

Curriculum Vitae

Ankur Bharija, M.D.

Current Position: Medical Director, Inpatient Geriatric Programs
Stanford Health Care
Clinical Assistant Professor, Geriatric Medicine
General Medicine Disciplines Division
Stanford University School of Medicine

Address: 211 Quarry Road, Suite 402
Palo Alto, CA 94304

Contact: Email: Ankur.Bharija@Gmail.com
Phone: 937-901-7411

Academic Training:

9/2011-6/2012 Advanced Fellow (Clinician-Educator Track), Geriatric and Palliative Medicine
University of Cincinnati, Cincinnati, OH
9/2010-8/2011 Fellow, Geriatric Medicine
University of Cincinnati, Cincinnati, OH
9/2009-8/2010 Fellow, Hospice and Palliative Medicine
Veterans Affairs Medical Center (VAMC) Wright State University, Dayton, OH
8/2006-7/2009 Resident, Internal Medicine
Kettering Medical Center, Wright State University, Dayton, OH
8/1998-2/2004 M.D.
Manipal University, Kasturba Medical College, Manipal, India

Employment:

10/2015-Present Medical Director, Inpatient Geriatric Programs, Stanford Health Care
Clinical Assistant Professor, Geriatric Medicine
General Medicine Disciplines Division, Stanford University School of Medicine
7/2012-7/2015 Elder Service Plan (ESP); A Program of All-Inclusive Care for the Elderly (PACE)
Associate Medical Director, ESP-Barnes PACE Site
Director, ESP-Palliative Care Services
East Boston Neighborhood Health Center, East Boston, MA
Staff Physician, Boston Medical Center, Boston, MA
Clinical Assistant Professor of Medicine, Boston University School of Medicine
5/2005-6/2006 Research Assistant, Division of Nuclear Medicine/ PET,
Kettering Medical Center, Department of Medicine, Wright State University, Dayton, OH

6/2004-1/2005 Locum Tenens Physician, Department of Emergency Medicine and Trauma,
All India Institute of Medical Sciences, New Delhi, India

Academic Appointments:

10/2015-Present Clinical Assistant Professor of Medicine
Geriatric Section, General Medicine Disciplines Division
Stanford University School of Medicine

7/2012-7/2015 Clinical Assistant Professor of Medicine
Division of Geriatrics, Boston University School of Medicine, Boston, MA

9/2010-6/2012 Clinical Instructor of Medicine
University of Cincinnati, College of Medicine, Cincinnati, OH

8/2006-8/2010 Clinical Instructor of Medicine
Wright State University, Boonshoft School of Medicine, Dayton, OH

Licenses and Certification:

2011-2021 Geriatric Medicine, American Board of Internal Medicine

2010-2020 Hospice and Palliative Medicine, American Board of Internal Medicine

2009-2019 Internal Medicine, American Board of Internal Medicine

2015-Present State Medical License: The Medical Board of California #138176

2012-2016 State Medical License: Massachusetts Board of Registration in Medicine #250500

2009-2014 State Medical License: State Medical Board of Ohio #92825

2009-Present Drug Enforcement Agency (DEA) License #FB1283908

Awards and Achievements:

01/2016 2016 Value-Based Health Care Delivery Intensive Seminar, Harvard Business School, Boston, MA. Granted course attendance scholarship.

02/2015 *"Inspiring Hospice and Palliative Medicine Leaders under 40"* Awardee, American Academy of Hospice and Palliative Medicine (AAHPM)

10/2014 *Planning Ahead: An Advance Care planning Tool for practitioners and public.* – Chaired the Massachusetts Medical Society's Task Force for this initiative.

4/2009 Helen Popaway Resident Research Competition, First Position, Kettering Medical Center, Kettering, OH

8/99-7/01 Distinction Award, Kasturba Medical College, Manipal University, Manipal, India

Professional Development Courses:

02/2015 AAHPM Leadership Forum – Ignite: Financial Decision-Making Approaches for Physician Leaders; offered in partnership with the American Association for Physician Leadership.

10/2014 Harvard T.H. Chan School of Public Health, Department of Health Policy and Management Leadership Strategies for Evolving Healthcare Physician Executives.

