

**Kim Bullock, M.D.**

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**Education**

Psychiatry Residency, Stanford University, Stanford, CA	1997 - 2002
Internal Medicine Internship, Washington Hospital Center, Washington, DC	1994 - 1995
M.D., George Washington, Washington, DC	1990 - 1994
B.A., B.A. Animal Physiology, Psychology (honors with distinction), University of California, Revelle College, La Jolla, CA	1983 - 1989

**Current Position**

Director Virtual Reality & Immersive Technology Initiative	2018 - present
Director Virtual Reality & Immersive Technology Clinic	2016 - present
Director, Neurobehavioral Clinic	2012 - present
School of Medicine, Stanford University	
Stanford, CA City	

**Professional Experience**

Attending, Dialectical Behavior Therapy Program	2012 - present
Attending, Inpatient Epilepsy Unit	2002 - present
Attending, Neuropsychiatry Clinic	2002 - present
Attending, Psychosocial Clinic	2002 - present
Super-attending, Inpatient Psychiatry	2002 - present
Consultant, Veterans Administration, Palo Alto, CA	2011 - 2015
Attending, Anxiety Clinic	2002 - 2008

**Academic Appointments**

Clinical Associate Professor	2009 - present
Department of Psychiatry and Behavioral Sciences	
Stanford University	
Stanford, CA	
Clinical Assistant Professor	2006 - 2009
Department of Psychiatry and Behavioral Sciences	
Stanford University	
Stanford, CA Assistant Professor	
Clinical Instructor	2002-2006
Department of Psychiatry and Behavioral Sciences	
Stanford University	
Stanford, CA Assistant Professor	

**Other Positions and Employment**

Vice-President, Peninsula Community Services, INC, San Mateo, CA	2004 - 2011
Research Assistant, Department of Psychiatry, UC San Diego, Neuroimaging Lab La Jolla, CA	1989 - 1992
Writer, Department of Psychiatry, Veterans Administration, Neurobehavioral Research Center, UC San Diego, La Jolla California	1989

**Certification and Licensure**

Diplomate, American Board of Lifestyle Medicine	2017
Diplomate in Behavioral Neurology & Neuropsychiatry, United Council for Neurologic Subspecialties	2012
Diplomate, American Board of Psychiatry and Neurology	

State of California Medical License, #A56037

2006, recertified 2016  
1996

### Professional Memberships

<i>Functional Neurological Disorder Society, founding member</i>	2019 to present
<i>International Association of Cyber Psychology, Training, and Rehabilitation</i>	2017
<i>Society for Brain Mapping and Therapeutics, Board of Directors</i>	2017
<i>American College of Lifestyle Medicine</i>	2015 - present
<i>Physicians Committee for Responsible Medicine</i>	2013 - present
<i>American Neuropsychiatric Association</i>	2011 - present
<i>American Epilepsy Society</i>	2011
<i>Association for Behavior and Cognitive Therapies</i>	2006 - present
<i>Physicians for Social Responsibility</i>	2002 - present

### Honors and Awards

<i>Special Thanks and Recognition Award, Palo Alto Veterans Administration</i>	1998
<i>Donald Glew Award for Student Research, George Washington University</i>	1994
<i>William Beaumont Society Research Award, George Washington University</i>	1990
<i>Departmental Honors with Distinction in Psychology, University of California, San Diego</i>	1989
<i>Chancellor's Leadership Award, University of California</i>	1987

### Academic Service

<i>Psychiatry Department Video Visit Clinician Champion</i>	2019 - present
<i>Brainstorm: Stanford Laboratory for Brain Health Innovation and Entrepreneurship, partner</i>	2017 - present
<i>Stanford Mental Health Technology &amp; Innovation Hub, member</i>	2017 - present
<i>Reimagine Mental Health Initiative, member</i>	2017- 2018
<i>Stanford Psychiatry Immersive Technology Consortium, founder</i>	2017 - present
<i>Behavioral-Telehealth-Technology Committee, member</i>	2017 - present
<i>School of Medicine Senate, Senator</i>	2017 - 2018
<i>Diversity and Wellbeing subcommittee</i>	2018
<i>Stanford School of Medicine Senate, Alternate</i>	2015 - 2017
<i>Psychiatry CME Conference Planning Committee, member</i>	2014 - 2018
<i>Medical Monitoring of Psychotropic Medication Committee, member</i>	2014 - 2015
<i>Community Psychiatry and Behavioral Health Group, member</i>	2017 - present
<i>Conversion/Functional Neurological Disorder Consortium, founder</i>	2013 - present
<i>Grand Rounds and Ongoing Education Committee, member</i>	2012 - 2017
<i>Psychiatry Residency Psychotherapy Committee, CBT member</i>	2011 - present
<i>Cognitive Behavior Therapy Task Force leader</i>	2011 - 2012
<i>Stanford Psychiatry NAMI Walk Group, team leader</i>	2011 - present

### Educational Activities

See attached Teaching Portfolio

### Grants and Contract Awards

#### ONGOING

1% FTE	Safer (PI)	2017- present
NEDA National Eating Disorders Association, The Feeding Hope Fund for Clinical Research		
The study will assess the acceptability and feasibility of implementing Virtual Reality to enhance outcomes with eating disorder in US patients.		
Role: Consultant		
1189192-305-DHCMV	<b>Bullock (PI)</b>	01/01/2018 -12/31/18
Psychiatry Small Grants Program, Stanford		
Virtual Reality Therapy for Functional Neurologic Disorder.		
The goal of this study is to compare the effects and changes in symptom frequency of Mirror Visual Feedback delivered via a virtual reality platform to a placebo passive nonembodied virtual reality experience.		

