

Curriculum Vitae of
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1. Biographical sketch:

Current Appointments:

Clinical Assistant Professor
Director, Ryan Residency Training Program in Family Planning
Division of Family Planning Services and Research
Department of Obstetrics and Gynecology
Stanford University School of Medicine

Attending Physician
Stanford Hospitals and Clinics
Lucile Packard Children's Hospital Stanford

Personal Data:

Place of Birth: Eugene, OR
Citizenship: USA

2. Education and Post-Graduate Training:

August 2000 - June 2004	Carleton College Bachelor of Arts in Biology, Magna Cum Laude
August 2005 - June 2009	Oregon Health & Science University Doctor of Medicine
July 2009 - June 2013	Oregon Health & Science University Resident, Obstetrics and Gynecology
July 2013 – June 2015	University of Colorado School of Medicine Fellow, Family Planning
August 2013 – May 2015	Colorado School of Public Health Master of Public Health

3. Academic Appointments:

2013-2015	Instructor Fellow in Family Planning Clinical Care and Research Department of Obstetrics and Gynecology University of Colorado School of Medicine
2015-present	Clinical Assistant Professor Department of Obstetrics and Gynecology Stanford University School of Medicine

4. Hospital and Clinical Appointments:

2011-2013 Multnomah County Corrections Health, Inverness Jail, Generalist OB/GYN
2013-2015 Medical Staff of University of Colorado Hospital, Aurora, CO
2013-2015 Medical Staff of The Children's Hospital Colorado, Aurora, CO
2015-present Medical Staff of Stanford University Medical Center, Stanford, CA
2015-present Medical Staff of Lucile Packard Children's Hospital, Stanford, CA

5. Honors, Special Recognitions and Awards:

2007-2008 The Foundation for Medical Excellence Scholar, Portland, OR
2009 The Leonard Tow Humanism in Medicine Award
Oregon Health and Science University
2011 Arnold P. Gold Foundation Gold Humanism Honor Society Invited Member
2012 Portland Society of Obstetricians and Gynecologists Resident Clinical Research
Award, OHSU OB/GYN Department Resident Research Day
2015 Medical Student Award to the Outstanding OB/GYN Fellow
University of Colorado Department of Obstetrics and Gynecology
2017 Award for outstanding resident teaching, Stanford University Department of
OB/GYN

6. Professional Organizations:

2007-present Association of Reproductive Health Professionals, Member
2009-present American College of Obstetricians and Gynecologists, Fellow
2012-present Physicians for Reproductive Health, Member
2013-present Society of Family Planning, Junior Fellow
2014-2015 Colorado Public Health Association, Member
2015-present National Abortion Federation, Member

7. Committee and Service Responsibilities:

2007-2015 Board of Directors, Community Resource Initiative
2013-2015 Board of Directors, Colorado Religious Coalition for Reproductive Choice
2016-2017 Stanford OB/GYN Departmental Care Improvement Plan Committee
2016-present Medical Students for Choice Faculty Advisor, Stanford University School of
Medicine
2017-present Stanford OB/GYN Resident Education Committee

- 2017-present Stanford OB/GYN Resident Clinical Competency Committee
- 2017-present Promoting Maternal Health and Future Birth Outcomes in the NICU Setting collaborative working group member
- 2017-present Physician Improvement Leader for Dept. of OB/GYN, Stanford Improvement Capability Development Program
- 2017-present Stanford Gynecology Professional Practice Evaluation Committee
- 2017-present Stanford Department of OB/GYN Strategic Planning Committee
- 2018-present ACOG District IX Patient Safety and Quality Improvement Committee

8. Licensure and Board Certification:

- 2011-2013 Medical License, State of Oregon
- 2013-present Medical License, State of Colorado
- 2015-present Medical License, State of California

- 2013 Written Board Examination, American Board of Obstetrics and Gynecology
- 2017 Oral Board Examination, American Board of Obstetrics and Gynecology

