

MICHELLE HAUSER, MD, MS, MPA, FACP, FACLM, DipABLM, Chef
Clinical Associate Professor, Medicine (Surgery), General Surgery and, by courtesy,
Primary Care and Population Health, Stanford University School of Medicine
Obesity Medicine Director, Stanford Lifestyle and Weight Management Center, Stanford Health Care
Obesity Medicine Physician, Veterans Affairs Palo Alto Health Care System
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SUMMARY OF PROFESSIONAL FOCUS

I am an obesity medicine, internal medicine, and lifestyle medicine physician, prevention researcher, medical educator, and classically trained chef who combines these skills via a variety of methodologies to move people away from lifestyles that lead to chronic disease and toward those that promote health and well-being. Additionally, I am Obesity Medicine Director at Stanford and have developed and run medical weight management programs that combine evidence-based internal medicine, obesity medicine, and lifestyle medicine treatment modalities. I am also author of the first, comprehensive, open-source *Culinary Medicine Curriculum* for health care professionals which is now used in over 100 countries around the world.

EDUCATION

- 9/2014-4/2017 **MS, Epidemiology and Clinical Research**, *Stanford University School of Medicine*, Stanford, CA
- 8/2006-5/2011 **MD**, *Harvard Medical School*, Boston, MA
- 8/2009-5/2011 **MPA, Public Policy and Administration**, *Harvard Kennedy School of Government*, Cambridge, MA
- 1/2002-5/2006 **BS, Cellular/Molecular Biology, minor in Chemistry**, *Humboldt State University*, Arcata, CA, Summa cum Laude
- 9/2000-11/2001 **Le Cordon Bleu Diplôme, Culinary Arts/Baking/Pastry/Restaurant Management**, *Le Cordon Bleu*, Mendota Heights, MN

RESIDENCY AND TRAINING FELLOWSHIPS

- 9/2014-9/2018 **Postdoctoral Research Fellowship in Cardiovascular Disease Prevention**, *Stanford Prevention Research Center, Stanford University School of Medicine*, Stanford, CA
- 6/2011-6/2014 **Internship and Residency in Internal Medicine**, *Harvard Medical School-Cambridge Health Alliance*, Cambridge, MA
- 8/2009-5/2010 **Zuckerman Fellowship in Leadership and Public Service**, *Center for Public Leadership, Harvard Kennedy School of Government*, Cambridge, MA

PROFESSIONAL POSITIONS & ACADEMIC APPOINTMENTS

- 1/2021-Present **Clinical Associate Professor, Medicine (Surgery)**, *General Surgery and, by courtesy, Primary Care and Population Health, Stanford University School of Medicine*, Stanford, CA
- 8/2019-12/2020 **Clinical Associate Professor (Affiliated/VAPAHCS)**, *Primary Care and Population Health, Stanford University School of Medicine*, Stanford, CA

9/2014-9/2018 **Postdoctoral Research Fellow in Cardiovascular Disease Prevention**, *Stanford Prevention Research Center, Stanford University School of Medicine, Stanford, CA*
6/2011-6/2014 **Clinical Fellow in Medicine**, *Harvard Medical School, Boston, MA*
1/2006-5/2006 **Associate Faculty, Division of Hospitality, Restaurant and Culinary Arts**, *College of the Redwoods, Eureka, CA*

BOARD CERTIFICATION AND MEDICAL LICENSURE

2020-Present American Board of Lifestyle Medicine #002061
2014-Present Medical Board of California, License #131070
2014-Present American Board of Internal Medicine #348480

PROFESSIONAL ORGANIZATIONS & ACTIVITIES

Professional Society Leadership

10/2015-10/2018 Board of Directors, American College of Lifestyle Medicine

Current Professional Society Fellowships & Memberships

1/2021-Present Fellow, American College of Physicians
10/2017-Present Fellow, American College of Lifestyle Medicine
2014-Present Member, American College of Lifestyle Medicine
2012-Present Member, American College of Physicians

Committee Membership (Current & Recent Past)

1/2024-Present Member, Research Committee, American College of Lifestyle Medicine
2023-Present Member, Culinary Medicine Special Interest Group, American College of Lifestyle Medicine
2018-Present Member, VA/DoD Working Group, American College of Lifestyle Medicine
2016-Present Member, Political Action Committee, American College of Physicians
2015-Present Member, California Northern Chapter, American College of Physicians
2016-2021 Member, Education Committee, American College of Lifestyle Medicine

National Policy Working Groups

2020-Present Member, Centers for Disease Control, Nutrition and Obesity Policy Research and Evaluation Network (CDC NOPREN), Food Security Work Group

Ad Hoc Journal & Abstract Reviews

JAMA Internal Medicine, Cochrane Reviews, BMJ, Contemporary Clinical Trials, PLoS One, Preventive Medicine Reports, Progress in Community Health Partnerships, Nutrition and Metabolic Insights, Journal of Medical Education and Curricular Development Journal of Medical Education and Curricular Development, ACP National Abstract Competition.

HONORS AND AWARDS

2023 Nominee for Stanford Medical Education Teaching Award—Henry J. Kaiser Family Foundation Award for Excellence in Preclinical Teaching
2021 Invited Fellow, American College of Physicians. “an honor achieved by physicians who are recognized by ACP leaders for their personal integrity, superior competence in internal medicine, professional accomplishment and demonstrated scholarship.”

- 2018 Champion for Change—Lifestyle Medicine Education Collaborative, for innovative programs to incorporate lifestyle medicine into medical education
- 2018 Local Hunger Fighter, Second Harvest Food Bank of Santa Clara and San Mateo Counties (CA), for working to reduce hunger in the North Fair Oaks community
<https://www.shfb.org/impact/blog/local-hunger-fighter-dr-michelle-hauser/>
- 2017 San Mateo County Health System Above & Beyond Award, for establishing access for low-income patients with diabetes to free, healthy food for them and their families
- 2013 Food Hero (honorable mention), City of Cambridge, MA
- 2013 Cambridge Integrated Clerkship Teaching Award, Harvard Medical School/Cambridge Health Alliance, Cambridge, MA
- 2011 Leonard Tow Humanism in Medicine Award, Arnold P Gold Foundation, Englewood Cliffs, NJ and Harvard Medical School, Boston, MA
- 2011 Letter of Achievement in Leadership, Center for Public Leadership, Harvard Kennedy School of Government, Cambridge, MA
- 2009 Zuckerman Fellowship and Scholarship, Harvard Kennedy School of Government, Cambridge, MA
- 2007 Summer Research Award for Nutrition Research, Division of Nutrition and Osher Integrative Care Center, Harvard Medical School, Boston, MA
- 2004-2005 Howard Hughes Medical Institute Undergraduate Research Opportunities Program, Humboldt State University, Arcata, CA
- 2004 American Heart Association, Western States Affiliate Undergraduate Summer Research Program, University of California, San Diego, CA

