

Kim Bullock, M.D.

Address: 401 Quarry Rd. Stanford, CA 94305-5546

Phone: (650) 714-1459

Fax: (650) 723-9807

Email: kbullock@stanford.edu

Education

Psychiatry Residency, Stanford University, Stanford, CA	1997 - 2002
Internal Medicine Internship, Washington Hospital Center, Washington, DC	1994 - 1995
M.D., George Washington, Washington, DC	1990 - 1994
B.A., B.A. Animal Physiology, Psychology (honors with distinction), University of California, Revelle College, La Jolla, CA	1983 - 1989

Current Position

Director Virtual Reality & Immersive Technology Clinic & Initiative	2016 – present
Director, DBT4FND Clinic	2021- present
Director, Neurobehavioral Clinic	2012 - present
School of Medicine, Stanford University, Stanford, CA	

Professional Experience

Interim Director, Digital Mental Health Clinic	2021- 2024
Attending, Dialectical Behavior Therapy Program, Stanford University	2012 - present
Attending, Psychosocial Clinic, Stanford University	2002 - present
Attending, Inpatient Epilepsy Unit, Stanford University	2002 - 2021
Attending, Neuropsychiatry Clinic, Stanford University	2002 - 2021
Super-attending, Inpatient Psychiatry, Stanford University	2002 - 2021
Consultant, Veterans Administration, Palo Alto, CA	2011 - 2015
Attending, Anxiety Clinic, Stanford University	2002 - 2008

Academic Appointments

Clinical Professor Department of Psychiatry and Behavioral Sciences Stanford University Stanford, CA	2019 - present
Clinical Associate Professor Department of Psychiatry and Behavioral Sciences Stanford University Stanford, CA	2009 - 2019
Clinical Assistant Professor Department of Psychiatry and Behavioral Sciences Stanford University Stanford, CA	2006 - 2009
Clinical Instructor Department of Psychiatry and Behavioral Sciences Stanford University Stanford, CA	2004 - 2006
Staff Physician Department of Psychiatry and Behavioral Sciences Stanford University Stanford, CA	2002 - 2004

Other Positions and Employment

Psychiatry XR Podcast founder and creator	2022 - present
Stanford Psychiatry Immersive Technology Consortium (SPIT-C) founder	2015 - present
Vice-President, Peninsula Community Services, INC, San Mateo, CA	2004 - 2011
Research Assistant, Department of Psychiatry, UC San Diego, Neuroimaging Lab La Jolla, CA	1989 - 1992

Writer, Department of Psychiatry, Veterans Administration, Neurobehavioral Research Center, UC San Diego, La Jolla California 1989

Certification and Licensure

DBT-Linehan Board of Certification, Certified Clinician™ 2022
American Sailing Association - coastal navigation certificate 2022
Diplomate, American Board of Lifestyle Medicine 2017
Diplomate in Behavioral Neurology & Neuropsychiatry, United Council for Neurologic Subspecialties 2012
Diplomate, American Board of Psychiatry and Neurology 2006, recertified 2016

State of California Medical License, #A56037 1996

Professional Memberships

Society for Immersive Mental Health 2025-present
EMDR International Association 2025-present
The American College of Psychiatrists 2023-present
The American Medical Extended Reality Association 2022-present
Society for Digital Mental Health 2022-present
Royal Society of Medicine, Fellow 2022-2024
Functional Neurological Disorder Society, founding member 2019-present
International Association of Cyber Psychology, Training, and Rehabilitation 2017-present
Society for Brain Mapping and Therapeutics, Board of Directors 2017-2018
American College of Lifestyle Medicine 2015-present
Physicians Committee for Responsible Medicine 2013-present
American Neuropsychiatric Association 2011-present
American Epilepsy Society 2011
Association for Behavior and Cognitive Therapies 2006-present
Physicians for Social Responsibility- climate ambassador 2002-present

Honors and Awards

Stanford Psychiatry PGYI Didactic Teaching Award 2021
Special Thanks and Recognition Award, Palo Alto Veterans Administration 1998
Donald Glew Award for Student Research, George Washington University 1994
William Beaumont Society Research Award, George Washington University 1990
Departmental Honors with Distinction in Psychology, University of California, San Diego 1989
Chancellor's Leadership Award, University of California 1987

Academic Service (Department of Psychiatry, Stanford School of Medicine)

Stanford Medical Mixed Reality (SMMR) symposia series, Affiliate 2022-present
Stanford Psychiatry Leadership Academy, faculty 2021-present
Psychiatry Department Video Visit Digital Health Representative 2019-2022
Standing Well-being Committee, Department of Psychiatry 2019-present
Brainstorm: Stanford Laboratory for Brain Health Innovation and Entrepreneurship, partner 2017-present
Stanford Mental Health Technology & Innovation Hub, board member 2017-present
Reimagine Mental Health Initiative, member 2017-present
Stanford Psychiatry Immersive Technology Consortium, founder 2017-present
Behavioral-Telehealth-Technology Committee, member 2017-2018
School of Medicine Senate, Senator 2018-2019
Diversity and Wellbeing subcommittee 2015-2017
Stanford School of Medicine Senate, Alternate 2014-2018
Psychiatry CME Conference Planning Committee, member 2014-2015
Medical Monitoring of Psychotropic Medication Committee, member 2017-present
Community Psychiatry and Behavioral Health Group, member 2013-present
Conversion/Functional Neurological Disorder Consortium, founder 2012-2017
Grand Rounds and Ongoing Education Committee, member 2011-present
Psychiatry Residency Psychotherapy Committee, CBT member 2011-2012
Cognitive Behavior Therapy Task Force leader Stanford 2011-present
Psychiatry NAMI Walk Group, team leader

Educational Activities

See attached Teaching Portfolio

Grants and Contract Awards

1300338-103-KARAH Paul, **Bullock(PI)** 01/15/25-06/30/26
 Department of Psychiatry & Behavioral Sciences Innovator Grants, Stanford
 "Virtual Reality-Enhanced Behavioral Activation Feasibility Pilot for Older Adults with Major Depressive Disorder"
 This clinical pilot's primary aim is to evaluate the feasibility, tolerability, and acceptability of using an adapted behavioral activation protocol that incorporates VR-simulated positive activities for 30 adults aged 65 and older who are diagnosed with MDD. The feasibility will be analyzed by measuring qualitative barriers to use observed. Barriers will be assessed by rates of dropout, negative side effects, number of times the headset was used between sessions, and level of presence experienced in the headset. The tolerability will be measured using the simulator sickness questionnaire. The acceptability of the treatment will be measured using the technology acceptance model. The study's exploratory aim is to evaluate evidence of clinical efficacy by noting whether there were clinically significant decreases in MDD symptoms, as measured by the PHQ-9.
 Role: PI

COMPLETED

1R21AG073973-01 Hosseini (PI) 07/01/2021 - 04/30/2024
 NIH
 "Development of a cost-effective and neurobiologically valid VR assessment tool for early detection of AD"
 The major goal of this study is to develop and test a VR assessment tool for early detection of AD-related changes in complex cognitive processes such as navigation and their association with brain networks.
 Role: Co-Investigator

SPO-256876 **Bullock (PI)** 02/16/2022 to 08/31/2023
 Wu Tsai Neurosciences Institute
 "Extended Reality (XR) Enhanced Behavioral Activation for Treatment of Major Depressive Disorder"
 The major aim of this translational project is to test the feasibility and efficacy of XR to deliver pleasant activities associated with behavioral activation in the treatment of major depressive disorder.

