

Anisha I. Patel, MD, MSPH, MSHS

Current Position Professor, Division of General Pediatrics
Current Affiliation School of Medicine, Stanford University
Address 3145 Porter Drive, F110, Palo Alto, CA 94304
Email anipatel@stanford.edu

EDUCATION

Colleges and Universities Attended

08/93-05/97 **University of North Carolina, Chapel Hill**
B.A.
Anthropology, Chemistry
Summa Cum Laude

08/97-05/02 **University of North Carolina, Chapel Hill**
M.D.
School of Medicine

08/00-05/01 **University of North Carolina, Chapel Hill**
Gillings School of Global Public Health
M.S.P.H.
Maternal Child Health

08/06-05/08 **University of California, Los Angeles**
School of Public Health
M.S.H.S.
Health Services Research

Residency and Fellowship Training

07/02-07/05 **Stanford University**
Residency
Pediatrics

07/05-06/06 **Stanford University**
Chief Residency
Pediatrics

07/06-06/09 **University of California, Los Angeles**
Fellowship
Robert Wood Johnson Foundation Clinical Scholars Program

07/09-06/10 **University of California, San Francisco**
Health Policy Fellowship
Philip R. Lee Institute for Health Policy Studies

Licenses and Board Certification

2003	Licensure, Medical Board of California (Renewal 2021)
2005	Certification, American Board of Pediatrics (Renewal 2015)

PROFESSIONAL APPOINTMENTS

07/05-06/06	Staff Physician, Department of Pediatrics, Santa Clara Valley Medical Center
07/05-06/06	Clinical Instructor, Lucile Packard Children's Hospital, Stanford
07/06-06/09	Staff Physician, Venice Family Clinic, Santa Monica, California
07/09-06/10	Clinical Instructor, Department of Pediatrics, University of California, San Francisco
07/10-06/16	Assistant Professor, Department of Pediatrics, University of California, San Francisco
07/13-07/21	Affiliate Faculty, Philip R. Lee Institute for Health Policy Studies, University of California, San Francisco
07/16-08/17	Associate Professor, Department of Pediatrics, University of California, San Francisco
07/15-08/17	Staff Physician, Department of Pediatrics, San Francisco General Hospital
08/17-2/23	Associate Professor, Department of Pediatrics, Stanford University
03/23-present	Professor, Department of Pediatrics, Stanford University
08/17-present	Staff Physician, Gardner Packard Children's Health Center
09/18-present	Member, Diabetes Research Center, Stanford University
09/18-08/21	Arline and Pete Harman Endowed Faculty Scholar, Stanford Maternal and Child Health Research Institute
11/21-present	Courtesy Appointment, Epidemiology and Population Health
12/21-present	Affiliate Faculty, Diabetes Research for Equity through Advanced Multilevel Science Center for Diabetes Translational Research
12/21-present	Associate Dean, Research, Stanford University School of Medicine
12/21-present	Director, Community-Engaged Research, Stanford Maternal and Child Health Research Institute
12/21-present	Co-Director, Research, Office of Child Health Equity

HONORS AND AWARDS

- Phi Beta Kappa, University of North Carolina, Chapel Hill (1996)
- James Henley Evelyn Barnett Thompson Research Award, University of North Carolina, Chapel Hill (1996)
- International Fellowship Award, University of North Carolina, Chapel Hill (1998)
- Eugene Meyer Community Service Honor Society, University of North Carolina, Chapel Hill School of Medicine (2000)
- Rural Health Scholars Program, University of North Carolina, Chapel Hill School of Medicine
- Golden Apple Teaching Award, Stanford School of Medicine (2003)
- Resident Community Project Award, Anne E. Dyson Community Pediatrics Training Initiative (2005)
- Pediatric Advocacy Award, Stanford School of Medicine (2005)
- Loan Repayment Program, National Institutes of Health (2009-2013)
- Paul Young Investigator Award, Academic Pediatric Association Region IX/X (2009)
- Invited to attend Governor Schwarzenegger's Summit on Health, Nutrition, and Obesity, California Department of Public Health (2010)
- Outstanding Achievement Award in the Application of Epidemiologic Information for Child Health, American Academy of Pediatrics (2012)
- Excellence in Teaching Award, Halie T. Debas Academy of Medical Educators, University of California, San Francisco (2013)
- Delta Omega Honorary Public Health Society, University of North Carolina, Chapel Hill Gillings School of Global Public Health (2014)
- Invited to attend First Lady Michele Obama's Drink Up Announcement at the White House, Partnership for a Healthier America (2014)
- Sidney S. Chipman Award in Maternal and Child Health, University of North Carolina, Chapel Hill Gillings School of Global Public Health (2015)
- Society for Pediatric Research (2018-present)
- Stanford Leadership Development Program, Stanford School of Medicine (2019-2020)
- Nautilus "Books for a Better World" Silver Award for Published Book Half the Sugar, All the Love (2021)
- Stanford Pediatrics Clinical Science Research Award (2021)
- Alpha Omega Alpha Honor Medical Society (2021)
- Stanford Pediatric Residency Program's Honor Roll for Teaching (2021-2023)
- Philanthropy Leadership Program, Lucile Packard Foundation for Children's Health (2023-2024)
- American Pediatric Society (2023-present)
- Fellow, Executive Leadership in Academic Medicine (2024-2025)
- Recognition for Asian American Pacific Islander Month, Office of Kat Taylor (2024)

PUBLICATIONS (underlined names denote mentees)

A. Peer-Reviewed Publications (Original Research)

1. **Patel AI**, Bogart LM, Uyeda KE, Martinez H, Knizewski R, Ryan GW, Schuster MA. School site visits for community-based participatory research on healthy eating. *Am J Prev Med.* 2009 Dec; 37(6 Suppl 1):S300-6.
2. **Patel AI**, Bogart LM, Uyeda KE, Rabin A, Schuster MA. Perceptions about availability and adequacy of drinking water in a large California school district. *Prev Chronic Dis.* 2010 Mar; 7(2):A39.
3. **Patel AI**, Madsen KA, Maselli JH, Cabana MD, Stafford RS, Hersh AL. Underdiagnosis of pediatric obesity during outpatient preventive care visits. *Acad Pediatr.* 2010 Nov-Dec; 10(6):405-9.
4. **Patel AI**, Cabana MD. Encouraging healthy beverage intake in child care and school settings. *Curr Opin Pediatr.* 2010 Dec; 22(6):779-84.

5. **Patel AI**, Bogart LM, Elliott MN, Lamb S, Uyeda KE, Hawes-Dawson J, Klein DJ, Schuster MA. Increasing the availability and consumption of drinking water in middle schools: a pilot study. *Prev Chronic Dis.* 2011 May; 8(3):A60.
6. **Patel AI**, Hampton KE. Encouraging consumption of water in school and child care settings: access, challenges, and strategies for improvement. *Am J Public Health.* 2011 Aug; 101(8):1370-9.
7. Leventer-Roberts M, **Patel AI**, Trasande L. Is severity of obesity associated with diagnosis or health education practices? *Int J Obes (Lond).* 2012 Dec; 36(12):1571-7.
*Informed study design, data collection, analysis and helped write the manuscript. Provided content knowledge in the NAMCS database and literature related to obesity diagnosis and management practices in primary care.
8. Burman NJ, Cabana MD, Maselli JH, Hilton JF, **Patel AI**. Missing documentation of weight and height at preventive visits for children. *Clin Pediatr (Phila).* 2012 Oct; 51(10):933-8.
9. **Patel AI**, Chandran K, Hampton KE, Hecht K, Grumbach JM, Kimura AT, Braff-Guajardo E, Brindis CD. Observations of drinking water access in school food service areas before implementation of federal and state school water policy, California, 2011. *Prev Chronic Dis.* 2012; 9:E121.
10. Shapiro DJ, Hersh AL, Cabana MD, Sutherland SM, **Patel AI**. Hypertension screening during ambulatory pediatric visits in the United States, 2000-2009. *Pediatrics.* 2012 Oct; 130(4):604-10.
11. Beck AL, **Patel AI**, Madsen K. Trends in sugar-sweetened beverage and 100% fruit juice consumption among California children. *Acad Pediatr.* 2013 Jul-Aug; 13(4):364-70.
*Informed study design, data collection, analysis and helped write the manuscript.
12. **Patel AI**, Shapiro DJ, Wang YC, Cabana MD. Sociodemographic characteristics and beverage intake of children who drink tap water. *Am J Prev Med.* 2013 Jul; 45(1):75-82.
13. **Patel AI**, Hecht K, Hampton KE, Grumbach JM, Braff-Guajardo E, Brindis CD. Tapping into water: key considerations for achieving excellence in school drinking water access. *Am J Public Health.* 2014 Jul; 104(7):1314-9.
14. **Patel AI**, Bogart LM, Klein DJ. Middle school student attitudes about school drinking fountains and water intake. *Acad Pediatr.* 2014 Sep-Oct; 14(5):471-7.
15. England J, Linchey J, Madsen KA, **Patel AI**. Reach Out and Eat: Food and Beverages Depicted in Books for Preschoolers. *Clinical Pediatrics.* 2015 54(13):1257-1264.
16. Ritchie LD, Yoshida S, Sharma S, **Patel AI**, Homel Vitale E, Hecht K. Drinking Water in California Childcare: Before and After 2011-2012 Beverage Policy. *Preventing Chronic Disease.* 2015 Jun 4;12:E89.
*Informed study design, data collection, analysis and helped write the manuscript.
17. Young CA, Chan C, Stookey J, **Patel AI**, Evans J, Cohn K, Agana L, Yen IH, Fernandez A, Cabana MD. Development of a Tool to Evaluate Asthma Preparedness and Management in Childcare Centers. *Pediatric Allergy, Immunology and Pulmonology.* 2015 Jun 1;28(2):121-128.
*Informed study design, data collection, analysis and helped write the manuscript.
18. Grummon AH, Oliva A, Hampton KE, **Patel AI**. Association between Student Purchases of Beverages

during the School Commute and In-school Consumption of Sugar-Sweetened Beverages. Preventing Chronic Disease. 2015 Dec 12: E220.

19. Bogart LM, Babey SH, **Patel AI**, Wang P, Schuster MA. Lunchtime school water availability and water consumption among California adolescents. *J Adolesc Health*. 2016 Jan 58(1):98-103.
*Informed study design, data collection, analysis and helped write the manuscript introduction and discussion.
20. Young C, Stookey J, **Patel AI**, Chan C, Evan J, Cohn K, Agana L, Yen I, Fernandez A, Cabana MD. San Francisco child care centers' preparedness in the prevention and management of asthma among preschool-aged children. *Journal of Asthma*. 2016 Sept 53(7):691-8.
*Informed study design, data collection, analysis and helped write the manuscript.
21. **Patel AI**, Grummon A, Hampton KE, Oliva A, McCulloch CE, Brindis CD. A Trial of the Efficacy and Cost of Water Delivery Systems in Schools. *Preventing Chronic Disease*. 2016 Jul;13:160108.
22. Hecht AA, Grumbach JM, Hampton KE, Hecht K, Braff-Guajardo E, Brindis CD, McCulloch CE, **Patel AI**. Validation of a Survey to Examine Drinking Water Access, Practices, and Policies in Schools. *Public Health Nutrition*. 2017 Dec;20(17):3068-3074
23. Grummon AH, Hampton KE, Hecht AA, Oliva A, McCulloch CE, Brindis CD, **Patel AI**. Validation of a Brief Questionnaire to Assess Adolescents' In-School Beverage Consumption. *Journal of Nutrition Education and Behavior*. 2017 Dec 49(10):847-851.
24. Long MW, Gortmaker SL, **Patel AI**, Onufrak SJ, Wilking CL, Cradock AL. Public Perception of and Quality and Support for Required Access to Drinking Water in Schools and Parks. *American Journal of Health Promotion*. *Am J Health Promot*. 2018 Jan;32(1):72-74.
*Participated in the study design, informed data analysis, and helped write the manuscript.
25. **Patel AI**, Moghadam SD, Freedman M, Hazari A, Fang M, Allen I. A Systematic Review of the Association of Flavored Milk Intake and Milk and Energy Intake, and Obesity. *Preventive Medicine*. 2018 Jun;111:151-162.
26. Grummon AH, Sokol R, Hecht C, **Patel AI**. Measuring beverage consumption in US children and adolescents: a systematic review. *Obesity Reviews*. 2018 August; 19; 1017-1027.
27. Walkinshaw LP, Hecht C, **Patel AI**, Podrabsky M. Training High School Student "Citizen Scientists" to Document School Water Access: a Feasibility Study. *Journal of School Health*. 2019 June; 89 (8); 653-661.
*Participated in the study design, informed data analysis, and helped write the manuscript.
28. Tasian GE, Ross M, Song L, Audrain-McGovern J, Wiebe D, Warner SG, Henderson B, **Patel A**, Furth SL. Ecological Momentary Assessment of Factors Associated with Water Intake among Adolescents with Kidney Stone Disease. *J Urol*. 2019 Mar;201(3):606-614.
*Informed study design, data collection, analysis and helped edit the manuscript.
29. **Patel AI**, Podrabsky M, Hecht A, Morris S, Yovanovich S, Walkinshaw L, Ritchie L, Hecht C. Development and Validation of a Photo-Evidence Tool to Examine Characteristics of Effective Drinking Water Access in Schools. *Journal of School Health*. 2020 April; 90(4): 271-277.
30. Falbe J, Thompson HR, **Patel AI**, Madsen KA. Potentially Addictive Properties of Sugar Sweetened Beverages among Adolescents. *Appetite*. 2018; 133: 130–37

*Provided feedback on study design, data collection, data analysis, and reviewed/edited the manuscript.