CLINICAL EXPERIENCE

- 1/2021-Present Obesity Medicine Director, Stanford Lifestyle and Weight Management Center, Stanford University School of Medicine/Stanford Health Care, Stanford, CA (Director since 2022)
- 12/2017-Present Obesity Medicine Attending Physician, MOVE TIME Clinic, VAPAHCS, Palo Alto, CA
- 8/2018-Present Developer and Lead for MOVE TIME Medgroups Program—a comprehensive lifestyle and medical management program for those with obesity, VAPAHCS, Palo Alto, CA
- 4/2019-6/2021 Internal Medicine-Primary Care Attending, General Medicine Clinic, Veterans Affairs Palo Alto Health Care System (VAPAHCS), Palo Alto, CA
- 5/2015-9/2021 Internal Medicine, Primary Care Attending Physician, Fair Oaks Health Center, San Mateo County Health System, Redwood City, CA (Privileges through 11/2023)
- 6/2011-6/2014 Internal Medicine Internship and Residency, Harvard-Cambridge Health Alliance, Cambridge, MA
- 7/2012-6/2014 Developer and Lead, Lifestyle and Culinary Medicine Shared Medical Appointments, Windsor Street Health Center, Harvard-Cambridge Health Alliance, Cambridge, MA
- 5/2010-5/2011 Co-developer and Culinary Nutrition Educator, Lifestyle and Culinary Medicine Shared Medical Appointments, Harvard-Massachusetts General Hospital, Beacon Hill Primary Care, Boston, MA

CLINICAL PRACTICE/QUALITY IMPROVEMENT PROJECTS

- 2021-Present Developed and lead the Medical Weight Loss program in the Stanford Bariatric Surgery and Medical Weight Loss Clinic via telemedicine, Stanford Health Care, Stanford, CA.
- 2018-Present Developer and Lead for MOVE TIME Medgroups Program to offer a comprehensive lifestyle and medical weight management program, VAPAHCS, Palo Alto, CA
- 2019-2021 Fair Oaks Health Center (FOHC) co-lead collaborator with the County of San Mateo and Second Harvest Food Bank to design and implement an on-site food pharmacy to provide free, healthy food and nutrition programs to FOHC patients and other residents of the North Fair Oaks neighborhood where food insecurity is prevalent.
- 2017-2021 Fair Oaks Health Center lead collaborator with Second Harvest Food Bank to create the Wellness Pantry at Salvation Army in Redwood City where food insecure

	FOHC patients with chronic conditions and their families received free, healthy food and education on how to prepare it.
2020-2020	Developer and Lead to modify MOVE TIME Medgroups Program for medical weight loss into both online, on-demand video and live group telehealth formats to ensure continued access to services for Veterans during the COVID-19 pandemic and to expand reach of services outside the immediate area (original program details, below). VAPAHCS, Palo Alto, CA.
2016-2019	Fair Oaks Health Center lead collaborator with Second Harvest Food Bank to test design, test, and implement food insecurity screening and referral to free, healthy food and nutrition/cooking education resources for low-income patients. This is now tracked in the EMR as a social determinant of health.
2016-2017	Facilitated Samaritan House Food Pharmacy-Second Harvest Food Bank-Fair Oaks Health Center collaboration to give low-income patients with diabetes free, healthy food for their entire family (½ meals/week x 1 year x ~80 families) and evaluate impact on hemoglobin A1c and weight.
2015-2017	Wellness and Prevention Program Redesign, Fair Oaks Health Center, San Mateo County Health System, Redwood City, CA.
2012-2014	Member, Practice Improvement Team (to transition to a patient-center medical home), Windsor Street Health Center, Harvard-Cambridge Health Alliance, Cambridge, MA.
2012-2014	Co-developer, Shared Medical Appointment Curriculum Pilot for Internal Medicine Residents, Harvard-Cambridge Health Alliance, Cambridge, MA

TEACHING EXPERIENCE

Pre-clinical & Clinical Teaching Experience

2021-Present	<i>Course Director</i> , SURG 244: The Doctor is In (the Kitchen): Teaching Kitchen Elective for MD & PA Students, Stanford University School of Medicine, Stanford, CA (Winter, Spring, Fall 2022; Winter, Spring, Fall 2023 quarters).
2021-Present	<i>Teaching Attending</i> , Endocrinology Fellowship, Stanford University School of Medicine/Stanford Health Care, practicing within the Bariatric Surgery & Medical Weight Loss Clinic, Stanford Health Care, Stanford, CA.
2019-Present	<i>Teaching Attending</i> , for Stanford Internal Medicine Residents, VA Block Clinical Rotation, practicing within Medgroups medical weight loss group program, MOVE TIME Obesity Medicine Clinic, VAPAHCS, Palo Alto, CA.
2021-Present	<i>Lecturer</i> , Management of Obesity in Adults: Avoiding Biases. STAND Diversity Lecture Series, Stanford Internal Medicine Residency Program. Annual lecture 2021, 2022, 2023, scheduled Mar 4, 2024.
2021-2022	<i>Teaching Attending</i> , Continuity of Care Clerkship (CCC), FAMMED 310A, Stanford University School of Medicine, practicing within the MOVE TIME Obesity Medicine Clinic, VAPAHCS, Palo Alto, CA & the Bariatric Surgery & Medical Weight Loss Clinic, Stanford Health Care, Stanford, CA.
2019-2021	<i>Teaching Attending</i> , for Stanford Medical Students & Psychiatry Interns, bariatric surgery clinic, MOVE TIME Obesity Medicine Clinic, VAPAHCS, Palo Alto, CA. Weekly clinic attending.
2015-2021	<i>Teaching Attending</i> , Stanford Internal Medicine Resident Continuity Clinic, Adult Primary Care, Fair Oaks Health Center, San Mateo County Health System, Redwood City, CA. Weekly clinic attending.
2019-2021	<i>Teaching Attending</i> , Stanford Internal Medicine Resident Continuity Clinic, General Medicine Clinic, Veterans Affairs Palo Alto Health Care System (VAPAHCS), Palo Alto, CA. Weekly clinic attending and frequent didactic leader.
2021	<i>Lecturer</i> , Culinary Medicine: Making dietary behavior changes practical and delicious. ORTHO 220: Introduction to Lifestyle Medicine, Stanford University School of Medicine, Stanford, CA
2020	<i>Lecturer</i> , Management of Obesity in Adults. Stanford Internal Medicine Residency Outpatient Report.
2019-2020	<i>Lecturer</i> , Culinary Medicine in Education and Practice, ORTHO 220: Introduction to Lifestyle Medicine, Stanford University School of Medicine, Stanford, CA (3 lectures)