SPO: 133020 Runfola (PI) 01/01/18-12/31/21
 National Eating Disorders Association NEDA
 "The Acceptability and Feasibility of Implementing Virtual Reality to Enhance Outcomes with Eating Disorder Patients in the US."
 The major goal of this study is the adaptation of virtual reality interventions to real-world clinical settings and is part of NEDA's initiative Feeding Hope Fund for Clinical Research Innovation Treatment category.
 Role: Consultant

1% FTE Safer (PI) 2017- 2019
 NEDA National Eating Disorders Association, The Feeding Hope Fund for Clinical Research
 The study will assess the acceptability and feasibility of implementing Virtual Reality to enhance outcomes with eating disorder in US patients.
 Role: Consultant

1189192-305-DHCMV **Bullock (PI)** 01/01/18-12/31/18
 Psychiatry Small Grants Program, Stanford
 Virtual Reality Therapy for Functional Neurologic Disorder.
 The goal of this study is to compare the effects and changes in symptom frequency of Mirror Visual Feedback delivered via a virtual reality platform to a placebo passive nonembodied virtual reality experience.
 Role: PI

1R01MH105461-01A1 Rodriguez (PI) 01/01/16-7/31/18
 NIMH NMDAR Modulation As A Therapeutic Target and Probe of Neural Dysfunction in OCD
 Overall goals: To determine how NMDA receptor modulation modifies the underlying pathology of OCD to relieve repetitive thoughts and behaviors.
 Role: Independent Evaluator

1189192-104-DHCMV **Bullock (PI)** 01/01/2016 -12/31/17
 Psychiatry Small Grants Program, Stanford
 Virtual Reality Therapy for Functional Neurologic Disorder.
 The goal of this study is to compare the effects and changes in symptom frequency of Mirror Visual Feedback delivered via a virtual reality platform

to a placebo passive nonembodied virtual reality experience.

IPA-SXBQF

Yesavage (PI)

02/2012-04/2015

This study examined the dissemination efficacy of the national VA training program roll out of evidenced based psychotherapies for veterans thru the Department of Veterans Affairs, Office of Mental Health. The specific component of the study included was "Cognitive Behavior Therapy for Depression Dissemination Project"

Role: Content Expert, Trainer

Research Incentive Fund Award

Barry (PI)

09/01/02-9/01/04

Stanford University- OTL

The goal of this study was to evaluate the effectiveness of group psychotherapy for improving outcomes in patients with non-epileptic seizures.

Role: Co-Investigator

Editorial Board Appointments

Associate Editor

Virtual Reality in Medicine, Frontiers

2020 to present

Peer Reviewer

Computer Methods and Programs in Biomedicine

2022

Journal of Medical Internet Research, mental health

2020 to present

Journal of Neuropsychiatry & Clinical Neurosciences

2019 to present

Journal of Anxiety Disorders

2017, 2018

Journal of Psychiatric Research

2017

Academic Psychiatry

2010, 2013

Epilepsy and Behavior

2012

Journal Publications

1. **Bullock KD**, Reed RJ, Grant I. Reduced mortality risk in alcoholics who achieve long- term abstinence. JAMA 1993; 267(5):668-72
2. Koran LM, **Bullock KD**, Hartson HJ, Elliott MA, D'Andrea V. Citalopram treatment of compulsive shopping: an open-label trial. J Clin Psychiatry 2002;63:704-708
3. Koran LM, Chuong HW, **Bullock KD**, Smith SC. Citalopram for compulsive shopping disorder: an open-label study followed by double-blind discontinuation. J Clin Psychiatry 2003 Jul;64(7):793-8.
4. **Bullock KD**, Koran LM. Psychopharmacology of compulsive buying. Drugs of Today 2003;39(9): 695- 700.
5. Barry JJ, Lembke A, **Bullock KD**. Current status of the utilization of antiepileptic treatments in mood, anxiety and aggression: drugs and devices. Clinical EEG and Neuroscience 2004; 35(1):4-13.
6. Wittenberg D, Michaels J, Ford C, **Bullock K**, Barry JJ. Group psychotherapy for patients with non- epileptic seizures: Clinical observations. Epilepsia 2004;45(Suppl. 7):57-8.
7. Koran LM, Aboujaoude E, **Bullock KD**, Franz B, Gamel N, Elliott M "Double-blind treatment with oral morphine in treatment-resistant obsessive-compulsive disorder." J Clin Psychiatry 2005; 66(3): 353-9.
8. Barry JJ, Wittenberg D, **Bullock KD**, Michaels JB, Classen CC, Fisher RS. Group therapy for patients with psychogenic nonepileptic seizures: a pilot study. Epilepsy Behav 2008;13(4):624-9
9. Roberts LW, **Bullock, KD**. Ethics Commentary: Ethical considerations in caring for people living with addictions. Focus 2011;9:66-9
10. **Bullock KD**, Mirza N, Forte C, Trockel: Group Dialectical Behavior Therapy Skills Training for Conversion Disorder with Seizures. J Neuropsychiatry Clin Neurosci 2015;27(3):240-3
11. Safer DL, **Bullock KD**, Safer JD. Obsessive Compulsive Disorder Presenting As Gender Dysphoria/Gender Incongruence: A Case Report and Literature Review (in press). AACE Clinical Case Reports. DOI:10.4158/EP161223.CR accepted Winter 2017

