford.idm.oclc.org/10.1038/s41537-020-0096-6>
450. McRae, K., & Gross, J.J. (2020). Emotion regulation. Emotion, *20*, 1-9. <https://doi.org/10.1037/emo0000703>
451. Mehta, A., Formanowicz, M., Uusberg, A., Uusberg, H., Gross, J.J., & Suri, G. (2020). The regulation of recurrent negative emotion in the aftermath of a lost election. Cognition and Emotion, *34*, 848-857. <https://doi.org/10.1080/02699931.2019.1682970>
452. Meidenbauer, K.L., Stenfors, C.U.D., Bratman, G.N., Gross, J.J., & Berman, M.G. (2020). The affective benefits of nature exposure: What's nature got to do with it? Journal of Environmental Psychology, *72*, 101498. <https://doi.org/10.1016/j.jenvp.2020.101498>
453. Mikolajczak, M., Gross, J.J., Stinglhamber, F., Lindahl Norberg, A., & Roskam, I. (2020). Is parental burnout distinct from job burnout and depressive symptomatology? Clinical Psychological Science, *8*, 673-689. <https://doi.org/10.1177/2167702620917447>
454. Miri, P., Flory, R., Uusberg, A., Culbertson, H., Harvey, R., Keman, A., Peper, E., Gross, J.J., & Marzullo, K. (2020). PIV: Placement, pattern, and personalization of an inconspicuous vibrotactile breathing pacer. ACM Transactions on Computer-Human Interaction, *27*, 1-44. <https://doi.org/10.1145/3365107>
455. Moodie, C.A., Suri, G., Goerlitz, D.S., Mateen, M.A., Sheppes, G., McRae, K., Lakhani-Pal, S., Thiruchselvam, R., & Gross, J.J. (2020). The neural bases of cognitive emotion regulation: The roles of strategy and intensity. Cognitive, Affective, and Behavioral Neuroscience, *20*, 387-407. <https://doi-org.stanford.idm.oclc.org/10.3758/s13415-020-00775-8>
456. O'Leary, D., Gross, J.J., & Rehkopf, D.H. (2020). Psychological distress mediates the prospective association of household income with body mass index in adolescent girls. Affective Science, *1*, 97-106. <https://doi-org.stanford.idm.oclc.org/10.1007/s42761-020-00010-0>
457. Preece, D.A., Becerra, R., Allan, A., Robinson, K., Chen, W., Hasking, P., & Gross, J.J. (2020). Assessing alexithymia: Psychometric properties of the Perth Alexithymia Questionnaire and 20-item Toronto Alexithymia Scale in United States adults. Personality and Individual Differences, *166*, 110138. <https://doi.org/10.1016/j.paid.2020.110138>

458. Preece, D.A., Becerra, R., Robinson, K., Allan, A., Boyes, M., Chen, W., Hasking, P., & Gross, J.J. (2020). What is alexithymia? Using factor analysis to establish its latent structure and relationship with fantasizing and emotional reactivity. *Journal of Personality*, *88*, 1162-1176. <https://doi-org.stanford.idm.oclc.org/10.1111/jopy.12563>
459. Speed, B., Levinson, A.R., Gross, J.J., Kiesses, D.N., & Hajcak, G. (2020). Emotion regulation to idiographic stimuli: Testing the autobiographical emotion regulation task. *Neuropsychologia*, *145*, 106346. <https://doi.org/10.1016/j.neuropsychologia.2017.04.032>
460. Suri, G., Gross, J.J., & McClelland, J.L. (2020). Value-based decision making: An interactive activation perspective. *Psychological Review*, *127*, 153-185. <https://doi.org/10.1037/rev0000164>
461. Taquet, M., Quoidbach, J., Gross, J.J., Saunders, K.E.A., Goodwin, G.M. (2020). Mood homeostasis, low mood, and history of depression in two large population samples. *JAMA: Psychiatry*, *77*, 944–951. <https://doi.org/10.1001/jamapsychiatry.2020.0588>
462. Tasimi, A., & Gross, J.J. (2020). The dilemma of dirty money. *Current Directions in Psychological Science*, *29*, 41-46. <https://doi.org/10.1177/0963721419884315>
463. Vakhrusheva, J., Khan, S., Chang, R., Hansen, M., Ayanruoh, L., Gross, J.J., & Kimhy, D. (2020). Lexical analysis of emotional responses to “real-world” experiences in individuals with schizophrenia. *Schizophrenia Research*, *216*, 272-278. <https://doi.org/10.1016/j.schres.2019.11.045>
464. Wadley, G., Smith, W., Koval, P., & Gross, J.J. (2020). Digital emotion regulation. *Current Directions in Psychological Science*, *29*, 412-418. <https://doi.org/10.1177/0963721420920592>
465. Yih, J., Uusberg, A., Qian, W., & Gross, J.J. (2020). Commentary: An appraisal perspective on neutral affective states. *Emotion Review*, *12*, 41-43. <https://doi.org/10.1177/1754073919868295>

## 2021

466. Ashar, Y.K., Clark, J., Gunning, F.M., Goldin, P., Gross, J.J., & Wager, T.D. (2021). Brain markers predicting response to cognitive-behavioral therapy for social anxiety disorder: An independent replication of Whitfield-Gabrieli et al., 2015. *Translational Psychiatry*, *11*, 260. <https://doi.org/10.1038/s41398-021-01366-y>
467. Bjureberg, J., & Gross, J.J. (2021). Regulating road rage. *Social and Personality Psychology Compass*, *15*, Article e12586. <https://doi.org/10.1111/spc3.12586>
468. Bratman, G.N., Olvera-Alvarez, H.A., & Gross, J.J. (2021). The affective benefits of nature exposure. *Social and Personality Psychology Compass*, *15*, Article e12630. <https://doi.org/10.1111/spc3.12630>
469. Bratman, G.N., Young, G., Mehta, A., Lee Babineaux, I., Daly, G.C., & Gross, J.J. (2021). Affective benefits of nature contact: The role of rumination. *Frontiers in Psychology*, *12*. <https://doi.org/10.3389/fpsyg.2021.643866>

470. Dixon, M.L., & Gross, J.J. (2021). Dynamic network organization of the self: Implications for affective experience. *Current Opinion in Behavioral Sciences*, *39*, 1–9. <https://doi.org/10.1016/j.cobeha.2020.11.004>.
471. Dukes, D., Abrams, K., Adolphs, R., Ahmed, M.E., Beatty, A., Berridge, K.C., Broomhall, S., Brosch, T., Campos J.J., Clay, Z., Clément, F., Cunningham, W.A., Damasio, A., Damasio, H., D’Arms, J., Davidson, J.W., Gelder, B., Deonna, J., Sousa R., Ekman, P., Ellsworth, P.C., Fehr E., Fischerm, A., Foolen, A., Frevert, U., Grandjean, D., Gratch, J., Greenberg, L., Greenspan, P., Gross, J.J., Halperin, E., Kappas, A., Keltner, D., Knutson, B., Konstan, D., Kret, M.E., LeDoux, J.E., Lerner, J.S., Levenson, R.W., Loewenstein, G., Manstead, A., Maroney, T.A., Moors, A., Niedenthal, P., Parkinson, B., Pavlidis, I., Pelachaud, C., Pollak S.D., Pourtois, G., Roettger-Roessler, B., Russell, J., Sauter, D., Scarantino, A., Scherer, K.R., Stearns, P., Stets, J., Tappolet, C., Teroni, F., Tsai, J., Turner, J., Reekum, C.V., Vuilleumier, P., Wharton, T., & Sander, D. (2021) The rise of affectivism. *Nature Human Behavior* *5*, 816-820. <https://doi.org/10.1038/s41562-021-01130-8>
472. English, T., Eldesouky, L., & Gross, J.J. (2021). Emotion regulation: Basic processes and individual differences. In O.P. John & R.W. Robins (Eds.), *Handbook of personality: Theory and research* (4<sup>th</sup> ed.), 523-542. New York: Guilford.
473. Everaert, J., Gross, J.J., & Uusberg, A. (2021). Appraisal dynamics: A predictive mind process model perspective. In C. Waugh & P. Kuppens (Eds.). *Affective dynamics* (pp. 19-32). Springer Nature. [https://doi.org/10.1007/978-3-030-82965-0\\_2](https://doi.org/10.1007/978-3-030-82965-0_2)
474. Goldenberg, A., Weisz, E., Sweeny, T.D., Cikara, M., & Gross, J.J. (2021). The crowd-emotion-amplification effect. *Psychological Science*, *32*, 437–450. <https://doi.org/10.1177/0956797620970561>
475. Goldin, P.R., Thurston, M., Allende, S., Moodie, C., Dixon, M.L., Heimberg, R.G., & Gross, J.J. (2021). Evaluation of cognitive behavioral therapy versus mindfulness meditation related brain changes during reappraisal and acceptance for social anxiety disorder: A randomized clinical trial. *JAMA: Psychiatry*, *78*, 1134-1142. <https://doi.org/10.1001/jamapsychiatry.2021.1862>
476. Gross, J.J. & Duckworth, A.L. (2021). Beyond willpower. *Behavioral and Brain Sciences*, *44*, e30: 25-27. <https://doi.org/10.1017/s0140525x20000722>
477. Hanley, A.W., de Vibe, M., Solhaug, I., Farb, N., Goldin, P.R., Gross, J.J., & Garland, E.L. (2021). Modeling the Mindfulness-to-Meaning theory’s mindful reappraisal hypothesis: Replication with longitudinal data from a randomized controlled study. *Stress and Health*, *37*, 778-789. <https://doi.org/10.1002/smi.3035>
478. Khan, A.J., Maguen, S., Straus, L., Neylan, T., Gross, J.J., & Cohen, B. (2021). Expressive suppression and cognitive reappraisal in veterans with PTSD: Results from the Mind Your Heart Study. *Journal of Affective Disorders*, *283*, 278-284. <https://doi.org/10.1016/j.jad.2021.02.015>
479. Kimhy, D., Tay, C., Vakhrusheva, J., Beck-Felts, K., Ospina, L.H., Ifrah, C., Parvaz, M., Gross, J.J., & Bartels, M.N. (2021). Enhancement of aerobic fitness improves social functioning in