- 2016-2018 *Curriculum Developer and Course Co-Director*, FAMMED 242: The Doctor is In (the Kitchen): Teaching Kitchen Elective for Medical Students, Stanford University School of Medicine, Stanford, CA (Winter 2016-2017; Fall and Spring 2017-2018 quarters).
- 2016-2018 *Nutrition Co-Lead* (with Christopher Gardner, PhD and Tracy Rydel, MD) Practice of Medicine, Years 1 & 2, Stanford University School of Medicine, Stanford, CA.
- 2015-2018 *Nutrition Task Force* (redesigning nutrition curriculum for medical students), Stanford University School of Medicine, Stanford, CA.
- 2016-2017 *Blended Classroom Session Lead & Lecturer*, Vitamins and Minerals, Practice of Medicine, Year 1, Stanford University School of Medicine, Stanford, CA.
- 2017 *Lecturer*, What is Lifestyle Medicine? SPRC/GMD Seminar Series, Stanford University School of Medicine. Thursday, January 26, 2017.
- 2016 *Lecturer*, Case Management and Community Health Workers to Improve Diet and Increase Physical Activity in Low-income Latino Adults with Obesity. Epidemiology Seminar, Department of Health Research and Policy, Stanford University School of Medicine, Stanford, CA. December 6, 2016.
- 2016 *Lecturer*, Lifestyle Medicine for Cardiovascular Disease Prevention and Treatment, ORTHO 220: Introduction to Lifestyle Medicine, Stanford University School of Medicine, Stanford, CA.
- 2016 *Lecturer*, Lifestyle Medicine for the Medically Underserved. SPRC/GMD Seminar Series, Stanford University School of Medicine, Stanford, CA. June 9, 2016.
- 2016 *Skill Performance Evaluator*, Family Medicine Core Clerkship (Course FAMMED 30A), Stanford University School of Medicine, Stanford, CA.
- 2015 *Lecturer*, Lifestyle Management of Type 2 Diabetes, Practice of Medicine, Year 2, Stanford University School of Medicine, Stanford, CA.
- 2015 *Lecturer*, Cardiovascular Disease Prevention and Treatment through Diet and Nutrition, Practice of Medicine, Year 1, Stanford University School of Medicine
- 2012-2014 *Teaching Rounds* (Cardiology, Complex Case Presentation, 2 Journal Clubs, 2 Case Conferences), Department of Medicine, Cambridge Health Alliance, Cambridge, MA.
- 2014 *Ambulatory Teaching Resident*, Teaching Rotation, Harvard-Cambridge Health Alliance Internal Medicine Residency Program, Cambridge, MA.
- 2013 *Ambulatory Teaching Resident*, Teaching Rotation, Harvard-Cambridge Health Alliance Internal Medicine Residency Program, Cambridge, MA.
- 2009-2013 *Small-group Leader*, Human Systems: Introduction to Clinical Nutrition (required course IN757.NUT), Harvard Medical School, Boston, MA.
- 2009-2011 *Co-course Developer*, Integrative Medicine, Year IV Clinical Elective, Harvard Medical School, Boston, MA.
- 2010 *Culinary Medicine Instructor and Event Coordinator*, How to Eat Healthy and Well in Med School, First-year Medical Student Orientation, Harvard Medical School, Boston, MA.
- 2009-2010 *Teaching Assistant and Mentor*, Patient-Doctor III (required course IN750M.6c), Cambridge Integrated Clerkship, Harvard Medical School, Cambridge, MA.
- 2007-2010 *Continuing Medical Education Curriculum Developer and Conference Planner* (bi-annual conference), Healthy Kitchens, Healthy Lives, Harvard Medical School-Culinary Institute of America, St. Helena, CA.
- 2008 *Culinary Medicine Lecturer* (with cooking demonstration), Human Systems: Introduction to Clinical Nutrition (required course IN757.0b), Harvard Medical School.
- 2007-2008 *Culinary Medicine Plenary Presenter* (with cooking demonstrations), Healthy Kitchens, Healthy Lives, Harvard Medical School-Culinary Institute of America Continuing Medical Education Conferences, St. Helena, CA.
- 2007-2008 *Curriculum Co-developer*, Human Systems: Introduction to Clinical Nutrition (required course IN757.0b), Harvard Medical School, Boston, MA.
- 2007-2008 *Module Co-developer*, Culturally-competent Case-based Module on Stroke, Human Systems: Human Nervous System and Behavior (required course IN757.0c), Harvard Medical School, Boston, MA.

Continuing Medical Education and Other Teaching Experience

2023-Present	<i>CME Lead Developer, Culinary Medicine</i> , Stanford University School of Medicine, Palo Alto, CA
2019-Present	<i>Culinary Medicine Curriculum</i> and related CME, American College of Lifestyle Medicine, St. Louis, MO
2017-2019	<i>2017 Lead & CME Content Developer</i> . Lifestyle, Nutrition & Culinary Medicine Section of the Wellcoaches National Board Certification Health and Wellness Coach Exam Preparation Course
2015-2017	<i>Curriculum Developer</i> , Food Literacy And Nutrition (FLAN) pilot study: a 12-month food literacy course for low-income Latino middle and older-age adults
2015-2016	<i>Chef Instructor</i> , Stanford Food Project and Food Helix, Stanford, CA (multiple events)
2015	<i>Food and Health Science Instructor</i> , The Nuevo School, San Mateo, CA
2006	<i>Faculty Instructor and Curriculum Developer</i> , Professional Cooking I (semester-long course), College of the Redwoods, Eureka, CA
2005-2006	<i>Instructor and Intern</i> , Stanford Medical Youth Science Program Minority K-12 Initiative for Teachers and Students, Round Valley High School, Round Valley Reservation, Covelo, CA and Stanford University School of Medicine, Stanford, CA
2005	<i>Biology Instructor</i> , Expanding Your Horizons in Science and Mathematics, Humboldt State University, Arcata, CA
2005	<i>Biology Instructor and Program Assistant</i> , Howard Hughes Medical Institute-Summer Science Program, Humboldt State University, Arcata, CA
2001-2005	<i>Cooking School Manager and Instructor</i> , Pacific Flavors Cooking School, Eureka, CA