31. Cradock AL, Poole MK, Agnew K, Flax C, Plank K, Capdarest-Arest N, **Patel AI**. A systematic review of strategies to increase drinking water access and consumption among 0- to 5-year olds. *Obesity Reviews*. 2019 Sept;20 (9): 1262-1286.
32. Lawman HG, Lofton X, Grossman S, Root M, Perez M, Tasian G, **Patel AI**. A Randomized Trial of a Multi-level Intervention to Increase Water Access and Appeal in Community Recreation Centers. *Contemporary Clinical Trials*. *Contemp Clin Trials*. 2019 Apr;79:14-20.
33. Park S, Onufrak S, **Patel AI**, Sharkey JF, Blank HM. Perceptions of Drinking Water Safety and Their Associations with Plain Water Intake among US Hispanic Adults. *Journal of Water and Health*. 2019;17 (4): 587–96.
*Provided feedback on study design, data analysis, and reviewed/edited the manuscript.
34. Grummon AH, Cabana MD, Hecht A, Alkon A, McCulloch C, Brindis C, **Patel AI**. Effects of a Multi-pronged Beverage Intervention on Young Children’s Beverage Intake and Weight. *Public Health Nutrition*. 2019; Oct;22 (15): 2856-2867.
35. Laguna MC, Hecht AA, Ponce, J, Jue T, Brindis C, **Patel AI**. Teachers as Healthy Beverage Role Models: Relationship of Student and Teacher Beverage Choices in Elementary Schools. *Journal of Community Health*. 2019 August; 45: 121–127.
36. **Patel AI**, Hecht A, Hampton K, Hecht C, Buck S. Agua4All: Providing Safe Drinking Water in Rural California Communities. *Preventing Chronic Disease*. 2019 November; 16: E151.
37. Lawman HG, Grossman S, Lofton X, Tasian G, **Patel AI**. Hydrate Philly: an Intervention to Increase Water Access and Appeal in Recreation Centers. *Preventing Chronic Disease*. 2020 February; 17: E15.
38. Cooper AY, Altman EA, Hecht CE, Bruce J, **Patel AI**. Stories of success: A qualitative examination of contributors to excellence in school drinking water access in schools. *Public Health Nutrition*. 2020 Feb 26:1-10
39. **Patel AI**, Hecht CE, Cradock AL, Edwards M, Ritchie L. Drinking Water in the United States: Implications of Water Safety, Access and Consumption. *Annual Review of Nutrition*. 2020 Sept 40: 345-373.
40. Altman EA, Lee KL, Hecht CE, Hampton KE, Moreno G, **Patel AI**. Drinking Water Access in California Schools: Before and After the Implementation of School Water Policies. *Preventive Medicine Reports*. 2020; 19:101143.
41. Beck A, Martinez S, **Patel AI**, Fernandez A. Trends in Sugar-sweetened Beverage Consumption among California Children. *Public Health Nutrition*. 2020 June 23(16): 2864-2869.
*Provided feedback on study design, data collection, data analysis, and reviewed/edited the manuscript.
42. Park S, Onufrak S, Cradock A, **Patel AI**, Hecht C, Merlo C, Blanck H. Correlates of Infrequent Plain Water Intake among US High School Students: National Youth Risk Behavior Survey, 2017. *American Journal of Health Promotion*. 2020. June 34(5):549-554.
*Provided feedback on study design, data analysis, and reviewed/edited the manuscript.
43. Moreno GD, Schmidt LA, Ritchie LD, McCulloch C, Cabana MD, Brindis CD, Green LW, Altman EA, **Patel AI**. A Cluster Randomized Controlled Trial of an Elementary School Drinking Water Access and Promotion Intervention: Rationale, Study Design, and Protocol. *Contemporary Clinical*

Trials. 2020 Dec 25;101:106255. doi: 10.1016/j.cct.2020.106255. Online ahead of print.

44. Umunna I, Blacker L, Hecht C, Edwards M, Altman E, **Patel AI**. Water Safety in California Public Schools Following Implementation of School Drinking Water Policies. *Preventing Chronic Disease*. 2020 Dec 17: E166.
45. Dang R, Schroeder AR, **Patel AI**, Parsonnet J, Wang M. Temperature Measurement at Well-Child Visits in the United States. *Journal of Pediatrics*. *J Pediatr*. 2021 May;232:237-242. doi: 10.1016/j.jpeds.2021.01.045. Epub 2021 Jan 25. PMID: 33508277.
*Provided feedback on study design, data analysis, and reviewed/edited the manuscript.
46. Rosinger A, **Patel AI**, Weaks F. Increasing Racial Disparity Gap in Tap Water Consumption Following the Flint, Michigan Water Crisis: Evidence from NHANES 2011-2018. *Public Health Nutr*. 2021 Jun 11:1-20. doi: 10.1017/S1368980021002603. Epub ahead of print. PMID: 34114536.
*Provided feedback on study design, data analysis, and reviewed/edited the manuscript.
47. Sharma P, Altman EA, Hampton KE, Moreno G, Hecht C, **Patel AI**. Strength and Comprehensiveness of Drinking Water Language in California School District Wellness Policies. *Journal of Nutrition, Education, and Behavior*. 2021 Jun 21:S1499-4046(21)00607-2. doi: 10.1016/j.jneb.2021.04.466. Epub ahead of print.
48. Jowell A, Bruce J, Escobar G, Ordonez V, Hecht C, **Patel AI**. Mitigating Childhood Food Insecurity during COVID-19: A Qualitative Study of how School Districts in California's San Joaquin Valley responded to growing needs. *Public Health Nutr*. 2021 Jul 30:1-11. doi: 10.1017/S1368980021003141. Epub ahead of print. PMID: 34325769; PMCID: PMC8367873.
49. Grummon AH, Sokol RL, Goodman D, Hecht CA, Salvia M, Musicus AA, **Patel AI**. Promoting healthy beverage intake via children's books: An online randomized experiment with parents of young children. *American Journal of Preventive Medicine*. *Am J Prev Med*. 2021 Oct 20:S0749-3797(21)00479-7. doi: 10.1016/j.amepre.2021.07.016. Epub ahead of print. PMID: 34688521.
50. Dang R, **Patel AI**, Marlow J, Wang Y, Wang ME, Schroeder AR. Frequency and Consequences of Routine Temperature Measurement at Well-Child Visits. *Pediatrics*. 2022 Jan 1;149(1):e2021053412. doi: 10.1542/peds.2021-053412. PMID: 34890449.
*Provided feedback on study design, participated in data collection, gave input on data analysis, and reviewed/edited the manuscript.
51. Park S, Onufrak S, Craddock AL, Hecht C, **Patel AI**, Chevinsky JR, Blanck HM. Factors Related to Water Filter Use for Drinking Tap Water at Home and Its Association with Consuming Plain Water and Sugar-Sweetened Beverages among U.S. Adults. *Am J Health Promot*. 2022 Jan 27:8901171211073304. doi: 10.1177/08901171211073304. Epub ahead of print. PMID: 35081754.
*Advised on study design, data analysis and reviewed and edited the manuscript.
52. Ezennia J, Schmidt LA, Blacker LS, Vargas R, McCulloch CE, **Patel AI**. Association of park drinking water source characteristics and water intake in San Francisco Bay Area parks. *H2Open Journal* 2022 February 5 (1): 61-67. doi: 10.2166/h2oj.2022.132
53. Ezennia J, Schmidt LA, Ritchie LD, Blacker L, McCulloch CE, **Patel AI**. Water Security Experiences and Water Intake Among Elementary Students at Low-Income Schools: A Cross-Sectional Study. *Acad Pediatr*. 2022 May 7:S1876-2859(22)00238-8. doi: 10.1016/j.acap.2022.04.008. Epub ahead of print. PMID: 35537674.
54. Dang R, Schroeder AR, Weng Y, Wang ME, **Patel AI**. A Cross-sectional Study Characterizing

Pediatric Temperature Percentiles in Children at Well-Child Visits. *Acad Pediatr.* 2022 Jul 29;S1876-2859(22)00365-5. doi: 10.1016/j.acap.2022.07.015. Epub ahead of print. PMID: 35914730.

55. Cohen JFW, Polacsek M, Hecht CE, Hecht K, Read M, Olarte DA, **Patel AI**, Schwartz MB, Turner L, Zuercher M, Gosliner W, Ritchie LD. Implementation of Universal School Meals during COVID-19 and beyond: Challenges and Benefits for School Meals Programs in Maine. *Nutrients.* 2022 Sep 28;14(19):4031. doi: 10.3390/nu14194031. PMID: 36235683; PMCID: PMC9571988.
*Advised on study, interpretation of results, and reviewed and edited the manuscript.
56. Park S, Onufrak SJ, Cradock AL, **Patel A**, Hecht C, Blanck HM. Perceptions of Water Safety and Tap Water Taste and Their Associations With Beverage Intake Among U.S. Adults. *Am J Health Promot.* 2023 Jan 6;8901171221150093. doi: 10.1177/08901171221150093. Epub ahead of print. PMID: 36609168.
*Advised on study, interpretation of results, and reviewed and edited the manuscript.
57. Sohlberg, TM, Higuchi EC, Ordonez VM, Escobar GV, de la Rosa A, Islas, G, Castro C, Hecht K, Hecht C, Bruce JS, **Patel AI**. Parent Perception of School Meals in the San Joaquin Valley during COVID-19: A Photovoice Project. *Nutrients.* 2023; 15(5):1087. <https://doi.org/10.3390/nu15051087>.
58. Rosenthal MD, Schmidt LA, Vargas R, Blacker LS, McCulloch CE, Ezennia J, **Patel AI**. Drink Tap: A Multisector Program to Promote Water Access and Intake in San Francisco Parks. *Prev Chronic Dis.* 2023 Aug 24;20:E74. doi: 10.5888/pcd20.230007. PMID: 37616470; PMCID: PMC10457103.
59. **Patel AI**, Schmidt LA, McCulloch CE, Blacker LS, Cabana MD, Brindis CD, Ritchie LD. Effectiveness of a School Drinking Water Promotion and Access Program for Overweight Prevention. *Pediatrics.* September 2023; 152 (3): e2022060021. 10.1542/peds.2022-060021
60. Garvey KA, Edwards MA. Blacker LS, Hecht CE, Parks JL, **Patel AI**. A Comprehensive Examination of the Contaminants in Drinking Water in Public Schools in California, 2017-2022. *Public Health Rep.* 2023 Sep 4;333549231192471. doi: 10.1177/00333549231192471. Epub ahead of print. PMID: 37667618.
61. Zuercher MD, Cohen JFW, Ohri-Vachaspati P, Hecht CA, Hecht K, Polacsek M, Olarte DA, Read M, **Patel AI**, Schwartz MB, Chapman LE, Orta-Aleman D, Ritchie LD, Gosliner W. Parent perceptions of school meals and how perceptions differ by race and ethnicity. *Health Aff Sch.* 2024 Jan 10;2(1):qxad092. doi: 10.1093/haschl/qxad092. PMID: 38756406; PMCID: PMC10986222.
62. Zuercher MD, Cohen JFW, Hecht CA, Hecht K, Orta-Aleman D, **Patel A**, Olarte DA, Chapman LE, Read M, Schwartz MB, Ritchie LD, Gosliner W. Parent Perceptions of School Meals Influence Student Participation in School Meal Programs. *J Nutr Educ Behav.* 2024 Apr;56(4):230-241. doi: 10.1016/j.jneb.2024.01.003. PMID: 38583880.
*Advised on study, interpretation of results, and reviewed and edited the manuscript.
63. Chapman LE, Gosliner W, Olarte DA, Ritchie LD, Schwartz MB, Polacsek M, Hecht CE, Hecht K, Turner L, **Patel AI**, Zuercher MD, Read M, Daly TP, Cohen JF. Universal School Meals During the Pandemic: A Mixed Methods Analysis of Parent Perceptions from California and Maine. *J Acad Nutr Diet.* 2024 May 10;S2212-2672(24)00217-X. doi: 10.1016/j.jand.2024.05.005. Epub ahead of print. PMID: 38735530.
*Advised on study, interpretation of results, and reviewed and edited the manuscript.
64. Zuercher MD, Orta-Aleman D, Cohen JFW, Hecht CA, Hecht K, Polacsek M, **Patel AI**, Ritchie LD, Gosliner W. The Benefits and Challenges of Providing School Meals during the First Year of California's Universal School Meal Policy as Reported by School Foodservice Professionals. *Nutrients.* 2024 Jun 8;16(12):1812. doi: 10.3390/nu16121812. PMID: 38931167; PMCID: PMC11206622.

