

LATHA PALANIAPPAN, M.D., M.S., FAHA, FACP, FACC

PROFESSOR

STANFORD UNIVERSITY SCHOOL OF MEDICINE

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EDUCATION

Residency and Fellowship Training

2000 – 2003 Postdoctoral Fellowship
Stanford Prevention Research Center, Stanford, CA

1997 – 1999 Residency, Internal Medicine
Kaiser Permanente Foundation Hospital, San Francisco, CA

Universities Attended

2001 M.S. (Clinical Epidemiology), Stanford University, Stanford, CA

1996 M.D., University of Michigan Medical School, Ann Arbor, MI

1993 B.A. with Honors (Biomedical Sciences/Philosophy), University
of Michigan, Ann Arbor, MI (accepted into the Integrated
Premedical-Medical Program)

Other Leadership Training

2015 Executive Program for Women Leaders
Stanford University, Stanford, CA

PROFESSIONAL POSITIONS

Academic Appointments

2017 – PRESENT Professor
Stanford University School of Medicine, Stanford, CA

2014 – 2017 Clinical Professor
Stanford University School of Medicine, Stanford, CA

2010 – 2014 Consulting Associate Professor
Stanford University School of Medicine, Stanford, CA

2008 – 2013 Clinical Assistant Professor
University of California San Francisco (UCSF), San Francisco,
CA

2006 – 2009 Adjunct Clinical Assistant Professor
Stanford University School of Medicine, Stanford, CA

2004 – 2006 Instructor
Office of Research on Women’s Health (ORWH) Building
Interdisciplinary Research Career in Women’s Health
(BIRCWH) Award (K12 - 5K12HD043452-01)

Stanford University School of Medicine, Stanford, CA

Other Appointments

2012 – 2014 Medical Director of Clinical Research
Palo Alto Medical Foundation Research Institute, Palo Alto, CA

2009 – 2014 Associate Investigator, Health Policy Research
Palo Alto Medical Foundation Research Institute, Palo Alto, CA

2006 – 2009 Assistant Investigator, Health Policy Research
Palo Alto Medical Foundation Research Institute, Palo Alto, CA

LEADERSHIP ROLES

2017 – PRESENT Scientific Director of Precision Genomics and
Pharmacogenomics in Primary Care
Stanford Division of Primary Care and Population Health

2017 – PRESENT Associate Director for Education, Population Health Sciences,
Stanford University, Stanford, CA

2015 – PRESENT Chair, Science and Clinical Education Lifelong Learning
Committee
American Heart Association, Council on Epidemiology and
Prevention

2016 - 2017 Consultant, Implementation of Genetics and Pharmacogenetics
in Primary Care
Executive Medicine, Stanford Health Care, Stanford, CA

2016 – PRESENT Chair, Fall Scientific Sessions Program Committee
America Heart Association Annual National Meeting

2016 – PRESENT Chair, Epidemiology Lifelong Learning Program Committee
National Council on Epidemiology and Prevention
America Heart Association

2015 – PRESENT Senior Fellow, Stanford Center for Innovation in Global Health

2015 – PRESENT Member, National Quality of Care and Outcomes
Research/Epidemiology Social Determinants of Health Science
Subcommittee
American Heart Association

2015 – PRESENT Board of Directors
American College of Cardiology, Northern California Chapter

2011 – 2013 Chair, Publications Committee
National Council on Epidemiology and Prevention
American Heart Association

2006 – 2014 Co-Founder, South Asian Wellness Task Force: PRevention &
AwareNess for South Asians (PRANA) Program
(www.pamf.org/prana)

2012 – 2014	Chair, Committee on System Level Biobanking Sutter Health, Sacramento, CA
2011 – 2014	Co-Chair, Peninsula Coastal Region Organizational Cultural Competency Committee Sutter Health, Sacramento, CA
2006 – 2014	Shared Medical Appointment Steering Committee Palo Alto Medical Foundation, Palo Alto, CA
2005 – 2006	Founder, Stanford University Red Dress Committee Stanford, CA
1999 – 2000	Medical Director, Médecins Sans Frontières Doctors Without Borders Dili, East Timor
1997 – 1999	Elected Representative, Class of 1999, Graduate Medical Education Committee San Francisco, CA

BOARD CERTIFICATION

2013 – PRESENT	Certified Physician Investigator Association of Clinical Research Professionals
1999, 2009	The American Board of Internal Medicine
1998 – PRESENT	The Medical Board of California