- individuals with schizophrenia. European Archives of Psychiatry and Clinical Neuroscience, 271, 367-376. <https://doi.org/10.1007/s00406-020-01220-0>
480. Kong, J.T., You, D.S., Law, C.S.W., Darnall, B.D., Gross, J.J., Manber, R., & Mackey, S. (2021). Association between temporal summation and conditioned pain modulation in chronic low back pain: Baseline results from two clinical trials. Pain Reports, 6(4):e975. <https://doi.org/10.1097/pr9.0000000000000975>
481. Kuo, J.R., Zeifman, R.J., Morrison, A.S., Heimberg, R.G., Goldin, P.R., & Gross, J.J. (2021). The moderating effects of anger suppression and anger expression on cognitive behavioral group therapy and mindfulness-based stress reduction among individuals with social anxiety disorder. Journal of Affective Disorders, 285, 127–135. <https://doi.org/10.1016/j.jad.2021.02.022>
482. Lavi, I., Ozer, E.J., Fainsilber Katz, L., & Gross, J.J. (2021). The role of parental emotion reactivity and regulation in child maltreatment: A meta-analytic review. Clinical Psychology Review, 90, 102099, ISSN 0272-7358. <https://doi.org/10.1016/j.cpr.2021.102099>
483. Mehta, A., Niles, A.N., Vargas, J.H., Marafon, T., Couto, D.D., & Gross, J.J. (2021). Acceptability and effectiveness of Youper AI Therapy for anxiety and depression: Results of a longitudinal observational study. Journal of Medical Internet Research, 23, e26771. <https://doi.org/10.2196/26771>
484. Mikolajczak, M., Gross, J.J., & Roskam, I. (2021). Beyond job burnout: Parental burnout! Trends in Cognitive Sciences, 25, 333-336. <https://doi.org/10.1016/j.tics.2021.01.012>
485. Milkman, K.L., Gromet, D., Ho, H., Kay, J., Lee, T., Pandiloski, P., Park, Y., Rai, A., Bazerman, M., Beshears, J., Bonacorsi, L., Camerer, C., Chang, E., Chapman, G., Cialdini, R., Dai, H., Eskreis-Winkler, L., Fishbach, A., Gross, J.J., Horn, S., Hubbard, A., Jones, S.J., Karlan, D., Kautz, T., Kirgios, E., Klusowski, J., Kristal, A., Ladhania, R., Loewenstein, G., Ludwig, J., Mellers, B., Mullainathan, S., Saccardo, S., Spiess, J., Suri, G., Talloen, J.H., Taxer, J., Trope, Y., Ungar, L., Volpp, K.G., Whillans, A., Zinman, A., & Duckworth, A.L. (2021). Megastudies improve the impact of applied behavioral science. Nature, 600, 478-483. <https://doi.org/10.1038/s41586-021-04128-4>
486. O'Day, E.B., Butler, R.M., Morrison, A.S., Goldin, P.R., Gross, J.J., & Heimberg, R.G. (2021). Reductions in social anxiety during treatment predict lower levels of loneliness during follow-up among individuals with social anxiety disorder. Journal of Anxiety Disorders, 78, 102362, ISSN 0887-6185, <https://doi.org/10.1016/j.janxdis.2021.102362>.
487. O'Leary, D., Uysal, A., Rehkopf, D.H., & Gross, J.J. (2021). Subjective social status and physical health: The role of negative affect and reappraisal. Social Science & Medicine, 291, 114272. <https://doi.org/10.1016/j.socscimed.2021.114272>
488. Preece, D.A., Becerra, R., Hasking, P., McEnvoy, P.M., Boyes, M., Sauer-Zavala, S., Chen, W., & Gross, J.J. (2021). The Emotion Regulation Questionnaire: Psychometric properties and relations with affective symptoms in a United States general community sample. Journal of Affective Disorders, 284, 27-30. <https://doi.org/10.1016/j.jad.2021.01.071>
489. Preece, D.A., Becerra, R., Sauer-Zavala, S., Boyes, M., McEnvoy, P., Villanueva, C., Ibonie, S.,

- Gruber, J., Hasking, P., & Gross, J.J. (2021). Assessing emotion regulation ability for negative and positive emotions: Psychometric properties of the Perth Emotion Regulation Competency Inventory (PERCI) in United States adults. *Journal of Anxiety Disorders*, *294*, 558-567. <https://doi.org/10.1016/j.jad.2021.07.055>
490. Preece, D.A., Goldenberg, A., Becerra, R., Boyes, M., Hasking, P., & Gross, J.J. (2021). Loneliness and emotion regulation. *Personality and Individual Differences*, *180*, 110974. <https://doi.org/10.1016/j.paid.2021.110974>
491. Preece, D.A., Mehta, A., Becerra, R., Chen, W., Allan, A., Robinson, K., Boyes, M., Hasking, P., & Gross, J.J. (2021). Why is alexithymia a risk factor for affective disorder symptoms? The role of emotion regulation. *Journal of Affective Disorders*, *296*, 337-341. <https://doi.org/10.1016/j.jad.2021.09.085>
492. Quidbach, J., Dercon, Q., Taquet, M., Desseilles, M., de Montjoye, Y., & Gross, J.J. (2021). Happiness and the propensity to interact with others : Reply to Elmer (2000). *Psychological Science*, *32*, 960-965. <https://doi.org/10.1177/09567976211012673>
493. Roskam, I., Aguiar, J., Akgun, E., Arikan, G., Artavia, M., Avalosse, H., Aunola, K., Bader, M., Bahati, C., Barham, E.J., Besson, E., Beyers, W., Boujut, E., Brianda, M. -E., Brytek-Matera, A., Carbonneau, N., César, F., Bhen, B.B., Dorard, G., dos Santos Elias, L.C., Dunsmuir, S., Egorova, N., Favez, N., Fontaine, A., Foran, H., Fricke, J., Furutani, K., Gallée, L., Gannagé, M., Gaspar, M., Godbout, L., Goldenberg, A., Gross, J.J., Gurza, M.A., Hall, R., Hashmi, M.A., Hatta, O., Helmy, M., Hoang, T.V., Huynh, M.T., Kaneza, E., Kawamoto, T., Knezevic, G., Kpassagou, B.L., Lazarevic, L.B., Le Vigouroux, S., Lebert-Charron, A., Leme, V., Lin, G., MacCann, C., Manrique-Millones, D., Matias, M., Miranda-Orrego, M.I., Miscioscia, M., Morgades-Bamba, C., Mousavi, S.F., Moutassem-Mimouni, B., Muntean, A., Murphy, H., Ndayizigiye, A., Tenkue, J.N., Olderbak, S., Ornawka, S., Osman, F., Oyarce-Cadiz, D., Pérez-Díaz, P.A., Petrides, K.V., Pineda-Marin, C., Prandstetter, K., Prikhidko, A., Ricci, R.T., Salinas-Quiroz, F., Sánchez-Rodríguez, R., Sarrionandia, A., Scola, C., Sezibera, V., Silva, P., Simonelli, A., Soenens, B., Sorbring, E., Sorkkila, M., Schrooyen, C., Stănculescu, E., Starchenkova, E., Szczygiel, D., Tapia, J., Tri, T.M.T., Tremblay, M., Ustundag-Budak, A.M., Pacheco, M.V., van Bakel, H., Verhofstadt, L., Wendland, J., Yotanyamaneewong, S., & Mikolajczak, M. (2021). Parental burnout around the globe: A 42-country study. *Affective Science*, *2*, 58–79. <https://doi.org/10.1007/s42761-020-00028-4>
494. Salguero, J.M., Ramos-Cejudo, J., Garcia-Sancho, E., Arbulu, I., Zaccagnini, J.L., Bjureberg, J., & Gross, J.J. (2021). Testing the impaired disengagement hypothesis: The role of attentional control and positive metacognitive beliefs in depression. *Behaviour Research and Therapy*, *146*, 103961. <https://doi.org/10.1016/j.brat.2021.103961>
495. Sankar, A., Purves, K., Colic, L., Cox Lippard, E.T., Millard, H., Fan, S., Spencer, L., Wang, F., Pittman, B., Constable, R.T., Gross, J.J., & Blumberg, H.P. (2021). Altered frontal cortex functioning in emotion regulation and hopelessness in bipolar disorder. *Bipolar Disorders*, *23*, 152-164. <https://doi.org/10.1111/bdi.12954>
496. Talmon, A., Dixon, M.L., Goldin, P.R., Heimberg, R.G., & Gross, J.J. (2021). Neurocognitive heterogeneity in social anxiety disorder: The role of self-referential processing and childhood maltreatment. *Clinical Psychological Science*, *9*, 1045-1058. <https://doi.org/10.1177/21677026211004452>

497. Talmon, A., Ulysal, A., & Gross, J.J. (2021). Childhood maltreatment and mid-life adult sexuality: A 10-year longitudinal study. *Archives of Sexual Behavior*. <https://doi.org/10.1007/s10508-021-02030-8>
498. ten Brink, M., Lee, H.Y., Manber, R., Yeager, D.S., & Gross, J.J. (2021) Stress, sleep, and coping self-efficacy in adolescents. *Journal of Youth and Adolescence*, *50*, 485–505. <https://doi.org/10.1007/s10964-020-01337-4>
499. Wang, K., Goldenberg, A., Dorison, C.A., Miller, J.K., Uusberg, A., Lerner, J.S., Gross, J.J., & Psychological Science Accelerator (2021). A multi-country test of brief reappraisal interventions on emotions during the COVID-19 pandemic. *Nature Human Behaviour*, *5*, 1089-1110. <https://doi.org/10.31234/osf.io/m4gpg>
500. Woine, A., Mikolajczak, M., Gross, J.J., van Bakel, H., & Roskam, I. (2021). The role of cognitive appraisals in parental burnout: A preliminary analysis during the COVID-19 quarantine. *Current Psychology*. <https://doi.org/10.1007/s12144-021-02629-z>
501. Zhang, J., ten Brink, M., Kreibig, S.D., Gilam, G., Goldin, P.R., Manber, R., Mackey, S., & Gross, J.J. (2021). Individual differences in perceived sleep quality do not predict negative affect reactivity or regulation. *Biological Psychology*, *164*, 108149. <https://doi.org/10.1016/j.biopsycho.2021.108149>