12. Birkhead B, Khalil C, Liu X, Conovitz S, Rizzo A, Danovitch I, **Bullock K**, Spiegel B: Methodology for ClinicalTrials of Virtual Reality in Healthcare: Recommendations from an International Working Group: Iterative Study JMIR Mental Health 2019;6(1):e11973
13. Miner AS, Shah N, **Bullock KD**, Arnow BA, Bailenson J, Hancock J. Key Considerations for Incorporating Conversational AI in Psychotherapy. *Front Psychiatry*. 2019 Oct 18;10:746. doi: 10.3389/fpsy.2019.00746. PMID: 31681047; PMCID: PMC6813224.
14. **Bullock K**, Won AS, Bailenson J, Friedman R. Virtual Reality-Delivered Mirror Visual Feedback and Exposure Therapy for FND: A Midpoint Report of a Randomized Controlled Feasibility Study. *J Neuropsychiatry Clin Neurosci*. 2020 Winter;32(1):90-94. doi: 10.1176/appi.neuropsych.19030071. Epub 2019 Nov 5. PMID: 31687867.
15. Brown T, Nauman Vogel E, Adler S, Bohon C, **Bullock K**, Nameth K, Riva G, Safer DL, Runfola CD. Bringing Virtual Reality From Clinical Trials to Clinical Practice for the Treatment of Eating Disorders: An Example Using Virtual Reality Cue Exposure Therapy. *J Med Internet Res*. 2020 Apr 23;22(4):e16386. doi: 10.2196/16386. PMID: 32324145; PMCID: PMC7206518.
16. Sainz-Fuertes, R., Gelabert Mir, J. M., Valderas, J. M., **Bullock, K.**, Giersch, A., Vogeley, K., García, A. T., Huguet, M. A., Russell, T., Hollingdale, J., Lopez-Moriñigo, J. D., Delgado, I. N., Selsick, H., Gurr, H., Fitzpatrick, T., & Maddox, T. (2020). COVID-19 and mental health: A review and the role of telehealth and virtual reality. *Digital medicine*, 6(2), 53–66. https://doi.org/10.4103/digm.digm_22_20
17. Paul, M., **Bullock, K.**, & Bailenson, J. (2020). Virtual Reality Behavioral Activation as an Intervention for Major Depressive Disorder: Case Report. *JMIR mental health*, 7(11), e24331. doi.org/10.2196/24331
18. **Bullock K**, Muccini J, Bronte Stewart H, Bailenson J, Paul M, Won A, Embodied Virtual Reality Mirror Visual Feedback for an Adult with Cerebral Palsy, *American Journal of Psychiatry and Neuroscience*. Vol. 9, No. 2, 2021, pp. 59-67. doi: 10.11648/j.ajpn.20210902.16
19. Nameth, K., Brown, T., **Bullock, K.**, Adler, S., Riva, G., Safer, D., & Runfola, C. (2021). Translating Virtual Reality Cue Exposure Therapy for Binge Eating into a Real-World Setting: An Uncontrolled Pilot Study. *Journal of clinical medicine*, 10(7), 1511. <https://doi.org/10.3390/jcm10071511>
20. Paul, M., **Bullock, K.**, & Bailenson, J. (2022). Virtual Reality Behavioral Activation for Adults With Major Depressive Disorder: Feasibility Randomized Controlled Trial. *JMIR mental health*, 9(5), e35526. <https://doi.org/10.2196/35526>
21. McLoughlin, C., Hoeritzauer, I., Cabreira, V., Aybek, S., Adams, C., Alty, J., Ball, H. A., Baker, J., **Bullock, K.**, Burness, C., Dworetzky, B. A., Finkelstein, S., Garcin, B., Gelauff, J., Goldstein, L. H., Jordbru, A., Huys, A. M., Laffan, A., Lidstone, S. C., Linden, S. C., ... McWhirter, L. (2023). Functional neurological disorder is a feminist issue. *Journal of neurology, neurosurgery, and psychiatry*, 94(10), 855–862. <https://doi.org/10.1136/jnnp-2022-330192>
22. Lan, L., Sikov, J., Lejeune, J., Ji, C., Brown, H., **Bullock, K.**, & Spencer, A. E. (2023). A Systematic Review of using Virtual and Augmented Reality for the Diagnosis and Treatment of Psychotic Disorders. *Current treatment options in psychiatry*, Jun 14:1-21. doi: 10.1007/s40501-023-00287-5. PMID: 37360960; PMCID: PMC10264872.
23. Raila, H., Avanesyan, T., Valentine, K. E., Koo, B., Huang, C., Tsutsumi, Y., Andreeff, E., Qiu, T., Muñoz Rodríguez, P. A., Varias, A., Filippou-Frye, M., van Roessel, P., **Bullock, K.**, Periyakoil, V. S., & Rodríguez, C. I. (2023). Augmenting group hoarding disorder treatment with virtual reality discarding: A pilot study in older adults. *Journal of psychiatric research*, 166, 25–31. <https://doi-org.laneproxy.stanford.edu/10.1016/j.jpsychires.2023.08.002>
24. Bisconti, N., Odier, M., Becker, M., & **Bullock, K.** (2024). Feasibility and Acceptability of a Mobile App-Based TEAM-CBT (Testing Empathy Assessment Methods-Cognitive Behavioral Therapy) Intervention (Feeling Good) for Depression: Secondary Data Analysis. *JMIR mental health*, 11, e52369. <https://doi-org.laneproxy.stanford.edu/10.2196/52369>
25. Paul, M., **Bullock, K.**, Bailenson, J., & Burns, D. (2024). Examining the Efficacy of Extended Reality-Enhanced Behavioral Activation for Adults With Major Depressive Disorder: Randomized Controlled Trial. *JMIR mental health*, 11, e52326. <https://doi-org.laneproxy.stanford.edu/10.2196/52326>

Academic Book Chapters

1. **Bullock K**: Group Psychotherapy Treatment for Psychogenic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures*, Third Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2010

2. Roberts L, **Bullock K**: Ethical Considerations in Caring for People Living with Addiction in *Applied Ethics in Mental Health Care, An Interdisciplinary Reader*, edited by Dominic A Sisti, Arthur L Caplan, and Hila Rimon-Greenspan, MIT Press, Cambridge, MA, 2013
3. **Bullock K**: Psychiatric Factors in *Psychogenic Nonepileptic Seizures: Towards the Integration of Care*, First Edition by Barbara Dworetzky and Gaston Baslet: Oxford University Press, 2017
4. Jung Y, Chen D, **Bullock K**, Ries S, Hamid H, LaFrance C: Training in Treatment of Psychogenic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures*, Fourth Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2017
5. **Bullock K**: Group Psychotherapy Treatment for Psychogenic Nonepileptic Seizures in *Gates and Rowan's Non-Epileptic Seizures*, Fourth Edition by Steven C. Schachter and W. Curt LaFrance Jr., London: Cambridge University Press, 2017
6. **Bullock K**: Role Playing in *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*, First Edition by Sallie G. DeGolia Kathleen M. Corcoran, Washington, DC: American Psychiatric Association Publishing, 2019
7. Weiss T, Bailenson J, **Bullock K**, Greenleaf W: Reality, from virtual to augmented, in *Digital Health; Exploring Use and Integration of Wearables*, edited by Alan Godfrey, Sam Stuart, London: Academic Press, 2021
8. **Bullock K**, Lockman J: Psychiatric Comorbidities and the Role of Psychiatry in Current Clinical Neurology Series: Functional Movement Disorders: An Interdisciplinary Case-Based Approach First Edition by Daniel Tarsy, New York, NY: Springer Publishing, 2022

Abstracts and Presentations - *invited

Oral Presentations

National/International Meetings

*May 16th, 2025

Oakland, CA

Grandrounds online lecture for Kaiser Foundation Hospital Oakland/Richmond East Bay Psychiatry entitled "Extended Reality Practice and Potential in Treatment of Psychiatric Disorders".

*February 12, 2025

Vancouver, BC

Grandrounds for British Columbia Neuropsychiatry Program online presentation titled "Extended Reality Potential and Practice in Treating Neuropsychiatric Disorders".

*November 5th, 2024

American Psychiatric Association (APA) Virtual Immersive webinar online

Presented live at APA's Innovations in AI & Digital Psychiatry course a lecture titled The Practice & Potential of Using Extended Reality (XR) in Psychiatry.

*October 23, 2024

Washington, DC

Orally presented Practice & Potential of XR in Psychiatry at Information Technology & Innovation Foundation (ITIF) think tank workshop.

*May, 2023

San Francisco, CA

Orally presented at American Psychiatric Association (APA) annual meeting Mental Health Innovation Zone titled VR/AR Applications in Psychiatry.

*June 21, 2022

Boston, MA

Workshop: Navigating Psychotherapy Treatment Challenges

Presented at the 4th International Conference on Functional Neurological Disorder Society meeting.

*December 9th, 2021

Royal Society of Medicine (RSM)

Presentation and panelist: Virtual Reality And Augmented Reality Technologies For Mental Health

Online episode of a series of Mind Matters webinars presented by the RSM Psychiatry section

*May 18th, 2019 San Francisco, CA

Workshop presenter: Functional Neurological Disorders-We're Virtually There: A Discussion on Neuroscience, Delivering Diagnosis and Virtual Reality Treatment at the 2019 American Psychiatric Association Annual Meeting

*March 21, 2019

Toronto, Canada

KEYNOTE titled: "Immersive Technologies in Mental Illness"

Presented at University of Toronto's Hospital for Sick Children's Neurosciences and Mental Health Program Symposium entitled "Neurosciences and Mental Health: The next 30 years."