HONORS AND AWARDS

2017	India Community Center: Health Leadership Award
2016	Top Doctor: Top Internist in California Award
2016	Stanford University Asian American Faculty Award
2013	Silicon Valley Business Journal Health Hero Award
2013	Elected Fellow: American College of Cardiology
2011	Who's Who in America 2012 (66 th Edition)
2010	Elected Fellow: American College of Physicians
2007 – 2018	“Top Physician” Consumer’s Research Council of America
2003	Katherine McCormick Travel Award
2001	Elected Fellow, American Heart Association Seminar on the Epidemiology and Prevention of Heart Disease

PROFESSIONAL ORGANIZATIONS

Elected Professional Society Fellowships

2013 American College of Cardiology (FACC)
2010 American College of Physicians (FACP)
2003 American College of Epidemiology (FACE)
2002 American Heart Association (FAHA)

Current Professional Society Memberships

2007 – PRESENT Member, National Lipid Association
2002 – PRESENT Member, American Diabetes Association
1993 – PRESENT Member, American Medical Women’s Society
1993 – PRESENT Member, American Medical Association

Committee Membership

2017 – PRESENT National Minority Cardiovascular Health Alliance Steering Committee, Make Well Known Foundation
2013 – PRESENT Statistics Committee, American Heart Association
2011 – 2013 Professional Education Committee, American Heart Association
2011 – 2013 Leadership Committee, American Heart Association
2009 – 2011 Minority Committee, American Heart Association

Study Advisory Boards

2013 – 2016 Colorectal Cancer Screening Among South Asians
2000 – 2002 Cardiovascular Risk Factors Among South Asians

PROFESSIONAL ACTIVITIES

Leadership Roles

- American College of Cardiology, California Board of Directors (2016-present)
- Science Advisory and Coordinating Committee of the American Heart Association/American Stroke Association (2018 - present)

Scientific Programs

- Spring Program Committee, American Heart Association
- Fall Program Committee, American Heart Association

Abstract Reviews

- Invited Reviewer for Scientific Sessions Abstracts (2010 – 2018)
American Heart Association

Ad Hoc Journal Reviews

- Endocrine Reviews
- Journal of the American College of Cardiology
- Circulation
- Diabetes Care

- Metabolism
- American Journal of Kidney Diseases
- PLoS ONE
- American Public Health Association
- American Journal of Managed Care
- Ethnicity and Disease

Scientific Grant Review Committees

- National Institute on Minority Health and Health Disparities (NIMHD) U54 Special Emphasis Panel (SEP) Member Transdisciplinary Collaborative Centers for Health Disparities Research on Chronic Disease Prevention (U54) March 2019
- Invited Reviewer of Kidney, Nutrition, Obesity and Diabetes Study Section National Institute of Diabetes and Digestive and Kidney Disease, National Institutes of Health Multiple Sessions
- Invited Reviewer for the American Heart Association, Genomics and Translational Biology Epidemiology/Observational Epidemiology Multiple Sessions
- Invited Reviewer of American Reinvestment Recovery Act grant applications National Institutes of Health 2009

GRANT AWARDS

Current

2017 – 2019	<p><u>Funder</u>: Translational Medicine (TRAM)</p> <p><u>Title</u>: Identifying the Molecular Mechanisms of Physical Activity on Vascular Function in Type 2 Diabetes</p> <p><u>Role</u>: Co-PI; <u>Co-PI</u>: Joe Wu, MD</p> <p><u>Role</u>: Co-PI; <u>Co-PIs</u>: Nigam Shah, PhD, Karen Eggleston, PhD</p>
2015 – 2019	<p><u>Funder</u>: NIH/NHLBI (R01)</p> <p><u>Title</u>: CASPER: Cardiovascular Disease among Asians and Pacific Islanders</p> <p><u>Role</u>: Co-PI; <u>Co-PIs</u>: Beth Waitzfelder, PhD, Stephen Fortmann, MD</p>
2014 – 2019	<p><u>Funder</u>: NIH/NIDDK (R01)</p> <p><u>Title</u>: STRONG-D: Strength Training Regimen for Normal Weight Diabetics</p> <p><u>Role</u>: PI</p>
2013 – 2019	<p><u>Funder</u>: NIH/NIDDK (R18)</p> <p><u>Title</u>: Initiate and Maintain Physical Activity in Clinics: The IMPACT Diabetes Study</p> <p><u>Role</u>: PI</p>