*Advised on study, interpretation of results, and reviewed and edited the manuscript.

65. **Dang R, Patel AI**, Weng Y, Schroeder AR, Aby J, Frymoyer A. Management and Clinical Outcomes of Neonatal Hypothermia in the Newborn Nursery. *Hosp Pediatr*. 2024 Sep 1;14(9):740-748. doi: 10.1542/hpeds.2023-007699. PMID: 39139145.

*Advised on study, interpretation of results, and reviewed and edited the manuscript.

66. **Panda P**, Deng Y, Fang A, Ward V, Wang E, Newberry J, Mathur M, **Patel A**. Increased Emergency Department Identification of Young People Experiencing Trafficking During the COVID-19 Pandemic: An Interrupted Time-Series Analysis. *Public Health Rep*. 2024 Sep 29;333549241279662. doi: 10.1177/00333549241279662. Epub ahead of print. PMID: 39344051.

67. Cohen JF, Chapman LE, Olarte DA, Hecht CA, Hecht K, Minc L, Ohri-Vachaspati P, Orta-Aleman D, **Patel AI**, Polacsek M, Ritchie LD, Zuercher MD, Gosliner W. Perceived impact of a state-level universal free school meal policy on households with varying income levels: An analysis of parental perspectives. *J Acad Nutr Diet*. 2024 Oct 7:S2212-2672(24)00871-2. doi: 10.1016/j.jand.2024.10.001. Epub ahead of print. PMID: 39383945.

*Advised on study, interpretation of results, and reviewed and edited the manuscript.

B. Peer-Reviewed Publications (Other)

Invited Commentary

1. **Patel AI**, Ritchie L. Striving for meaningful policies to reduce sugar-sweetened beverage intake among young children. *Pediatrics*. 2013 Sep; 132(3):566-8. PMID: 23918894
2. **Patel AI**, Brindis CD. Maximizing School Policies to Reduce Youth Consumption of Sugar Sweetened Beverages. *Journal of Adolescent Health*. 2016 Jul; 59(1):1-2.
3. **Patel AI**, Schmidt LA. Water Access in the United States: Health Disparities Abound and Solutions are urgently Needed. *American Journal of Public Health*. 2017 Sep; 107(9):1354-1356.
4. **Patel AI**, Schmidt LA. Healthy beverage initiatives in higher education: An untapped strategy for health promotion. *Public Health Nutrition* 2021 Jan;24(1):136-138.
5. Wallerstein, N, Sanchez-Youngman, S, Dickson, E, Adsul, P, Muhammad, M, Akintobi, TH, Holliday, R, Hoffman, L, Grant, H, Kottke, M., Rosas, LG, **Patel, A**, Espinosa, PR, Duron, Y, Gay, S, Mendoza, JA, Briant, K, Ceballos, R, Carosso, E, Mapes, D, Hempstead, B, & Nguyen, T(2023). The Power of Community in “Engage for Equity PLUS” for Strengthening Equity-Centered Patient and Community-Engaged Research in Academic Health Centers. *Metropolitan Universities*, 34(5), 124-136. DOI: 10.18060/27595

Author-initiated Commentary

1. Dooley D, **Patel AI**, Schmidt LA. "Chocolate Milk in Schools" Response Letter to Snacks, Sweetened Beverages, Added Sugars, and Schools: Council on School Health, Committee on Nutrition. *Pediatrics*, 2015 March 135(3): 575-583.
*Participated in literature review, conceptualization, and editing of this letter.
2. **Patel AI**, Sanchez-Vaznaugh E, Woodward-Lopez G. The Importance of Body Mass Index Assessment and Surveillance in Schools. *JAMA Pediatrics*. 2021 Jun 1;175(6):645. doi: 10.1001/jamapediatrics.2021.0016.

C. **Book Chapters**

1. **AI**, Hampton KE, Braff-Guajardo, Hecht K. Drinking Water in Schools. Encyclopedia of School Health. San Marcos, Texas: Sage Publications; 2013.
2. Schmidt LA, **Patel AI**, Brindis CD, Lustig RH. Toward Evidence-Based Policies for Reduction of Dietary Sugars Lessons from the Alcohol Experience. Dietary Sugars and Health. Boca Raton, Florida: Taylor & Francis Group. 2015.
3. **Patel AI**, Crawford P. Consuming calories and creating cavities: beverages NZ children associate with sport [commentary]. Year Book of Pediatrics. Philadelphia, PA: Elsevier; 2015.
4. **Patel AI**, Edwards M. Elevated Blood Lead Levels in Children Associated with the Flint Drinking Water Crisis: A Spatial Analysis of Risk and Public Health Response [commentary]. Year Book of Pediatrics. Philadelphia, PA: Elsevier; 2015.

D. **Books**

1. Tyler Lee J, **Patel AI**. Half the Sugar, All the Love. Workman Publishing. December 24, 2019.

E. **Digital Publications (Policy Briefs and Toolkits)**

1. Ritchie L, Rausa J, **Patel AI**, Braff-Guajardo E, Hecht K. Providing Water With Meals is Not a Concern for Young Children. Summary of the Literature & Best Practice Recommendations. (2012). Retrieved from: http://cfpa.net/ChildNutrition/ChildNutrition_CFPAPublications/WaterWithMealsYoungChildren-2012.pdf.
2. Braff-Guajardo, E., Hecht, K, Hampton, KE, Brindis, CD, Grumbach, JM, **Patel, AI**. Policy Brief: Fulfilling the Promise of Free Water in K-12 Schools. (2012). Retrieved from: <http://waterinschools.org/pdfs/FulfillingThePromiseOfFreeWater2012.pdf>
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5. Hecht AA, Buck S, **Patel AI**. Water First: A Toolkit to Promoting Water Intake in Community Settings. (2016). Retrieved from waterinschools.org/water-first-toolkit.
6. Lee K, Hecht C, Hampton K, **Patel AI**. What's Next For Drinking Water Access in California Schools? A Policy Brief. (2018). Retrieved from: <https://nourishca.org/publications/brief/water-in-schools-2018/>
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8. Hecht K, Hecht C, **Patel AI**. Kids Hunger Doesn't Take a Spring Break. (2020). Retrieved from <https://nopren.org/articles/kids-hunger-doesnt-take-a-spring-break/>
9. UC Nutrition Policy Institute, Dolores Huerta Foundation, Cultiva la Salud, Stanford Pediatrics. Parent Voices: School Meals for All. (2021). Retrieved from: <https://ucanr.edu/sites/NewNutritionPolicyInstitute/files/349378.pdf>
10. UC Nutrition Policy Institute, Dolores Huerta Foundation, Cultiva la Salud, Stanford Pediatrics. Parent Voices: Local Foods for School Meals. (2021) Retrieved from: <https://ucanr.edu/sites/NewNutritionPolicyInstitute/files/349384.pdf>
11. UC Nutrition Policy Institute, Dolores Huerta Foundation, Cultiva la Salud, Stanford Pediatrics. Parent Voices: Summer EBT. (2021) Retrieved from: <https://ucanr.edu/sites/NewNutritionPolicyInstitute/files/349379.pdf>
12. Nutrition Policy Institute, Dolores Huerta Foundation, Cultiva la Salud, Stanford Pediatrics. Parent Voices: Kids are Sweeter with Less Sugar. (2021) Retrieved from: <https://ucanr.edu/sites/NewNutritionPolicyInstitute/files/348508.pdf>
13. Turn On the Tap! School drinking water access during COVID-19 pandemic and beyond. CDC Nutrition Obesity Policy & Research Evaluation Network. Retrieved from: <https://nopren.ucsf.edu/drinking-water>.
14. Kumar W, Patel AI, Hecht, CE. Turn On the Tap! School drinking water access during COVID-19 pandemic and beyond. California School Boards Association.(2022) Retrieved from: blog.csba.org/school-water/.
15. Pedroza-Tobias A, Tyes J, Cortes B, Hecht C, Hecht K, Castro C, Islas G, Ordonez VM, Blacker L, Patel A. School meals are high in added sugar. San Joaquin Valley Child Nutrition Alliance. (2022) Retrieved from: <https://researchinchildhealth.org/resources>.
16. UC Nutrition Policy Institute, Dolores Huerta Foundation, Cultiva la Salud, Stanford Pediatrics. Promoting School Meals in the San Joaquin Valley. (2023) Retrieved from: <https://researchinchildhealth.org/school-meal-factsheets>.

F. Other Creative Products

1. Commissioned Andy Z, a local singer/songwriter to create a music video for a child care-based healthy beverage intervention. <https://www.youtube.com/watch?v=QrWquDo7TzE>
2. Helped create an educational video "Share the Love, Share the Water" in English/Spanish to encourage families to drink water instead of sugary drinks. <https://www.youtube.com/watch?v=aJjDoKIN7Lw>
3. Helped create an Oral Health version of the educational video "Share the Love, Share the Water" in English/Spanish to encourage families to drink water instead of sugary drinks. https://www.youtube.com/watch?time_continue=1&v=5T8uHV9z90
4. Commissioned Jennifer Tyler Lee, an award-winning author, game creator, and food advocate to create a video to help families create fruit and veggie flavored waters. <https://pediatrics.ucsf.edu/news/fruit-water>.
5. Worked with the Bigger Picture to create a video about the health and environmental impacts of bottled water. https://www.youtube.com/watch?v=RjW9_r6OfiE&feature=emb_titl

6. Worked with Tremendousness Collective to develop a video abstract in English and Spanish describing findings from R01-funded Water First study. https://www.youtube.com/watch?v=8m_QBpdHnfA

G. Selected Media Coverage

1. Mom's Rising Blog. Our Children Must Have Plenty of Clean Water to Drink at School. <http://www.momsrising.org/blog/author/anisha-patel/>. June 18, 2011.
2. San Francisco Examiner. Many SF school cafeterias parched as tap water deadline looms. <http://www.sfexaminer.com/local/2011/07/many-sf-school-cafeterias-parched-tap-water-deadline-looms#ixzz1RGOFMdQ8> July 3, 2011.
3. National Geographic. You Can Lead a Kid to Water. <http://newswatch.nationalgeographic.com/2011/06/27/you-can-lead-a-kid-to-water/>. June 27, 2011.
4. San Francisco Chronicle (SF Gate). Schools missing mark on drinking water. <http://www.sfgate.com/health/article/Schools-missing-mark-on-drinking-water-3987171.php#ixzz2AoJCiCV4>. October 27, 2012.
5. Fox News. Pediatricians may skip kids' blood pressure checks. <http://www.foxnews.com/health/2012/09/19/pediatricians-may-skip-kids-blood-pressure-checks/>. September 19, 2012.
6. Atlantic Wire. Yes, the NIH spent \$30,000 to study why fat Latino kids drink soda. <http://www.theatlanticwire.com/national/2013/03/nih-study-obese-latino-kids-soda-water/63560/>. March 26, 2013.
7. KTVU2. Doctors recommend limiting juice consumption for kids. <http://www.ktvu.com/news/news/special-reports/doctors-recommend-limiting-juice-consumption-kids/nXkBx/>. May 7, 2013.
8. KQED. Drink up: Schools must provide more water during meals. <http://blogs.kqed.org/stateofhealth/2013/07/12/drink-up-schools-must-provide-more-water-during-meals/>. July 12, 2013.
9. CNN. Kids who drink soda, juice, weigh more. <http://thechart.blogs.cnn.com/2013/08/05/study-kids-who-drink-soda-sugary-juice-weigh-more/>. August 5, 2013.
10. City Lab. In California's Poorest Towns, Tap Water's Legacy is Toxic for Latinos. <http://www.citylab.com/cityfixer/2015/01/in-californias-poorest-towns-tap-waters-legacy-is-toxic-for-latinos/384482/>. January 14, 2015.
11. CNN. Your Kids Probably Aren't Drinking Enough of This. <http://www.cnn.com/2015/06/15/health/kids-teens-water-dehydration-summer/>. June 15, 2015.
12. San Francisco Chronicle. Refill stations make water the drink of choice in S.F. <http://www.sfchronicle.com/bayarea/article/Refill-stations-make-water-the-drink-of-choice-in-6728723.php>. December 31, 2015.
13. National Public Radio. Diabetes, Dialysis, and Dirty Water in the Central Valley. <http://www.npr.org/2016/02/26/468287278/diabetes-dialysis-and-dirty-water-in-central-valley>. February 26, 2016.