## 2022

502. Albertella, L., Kirkham, R., Adler, A.B., Crampton, J., Drummond, S., Fogarty, G.J., Gross, J.J., Zaichkowsky, L., Andersen, J.P., Bartone, P.T., Boga, D., Bond, J.W., Brunye, T.T., Campbell, M.J., Ciobanu, L.G., Clark, S.R., Crane, M.R., Dietrich, A., Doty, T.J., Driskell, J.E., Fahsing, I., Fiore, S.M., Flin, R., Funke, J., Gatt, J.M., Hancock, P.A., Harper, C., Heathcote, A., Heaton, K.J., Helsen, W.F., Hussey, E.K., Jackson, R.C., Khemlani, S., Killgore, W.D.S., Kleitman, S., Lane, A.M., Loft, S., MacMahon, C., Marcora, S.M., McKenna, F.P., Meijen, C., Moulton, V., Moyle, G.M., Nalivaiko, E., O'Connor, D., O'Connor, D., Patton, D., Piccolo, M.D., Ruiz, C., Schücker, L., Smith, R.A., Smith, S.J.R., Sobrino, C., Stetz, M., Stewart, D., Taylor, P., Tucker, A.J., van Stralen, H., Vickers, J.N., Visser, T.A.W., Walker, R., Wiggins, M.W., Williams, A.M., Wong, L., Aidman, E., & Yucel, M. (2022). Building a transdisciplinary expert consensus on the cognitive drivers of performance under pressure: An international multi-panel Delphi study. *Frontiers in Psychology*, *13*, 1017675. <https://doi.org/10.3389/fpsyg.2022.1017675>
503. Baldwin, C.R., Haimovitz, K., Shankar, P., Gallop, R., Yeager, D., Gross, J.J., & Duckworth, A.L. (2022). Self-control and SAT outcomes: Evidence from two national field studies. *PLOS ONE*, *17*: e0274380. <https://doi.org/10.1371/journal.pone.0274380>
504. Behnke, M., Gross, J. J., & Kaczmarek, L. D. (2022). The role of emotions in esports performance. *Emotion*, *22*, 1059–1070. <https://doi.org/10.1037/emo0000903>
505. Behnke, M., Kreibig, S.D., Kaczmarek, L.D., Assink, M., & Gross, J.J. (2022). Autonomic nervous system activity during positive emotions: A meta-analytic review. *Emotion Review*, *14*, 132–160. <https://doi.org/10.1177/17540739211073084>
506. Bertele, N., Talmon, A., & Gross, J.J., Schmahl, C., Schmitz, M., & Niedtfeld, I. (2022). Child



- maltreatment and borderline personality disorder: The mediating role of difficulties with emotion regulation. *Journal of Personality Disorders*, *36*, 264–276.  
<https://doi.org/10.1521/pedi.2022.36.3.264>
507. Bertele, N., Talmon, A., & Gross, J.J. (2022). Childhood maltreatment and narcissism: The mediating role of dissociation. *Journal of Interpersonal Violence*, *37*, NP9525-NP9547.  
<https://doi.org/10.1177/0886260520984404>
508. Buchanan, E., Lewis, S., Paris, B., Forscher, P., Pavlacic, J., Beshears, J., Drexler, S., Gourdon-Kanhukamwe, A., Mallik, P., Silan, M., Miller, J., IJzerman, H., Moshontz, H., Beaudry, J., Suchow, J., Chartier, C., Coles, N., Sharifian, M., Todsén, A., Levitan, C., Azevedo, R., Legate, N., Heller, B., Rothman, A., Dorison, C., Gill, B., Wang, K., Rees, V., Gibbs, N., Goldenberg, A., Nguyen, T., Gross, J.J., ... & Primbs, M. (2022). PSACR: The Psychological Science Accelerator's COVID-19 Rapid-Response Dataset. *Scientific Data*.  
<https://doi.org/10.31219/osf.io/byqha>
509. Cohodes, E.M., McCauley, S., Preece, D.A., Gross, J.J., & Gee, D.G. (2022). Parental assistance with emotion regulation moderates the link between COVID-19 stress and child mental health. *Journal of Clinical Child and Adolescent Psychology*.  
<https://doi.org/10.1080/15374416.2022.2140431>
510. Cohodes, E.M., Preece, D.A., McCauley, S., Rogers, M.K., Gross, J.J., & Gee, D.G. (2022). Development and validation of the Parental Assistance with Child Emotion Regulation (PACER) Questionnaire. *Research on Child and Adolescent Psychopathology*, *50*, 133-148.  
<https://doi.org/10.1007/s10802-020-00759-9>
511. del-Valle, M.V., Andrés, M.L., Urquijo, S., Zamora, E., Mehta, A., & Gross, J.J. (2022). Argentinean adaptation and psychometric properties of the Emotion Regulation Questionnaire. *Psychological Reports*, *125*, 2733-2759.  
<https://doi.org/10.1177/00332941211021343>
512. Dixon, M.L., Moodie, C.A., Goldin, P.R., Farb, N., Heimberg, R.G., Zhang, J., & Gross, J.J. (2022). Frontoparietal and default mode network contributions to self-referential processing in social anxiety disorder. *Cognitive, Affective, and Behavioral Neuroscience*, *22*, 187-198.  
<https://doi.org/10.3758/s13415-021-00933-6>
513. Enav, Y., Hardan, A.Y., & Gross, J.J. (2022). Cognitive reappraisal training for parents of children with Autism Spectrum Disorder. *Frontiers in Psychiatry*.  
<https://doi.org/10.3389/fpsy.2022.995669>
514. Ford, B.Q., Green, D.J., & Gross, J.J. (2022). White fragility: An emotion regulation perspective. *American Psychologist*, *77*, 510-524. <https://doi.org/10.1037/amp0000968>
515. Gianaros, P.J., Rasero, J., DuPont, C.M., Kraynak, T.E., Gross, J.J., McRae, K., Wright, A.G.C., Verstynen, T.D., & Barinas-Mitchell, E. (2022). Multivariate brain activity while viewing and reappraising affective scenes does not predict the multiyear progression of preclinical atherosclerosis in otherwise healthy midlife adults. *Affective Science*, *3*, 406-424.  
<https://doi.org/10.1007/s42761-021-00098-y>
516. Goldenberg, A., Schone, J., Huang, Z., Sweeny, T.D., Ong, D.C., Brady, T.F., Robinson, M.M.,

- Levari, D., Zaki, J., & Gross, J.J. (2022). Amplification in the evaluation of emotional expressions over time. *Nature Human Behaviour*, *6*, 1408-1416. <https://doi.org/10.1038/s41562-022-01390-y>
517. Gutentag, T., John, O.P., Gross, J.J., & Tamir, M. (2022). Incremental theories of emotion across time: Temporal dynamics and correlates of change. *Emotion*, *22*, 1137-1147. <https://doi.org/10.1037/emo0000945>
518. Kaveladze, B.T., Morris, R.R., Dimitrova-Gammeltoft, R.V., Goldenberg, A., Gross, J.J., Artin, J., Sadngren, M., Thomas-Hunt, M.C. (2022). Social interactivity in live video experiences reduces loneliness. *Frontiers Digital Health*. <https://doi.org/10.3389/fdgth.2022.859849>
519. Kreibig, S.D., Samson, A.C., & Gross, J.J. (2022). Experiential, expressive, and physiological effects of positive and negative emotion regulation goals while reappraising amusing stimuli. *International Journal of Psychophysiology*, *178*, 71-89. <https://doi.org/10.1016/j.ijpsycho.2022.05.002>
520. Lin, G., Goldenberg, A., Arian, G., Brytek-Matera, A., Czepczor-Bernat, K., Manrique-Millones, D., Mikolajczak, M., Overbye, H., Roskam, I., Szczygiel, D., Ustundag-Budak, A.M., & Gross, J.J. (2022). Reappraisal, social support, and parental burnout. *British Journal of Clinical Psychology*, *61*, 1089–1102. <https://doi.org/10.1111/bjc.12380>
521. Liu, Q., Chen, W., Preece, D.A., Xu, D., Li, H., Liu, N., Fu, G., Wang, Y., Qian, Q, Gross, J.J., & Liu, L. (2022). Emotion dysregulation in adults with ADHD: The role of cognitive reappraisal and expressive suppression. *Journal of Affective Disorders*, *319*, 267-276. <https://doi.org/10.1016/j.jad.2022.09.058>
522. Mackey, S.C., Gilam, G., Darnall, B.D., Goldin, P.R., Kong, J.T., Law, C.S.W., Heirich, M., Karayannis, N.V., Kao, M.C., Tian, L., Manber, R., & Gross, J.J., (2022). Mindfulness-Based Stress Reduction, Cognitive-Behavioral Therapy, and Acupuncture in Chronic Low Back Pain: Protocol for two linked randomized controlled trials. *Journal of Medical Internet Research*, *11*(9): 37823. <https://doi.org/10.2196/37823>
523. Mancini, V.O., Heritage, B.J., Preece, D., Cohodes, E.M., Gross, J.J., Gee, D.G., & Finlay-Jones, A. (2022). How caregivers support children’s emotion regulation: Validation of the Parental Assistance with Child Emotion Regulation (PACER) Questionnaire. *Assessment*, *30*, 1040-1051. <https://doi.org/10.1177/10731911221082708>
524. Mauss, I., Sbarra, D., Curran, M., Gross, J.J., & Barnard, K. (2022). In memoriam of Emily Butler, 1963-2023. *Cognition and Emotion*, *36*, 1464-1466. <https://doi.org/10.1080/02699931.2022.2186597>
525. McRae, K., Ciesielski, B.G., Pereira, S.C., & Gross, J.J. (2022). Case study: A quantitative report of early attention, fear, disgust, and avoidance in specific phobia for buttons. *Cognitive and Behavioral Practice*, *29*, 485-493. <https://doi.org/10.1016/j.cbpra.2020.08.001>
526. Miri, P., Arora, M., Malhotra, A., Flory, R., Hu, S., Lowber, A., Goyal, I., Nguyen, J., Hegarty, J.P., Kohn, M., Schneider, D., Culbertson, H., Yamins, D.L.K., Fung, L., Hardan, A., Gross, J.J., & Marzullo, K., (2022). FAR: End-to-end vibrotactile distributed system designed to facilitate affect regulation in children diagnosed with Autism Spectrum Disorder through slow