- 2009-present Advanced Cardiac Life Support Certification
- 2009-2015 Neonatal Resuscitation Program Certification

9. Review and Referee Work:

Manuscript reviewer:

- Obstetrics & Gynecology
- American Journal of Obstetrics & Gynecology
- Journal of Pediatric and Adolescent Gynecology
- Journal of Graduate Medical Education
- Human Reproduction
- Women's Health Issues
- Journal of Women's Health

10. Invited Extramural Lectures and Presentations:

Local

Comparison of Interventions for Pain Control with Tenaculum Placement During Office Gynecologic Procedures: A Randomized Controlled Trial. Oregon Health & Science University, Department of Obstetrics & Gynecology Resident Research Day, Portland, OR, June 2012.

Protocol Based Medicine. Oregon Health & Science University, Department of Obstetrics & Gynecology Grand Rounds. Portland, OR, April, 2013.

Comparison of the Levonorgestrel IUD and the Copper IUD Placed in the Immediate Postplacental Period: A Randomized Controlled Trial; University of Colorado Department of OB/GYN Fellows Research in Progress Series, Aurora, CO, December, 2013.

Who owns your body, who owns yourself? St. Mary's Academy High School, Englewood, CO, February 2014.

Review of contraception, adolescent decision-making, and updates in contraceptive research. University of Colorado Denver Human Development class, Denver, CO, September, 2014.

Quick Start: Are you using it? Saint Joseph Hospital OB/GYN Residency Didactic Series, Denver, CO, February, 2015.

Abortion and Contraception: Pearls for the ED. Children's Hospital of Colorado Pediatric Emergency Medicine Fellowship Didactic Series. Aurora, CO, March, 2015.

Management of Second Trimester Pregnancy Loss. University of Colorado School of Medicine, Department of Obstetrics & Gynecology Grand Rounds. Aurora, CO, March, 2015.

Expulsion of postplacental IUDs by 12 weeks postpartum: A prospective cohort study comparing levonorgestrel and copper IUDs. University of Colorado, Department of Obstetrics and Gynecology Resident and Fellow Research Day, Aurora, CO, June 2015.

International Humanitarian Surgery Skills Course: C-Section Delivery Techniques of Fetal Malposition Skills Lab instructor. Stanford, CA, February 2016.

Immediate Postpartum Long Acting Reversible Contraception: A Missed Opportunity. Stanford University School of Medicine, Department of Obstetrics & Gynecology Grand Rounds. Stanford, CA, March, 2016.

Postpartum Contraception and Preterm Birth. Stanford University March of Dimes Prematurity Research Center. Palo Alto, CA, June, 2016.

International Humanitarian Surgery Skills Course: Abortion, post-abortion care, and abortion-related sepsis. Skills Lab instructor. Stanford, CA, February 2017.

Abortion Access in 2017: A Provider Perspective. Stanford University Lawyering for Reproductive Justice lunchtime event. Invited speaker. April 2017.

Regional

Quick Start: Are you using it? American Congress of Obstetricians and Gynecologists Colorado Section Summer Educational Symposium, Vail, CO, June 2014.

Zika Symposium Panel: Family Planning Perspectives. UC Berkeley Center for Global Public Health, Berkeley, CA, October 2016.

Interpregnancy Interval, Contraception and Preterm Birth. March of Dimes California Chapter 17th Annual Conference for Health Professionals, Costa Mesa, CA, March 2017.

Lets talk about sex! Project Koru "This is Life" Workshop Series for Young Adult Survivors of Cancer. Sausalito, CA, October 2017.

National

Comparison of the Levonorgestrel IUD and the Copper IUD Placed in the Immediate Postplacental Period: A Randomized Controlled Trial. University of Utah Family Planning Conference, Salt Lake City, UT, February, 2014.