Student/Trainee Mentorship

2022-Present	Huang, Marissa, MD Candidate, various projects related to lifestyle medicine and culinary medicine
2018-Present	Gomez, Hector, MD Candidate, UC Davis, informal mentorship from med school application process, onward
2017-Present	Arbaugh, Carlie, Stanford Surgical Resident, informal mentorship related to Culinary Medicine
2021-2022	Sanghi, Akshay, MD Candidate, Continuity of Care Clerkship FAMMED 310A; now Internal Medicine resident at John Hopkins, soon to start Endocrinology fellowship at Harvard/MGH
2020-2021	Alyssa Kramer, MD Candidate (external), research mentor for scholarly project.
2020-2021	Natasha Feise, PA Candidate, thesis reader and secondary advisor for thesis project.
2019-2020	Mita Hoppenfeld, Internal Medicine Resident, mentor and supervisor for resident research project, selected for oral presentation at 2 national conferences and for the Endocrine Society Presidential Poster Competition.
2019-2020	Nadeem Abou-Arroj, Internal Medicine Resident, mentor and supervisor for resident research project, selected for oral presentation at 2 national conferences and for the Endocrine Society Presidential Poster Competition.
2018-2019	Monica Vergara, MS Candidate (Community Health and Prevention Research), secondary advisor for thesis project, co-author on manuscript under review.
2018-2019	Annie Robinson Woods, MS Candidate (Community Health and Prevention Research), thesis reader and secondary advisor for thesis project.
2017-2018	Brittany Pike, MS Candidate (Community Health and Prevention Research), thesis reader and secondary advisor for thesis project.
2016-2017	Katherine Bick, MS Candidate (Community Health and Prevention Research), secondary advisor for thesis project.

*Additionally, I have mentored numerous students from underrepresented minority groups over interested in health careers and assisted them at stages ranging from preparatory for college admissions to medical school admissions.

SELECTED CULINARY EXPERIENCE

- 2020-Present **CAM Teaching Kitchen Director/Medical Side**, established and run the medical and academic side of the teaching kitchen in the Center for Academic Medicine, Stanford University School of Medicine. This includes being Course Director for SURG244: Teaching Kitchen Elective for MD & PA Students.
- 2019 **Author**, *Culinary Medicine Curriculum*, the first, comprehensive, open-source culinary medicine curriculum for health care professional training programs. Published and distributed by the American College of Lifestyle Medicine, December 2019. Downloaded nearly 10,000 times for use in teaching medical professionals and patients in over 100 countries.
- 2016-2018 **Course Director and Curriculum Developer**, FAMMED 242: The Doctor is In (the Kitchen): Teaching Kitchen Elective for Medical Students, Stanford University School of Medicine, Stanford, CA. (Winter 2016-2017; Fall and Spring 2017-2018 quarters)
- 2006 **Associate Faculty**, Division of Hospitality, Restaurant and Culinary Arts, College of the Redwoods, Eureka, CA
- 2001-2005 **Cooking School Manager, Instructor and Consultant**, Pacific Flavors Cooking School, Eureka, CA
- 2001-2002 **Pastry Chef and Consultant**, The Red Radish, Blue Lake, CA
- 2001 **Culinary Intern**, Chez Panisse, Berkeley, CA (Alice Water's flagship restaurant, rated Best Restaurant in the US, 2001)
- 2001 **Baker and Pastry Chef**, The Wedge Coop, Minneapolis, MN
- 2000-2001 **Sous Chef, Inventory and Sales**, Cooks of Crocus Hill Cooking School, St. Paul and Edina, MN locations

PUBLIC SERVICE

- 2017-2021 Lead for the Fair Oaks Health Center/Second Harvest Food Bank partnership to improve identification of those with food insecurity in a community clinic setting as well as access to free, healthy food resources in the North Fair Oaks neighborhood (Redwood City, CA). Currently, we are setting up an on-site food pharmacy at the clinic.
- 2016-2017 Facilitated Samaritan House Food Pharmacy-Second Harvest Food Bank-Fair Oaks Health Center collaboration to give low-income patients with diabetes free, diabetic-friendly food for the whole family ($\frac{1}{2}$ meals/week x 1 year x >80 families), San Mateo County, CA
- 2015 Attended Santa Clara Public Health Department, 10th Annual Food Assistance Training and distributed food assistance resources to low-income Latino adults in Santa Clara and San Mateo Counties
- 2013 Taught basic nutrition and healthy meal planning to domestic violence survivors, Transition House Shelter, Cambridge, MA
- 2009 Boston by Night, Street Safe Boston, Training on inner-city violence, racial/ethnic conflict, and peaceful solutions, Boston, MA
- 2006-2008 Students for Environmental Awareness in Medicine activities including: volunteering to help inner-city kids learn urban gardening, delivering lead-free soil to homes, removal of invasive plant species, park clean up, Boston,
- 2005-2006 Networked/connected the following programs to provide faculty mentorship, career guidance, financial aid and culturally appropriate social supports for Native American high school and college students in Northern California: Indian Teacher Education and Personnel Program; Indian Natural Resources, Science & Engineering Program; Educational Opportunities Program and Howard Hughes Medical Institute (all at Humboldt State University, Arcata, CA); United Indian Health Service (Arcata, CA); and the Stanford Medical Youth Science Program (Stanford Prevention Research Center, Stanford University School of Medicine, Stanford, CA)
- 2005 Student Volunteer Coordinator and Biology Instructor, Expanding Your Horizons in Science and Mathematics, Humboldt State University, Arcata, CA

- 2003-2005 Volunteer Tutor, Mathematics, Biology, Genetics, and Chemistry, Humboldt State University, Arcata, CA
- 2003-2005 Chef Instructor, Chefs on the Plaza benefit for the North Coast Growers Association, Arcata Farmer's Market, Arcata, CA