- breathing. Proceedings of the 2022 CHI Conference on Human Factors in Computing Systems. Association for Computing Machinery, New Orleans LA, USA. <https://doi.org/10.1145/3491102.3517619>
527. Morrison, A.S., Ustun, B., Horenstein, A., Kaplan, S.C., de Oliveira, I.R., Batmaz, S., Gross, J.J., Sadikova, E., Hemanny, C., Pires, P.P., Goldin, P.R., Kessler, R.C., & Heimberg, R.G. (2022). Optimized short-forms of the Cognitive Distortions Questionnaire. Journal of Anxiety Disorders, *92*, 102624. <https://doi.org/10.1016/j.janxdis.2022.102624>
528. Morrison, A.S., Uusberg, A., Ryan, J., Goldenberg, A., Etkin, A., Gross, J.J. (2022). Assessing and improving public mental health literacy concerning rTMS. BMC Psychiatry, *22*, 249. <https://doi.org/10.1186/s12888-022-03880-9>
529. Neta, M., Harp, N.R., Tong, T.T., Clinchard, C.J., Brown, C.C., Gross, J.J., & Uusberg, A. (2022). Think again: The role of reappraisal in reducing negative valence bias. Cognition and Emotion, *37*, 238-253. <https://doi.org/10.1080/02699931.2022.2160698>
530. Ospina, L.H., Beck-Felts, K., Ifrah, C., Lister, A., Messer, S., Russo, S.J., Gross, J.J., & Kimhy, D. (2022). Inflammation and emotion regulation: Findings from the MIDUS II study. Brain, Behavior, & Immunity – Health, *26*. <https://doi.org/10.1016/j.bbih.2022.100536>
531. Ospina, L.H., Beck-Felts, K., Ifrah, C., Shagalow, S., Kogan, S., Mittal, V.A., Russo, S.J., Gross, J.J., & Kimhy, D. (2022). Relationships among inflammation, social cognition, and social functioning in schizophrenia. Schizophrenia Research, *248*, 366-367. <https://doi.org/10.1016/j.schres.2021.09.002>
532. Palmieri, A., Fernandez, K.C., Cariolato, Y., Kleinbub, J.R., Salvatore, S., & Gross, J.J. (2022). Emotion regulation in psychodynamic and cognitive-behavioural therapy: An integrative perspective. Clinical Neuropsychiatry, *19*, 103-113. <https://doi.org/10.36131/cnforitieditore20220204>
533. Parvaz, M.A., & Gross, J.J. (2022). Emotion dysregulation and opioid misuse. Biological Psychiatry, *91*, 1005-1007. <https://doi.org/10.1016/j.biopsych.2022.04.007>
534. Parvizi, J., Veit, M.J., Barboza, D.A.N., Kucyi, A., Perry, C.M., Chen, F., Yih, J., Gross, J.J., Fisher, R.S., McNab, J.A., Falco-Walter, J., Halpern, C. (2022). Complex negative emotions induced by electrical stimulation of the human hypothalamus. Brain Stimulation, *15*, 615-623. <https://doi.org/10.1016/j.brs.2022.04.008>
535. Preece, D.A., Hasking, P., Boyes, M., Clarke, P., Kiekens, G., Myin-Germeys, I., Notebaert, L., & Gross, J.J. (2022). Emotion generation and emotion regulation: The role of emotion beliefs. Journal of Affective Disorders Reports, *9*, 100351. <https://doi.org/10.1016/j.jadr.2022.100351>
536. Roquet, C.D., Theofanopoulou, N., Freeman, J.L., Schleider, J., Gross, J.J., Davis, K., Townsend, E., & Slovak, P. (2022). Exploring situation and embodied support for youth's mental health: Design opportunities for interactive tangible device. Proceedings of the 2022 CHI Conference on Human Factors in Computing Systems. Association for Computing Machinery, New Orleans LA, USA. <https://doi.org/10.1145/3491102.3502135>
537. Roskam, I., Gallée, L., Aguiar, J., Akgun, E., Arena, A., Arikan, G., Aunola, K., Bader, M.,

- Barham, E.J., Besson, E., Beyers, W., Boujut, E., Brianda, M.E., Brytek-Matera, A., Carbonneau, N., César, F., Chen, B., Dorard, G., dos Santos Elias, L.C., Dunsmuir, S., Egorova, N., Favez, N., Fontaine, A., Foran, H., Fricke, H., Furutani, K., Gannagé, M., Gaspar, M., Godbout, L., Goldenberg, A., Gross, J.J., Gurza, M.A., Hashmi, M.A., Helmy, M., Huynh, M.T., Kaneza, E., Kawamoto, T., Kellou, N., Knezevic, G., Lazarevic, L.B., Le Vigouroux, S., Lebert-Charron, A., Leme, V., Lin, G., MacCann, C., Manrique-Millones, D., Matias, M., Miranda-Orrego, M.I., Miscioscia, M., Morgades-Bamba, C., Mousavi, S.F., Moutassem-Mimouni, B., Muntean, A., Murphy, H., Ndayizigiye, A., Tenkue, J.N., Olderbak, S., Ornawka, S., Oyarce-Cadiz, D., Pérez-Díaz, P.A., Petrides, K.V., Pineda-Marin, C., Prikhidko, A., Salinas-Quiroz, F., Sánchez-Rodríguez, R., Sarrionandia, A., Scola, C., Simonelli, A., Soenens, B., Sorbring, E., Sorkkila, M., Schrooyen, C., Stănculescu, E., Starchenkova, E., Szczygiel, D., Tri, T.M.T., Tremblay, M., Ustundag-Budak, A.M., Pacheco, M.V., van Bakel, H., Verhofstadt, L., Wendland, J., Yotanyamaneewong, S., & Mikolajczak, M. (2022). Gender equality and maternal burnout: A 40-country study. *Journal of Cross-Cultural Psychology*, *53*, 157-178. <https://doi.org/10.1177/00220221211072813>
538. Sadeghi-Bahmani, D., Esmaeili, L., Mokhtari, F., Sadeghi, L., Afsharzadeh, M., Shaygannejad, V., Mirmosayyeb, O., Goldstein-Piekarski, A.N., & Gross, J.J. (2022). Effects of Acceptance and Commitment Therapy (ACT) and Mindfulness-Based Stress Reduction (MBSR) on symptoms and emotional competencies in individuals with multiple sclerosis. *Multiple Sclerosis and Related Disorders*, *67*, 104029. <https://doi.org/10.1016/j.msard.2022.104029>
539. Sikka, P., Engelbrektsson, H., Zhang, J., & Gross, J.J. (2022). Negative dream affect is associated with next-day affect level, but not with affect reactivity or affect regulation. *Frontiers in Behavioral Neuroscience*. <https://doi.org/10.3389/fnbeh.2022.981289>
540. Sikka, P., Stenberg, J., Vorobyev, V., & Gross, J.J. (2022). The neural bases of expressive suppression: A systematic review of functional neuroimaging studies. *Neuroscience and Biobehavioral Reviews*, *10*, 104708. <https://doi.org/10.1016/j.neubiorev.2022.104708>
541. Smith, W., Wadley, G., Webber, S., Tag, B., Kostakos, V., Koval, P., & Gross, J.J. (2022). Digital emotion regulation in everyday life. *Proceedings of the 2022 CHI Conference on Human Factors in Computing Systems*. Association for Computing Machinery, New Orleans, LA, USA. <https://doi.org/10.1145/3491102.3517573>
542. Suri, G., & Gross, J.J. (2022). What is an emotion? A connectionist perspective. *Emotion Review*, *14*, 99-110. <https://doi.org/10.1177/17540739221082203>
543. Suri, G., & Gross, J.J. (2022). Why a connectionist perspective on emotion is helpful. *Emotion Review*, *14*, 116-120. <https://doi.org/10.1177/17540739221089693>
544. Tan, A.J., Mancini, V., Gross, J.J., Goldenberg, A., Badcock, J.C., Lim, M.H., Becerra, R., Jackson, B., & Preece, D.A. (2022). Loneliness versus distress: A comparison of emotion regulation profiles. *Behaviour Change*, *39*, 180-190. <https://doi.org/10.1017/bec.2022.18>
545. Tang, Y., Tang, R., Posner, M.I., & Gross, J.J. (2022). Effortless training of attention and self-control: Mechanisms and applications. *Trends in Cognitive Sciences*, *26*, 567-577. <https://doi.org/10.1016/j.tics.2022.04.006>
546. ten Brink, M., Dietch, J.R., Tutek, J., Suh, S.A., Gross, J.J., & Manber, R. (2022). Sleep and

affect: A conceptual review. *Sleep Medicine Reviews*, 65, 101670.  
<https://doi.org/10.1016/j.smr.2022.101670>

547. Van Bakel, H., Bastiaansen, C., Hall, R., Schwabe, I., Verspeek, E., Gross, J.J., the International Investigation of Parental Burnout (IIPB), Mikolajczak, M., & Roskam, I. (2022). Parental burnout across the globe before and during the COVID-19 pandemic. *International Perspectives in Psychology: Research, Practice, Consultation*, 11, 141-152. <https://doi.org/10.1027/2157-3891/a000050>
548. Vertsberger, D., Roskam, I., Talmon, A., van Bakel, H., Hall, R., Mikolajczak, M., & Gross, J.J. (2022). Emotion regulation during the COVID-19 pandemic: Risk and resilience factors for parental burnout (IIPB). *Cognition and Emotion*, 36, 100-105.  
<https://doi.org/10.1080/02699931.2021.2005544>
549. Yeager, D.S., Bryan, C.J., Gross, J.J., Murray, J., Krettek, D., Santos, P., Graveling, H., Johnson, M., & Jamieson, J.P. (2022). A synergistic mindsets intervention protects adolescents from stress. *Nature*, 607, 512-520. <https://doi.org/10.1038/s41586-022-04907-7>
550. Yeager, D.S., & Gross, J.J. (2022). Online mindset training protects adolescents from stress. *Nature*. <https://doi.org/10.1038/d41586-022-01746-4>