Role: PI

## COMPLETED

10% FTE  
1R01MH105461-01A1 Rodriguez (PI)  
NIMH 01/01/16-7/31/18  
NMDAR Modulation As A Therapeutic Target and Probe of Neural  
Dysfunction in OCD  
Overall goals: To determine how NMDA receptor modulation modifies the  
underlying pathology of OCD to relieve repetitive thoughts and behaviors.  
Role: Independent Evaluator

1189192-104-DHCMV Bullock (PI)  
Psychiatry Small Grants Program, Stanford 01/01/2016 -12/31/17  
Virtual Reality Therapy for Functional Neurologic Disorder.  
The goal of this study is to compare the effects and changes in symptom  
frequency of Mirror Visual Feedback delivered via a virtual reality platform  
to a placebo passive nonembodied virtual reality experience.  
Role: PI

IPA-SXBQF Yesavage (PI)  
This study examined the dissemination efficacy of the national VA training  
program roll out of evidenced based psychotherapies for veterans thru the  
Department of Veterans Affairs, Office of Mental Health. The specific  
component of the study included was "Cognitive Behavior Therapy for  
Depression Dissemination Project"  
Role: Content Expert, Trainer 02/2012-04/2015

Research Incentive Fund Award Barry (PI)  
Stanford University 9/01/02-9/01/04  
The goal of this study was to evaluate the effectiveness of group  
psychotherapy for improving outcomes in patients with non-epileptic  
seizures. Role: Co-Investigator

## Editorial Board Appointments

### Peer Reviewer

Journal of Neuropsychiatry & Clinical Neurosciences	2019
Journal of Anxiety Disorders	2017, 2018
Journal of Psychiatric Research	2017
Academic Psychiatry	2010, 2013
Epilepsy and Behavior	2012

### Journal Publications

1. **Bullock KD**, Reed RJ, Grant I. Reduced mortality risk in alcoholics who achieve long- term abstinence. JAMA 1993; 267(5):668-72
2. Koran LM, **Bullock KD**, Hartson HJ, Elliott MA, D'Andrea V. Citalopram treatment of compulsive shopping: an open-label trial. J Clin Psychiatry 2002;63:704-708
3. Koran LM, Chuong HW, **Bullock KD**, Smith SC. Citalopram for compulsive shopping disorder: an open-label study followed by double- blind discontinuation. J Clin Psychiatry 2003 Jul;64(7):793-8.
4. **Bullock KD**, Koran LM. Psychopharmacology of compulsive buying. Drugs of Today 2003,39(9): 695-700.
5. Barry JJ, Lembke A, **Bullock KD**. Current status of the utilization of antiepileptic treatments in mood, anxiety

and aggression: drugs and devices. *Clinical EEG and Neuroscience* 2004; 35(1):4-13.

6. Wittenberg D, Michaels J, Ford C, **Bullock K**, Barry JJ. Group psychotherapy for patients with non- epileptic seizures: Clinical observations. *Epilepsia* 2004;45(Suppl. 7):57-8.
7. Koran LM, Aboujaoude E, **Bullock KD**, Franz B, Gamel N, Elliott M "Double-blind treatment with oral morphine in treatment-resistant obsessive-compulsive disorder." *J Clin Psychiatry* 2005; 66(3): 353-9.
8. Barry JJ, Wittenberg D, **Bullock KD**, Michaels JB, Classen CC, Fisher RS. Group therapy for patients with psychogenic nonepileptic seizures: a pilot study. *Epilepsy Behav* 2008;13(4):624-9
9. Roberts LW, **Bullock, KD**. Ethics Commentary: Ethical considerations in caring for people living with addictions. *Focus* 2011;9:66-9
10. **Bullock KD**, Mirza N, Forte C, Trockel: Group Dialectical Behavior Therapy Skills Training for Conversion Disorder with Seizures. *J Neuropsychiatry Clin Neurosci* 2015;27(3):240-3
11. Safer DL, **Bullock KD**, Safer JD. Obsessive Compulsive Disorder Presenting As Gender Dysphoria/Gider Incongruence: A Case Report and Literature Review (in press). *AACE Clinical Case Reports*. DOI:10.4158/EP161223.CR accepted Winter 2017
12. Birckhead B, Khalil C, Liu X, Conovitz S, Rizzo A, Danovitch I, **Bullock K**, Spiegel B: Methodology for Clinical Trials of Virtual Reality in Healthcare: Recommendations from an International Working Group: Iterative Study *JMIR Mental Health* 2019;6(1):e11973
13. **Bullock KD**, Bailenson J, Won A: Virtual Reality Delivered Mirror Visual Feedback and Exposure Therapy for Functional Neurological Disorder: A proof of concept pilot preliminary report. Submitted by invitation for Special FND edition in *J Neuropsychiatry Clin Neurosci* 2019
14. Miner A, Shah N, Bullock KD, Arnow BA, Bailenson J, Hancock J: A Conversation About Conversational AI in Psychotherapy. *Front Psychiatry* submitted December 2018, under review

### Academic Books

1. Navigating Life with Functional Neurological Disorders, first edition by Kathrin Laver and Kim D. Bullock, New York, NY: Oxford University Press, under contract

### Academic Book Chapters

1. **Bullock K**: Group Psychotherapy Treatment for Psychogenic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures*, Third Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2010
2. Roberts L, **Bullock K**: Ethical Considerations in Caring for People Living with Addiction in *Applied Ethics in Mental Health Care, An Interdisciplinary Reader*, edited by Dominic A Sisti, Arthur L Caplan, and Hila Rimon-Greenspan, MIT Press, Cambridge, MA, 2013
3. **Bullock K.**: Psychiatric Factors in *Psychogenic Nonepileptic Seizures: Towards the Integration of Care*, First Edition by in Barbara Dworetzky and Gaston Baslet: Oxford University Press, 2017
  2. Jung Y, Chen D, **Bullock K**, Ries S, Hamid H, LaFrance C: Training in Treatment of Psychogenic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures*, Fourth Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2017
  3. **Bullock K**: Group Psychotherapy Treatment for Psychogenic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures*, Fourth Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2017
  4. **Bullock K**: Role Playing in *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*, First Edition by Sallie G. DeGolia Kathleen M. Corcoran, Washington, DC: American Psychiatric Association Publishing, 2019