INVITED PRESENTATIONS

- (2024) *ACLM Annual Conference Keynote Presentation—Food As Medicine*—with Christopher Gardner as co-presenter. (Scheduled: October 2024)
- (2024) *Keynote Fireside Chat - Transforming Obesity Healthcare with the Integration of Lifestyle Medicine*. Obesity Innovation Summit. Houston, TX. (Scheduled: July 2024)
- 2023 *Evidence Based Lifestyle Medicine Treatment of Adults with Obesity: Essential Skills for Lifestyle Medicine Clinicians*. American College of Lifestyle Medicine Annual Conference. Denver, CO. Oct 30, 2023
- 2023 *Lifestyle Medicine for the Underserved*. Institute of Lifestyle Medicine Annual Conference. Harvard Medical School, Boston, MA. June 10, 2023.
- 2023 Stanford Endocrinology Grand Rounds: Treatment of Obesity in Adults. Stanford University School of Medicine. Stanford, CA. June 7, 2023.
- 2023 San Mateo Medical Center Grand Rounds: Treatment of Obesity in Adults. San Mateo Medical Center. San Mateo, CA. June 7, 2023.
- 2023 *Food as Medicine: Eat Well for Longevity and Health*. Health Matters annual conference, Stanford University, Stanford, CA. May 20, 2023. (Hybrid event with 800 in-person attendees and 2,700 virtual attendees).
- 2023 *Food for Thought: What Should I Eat and When?* American College of Physicians Annual Conference. San Diego Convention Center, San Diego, CA. Apr 28, 2023. Hybrid event seating 500 in-person, thousands virtually.
- 2023 *Breakout Session: Teaching Kitchens*. Food Summit. Stanford, CA. March 31, 2023.
- 2022 *Medical Nutrition and Culinary Medicine*. Philippine College of Lifestyle Medicine Annual Conference. Mandurriao, Iloilo City, Iloilo, Philippines. Dec 5, 2022.
- 2022 *The Teaching Kitchen and the Science of Medicine*. Philippine College of Lifestyle Medicine Annual Conference. Mandurriao, Iloilo City, Iloilo, Philippines. Dec 4, 2022.
- 2022 *Treatment of Obesity in Adults Featuring Lifestyle Medicine*. Korean College of Lifestyle Medicine Annual Conference. Seoul, South Korea, Nov 3, 2022.
- 2021 *ACLM Annual Conference Keynote Panel Presentation: Dietary Spectrum: Diets efficacious in disease treatment and reversal*. American College of Lifestyle Medicine Annual Conference. Dallas-Ft. Worth, TX. Nov 8, 2021.
- 2021 *Workshop: Implementing CM into Virtual and In-person Clinical Programs: Experiences from an HMO, an academic medical practice, and Veterans Affairs*. American College of Lifestyle Medicine Annual Conference. Dallas-Ft. Worth, TX. Nov 7, 2021.
- 2021 *Workshop: Lifestyle Medicine Implementation in Academic Settings*. American College of Lifestyle Medicine Annual Conference. Dallas-Ft. Worth, TX. Nov 7, 2021.
- 2021 *Implementing Culinary Medicine Programs in Medical School and Beyond*. Lifestyle Medicine Implementation in Academic Settings Symposium. American College of Lifestyle Medicine. Virtual, July 21, 2021.
- 2021 *Managing Obesity in a Meaningful Way to Create Better Health*. Stanford Health Library. Stanford, CA. June 10, 2021.
- 2021 *Eat more plants*. Lifestyle Medicine Week. American College of Lifestyle Medicine. Virtual, May 31, 2021.
- 2021 *Introduction to Culinary Medicine*. Lifestyle Medicine Specialization Program. Universidad Ricardo Palma, Lima, Peru. March 21, 2021; Content recorded and used for certification program on an ongoing basis.
- 2021 *Protein: The Macronutrient at the Intersection of Human and Environmental Health/Plant-Forward Plate Strategies in the Relentless Pursuit of Deliciousness*. Co-presenter: Christopher Gardner, PhD. Healthy Kitchens, Healthy Lives Annual Conference. Napa, CA. February 3-5, 2021.

- 2020 *Diabetes Essentials for Clinicians*. Bernerd College, University of the Pacific, San Francisco, CA. December 17, 2020.
- 2020 *Healthy Eating On a Budget*. ECHO Diabetes Project, Stanford Hub, Palo Alto, CA. Scheduled December 3, 2020, virtually 2/2 COVID-19 pandemic.
- 2020 *Workshop: How to Set Up a Culinary Medicine Program at Your Institution*. American College of Lifestyle Medicine Annual Conference. Carlsbad, CA. October 26, 2020.
- 2020 *Culinary Medicine—Its Role in the Prevention and Treatment of Obesity, Diabetes, and Metabolic Syndrome*. American Diabetes Association Scientific Sessions. Chicago, IL. June 13, 2020 (Conducted remotely 2/2 COVID-19 pandemic), viewed by nearly 1,200 people during conference.
- 2020 *Shared Medical Appointments—A Tool for Integrating Behavioral Lifestyle Interventions Into Internal Medicine Outpatient Clinic*. Institute of Function Medicine Annual International Conference. Phoenix, AZ. June 14, 2020 (Conducted remotely 2/2 COVID-19 pandemic).
- 2020 *Unapologetic Deliciousness*. Institute of Function Medicine Annual International Conference. Phoenix, AZ. June 14, 2020 (Conducted remotely 2/2 COVID-19 pandemic).
- 2020 *Management of Adult Obesity*. Primary Care Grand Rounds, San Mateo Health Care System, San Mateo, CA. March 4, 2020.
- 2020 *Lifestyle, Medical, and Surgical Management of Obesity*. Medical Education Program, Regional Medical Center of San Jose, San Jose, CA. March 3, 2020.
- 2019 *Inspiring the Stanford Community through Food Education in the RD&E Teaching Kitchen*. Stanford Food Institute Conference, Stanford, CA. November 4, 2019.
- 2019 *Culinary Medicine: Blending the Science of Medicine and the Art of Cooking*. CME Activity, Natividad Medical Center, Salinas, CA. September 23, 2019.
- 2019 *Workshop: Whole Food Plant-based Cooking for Families*. American College of Lifestyle Medicine Annual Conference. Orlando, FL. October 27, 2019.
- 2019 *Workshops: Culinary Medicine: Blending the Science of Medicine and the Art of Cooking*. Healthy Living Retreat, Stanford Sierra Camp, Fallen Leaf Lake, May 16-19, 2019.
- 2018 *Recipes for Adding Culinary Medicine to Primary Care—Shared Medical Appointments, Pop-up Teaching Kitchens, and Food Pharmacies*. American College of Lifestyle Medicine Annual Conference. Indianapolis, IN. October 22, 2018.
- 2018 *Workshop: Culinary Medicine Basics and Applications in Medical Education in the U.S.* 92nd Nestlé Nutrition Institute Workshop. Lausanne, Switzerland. Sept 20, 2018
- 2018 *Food Insecurity Screening and Referral to Free, Healthy Food Resources in San Mateo County*. Primary Care Grand Rounds, San Mateo County Health System, San Mateo, CA. September 5, 2018.
- 2018 *Cooking Delicious Food for Disease Prevention & Treatment With a Fun Flare!* SOUL Food Salon. Woodside, CA. May 10, 2018.
- 2017 *Workshop: The Doctor is In (the Kitchen): Cooking Delicious Food for Disease Prevention & Treatment*. American College of Lifestyle Medicine Annual Conference. Tucson, AZ. October 21, 2017.
- 2017 *Webinar: Nutrition and Culinary Medicine for Cardiovascular Disease Prevention and Treatment*. Texas A&M Physicians in Training Lifestyle Medicine Interest Group. May 23, 2017.
- 2017 *Culinary Medicine Shared Medical Appointments: Improve your Health While Improving Patient Care and Satisfaction*. Society for General Internal Medicine Annual Conference. Washington, DC. April 20, 2017.
- 2016 *Food Literacy And Nutrition (FLAN) Pilot Project: An Exploration of Food, Community and Environment*. Google Food Lab, Mountain View, CA. November 3, 2016.
- 2016 *Lifestyle Medicine for the Medically Underserved—Engaging the Community to Improve Nutrition and Physical Activity*. American College of Lifestyle Medicine, Lifestyle Medicine 2016: Healthy People, Healthy Planet, Naples, FL. October 25, 2016.
- 2016 *Reimagining Nutrition Education in Medical School...and Beyond*. New England Nutrition Education Summit. Harvard Medical School, Boston, MA. September 19, 2016.