## 2023

551. Behnke, M., Pietruch, M., Chwilkowska, P., Wessel, E., Kaczmarek, L.D., Assink, M., & Gross, J.J. (2023). The undoing effect of positive emotions: A meta-analytic review. *Emotion Review*, 15, 45–62. <https://doi.org/10.1177/17540739221104457>
552. Bertele, N., Wendling, C., Reinken, V., Gross, J.J., & Talmon, A. (2023). Somatic symptom profiles are associated with pre-treatment depression and anxiety symptom severity but not inpatient therapy outcomes. *Psychotherapy Research*, 33, 211-221.  
<https://doi.org/10.1080/10503307.2022.2090870>
553. Bjureberg, J., Ojala, O., Berg, A., Edvardsson, E., Kolbeinsson, Ö., Molander, O., Morin, E., Nordgren, L., Palme, K., Särholm, J., Wedin, L., Rück, C., Gross, J. J., Hesser, H. (2023). Targeting maladaptive anger with brief therapist-supported internet-delivered emotion regulation treatments: A randomized controlled trial. *Journal of Consulting and Clinical Psychology*, 91, 254-266. <https://doi.org/10.1037/ccp0000769>
554. Cohen, L.D., Gross, J.J., Rubinstein, O. (2023). Using reappraisal to improve outcomes for STEM teachers and students. *Journal of Cognition*, 6, 45. <https://doi.org/10.5334/joc.313>
555. Cohodes, E.M., McCauley, S., Preece, D.A., Gross, J.J., & Gee, D.G. (2023). Parents' emotion suppression exacerbates the effect of COVID-19 stress on youth internalizing symptomatology. *Emotion*, 23, 1808-1813. <https://doi.org/10.1037/emo0001174>
556. Demszky, D., Yang, D., Yeager, D.S., Bryan, C.J., Clapper, M., Chandhok, S., Eichstaedt, J.C., Hecht, C., Jamieson, J., Johnson, M., Jones, M., Krettek-Cobb, D., Lai, L., JonesMitchell, N., Ong, D.C., Dweck, C.S., Gross, J.J., & Pennebaker, J.W. (2023). Using large language models in psychology. *Nature Reviews Psychology*, 2, 688-701. <https://doi.org/10.1038/s44159-023-00241-5>

557. Ditzer, J., Wong, E.Y., Modi, R.N., Behnke, M., Gross, J.J., & Talmon, A. (2023). Child maltreatment and alexithymia: A meta-analysis. *Psychological Bulletin*, *149*, 311-329. <https://doi.org/10.1037/bul0000391>
558. Dweck, C.S., Dixon, M.L. & Gross, J.J. (2023). What is motivation, where does it come from, and how does it work? In M. Bong, S. Kim, and J. Reeve (Eds.). *Motivation science: Controversies and insights* (pp. 5-9). New York: Oxford University Press. <https://doi.org/10.1093/oso/9780197662359.003.0001>
559. Enav, Y., Knudtson, M.V., Hardan, A.Y., & Gross, J.J. (2023). Maladaptive behaviors in children with autism and parental hopelessness: The moderating role of parental reflective functioning. *Autism Research*, *16*, 106-112. <https://doi.org/10.1002/aur.2841>
560. Goldenberg, A., Abruzzo, J.M., Huang, Z., Schone, J., Bailey, D., Willer, R., Halperin, E, & Gross, J.J. (2023). Homophily and acrophily as drivers of political segregation. *Nature Human Behaviour*, *7*, 219-230. <https://doi.org/10.1038/s41562-022-01390-y>
561. Gross, J.J., Schmader, T., Hard, B.M., & Anderson, A.K. (2023). *Interactive psychology: People in perspective* (2<sup>nd</sup> ed.). New York, NY: Norton.
562. Gruber, J., Hagerty, S., Mennin, D., & Gross, J.J. (2023). Mind the gap? Emotion regulation ability and achievement in psychological disorders. *Journal of Emotion and Psychopathology*, *1*, 1-7. <https://doi.org/10.55913/joep.v1i1.22>
563. Hasking, P., Chen, N., Gray, N., Gross, J.J., & Boyes, M. (2023). “Managing Emotion:” Open label trial and waitlist controlled trial of an emotion regulation program for university students. *Journal of American College Health*. <https://doi.org/10.1080/07448481.2022.2155468>
564. Heekerens, J.B., Gross, J.J., Kreibig, S.D., Wingenfeld, K., & Roepke, S. (2023). The temporal dynamics of dissociation: Protocol for an ecological momentary assessment and laboratory study in a transdiagnostic sample. *BMC Psychology*, *11*, 178. <https://doi.org/10.1186/s40359-023-01209-z>
565. Karayannis, N.V., Smuck, M., Law, C., Mackey, S.C., Gross, J.J., Darnall, B.D., & Hush, J. (2023). Self-reported physical function is strongly related to pain behavior and pain interference and weakly related to physical capacity in people with chronic pain. *Musculoskeletal Science and Practice*, *63*, 102721. <https://doi.org/10.1016/j.msksp.2023.102721>
566. Koval, P., Kalokerinos, E.K., Greenaway, K.H., Medland, H., Kuppens, P., Nezlek, J.B., Hinton, J.D.X., & Gross, J.J. (2023). Emotion regulation in everyday life: Mapping global self-reports to daily processes. *Emotion*, *23*, 357-374. <https://doi.org/10.1037/emo0001097>
567. Kreibig, S.D., Brown, A.S., & Gross, J.J. (2023). Quantitative versus qualitative emotion regulation goals: Differential effects on emotion responses. *Psychophysiology*, *60*(12), e14387. <https://doi.org/10.1111/psyp.14387>
568. Kreibig, S.D., ten Brink, M., Mehta, A., Talmon, A., Zhang, J., Brown, A.S., Lucas-Griffin, S.S., Axelrod, A.K., Manber, R., Lavigne, G.J., & Gross, J.J. (2023). The role of emotion regulation, affect, and sleep in individuals with sleep bruxism and those without: Protocol for a

- remote longitudinal observational study. Journal of Medical Internet Research, *12*, e41719. <https://doi.org/10.2196/41719>
569. Langley, E.B., O’Leary, D.J., Gross, J.J., & Shiota, M.N. (2023). Breaking the link between negative emotion and unhealthy eating: The role of emotion regulation. Affective Science, *4*, 702-710. <https://doi.org/10.1007/s42761-023-00190-5>
570. Lin, G., Mikolajczak, M., Keller, H., Akgun, E., Arikan, G., Aunola, K., Barham, E., Besson, E., Blanchard, M. A., Brianda, M. E., Brytek-Matera, A., César, F., Chen, B.-B., Dorald, G., Dunsmuir, S., Egorova, N., Escobar, M. J., Favez, N., Fontaine, A. M., Foran, H., Gannage, M., Gaspar, M., Godbout, L., Goldenberg, A., Gross, J.J., Gurza, M.A., Hatta, O., Heeren, A., Helmy, M., Huynh, M., Kaichiro, F., Kaneza, E., Kellou, N., Kpassagou, B.L., Lazarevic, L., Le Vigouroux, S., Lebert-Charron, A., MacCann, C., Manrique-Millones, D., Medjahdi, O., Rivalles, R.B.M., Orrego, M.I.M., Miscioscia, M., Mousavi, S.F., Moutassem-Mimouni, B., Murphy, H., Ndayizigiye, A., Ngnombouowo, T.J., Olderbak, S., Ornawka, S., Oyarce Cadez, D., Perez-Diaz, P., Petrides, K., Prikhidko, A., Santelices, M., Santos Elias, L.C., Schrooyen, C., Silva, P., Simonelli, A., Sorkkila, M., Stănculescu, E., Starchenkova, E., Szczygiel, D., Tapia, J., Tremblay, M., Tri, T.M.T., Ustündağ-Budak, M., Valdes Pacheco, M., van Bakel, H., Verhofstadt, H., Wendland, J., Yotanyamaneewong, S., & Roskam, I. (2023). Parenting culture(s): Ideal-Parent beliefs across 37 countries. Journal of Cross-Cultural Psychology, *54*, 4-24. <https://doi.org/10.1177/00220221221123043>
571. Matias, M., Aguiar, J., Fontaine, A.M., Akgun, E., Arikan, G., Aunola, K., Barham, E., Beyers, W., Boujut, E., Brytek-Matera, A., Carbonneau, N., César, F., Chen, B., Dorard, G., Dunsmuir, S., Egorova, N., Elias, L., Favez, N., Foran, H., Furutani, K., Gannagé, M., Gaspar, M., Godbout, L., Gross, J.J., Hatta, O., Huynh, M., Kellou, N., Knezevic, G., Lazarevic, L., Le Vigouroux, S., Leme, V., Manrique-Millones, D., Millones Rivalles, R., Miranda-Orrego, M.I., Miscioscia, M., Morgades-Bamba, C.I., Mousavi, S., Moutassem-Mimouni, B., Muntean, A., Murphy, H., Ngnombouowo Tenkue, J., Osman, F., Oyarce Cadiz, D., Pérez-Díaz, P.A., Petrides, K., Scola, C., Simonelli, A., Soenens, B., Sorbring, E., Sorkkila, M., Stănculescu, E., Starchenkova, E., Szczygiel, D., Tremblay, M., Ustundag-Budak, A.M., van Bakel, H., Verhofstadt, L., Wendland, J., Mikolajczak, M., & Roskam, I., (2023). Profiles of parental burnout around the globe: Similarities and differences across 36 countries. Cross-Cultural Research, *57*(5), 499-538. <https://doi.org/10.1177/10693971231174551>
572. Mazidi, M., Azizi, A., Becerra, R., Gross, J.J., Zarei, M., Mirshafiei, M., & Preece, D. (2023). Cross-cultural validation and measurement invariance of the Perth Alexithymia Questionnaire: A study in Iran and the USA. Australian Psychologist, *58*(6), 432-447. <https://doi.org/10.1080/00050067.2023.2217325>
573. Mazidi, M., Zarei, M., Preece, D., Gross, J.J., Zaizi, A., & Becerra, R. (2023). Evaluating emotion regulation ability across negative and positive emotions: Psychometric properties of the Perth Emotion Regulation Competency Inventory (PERCI) in American adults and Iranian adults and adolescents. Australian Psychologist, *58*, 321-335. <https://doi.org/10.1080/00050067.2022.2157239>
574. Mroz, M., Gross, J.J., & Brytek-Maatera, A. (2023). Trait anxiety and unhealthy eating in adult women: The mediating role of cognitive instability. International Journal of Environmental Research and Public Health, *20*, 296. <https://doi.org/10.3390/ijerph20010296>