14. Politico. Avoiding the Next Flint: Testing School Water. <http://www.politico.com/story/2016/04/school-water-testing-flint-222336>. May 01, 2016.
15. How to Get Kids to Drink More Water. <http://www.publicnewsservice.org/2016-07-08/water/how-to-get-kids-to-drink-more-water/a52826-1>. July 8, 2016.
16. University of California, San Francisco. Access to Free Drinking Water in SF Neighborhoods Driven by New Partnership. <https://www.ucsf.edu/news/2017/01/405471/access-free-drinking-water-sf-neighborhoods-driven-new-partnership>. January 11, 2017.
17. San Francisco Chronicle. San Francisco public schools show high levels of lead in the water. <http://www.sfgate.com/news/article/Three-San-Francisco-public-schools-show-high-12306785.php>. October 27, 2017.
18. NBC News. Help your kid cut down on sugar and juice. <https://www.nbcnews.com/better/lifestyle/how-help-your-kid-quit-sugar-juice-ncna1059091>. September 28, 2019.
19. National Public Radio. KPCW. Half the Sugar Tells the Story of How to Tastefully Avoid Unhealthy Amounts of Sugar. <https://www.kpcw.org/post/half-sugar-tells-story-how-tastefully-avoid-unhealthy-amounts-sugar#stream/0> January 8, 2020.
20. San Francisco Examiner. Green Space: The many benefits of free, tasty tap water. <https://www.sfexaminer.com/news-columnists/the-many-benefits-of-free-tasty-tap-water/> August 18, 2020.
21. Parents Magazine. Why your kid is addicted to sweets and how to strike a balance. <https://www.parents.com/kids/nutrition/junk-food/why-your-kid-is-addicted-to-sweets-and-how-to-strike-a-balance/> December 4, 2020.
22. The Counter. The childhood obesity crisis started before Covid-19. The pandemic has made it much worse. <https://thecounter.org/covid-19-childhood-obesity-health-school-lunch-crisis/amp/> January 19, 2021.
23. Web MD News. Water fountains in schools lead to leaner students. <https://www.webmd.com/children/news/20220426/water-fountains-in-schools-lead-to-leaner-students>. April 26, 2022.
24. Stanford Medicine Magazine. Gulp. With drinking water out of reach for many kids, a pediatrician partners with schools to get them access. <https://stanmed.stanford.edu/children-obesity-drinking-water-schools/> January 23, 2023.
25. CNN. How water-bottle fill stations can impact children's health, according to a new study. <https://www.cnn.com/2023/08/10/health/drinking-water-schools-study-wellness/index.html>. August 10, 2023.
26. Healthday. Some Schools Respond to Child Obesity by Focusing on Water. <https://consumer.healthday.com/water-2662670373.html>. August 7, 2023.
27. Multiple news outlets including CBS and ABC local affiliates. Could giving kids more access to water at school prevent weight gain? <https://www.lex18.com/could-giving-kids-more-access-to-water-at-school-prevent-weight-gain>. August 11, 2023.

28. Physician's Weekly. School-based water promotion program associated with lower overweight prevalence. <https://www.physiciansweekly.com/school-based-water-promotion-program-associated-with-lower-overweight-prevalence/> August 10, 2023.
29. Food Politics. Some good news about school food. <https://www.foodpolitics.com/2023/09/some-good-news-about-school-food/> September 26, 2023.
30. San Francisco Chronicle. Elevated lead levels detected in water fixtures at 22 Oakland schools. <https://www.sfgate.com/bayarea/article/elevated-lead-levels-detected-water-fixtures-22-19713069.php>. April 21, 2024.

GRANTS

A. Current

- 08/24/21-07/01/26 Funder: National Institute of Diabetes and Digestive and Kidney Diseases (R01)
Title: Healthy Drinks, Healthy Futures: A Multi-Level Intervention to Promote Healthy Beverage Intake through Childcare
Role: PI
- 09/01/22-08/31/24 Funder: Stanford Impact Labs
Title: Postdoctoral Fellowship Program. Fellows work in partnership with research labs across Stanford University to address the most challenging social problems. Fellowship funds Dr. Andrea Pedroza-Tobias.
Role: PI
- 07/01/23-06/30/28 Funder: National Heart, Lung, and Blood Institute (K24)
Title: Mentoring in Translational Research to Prevent Disparities in Childhood Obesity and Cardiometabolic Disease
Role: PI
- 04/01/23-03/31/28 Funder: National Institute of Child Health and Human Development (R01)
Title: Futuros Fuertes 2.0: A primary care based intervention to prevent obesity in low-income Latino children.
Role: PI Beck (PI of sub-contract from UC San Francisco to Stanford)
- 07/01/23-06/30/28 Funder: National Institute of Diabetes and Digestive Diseases (R01)
Title: Milk Type in Toddlers (Milk-TOT) Study: Impact of Whole versus Low-fat Milk on Child Adiposity, Diet, Health and Development
Role: MPI (PI of Subcontract from UC Nutrition Policy Institute to Stanford)
- 08/01/23-12/31/24 Funder: Robert Wood Johnson Foundation Healthy Eating Research
Title Developing a consensus statement on beverage recommendations for children and adolescents ages 5-18 years
Role: PI and Co-Chair
- 08/31/23-08/31/24 Funder: Thompson Family Foundation
Advancing Children's Health Through Better Nutrition
Role: PI
- 11/15/23-05/14/25 Funder: Robert Wood Johnson Foundation Healthy Eating Research

Title Developing and Evaluating a Marketing Campaign to Increase Participation in School Meals
Role: Co-I

- 01/01/24-07/01/25 Funder: Stanford Maternal and Child Health Institute Transdisciplinary Initiatives Program
Title: Strengthening Healthy Drinks, Healthy Futures: Engaging Key Stakeholders for Effective Childhood Health Interventions through a Community-Engaged Approach
Role: PI
- 08/01/24-07/31/29 Funder: National Institute of Child Health and Human Development
Title: Advancing Water Security: A Community Participatory School-Based Hydration Intervention
Role: Consultant
- 07/01/24-06/31/31 Funder: National Center for Advancing Translational Sciences, NIH
Title: Stanford Center for Clinical & Translational Education & Research
Role: Co-I

B. Past

- 12/01/23-03/01/05 Funder: American Academy of Pediatrics Community Access to Child Health
Title: Un Equilibrio Sano: A Project to Prevent Childhood Obesity within the Mayfair Community in San Jose, California'
Role: PI
- 07/01/09-06/30/10 Funder: Academic Pediatric Association
Title: A Qualitative Study of Beverage Availability and Consumption in Child Care Facilities
Role: PI
- 11/01/09-02/01/10 Funder: Mount Zion Health Fund
Title: Smart Drinks for Parks: Evaluating the Adequacy of Beverage Availability in San Francisco Area Parks
Role: PI
- 08/01/10-08/01/11 Funder: Robert Wood Johnson Foundation Healthy Eating Research Program
Title: Commissioned report on drinking water access in US schools and child care facilities.
Role: PI
- 11/15/10-05/15/12 Funder: Robert Wood Johnson Foundation Healthy Eating Research Program
Title: Examining the Effects of School Drinking Water Policies and Practices on Student Consumption of Sugar-Sweetened Beverages in California
Role: PI
- 07/01/11-06/30/16 Funder: National Institute of Child Health and Human Development (K23)
Title: Community Partnering to Encourage Healthy Beverage Intake through

Child Care
Role: PI

- 08/01/11-08/01/12 Funder: UCSF Resource Allocation Program Pilot Research Award for Junior Investigators in Basic and Clinical/Translational Sciences
Title: A Pilot of a Healthy Beverage Intervention
Role: PI
- 12/01/11-11/30/12 Funder: Get Healthy San Mateo County Community Partnering to Encourage Healthy Beverage Intake through Child Care
Title: Promoting Healthy Beverage Intake through Child Care
Role: PI
- 05/01/13-06/30/15 Funder: San Francisco Foundation
Title: Development and Dissemination of a Water in Schools Toolkit for San Francisco Bay Area Communities
Role: PI
- 09/01/13-08/31/14 Funder: First 5 Santa Clara County
Title: Evaluation of the Impact of First 5 Water Station Installation and Promotion in Santa Clara County
Role: PI
- 10/01/12-10/01/15 Funder: Robert Wood Johnson Foundation Healthy Eating Research Program
Title: Examining the Effect of School Water Environments on Students' Water Intake
Role: PI
- 10/01/12-10/01/15 Funder: Sloan Foundation
Title: Effects of Pipe Material, Water Flow, and Chemistry on the Building Plumbing Microbiome
Role: Co-I (PI: A. Pruden)
- 05/01/14-04/30/15 Funder: San Francisco Foundation
Title: Partnering with Parents to Increase Water Access and Intake in Underserved San Francisco Communities
Role: PI
- 10/01/14-08/30/16 Funder: W.K. Kellogg Foundation
Title: Evaluation of Installation and Promotion of Water Bottle Filling Stations in Central Valley, California Communities without Safe Drinking Water
Role: PI
- 10/12/12-10/15/16 Funder: National Institute of Child Health and Human Development (R13)
Title: Increasing Tap Water Intake in Lieu of SSBs
Role: PI
- 03/01/16-01/30/17 Funder: W.K. Kellogg Foundation
Title: Impact of Water Promotion and SSB Policies on Beverage Intake in Low-Income Communities in San Francisco
Role: PI

05/01/15-04/30/17 Funder: Action for Healthy Food
Title: Flavored Milk and Body Mass Index Measures: Systematic Review
Role: PI

05/01/16-12/01/16 Funder: Washington Dental Service Foundation
Title: Adaptation of Share the Love, Share the Water
Video for Oral Health Promotion
Role: PI

02/01/16-09/15/17 Funder: Robert Wood Johnson Foundation Healthy Eating Research
Title: Developing and Validating a Photo-evidence Method to Cost-effectively
Measure Access to Drinking Water during Mealtimes in Schools
Role: Co-I

12/15/15-03/15/18 Funder: Robert Wood Johnson Foundation Healthy Eating Research
Title: Evaluating the Impact of the Water in School Food Service Area Laws:
Current Implementation and Future Policy Directions
Role: PI

07/01/16-06/30/18 Funder: San Francisco Foundation
Title: Development of a Tap Water Promotion Program for
Low Income SF Communities
Role: PI

02/01/16-06/30/18 Funder: Mount Zion Campus Community Partnership Award
Title: Development and Evaluation of a Multicultural Tap Water Promotion
Program for Low-Income San Francisco Communities
Role: PI

02/15/17-06/15/18 Funder: Robert Wood Johnson Foundation Healthy Eating Research
Title: Systematic Review of Strategies to Promote Water Intake among 0-5 Year
Olds
Role: PI

11/15/16-02/14/19 Funder: Robert Wood Johnson Foundation Healthy Eating Research
Title: Examining the Quality of Drinking Water in California Public Schools
Role: PI

05/01/17-11/14/18 Funder: Robert Wood Johnson Foundation Healthy Eating Research
Title: Studying the Effectiveness of an Intervention to Increase Water Access and
Appeal for Underserved Populations Outside School Settings
Role: Co-I (PI: H. Lawman)

12/01/19-06/01/20 Funder: University of California
Title: Healthy Beverage Initiative
Role: Co-I (PI: L. Schmidt)