- 2016 *Embrace Your Quirky Side...and Use It To Your Advantage*. Department of Biological Sciences, Biology Seminar Series, Humboldt State University, Arcata, CA. April 8, 2016.
- 2015 *Reimaging Nutrition Education in Medical School*. Food & Health Conference, Stanford University, Palo Alto, CA
- 2011 *The Man Under the Bridge: Sustaining Compassion When It's Easier to Turn Away*. Schwartz Center Rounds, Cambridge Health Alliance, Cambridge, MA.
- 2011 *Using Whole Grains and Healthy Fats for Quick, Versatile Meals*. Harvard Medical School Department of Continuing Medical Education, 25th Annual International Conference on Practical Approaches to the Treatment of Obesity, Cambridge, MA. June 17, 2011.
- 2009 *Storytelling as Best-practice*. California Dept. of Public Health's Network for a Healthy California, 11th Annual Conference, Sacramento, CA.

OTHER PRESENTATIONS

1. Ruhle, B, Bartoletti S, **Hauser M**, Azagury, D. Preoperative Weight Loss with Glucagon-like Peptide-1 Receptor Agonists (GLP1) Before Bariatric Surgery. American College of Surgeons Clinical Congress. Boston, MA. Oct 24, 2023. (Oral presentation)
2. Mahtani N, Lohnberg J, Frayne S, **Hauser M**, Salcido L, Bates C, Breland JY. Rapid Implementation of a Virtual Interdisciplinary Weight Management Clinic: an innovative Approach. 42nd Annual Society of Behavioral Medicine Meeting. Virtual, April 12-16, 2021. (Poster Presentation)
3. **Hauser ME**, Nordgren J, Adam M, Gardner CD, Rydel T, Bever A, Steinberg E. A Comprehensive, Open-source, Culinary Medicine Curriculum for Health Professional Training Programs. Teaching Kitchen Research Conference Abstract P2.01. *JACM*. Published Online Nov 9, 2020. doi: 10.1089/acm.2020.29085.abstracts. (Poster Presentation)
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8. King AC, Campero I, Sheats JL, Castro Sweet C, **Hauser ME**, Banda JA, Ahn D, Bickmore T. Physical activity advising by humans vs. computers in underserved populations: The COMPASS2 Trial major results. Society of Behavioral Medicine Annual Meeting. San Francisco, CA. April 1-4, 2020. (Poster Presentation)
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12. **Hauser ME**, Hartle J, Qin F, Rigdon J, Del Gobbo L, Shih C, Gardner CD. Dietary adherence and dietary quality are associated with weight loss success among those following low-fat and low-carbohydrate diets. National Health Institute/National Heart, Lung and Blood Institute Cardiovascular Epidemiology, Biostatistics and Prevention Trainee Session. New Orleans, LA. March 21, 2018. (Oral Presentation)

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14. Delichatsios H, **Hauser ME**. Shared medical appointments: A portal for nutrition and culinary education in primary care. Teaching Kitchen Collaborative Research Day. Napa Valley, CA. February 7, 2018. (Poster Presentation)
15. Rydel T, **Hauser M**, Adam M, Gardner C, Nordgren J, Iott D. The Doctor is In (The Kitchen): A teaching kitchen pilot elective course for medical students. Society of Teachers of Family Medicine Conference on Medical Student Education. Austin, TX. February 1-4, 2018. (Oral Presentation)
16. Shih CW, **Hauser ME**, Aronica L, Rigdon J, Gardner CD. Blood lipid changes associated with dietary saturated fat changes on healthy low-carb weight loss diet. American College of Lifestyle Medicine Annual Meeting, Lifestyle Medicine 2017. Tucson, AZ. October 22-25, 2017. (Poster Presentation)
17. **Hauser ME**, Nordgren J, Adam M, Rydel T, Gardner CD. The Doctor is In (the Kitchen): Teaching kitchen pilot elective course for medical students. Stanford Innovations in Medical Education Conference. Stanford, CA. May 13, 2017. (Oral Presentation)
18. Gardner C, **Hauser M**, Del Gobbo L, Trepanowski J, Rigdon J, Ioannidis J, King A, Desai M. Neither insulin secretion nor genotype pattern modify 12-month weight loss effects of healthy low-fat vs. healthy low-carbohydrate diets among adult with obesity: The Diet Intervention Examining The Factors Interacting with Treatment Success (DIETFITS) Study. American Heart Association Epidemiology and Prevention, Lifestyle and Cardiometabolic Health 2017 Scientific Sessions. Portland. March 7-10, 2017. American Heart Association Abstract MP052. https://www.ahajournals.org/doi/10.1161/circ.135.suppl_1.mp052 *Circulation*. 2018;135:AMP052. (Poster Presentation)
19. Rydel T, Lawrence K, **Hauser ME**, Adam M, Gardner CD. Reimagining nutrition education: Emphasizing both the clinical and the culinary in training our future physicians. Society of Teachers of Family Medicine Conference on Medical Student Education. Anaheim, CA. February 10, 2017. (Oral Presentation)
20. Trepanowski JF, Wallach JD, **Hauser ME**, Aronica L, Nagao K, Rigdon J, Gardner CD. A low-fat diet followed by a low-carbohydrate diet or vice versa for weight loss: a randomized trial. The Obesity Society, Obesity Week 2016. New Orleans, LA. October 31-November 4. (Poster Presentation)
21. **Hauser ME**, Haddad EV, Silver B, Romero PP, Singh R. Redesigning care for low-income adult patients with type II diabetes in a community clinic. American College of Lifestyle Medicine, Lifestyle Medicine 2016: Healthy People, Healthy Planet. Naples, FL. October 22-26, 2016. (Poster Presentation)
22. Offringa LC, Stanton M, **Hauser ME**, Gardner CD. Fruits & vegetables vs. vegetables & fruits: a narrative review of rhyme and reason for word order in health messages. Society for Economic Botany 2016 Conference, Harlan County, KY. June 5-9, 2016. (Oral Presentation)
23. Rydel T, Adam M, **Hauser M**, Gardner C, Dang T, Prober C. Focus on food: creating a blended-classroom clinical nutrition curriculum for broad dissemination. Stanford Innovations in Medical Education Conference, Stanford, CA, May 28, 2016. (Oral Presentation)
24. Adam M, Pollan M, Eisenberg E, Rydel T, Bottini W, Dang T, Dietz J, Porwal A, **Hauser M**, Gardner C, Prober C. Strategic curricular design: Creation of online food-based nutrition curricula for multi-purposing across medical education, patient education and public health outreach. Stanford Innovations in Medical Education Conference, Stanford, CA, May 28, 2016. (Oral Presentation)
25. Rydel T, **Hauser M**, Dang T, Adam M, Gardner C. Creation of a longitudinal clinical nutrition curriculum. Society of Teachers of Family Medicine, Conference on Medical Student Education. Phoenix, AZ. January 28-31, 2016. (Poster Presentation)
26. **Hauser ME**, Sheats J, Castro Sweet C, Winter S, Goldman Rosas L, Gabaray M, Garcia-Flemate M, King AC. Creating a community-based tailored, scalable program to improve nutrition and food literacy for Latino adults. American College of Lifestyle Medicine, Lifestyle Medicine 2015: Integrating Evidence into Practice. Nashville, TN. November 1-4, 2015. (Poster Presentation)
27. Delichatsios H, **Hauser ME**, Burgess J, Eisenberg D. Shared Medical Appointments: A Portal for Nutrition and Culinary Education in Primary Care. Society of General Internal Medicine, New England Regional Conference, Harvard Medical School, Boston, MA. March 7, 2014. (Oral Presentation)