Completed

2017 – 2018 Funder: Stanford Center for Clinical and Translational Research and Education
Title: ASSURE: Assessment of StatinS in Understudied Races

2012 – 2017 Funder: NIH/NIMHD (R01)
Title: CAUSES: Causes of Asian American Mortality Understood by Socio-Economic Status
Role: Co-PI; Co-PI: Mark Cullen, MD

2015 – 2016 Funder: Stanford Spectrum Internal Grant
Title: Pioneering Genomic Medicine at Stanford: Developing a Personalized Medicine Practice
Role: Co-PI; Co-PI: Mark Cullen, MD

2012 – 2015 Funder: NIH/SBIR
Title: ALIVE: A Lifestyle Intervention by Email for Pre-Diabetes
Role: Co-Investigator; PI: Gladys Block, PhD

2012 – 2015 Funder: American Diabetes Association
Title: Gestational Diabetes in Asian Americans: Predictors, Problems and Progression
Role: PI

2012 – 2013 Funder: NIH/ NIMHD (R13)
Title: Cardiovascular Disease and Cancer Risk in South Asians: From Research to Practice
Role: Co-PI; Co-PI: Francesca Gany, MD

2009 – 2013 Funder: NIH/NIDDK (R01)
Title: Identifying Disparities in Type 2 Diabetes Among Asian Americans: The Pan Asian Cohort Study
Role: PI

2009 – 2011 Funder: NIH/NIDDK (R01)
Title: (Competitive Revision) Comparative Effectiveness of Oral Diabetes Medications Among Asian Americans
Role: PI

2009 – 2011 Funder: NIH/NIDDK (R01)
Title: Summer Supplement
Role: PI

2008 – 2010 Funder: American Heart Association
Title: Asian American Heart Study
Role: PI

2006 – 2008 Funder: Agency for Healthcare Research and Quality
Accelerating Change and Transformation in Organizations and Networks
Title: Assessing Physician Incentives for Pay for Performance
Role: Site PI; PI: Harold Luft, PhD

2003 NIH Career Development Award

Office of Research on Women's Health (ORWH) Building
Interdisciplinary Research Career in Women's Health
(BIRCWH) Award (5K12HD043452-01)
2000 NIH National Research Service Award (5F32HL010338)

CLINICAL EXPERIENCE

2017 – PRESENT Pharmacogenomics Consult Service
Stanford Healthcare
2014 – PRESENT Internal Medicine Doctor
Stanford Healthcare – Executive/Concierge Medicine
2007 – 2014 Consultant, South Asian Consult Service – PRANA
Palo Alto Medical Foundation
2002 – 2008 Attending Physician
Preventive Cardiology Clinic
Stanford University School of Medicine
2002 – 2004 Staff Physician, Emergency Department
Veterans Affairs Palo Alto Health Care System (VAPAHCS)

TEACHING EXPERIENCE

Course Director or Co-Coordinator - Current

2017 – 2018 Population Health, Practice of Medicine
1st year Medical Student Curriculum
Stanford University School of Medicine
F17-INDE-201-01, W18-INDE-202-01, Sp18-INDE-203-01
2017-2018 Disease Prevention/Health Promotion Seminars
(Co-Coordinator: Fall, Winter, Spring)

Guest Lecturer

2014 - 2017 HUMBIO 122M: Challenges of Human Migration: Health and
Health Care of Migrants and Autochthonous Populations
Stanford University School of Medicine, Professor: Eunice
Rodriguez, DrPH

2017 - 2017 CHPR 260: Prevention Across Medical Disciplines
Stanford University School of Medicine, Professor: Marcia Stefanick, PhD

2013 - 2016 HRP 236: Epidemiology Research Seminar
Stanford University School of Medicine, Professor: Rita Popat, PhD

2005 – 2006 Course Director, “Heart Disease and Diabetes”
Stanford University School of Medicine

2002 – 2002 Visiting Lecturer in Cardiology
University of New South Wales
Stanford University School of Medicine

PUBLIC SERVICE

2017 Invited Lecturer, San Jose Gurdwara

2017 – PRESENT Volunteer Physician, Cardinal Free Clinics, Palo Alto, CA

2008 – PRESENT Volunteer Physician, Los Médicos Voladores (Flying Doctors)

2007 – PRESENT Invited Lecturer and Invited Physician
India Community Center, Fremont

2004 – PRESENT Member, Research Committee
South Asian Hearst Center, El Camino Hospital

2004 – 2007 Volunteer Lecturer, Stanford Youth Science Mentorship Program

2000 – PRESENT Advisor, South Asian Preventive Health Outreach Program (SAPHOP)