01/01/19-12/31/19 Funder: Stanford Diabetes Research Center Pilot and Feasibility Grants
Title: Impact of Water Access and Promotion in Parks alongside Soda Taxes
Role: PI

08/01/20-12/31/20 Funder: Sierra Health Foundation
Title: Strengthening School Nutrition Programs in California's San Joaquin
Valley
Role: PI

05/01/19-04/30/21 Funder: First 5 Santa Clara County
Title: Promoting Healthy Beverage Intake in Low-Income and Racial/Ethnic Minority Children Using Storybooks
Role: Mentor and Co-I (PI: A. Grummon)

08/01/20-07/31/21 Funder: Stanford COVID-19 and Health Disparities Pilot Grant
Title: Strengthening School Nutrition Programs to Address Food Insecurity for Latinx Immigrant Populations during COVID-19 and Beyond
Role: PI

09/01/18-02/28/22 Funder: Stanford Child Health Research Institute
Title: Arline and Pete Harman Endowed Faculty Scholar Award
Role: PI

12/01/18-11/30/21 Funder: Robert Wood Johnson Foundation
Title: Corporations and Public Health
Role: Co-I (PI: N. Malhotra)

09/21/2-03/19/22 Funder: Scholars in Service of Social Impact Labs
Title: Support time working with community-based organizations in the San Joaquin Valley Region of California to address food insecurity
Role: PI

02/01/21-10/30/22 Funder: Dairy Council of California
Title: Pilot of a randomized control trial of milk type on health: informing WIC and other federal nutrition programs on what milk is best for young children
Role: Co-I (Principal Investigator L. Ritchie)

08/01/16-05/31/22 Funder: National Heart, Lung, and Blood Institute (R01)
Title: Impact of Water Access on Child Food and Beverage Intake and Obesity
Role: PI

12/01/22-08/31/23 Funder: Stanford University Office of Community Engagement
Title: A Community-Academic Alliance to Address Child Hunger by Promoting Universal School Meals in the San Joaquin Valley
Role: PI

07/01/21-12/31/23 Funder: Stanford Maternal and Child Health Institute Transdisciplinary Initiatives Program
Title: Reducing Food Insecurity among Latinx Children in California's San Joaquin Valley Region
Role: PI

CLINICAL TRIALS

A. Current

08/01/20-07/31/21 Title: Reducing Food Insecurity among Latinx Children in California's San Joaquin Valley Region
Description: This cluster RCT will examine the impact of school meal marketing and communications strategies on parents' perceptions of school meals, students' participation in school meal programs, and household food insecurity.

Type: Investigator-initiated, single institution
Sponsor: Maternal and Child Health Research Institute
Role: PI
Subjects: pending
Registration:
NCT05109351

02/01/21-03/31/22

Title: Pilot of a randomized control trial of milk type on health: informing WIC and other federal nutrition programs on what milk is best for young children
Description: This pilot RCT will examine the impact of milk type (skim vs. whole-fat milk) on growth and development of infants.
Type: Investigator-initiated, single institution Sponsor: Dairy Council of California
Role: Co-Principal Investigator (Contact PI: L. Ritchie) Subjects: 30 anticipated
Registration: pending

08/01/21-07/31/26

Title: A Multi-Level Intervention to Promote Healthy Beverage Intake through Childcare
Description: The objective of this study is to examine how a multi-level healthy beverage intervention in childcare centers impacts students' intake of food, beverages, and weight status
Type: Investigator-initiated, single institution
Sponsor: National Institute of Diabetes and Digestive and Kidney Diseases (R01)
Role: PI
Subjects: n/a
Registration:
NCT05112185

B. Past

07/01/11-06/30/16

Title: Community Partnering to Encourage Healthy Beverage Intake through Child Care
Description: This pilot RCT examined the impact of a multilevel childcare-based intervention on children's intake of beverages and obesity.
Type: Investigator-initiated, single institution
Sponsor: National Institute of Child Health and Human Development (K23)
Role: Principal Investigator
Subjects: n=154 children
Registration: NCT 03713840

10/01/12-10/01/15

Title: Examining the Effect of School Water Environments on Students' Water Intake
Description: The study objective was to examine the efficacy and cost of 2 water delivery systems (water dispensers and bottleless water coolers) in increasing students' lunchtime intake of water in low-income middle schools.
Type: Investigator-initiated, single institution
Sponsor: Robert Wood Johnson Foundation Healthy Eating Research Program
Role: Principal Investigator
Subjects: n=595 students
Registration: n/a

10/01/14-08/30/16

Title: Evaluation of Installation and Promotion of Water Bottle Filling Stations in

Central Valley, California Communities without Safe Drinking Water

Description: The program's objective was to examine the Agua4All safe drinking water program's feasibility, acceptability, and effect on water intake.

Type: Investigator-initiated, single institution

Sponsor: W.K. Kellogg Foundation

Role: Principal Investigator

Subjects: n=12 community sites

Registration: n/a

03/01/16-01/30/17

Title: Impact of Water Promotion and SSB Policies on Beverage Intake in Low-Income Communities in San Francisco

Description: The objective of this study was to examine how water promotion and anti-SSB policies impact beverage intake in parks in low-income communities as compared to anti-SSB policies alone.

Type: Investigator-initiated, single institution

Sponsor: W.K. Kellogg Foundation

Role: Principal Investigator

Subjects: n=638 park visitors in 30 parks

Registration: NCT03889561

03/01/16-01/30/17

Title: Studying the Effectiveness of an Intervention to Increase Water Access and Appeal for Underserved Populations Outside School Settings

Description: The objective of this study was to examine how water promotion and anti-SSB policies impact beverage intake in parks in low-income communities as compared to anti-SSB policies alone.

Type: Investigator-initiated, single institution

Sponsor: RWJF Healthy Eating Research Program

Role: Co-Investigator (PI: H. Lawman)

Subjects: n=28 parks and recreation centers

Registration: NCT03637465

INVITED TALKS

A. International

1. Water Works: Improving Drinking Water Access in Schools. UNICEF WASH Webinar. December 2014. Virtual Conference.
2. Women, Water and the World. Women in Public Service Summit. April 2015. Oakland, California, USA.
3. Supporting Children in the Time of COVID-19: A School-based Approach to Health and Well-being. Born in Bradford/Stanford Collaborative. August 2020. Virtual Conference.
4. One Year Later - Supporting Children in the Time of COVID-19: A School Based Approach to Health & Wellbeing. Born in Bradford/Stanford Collaborative. December 2021. Virtual Conference.

B. National

1. Is Clean Water a Solution for the Obesity Epidemic? CDC Weight of the Nation Conference. April 2012. Washington, DC, USA.

2. Making Water the Easy Choice: Water Access, Policies, and Practices in Schools. April 2013. Virtual Webinar.
3. Strategies to Increase Water Access and Intake in Schools and Community Spaces. National Council of La Raza. September 2015. Virtual Webinar.
4. The Impact of a Child Care Healthy Beverage Intervention on Beverage Intake and Obesity. Child Care Food Program Roundtable. October 2015. Los Angeles, California, USA
5. Promoting Healthy Beverage Intake among Vulnerable Populations: Lessons Learned from Schools. Sugar, Stress, Environment, and Weight Symposium. University of California, San Francisco. October 2016. San Francisco, California, USA.
6. Increasing Access to Drinking Water in Schools: Strategies for Success. CDC Nutrition and Obesity Policy Evaluation Network. May 2016. Virtual Webinar.
7. Development and Validation of a Photo-Evidence Method to Examine Effective Drinking Water Access in Schools. CDC Nutrition and Obesity Policy Evaluation Network. April 2017. Virtual Webinar.
8. Agua4All: The Impact of a Safe Drinking Water Station and Promotion Program in Rural Communities that Lack Safe Drinking Water. American Heart Association Voices for Healthy Kids. February 2017. Virtual Webinar.
9. Promoting Intake of Drinking Water in Community Settings: Partnerships to Policy to Practice. Johns Hopkins Centro Sol Latino Health Conference. May 2017. Baltimore, Maryland, USA.
10. Drink Tap: A Multi-Sector Effort to Promote Water Access and Intake in San Francisco Parks and Public Spaces. American Heart Association Voices for Healthy Kids. June 2020. Virtual Webinar.
11. Hydrate for Health: Partnering with Communities to Promote Water Intake. Montefiore Children's Hospital Grand Rounds. January 2021. Bronx, New York, USA.
12. Water Safety in California Public Schools Following Implementation of School Drinking Water Policies. CDC Nutrition and Obesity Policy Evaluation Network. April 2021. Virtual Webinar.
13. Partnerships to Advance Child Health Equity. Department of Pediatrics. University of North Carolina, Chapel Hill. July 2021. Chapel Hill, North Carolina, USA.
14. Healthy Drinks, Healthy Futures: A Multilevel Intervention to Promote Healthy Beverage Intake via Childcare. American Heart Association Voices for Healthy Kids Sugary Drinks/Healthy Hydration Collaborative. November 2021. Virtual Webinar.
15. The Effect of an Elementary School Water Promotion and Access Intervention on Child Beverage Intake and Obesity. Arizona Wellbeing Conference. World Water Day. March 2022. Virtual Webinar.

C. Regional

1. Un Equilibrio Sano. Pediatric Grand Rounds at Lucile Packard Children's Hospital. June 2006. Palo Alto, California, USA.
2. Un Equilibrio Sano: A Childhood Obesity Program in San Jose. Pediatric Grand Rounds. Santa Clara

Valley Medical Center. June 2006. San Jose, California, USA.

3. Lessons in Community-Based Participatory Research, Environmental Change, & Policy Implementation San Mateo Health Forum, San Mateo Health System. March 2010. San Mateo, California, USA.
4. Community-based Participatory Research – A Brief Overview. Stanford Latino Health and Faculty Development Conference. July 2010. Stanford, California, USA.
5. Facilitators and Barriers to Improving School Drinking Water Access. Changelab Solutions. October 2012. Oakland, California, USA.
6. Free Drinking Water Access in California Public Schools. San Francisco County Healthy Schools Summit. January 2013. San Francisco, California, USA.
7. Free Drinking Water Access in California Public Schools. Bay Area Nutrition and Physical Activity Collaborative. February 2013. San Francisco, California, USA.
8. Making Water the Easy Choice: Drinking Water Access, Policies and Practices in Community Settings. Santa Clara Valley Medical Center Grand Rounds. June 2013. San Jose, California, USA.
9. San Francisco Public Utilities Commission Tap Water Hearing. May 2013. San Francisco, California, USA.
10. Promoting Healthy Beverage Consumption in Childcare. Get Healthy San Mateo County Meeting. September 2013. San Mateo, California, USA.
11. Water Works: Improving Water Access and Consumption in Schools to Improve Health and Support Learning. Santa Clara County Healthier Kids Foundation Summit. May 2014. San Jose, California, USA.
12. Just Add Water: Efforts to Increase Water Intake among Children. Pediatric Grand Rounds. San Francisco General Hospital. March 2015. San Francisco, California, USA.
13. Water to Go: Increasing Water Intake among Children in Santa Clara County. Santa Clara County Healthier Kids Foundation Summit. May 2015. San Jose, California, USA.
14. Just Add Water: Increasing Water Intake among Children in Schools, Child Care, and Public Settings. University of North Carolina, Chapel Hill Gillings School of Global Public Health. November 2015. Chapel Hill, North Carolina, USA.
15. Rethink Your Drink: Getting Safe Tap and Drinking Water into Schools and Community Places. Public Health Alliance of Southern California. June 2016. Virtual Webinar.
16. The Impact of School Water Access on Child Food and Beverage Intake and Obesity. Nutrition Policy Institute. May 2016. Berkeley, California, USA.
17. Promoting Intake of Drinking Water in Schools and Community Settings. California Food Policy Advocates Drinking Water Access and Quality Convening. August 2016. Oakland, California, USA.
18. From Clinics to Communities: Encouraging Healthy Beverage Intake among Children and Adolescents. Palo Alto Medical Foundation Obesity Conference. September 2016. Palo Alto, California, USA.
19. Encouraging Healthy Beverage Intake among Children and Adolescents UCSF Benioff Children's

Hospital Grand Rounds. December 2016. San Francisco, California, USA.