28. Lupton K, **Hauser M**, Ogur B. Shared medical appointment curriculum for internal medicine residents in a safety-net health center. 36th Annual Society of General Internal Medicine Meeting, Denver, CO. April 24-27, 2013. (Poster Presentation)
29. Cesena M, Lopez D, Akileswaran C, Bernson M, Drzymalski D, **Hauser M**, Krigbaum H, Saltzman A, Soni M, Walker M, Llerena-Quinn R. Integrating the discussion of stroke health care disparities into the Human Nervous System and Behavior (HNSB) tutorial. 7th Annual Harvard Medical School Academy Medical Education Day, Program in Medical Education, Harvard Medical School, Boston, MA. Oct 28, 2008. (Poster Presentation)
30. **Hauser ME**, Siering PL, Wilson MS. Molecular analysis of fungal diversity in a hot, acidic lake at Lassen Volcanic National Park. 17th Annual California State University Program for Education and Research in Biotechnology (CSUPERB) Symposium, Los Angeles, CA. Jan 14-16, 2005. (Poster Presentation)

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2. Rosas L, Perez JA, Chen W, Xiao L, Rodriguez-Espinosa P, Venditti EM, Lewis MA, Gardner CD, Marti A, Martinez E, Murthy M, **Hauser M**. Vida Sana y Completa: A randomized controlled trial to examine the effectiveness of diabetes prevention with and without Medically Supportive Groceries among Latina women (In review Contemp Clin Trials)
3. **Hauser ME**, Hartle JC, Landry MJ, Fielding-Singh P, Shih C, Qin F, Rigdon J, Gardner CD. Exploring Biases of the Healthy Eating Index and Alternative Healthy Eating Index when Scoring Low-Carbohydrate and Low-Fat Diets. (*In Revision: JAND*)
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5. Lohnberg JA, Salcido L, Frayne S, Mahtani N, Bates C, **Hauser M***, Breland J. Rapid conversion to virtual obesity care in COVID-19: Impact on patient care, interdisciplinary collaboration, and training. *Obes Sci Pract*. 2021;8(1):131-136. Published 2021 Aug 28. doi:10.1002/osp4.550. *Participated in study design, interpretation of data, drafting the manuscript, and related clinic care.
6. Vergara M, **Hauser ME***, Aronica L, Fielding-Singh P, Gardner CD. Associations of Changes in Blood Lipid Concentrations with Changes in Dietary Cholesterol Intake in the Context of a Healthy Low-Carbohydrate Weight Loss Diet: A Secondary Analysis of the DIETFITS Trial. *Nutrients*. 2021;13(6):1935. Published 2021 Jun 4. doi:10.3390/nu13061935. *Participated extensively in study design, analysis and interpretation of data, drafting and critical revision of the manuscript, and supervision.
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8. King AC, Campero I, Sheats JL, Castro Sweet CM, Espinosa PR, Garcia D, **Hauser M***, Done M, Patel ML, Parikh NM, Corral C, Ahn DK. Testing the effectiveness of physical activity advice delivered via text messaging vs. human phone advisors in a Latino population: The On The Move randomized controlled trial design and methods. *Contemp Clin Trials*. 2020; 95:106084. doi: 10.1016/j.cct.2020.106084. Epub 2020 Jul 11. PMID: 32659437; PMCID: PMC7351675. *Participated in study design, interpretation of data, drafting and critical revision of the manuscript.
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1. **Hauser ME**, McMacken M, Lim A, Shetty P. Nutrition-An Evidence-Based, Practical Approach to Chronic Disease Prevention and Treatment. *J Fam Pract*. 2022;71(Suppl 1 Lifestyle):S5-S16. doi:10.12788/jfp.0292
2. **Hauser ME**, Nordgren J, Adam M, Gardner CD, Rydel T, Bever A, Steinberg E. The first, comprehensive, open-source culinary medicine curriculum for health professional training programs. *AJLM*. 2020;14(4):369-373. doi: https://doi.org/10.1177/1559827620916699
3. **Hauser ME**. Culinary medicine basics and applications in medical education in the U.S. Black MM, Delichatsios HK, Story MT (eds): *Nutrition Education: Strategies for Improving Nutrition and Healthy Eating in Individuals and Communities*. Nestlé Nutr Inst Workshop Ser, vol 92, pp. 161-170. Nov 28, 2019. doi: 10.1159/000499559.
4. Laddu-Patel D, **Hauser ME**. Addressing the Nutritional Phenotype through Personalized Nutrition for Chronic Disease Prevention and Management. *Prog Cardiovasc Dis*. Dec 13, 2018. doi: 10.1016/j.pcad.2018.12.004. [Epub ahead of print]
5. Gardner CD, **Hauser ME**. Food revolution. *Am J Life Med*. 2017. 2017;11(5): 387-96.
6. Clarke CA*, **Hauser ME*** (*co-first authors). Lifestyle medicine: a primary care perspective. *JGME*. 2016;8(5):665-667.