May 9th, 2018

New York, NY

Workshop presenter: When Addiction Hits Home: Addiction in Our Own Families, Stigma in Addiciton and the Use of AA in OneFamily's Recovery at the 2018 American Psychiatric Association Annual Meeting

* March 29, 2018

Los Angeles, CA

Presentation titled: "Virtual Reality Therapies in Neuropsychiatry"

Presented at Cedar Sinai's 1st Annual Virtual Medicine: Best Practices in Virtual Medicine conference

*April 27, 2018 Vancouver, BC,

Canada

Presentation titled: "The Use of Virtual Reality for Somatic Symptom Disorders" Presented at the 34th Annual Meeting of the American Academy of Pain Medicine

* July 20th, 2017

London, UK

Presentation titled: "Virtual reality in the treatment of functional neurological symptom disorder."

Presented at the Royal Society of Medicine, joint meeting of the Clinical Neurosciences and Psychiatry supported by the European Psychiatric Association

* May 1st, 2017

Stanford, CA

Invited oral presenter and panel member: "How Virtual Reality Technology Will Transform Healthcare" Presented at the Health Technology Forum's 2017 Innovation Conference

*April 24th, 2017

Fndhope.org website

Invited specialist providing FND psychoeducation in webinar format on FNDhope.org consumer self-helpwebsite

*April 18th, 2017

Los Angeles, CA

Invited oral presentation: "Mirror Therapy for Psychosomatic Illness"

Presented at the Society for Brain Mapping and Therapeutics 14th Annual World Congress

*June 23rd, 2016

Melbourne, Australia

Invited oral presentation: "Group Dialectical-Behavior Therapy Skills Training for conversion Disorder with Seizures"

Presented at the 8th World Congress of Behavioural and Cognitive Therapies

May 3rd, 2014New

York, NY

Workshop presenter: Somatic Symptom and Related Disorders (SSRD) in Children and Adults: A Clinical Approach at 167th American Psychiatric Association Annual Meeting

*October 4th, 2013

University of Washington, Seattle, Washington

Lecture entitled "DBT pilot for conversion disorder" at annual Dialectical Behavior Therapy Strategic Research Planning Meeting at Marsha Linehan's Behavioral Research and Therapy Clinics.

*December 3, 2011

Baltimore, MD

Special Interest Group titled "Novel Interventions for the Diagnosis and Treatment of Psychogenic Nonepileptic Seizures."

Presented at the 65th Annual Meeting, American Epilepsy Society.

May 19, 2003

San Francisco, CA Symposium titled "Compulsive buyers: Treating the casualties of consumerism."

Presented a lecture on the pharmacotherapy for compulsive buying at the 156th annual American Psychiatric Association meeting.

Local/Regional Meetings

*October 2022

San Francisco, CA

Invited Speaker at UCSF Advice Health digital health fellowship on the use of digital mental health technology.

*February 11, 2022

Stanford, CA

Invited Speaker: XR For Treating Mental Illness

Presented at Stanford's Wearable Electronics Initiative, eWEAR Annual Meeting Symposium 2022

*August 12, 2020

San Francisco, CA

Virtual webinar: Extended Reality Technology Treatment for Behavioral Health

Presented at California Improvement Network Webinar Series, a project of the California Health Care Foundation managed by Healthforce Center at UCSF, an organization dedicated to helping health care organizations drive and navigate change.

* February 12, 2019

Stanford, CA

Oral presentation: Human Impact

Presented at MediaX at Stanford University's H-STAR affiliate program entitled "Launching Alternative Realities and Understanding Implications"

*November 1st, 2018

Stanford, CA

Lecture: Virtual Reality Technology Treatment for Mental Illness Presented as part of the 2018 Stanford Health Library Lectures

*October 13th, 2018

Stanford, CA

Lecture: "Mind-Body-Technology Connections: Functional Movement Disorders and Immersive Reality Treatments"

Presented at the 9th Annual *Bridging Breakthroughs in Neuroscience from Bench to Bedside* conference

Where: A Continuing Medical Education Conference presented by the Department of Neurology and Neurosurgery at Stanford University School of Medicine

*October 13th, 2018

Stanford, CA

Presentation: "Virtual Reality in the Treatment of Functional Neurological Disorder"

Presented at the 4th Annual Innovations in Psychiatry and Behavioral Health: Adult Disorders, Technology, and Provider Wellbeing Where: A Continuing Medical Education Conference presented by the Department of Psychiatry and Behavioral Sciences at Stanford University School of Medicine

* May 1st, 2017

Stanford, CA

Invited oral presenter and panel member: "How Virtual Reality Technology Will Transform Healthcare" Presented at the Health Technology Forum's 2017 Innovation Conference

*October 4th, 2016

San Francisco, CA

Invited oral presentation: "Virtual Reality Mirror Therapy for Functional Neurological Disorder" Presented at Athena Health, Virtual Reality in the Practice of Medicine

*February 26th, 2016 and February 14th, 2017

Santa Clara, CA

oral presentation entitled: "The Basics of Cognitive Behavior Therapy and Dialectical Behavior Therapy" Presented to NAMI Santa Clara County Consumer Advisory Council

Poster Presentations

National/International Meetings

June 9, 2024

Verona, Italy

Poster titled "Using Measurement-Based Care Systems To Examine the Relationship Between Quality of Life, Adverse Childhood History and Emotion Regulation"

Presented at the FND Society's 5th International Conference on Functional Neurological Disorder

October 11, 2023

Palm Desert, CA

Poster titled "Promoting Faculty Professional Fulfillment and Belonging through Joint Leadership Training"

Presented at The American Conference on Physician Health (ACPH) 2023 Conference.

March 10, 2021,

Los Angeles CA

Panelist for talk by resident entitled: "Virtual Reality And Child & Adolescent Psychiatry"

Presented at Semel Institute for Neuroscience and Human Behavior at UCLA Child & Adolescent Psychiatry Grand Rounds.

March 22nd, 2019

Chicago, IL

Poster titled: "Embodied Virtual Reality Mirror Visual Feedback for an Adult with Cerebral Palsy" Presented at the 30th annual meeting of the American Neuropsychiatric Association.

March 16, 2019

New York, NY

Poster titled: "Virtual Reality Cue Exposure Therapy for Eating Disorders: Development of a Culturally Specific Manual in the US for Use in a Real World Clinic Setting"

Presented at the annual International Conference on Eating Disorders

September 8th, 2017

Edinburgh, Scotland, UK

Poster titled: "Virtual Reality Delivered Mirror Visual Feedback for Functional Neurological Disorder" Presented at the 3rd International Conference on Functional (Psychogenic) Neurological Disorders

September 8th, 2017

Edinburgh, Scotland, UK

Poster titled: "Documentation Bias in Functional Neurological Disorders: Comparing the Prevalence and Documentation of Suspected FND with Common Neurological Disorders"

Presented at the 3rd International Conference on Functional (Psychogenic) Neurological Disorders

June 26-28th, 2017

Wolverhampton, UK

Abstract and Poster titled: "Virtual Reality Delivered Mirror Visual Feedback for Psychosomatic Symptoms Using Limb Swapping"

Presented at the 22nd CyberPsychology, CyberTherapy, and Social Networking Conference (CYPSY22) at University of Wolverhampton

April 19th, 2016

Vancouver, BC

Poster titled: "Documentation Bias in Functional Neurological Symptom Disorder: Comparing the Prevalence and Documentation of Neurological Symptom Disorder and Parkinson's Disease"

Presented at the 68th annual meeting of American Academy of Neurology

March 18th, 2016

San Diego, CA

Poster titled: "Psychological Characteristics and Treatment Outcomes in Functional Neurological Symptom Disorder Patients Undergoing Group Psychodynamic and Dialectical Behavioral Therapies" Presented

at the 27th annual meeting of the American Neuropsychiatric Association.