## Abstracts and Presentations - \*invited

### Oral Presentations

#### *National/International Meetings*

May 18th, 2019

San Francisco, CA

Workshop presenter: Functional Neurological Disorders-We're Virtually There: A Discussion on Neuroscience, Delivering Diagnosis and Virtual Reality Treatment at the 2019 American Psychiatric Association Annual Meeting

\* March 21, 2019

Toronto, Canada

KEYNOTE titled: "Immersive Technologies in Mental Illness"

Presented at University of Toronto's Hospital for Sick Children's Neurosciences and Mental Health Program Symposium entitled "Neurosciences and Mental Health: The next 30 years."

May 9<sup>th</sup>, 2018

New York, NY

Workshop presenter: When Addiction Hits Home: Addiction in Our Own Families, Stigma in Addiciton and the Use of AA in One Family's Recovery at the 2018 American Psychiatric Association Annual Meeting

\* March 29, 2018

Los Angeles, CA

Presentation titled: "Virtual Reality Therapies in Neuropsychiatry"

Presented at Cedar Sinai's 1st Annual Virtual Medicine: Best Practices in Virtual Medicine conference

\* April 27, 2018

Vancouver, BC, Canada

Presentation titled: "The Use of Virtual Reality for Somatic Symptom Disorders"

Presented at the 34<sup>th</sup> Annual Meeting of the American Academy of Pain Medicine

\* July 20th, 2017

London, UK

Presentation titled: "Virtual reality in the treatment of functional neurological symptom disorder."

Presented at the Royal Society of Medicine, joint meeting of the Clinical Neurosciences and Psychiatry supported by the European Psychiatric Association

\* May 1st, 2017

Stanford, CA

Invited oral presenter and panel member: "How Virtual Reality Technology Will Transform Healthcare"

Presented at the Health Technology Forum's 2017 Innovation Conference

\* April 24th, 2017

Fndhope.org website

Invited specialist providing FND psychoeducation in webinar format on FNDhope.org consumer self-help website

\* April 18<sup>th</sup>, 2017

Los Angeles, CA

Invited oral presentation: "Mirror Therapy for Psychosomatic Illness"

Presented at the Society for Brain Mapping and Therapeutics 14<sup>th</sup> Annual World Congress

\* June 23rd, 2016

Melbourne, Australia

Invited oral presentation: "Group Dialectical-Behavior Therapy Skills Training for conversion Disorder with Seizures"

Presented at the 8th World Congress of Behavioural and Cognitive Therapies

May 3rd, 2014  
New York, NY

Workshop presenter: Somatic Symptom and Related Disorders (SSRD) in Children and Adults: A Clinical Approach at 167th American Psychiatric Association Annual Meeting

\*October 4th, 2013

University of Washington, Seattle, Washington

Lecture entitled "DBT pilot for conversion disorder" at annual Dialectical Behavior Therapy Strategic Research Planning Meeting at Marsha Linehan's Behavioral Research and Therapy Clinics.

\*December 3, 2011

Baltimore, MD

Special Interest Group titled "Novel Interventions for the Diagnosis and Treatment of Psychogenic Nonepileptic Seizures."

Presented at the 65th Annual Meeting, American Epilepsy Society.

May 19, 2003

San Francisco, CA Symposium titled "Compulsive buyers: Treating the casualties of consumerism."

Presented a lecture on the pharmacotherapy for compulsive buying at the 156th annual American Psychiatric Association meeting.

### ***Local/Regional Meetings***

\* February 12, 2019

Stanford, CA

Oral presentation: Human Impact

Presented at MediaX at Stanford University's H-STAR affiliate program entitled "Launching Alternative Realities and Understanding Implications"

\*November 1<sup>st</sup>, 2018

Stanford, CA

Lecture: Virtual Reality Technology Treatment for Mental Illness

Presented as part of the 2018 Stanford Health Library Lectures

\*October 13th, 2018

Stanford, CA

Lecture: "Mind-Body-Technology Connections: Functional Movement Disorders and Immersive Reality Treatments"

Presented at the 9<sup>th</sup> Annual *Bridging Breakthroughs in Neuroscience from Bench to Bedside* conference

Where: A Continuing Medical Education Conference presented by the Department of Neurology and Neurosurgery at Stanford University School of Medicine

\*October 13th, 2018

Stanford, CA

Presentation: "Virtual Reality in the Treatment of Functional Neurological Disorder"

Presented at the 4<sup>th</sup> Annual Innovations in Psychiatry and Behavioral Health: Adult Disorders, Technology, and Provider Wellbeing

Where: A Continuing Medical Education Conference presented by the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine

\* May 1st, 2017

Stanford, CA

Invited oral presenter and panel member: "How Virtual Reality Technology Will Transform Healthcare"

Presented at the Health Technology Forum's 2017 Innovation Conference

\*October 4th, 2016

San Francisco, CA

Invited oral presentation: "Virtual Reality Mirror Therapy for Functional Neurological Disorder"

Presented at Athena Health, Virtual Reality in the Practice of Medicine

\*February 26th, 2016  
February 14th, 2017  
Santa Clara, CA  
oral presentation entitled: "The Basics of Cognitive Behavior Therapy and Dialectical Behavior Therapy"  
Presented to NAMI Santa Clara County Consumer Advisory Council

**Poster Presentations**  
***National/International Meetings***

March 22<sup>nd</sup>, 2019  
Chicago, IL  
Poster titled: "Embodied Virtual Reality Mirror Visual Feedback for an Adult with Cerebral Palsy"  
Presented at the 30th annual meeting of the American Neuropsychiatric Association.