20. Water's Essential Role in Health. Public Health Advocates Health Politics of Water. June 2017. Sacramento, California, USA.
21. Half the Sugar. How to Live with Less Added Sugar. Common Sense Media Lunch and Learn. October 2017. San Francisco, California, USA.
22. The Role of Drinking Water Access in Schools in Promoting Healthy Weight. Stanford Child X Conference. March 2018. Stanford, California, USA.
23. Drinking Water Access in California Schools: Before-and After-School Water Policies. Public Health Advocates Diving into Water Conference. June 2018. Sacramento, California, USA.
24. Promoting Drinking Water Intake to Improve Child Health. Stanford Pediatric Research Retreat. April 2019. Stanford, California, USA.
25. Water's at the Tap: What About Getting Students to Drink It? UC Healthy Beverage Initiative. September 2019. Virtual Webinar.
26. Effective Access to Drinking Water: Shifting Intake of Sugary Drinks for Health. Stanford Food Institute. November 2019. Stanford, California, USA.
27. The Impact of Drink Tap: A Multi-Sector Effort to Promote Water Access and Intake in San Francisco Parks. Stanford Diabetes Research Center. November 2019. Stanford, California, USA.
28. Hydrate for Healthy Futures: Promoting Healthy Beverage Consumption in Early Childhood. Stanford Pediatrics Grand Rounds. February 2020. Palo Alto, California, USA.
29. Half the Sugar, All the Love. Soul Food Salon. March 2020. Virtual Webinar.
30. The Role of Sugar Reduction in Health Promotion. Lucile Packard Foundation for Children's Health. May 2020. Virtual Webinar, USA.
31. Community-Academic Partnership to Address Food Insecurity in California's San Joaquin Valley. Stanford Community Health Symposium. March 2021. Virtual Webinar.
32. Promoting Healthy Beverages for Children. Stanford Pediatrics Mini Medical School. April 2021. Virtual Webinar.
33. Research in the Real World: Reducing Disparities in our Backyard. Maternal and Child Health Research Institute. January 2022. Virtual Seminar.
34. Strategies for Engaging Communities in Health Equity Research. Health Equity Action Network. October 2022. Palo Alto, California, USA.
35. Kids are Sweeter with Less Sugar: Added Sugar in School Nutrition Programs. Stanford Diabetes Research Center. October 2022. Stanford, California, USA.
36. Advancing Health Equity in Research: Framework and Practical Strategies. Stanford Pediatrics Grand Rounds. March 2023. Stanford, California, USA.

37. Community-Engaged Research. Stanford Pediatrics Faculty Meeting. February 2023. Stanford, California, USA.
38. Principles for Community-Engaged Research. Maternal and Child Health Research Institute. September 2023. Palo Alto, California, USA.
39. Pediatric Health Equity. Stanford Health Equity Action Leadership Webinar. October 16, 2023. Palo Alto, California, USA.

CONFERENCE PRESENTATIONS

1. Patel AI. Un Equilibrio Sano. Dyson Training Initiative. March 2005. Philadelphia, PA, USA.
2. Patel AI. Un Equilibrio Sano. Academic Pediatric Association Meeting. December 2006. San Diego, CA, USA.
3. Patel AI. Un Equilibrio Sano. Pediatric Academic Societies Meeting. May 2006. San Francisco, CA, USA.
4. Patel AI. The Availability of Water in Public Schools: A Qualitative Study. RWJF Clinical Scholars Meeting. November 2007. Fort Lauderdale, FL, USA.
5. Patel AI. Is There a Drought in Our Classrooms? The Adequacy of Drinking Water in Schools. Academic Pediatric Association Meeting. January 2008. Los Angeles, CA, USA.
6. Patel AI. Is There a Drought in Our Classrooms? The Adequacy of Drinking Water in Schools. 2008. Pediatric Academic Societies Meeting. May 2008. Honolulu, HI, USA.
7. Patel AI. Increasing the Availability and Consumption of Water in Schools: A Pilot Study. Robert Wood Johnson Clinical Scholars Program National Meeting. November 2008. Washington DC, USA.
8. Patel AI. Increasing the Availability and Consumption of Water in Schools: A Pilot Study. Academic Pediatric Association Meeting. March 2008. Monterrey, CA, USA.
9. Patel AI. Increasing the Availability and Consumption of Water in Schools: A Pilot Study. 2008. Pediatric Academic Societies Meeting. Toronto, Canada.
10. Patel AI, Lamb S. School and Community Collaborations: Working from the Inside Out. California Adolescent Health Conference. September 2008. Los Angeles, CA, USA.
11. Patel AI. Under-diagnosis of Obesity among Children and Adolescents during Ambulatory Care Visits. Academic Pediatric Association Meeting. December 2009. Monterrey, CA, USA.
12. Patel AI. Under-diagnosis of Obesity among Children and Adolescents during Ambulatory Care Visits. Pediatric Academic Societies Meeting. May 2009. Baltimore, MD, USA.
13. Patel AI. Hampton KE. Improving Water Access in Schools: From Research to Policy Implementation. American Public Health Association Meeting. November 2009. Philadelphia, PA, USA.
14. Patel AI, Miller L. Community-based Participatory Research – Core Principles and Approaches. Pediatric Academic Societies Meeting. May 2010. Vancouver, Canada.
15. Patel AI. A Qualitative Study Exploring the Availability and Consumption of Beverages in California

Child Care Facilities. January 2010. Academic Pediatric Association Meeting. Monterrey, CA, USA.

16. Patel AI. A Qualitative Study Exploring the Availability and Consumption of Beverages in California Child Care Facilities. May 2010. Pediatric Academic Societies Meeting. Vancouver, Canada, USA.
17. Patel AI. Free Drinking Water Access and Barriers to Improving Water Access and Intake in California Schools. January 2011. Academic Pediatric Association Meeting. Monterrey, CA, USA.
18. Patel AI. Free Drinking Water Access and Barriers to Improving Water Access and Intake in California Schools. May 2012. Pediatric Academic Societies Meeting. Boston, MA, USA.
19. Patel AI. Free Drinking Water Access and Barriers to Improving Water Access and Intake in California Schools. Robert Wood Johnson Foundation Healthy Eating Research Meeting. February 2012. Austin, TX, USA.
20. Patel AI. Free Drinking Water Access and Barriers to Improving Water Access and Intake in California Schools. American Public Health Association Meeting. October 2012. San Francisco, CA, USA.
21. Patel AI. Drinking Water Policies and Practices in California Schools. Robert Wood Johnson Foundation Healthy Eating Research Program. March 2013. New Orleans, LA, USA.
22. Patel AI. Middle School Students' Attitudes about School Drinking Fountains. Pediatric Academic Societies Meeting. May 2013. Washington DC, USA.
23. Patel AI. Water Access, Policies, and Practices in California Public Schools. Childhood Obesity Conference. June 2013. Long Beach, CA, USA.
24. Patel AI. Glass Half Full: A Comparison of Water Delivery Options to Improve Water Intake in Schools. Robert Wood Johnson Foundation Healthy Eating Research Program. February 2014. Chapel Hill, NC, USA.
25. Patel AI. Glass Half Full: A Comparison of Water Delivery Options to Improve Water Intake in Schools. Pediatric Academic Societies Meeting. May 2014. Vancouver, Canada, USA.
26. Patel AI. Hampton KE. Validation of a Self-Administered Survey to Examine Lunchtime Beverage Intake. Robert Wood Johnson Foundation Healthy Eating Research Meeting. February 2015. Baltimore, MD, USA.
27. Patel AI. Partnering To Encourage Healthy Beverage Intake through Childcare: A Pilot Study. Pediatric Academic Societies Meeting. April 2015. San Diego, CA, USA.
28. Patel AI. Hampton KE. Validation of a Self-Administered Survey to Examine Lunchtime Beverage Intake. Robert Wood Johnson Foundation Healthy Eating Research Meeting. February 2015. Baltimore, MD, USA.
29. Patel AI. The Impact of a Pilot Intervention to Encourage Healthy Beverage Intake in Child Care on Beverage Intake and Obesity. Childhood Obesity Conference. June 2015. San Diego, CA, USA.
30. Patel AI. Teachers' Intake of Beverages in Low-Income Elementary Schools. Pediatric Academic Societies Meeting. May 2016. Baltimore, MD, USA.
31. Patel AI, Buck S. Agua4All: A Community-Academic Partnership to Increase Access to Safe Drinking Water in the San Joaquin Valley of California. American Public Health Association Meeting. November 2016. Denver, CO, USA.

32. Patel AI, Hecht C. Development and Validation of a Photo-Evidence Method to Examine Effective Drinking Water Access in Schools. Robert Wood Johnson Healthy Eating Research Conference. April 2017. St. Paul, MN, USA.
33. Patel AI, Hecht A, Hecht C, Buck S. Agua4All: The Impact of a Safe Drinking Water Station and Promotion Program in Rural Communities that Lack Safe Drinking Water. Pediatric Academic Societies Meeting. May 2017. San Francisco, CA, USA.
34. Patel AI, Hecht A. Mobilizing Communities Around Safe Drinking Water Access and Promotion. Childhood Obesity Conference. June 2017. San Diego, CA, USA.
35. Patel AI, Lee K, Hecht C, Hampton K. Examining Policies to Promote Access to Free Water in Schools as an Alternative to Sugar-Sweetened Beverages. Robert Wood Johnson Foundation Healthy Eating Research Conference. April 2018. Nashville, Tennessee, USA.
36. Patel AI. The Role of Drinking Water in Schools in Promoting Healthy Weight. Child X Conference. April 2018. Stanford, CA, USA.
37. Patel AI, Lee K, Hecht C, Hampton K. Examining Policies to Promote Access to Free Water in Schools as an Alternative to Sugar-Sweetened Beverages. Pediatric Academic Societies Meeting. May 2018. Toronto, Canada.
38. Patel AI, Lee K, Hecht C, Hampton K. Drinking Water Access in California Schools: Before-and After-School Water Policies 2018. Diving into Water Conference. June 2018. Sacramento, CA, USA.
39. Patel AI. Evaluating the Impact of Safe Drinking Water Access and Promotion in Parks alongside Soda Taxes. Stanford Diabetes Research Center Forum. November 2018. Stanford, CA, USA.
40. Patel AI, Hecht C. Testing Drinking Water in California Public Schools for Lead and Other Contaminants in the Context of an Obesity Prevention Strategy. RWJF Healthy Eating Research Meeting. March 2019. Detroit, Michigan, USA.
41. Patel AI, Vargas R, Schmidt. Racial/Ethnic Disparities in Beverage Intake and Drinking Water Perceptions, and Strategies for Promoting Water Intake through Parks. Pediatric Academic Societies Meeting. April 2019. Baltimore, MD, USA.
42. Patel AI, Vargas R. Perceptions of Drinking Water and Strategies to Promote Water Intake through Parks. Childhood Obesity Conference. July 2019. Anaheim, CA, USA.
43. Patel AI, Hecht C. Investigating Drinking Water Quality in California Public Schools. Childhood Obesity Conference. July 2019. Anaheim, CA, USA.
44. Patel AI. Effective Access to Drinking Water: Shifting Intake of Sugary Drinks for Health. Stanford Food Institute Conference. October 2019. Stanford, CA, USA.
45. Patel AI, Rosenthal M. The Impact of Drink Tap: A Multi-Sector Effort to Promote Water Access and Intake in San Francisco Parks. November 2019. Stanford Diabetes Research Center Conference. Stanford, CA, USA.
46. Ezennia J, Blacker L, Ritchie L, Schmidt L, McCulloch, Patel AI. Association of Drinking Water Perceptions and Water Intake in Low-Income Elementary Schools. Pediatric Academic Societies Meeting. May 2021. Virtual Conference.