575. Murray, R.J., Kreibig, S.D., Pehrs, C., Vuilleumier, P., Gross, J.J., & Samson, A.C. (2023). Mixed emotions to social situations: An fMRI investigation. *NeuroImage*, 271, 119973. <https://doi.org/10.1016/j.neuroimage.2023.119973>
576. Olderbak, S, Uusberg, A., MacCann, C., & Gross, J.J. (2023). The Process Model of Emotion Regulation Questionnaire: Assessing individual differences in strategy stage and orientation. *Assessment*, 30, 2090-2114. <https://doi.org/10.1177/10731911221134601>
577. Oppezzo M., Neale M.A., Gross J.J., Prochaska J.J., Schwartz D.L., Aikens R.C., & Palaniappan, L. (2023) Moving outside the board room: A proof-of concept study on the impact of walking while negotiating. *PLoS ONE*, 18(3): e0282681. <https://doi.org/10.1371/journal.pone.0282681>
578. Panno, A., Theodorou, A., Massullo, C., Bratman, G.N., Imperatori, C., Carbone, G.A., & Gross, J.J. (2023). The psychological impact of the COVID-19 lockdown in Italy: The moderating role of gender and emotion regulation. *Health Care for Women International*, 44, 885-902. <https://doi.org/10.1080/07399332.2022.2083622>
579. Petrova, K., & Gross, J.J. (2023). The future of emotion regulation research: Broadening our field of view. *Affective Science*, 4, 609-616. <https://doi.org/10.1007/s42761-023-00222-0>
580. Preece, D.A., & Gross, J.J. (2023). Conceptualizing alexithymia. *Personality and Individual Differences*, 215, 112375. <https://doi.org/10.1016/j.paid.2023.112375>
581. Preece, D.A., Mehta, A., Petrova, K., Sikka, P., Bjureberg, J., Becerra, R., & Gross, J.J. (2023). Alexithymia and emotion regulation. *Journal of Affective Disorders*, 324, 232-238. <https://doi.org/10.1016/j.jad.2022.12.065>
582. Preece, D.A., Mehta, A., Petrova, K., Sikka, P., Bjureberg, J., Chen, W., Becerra, R., Allan, A., Robinson, K., & Gross, J.J. (2023). The Perth Alexithymia Questionnaire-Short Form (PAQ-S): A 6-item measure of alexithymia. *Journal of Anxiety Disorders*, 325, 493-501. <https://doi.org/10.1016/j.jad.2023.01.036>
583. Preece, D.A., Petrova, K., Mehta, A., & Gross, J.J. (2023). The Emotion Regulation Questionnaire-Short Form (ERQ-S): A 6-item measures of cognitive reappraisal and expressive suppression. *Journal of Affective Disorders*, 340, 855-861. <https://doi.org/10.1016/j.jad.2023.08.076>
584. Ranjbar, S., Mazidi, M., Gross, J.J., Preece, D., Zarei, M., Azizi, A., Mirshafiei, M., & Becerra, R. (2023). Examining the cross cultural validity and measurement invariance of the Emotion Beliefs Questionnaire (EBQ) in Iran and the USA. *Journal of Psychopathology and Behavioral Assessment*. <https://doi.org/10.1007/s10862-023-10068-2>
585. Sadeghi-Bahmani, D., Mohammadian, Y., Bahmani, L.S., Khazaie, H., Piri, N., Gross, J.J., & Motl, R.W. (2023). Change in insomnia and depressive symptoms during COVID-19: A prospective longitudinal study of Iranian women with multiple sclerosis. *Behavioral Sleep Medicine*, 21, 741-756. <https://doi.org/10.1080/15402002.2022.2157417>
586. Sadeghi-Bahmani, D., Motl, R.W., Sadeghi-Bahmani, L., Mirmosayyeb, O., Shaygannejad, V., & Gross, J.J. (2023). Emotional competencies in multiple sclerosis. *Multiple Sclerosis and*



- Related Disorders, 78, 104896. <https://doi.org/10.1016/j.msard.2023.104896>
587. Sikka, P., & Gross, J.J. (2023). Affect across the wake-sleep cycle. Affective Science, 4, 563-569. <https://doi.org/10.1007/s42761-023-00204-2>
588. Sikka, P., Revonsuo, A., & Gross, J.J. (2023). Individual differences in peace of mind reflect adaptive emotion regulation. Personality and Individual Differences, 215, 112378. <https://doi.org/10.1016/j.paid.2023.112378>
589. Slovak, P., Antle, A.N., Theofanopoulou, N., Roquet, C.D., Gross, J.J., & Isbister, K. (2023). Designing for emotion regulation interventions: An agenda for HCI theory and research. ACM Transactions on Computer-Human Interactions, 30, 1-51. <https://doi.org/10.1145/3569898>
590. Slovak, P., Ford, B., Widen, S., Roquet, C.D., Theofanopoulou, N., Gross, J.J., Hankin, B., & Klasnja, P. (2021). An in-situ, child-led intervention to promote emotion regulation competence in middle childhood: Protocol for an exploratory randomised control trial. Journal of Medical Internet Research, 10, e28914. <https://doi.org/10.2196/28914>
591. Sparkman, G., Hackel, L.M., Crosby, J.R., Gross, J.J., & Hard, B.M. (2023). Connecting introductory psychology to climate change can empower students. Teaching of Psychology. <https://doi.org/10.1177/009862832311779>
592. ten Brink, M., Yan, Y., Zhang, J., Goldstein-Piekarski, A., Krause, A.J., Kreibig, S.D., Manber, R., & Gross, J.J. (2023). Pre-sleep affect predicts subsequent REM frontal theta in a non-linear fashion. Cognitive, Affective, and Behavioral Neuroscience, 23, 306–322. <https://doi.org/10.3758/s13415-022-01051-7>
593. Troy, A.S., Willroth, E.C., Shallcross, A.J., Giuliani, N.R., Gross, J.J., & Mauss, I.M. (2023). Psychological resilience: An affect regulation perspective. Annual Review of Psychology, 74, 547-576. <https://doi.org/10.1146/annurev-psych-020122-041854>
594. Uusberg, A., Ford, B., Uusberg, H., & Gross, J.J. (2023). Reappraising reappraisal: An expanded view. Cognition and Emotion, 37, 357-370. <https://doi.org/10.1080/02699931.2023.2208340>
595. Uusberg, A., Yih, J., Taxer, J.L., Christ, N.M., Toms, T., Uusberg, H., & Gross, J.J. (2023). Appraisal shifts during reappraisal. Emotion, 23, 1985-2001. <https://doi.org/10.1037/emo0001202>
596. Vertsberger, D., Talmon, A., Ziadni, M., Kong, J.T., Darnall, B.D., Manber, R., Mackey, S., & Gross, J.J. (2023). Intensity of chronic low back pain and activity interference: A daily diary study of the moderating role of pain coping strategies. Pain Medicine, 24, 442-450. <https://doi.org/10.1093/pm/pnac151>
597. Wang, H., Buric, I., Chang, M., & Gross, J.J. (2023). Teachers' emotion regulation and related environmental, personal, instructional, and well-being factors: A meta-analysis. Social Psychology of Education, 26, 1651-1696. <https://doi.org/10.1007/s11218-023-09810-1>
598. Williams, A.J., Freed, M., Theofanopoulou, N., Roquet, C.D., Klasnja, P., Gross, J.J., Schleider, J.L., & Slovak, P. (2023). Feasibility, perceived impact, and acceptability of a socially assistive

robot to support emotion regulation with highly anxious university students: An open trial. JMIR Mental Health, 10, e46826. [https://doi.org/ 10.2196/46826](https://doi.org/10.2196/46826)

599. Zhang, J., Dixon, M.L., Goldin, P.R., Spiegel, D., & Gross, J.J. (2023). The neural separability of emotion reactivity and regulation. Affective Science, 4, 617-629. <https://doi.org/10.1007/s42761-023-00227-9>
600. Zhang, J., Kurian, A.W., Jo, B., Nouriani, B., Neri, E., Gross, J.J., & Spiegel, D. (2023). Emotion regulation and choice of bilateral mastectomy for the treatment of unilateral breast cancer. Cancer Medicine, 12, 12837-12846. <https://doi.org/10.1002/cam4.5963>
601. Zhang, J., ten Brink, M., Yan, Y., Goldstein-Piekarski, A., Krause, A.J., Manber, R., Kreibig, S., & Gross, J.J. (2023). Daytime affect and sleep EEG activity: A data-driven exploration. Journal of Sleep Research, 32. <https://doi.org/10.1111/jsr.13916>

## 2024

602. Arbulu, I., Salguero, J.M., Ramos-Cejudo, J., Bjureberg, J., & Gross, J.J. (2024). Emotion beliefs are associated with emotion regulation strategies and emotional distress. Current Psychology. <https://doi.org/10.1007/s12144-023-04633-x>
603. Becerra, R., Gainey, K., Gross, J.J., Ohan, J., & Preece, D.A. (2024). Beliefs about emotions: Latent structure and links with emotion regulation and psychopathology. Journal of Affective Disorders Reports, 100728. <https://doi.org/10.1016/j.jadr.2024.100728>
604. Behnke, M., Lakens, D., Petrova, K., Chwilkowska, P., Bialek, S.J., Kloskowski, M., Krzyzaniak, W., Maciejewski, P., Kaczmarek, L.D., Szymanski, K., Jamieson, J.P., & Gross, J.J. (2024). Applying a synergistic mindsets intervention to an Esports context. Royal Society Open Science, 11, 240691. <https://doi.org/10.1098/rsos.240691>
605. Bjureberg, J., & Gross, J.J. (2024). Changing the emotion process: The role of emotion regulation. In A. Samson, D. Sander, & U. Kramer (Eds.), Change in emotion and mental health (pp. 49-70). Cambridge, MA: Elsevier.
606. Bratman, G.N., Mehta, A., Olvera-Alvarez, H., Spink, K.M., Levy, C., White, M.P., Kubzansky, L.D., & Gross, J.J. (2024). Associations of nature contact with emotional ill-being and well-being: The role of emotion regulation. Cognition and Emotion, 38(5), 748-767. <https://doi.org/10.1080/02699931.2024.2316199>
607. Double, K.S., Pinkus, R.T., Gross, J.J., & MacCann, C. (2024). Emotion regulation efficacy beliefs: The outsized impact of base rates. Emotion, 24(1), 234-240. <https://doi.org/10.1037/emo0001273>
608. Duckworth, A.L., & Gross, J.J. (2024). Self-control. In J.J. Gross & B.Q. Ford (Eds.), Handbook of Emotion Regulation (3<sup>rd</sup> edition) (pp. 250-257). New York, NY: Guilford Press.
609. Eldesouky, L., & Gross, J.J. (2024). Using expressive writing to improve cancer caregiver and patient health: A randomized controlled feasibility trial. European Journal of Oncology Nursing, 70, 102578. <https://doi.org/10.1016/j.ejon.2024.102578>