March 16, 2019  
New York, NY  
Poster titled: "Virtual Reality Cue Exposure Therapy for Eating Disorders: Development of a Culturally Specific Manual in the US for Use in a Real World Clinic Setting"  
Presented at the annual International Conference on Eating Disorders

September 8th, 2017  
Edinburgh, Scotland, UK  
Poster titled: "Virtual Reality Delivered Mirror Visual Feedback for Functional Neurological Disorder"  
Presented at the 3rd International Conference on Functional (Psychogenic) Neurological Disorders

September 8th, 2017  
Edinburgh, Scotland, UK  
Poster titled: "Documentation Bias in Functional Neurological Disorders: Comparing the Prevalence and Documentation of Suspected FND with Common Neurological Disorders"  
Presented at the 3rd International Conference on Functional (Psychogenic) Neurological Disorders

June 26-28th, 2017  
Wolverhampton, UK  
Abstract and Poster titled: "Virtual Reality Delivered Mirror Visual Feedback for Psychosomatic Symptoms Using Limb Swapping"  
Presented at the 22nd CyberPsychology, CyberTherapy, and Social Networking Conference (CYPSY22) at University of Wolverhampton

April 19th, 2016  
Vancouver, BC  
Poster titled: "Documentation Bias in Functional Neurological Symptom Disorder: Comparing the Prevalence and Documentation of Neurological Symptom Disorder and Parkinson's Disease"  
Presented at the 68th annual meeting of American Academy of Neurology

March 18th, 2016  
San Diego, CA  
Poster titled: "Psychological Characteristics and Treatment Outcomes in Functional Neurological Symptom Disorder Patients Undergoing Group Psychodynamic and Dialectical Behavioral Therapies" Presented at the 27th annual meeting of the American Neuropsychiatric Association.

March 28th, 2015  
Orlando, FL  
Poster titled: "Emotion Regulation in Functional Neurological Symptom Disorder Patients Receiving Group Dialectical Behavior Therapy Skills Training"  
Presented at the 26th annual meeting of the American Neuropsychiatric Association.

April 4, 2013  
Boston, MA  
Poster titled: "Dialectical Behavior Therapy for Conversion Disorder: A Pilot Study."  
Presented at the 24th annual meeting of the American Neuropsychiatric Association.

April 29, 2012  
Burlingame, CA

Lin, G., Tai, C., Trettin, L.J., Bullock, K.D., & Keller, J. (2012, April). Empowerment and Self- Defense Skills Training for Women with History of Interpersonal Violence.  
Paper presented at the 92nd Annual Convention of the Western Psychological Association.

April 26, 2012  
Burlingame, CA

Poster titled: " Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study."  
Presented at the 92nd Annual Convention of the Western Psychological Association.

April 20, 2012  
Monterey, CA

Poster titled: " Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study."  
Presented at the 2012 California Psychological Association Convention.

November 10, 2011

Toronto, Canada Poster titled "Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study." Presented at the 16th annual conference, International Society for the Improvement of Teaching Dialectal Behavior Therapy.

December 3-8, 2004  
New Orleans, LA

Poster titled "Group Psychotherapy for Patients with Non-Epileptic Seizures - A pilot study."  
Presented at the 58th Annual Meeting, American Epilepsy Society.

December 3-8, 2004, New Orleans, LA

Poster titled "Comparative study of childhood trauma in epilepsy and non-epileptic seizure patients." Presented at the 58th Annual Meeting, American Epilepsy Society

May 27-30, 2003, Boca Raton FL

Poster titled "Double-blind oral morphine in treatment resistant obsessive-compulsive disorder."  
Presented at the 43rd annual NCDEU meeting.

May 17-22, 2003  
San Francisco, CA

Poster titled "Double-blind oral morphine in treatment-resistant OCD."  
Presented at the 156th Annual Meeting, American Psychiatric Association.

May 17-22, 2003  
San Francisco, CA

Poster titled "Pharmacotherapy for compulsive buying."  
Presented at the 156th Annual Meeting, American Psychiatric Association.

May 17-22, 2003  
San Francisco, CA

Poster titled "A one-year naturalistic follow-up of patients with compulsive buying disorder."  
Presented at the 156th Annual Meeting, American Psychiatric Association.

December 9-13, 2001  
Waikoloa Village, Hawaii,

Poster titled "Citalopram for Compulsive Shopping Disorder: a double-blind study."  
Presented at the annual meeting of The American College of Neuropsychopharmacology

May 28-31, 2001  
Phoenix, AZ

Poster titled "Oral morphine in treatment resistant obsessive-compulsive disorder."  
Presented at the 41st Annual NCDEU Meeting.

May 28-21, 2001  
Phoenix, AZ

Poster titled "Citalopram treatment of compulsive shopping: An open-label pilot study."  
Presented at the 41st Annual NCDEU Meeting.



May 5-10, 2001  
New Orleans, LA  
Poster titled "Citalopram treatment of compulsive shopping: An open-label pilot study."  
Presented at the 154th Annual Meeting of the American Psychiatric Association.

December 10-14, 2000  
San Juan, Puerto Rico,  
Poster titled "Citalopram Treatment of Compulsive Shopping: an open-label pilot study."  
Presented at the annual meeting of the American College of Neuropsychopharmacology.