47. Panel. Using NIH Supplements to Increase Diversity Among Pediatric Researchers. Pediatric Academic Societies Meeting. Academic Pediatric Society Workshop. May 2021. Virtual Conference.
48. Jowell A, Bruce J, Escobar G, Ordonez V, Hecht C, Patel AI. Mitigating Childhood Food Insecurity during COVID-19: A Qualitative Study of How School Districts in California's San Joaquin Valley Responded to Growing Needs. Pediatric Academic Societies Meeting. May 2021. Virtual Conference.
49. Tyes J, Blacker L, Ordonez V, Cortes B, Ramesh R, Patel AI. Photovoice Project: A Preliminary Look at Added Sugar in School Meals. Stanford Maternal and Child Health Research Institute Symposium. October 2021. Virtual Conference.
50. Sohlberg T, Higuchi E, Hecht C, Islas G, Castro C, Patel AI. Using Photovoice to Examine Parent Perceptions of School Meals during the COVID-19 Pandemic in California's San Joaquin Valley. Stanford Maternal and Child Health Research Institute Symposium. October 2021. Virtual Conference.
51. Patel AI, Schmidt LA, McCulloch CE, Blacker L, Cabana MD, Brindis CD, Ritchie LD. Effectiveness of an Elementary School Drinking Water Promotion and Access Intervention for Prevention of Obesity. Pediatric Academic Societies Meeting. May 2022. Denver, CO, USA.
52. Sohlberg T, Higuchi E, Hecht C, Islas G, Castro C, Patel AI. Using Photovoice to Examine Parent Perceptions of School Meals during the COVID-19 Pandemic in California's San Joaquin Valley. Pediatric Academic Societies Meeting. May 2022. Denver, CO, USA.
53. Sharma A, Liu J, Estes TN, Pedroza-Tobias A, Hecht C, Hecht K, Islas G, Castro C, De La Rosa A, Patel AI. Elementary School Perspectives of Enhancing School Meals and Meal Communications. Stanford Maternal and Child Health Research Institute Symposium. October 2023. Palo Alto, CA, USA.
54. Pedroza-Tobias A, Ordonez V, Sharma A, De La Rosa A, Castro C, Islas G, Hecht C, Hecht K, Patel AI. Elementary School Perspectives of Enhancing School Meals and Meal Communications. Stanford Maternal and Child Health Research Institute Symposium. October 2023. Palo Alto, CA, USA.
55. Pedroza Tobias A, Cradock A, Blacker L, Ritchie L, Schmidt L, McCulloch C, Solomon J, Brindis C, Cabana MD, Patel AI. A Cost-Evaluation Study of Water First: A School Water Promotion and Access Intervention. Pediatric Academic Societies Meeting. May 2024. Toronto, Canada.

PROFESSIONAL SERVICE

Editorial Board Service

- Editorial Board, *Academic Pediatrics* (2020-present)
- Editorial Board, *Obesity, Current Pediatric Reports* (2016-2018)

Reviewer for Peer-Reviewed Journals

01/2009-	Preventing Chronic Disease
05/2010-	Journal of Adolescent Health
01/2011-	Archives of Pediatrics and Adolescent Medicine/JAMA Pediatrics
03/2011-	Pediatrics
04/2011-	Journal of the American Dietetic Association

05/2011-	American Journal of Public Health
07/2011-	Academic Pediatrics
01/2012-	American Journal of Public Health
03/2012-	American Journal of Preventive Medicine
10/2017-	Public Health Nutrition
01/2017-	Journal of School Health
02/2019-	BMC Public Health

Grant Reviewer

- Robert Wood Johnson Foundation Healthy Eating Research Program (2015-present)
- National Institutes of Health Dental and Craniofacial Research (2015)
- National Institutes of Child Health and Human Development, Special Emphasis Panel CBPR & Academic/Community Partnership R13 and R03 grants (2016)
- National Institutes of Health Psychosocial Development, Risk, and Prevention Study Section (2017)
- American Heart Association Voices for Healthy Kids (2019-2023)
- National Institutes of Health Community Influences on Health Behavior Study Section (2020)
- Stanford Maternal and Child Health Research Institute (2018-present)
- National Institutes of Health Time-Sensitive Obesity Policy and Program Evaluation (2020-present)
- National Cancer Institute Special Emphasis Panel Social and Behavioral Intervention Research to Address Modifiable Risk Factors for Cancer in Rural Populations (2021-present)
- Social and Community Influences Across the Life course. Special Emphasis Panel. (2023-present)

UNIVERSITY SERVICE

- Member, Pediatric Chair Search Committee, Stanford School of Medicine, 2005 – 2006
- Member, Patient Safety Committee, Lucile Packard Children's Hospital, 2005 – 2006
- Member, Residency Strategic Planning Committee, Lucile Packard Children's Hospital, 2005 – 2006
- Member, Primary Care Clinic Improvement Committee, Lucile Packard Children's Hospital, 2005 – 2006
- Member, Resident Selection Committee, Stanford Pediatrics, 2005 – 2006
- Member, San Francisco Health Improvement Partnership, UCSF, 2010 – 2017
- Lead, Division of General Pediatrics Research Seminars, UCSF, 2013 – 2014
- Member Chancellor's Committee on Drinking Water, UCSF, 2016 – 2018
- Investigator, Special Population Initiative UCSF Clinical Translational Sciences, UCSF, 2016 – 2018
- Fellowship Scholarly Oversight Committee, Stanford Pediatrics, 2017 – present
- Member, Department of Pediatrics Research Committee, Stanford, 2019 – present
- Co-Chair, Research on the Structural Racism, Social Injustice and Health Disparities in Maternal and Child Health, Stanford, 2020 – present
- Co-lead, Mentor Training Program, Stanford Pediatrics, 2020 – present
- Mentor, Stanford Pediatric Coaching and Mentoring Program, 2021-2024
- Member, Pediatric Endocrinology Search Committee, 2021– present
- Champion, PCORI Engage for Equity: Advancing Research Support for Institutional, Patient & Stakeholder Partnering
- Member, Search Committee, Developmental and Behavioral Pediatrics, 2023– 2024
- Member, Council of Mentors, KL2 Mentored Career Development Award Program, Stanford Center for Clinical and Translational Research and Education
- Member, Research Design Workgroup, Pre-Award, Stanford School of Medicine

SERVICE TO PROFESSIONAL ORGANIZATIONS

Professional Affiliations

- American Academy of Pediatrics, 2002 – Present
- Academic Pediatric Association, 2008 – Present
- American Public Health Association, 2009 – Present
- Society for Pediatric Research, 2017 – Present
- American Pediatric Society, 2024-Present

Committee Service

- Member, Academic Pediatric Association, Public Policy and Advocacy Committee
- Clinical Advisor, Castlight Health, 2011 – 2016
- Member, Centers for Disease Control and Prevention Water Working Group, 2011 - present
- Member, Get Healthy San Mateo Wellness Committee, 2011 – 2013
- Scientific Advisor, CDC Expert Panel on Drinking Water Access in Schools and Childcare, 2012
- Academic Pediatric Association, 2014 – present, Speed Mentoring Events (Mentee and then Mentor)
- Scientific Advisor, UCSF Sugar Science, 2014 – present
- Board Member, Public Health Advocates, 2015 – 2020
- Founding Member, National Drinking Water Alliance
- Member, Bay Area Nutrition and Physical Activity Regional Drinking Water Collaborative, 2017 – 2018
- Member, Planning Committee, RWJF Healthy Eating Research Conference, 2018 – 2019
- Scientific Advisor, RWJF Scientific Committee National Research Agenda on Beverage Consumption among Zero- to Five-Year Olds, 2018
- Scientific Advisor, American Heart Association Voices for Healthy Kids Research Committee, 2019 – present
- Member, California Coalition for Child Health Research, 2019 – present
- Member, RWJF/CDC COVID-19 Response Working Group, 2020 – present
- Member, Academic Pediatric Association, Mid-Career Faculty Special Interest Group
- Member, Expert Advisory Committee, American Heart Association Drinking Water Access Policy Statement, 2022- present
- Member, RAND-Patient-Centered Outcomes Research Advisory Committee for Engagement Tools, 2023-2024
- Co-Chair, RWJF Healthy Eating Research, Consensus Statement. Healthy Beverage Consumption in School-Aged Children: Recommendations from Key National Health and Nutrition Organizations

Expert Testimony

- California Assembly Bill 2638. School facilities: drinking water: water bottle filling stations, Education Committee Hearing, Sacramento, CA, April 20, 2022.
- California Assembly Bill 249. Water: schoolsites: lead testing, Senate Environmental Quality committee, Sacramento, CA, July 5, 2023.

TEACHING EXPERIENCE

Courses Taught

2005-2006	Core Pediatric Clerkship Teaching Instructor, Stanford School of Medicine
2005-2006	Organized Morning Reports and Noon Conferences, Stanford Pediatrics Residency
2010-2017	Continuity Clinic Collaborative, UCSF Pediatrics Residency
2013-2014	EPI 250.3, Designing Clinical Research, UCSF
2017-present	Fellows Scholarship Academy, Stanford Pediatrics
2020-present	Fellows Mentoring Round Robin in Health Services Research, Stanford Pediatrics

Lectures

2005-2006	Mommy and Baby Course, Stanford School of Medicine
2005-2006	Patient Advocacy Course, Stanford School of Medicine
2010-2011	EPI 240, Qualitative Approaches in Clinical and Translation Research, UCSF
2014	Scholarly Concentration in Community Health, Stanford School of Medicine
2016	How Research Influences Policy, Research for Implementation Science in Equity, UCSF
2017-present	CHPR 270, Prevention across Surgical and Other Medical Disciplines, Stanford
2018-2020	Fellows Seminar, Implementation Science, Stanford Pediatrics
2020-present	HUMBIO 122E, Reducing Health Disparities and Closing the Achievement Gap through Health Integration in Schools
2021	Community-Based Research Panel, Stanford Haas Center
2021	Stanford Pediatric Residency Noon Conference
2021	Stanford Pediatrics Internship Program, Promoting Healthy Beverages Journal Club
2021-present	Stanford MCHRI DRIVE (Diversity, Respect, and Inclusion are Vital for Excellence) in Research Program Lunchtime Conference
2022	Community-Based Participatory Research Course, Stanford University
2022-present	Stanford Graduate Summer Institute Research with Impact
2023	Stanford Advocacy Track, Stanford Pediatrics

MENTORSHIP

(* signifies students underrepresented in science and medicine)

Predoctoral Students

NAME (MENTEE STATUS)	DATES	RESEARCH TOPIC	OUTCOMES	CURRENT POSITION
Erica Bromley (undergrad)	2003- 2006	Community-partnered physical activity program in San Jose, CA	Stanford research grant	Internal Medicine Physician, Kaiser Permanente
Paula Yoffe* (undergrad)	06/10- 08/10	Beverage intake in 0-5 year olds	UCSF/Kaiser Undergraduate Research Internship presentation	Fellow, Vascular Surgery, Montefiore
Jade Sanders* (undergrad)	06/10- 08/10	Beverage intake in 0-5 year olds	UCSF/Kaiser Undergraduate Research Internship presentation	Pediatrician, Children's National Hospital
Chris Benevente* (medical student)	06/10- 08/10	Engaging SF school officials in improving reporting of BMI	UCSF research grant, Academic Pediatric Association Region 9/10 presentation	Family Physician, Centros de Salud, Chicago, Illinois
Jessica England (undergrad)	2010- 2011	Foods and beverages depicted in books for preschoolers	Honors thesis, first author <i>Clinical Pediatrics</i>	Attorney, King and Spaulding Law Firm, Austin, Texas
Amanda Kimura (undergrad)	2010- 2011	Access to drinking water in CA schools	Co-author <i>Preventing Chronic Disease</i>	Health Services Consultant, Wash. Dept. Public Health

Jacob Grumbach* (undergrad)	2010-2012	Access to drinking water in California schools	Co-author <i>Preventing Chronic Disease, AJPH, Public Health Nutrition</i> ; presentation Pediatric Academic Societies	Associate Professor, Goldman School of Public Policy, UC Berkeley
Daniel Shapiro (undergrad)	2011-2012	BP screening during pediatric visits; tap water intake US children	First author <i>Pediatrics</i> , co-author <i>American Journal of Preventive Medicine</i> ; presentation Pediatric Academic Societies	Assistant Professor, Pediatric Emergency Medicine, UCSF
Denisse Rojas (undergrad)*	06/12-08/12	Analysis of beverage contracts from CA public schools	UCSF/Kaiser Undergraduate Research Internship presentation	Emergency Medicine Resident, Boston Medical Center, Founder of Pre-Health Dreamers
Nellie Thompson (master's student)	06/12-08/12	Analysis of beverage contracts from CA public schools	Thesis, London Hygiene and Tropical Medicine	Senior Director of Social Services, NYC Health and Hospitals
Karen Kwaning* (undergrad)	06/13-08/13	Improving water intake among middle school students	UCSF/Kaiser Undergraduate Research Internship presentation	Pediatrics Resident, Boston Children's
Chelsea Young (medical student)#	2013-2014	Improving asthma care in childcare centers	First author <i>Pediatric Allergy, Immunology and Pulmonology, Journal of Asthma</i>	Child Psychiatrist, Mill Valley, CA
Anna Grummon (undergrad)	2012-present	Interventions to promote healthy beverage intake; methods to assess child beverage intake	First author <i>Preventing Chronic Disease, Public Health Nutrition, Journal of Nutrition Education and Behavior, Obesity Reviews</i> , co-author <i>Preventing Chronic Disease</i> ; presentation RWJF Healthy Eating Research Meeting (2); RWJF grant (2), First 5 Grant, K01 NIH	Assistant Professor, Stanford Pediatrics