Non Peer-reviewed Publications

Book Chapters

1. Kelly R, Anderson K, **Hauser M**. Chapter 4: Whole Food, Plant-predominant Nutrition. *Lifestyle Medicine and the Primary Care Provider: A Practical Approach to Delivering Whole Health*. Ed. Rippe J. (In Process)
2. **Hauser ME**, Ramchandani S, Eisenberg D. Chapter 29: Culinary Medicine. *Lange Clinical Nutrition*. McGraw Hill. Eds. Hivert MF, Duggan C., Frates E. (In Press)
3. Delichatsios H, Ramchandani S, **Hauser ME**. Chapter 30: Nutrition Counseling with Group Visits. *Lange Clinical Nutrition*. McGraw Hill. Eds. Hivert MF, Duggan C., Frates E. (In Press)

Other Media and Publications

1. **Hauser ME**. *Culinary Medicine Curriculum*. St. Louis, MO: American College of Lifestyle Medicine; 2019. www.lifestylemedicine.org/culinary-medicine
2. **Hauser ME**,. *Chef in Medicine*. Educational website for the general public about cooking, nutrition and health. January 2017-present. www.ChefInMedicine.com
3. **Hauser ME**. *Instagram and Twitter @ChefInMedicine* (previously @ChefInResidency). Food photography, original recipes. January 2017-present. <https://www.instagram.com/ChefInMedicine/> and <https://twitter.com/ChefInMedicine>
4. **Hauser ME**. *Chef in Residency (formerly A Chef in Med School)*. Blog for the general public about cooking, nutrition, health and physical activity. July 2009-2016, 350,000 viewers.
5. **Hauser ME**. Effects of a community health worker plus a group behavioral lifestyle intervention on diet and physical activity in low-income Latino adults with obesity: A secondary analysis of the Vivamos Activos Fair Oaks trial. [master's thesis] Stanford, CA: Stanford University School of Medicine; 2017.
6. **Hauser ME**. *Stanford Well for Life*. Food, outdoor activity, and landscape photography. Titles: Nutrition, Physical Health, Spirituality, and News. Published online April 2016. <http://med.stanford.edu/wellforlife.html>
7. **Hauser ME**, Strawbridge H. Resolution: eat your way to a healthy heart. *Harvard Heart Letter*. January 2013;23(5):1,7.

CURRENT RESEARCH SUPPORT

SPO# 215294 Goldman Rosas (PI); Hauser (Co-I) 11/2021-11/2026

Vida Sana y Completa Trial: Treating obesity and food insecurity among Latina women

Role: Co-Investigator, Study Physician

COMPLETED RESEARCH SUPPORT

T32HL007034-41 Gardner (PI) 09/15/2014-09/14/2018

Cardiovascular Disease Prevention Training Program

Role: Postdoctoral Research Fellow

SPO# 110170 Hauser (Co-PI), Gardner (Co-PI) 05/01/2017-04/30/2018

Improving Food Insecurity Screening and Referral to Healthy Food Resources in a Community Clinic Population in San Mateo County.

Role: Co-PI

Agreement # IC2017-0272 Hauser (Co-PI), King (Co-PI), Gardner (Co-PI) 01/01/2017-12/31/2017

Food Literacy Survey Creation and Validation.

Role: Co-PI

Agreement # 120165-1 King (Co-PI) 05/19/2015-12/31/2016

Food Literacy and Citizen Science

Creation of a novel food literacy curriculum and measurement tool with input from study participants via Citizen Science data that they collected with tablets and mobile applications. This curriculum was then used to conduct a randomized interventional study aimed at improving food literacy in middle- and older-age, low-income, Latinx adults.

Role: Study Co-Director (*at most institutions, I would be Co-I, but Stanford-specific rules do not allow postdocs to be PI/Co-I)

PENDING RESEARCH SUPPORT

(R01 Submitted to NIDDK) Oppezzo (PI); Hauser (Co-I) (pending)
Stronger: Mitigating muscle loss in anti-obesity medication use with resistance training + high protein
Role: Co-Investigator; Study Physician

OTHER SUPPORT

T32HL007034-41 Gardner (PI) 09/15/2014-09/14/2018
Cardiovascular Disease Prevention Training Program
Role: Postdoctoral Research Fellow

GHHPM Hauser (non-sponsored/unrestricted funds) 2021-Present
Walker Family Culinary Medicine Fund

GHIPD Hauser (non-sponsored/unrestricted funds) 2022-Present
Vemula Culinary Medicine Fund

CLINICAL TRIAL OVERSIGHT

2021-Present **Study Physician.** *Vida Sana y Completa Trial: Treating obesity and food insecurity among Latina women.* Lisa Goldman Rosas (PI), Epidemiology and Population Health, Primary Care and Population Health, Stanford University School of Medicine. SPO# 215294.

2017-2018 **Study Physician, Data Safety Monitoring Board.** *Impact of a probiotic supplement on the microbiome, immune system, and metabolic syndrome.* The Sonnenburg Lab, Justin Sonnenburg (co-PI), Department of Microbiology & Immunology; The Nutrition Studies Lab, Christopher Gardner (co-PI), Stanford Prevention Research Center. SPO#131389.

2015-2018 **Study Physician/Medical Safety Director,** *Virtual Advisors for Physical Activity Promotion in Underserved Communities.* HARTS Lab, Abby King (PI), Stanford Prevention Research Center, NIH/NHLBI 1R01 HL116448-01A1

2015-2018 **Study Physician/Medical Safety Director,** *Innovative Physical Activity Promotion in Underserved Communities.* HARTS Lab, Abby King (PI), Stanford Prevention Research Center, NIH/NIDDK 1R01 DK102016-01A

Interviews, Podcasts, Web Features, etc.

Time Magazine, New York Times, NPR/Morning Edition, Wall Street Journal, Fox News, Forbes Health, Bloomberg News, CNN Health, Harvard Medicine Magazine, TV Globo/Globo Reporter, Fitness Magazine, Harvard Health Blog, Harvard Men's Health Watch, Harvard Women's Health Watch, Harvard Heart Letter, Healthline, Edible Silicon Valley, Thrive Bites, US News and World Report, ACP Internist, El Mercurio, Stanford Medicine Scope, Doximity, BottomLine Health, Health Check with Heidi Godman, On Call with Dr. Daria, Times-Standard

LANGUAGES English—Native Spanish—Intermediate