March 28th, 2015

Orlando, FL

Poster titled: "Emotion Regulation in Functional Neurological Symptom Disorder Patients Receiving Group Dialectical Behavior Therapy Skills Training"

Presented at the 26th annual meeting of the American Neuropsychiatric Association.

April 4, 2013

Boston, MA

Poster titled: "Dialectical Behavior Therapy for Conversion Disorder: A Pilot Study." Presented at the 24th annual meeting of the American Neuropsychiatric Association.

April 29, 2012

Burlingame, CA

Lin, G., Tai, C., Trettin, L.J., Bullock, K.D., & Keller, J. (2012, April). Empowerment and Self-Defense Skills Training for Women with History of Interpersonal Violence.

Paper presented at the 92nd Annual Convention of the Western Psychological Association.

April 26, 2012

Burlingame, CA

Poster titled: "Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study." Presented at the 92nd Annual Convention of the Western Psychological Association.

April 20, 2012

Monterey, CA

Poster titled: "Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study." Presented at the 2012 California Psychological Association Convention.

November 10, 2011

Toronto, Canada Poster titled "Dialectical Behavior Therapy Skills Groups for Conversion Disorder: A Pilot Study." Presented at the 16th annual conference, International Society for the Improvement of Teaching Dialectical Behavior Therapy.

December 3-8, 2004

New Orleans, LA

Poster titled "Group Psychotherapy for Patients with Non-Epileptic Seizures - A pilot study." Presented at the 58th Annual Meeting, American Epilepsy Society.

December 3-8, 2004, New Orleans, LA

Poster titled "Comparative study of childhood trauma in epilepsy and non-epileptic seizure patients." Presented at the 58th Annual Meeting, American Epilepsy Society

May 27-30, 2003, Boca Raton FL

Poster titled "Double-blind oral morphine in treatment resistant obsessive-compulsive disorder." Presented at the 43rd annual NCDEU meeting.

May 17-22, 2003

San Francisco, CA

Poster titled "Double-blind oral morphine in treatment-resistant OCD." Presented at the 156th Annual Meeting, American Psychiatric Association.

May 17-22, 2003

San Francisco, CA

Poster titled "Pharmacotherapy for compulsive buying."

Presented at the 156th Annual Meeting, American Psychiatric Association.

May 17-22, 2003

San Francisco, CA

Poster titled "A one-year naturalistic follow-up of patients with compulsive buying disorder." Presented at the 156th Annual Meeting, American Psychiatric Association.

December 9-13, 2001 Waikoloa

Village, Hawaii,

Poster titled "Citalopram for Compulsive Shopping Disorder: a double-blind study." Presented at the annual meeting of The American College of Neuropsychopharmacology

May 28-31, 2001

Phoenix, AZ

Poster titled "Oral morphine in treatment resistant obsessive-compulsive disorder."

Presented at the 41st Annual NCDEU Meeting.

May 28-21, 2001

Phoenix, AZ

Poster titled "Citalopram treatment of compulsive shopping: An open-label pilot study." Presented at the 41st Annual NCDEU Meeting.

May 5-10, 2001

New Orleans, LA

Poster titled "Citalopram treatment of compulsive shopping: An open-label pilot study." Presented at the 154th Annual Meeting of the American Psychiatric Association.

December 10-14, 2000

San Juan, Puerto Rico,

Poster titled "Citalopram Treatment of Compulsive Shopping: an open-label pilot study."

Presented at the annual meeting of the American College of Neuropsychopharmacology.

March 29 - April 1, 2001

Sardinia, Italy

Poster titled "Double-Blind Oral Morphine in Treatment Resistant Obsessive-Compulsive Disorder."

Presented at the 5th International OCD Conference.

Poster Local/Regional Meetings

June 9th, 2017

Stanford, CA

Poster titled: "Documentation Bias in Functional Neurological Disorders: Comparing the Prevalence and Documentation of Suspected FND with Common Neurological Disorders"

Presented at the Stanford University School of Medicine Neuroscience Forum Symposium

*September 26th-27th, 2016

Stanford, CA

Invited Neurolab demonstration of use of Virtual Reality in the Department of Psychiatry and Behavioral Sciences

Presented at Stanford Brain Summit

May 9th, 2016

Stanford, CA

Poster titled: "Documentation Bias in Functional Neurological Symptom Disorder: Comparing the Prevalence and Documentation of Neurological Symptom Disorder and Parkinson's Disease"

Presented at the 2nd Annual Resident Quality Improvement/Patient Safety Symposium

May 29th, 2015

Stanford, CA

Poster titled: "Emotion Regulation in Functional Neurological Symptom Disorder Patients Receiving Group Dialectical Behavior Therapy Skills Training"

Presented at the 2015 Stanford University School of Medicine Neuroscience Forum.

Specialty Training

2017- 2018

Monthly virtual reality augmented cognitive behavior therapy supervision and case consultation with VR master clinician, Elizabeth McMahon, Ph. D.

2017

Plant-Based Nutrition Certificate, eCornell and T. Colin Campbell Center for Nutrition Studies 2016

Virtual Reality Exposure Therapy for Phobias, Virtual Reality Cue Exposure Therapy for Addictions by Virtually Better, Inc. Marat V. Zanov, PhD, ABPP

Weekly supervision in dialectical behavior therapy by Craig Forte, MSW

Weekly supervision in dialectical behavior therapy by Craig Forte, MSW

2015

2014

200h Ashtanga Yoga Teacher Training

2013

Certified T.E.A.M. Cognitive Behavior Therapist and Trainer: level 5 2011 2012

Intensively trained in Dialectical Behavior Therapy by Behavioral Tech 2010

2011

Weekly supervision in time limited psychodynamic psychotherapy (TLDP) with

Katherine DeWitt, Ph.D.

2009

Completed Clinical Teaching Faculty Seminar, by Stanford Faculty Development Center for Medical Teachers

2006 - 2012

Monthly supervision from Jacqueline Persons, Ph.D. at San Francisco Center of Cognitive Therapy

2002 - 2011

Monthly supervision from David Burns, MD in TEAM model of psychotherapy

Research

- 2025 to present Department of Obstetrics & Gynecology, Stanford University School of Medicine
Principal Investigator: Danielle Mari Panelli
Description: Virtual reality-enhanced psychotherapy as a mental health intervention during antepartum hospitalization: A pilot randomized controlled trial
- 2024 to present Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: **Kim Bullock**
Description: TVR-Enhanced BA for Older Adults with Major Depressive Disorder
- 2025 to present Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: Debra Safer
Description: Telehealth Delivery of Virtual Reality Cue Exposure Therapy (VR-CET 2.0) for Binge Eating: Increasing Access to Care
- 2016 to 2024 Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: **Kim Bullock**
Description: Computer based T.E.A.M. Feasibility and Efficacy Study, exploring retrospective deidentified data collected by Feeling Good app using structural equation modeling SEM.
- 2016 to 2023 Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: **Kim Bullock**
Description: Virtual Reality delivered Mirror Visual Feedback for Functional Neurological Symptom Disorder
- 2015 to 2018 Department of Neurology, Stanford University School of Medicine
Principal Investigator: Katherine Emily Leaver
Description: Investigating Prevalence of Documented versus Suspected Functional Neurological Disorder
Role: consultant
- 2015 to 2017 Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: Athena Robinson
Description: Assessing Effectiveness of Evidence Based DBT Skills Training Groups in an Outpatient Clinic Setting.
Role: consultant, clinical group leader
- 2015 to 2016 Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: Sepideh Bajestan
Description: Functional Neurological Symptom/Conversion Disorder Psychodynamic Group versus Dialectical Behavior Therapy skills training.
Role: consultant, group leader
- 2013 to 2015 Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: Dolores Gallagher
Project: Faculty Seed Grant for innovative online and blended courses.
Description: Use of Blended Learning Technologies to Create a forum for Learning and Reflection: Enhanced Mastery of Cognitive Behavioral Therapy Skills.
Role: consultant, collaborator and co-creator, trainer
- 2012 to 2015 Department of Surgery, Stanford University School of Medicine
Principal Investigator: Sabine Girod
Description: Use of Group Therapy to Improve Outcomes in Orthognathic surgery
Role: Consultant, group leader
- 2011 to 2015 Veterans Health Administration, Palo Alto VA
Principal Investigator: Yesavage