March 29 - April 1, 2001  
Sardinia, Italy  
Poster titled "Double-Blind Oral Morphine in Treatment Resistant Obsessive-Compulsive Disorder."  
Presented at the 5th International OCD Conference.

### ***Poster Local/Regional Meetings***

June 9th, 2017  
Stanford, CA  
Poster titled: "Documentation Bias in Functional Neurological Disorders: Comparing the Prevalence and Documentation of Suspected FND with Common Neurological Disorders"  
Presented at the Stanford University School of Medicine Neuroscience Forum Symposium

\*September 26th-27th, 2016  
Stanford, CA  
Invited Neurolab demonstration of use of Virtual Reality in the Department of Psychiatry and Behavioral Sciences  
Presented at Stanford Brain Summit

May 9th, 2016  
Stanford, CA  
Poster titled: "Documentation Bias in Functional Neurological Symptom Disorder: Comparing the Prevalence and Documentation of Neurological Symptom Disorder and Parkinson's Disease"  
Presented at the 2nd Annual Resident Quality Improvement/Patient Safety Symposium

May 29th, 2015  
Stanford, CA  
Poster titled: "Emotion Regulation in Functional Neurological Symptom Disorder Patients Receiving Group Dialectical Behavior Therapy Skills Training"  
Presented at the 2015 Stanford University School of Medicine Neuroscience Forum.

### **Specialty Training**

2017- 2018	Monthly virtual reality augmented cognitive behavior therapy supervision and case consultation with VR master clinician, Elizabeth McMahon, Ph. D.
2017	Plant-Based Nutrition Certificate, eCornell and T. Colin Campbell Center for Nutrition Studies
2016	Virtual Reality Exposure Therapy for Phobias, Virtual Reality Cue Exposure Therapy for Addictions by Virtually Better, Inc. Marat V. Zanov, PhD, ABPP
2014	200h Ashtanga Yoga Teacher Training
2013	Certified T.E.A.M. Cognitive Behavior Therapist and Trainer: level 5
2011 – 2012	Intensively trained in Dialectical Behavior Therapy by Behavioral Tech
2010 – 2015	Weekly supervision in dialectical behavior therapy by Craig Forte, MSW
2011	Weekly supervision in time limited psychodynamic psychotherapy (TLDP) with Katherine DeWitt, Ph.D.
2009	Completed Clinical Teaching Faculty Seminar, by Stanford Faculty Development Center for Medical Teachers
2006- 2012	Monthly supervision from Jacqueline Persons, Ph.D. at San Francisco Center of Cognitive Therapy
2002 – 2011	Monthly supervision from David Burns, MD in TEAM model of psychotherapy

## Research

- 1987 to 1989 Department of Psychiatry, Veterans Administration, UC San Diego, La Jolla, CA  
Advisor: Igor Grant, MD.  
Alcohol Research Program studying the neuropsychological effects of alcohol dependence.
- 1989 Department of Psychiatry, UC San Diego,  
Advisor: Igor Grant, MD  
Neurobehavioral Research Center, a multidisciplinary inquiry into the neurologic and neurobehavioral effects of HIV.
- 1989 to 1992 Department of Psychiatry, UC San Diego  
Advisor: Terry Jernigan, Ph.D.  
Research assistant and magnetic resonance imaging technician for studies involving multiple cognitive and psychiatric disorders.
- 2000 to 2002 Anxiety Clinic, Department of Psychiatry, Stanford University School of Medicine  
Advisor: Lorrin Koran  
Involved in clinical trials for refractory obsessive-compulsive disorder (OCD) using oral morphine and intravenous clomipramine. Designed and implemented clinical trial using SPECT in an OCD cognitive activation paradigm. Clinical trials of citalopram for compulsive shopping.
- 2002 to present Neuropsychiatry, Stanford University School of Medicine  
Primary Investigator: John Barry, MD  
Comparison study between inpatients with epilepsy and non-epileptic seizures with emphasis on childhood trauma. Examining group therapy interventions for conversion disorder, seizure type using cognitive behavioral, psychodynamic and dialectical behavioral orientations of therapy.
- 2010 to 2016 Neuropsychiatry, Stanford University School of Medicine  
Primary Investigator: W. Curt La France Jr., MD, MPH  
Administering cognitive behavior therapy in a pilot multi-center randomized, controlled trial of non-epileptic seizure (CBT) patients treated with either flexible dose sertraline, CBT, CBT plus sertraline, or treatment as usual.
- 2010 to 2016 Neurobehavior Clinic, Stanford University School of Medicine  
Principal Investigator: **Kim Bullock, MD**  
Dialectical Behavior Therapy (DBT) skills training and Functional Neurological Disorder.
- 2011 to 2014 Stanford University School of Medicine  
Principle Investigator: Jennifer Keller, Ph.D.  
Performing physical exams for study determining the feasibility of a class which combines psychoeducation and psychological skills training with physical self-defense training in women with a history of physical and/or sexual violence.
- 2011 to 2012 San Francisco Center for Cognitive Behavior Therapy, Oakland, CA  
Principal Investigator: Jacqueline Persons, Ph.D.  
Participated in piloting online platform funded by Evidenced Based Practice Institute (EBPI), NIH prime using online progress tracking (OPT).
- 2011 to 2015 Veterans Health Administration  
Cognitive Behavior Therapy (CBT) training consultant for a study examining the dissemination effects of CBT training for depression as part of a national evidenced based initiative for treatment of veterans.
- 2013 to 2015 Stanford School of Medicine  
Principal Investigator: Dolores Gallagher  
Project: Faculty Seed Grant for innovative online and blended courses.  
Description: Use of Blended Learning Technologies to Create a forum for Learning and Reflection: Enhanced Mastery of Cognitive Behavioral Therapy Skills.
- 2012 to 2015 Department of Surgery  
Principal Investigator: Sabine Girod  
Description: Use of Group Therapy to Improve Outcomes in Orthognathic surgery