1999 – PRESENT Volunteer, Médecins Sans Frontières, Return Volunteer Network

1997 – 2004 Volunteer, Rota Care Clinic Volunteer Monthly

INVITED PRESENTATIONS

2019 Physical Activity Interventions in Type 2 Diabetes Mellitus, M.V. Hospital for Diabetes, Chennai, India

2018 Pharmacogenomics for Precision Cardiovascular Health, Stanford-Duke Cardiovascular Research Symposium, Stanford University, California

2018 The Atherosclerotic Cardiovascular Disease Continuum of Care: Spotlight on Diabetes Mellitus in the Multi-Risk Patient, American College of Cardiology, Kuala Lumpur Malaysia, Ho Chi Minh City, Vietnam, and Jakarta Indonesia

2018 Preventing Chronic Disease in South Asians – Novel Approaches, Google World Headquarters, Mountain View, California

- 2018 Technology Approaches to Non-Communicable Disease, the Arogya World Approach, Apple World Headquarters, Cupertino, California
- 2018 The Atherosclerotic Cardiovascular Disease Continuum of Care: Spotlight on Diabetes Mellitus in the Multi-Risk Patient, American College of Cardiology, Cairo, Egypt
- 2017 Keynote Lecture: Making Your Ideas Worth It, Stanford Biosciences Grant Writing Academy, Stanford, CA
- 2017 Plenary Session: Pathophysiology and Treatment Options for Normal Weight Diabetes, Cardiometabolic Research Symposium, Yonsei University, Seoul, South Korea
- 2017 Comparison of Korean and Korean American Cardiovascular Risk, Cardiometabolic Research Symposium, Yonsei University, Seoul, South Korea
- 2017 Keynote Lecture: New Aspects of Familial Hypercholesterolemia. 81st Annual Scientific Meeting of the Japanese Circulation Society, Kanazawa, Japan
- 2017 Protection of Youngsters from Cardiovascular Disease: A Recommendation for the Kanazawa Declaration. 81st Annual Scientific Meeting of the Japanese Circulation Society, Kanazawa, Japan
- 2017 Cardiac Health Lessons from a Cross-Country Comparison of Japanese Populations. 81st Annual Scientific Meeting of the Japanese Circulation Society, Kanazawa, Japan
- 2016 Understanding Cardiovascular Health Disparities and Genomics American Heart Association 2016 Scientific Sessions, New Orleans, Louisiana
- 2016 What is the Right Prescription? (for normal weight diabetics) Stanford - Karolinska Cardiovascular Research and Medicine Symposium, Stanford, CA
- 2016 Implementing Evidence Based Genetic Testing in Primary Care Continuing Medical Education, Stanford University School of Medicine, Stanford, CA
- 2016 Doctors without Borders: The East Timor Experience Center of Excellence in Diversity in Medical Education, The Stanford Summer Community College Premedical Program (SSCCPP)
- 2016 A Tale of Two Countries: Chinese and Japanese Immigrants in the U.S. Interdisciplinary Symposium: Immigration and Health, Stanford Center for Population Health Sciences
- 2016 Asian American Health – Learning from Diversity Guest Speaker for HUMBIO 122M: Challenges of Human Migration: Health and Health Care of Migrants and Autochthonous Populations Stanford University School of Medicine, Professor: Eunice Rodriguez, DrPH
- 2016 Diabetes Without Borders Guest Speaker for CHPR 260: Prevention Across Medical Disciplines Stanford University School of Medicine, Professor: Marcia Stefanick, PhD
- 2016 Physical Activity Interventions in Type 2 Diabetes Guest Speaker for HRP 236: Epidemiology Research Seminar Stanford University School of Medicine, Professor: Rita Popat, PhD
- 2016 Asian American Health – Learning Through Diversity CVD Seminar, Northwestern University, Chicago, IL
- 2016 Embarking on CASPER – Lessons learned from PACS and CAUSES Kaiser Permanente, Center for Health Research, Honolulu, HI