Cognitive Behavior Therapy (CBT) training consultant for a study examining the dissemination effects of CBT training for depression as part of a national evidenced-based initiative for the treatment of veterans.
Role: trainer

- 2011 to 2014
Department of Psychiatry, Stanford University School of Medicine
Principle Investigator: Jennifer Keller, Ph.D.
Study determining the feasibility of a class which combines psychoeducation and psychological skills training with physical self-defense training in women with a history of physical and/or sexual violence.
Role: Performing physical exams for study entry
- 2011 to 2012
San Francisco Center for Cognitive Behavior Therapy, Oakland, CA
Principal Investigator: Jacqueline Persons, Ph.D.
Participated in piloting online platform funded by Evidenced Based Practice Institute (EBPI), NIH prime using online progress tracking (OPT).
Role: technician provider
- 2010 to 2016
Department of Psychiatry, Stanford University School of Medicine
Principal Investigator: **Kim Bullock, MD**
Dialectical Behavior Therapy (DBT) skills training and Functional Neurological Disorder.
- 2010 to 2016
Neuropsychiatry Clinic, Department of Psychiatry, Stanford University School of Medicine
Primary Investigator: W. Curt La France Jr., MD, MPH
Role: Administering cognitive behavior therapy in a pilot multi-center randomized, controlled trial of non-epileptic seizure (CBT) patients treated with either flexible dose sertraline, CBT, CBT plus sertraline, or treatment as usual.
- 2002 to present
Neuropsychiatry Clinic, Department of Psychiatry, Stanford University School of Medicine
Primary Investigator: John Barry, MD
Comparison study between inpatients with epilepsy and non-epileptic seizures with emphasis on childhood trauma. Examining group therapy interventions for conversion disorder, seizure type using cognitive behavioral, psychodynamic and dialectical behavioral orientations of therapy.
Role: research assistant
- 2000 to 2002
Anxiety Clinic, Department of Psychiatry, Stanford University School of Medicine
Primary Investigator: Lorrin Koran
Role: As a psychiatry resident acted as a research assistant and physician technician for multiple clinical trials of refractory obsessive-compulsive disorder (OCD) including using oral morphine and intravenous clomipramine citalopram for compulsive shopping. Personally, designed and implemented a clinical trial using SPECT in an OCD cognitive activation paradigm.
- 1989 to 1992
Department of Psychiatry, UC San Diego
Primary Investigator: Terry Jernigan, Ph.D.
Role: Research assistant and magnetic resonance imaging technician for studies involving multiple cognitive and psychiatric disorders.
- 1989
Neurobehavioral Research Center, Department of Psychiatry, UC San Diego School of Medicine
Advisor: Igor Grant, MD
A multidisciplinary inquiry into the neurologic and neurobehavioral effects of HIV.
Role: technical writer
- 1987 to 1989
Department of Psychiatry, Veterans Administration, UC San Diego, La Jolla, CA
Advisor: Igor Grant, MD.
Alcohol Research Program studying the neuropsychological effects of alcohol dependence.
Role: undergraduate thesis student

Teaching Portfolio

University/Hospital Teaching

Course Name: Functional Neurological Disorder Society (FNDS) psychotherapy 101
Description: Adapting Dialectical Behavior Therapy (DBT) for FND clients
Date: August 2022
No. of Times: once, 1 hour

To Whom: Online FNDS learners
Where: Online FNDS webinar

Course Name: Stanford Psychiatry Grand rounds
Description: Virtual Reality Therapies for Functional Neurological Disorder patients”Date:
June 14, 2018
No. of Times: once, 1 hour
To Whom: Stanford University Department of Psychiatry and community
Where: Stanford University, School of Medicine, Psychiatry Department of Behavioral Sciences

Course Name: Essentials of Inpatient Psychiatry - Therapeutic Alliance
Description: Interactive workshop introducing concepts and research on
therapeutic alliance. Experiential learning to improve interpersonal skills in creating bonds,goal
agreement, and commitment.
Year: 2012 - 2023
No. of Times: 6, two 1.5-hour lectures
To Whom: 10 – 12 Stanford PGYI psychiatry residents and medical students
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: CNR-X Clinical Neuroscience & Research Experience
Description: Virtual Reality and Mental Health
Year: August 9th, 2017 and 2018
No. of Times: twice
To Whom: Chinese high school students (various grade levels), Chinese adult chaperones, and staffmentors
(college students or college grads)
No. of Students: 18
Where: Stanford University, School of Medicine, Psychiatry and Behavioral Sciences

Course Name: Psychology Postdoctoral Seminar
Description: Functional Neurological Disorder
Year: March 5th, 2018
No. of Times: 1
To Whom: Psychology Postdoctoral interns
No. of Students: 18
Where: Stanford University, School of Medicine, Psychiatry and Behavioral Sciences

Course Name: Functional Neurological Disorder Support Group
Description: Monthly meeting created in the Neuroscience Supportive Care ProgramYear:
July 10th, 2017
No. of Times: 1
To Whom: patients and caregivers
No. of Students: 9
Where: Stanford Neuroscience Health Center, 213 Quarry Road, WellnessRoom,
Palo Alto, CA

Course Name: CME Pain Medicine Didactic Lecture Series
Description: Functional Neurological Disorder & Virtual Reality TherapiesYear:
June 23, 2017
No. of Times: 1
To Whom: Department of Anesthesiology, Perioperative and Pain MedicineNo. of
Students: 20 plus videoconference attendees
Where: Redwood City Pain Clinic Conference Room

Course Name: Functional Neurological Disorder
Description: Presentation and video recording thru Stanford Health Library patientand
community education presentation and archival medical psychoeducation.
<http://www.shlnews.org/?p=1334>
Year: May 25th, 2017
No. of Times: 1
To Whom: providers, patients, community, and caregivers
No. of Students: 40+
Where: Stanford health Library, Hoover Pavilion, Palo Alto, CA

Course Name: Headache Division Didactic Lecture Series
Description: Somatic Symptom Related Disorders
Year: December 7, 2016, April 5th, 2017, May 1st, 2019

No. of Times: 3
 To Whom: Stanford Department of Neurology, Headache Division
 No. of Students: 8-10
 Where: Stanford Hoover Building

Course Name: 3rd Annual Innovations in Psychiatry and Behavioral Health: VirtualReality and Behavior Change
 Description: Co-course director of Continuing Medical Education (CME) conference presented by the Department of Psychiatry and Behavioral Sciences.
 Date: October 6-7, 2017
 No. of Times: once, 1 hour
 To Whom: International and local clinicians and community and stakeholders Where: Stanford University, School of Medicine, Department of Psychiatry and Behavioral Sciences, Li Ka Center Shing Center