Amelie Hecht (undergrad)	2014-2020	Interventions to promote water access and intake; methods to assess drinking water access	First author <i>Public Health Nutrition</i> , co-author <i>Journal of Nutrition Education and Behavior</i> , <i>Journal of School Health</i> , <i>Public Health Nutrition</i> , <i>Journal of Community Health</i>	National Poverty Fellow, Office of Planning, Research, and Evaluation
Julian Ponce* (undergrad)	2014-2020	Teacher role modeling of beverage intake in elementary schools	Presentation at Society Chicanos in Science; co-author <i>Journal of Community Health</i>	PhD student, Community Health Sciences at University of California Los Angeles
Sasha Yovanovich* (undergrad)	2015-2017	Validation of a photo tool to examine water access in schools	Co-author pub <i>Journal of Community Health</i>	Child Psychiatry Resident, Children's Los Angeles
Michael Freedman (medical student)	2016-2018	Association of flavored milk consumption and obesity	Co-author <i>Preventive Medicine</i>	Pediatric Intensive Care Fellow, Stanford
Amanda Cooper (master's student)	2017-2020	Case studies of schools with excellent and poor water access	Master's thesis, first author <i>Public Health Nutrition</i> , Academic Pediatric Association award, presentation Pediatric Academic Societies	Medical student, University of Utah
Jeff Ezennia* (master's student)	2017-present	The impact of the park beverage environment on beverage intake; the association of student's perceptions of drinking water with beverage intake and obesity	Master's thesis, first author publications (2) <i>Academic Pediatrics</i> , <i>H2OOpen</i> , co-author (1) <i>Preventing Chronic Disease</i> , NIH supplement to promote diversity, Workshop Presentation Pediatric Academic Societies	Family Medicine Resident, UCLA
Priyanka Sharma (medical student)	2018-2021	Strength/comprehensiveness of water language in school policies	First author publication <i>Nutrition Education and Behavior</i>	Pediatric Resident, UC Los Angeles
Gala Moreno* (undergrad student)	2016-2021	Water First: The impact of water promotion on child intake of beverages and food, and obesity	First author <i>Contemporary Clinical Trials</i> ; co-author <i>Preventive Medicine Reports</i> ; presentation Academic Pediatric Association region 9/10 meeting	Internal Medicine Resident, Brigham and Women's Hospital

Emily Altman (graduate student)	2017-2021	Water access in CA schools before and after water in schools policy	First author <i>Preventive Medicine Reports</i> ; co-author <i>Contemporary Clinical Trials</i>	PhD student, Epi, UC Berkeley
Isi Loretta Umunna* (master's student)	2018-2020	Drinking water quality in CA public schools	First author <i>Preventing Chronic Disease</i>	Health Consulting, Mckinsey
Maggie Rosenthal (undergraduate student)	2019-present	Evaluation of the impact of safe water access and promotion in parks alongside soda taxes	Stanford Haas Public Service CBPR Fellowship; first author publication <i>Preventing Chronic Disease</i> ; presentation Stanford Diabetes Research Center	Medical student, University of Alabama, Birmingham
Jazmin Perez* (medical student)	2019-present	Implementation of the CA school water testing program	Stanford Medical Scholars Program grant	Internal Medicine Resident, University of California, San Francisco
Ashley Jowell (medical student)	2020-present	Strengthening school meals programs to address food insecurity for Latinx populations	Stanford Medical Scholars Program grant funded; 1 st author <i>Public Health Nutrition</i> ; United States Public Health Service (USPHS) Excellence in Public Health Award, Stanford Kennedy-Diamond Graduate Award for Excellence in Community Engaged Learning and Research	Internal Medicine Resident, Duke
Emma Higuchi (master's student)	2020-present	Examining food waste and packaging of school meals	Presentation, No Kid Hungry, publication submitted, co-author <i>Nutrients</i>	Master's student, Stanford Sustainability and Practice
Brandon Cortes* (high school student)	2020-2023	Examining the nutritional content of school meals provided during the pandemic in the Central Valley of CA	<i>Policy brief</i> , co-author publication under review	Undergraduate, University of California, Davis
Jonathan Tyes* (medical student)	2021-present	Kids are already too sweet: examining added sugar content of school meals	<i>Policy brief</i>	Medical Student, University of Kentucky; NIDDK Medical Students' Training Program

Nathaniel Porter (medical student)*	2021	Understanding the cost/benefits of Water First		Medical Student, Stanford
Crystal Chidume (undergraduate)*	2021	Understanding the cost/benefits of Water First		Strategy Consultant, Deloitte Consulting
Kelly Garvey (master's student)	2021-present	Examining drinking water quality in California public schools	First author, <i>Public Health Reports</i>	PhD Student, UC Santa Barbara
Leslie Gerstenfield (master's student)	2021-present	Understanding how the Water First intervention differentially affected caloric intake by students' food insecurity status	Publication under review	Research Associate, UCSF
Wasan Kumar (medical student)	2021-present	Reopening drinking fountains in schools during the COVID-19 pandemic	Perspective published <i>California School Boards Association</i>	Medical student, Stanford
Kiara Revels (master's student)*	2022-present	Examining the impact of Healthy Drinks, Healthy Futures on children's beverage intake and weight status	Publication in progress	Medical Student, University of Chicago
Liz Heckard (master's student)*	2022-present	Examining the impact of Healthy Drinks, Healthy Futures on children's beverage intake and weight status	Publication in progress	Research Assistant, Cedar's Sinai
Gwendolyn Aguilar (undergraduate)*	2023	Examining the impact of Healthy Drinks, Healthy Futures on children's beverage intake and weight status		Undergraduate student, Stanford
*Taylor Estes (medical student)	2023	Elementary school perspectives of enhancing school meals and meal communications.	Publication in progress	Medical student, Howard University College of Medicine,
Anjali Gupta (medical student)	2023-	Examining how fidelity of the Water Intervention impact outcomes	Publication in progress	Medical student, Stanford & Knight-Hennessy Scholar

Ujala Shafiq (master's student)	2023-	Exploring the Interplay Between Diet Quality, Acculturation, and Childhood Body Mass Index	Publication in progress	Masters student, Global Health, UCSF
Viviane Richard (visiting PhD student)	2023-	Water promotion for overweight prevention in schoolchildren: who does it work best for?	Publication in progress	Visiting PhD student, Stanford

Postdoctoral Residents and Fellows

NAME (MENTEE STATUS)	DATES	RESEARCH TOPIC	OUTCOMES	CURRENT POSITION
Candice Taylor* (pediatric resident)	2008-2009	Evaluation of a school healthy lifestyle program	AAP CATCH grant	Associate Professor, UC Irvine
Mimi Choi (pediatric resident)	2009-2012	Optimizing BMI reporting in San Francisco public schools	AAP CATCH grant; presentation American Academy of Pediatrics	Assistant Professor, UCLA Olive View
Jason Bacha (pediatric resident)	2009-2012	Improving safe water access in San Francisco parks	AAP CATCH grant; presentation Academic Pediatric Association Region 9/10	Baylor International Aids Initiative
Natalie Burman (post-doc fellow)	2010-2012	Missing weight and height at preventive visits for children	First author <i>Clinical Pediatrics</i>	Associate Dean for Regional Education and Academic Support, Uniformed Service University, San Diego
Rachel Jordan (pediatric resident)	2012-2014	Physical activity policies in childcare centers	Pediatric Academic Societies presentation, K23 funded	Assistant Professor, Pediatric Endocrinology, Harvard
Emma Steinberg (pediatric resident)	2015-present	Leveraging school-based food pantries to promote health	AAP CATCH grant, Pediatric Academic Societies presentation	General Pediatrician, Mass General Brigham
Meredith Laguna (pediatric resident)	2015-2019	Teacher role modeling of beverage intake in elementary schools	First author, <i>Journal of Community Health</i>	Associate Professor, UCSF
Bianca Argueza* (pediatric resident)	2015-2018	Fostering children's resilience through mindfulness	AAP CATCH grant, Academic Pediatric Association Region 9/10 presentation	Assistant Professor, Pediatrics, UCSF

Becky Dang (clinical fellow)	2018- present	Temperature measurement and values at well child visits	Pediatric Academic Societies presentation, Stanford master's tuition support, Gerber grant, <i>publications (4)</i> , Stanford institutional bridge to K award, K08 pending resubmission, PEDSnet scholar grant	Instructor, Stanford Pediatric Hospital Medicine
Tatum Sohlberg (pediatric resident)	2020- present	Using photo-voice to advocate for changes in quality and appeal of school meals during COVID-19	Stanford Pediatrics Resident Research grant, First author <i>Nutrients</i>	Pediatrician, San Mateo Public Health Center
Monica Ruiz (clinical fellow)*	2021- 2023	Validation of hair cortisol concentrations as a measure of adverse childhood experiences and toxic stress	F32 grant funded	Assistant professor, Pediatrics, Brown University
Preeti Panda (clinical fellow)	2021- present	Creating a predictive tool for identifying human trafficking from patient charts in the EMR.	Masters tuition support from Maternal and Child Health Research Institute, Academy for Women in Academic Emergency Medicine, publication under review, KL2 grant	Assistant Professor, Stanford emergency medicine
Andrea Pedroza Tobias* (postdoctoral fellow)	2022- present	Building evidence to increase the quality and appeal of school meals	Stanford Impact Labs postdoctoral funding, Pilot grant from NIDDK Diabetes Research for Equity through Advanced Multilevel Science Center, MCHRI Postdoctoral Research Support, Policy brief, several publications in progress	Postdoctoral fellow, Stanford Pediatrics

Jean Lee (clinical fellow)	2023- present			Clinical fellow, pulmonology; masters student, Epidemiology and Clinical Research, Stanford
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Faculty

NAME (MENTEE STATUS)	DATES	RESEARCH TOPIC	OUTCOMES	CURRENT POSITION
Amy Beck (near-peer; post- doc fellow)	2011- present	Trends in SSB and fruit juice consumption among CA children, clinic-based interventions to prevent obesity in infants	First author <i>Academic Pediatrics, Public Health Nutrition</i> , R01 funded	Associate Professor, UCSF
Gregory Tasian (near-peer; junior faculty)	2014- 2019	Identifying and mitigating risk factors for dehydration-mediated nephrolithiasis in adolescents	First author <i>Journal of Urology</i> , co-author <i>Preventing Chronic Disease, Contemporary Clinical Trials</i> , RWJF grant (PI: Lawman)	Associate Professor of Urology, University of Pennsylvania
Hannah Lawman (near-peer; Director Research Evaluation Philadelphia Dept. of Public Health)	2017- 2019	Studying the Effectiveness of an Intervention to Increase Water Access and Appeal for Underserved Populations Outside School Settings	First author <i>Preventing Chronic Disease, Contemporary Clinical Trials</i> , RWJF grant	Director of Research Evaluation Philadelphia Dept. of Public Health
Katie Kan (Assistant Professor, Stanford)	2022- present	Community-Engaged Research to Improve Lower Urinary Tract Symptoms in school-aged children.	MCHRI Structural Racism, Social Injustice and Health Disparities Grant, Society for Pediatric Urology Award, K12 Urology Research at Stanford (KUReS) Career Development Program in Benign Urology, publications in progress	Assistant Professor, Urology, Stanford

Tamar Green, (Assistant Professor, Stanford)	2023-present	Community engaged approach to improving access to quality care for families affected by rare disorders	MCHRI Community Engaged Research to Engage Health Equity grant	Assistant Professor, Child Psychiatry, Stanford
Christopher Russell, (Associate Professor, Stanford)	2023-present	Promoting health equity and quality of life after respiratory-related hospitalizations for children with medical complexity	MCHRI Faculty Scholar Award, Mentored Career Enhancement Award in Health Equity and Quality of Life Research for Children with Medical Complexity Application (scored and resubmission in progress)	Associate Professor, Pediatrics, Stanford

RESEARCH & CLINICAL AREAS OF INTEREST

- Community-based participatory research
- Randomized controlled trials, policy evaluation, mixed methods research
- Prevention of chronic diseases, including childhood obesity
- Child nutrition and food insecurity
- Schools and early care and education settings
- Racial/ethnic and socioeconomic disparities in child health