2015 to 2016	Department of Psychiatry Principal Investigator: Sepideh Bajestan Description: Functional Neurological Symptom/Conversion Disorder Psychodynamic Group versus Dialectical Behavior Therapy skills training.
2015 to present	Department of Psychiatry Principal Investigator: Athena Robinson Description: Assessing Effectiveness of Evidence Based DBT Skills Training Groups in an Outpatient Clinic Setting.
2015 to 2018	Department of Neurology Principal Investigator: Katherine Emily Leaver Description: Investigating Prevalence of Documented versus Suspected Functional Neurological Disorder
2016 to present	Department of Psychiatry Principal Investigator: <b>Kim Bullock</b> Description: Computer based T.E.A.M. Feasibility and Efficacy Study
2016 to present	Department of Psychiatry Principal Investigator: <b>Kim Bullock</b> Description: Virtual Reality delivered Mirror Visual Feedback for Functional Neurological Symptom Disorder

## Teaching Portfolio

### University/Hospital Teaching

Course Name:	Stanford Psychiatry Grand rounds
Description:	Virtual Reality Therapies for Functional Neurological Disorder patients"
Date:	June 14, 2018
No. of Times:	once, 1 hour
To Whom:	Stanford University Department of Psychiatry and community
Where:	Stanford University, School of Medicine, Psychiatry Department of Behavioral Sciences
Course Name:	Essentials of Inpatient Psychiatry - Therapeutic Alliance
Description:	Interactive workshop introducing concepts and research on therapeutic alliance. Experiential learning to improve interpersonal skills in creating bonds, goal agreement, and commitment.
Year:	2012 - 2018
No. of Times:	6, two 1.5-hour lectures
To Whom:	10 – 12 Stanford PGYI psychiatry residents and medical students
Where:	Stanford University, School of Medicine, Psychiatry Department outpatient clinics
Course Name:	CNR-X Clinical Neuroscience & Research Experience
Description:	Virtual Reality and Mental Health
Year:	August 9th, 2017 and 2018
No. of Times:	twice
To Whom:	Chinese high school students (various grade levels), Chinese adult chaperones, and staff mentors (college students or college grads
No. of Students:	18
Where:	Stanford University, School of Medicine, Psychiatry and Behavioral Sciences

Course Name: Psychology Postdoctoral Seminar  
Description: Functional Neurological Disorder  
Year: March 5<sup>th</sup>, 2018  
No. of Times: 1  
To Whom: Psychology Postdoctoral interns  
No. of Students: 18  
Where: Stanford University, School of Medicine, Psychiatry and Behavioral Sciences

Course Name: Functional Neurological Disorder Support Group  
Description: Monthly meeting created in the Neuroscience Supportive Care Program  
Year: July 10<sup>th</sup>, 2017  
No. of Times: 1  
To Whom: patients and caregivers  
No. of Students: 9  
Where: Stanford Neuroscience Health Center, 213 Quarry Road, Wellness Room, Palo Alto, CA

Course Name: CME Pain Medicine Didactic Lecture Series  
Description: Functional Neurological Disorder & Virtual Reality Therapies  
Year: June 23, 2017  
No. of Times: 1  
To Whom: Department of Anesthesiology, Perioperative and Pain Medicine  
No. of Students: 20 plus videoconference attendees  
Where: Redwood City Pain Clinic Conference Room

Course Name: Functional Neurological Disorder  
Description: Presentation and video recording thru Stanford Health Library patient and community education presentation and archival medical psychoeducation. <http://www.shlnews.org/?p=1334>  
Year: May 25<sup>th</sup>, 2017  
No. of Times: 1  
To Whom: providers, patients, community, and caregivers  
No. of Students: 40+  
Where: Stanford health Library, Hoover Pavilion, Palo Alto, CA

Course Name: Headache Division Didactic Lecture Series  
Description: Somatic Symptom Related Disorders  
Year: December 7, 2016, April 5<sup>th</sup>, 2017, May 1<sup>st</sup>, 2019  
No. of Times: 3  
To Whom: Stanford Department of Neurology, Headache Division  
No. of Students: 8-10  
Where: Stanford Hoover Building

Course Name: 3rd Annual Innovations in Psychiatry and Behavioral Health: Virtual Reality and Behavior Change  
Description: Co-course director of Continuing Medical Education (CME) conference presented by the Department of Psychiatry and Behavioral Sciences.  
Date: October 6-7, 2017  
No. of Times: once, 1 hour  
To Whom: International and local clinicians and community and stakeholders  
Where: Stanford University, School of Medicine, Department of Psychiatry and Behavioral Sciences, Li Ka Center Shing Center

Course Name: Psychiatry Grand rounds  
Description: Dialectical Behavior Therapy (DBT) for the Non-DBT Practitioner Complexities, and Practical Applications  
Date: April 13, 2017  
No. of Times: once, 1 hour  
To Whom: Stanford Psychiatry Department and community  
Where: Stanford University, School of Medicine, Department of Psychiatry and Behavioral Sciences, Li Ka Shing Center

Course Name: Movement Disorder Lecture Series  
Description: Virtual Reality Therapies for Functional Neurological Disorder  
Year: December 5, 2016, May 28, 2019  
No. of Times: 2  
To Whom: Stanford Department of Neurology, Movement Disorder Division  
No. of Students: 18  
Where: Stanford Neurosciences Building