Course Name: Psychiatry Grand rounds
 Description: Dialectical Behavior Therapy (DBT) for the Non-DBT Practitioner Complexities, and Practical Applications
 Date: April 13, 2017
 No. of Times: once, 1 hour
 To Whom: Stanford Psychiatry Department and community
 Where: Stanford University, School of Medicine, Department of Psychiatry and Behavioral Sciences, Li Ka Shing Center

Course Name: Movement Disorder Lecture Series
 Description: Virtual Reality Therapies for Functional Neurological DisorderYear: December 5, 2016, May 28, 2019
 No. of Times: 2
 To Whom: Stanford Department of Neurology, Movement Disorder DivisionNo. of Students: 18
 Where: Stanford Neurosciences Building

Course Name: Essentials of Inpatient Psychiatry
 Description: Inpatient DBT for Mood Disorders
 Year: 2016-2023
 No. of Times: twice, 1.5 hours
 To Whom: 12 Stanford PGYI psychiatry residents and medical students
 Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Neurology Grand Rounds
 Description: Dialectical Behavior Therapy for Functional Neurological SymptomsDisorder
 Date: September 5, 2014
 No. of Times: 1
 To Whom: Stanford Neurology Department and community
 Where: Stanford University, School of Medicine, Department of Neurology, Clark Center

Course Name: Dialectical Behavior Therapy
 Description: DBT Principals & Treatment
 Year: Fall 2014
 No. of Times: 1
 To Whom: PGY4 psychiatry residents
 No. of Students: 12
 Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Conversion Disorder Workshop
 Description: DBT treatment of Conversion Disorder
 Year: Spring 2014
 No. of Times: 1
 To Whom: PGY3 psychiatry residents
 No. of Students: 12
 Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Advanced Psychopharmacology, Case StudiesDescription: Social Anxiety, Panic Disorder
 Year: Winter 2014
 No. of Times: 2
 To Whom: Stanford PGY3 psychiatry residents

No. of Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Peer Support Group Training
Description: Demonstration of Peer Support during Adverse EventYear: Winter 2014
No. of Times: 1
To Whom: Physician Well-Being Committee members
No. of Students: 10
Where: Stanford Hospital & Clinics, Li Ka Shing Center for Learning and Knowledge

Course Name: CLIN 722 Palo Alto University - Dialectical Behavior Therapy
Description: Guest lecturer on application of DBT on Functional Neurologic Symptom DisorderYear: May 13, 2013, February 26, 2013
No. of Times: 2
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics
To Whom: Psy. D. Palo Alto Psy D. graduate students

Course Name: Functional Movement Disorder (FMD) Inservice for Physical Therapists
Description: Use of Physical Therapy in the Treatment of FMD
Year: November 15, 2013
No. of Times: 1
To Whom: Stanford Hospital physical therapists and occupational
No.: 9
Where: Stanford Hospital, Department of Physical Rehabilitation

Course Name: Movement Disorders Conference
Description: Guest lecturer on Functional Neurologic Symptom Disorder
Year: January 22nd, 2013
No. of Times: 1
To Whom: neuropsychologists, residents, medical students, neurology residents, movement disorder fellowmovement disorder neurologists, neurologists
No.: 10
Where: Stanford University, Department of Neurology, Movement Disorder Clinic

Course Name: Behavioral Activation: An Effective Intervention for Late Life Depression
Description: Part of a 20Webinar series offered by The Stanford Geriatric Education Center "Applying Best Practices to Diverse Older Adults"
Year: April 2012
No. of times: once, 1 hour
To Whom: physicians and primary care providers caring for elders and their families from diverse cultural backgrounds
Where: Stanford Geriatric Education Center in collaboration with California Area Health Education Center, American Geriatric Society, and Natividad Medical Center

Course Name: Primary Care Demonstration of Behavioral Activation
Description: Created online video and course designed to train residents to implement behavioralactivation for the treatment of depression in culturally diverse older adults
Year: April 2012
No. of times: once, 2 hour
To Whom: Natividad Family Medicine Residents
Where: Li Ka Shing Center, Stanford Geriatric Education Center in collaboration Natividad MedicalCenter

Course Name: Stanford Psychiatry Residency Behavior Medicine Rotation
Description: BehaviorMedicine Seminar/ Cognitive Behavior Therapy Didactic
Year: January 2010 to 2012
No. of Times: weekly
To Whom: Stanford PGY 3&4 psychiatry residents

Course Name: Cognitive Behavior Therapy Bootcamp for PsychiatryResidents
Year: June 2011 and July 2012
No. of Times: 2, 1 and half day workshop
To Whom: Stanford PGY-3 Psychiatry Residents
No. of Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: Psychiatry Grand rounds
Description: Case Conference: Colluding with the medical workup of somatically focused patients"
Date: November 10th, 2011
No. of Times: once, 1 hour
To Whom: Psychiatry department and community

Where: Stanford University, School of Medicine, Psychiatry and Behavioral Sciences
Course Name: Therapeutic Alliance
Description: Psychiatry residency Thursday
didactics Year: January 2010 - 2012
No. of Times: 3, 12-week course in winter quarter To Whom: Stanford PGY 1 psychiatry residents
Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PGY2 Semi-structured Group
Description: Agenda Setting, Motivational interviewing
didactic Year: Fall 2010
No. of Times: 1
To Whom: Stanford PGY2 psychiatry residents
No. of Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PGY1 Process Group Description: Psychiatry residency didactics
Year: September 2009 – June 2010
No. of Times: 1, weekly for 9 months
To Whom: Stanford PGY 1 psychiatry residents
No. of Students: 12
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: INDE 205, Practice of Medicine Description: Psychiatric Interview Preceptor
Year: 2009
No. of Times: 1, 3 two-hour sessions
To Whom: Stanford University medical students
No. of Students: 6
Where: Stanford University, School of Medicine, Psychiatry Department outpatient clinics

Course Name: PSYC 300A, Core Psychiatry Clerkship Description: Anxiety Disorders
Year: 2008 to 2010
No. of Times: 5, 1.5 hours
To Whom: Stanford University medical students
No. of Students: 8-12

Course Name: Introductory Seminar - PSYC 111Q, Madness and the Womb: Mental Illness in Women Through the Centuries
Description: Hysteria in the 21st Century - guest lecturer
Year: September 2008 and January 2012, January 2013, January 2016
No. of Times: 4, 2 hour lecture
To Whom: Stanford University undergraduates
No. of Students: 6-18
Where: Stanford University, Department of Psychology

Course Name: David Burns TEAM model of psychotherapy
Description: Co-leader and participant Tuesday evening didactics and supervision
Year: 2002 to present
No. of Times: quarterly
To Whom: psychology graduate students, psychiatry residents, medical students and affiliated local mental health providers
No. of Students: 5-30
Where: Stanford University, Department of Psychiatry

Supervision (Research, Clinical, Thesis)

2025 Jamie Kim, Stanford PAU Consortium Psy.D candidate
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2025 Ekaterina Protsenko, MD
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2025 David Kumar Dupee, MD, MBA Chief Psychiatry Resident
VR-IT Psychotherapy Clinic Rotation Supervisor, Stanford School of Medicine