- 2015 Asian American Health – Opportunities for Public Health Improvement
University of Colorado Denver, School of Public Health, Denver, CO
- 2015 Asian American Health – Learning from Diversity
Peking University China Center for Health Development Studies, Peking, China
- 2015 Separate and Not Equal: Cardiovascular Disease Among Asian Subgroups
University of California Cardiology Grand Rounds, Los Angeles, CA
- 2014 The AHA Scientific Advisory on Asian Americans
Clinical Lipid Update, National Lipid Association, Maui, HI
- 2014 Addressing CVD Risk in Asian Americans
Cardiovascular Disease Prevention 2014
Novel Strategies and Emerging Therapies Conference, Cancun, Mexico
- 2013 Research Biobanks: Future Directions
Palo Alto Medical Foundation Research Institute (PAMFRI) Research Forum, Palo Alto, CA
- 2012 Keynote Presentation: The Role of Race/Ethnicity in Cardiovascular Disease Risk
Preventive Cardiology Nurses Association Annual Symposium, Washington, DC
- 2012 Doctors without Borders
Stanford University Center for Innovation in Global Health, Stanford, CA
- 2012 Out of Many, One: Finding a Unified Voice for the Diverse Interests Represented by the Non-Communicable Disease Movement
University of California Global Health Day, Berkeley, CA
- 2012 From Pan Asian Cohort Study to the Polycap: A Brief Overview of Global Health Research at Palo Alto Medical Foundation, Stanford Global Health Interest Group, Stanford, CA
- 2012 The DISCOVeR Program – Disparities and Culture: Outcomes in Vitality Research: “Helping you take optimal care of your patients”
Palo Alto Medical Foundation Research Institute Research Forum, Palo Alto, CA
- 2012 Cardiovascular Disease in the Elderly of Various Racial/Ethnic Groups
Palo Alto Medical Foundation Grand Rounds, Palo Alto, CA
- 2011 Cardiovascular Disease: Care of Diverse Elders and their Families in Primary Care
Stanford Geriatric Education Center Webinar Series, Stanford, CA
- 2011 Mixed Dyslipidemia
Samaritan Albany General Hospital, Albany, OR
- 2011 Atherogenic Lipoproteins
Samaritan Lebanon Community Hospital, Lebanon, OR
- 2011 Filipino Health: Findings from a Northern California Population
St. Luke’s Hospital Global Makati, Philippines, (Virtual Presentation)
- 2011 Using Electronic Health Record Data for Epidemiological Research – Promises and Pitfalls
Northwestern University, Chicago, IL
- 2011 Managing Metabolic Syndrome in Elderly Populations
American Heart Association
Spotlight Series Continuing Medical Education Program, Honolulu, HI
- 2011 Atherogenic Risk In Metabolic Syndrome
American Heart Association
Spotlight Series Continuing Medical Education Program

- Wilcox Memorial Hospital, Lihue, HI
- 2009 Recognition and Treatment of HDL-C in Mixed Dyslipidemia
American Heart Association
Spotlight Series Continuing Medical Education Program
Tahoe Forest Health System, Truckee, CA
- 2009 Beyond LDL-C: The Value of Measuring Other Atherogenic Lipoproteins & Markers
of Atherogenic Risk, Continuing Medical Education Program
Tahoe Forest Health System, Truckee, CA
- 2008 Cultural Differences in Medical Presentation – The PRANA South Asian Wellness
Program
Palo Alto Medical Foundation Grand Rounds Continuing Medical Education
Presentation, Palo Alto, CA
- 2007 Motivating Patients to Follow Dyslipidemia Management Plans: Overcoming
Barriers to Adherence. Pri-Med Institute Continuing Medical Education Program,
Las Vegas, NV
- 2007 Dyslipidemia and Cardiovascular Risk Reduction: An Evidence-Based Review
Practicing Clinicians Exchange Continuing Education Series, Irvine, CA
- 2007 The Palo Alto Medical Foundation: Creating Collaboration for Translational
Research
The Center for Health Research, University of California at Berkeley, Berkeley, CA
- 2006 Keynote Address. Nurses and Women: Partners for Cardiovascular Disease
Prevention
Nurses Organization of Veterans Affairs Conference
- 2006 Cardiovascular Disease in South Asians: Future Directions
TIE Featured Speaker, Santa Clara, CA
- 2006 Women and Cardiovascular Disease: Prevention, Diagnosis and Treatment
Kaiser CME, San Francisco, CA
- 2006 Heart Disease in Women: Epidemiology and Prevention
Stanford University Heart Health Event, Stanford, CA
- 2006 Treatment of Pre-diabetes and CVD Prevention
Seychellois Ministry of Health, Victoria, Seychelles
- 2005 Epidemiology of Cardiovascular Disease in South Asians: Principles and Practice
Stanford University Medical Center, Stanford, CA
- 2005 Human Rights Abuses in East Timor
Physicians for Human Rights Course
Stanford University Medical Center, Stanford, CA
- 2005 Weight Management for Women in the Workplace
Workplace Wellness Symposium, Stanford University Medical Center, Stanford, CA
- 2004 Obesity, Exercise, and Weight Loss in Women of Color
Improving the Health of Older Women of Color Conference
Stanford University Medical Center, Stanford, CA
- 2004 Health Consequences of Obesity
Health Coach Training Program, Stanford University Medical Center, Stanford, CA
- 2004 Doctors Without Borders: The East Timor Experience
Stanford Prevention Research Center, Stanford, CA