Comparison of the Levonorgestrel IUD and the Copper IUD placed in the immediate postplacental period: A Randomized Controlled Trial. Fellowship in Family Planning Annual Meeting, Chicago, IL, April, 2014.

Second Trimester Abortion. Loyola University Medical Center Obstetrics and Gynecology Residency Program TEACH II Conference, Chicago, IL, April, 2015.

Expulsion of postplacental IUDs by 12 weeks postpartum: A prospective cohort study comparing levonorgestrel and copper IUDs. Fellowship in Family Planning Annual Meeting, San Francisco, CA, May, 2015.

Second Trimester Abortion Provider Workshop. National Abortion Federation Annual Meeting, Seattle, WA, April 2018.

International

Immediate postpartum IUD, Interval IUD and Post Abortion Care Clinical Updates and Skills Training. Population Services International/Myanmar. Yangon, Myanmar, June-July 2014.

Immediate postpartum IUD Skills Training. Population Services International/Pakistan. Karachi, Pakistan, December 2015.

Immediate postpartum IUD Skills Training. Population Services International/DRC. Kinshasa, Democratic Republic of the Congo, July 2016.

Immediate postpartum IUD and Implanon-NXT Skills Training. Population Services International. Hanoi, Vietnam, October 2016.
Immediate postpartum IUD Skills Training. Population Services International. Port-au-Prince, Haiti, November 2016.
Immediate postpartum IUD and Youth Friendly Services. Population Services International. Nairobi, Kenya, July 2017.

11. Intramural Teaching:

Medical students

Professionalism and Ethics small group facilitator. MS3 OB/GYN clerkship lecture series, University of Colorado School of Medicine, July 2013, October 2013, June 2014, July 2014, September 2014, February 2015, March 2015.
Abortion. MS3 OB/GYN clerkship lecture series, University of Colorado School of Medicine, March 2014, June 2014, July 2014.
Contraception. Medical student MS3 OB/GYN Clerkship lecture series, University of Colorado School of Medicine, March 2014, June 2014.
Informed Consent and Shared Decision Making small group facilitator. MS4 lecture series, University of Colorado School of Medicine, March 2014.
IUD insertion skills lab. MS3 OB/GYN clerkship lecture series, University of Colorado School of Medicine, April 2014.
Breast and Gynecology Case Based Learning lab facilitator, MS2 Human Health and Disease Course, Stanford University, November 2015, December 2015.
Ob-Gyn Student Interest Group Surgical Skills Simulation event facilitator, Stanford University, April 2016.
Zika and Family Planning Medical Students for Choice Event, panelist and speaker, Stanford University, April 2016.
Family Planning in the News and Courts: Key Issues in Research and Advocacy, invited lecturer, Stanford University McGann Women and Health Lecture Series, November 2016.
Family Planning. Stanford OBGYN 216 - Issues in Reproductive Health. Invited lecturer. January 2017, February 2018.
Introduction to abortion shadowing experience. OB/GYN core clinical clerkship lecture. One hour every 6 weeks. 2016-present.
Postpartum Contraception. OBGYN 282: Pregnancy, Birth, and Infancy Seminar Series. April 2017 and 2018.

House officers

Syphilis in Pregnancy: Screening, Treatment, and Sequelae of Untreated Congenital Disease. OHSU MFM Department Education Conference, March 2010.
Smoking in Pregnancy: Negative outcomes and discussion of smoking cessation strategies. Legacy Emanuel Medical Center, OB/GYN Department Education Conference, Portland, OR, January 2011.
Ureteral Injury at the time of Hysterectomy. Providence St. Vincent Medical Center, OB/GYN Department Education Conference, Portland, OR, April 2011.
Oophorectomy vs Ovarian Conservation at the time of Hysterectomy. Providence St. Vincent Medical Center, OB/GYN Department Education Conference, Portland, OR, August 2011.
Intern Orientation in Surgical Skills: Interval and Immediate Postpartum IUD Insertion. PGY-1 orientation, OB/GYN Residency Program, University of Colorado School of Medicine, June 2014 and June 2015.
Ryan Program weekly didactic series: weekly one hour facilitated discussion on abortion and family planning topics. August 2016-present.
Family Planning Skills Simulation workshop. Stanford OB/GYN Didactic series. October 2017.