Course Name: Essentials of Inpatient Psychiatry  
Description: Inpatient DBT for Mood Disorders  
Year: 2016, 2017  
No. of Times: twice, 1.5 hours  
To Whom: 12 Stanford PGYI psychiatry residents and medical students  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Neurology Grand Rounds  
Description: Dialectical Behavior Therapy for Functional Neurological Symptoms  
Disorder Date: September 5, 2014  
No. of Times: 1  
To Whom: Stanford Neurology Department and community  
Where: Stanford University, School of Medicine, Department of Neurology, Clark Center

Course Name: Dialectical Behavior Therapy  
Description: DBT Principals & Treatment  
Year: Fall 2014  
No. of Times: 1  
To Whom: PGY4 psychiatry residents  
No. of Students: 12  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Conversion Disorder Workshop  
Description: DBT treatment of Conversion Disorder  
Year: Spring 2014  
No. of Times: 1  
To Whom: PGY3 psychiatry residents  
No. of Students: 12  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Advanced Psychopharmacology, Case Studies  
Description: Social Anxiety, Panic Disorder  
Year: Winter 2014  
No. of Times: 2  
To Whom: Stanford PGY3 psychiatry residents  
No. of Students: 12  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Peer Support Group Training  
Description: Demonstration of Peer Support during Adverse Event  
Year: Winter 2014  
No. of Times: 1  
To Whom: Physician Well-Being Committee members  
No. of Students: 10  
Where: Stanford Hospital & Clinics, Li Ka Shing Center for Learning and Knowledge

Course Name: CLIN 722 Palo Alto University - Dialectical Behavior Therapy  
Description: Guest lecturer on application of DBT on Functional Neurologic Symptom Disorder  
Year: May 13, 2013, February 26, 2013  
No. of Times: 2  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics  
To Whom: Psy. D. Palo Alto Psy D. graduate students

Course Name: Functional Movement Disorder (FMD) Inservice for Physical Therapists  
Description: Use of Physical Therapy in the Treatment of FMD  
Year: November 15, 2013  
No. of Times: 1  
To Whom: Stanford Hospital physical therapists and occupational  
No.: 9  
Where: Stanford Hospital, Department of Physical Rehabilitation

Course Name: Movement Disorders Conference  
Description: Guest lecturer on Functional Neurologic Symptom Disorder  
Year: January 22nd, 2013  
No. of Times: 1  
To Whom: neuropsychologists, residents, medical students, neurology residents, movement disorder fellow  
movement disorder neurologists, neurologists  
No.: 10  
Where: Stanford University, Department of Neurology, Movement Disorder Clinic

Course Name: Behavioral Activation: An Effective Intervention for Late Life Depression Description: Part of a 20  
Webinar series offered by The Stanford Geriatric Education Center "Applying Best Practices to  
Diverse Older Adults"  
Year: April 2012  
No. of times: once, 1 hour  
To Whom: physicians and primary care providers caring for elders and their families from diverse  
cultural backgrounds  
Where: Stanford Geriatric Education Center in collaboration with California Area Health  
Education Center, American Geriatric Society, and Natividad Medical Center

Course Name: Primary Care Demonstration of Behavioral Activation  
Description: Created online video and course designed to train residents to implement behavioral  
activation for the treatment of depression in culturally diverse older adults  
Year: April 2012  
No. of times: once, 2 hour  
To Whom: Natividad Family Medicine Residents  
Where: Li Ka Shing Center, Stanford Geriatric Education Center in collaboration Natividad Medical  
Center

Course Name: Stanford Psychiatry Residency Behavior Medicine Rotation Description: Behavior  
Medicine Seminar/ Cognitive Behavior Therapy Didactic  
Year: January 2010 to 2012  
No. of Times: weekly  
To Whom: Stanford PGY 3&4 psychiatry residents

Course Name: Cognitive Behavior Therapy Bootcamp for Psychiatry  
Residents Year: June 2011 and July 2012  
No. of Times: 2, 1 and half day workshop  
To Whom: Stanford PGY-3 Psychiatry Residents  
No. of Students: 12  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Psychiatry Grand rounds  
Description: Case Conference: Colluding with the medical workup of somatically focused  
patients" Date: November 10th, 2011  
No. of Times: once, 1 hour  
To Whom: Psychiatry department and community  
Where: Stanford University, School of Medicine, Psychiatry and Behavioral Sciences

Course Name: Therapeutic Alliance  
Description: Psychiatry residency Thursday  
didactics Year: January 2010 - 2012  
No. of Times: 3, 12-week course in winter quarter To Whom: Stanford PGY 1 psychiatry  
residents Students: 12  
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PGY2 Semi-structured Group  
 Description: Agenda Setting, Motivational interviewing  
 didactic Year: Fall 2010  
 No. of Times: 1  
 To Whom: Stanford PGY2 psychiatry residents  
 No. of Students: 12  
 Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PGY1 Process Group Description: Psychiatry residency  
 didactics Year: September 2009 – June 2010  
 No. of Times: 1, weekly for 9 months  
 To Whom: Stanford PGY 1 psychiatry residents  
 No. of Students: 12  
 Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: INDE 205, Practice of Medicine Description: Psychiatric Interview  
 Preceptor Year: 2009  
 No. of Times: 1, 3 two-hour sessions  
 To Whom: Stanford University medical students  
 No. of Students: 6  
 Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PSYC 300A, Core Psychiatry Clerkship Description: Anxiety  
 Disorders Year: 2008 to 2010  
 No. of Times: 5, 1.5 hours  
 To Whom: Stanford University medical students  
 No. of Students: 8-12

Course Name: Introductory Seminar - PSYC 111Q, Madness and the Womb: Mental Illness in Women  
 Through the Centuries  
 Description: Hysteria in the 21st Century - guest lecturer  
 Year: September 2008 and January 2012, January 2013, January 2016  
 No. of Times: 4, 2hour lecture  
 To Whom: Stanford University undergraduates  
 No. of Students: 6-18  
 Where: Stanford University, Department of Psychology