12/2011	Advance Care Planning Facilitator Training Course, Respecting Choices – (POLST Paradigm), Gunderson-Health system
3/2011	AMDA Foundation Futures Program for Geriatric Medicine Fellows; The Society for Post-Acute and Long-Term Care Medicine.
2/2007	Stanford University School of Medicine - Teacher's Training Course, Stanford Faculty Development Center.
7/2007, 2/2010	CITI Training for Research Certification

Major Administrative (Program Development) Roles:

10/2015-Present	Medical Director, Inpatient Geriatric Programs, Stanford Health Care Project: "Establishing an inpatient geriatrics program"
10/2012-7/2015	Director, Palliative Care Services at ESP (PACE), Elder Service Plan, EBNHC, East Boston, MA Project: "Establishing formal Palliative Care through the continuum in PACE"
9/2011-6/2012	Faculty Advisor, University of Cincinnati Physicians Palliative Care service, Maple Knoll Village, Cincinnati, OH Project: "Introduction of Palliative care service to a Continuing Care Retirement Community (CCRC)"

Professional Service Activities:

Memberships

2012-present	Massachusetts Medical Society (MMS)
2010-present	American Geriatrics Society (AGS)
2009-present	American Academy of Hospice and Palliative Medicine (AAHPM)
2006-Present	American Medical Association (AMA)
2006-2009	American College of Physicians (ACP)

Service to Professional Societies

2014-2016	Chair, External Awareness Committee, AAHPM
2014-2015	Chair, Task Force on Facilitating End-Of-Life Care Conversations, MMS
2013-2015	Member, Geriatrics Rebranding Leadership Team, AGS
2013-2015	Member, Committee on Geriatric Medicine, MMS
2012-2014	Member, External Awareness Committee, AAHPM

Service to Departmental and University Committees:

2013-2015	Chair, Palliative Care committee, Elder Service Plan, EBNHC, East Boston, MA
2013-2015	Utilization Review committee, Elder Service Plan, EBNHC, East Boston, MA
2010-2012	Transitional Care committee, The Christ Hospital, Cincinnati, OH
2007-2009	Ethics committee, Kettering Medical center, Dayton, OH

Service to Professional Publications:

2012-2013 Ad hoc referee for *Annals of Long Term Medicine*, an official publication of the American Geriatrics Society (1 paper in past 5 years)

Public Service:

2006-2009 Volunteer Physician, Good Neighbor House, Dayton, OH
The clinic offers free medical, dental and vision services to the working uninsured in the Dayton community. (1 day per month during residency)

2005-2011 Organizer, Personal-development courses and service projects in South-west Ohio, Art of Living Foundation and International Association for Human Values (International Non-profit Org.)

2004-2005 Volunteer Physician: Free medical camps in villages in North India, Art of Living Foundation (International Non-profit Org.)

2004 Volunteer Physician, Department of Emergency Medicine and Trauma, All India Institute of Medical Sciences, New Delhi, India

2000-2003 Chapter Chair, Kasturba Medical College Rotaract Club, Rotary International.
Organized Oral polio vaccination camps, free health screenings for cafeteria workers at the college.

Teaching Experience:

9/2012-7/2015 Boston University School of Medicine (BUSM), Boston, MA

- Preceptor, BUSM 4th Year Medical Students - PACE rotation. (1 student - 1 day/ week for 4 weeks; 10-12 students/ academic year)
- Formal lectures, BUSM Geriatrics, Gero-Oncology and Gero-Dental fellows. (8 fellows - 4 lectures/ academic year)

9/2010-6/2012 University of Cincinnati College of Medicine, Cincinnati, OH

- Preceptor, Internal Medicine residency clinic (6 residents - 1 half day/ week)
- Preceptor, Long-Term Care longitudinal experience, IM/FM residency programs (10 residents - 1 day/ month)
- Faculty Facilitator, Longitudinal Encounters with Alzheimer's Disease Standardized Patients (LEADS), 4th Year Medical Students and IM/FM residents (6 trainees - 3 half days/ month - Didactics, simulated patient encounters, case discussions, video review exercises)

Major Mentoring Activities:

5/2011-6/2012 Mentees: Kalpan Desai, MD and Becky McGilligan, MD, Internal Medicine Chief Residents 2011-12.
Project: Improving Transitions of Care for Hospitalized Older Adults, University of Cincinnati Chief Resident Immersion Training (CRIT)
Role: Faculty Advisor

2/2011-3/2012 Mentees: 2 FM PGY3, 2 IM PGY2, and 2 Med-Peds PGY3 residents.