LEEP/Cold Knife Cone simulation workshop. Stanford OB/GYN Didactic series. November 2017.

General GYN CREOG Review. Stanford OB/GYN Didactic series. January 2018.

Abortion: Key concepts and complex questions. MFM and NICU Fellow Didactic series. March 2018.

Law and Medicine: Navigating the tangled web of policy. Stanford OB/GYN Didactic series. March 2018.

Other students

Termination options for women with fetal anomalies. Invited lecture, Stanford Genetic Counseling students. Once per quarter, March 2017 – present.

12. Consultancies

Domestic

Merck. Nexplanon trainer. 2017-present.

The LARC Program ACOG. Website toolkit clinical content consultant. 2017.

International

Population Services International (PSI). Postpartum IUD Training of the Trainers, PSI/Pakistan. December 2015.

Population Services International (PSI). External quality assurance audit, PSI/Democratic Republic of the Congo. July 2016.

Population Services International (PSI). Postpartum IUD and Implant Training of the Trainers, PSI/Vietnam. October 2016.

Population Services International (PSI). Postpartum IUD Training of the Trainers, PSI/Haiti. November 2016.

ipas. External quality assurance audit. Kenya. February 2017.

Population Services International (PSI). External quality assurance audit, PSI/Kenya. June 2017.

Population Services International (PSI). Avibela IUD Training of the Trainers, PSI/Madagascar. April 2018.

13. Grant Support:

2013-2015 Fellowship in Family Planning Clinical Care and Research, University of Colorado

2015-2017 Fellowship in Family Planning Early Career salary support grant

14. Mentorship:

Lauren Harrington, MD, OB/GYN residency mentor, 2016-present

Andrea Henkel, MD, OB/GYN residency mentor, 2016-present

Brigit Maureen Moon, Women and Medicine medical student mentor, 2016-present

15. Bibliography:

Peer-Reviewed Journals:

1. Bowers K, Lottridge J, Helliwell SB, **Goldthwaite LM**, , Stevens TH. Protein-protein interactions of ESCRT complexes in the yeast *Saccharomyces cerevisiae*. *Traffic*. 2004 Mar;5(3):194-210.
2. **Goldthwaite LM**, Baldwin MK, Page J, Micks EA, Nichols MD, Edelman AB, Bednarek PH. Comparison of interventions for pain control with tenaculum placement: a randomized clinical trial. *Contraception*. 2014 Mar;89(3):229-33.
3. **Goldthwaite LM**, Edwards L, Tocce K. Early Hysteroscopic Removal of Intrauterine Microinsert with Urologic Stone Retrieval Forceps. *Obstet Gynecol*. 2014 Aug;124 (2 Pt 2):441-4.
4. **Goldthwaite LM**, Teal SB. Controversies in family planning: pregnancy termination in women with uterine anatomic abnormalities. *Contraception*. 2014 Oct;90(4):460-3.
5. Eichengreen C, Landwehr H, **Goldthwaite L**, Tocce K. Rectal Perforation with an Intrauterine Device: A Case Report. *Contraception*. 2015 Mar;91(3):261-63.
6. **Goldthwaite L**, Tocce K. Reply to Letter to the Editor entitled: "Hematochezia caused by intrauterine device perforation". *Contraception*. 2015 May;91(5):431.
7. Blumenthal PD, **Goldthwaite LM**. Intrauterine Device Insertion During Cesarean Delivery: The Rising Tide of the Postdelivery Intrauterine Device. *Obstet Gynecol*. 2015 Jul;126(1):1-2.
8. **Goldthwaite L**, Duca L, Johnson R, Ostendorff D, Sheeder J. Adverse Birth Outcomes in Colorado: Assessing the Impact of a Statewide Initiative to Prevent Unintended Pregnancy. *Am J Public Health*. 2015 Sep;105(9):e60-6.
9. Teal SB, Romer SE, **Goldthwaite LM**, Peters M, Kaplan D, Sheeder J. Insertion Characteristics of Intrauterine Devices in Adolescents and Young Women: Success, Ancillary Measures, and Complications. *Am J Obstet Gynecol*. 2015 Oct;213(4):515.e1-5.
10. **Goldthwaite LM**, Shaw KA. Immediate postpartum provision of long-acting reversible contraception. *Curr Opin Obstet Gynecol*. 2015 Dec;27(6):460-4.
11. **Goldthwaite LM**, Sheeder J, Teal SB, Tocce KM. Comfort With Skills and Knowledge After Immediate Postpartum Intrauterine Device Training. *Obstet Gynecol*. 2016 Oct;128 Suppl 1:6S-11S.
12. **Goldthwaite LM**, **Velasquez G**. Family planning and the Zika era. *Curr Opin Obstet Gynecol*. 2016 Dec;28(6):499-503.