- 2004 Heart Disease and Women
Women's Health Week, Stanford University, Stanford, CA
- 2003 Ethnic Differences in Coronary Heart Disease and Stroke Mortality in California, 1990-2000
Society of General Internal Medicine Scientific Sessions; Vancouver, BC, Canada
- 2003 Heterogeneity in the Relationship Between Race, Obesity, and Insulin
Stanford Prevention Research Center Seminar
- 2003 Getting with the Guidelines, Veterans Affairs Hospital, Palo Alto, CA
- 2002 Renal Components of the Metabolic Syndrome: National Health and Nutrition Examination Survey III.
American Heart Association Scientific Sessions; Chicago, IL
- 2002 Update on the National Cholesterol Education Program: ATP III
Kaiser Foundation Hospital, Continuing Medical Education Conference
- 2001 A Practical Approach to Common Lipid Disorders
Cowell Student Health Service, Stanford University, Stanford, CA
- 1999 A Comparison of Plasma Lipid Analytes, Anthropometric Measurements and Nutrition in Caucasian American, African American, and Indian American Young Women
Kaiser Foundation Hospital, Continuing Medical Education Conference
- 1998 Coarctation of the Aorta, American College of Physicians Regional Meeting

BIBLIOGRAPHY

Peer-reviewed Articles

1. Garcia LC, Chung S, Liao L, Altamirano J, Fassiotto M, Maldonado B, Heidenreich P, **Palaniappan L**. Comparison of Outpatient Satisfaction Survey Scores for Asian Physicians and Non-Hispanic White Physicians. *JAMA Network Open*. 2019 Feb 22. PMID: N/A.
2. Rodriguez F, Blum MR, Falasinnu T, Hastings KG, Hu J, Cullen MR, **Palaniappan LP**. Diabetes-Attributable Mortality in the United States from 2003 to 2016 Using a Multiple-Cause-of-Death Approach. *Journal of Diabetes Research and Clinical Practice*. 2019 Jan;148:169-178. PMID: 30641162.
3. Faroqi L, Bonde S, Goni DT, Wong CW, Wong M, Walai K, Araya S, Azamey S, Schreiner G, Bandy M, Raghuram SS, Mittal A, Mukherji A, Wangdak T, Talamoa R, Vera K, Nacif-Coelho C, Cde LG, Christensen M, Johannsen N, Haddad F, Moharir M, **Palaniappan L**. STRONG-D: Strength training regimen for normal weight diabetics: Rationale and design. *Journal of Contemporary Clinical Trials*. 2019 Jan;(78):101-106. PMID: 30625372.
4. **Palaniappan L**, Garg A, Enas E, Lewis H, Bari S, Gulati M, Flores C, Mathur A, Molina C, Narula J, Rahman S, Leng J, Gany F. South Asian Cardiovascular Disease & Cancer Risk: Genetics & Pathophysiology. *Journal of Community Health*. 2018 Dec;43(6):1100-1114. PMID: 29948525.
5. Karakunnel JJ, Bui N, **Palaniappan L**, Schmidt KT, Mahaffey KW, Morrison B, Figg WD, Kummur S. Reviewing the Role of Healthy Volunteer Studies in Drug Development. *Journal of Translational Medicine*. 2018 Dec;16(1):336. PMID: 30509294.