University of Cincinnati Geriatric Resident Interdisciplinary Elective (GeRIE)
 Role: Program Director for the rotation - Curriculum Development

Invited Lectures, Conference Presentations and Workshops:

National

- 5/2015 "Social Media for Public & Professional Engagement"
 Audience: AGS Annual Meeting – workshop
- 5/2014 "Messaging Geriatrics: Tools for Success and How to Use Them"
 Audience: AGS Annual Meeting – workshop
- 5/2014 "Tools for Success: Hospice and Palliative Care for Geriatric Health Professionals"
 Audience: AGS Annual Meeting – workshop
- 3/2014 "Tools For Success: Care Of Older Adults With Multimorbidity In Hospice And Palliative Care"
 Audience: AAHPM Annual Assembly – workshop
- 3/2014 "Hablando Con Latinos: Goals Of Care Conversations With Latino Patients And Families"
 Audience: AAHPM Annual Assembly - concurrent session
- 11/2012 "Managing Clostridium Difficile Infection in Long-Term care" ADVANCE for Nurses,
 Audience: Nurses & Nurse Practitioners - Online Live Webinar
- 3/2010 "Innovation in transition of care from Diagnosis to End of Life in a Veteran population"
 Marvin R. Dunn Poster Session at the ACGME's Annual Education Conference, Nashville, Tennessee (Poster presentation)
- 11/2004 "Clinical parameters predicting ECG positivism for ACS in a patient presenting to ER with acute chest pain"
 Society of Emergency Medicine of India, VIth Annual Conference (Poster presentation)
- 11/2004 "Malaria: its clinical profile and mortality"
 Association of Physicians of India, Annual conference (Oral presentation)

Regional

- 5/2012 "Leading a Team Meeting – Communication Skills Workshop"
 University of Cincinnati Chief Resident Immersion Training (CRIT) – Faculty Leader
 Audience: Chief Residents (Medical and Surgical programs)
- 3/2012 "The Tough Talk – Communicating with Patients with Serious Illness"
 Council on Aging's 26th Annual Forum on Aging and Annual Meeting, Cincinnati, OH.
 Audience: Social workers, Nurses, Case managers
- 6/2011 "Breaking Bad News, Decision-Making Capacity, DNR Order Conflicts" Communication-Skills Workshop - Faculty, Interns Orientation Program, University of Cincinnati.
 Audience: Interns (Medical and Surgical programs)
- 4/2011 "Palliative Care- A Primer for the Medical Students"
 AGS chapter and Hem/Onc interest group, College of Medicine, University of Cincinnati
 Audience: 2nd and 3rd year medical students
- 3/2011 "Palliative Care- Overview and Communications workshop"
 Council on Aging's 25th Annual Forum on Aging and Annual Meeting, Cincinnati, OH
 Audience: Social workers, Nurses, Case managers
- 4/2010 "Introduction to Palliative Care- The What, Why and When?"
 Veterans Affairs Medical Center (VAMC), Dayton, OH.
 Audience: Primary Care & Sub-specialty Nurse Practitioners

Publications - Articles, Case Reports, Reviews, Chapters, and Editorials:

1. **Bharija A.** *“What Matters Most To You? Helping Patients, Families through the Final Stages of Illness”* MMS Launches Brochure to Help Patients, Families Make Advance Care Choices. Massachusetts Medical Society Vital Signs, Oct 2014
2. Scheler J, Rehani B, **Bharija A.** Plantar Fibromatosis on FDG PET/CT. Clin Nuclear Med. 2008 Apr;33(4):280-281.
3. Rehani B, Chasen RM, Dowdy Y, **Bharija A,** Mantil J. Advanced adenoma diagnosis with FDG PET in a visibly normal mucosa: a case report. J Med Case Rep 2007; 1:99.
4. Malatesha G, Singh NK, **Bharija A,** et al. Comparison of arterial and venous pH, bicarbonate, PCO₂ and PO₂ in initial emergency department assessment. Emerg Med J 2007; 24:569-71.
5. Rehani B, **Bharija A,** Dowdy Y, Mantil J. F-18 FDG uptake in progressive transformation of germinal centers. Biomed Imag Interv J. 2008; 4(1):e6
6. Goel A, Alreja G, **Bharija A,** et al. Clinical examination of pallor- relevance in a modern busy ER. J Gen Med 2005; 17:29-31

Other Creative Activities:

- | | |
|--------------|---|
| 8/2015 | Documentary Film-making, Applications in Healthcare, Digital Media Academy, Stanford University. |
| 6/2015 | “What Matters Most To You? Have Your Say” Interview about Important conversations and Palliative Care – <i>Checking In With Amy</i> https://www.youtube.com/watch?v=WdOrVhjSwmA |
| 2/2015 | Organizer, Inaugural “End of Life Conversations at Dinner” at AAHPM Assembly 2015 |
| 2014-2015 | Invited Faculty, Ariadne Labs - Harvard T.H. Chan School of Public Health. |
| 2013-present | Advisory Board Member, “The Best Care Possible” a Documentary project by Ira Byock, M.D. |
| 4/2012 | “Senior Connectivity and Healthy Aging” - Guest Speaker; Network: Telos Digital Television Network – Nationally Aired Program |
| 2010-present | Hospice and Palliative Medicine Community Chat on Twitter: #hpm - Guest Host |