13. **Goldthwaite LM**, Sheeder J, Hyer J, Tocce K, Teal SB. Postplacental intrauterine device expulsion by 12 weeks: A prospective cohort study. *Am J Obstet Gynecol.* 2017 Dec;217(6):674.e1-674.e8.
14. **Goldthwaite LM**, Tocce K. Simulation training for family planning procedures. *Curr Opin Obstet Gynecol.* 2017 Dec;29(6):437-442.

Lay Media

Denver Post, Letter to the Editor, March 2015.

Posters and Oral Abstract Presentations:

1. **Goldthwaite LM**. Perceptions of Prevention: Teen opinions on loveLife; Cape Town teenagers speak out about the appeal of a South African HIV awareness campaign. Oral abstract. Undergraduate Research Conference on Global Public Health, Atlanta, GA. 2003.
2. **Goldthwaite LM**. Comparison of Interventions for Pain Control with Tenaculum Placement: A Randomized Controlled Trial. Poster presentation and oral abstract. Pacific Coast Obstetrical and Gynecological Society Annual Meeting, Newport Beach, CA. 2012.
3. **Goldthwaite LM**, Duca L, Johnson R, Ostendorf D. Long-Acting Reversible Contraceptives (LARC), Unintended Pregnancy, and Birth Outcomes: A Story of Family Planning in Colorado. Poster presentation. Public Health in the Rockies, annual meeting of the Colorado Public Health Association, Fort Collins, CO. 2014.
4. Tocce K, **Goldthwaite L**, Sheeder J, Eichengreen C, Teal S. Barriers to immediate postpartum LARC use one year after Medicaid policy change. Poster presentation. 2015 North American Forum on Family Planning, Chicago, IL. 2015.
5. Tocce K, **Goldthwaite L**, Sheeder J, Eichengreen C, Teal S. Awareness of immediate postpartum LARC coverage one year after Medicaid policy change. Poster presentation. 2015 North American Forum on Family Planning, Chicago, IL. 2015.
6. **Goldthwaite LM**, Sheeder J, Teal S, Tocce K. Impact of an Immediate Postpartum Intrauterine Device Insertion Simulation on Resident and Attending Providers. Oral abstract. 2016 CREOG & APGO Annual Meeting, New Orleans, LA.
7. **Goldthwaite LM**, Hyer J, Sheeder J, Tocce K, Teal S. Postplacental levonorgestrel and copper intrauterine device insertion after vaginal delivery and expulsion by 12 weeks postpartum: A prospective cohort study. Top 4 oral abstract. 2016 North American Forum on Family Planning, Denver, CO. 2016.