6. Chung S, Mujal G, Liang L, **Palaniappan LP**, Frosch DL. Racial/ethnic differences in reporting versus rating of healthcare experiences. *Journal of Medicine (Baltimore)*. 2018 Dec;97(50):e13604. PMID: 30558033.
7. Hills AP, Misra A, Gill JMR, Byrne NM, Soares MJ, Ramachandran A, **Palaniappan L**, Street SJ, Jayawardena R, Khunti K, Arena R. Public health and health systems: implications for the prevention and management of type 2 diabetes in south Asia. *Journal of Lancet Diabetes Endocrinol*. 2018 Dec;6(12):992-1002. PMID: 30287104.
8. Hastings KG, Boothroyd DB, Kapphahn K, Hu J, Rehkopf DH, Cullen MR, **Palaniappan L**. Socioeconomic Differences in the Epidemiologic Transition from Heart Disease to Cancer as the Leading Cause of Death in the United States, 2003 to 2015: An Observational Study. *Annals of Internal Medicine*. 2018 Dec; 169(12):836-844. PMID: 30422275.
9. Faroqi L, Wong M, Bonde S, Wong CW, Walai K, West W, Goni DT, Araya S, Azamey S, Nacif-Coelho C, Raghuram SS, Vera K, Mittal A, Groppo L, Christensen M, Johannsen N, Haddad F, Moharir M, **Palaniappan L**. Evaluating the clinical implementation of structured exercise: A randomized controlled trial among non-insulin dependent type II diabetics. *Journal of Contemporary Clinical Trials*. 2018 Nov;74:25-31. PMID: 30205182.
10. Rodriguez F, Hu J, Kershaw K, Hastings KG, López L, Cullen, MR, Harrington RA, **Palaniappan LP**. County-Level Hispanic Ethnic Density and Cardiovascular Disease Mortality. *Journal of the American Heart Association*. 2018 Oct;7(19):e009107. PMID: 30371295.
11. Volgman AS, **Palaniappan LP**, Aggarwal NT, Gupta, M, Khandelwal A, Krishnan AV, Lichtman JH, Mehta LS, Patel HN, Shah KS, Shah SH, Watson KE, American Heart Association Council on Epidemiology and Prevention; Cardiovascular Disease and Stroke in Women and Special Populations Committee of the Council on Clinical Cardiology; Council on Cardiovascular and Stroke Nursing; Council on Quality of Care and Outcomes Research and Stroke Council. Atherosclerotic Cardiovascular Disease in South Asians in the United States: Epidemiology, Risk Factors, and Treatments: A Scientific Statement From the American Heart Association. *Circulation*. 2018;138(1):e1-e34. PMID: 29794080.
12. David SP, **Palaniappan L**. Clinical and Personal Utility of Genetic Risk Testing. *Journal of American Family Physician*. 2018 May;97(9):600-602. PMID: 29763257.
13. Beune E, Valkengoed I van, Muilwijk M, Kumar B, Diaz E, Gill J, **Palaniappan L**, Davidson E. Development of an intervention for the prevention of type 2 diabetes addressing the specific needs of South Asian-origin population living in the Netherlands: a pilot study. *European Journal of Public Health*. 2018 May;28(suppl_1):5.10-P15. DOI: cky048.201. PMID: N/A.
14. Benjamin EJ, Virani SS, Calaway CW, Chamberlain AM, Chang AR, Cheng S, Chiuve SE, Cushman M, Dellings FN, Deo R, de Ferranti SD, Ferguson JF, Fornage M, Gillespie C, Isasi CR, Jiménez MC, Jordan LC, Judd SE, Lackland D, Lichtman JH, Lisabeth L, Liu S, Longenecker CT, Lutsey PL, Mackey JS, Marchar DB, Matsushita K, Mussolino ME, Nasir K, O'Flaherty M, **Palaniappan LP**, Pandey A, Pandey DK, Reeves MJ, Ritchey MD, Rodriguez CJ, Roth GA, Rosamond WD, Sampson UKA, Satou GM, Shah SH, Spartano NL, Tirschwell DL, Tsao CW, Voeks JH, Willey JZ, Wilkins JT, Wu JH, Alger HM, Wong SS, Muntner P. Heart Disease and Stroke Statistics-2018 Update: A Report from the