610. Enav, Y., Knudtson, M., Goldenberg, A., & Gross, J. J. (2024). Effect of partner presence on emotion regulation during parent–child interactions. *Scientific Reports*, *14*(1), 11732. <https://doi.org/10.1038/s41598-024-60998-4>
611. Gerpheide, K., Unterschemmann, S.L., Panitz, C., Bierwirth, P., Gross, J.J., & Mueller, E.M. (2024). Unpredictable threat increases early event-related potential amplitudes and cardiac acceleration: A brain–heart coupling study. *Psychophysiology*, *61*(7), e14563. <https://doi.org/10.1111/psyp.14563>
612. Guassi Moreira, J.F., Sahi, R.S., Calderon Leon, M.D., Saragosa-Harris, N.M., Waizman, Y.H., Sedykin, A.E., Ninova, E., Peris, T.S., Gross, J.J., & Silvers, J.A. (2024). A data-driven typology of emotion regulation profiles. *Emotion*, *24*, 1125-1136. *Emotion*. <https://doi.org/10.31234/osf.io/9stvx>
613. Gross, J.J. (2024). Conceptual foundations of emotion regulation. In J.J. Gross & B.Q. Ford (Eds.). *Handbook of emotion regulation* (3<sup>rd</sup> edition) (pp. 3-12). New York, NY: Guilford Press.
614. Gross, J.J., & Ford, B.Q. (2024) (Eds.). *Handbook of emotion regulation* (3<sup>rd</sup> edition). New York, NY: Guilford Press.
615. Harp, N.R., Gross, J.J., Uusberg, A., & Neta, M. (2024). The role of trait reappraisal in response to emotional ambiguity: A systematic review and meta-analysis. *Emotion*, *24*, 935-946. <https://doi.org/10.31234/osf.io/fyjgh>
616. Johnston, T., McEvoy, P., Gross, J.J., Becerra, R., & Preece, D.A. (2024). The Emotion Beliefs Questionnaire: Psychometric properties, norms, and links to affective outcomes. *Journal of Affective Disorders*, *356*, 577-585. <https://doi.org/10.1016/j.jad.2024.04.002>
617. Johnston, T., Petrova, K., Mehta, A., Gross, J.J., McEvoy, P., & Preece, D.A. (2024). The role of emotion beliefs in depression, anxiety, and stress. *Australian Psychologist*, *59*, 367-376. <https://doi.org/10.1080/00050067.2023.2290734>
618. Karim, H.T., Lee, S., Gerlach, A., Stinley, M., Berta, R., Mahbubani, R., Tudorascu, D.L., Butters, M.A., Gross, J.J., & Andreescu, C. (2024). Hippocampal subfield volume in older adults with and without mild cognitive impairment: The effects of worry and cognitive reappraisal. *Neurobiology of Aging*, *141*, 55-65. <https://doi.org/10.1016/j.neurobiolaging.2024.02.017>
619. Kreibig, S.D., & Gross, J.J. (2024). Temporal dynamics of positive emotion regulation: Insights from facial electromyography. *Frontiers in Human Neuroscience*, *18*, 1387634. <https://doi.org/10.3389/fnhum.2024.1387634>
620. Mikolajczak, M., Gross, J.J., & Roskam, I. (2024). Parental emotion regulation, stress, and burnout. In I. Roskam, J.J. Gross, & M. Mikolajczak, (Eds.) *Emotion regulation and parenting* (pp. 116-126). Cambridge: Cambridge University Press. <https://doi.org/10.1017/9781009304368.009>
621. Morrison, A.S., Goldin, P.R., & Gross, J.J. (2024). Fear of negative and positive evaluation as mediators and moderators of treatment outcome in social anxiety disorder. *Journal of Anxiety Disorders*, *104*, 102874. <https://doi.org/10.1016/j.janxdis.2024.102874>

622. Napolitano, C.M., Duckworth, A.L., & Gross, J.J. (2024). Trait self-control: A process model perspective. *Current Opinion in Psychology*, *59*, 101858. <https://doi.org/10.1016/j.copsyc.2024.101858>
623. Petrova, K., & Gross, J.J. (2024). Emotion regulation in self and others. In I. Roskam, J.J. Gross, & M. Mikolajczak, (Eds.) *Emotion regulation and parenting* (pp. 35-54). Cambridge: Cambridge University Press. <https://doi.org/10.31234/osf.io/ckhbw>
624. Petrova, K., Zielke, J.N., Mehta, A., & Gross, J.J. (2024). Occurrent beliefs about emotions predict emotion regulation in everyday life. *Emotion*, *24*, 992-1002. <https://doi.org/10.1037/emo0001317>
625. Preece, D.A., & Gross, J.J. (2024). Defining alexithymia: The clinical relevance of cognitive behavioral versus psychoanalytic conceptualizations. *Personality and Individual Differences*, *228*, 112732. <https://doi.org/10.1016/j.paid.2024.112732>
626. Preece, D.A., Mehta, A., Petrova, K., Sikka, P., Pemberton, E., & Gross, J.J. (2024). Alexithymia profiles and depression, anxiety, and stress. *Journal of Affective Disorders*, *357*, 116-125. <https://doi.org/10.1016/j.jad.2024.02.071>
627. Preece, D.A., Petrova, K., Mehta, A., Sikka, P., & Gross, J.J. (2024). Alexithymia or general psychological distress? Discriminant validity of the Toronto Alexithymia Scale and the Perth Alexithymia Questionnaire. *Journal of Anxiety Disorders*, *352*, 140-145. <https://doi.org/10.1016/j.jad.2024.01.271>
628. Ramos-Cejudo, J., Salguero, J.M., Garcia-Sancho, E., & Gross, J.J. (2024). Emotion regulation frequency and self-efficacy: Differential associations with affective symptoms. *Behavior Therapy*, *55*(5), 1004-1014. <https://doi.org/10.1016/j.beth.2024.02.009>
629. Roskam, I., Agular, J., Akgun, E., Arena, A.F., Arikan, G., Aunola, K., Besson, E., Beyers, W., Boujut, E., Brianda, M.E., Brytek-Matera, A., Budak, A.M., Carbonneau, N., Cesar, F., Chen, B., Dorard, G., Elias, L.C.S., Dunsmuir, S., Egorova, N., Favez, N., Fontaine, A-M., Foran, H., Fricke, J., Furutani, K., Gannagé, M., Gaspar, M., Godbout, L., Goldenberg, A., Gross, J.J., ... Mikolajczak, M. (2024). Three reasons why parental burnout is more prevalent in individualistic countries: A mediation study in 36 countries. *Social Psychiatry and Psychiatric Epidemiology*, *59*, 681-694. <https://doi.org/10.1007/s00127-023-02487-z>
630. Roskam, I., Gross, J.J., & Mikolajczak, M. (Eds.) (2024). *Emotion regulation and parenting*. Cambridge: Cambridge University Press.
631. Straus, L.D., ten Brink, M., Sikka, P., Srivastava, R. Gross, J.J., & Colvonen, P.J. (2024). The role of objective sleep in implicit and explicit affect regulation: A comprehensive review. *Neurobiology of Stress*, *31*, 100655. <https://doi.org/10.1016/j.ynstr.2024.100655>
632. Sullivan, A.J., Chung, Y.S., Novotny, S., Epperson, C.N., Kober, H., Blumberg, H.P., Gross, J.J., Ochsner, K.N., Pearlson, G., Stevens, M.C. (2024). Estradiol effects on an emotional interference task in adolescents with current and remitted depression. *Hormones and Behavior*, *157*, 105450. <https://doi.org/10.1016/j.yhbeh.2023.105450>

633. Weeks, J.W., Beltzer, M., Schmidt, K.M., Olino, T.M., Goldin, P.R., Gross, J.J., Heimberg, R.G., & Zoccola, P.M. (2024). Re-assessing the assessment of fears of positive and negative evaluation: Scale development and psychometric evaluation of the Bivalent Fear of Evaluation Scale (BFOES). *Journal of Anxiety Disorders*, *105*, 102879. <https://doi.org/10.1016/j.janxdis.2024.102879>
634. Williams, A.J., Cleare, S., Borschmann, R., Tench, C., Gross, J.J., Hollis, C., Chapman-Nisar, A., Naeche, N., Townsend, E., & Slovak, P. (2024). Enhancing emotion regulation with an in-situ socially assistive robot among LGBTQ+ youth with self-harm ideation: Protocol for a randomised controlled trial. *BMJ Open*, *14*(1), e079801. <https://doi.org/10.1136/bmjopen-2023-079801>
635. Wollast, R., Preece, D.A., Schmitz, M., Bigot, A., Gross, J.J., & Luminet, O. (2024). The role of self-compassion in loneliness during the COVID-19 pandemic: A group-based trajectory modeling approach. *Cognition and Emotion*, *38*, 103-119. <https://doi.org/10.1080/02699931.2023.2270201>

### In press

636. Heckerens, J.B., Olderbak, S., Gross, J.J., Wingenfeld, K., & Roepke, S. (in press). The Process Model of Emotion Regulation Questionnaire (PMERQ): Psychometric properties and validity of a German version. *European Journal of Psychological Assessment*.
637. Kam, J.W.Y., Wan-Sai-Cheong, L., Ouellette Zuk, A.A., Mehta, A., Dixon, M.L., & Gross, J.J. (in press). A brief reappraisal intervention leads to durable affective benefits. *Emotion*. <https://doi.org/10.1037/emo0001391>
638. Mehta, A., Moeck, E.K., Preece, D.A., Koval, P., & Gross, J.J. (in press). Alexithymia and emotion regulation: The role of emotion intensity. *Affective Science*.
639. Moeck, E.K., Greenaway, K.H.M., Bianchi, V., Gross, J.J., Koval, P., Kalokerinos, E.K. (in press). Uncertainty moderates the emotional consequences of reappraisal, social sharing, and rumination in daily life. *Emotion*.
640. Pepping, N., Weinborn, M., Pestell, C.F., Preece, D.A., Malkani, M., Moore, S., Gross, J.J., & Becerra, R. (in press). Improving emotion regulation ability after brain injury: A systematic review of targeted interventions. *Neuropsychological Rehabilitation*.
641. Toh, W.X., Keh, J.S., Gross, J.J., & Carstensen, L.L. (in press). The role of executive function in cognitive reappraisal: A meta-analytic review. *Emotion*.
642. Uusberg, A., Uusberg, H., & Gross, J.J. (in press). How can emotions be regulated? In A. Scarantino (Ed.), *Emotion theory: The comprehensive Routledge guide*. New York, NY: Routledge.
643. Winterstein, S., Mazzucchelli, T.G., Gross, J.J., Krueger, R.F., & Preece, D.A. (in press). Alexithymia and personality pathology. *Journal of Personality Disorders*.