Course Name: David Burns TEAM model of psychotherapy  
 Description: Co-leader and participant Tuesday evening didactics and supervision  
 Year: 2002 to present  
 No. of Times: quarterly  
 To Whom: psychology graduate students, psychiatry residents, medical students and affiliated local  
 mental health providers  
 No. of Students: 5-30  
 Where: Stanford University, Department of Psychiatry

### Supervision (Research, Clinical, Thesis)

2019 – present	Isela Pardo, MD Psychiatry Resident CBT/VR Psychosocial Clinic Supervisor
2018	Savita Bhakta, MD Clinical Assistant Professor at University of California, San Diego Visiting scholar host
2018	Tarini Goya, MD Neurology Resident Neuropsychiatry elective supervisor
2018 – present	Luciana Giambarberi, MD Neuropsychiatry Fellow Supervisor
2018 – present	Aryan Fotros, MD Neuropsychiatry Fellow Supervisor

2018 – present	Meenakshi S. Denduluri, MD Psychiatry Resident CBT/VR Psychosocial Clinic Supervisor
2018 – present	Diana Wu, MD Psychiatry Resident CBT Psychosocial Clinic Supervisor
2018	Collin Holtzinger, PAU Psy.D candidate Dissertation Chair
2018 - present	Margot Paul, PAU Psy.D candidate DBT & VR Practicum Supervisor
2017 -2018	Sarah Tymchuk, MD Psychiatry Resident Supervisor
2017 -2018	Sharon Niv, Ph.D. Palo Alto University Intern Practicum Supervisor
2016-2017	Nazlie Faridi, MD Neuropsychiatry Fellow Supervisor
2016-2017	Anna Frenklach, MD Neuropsychiatry Fellow
2015-2016	Monica Evenson, MD Psychiatry Resident CBT Psychosocial Clinic Supervisor
2015-2016	Chase Warren, MD Psychiatry Resident CBT Psychosocial Clinic Supervisor
2015-2016	Shani Isaac, MD Psychiatry Resident CBT Psychosocial Clinic Supervisor
2015	Juliana Lockman, MD Psychiatry Resident DBT Group supervisor
2014-2018	Raquel Friedman, Psy. D candidate Dissertation chair, DBT Practicum Supervisor
2015-2016	Iulia, Ivan, PAU Ph.D candidate DBT Practicum Supervisor
2015-2016	Lillian Jasmine Dobbs-Marsh, PAU Psy.D candidate DBT Practicum Supervisor
2015-2016	Krista Powell, PAU Psy.D candidate DBT Practicum Supervisor
2015-2016	Samantha Buckman, PAU Psy.D candidate DBT Practicum Supervisor
2015-2016	Ariela Karasov, MD - Neuropsychiatry fellow Neurobehavioral Clinic Attending Supervisor
2015-2016	Jesse Adams, MD - Neuropsychiatry fellow Neurobehavioral Clinic Attending Supervisor
2015-2016	Andrea Ament, MD Psychosocial Clinic CBT individual supervisor



2015	Margaret May, MD IPC Clinic Supervisor
2014	Josh Tal PAU Ph.D candidate DBT Practicum Supervisor
2014	Zlatena Theodore PAU Psy.D candidate DBT Practicum Supervisor
2014	Anna Frenklach, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor
2014	Smita Das, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor
2014	Ariela Karasov, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor
2013-14	Sepideh Bajestan, MD Neuropsychiatry Fellow Neurobehavior Clinic supervisor
2013-14	Dahlia Woods, MD Psychiatry Resident Psychosocial Clinic- CBT/DBT/IPC/TEAM individual psychotherapy supervisor
2013	Fredrick Bennett, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor
2013	Ruby Shandilya, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor
2013	Gillian Reiersen, MD Psychiatry Resident Advisor
2013-14	Chaniga Vorasarun, PAU Psy.D candidate DBT Practicum Supervisor
2013-14	Nadia Haasan, MD Psychiatry Resident Advisor
2013-14	Jessica Crawford, MD Psychiatry Resident Independent Scholarly Concentration elective, Neurobehavior clinic rotation Supervisor
2013	Jennifer Dore, MD Psychiatry Resident Psychosocial Clinic- CBT individual supervisor
2013	Sepideh Bajestan, MD Psychiatry Resident Neuro-Behavior Clinic - DBT group supervisor
2012 -13	Alexandra Thurston PAU Psy.D candidate DBT Practicum Supervisor
2012	Christina Mather Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2012	Nadeem Hasaan PAU Psy.D candidate DBT Practicum Supervisor

2011 -12	Sepideh Bajestan, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2011	Valaiporn Rusmintratip Psychiatry Resident Behavior Medicine Clinic- CBT individual superviso
2011	Vandana Aspen Psychology Fellow Behavior Medicine Clinic- CBT individual supervisor
2010 -11	Thalia Robakis, MD Psychiatry Resident Individual Psychotherapy Clinic supervision
2010	Caroline Corriveau, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2010	Rajani Rajan, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2010	Zaakir Yoonas, MD Psychiatry Resident Behavior Medicine Clinic- CBT individual supervisor
2010 -12	Nida Mirza PAU Psy.D candidate Dissertation Chair
2009 - 10	Nida Mirza, PAU Psy.D candidate DBT- Practicum Supervisor
2009	Katherine Giles PAU Psy.D candidate DBT - Practicum Supervisor
2009	Ana Arteaga PAU Psy.D candidate DBT - Practicum Supervisor
2008 -9	Caroline Paterno, MD Psychiatry Resident Advisor
2005 -11	Epilepsy Fellows Neurology Residents
2005 - 10	PGY 3&4 Psychiatry Residents Neuropsychiatry Clinic