- American Heart Association. *American Heart Association Council on Epidemiology and Prevention Statistics Committee and Stroke Statistics Subcommittee*. 2018 Mar 20;137(12):e67-492. PMID: 29386200.
15. Kung A, Hastings KG, Kapphahn KI, Wang EJ, Cullen MR, Ivey SL, **Palaniappan LP**, Chung S. Cross-National Comparisons of Increasing Suicidal Mortality Rates for Koreans in the Republic of Korea and Korean Americans in the USA, 2003-2012. *Epidemiology and Psychiatric Sciences*. 2018 Feb 27(1):62-73. PMID: 27830639.
 16. Thompson CA, Boothroyd DB, Hastings KG, Cullen MR, **Palaniappan LP**, Rehkopf DH. A Multiple-Imputation “Forward Bridging” Approach to Address Changes in the Classification of Asian Race/Ethnicity on the US Death Certificate. *American Journal of Epidemiology*. 2018, Feb 1;187(2):347-357. PMID:29401361.
 17. Puryear L, Downs N, Nevedal A, Lewis ET, Ormond KE, Bregendahl M, Suarez CJ, David SP, Charlap S, Chu I, Asch SM, Pakdaman N, Chang SI, Cullen MR, **Palaniappan L**. Patient and Provider Perspectives on the Development of Personalized Medicine: A Mixed-Methods Approach. *Journal of Community Genetics*. 2017 Dec 27. PMID: 29280052.
 18. Nguyen MT, Hu J, Hastings KG, Daza EJ, Cullen MR, Orloff LA, **Palaniappan LP**. Thyroid cancer mortality is higher in Filipinos in the United States: Analysis Using National Mortality Records from 2003 through 2012. *Cancer*. 2017 Dec 15;123(24):4860-4867. PMID: 28881423.
 19. Rodriguez F, Hastings KG, Hu J, Lopez L, Cullen M, Harrington RA, **Palaniappan LP**. Nativity Status and Cardiovascular Disease Mortality among Hispanic Adults. *Journal of the American Heart Association*. 2017 Dec 13;6(12). PMID: 29237590.
 20. Carnethon MR, Pu J, Howard G, Albert MA, Anderson CAM, Bertoni AG, Mujahid MS, **Palaniappan L**, Taylor HA Jr, Willis M, Yancy CW. Cardiovascular Health in African Americans: A Scientific Statement From the American Heart Association. *American Heart Association Council on Epidemiology and Prevention; Council on Cardiovascular Disease in the Young; Council on Cardiovascular and Stroke Nursing; Council on Clinical Cardiology; Council on Functional Genomics and Translational Biology; and Stroke Council*. 2017 Nov 21;136(21):e393-e423. PMID: 29061565.
 21. Chung S, Panattoni L, Chi J, **Palaniappan L**. Can Secure Patient-Provider Messaging Improve Diabetes Care? *Diabetes Care*. 2017 Oct;40(10):1342-1348. PMID: 28807977.
 22. Pu J, Hastings KG, Boothroyd D, Jose PO, Chung S, Shah JB, Cullen MR, **Palaniappan LP**, Rehkopf DH. Geographic Variations in Cardiovascular Disease Mortality among Asian American Subgroups, 2003-2011. *Journal of the American Heart Association*. 2017 July 12;6(7). PMID: 28701306.
 23. Echeverria SE, Mustafa M, Pentakota SR, Kim S, Hastings KG, Amadi C, **Palaniappan L**. Social and Clinically-Relevant Cardiovascular Risk Factors in Asian American Adults: NHANES 2011-2014. *Preventive Medicine*. 2017 Jun;99:222-227. PMID: 28219784.
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Book Chapters

1. Khan S, Shah N, Parikh N, Iyer, D, and Palaniappan L. Chapter 7: Type 2 Diabetes Mellitus in South Asian Americans. M. J. Perera, E. C. Chang (eds.) Biopsychosocial Approaches to Understanding Health in South Asian Americans, Cross-Cultural Research in Health, Illness and Well-Being. Springer International Publishing, 2018:121-147.
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Books

1. Aurora, M, Patel, N, Rao, G, Palaniappan, L. Go Back to Brown: Reevaluating the Asian Indian Diet. North Charleston, South Carolina: CreateSpace Independent Publishing Platform; 2016.

Selected Peer-Reviewed Abstracts

1. Daneshjou R, Klein TE, Altman RB, Qureshi L, Sam D, Palaniappan L. Working towards precision medicine: analyzing the use of medications with pharmacogenetic recommendations at a Stanford primary care clinic. Presented at American College of

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2. Nguyen MT, Hu J, Daza EJ, Palaniappan LP, Orloff L. Death from thyroid cancer higher among Filipino Americans. Presented at American Thyroid Association 86th Annual Meeting, September 21-25, 2016; Denver, CO.
 3. Hastings KG, Kapphahn KI, Hedlin H, Zhao B, Cullen MR, Barry M, Palaniappan LP, Eggleston K. Major causes of death for East Asian subgroups in the United States compared to countries of origin (2003-2011). Presented at International Academy of Cardiology, Annual Scientific Sessions 2015, 20th World Congress on Heart Disease, July 25-27, 2015; Vancouver, BC, Canada.
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