### Teaching

Psychophysiology (Psychology 124/236): Fall, 1994; Winter, 1996; Spring, 1997; Winter, 1999; Winter, 2001.

Introduction to Personality Psychology (Psychology 80): Spring, 1995; Spring, 1996; Winter, 1997.

Seminar on Emotion (Psychology 161/261): Fall, 1995; Fall, 1996; Fall, 1997; Fall, 1998; Fall, 1999; Fall, 2000; Fall, 2002; Fall, 2003; Fall, 2004; Winter, 2007; Winter, 2008; Winter, 2010.

Peters Sophomore Tutorial on Emotion (Psychology 12Q): Fall, 1996; Fall, 1997; Fall, 1998; Fall, 1999; Fall, 2000; Fall, 2001; Fall, 2002; Fall, 2003; Fall, 2004; Winter, 2007.

Introduction to Psychology (Psychology 1): Spring, 1999; Spring, 2000; Fall, 2000; Fall, 2001; Fall, 2002; Fall, 2003; Fall, 2004; Fall, 2005; Spring, 2006; Fall, 2006; Fall, 2007; Fall, 2008; Fall, 2009; Fall, 2010; Fall, 2011; Fall, 2012; Fall, 2013; Fall, 2014; Fall, 2015; Fall, 2016; Fall, 2017; Fall, 2018; Fall, 2019; Fall, 2020; Winter, 2021; Summer, 2021; Fall, 2021.

Peters Sophomore Tutorial on Emotion Regulation (Psychology 13Q): Winter, 2004.

Seminar on Emotion Regulation (Psychology 168/268): Winter, 2004; Winter, 2005; Spring, 2007; Spring, 2008; Spring, 2010; Spring, 2011; Spring, 2012; Spring, 2017; Winter, 2023.

Seminar on Affective Science (Psychology 213): Winter, 2011; Winter, 2012; Winter, 2013; Winter, 2014.

Freshman Seminar on Emotion Regulation (Psychology 13N): Spring, 2013; Spring 2016.

Human Motivation (Psychology 235, with Carol Dweck): Spring, 2014; Spring, 2016; Spring, 2019; Spring, 2023.

Seminar on Self-Fashioning (Philosophy 186A / Psychology 172, with Lanier Anderson): Spring, 2017.

Seminar on Motivation (Psychology 255): Fall, 2017.

Seminar on Emotion (Philosophy 375G / Psychology 160/260, with Chris Bobonich): Winter, 2019.

Thinking Matters: Emotion (TM 69): Spring, 2020; Summer, 2021; Spring, 2022.

Why College? (College 101, with Roy Lee): Fall, 2022.

Advanced Topics in Emotion Regulation (Psychology 292): Winter, 2024.

## **Memberships and Service**

### *Memberships*

American Association for the Advancement of Science  
American Psychological Association  
Association for Behavioral and Cognitive Therapies  
Association for Psychological Science  
Association for Research in Personality

International Society for Research on Emotion  
Society for Affective Science  
Society for Neuroscience  
Society for a Science of Clinical Psychology  
Society for the Teaching of Psychology  
Society for Personality and Social Psychology  
Society for Psychophysiological Research

*Grant Reviewing*

Israel Science Foundation (ISF); National Institute on Drug Abuse (NIDA); National Institute of Aging (NIA); National Institute of Mental Health (NIMH); National Science Foundation (NSF); National Sciences and Engineering Research Council of Canada (NSERC); Swiss National Science Foundation (FNS).

*Journal Reviewing*

*Founding Editor-in-Chief:* Affective Science, 2019-2022.

*Associate Editor:* Emotion, 2006-2010.

*Editorial Board:* Behavior Therapy; Biology of Mood and Anxiety Disorders; Borderline Personality Disorder and Emotion Regulation; Clinical Psychological Science; Cognitive, Affective, and Behavioral Neuroscience; Emotion; Frontiers in Emotion Science; Journal of Personality and Social Psychology: Personality Processes and Individual Differences; Personality and Social Psychology Bulletin; Psychological Science; Social and Personality Psychology Compass; Social, Cognitive, and Affective Neuroscience.

*Ad Hoc Reviewer:* American Journal of Psychiatry, American Psychologist, Annals of Behavioral Medicine, Annals of the New York Academy of Sciences, Archives of General Psychiatry, Australian Journal of Psychology, Behavior Therapy, Behaviour Research and Therapy, Biological Psychiatry, Brain Research, Brain Research Protocols, Cerebral Cortex, Cognition and Emotion, Cognitive, Affective, and Behavioral Neuroscience, Cognitive Therapy and Research, Current Directions in Psychological Science, Developmental Psychology, Emotion, Emotion Review, European Journal of Neuroscience, European Journal of Personality, Frontiers in Emotion Science, Health Psychology, Humor: International Journal of Humor Research, Journal of Abnormal Child Psychology, Journal of Abnormal Psychology, Journal of Behavioral Decision Making, Journal of Cognitive Neuroscience, Journal of Experimental Social Psychology, Journal of Neuroscience, Journal of Personality, Journal of Personality and Social Psychology, Journal of Psychiatric Research, Journal of Research on Adolescence, Journal of Social and Personal Relationships, Journal of the American Academy of Child and Adolescent Psychiatry, Motivation and Emotion, Neurobiology of Aging, Neuroscience, Personality and Individual Differences, Personality and Social Psychology Bulletin, Perspectives on Psychological Science, Psychological Bulletin, Psychological Review, Psychological Science, Psychology and Aging, Psychology and Health, Psychoneuroendocrinology, Psychonomic Bulletin and Review, Psychophysiology, Review of General Psychology, Science, Social Development, Trends in Cognitive Sciences.

*Committees and Offices*

Founder and Member, Emotion Research Group, 1993-2000.

Member, Faculty Search Committee in Personality, Psychology Department, Stanford University, 1995-1996.

Treasurer, International Society for Research on Emotion, 1996-2000.

Member, National Consortium on Violence Research, Working Group on Cognitive and Biological Processes in Violent Decision Making, 1997-1999.

Co-Chair, Committee on Education and Training, Society for Psychophysiological Research, 1997-2001.

Stanford Director, Co-PI, and Member of the Executive Board for the Bay Area Predoctoral Training Program in Affective Science, National Institute of Mental Health, 1998-2019.

Member, Faculty Search Committee in Cognitive Psychology, Psychology Department, Stanford University, 1998-1999; 2009-2010; 2016-2017.

Member, Faculty Search Committee in Developmental Psychology, Psychology Department, Stanford University, 1998-1999; 1999-2000.

Member, Judicial Panel, Stanford University, 1999-2001; 2021-2022.

Chair and Member, Graduate Admissions Committee, Psychology Department, Stanford University, 2000-2001; 2002-2003; 2007-2008; 2009-2010.

Member, Positive Experience Network, Positive Psychology Initiative, 2000-2002.

Member, Program Committee, Society for Psychophysiological Research, 2000; 2003.

Member, Stanford University Panel on Human Subjects in Nonmedical Research, 2001.

Director, Psychology One Program, Stanford University, 2002-2022.

Director, Psychology Summer Session, Stanford University, 2003-present.

Medical Scholars Review Committee, Stanford University, 2004-2010.

Member, APA Search Committee for editor of the journal *Emotion*, 2004-2005.

Director and Member, Undergraduate Education Committee, Psychology Department, Stanford University, 2004-2010; 2014-present.

Member, Graduate Education Committee, Psychology Department, Stanford University, 2006-2007.

Member, Faculty Search Committee in Psychiatry, Psychiatry Department, Stanford University, 2008-2009.

Chair, Health and Safety Committee, Psychology Department, Stanford University, 2009-2011.

Member, Humanities and Sciences Curriculum Committee, Stanford University, 2009-2014.

Member, Subcommittee on the Freshman Year, Study of Undergraduate Education at Stanford, 2010-2011.



Member, Subcommittee on University Honors, Stanford University, 2010-2011.

Member, Faculty Search Committee in Affective Science, Psychology Department, Stanford University, 2010-2011.

Member, Vice Provost for Undergraduate Education's Undergraduate Advisory Council, Stanford University, 2011-2013.

Member, Human Subjects Committee, Psychology Department, Stanford University, 2011-2015.

Founding President, Society for Affective Science, 2012-2014.

Member of the Executive Board, Society for Affective Science, 2012-2018.

Member, Faculty Advisory Board, Vice Provost for Teaching and Learning, Stanford University, 2018-2020.

Member, Open Science Committee, Psychology Department, Stanford University, 2018-2020.

Member, Workgroup on Transdiagnostic/Change Process Clinical Practice Guidelines, American Psychological Association, 2019-2020.

Faculty Panelist, Title IX Student Hearing Process, Stanford University, 2019-2020.

Member, Thinking Matters Governance Board, Stanford University, 2019-2021.

Member, First Year Requirements Governance Board, Stanford University, 2020-present.

Director of Undergraduate Studies, Psychology Department, Stanford University, 2021-2022.

Founding Director, Stanford Center for Affective Science, 2024-present.