2024 - 2025 Kelsey Caroline Priest, MD Chief Psychiatry Resident
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2024- 2025 Janelle Nicole Ruiz, MD Psychiatry Resident
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2023 – 2024 Danny Diep MD, Stanford College Mental Health Fellow
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2023 – 2024 Eliza Johnson, Stanford PAU Consortium Psy.D candidate
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2023 – 2024 Annie Graham, Stanford PAU Consortium Psy.D candidate
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2022- 2023 Cassandra Eng, Stanford T32 CIBSR Postdoctoral Fellow
Mentor for Clinical VR, Department of Psychiatry, Stanford School of Medicine

2022- 2023 Margo Paul, Psy.D Stanford Psychology postdoctoral fellow
Primary Research Supervisor, Department of Psychiatry, Stanford School of Medicine

2022 – 2025 Jordana Gardenswartz, Stanford PAU Consortium Psy.D candidate
DBT for FND Practicum Supervisor, Dissertation Chair, Department of Psychiatry, Stanford School of Medicine

2022 – 2023 Annemarie Jagielo, Stanford PAU Consortium Psy.D candidate
DBT for FND Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2022 – 2024 Matthew Becker, Stanford PAU Consortium Psy.D candidate
Digital Mental Health Research Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2022 – 2024 Jacob Merrin, Stanford PAU Consortium Psy.D candidate
Digital Mental Health Research Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2022 – 2024 Nicholas Taylor Bisconti, Stanford PAU Consortium Psy.D candidate
Digital Mental Health Research Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2020- 2023 Sara Johansen, MD Stanford Psychiatry Resident
Supervisor VR and Digital Mental Health Clinic, Department of Psychiatry, Stanford School of Medicine

2020- 2024 Michaela Moss, PAU Psy.D candidate
Dissertation chair, DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2020 Leah Hotchkiss, PAU Psy.D candidate
DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2020 Ricardo Lozano Jr, MD Psychiatry Resident
CBT Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2020 Dexter Lee Louie, MD Psychiatry Resident
CBT Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2019 Isela Pardo, MD Psychiatry Resident
CBT/VR Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2018 Savita Bhakta, MD Clinical Assistant Professor at University of California, San Diego
Visiting scholar host, Department of Psychiatry, Stanford School of Medicine

2018 Tarini Goya, MD Neurology Resident
Neuropsychiatry elective supervisor, Department of Psychiatry, Stanford School of Medicine

2018 – 2019 Luciana Giambarberi, MD Neuropsychiatry Fellow
Supervisor, Department of Psychiatry, Stanford School of Medicine

2018 –2019 Aryan Fotros, MD Neuropsychiatry Fellow
Supervisor, Department of Psychiatry, Stanford School of Medicine

2018 Meenakshi S. Denduluri, MD Psychiatry Resident
CBT/VR Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2018 Diana Wu, MD Psychiatry Resident
CBT Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2018 Collin Holtzinger, PAU Psy.D candidate
Dissertation Chair, Department of Psychiatry, Stanford School of Medicine

2018 - 2022 Margot Paul, PAU Psy.D candidate
DBT & VR Practicum Supervisor Dissertation Chair, Department of Psychiatry, Stanford School of Medicine

2017 -2018 Sarah Tymchuk, MD Psychiatry Resident
Supervisor, Department of Psychiatry, Stanford School of Medicine

2017 -2018 Sharon Niv, Ph.D. Palo Alto University Intern
Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2016-2017 Nazlie Faridi, MD Neuropsychiatry Fellow
Supervisor, Department of Psychiatry, Stanford School of Medicine

2016-2017 Anna Frenklach, MD Neuropsychiatry Fellow
Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Monica Evenson, MD Psychiatry Resident
CBT Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Chase Warren, MD Psychiatry Resident
CBT Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Shani Isaac, MD Psychiatry Resident
CBT Psychosocial Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine

2015 Juliana Lockman, MD Psychiatry Resident
DBT Group supervisor, Department of Psychiatry, Stanford School of Medicine

2014-2018 Raquel Friedman, Psy. D candidate
Dissertation chair, DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Iulia, Ivan, PAU Ph.D candidate
DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Lillian Jasmine Dobbs-Marsh, PAU Psy.D candidate
DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Krista Powell, PAU Psy.D candidate
DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016 Samantha Buckman, PAU Psy.D candidate
DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2015-2016	Ariela Karasov, MD - Neuropsychiatry fellow Neurobehavioral Clinic Attending Supervisor, Department of Psychiatry, Stanford School of Medicine
2015-2016	Jesse Adams, MD - Neuropsychiatry fellow Neurobehavioral Clinic Attending Supervisor, Department of Psychiatry, Stanford School of Medicine
2015-2016	Andrea Ament, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine
2015	Margaret May, MD IPC Clinic Supervisor, Department of Psychiatry, Stanford School of Medicine
2014	Josh Tal PAU Ph.D candidate DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine
2014	Zlatena Theodore PAU Psy.D candidate DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine
2014	Anna Frenklach, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine Department of Psychiatry
2014	Smita Das, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine
2014	Ariela Karasov, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine
2013-14	Sepideh Bajestan, MD Neuropsychiatry Fellow Neurobehavior Clinic supervisor, Department of Psychiatry, Stanford School of Medicine
2013-14	Dahlia Woods, MD Psychiatry Resident Psychosocial Clinic- CBT/DBT/IPC/TEAM individual psychotherapy supervisor, Department of Psychiatry, Stanford School of Medicine
2013	Fredrick Bennett, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine
2013	Ruby Shandilya, MD Psychiatry Resident Psychosocial Clinic CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine
2013	Gillian Reierison, MD Psychiatry Resident Advisor, Department of Psychiatry, Stanford School of Medicine
2013-14	Chaniga Vorasarun, PAU Psy.D candidate DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine
2013-14	Nadia Haasan, MD Psychiatry Resident Advisor, Department of Psychiatry, Stanford School of Medicine
2013-14	Jessica Crawford, MD Psychiatry Resident Independent Scholarly Concentration elective, Neurobehavior clinic rotation Supervisor, Department of Psychiatry, Stanford School of Medicine

2013 Jennifer Dore, MD Psychiatry Resident Psychosocial Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2013 Sepideh Bajestan, MD Psychiatry Resident
Neuro-Behavior Clinic - DBT group supervisor, Department of Psychiatry, Stanford School of Medicine

2012 -13 Alexandra Thurston PAU Psy.D candidate
DBT Practicum Supervisor Department of Psychiatry, Stanford School of Medicine

2012 Christina Mather Psychiatry Resident
Behavior Medicine Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2012 Nadeem Hasaan PAU Psy.D candidate
DBT Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2011 Valaiporn Rusmintratip Psychiatry Resident
Behavior Medicine Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2011 Vandana Aspen Psychology Fellow
Behavior Medicine Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2010 -11 Thalia Robakis, MD Psychiatry Resident
Individual Psychotherapy Clinic supervisor, Department of Psychiatry, Stanford School of Medicine

2010 Caroline Corriveau, MD Psychiatry Resident
Behavior Medicine Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2010 Rajani Rajan, MD Psychiatry Resident
Behavior Medicine Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2010 Zaakir Yoonas, MD Psychiatry Resident
Behavior Medicine Clinic- CBT individual supervisor, Department of Psychiatry, Stanford School of Medicine

2010 -12 Nida Mirza PAU Psy.D candidate
Dissertation Chair, Department of Psychiatry, Stanford School of Medicine

2009 - 10 Nida Mirza, PAU Psy.D candidate
DBT- Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2009 Katherine Giles PAU Psy.D candidate
DBT - Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2009 Ana Arteaga PAU Psy.D candidate
DBT - Practicum Supervisor, Department of Psychiatry, Stanford School of Medicine

2008 -9 Caroline Paterno, MD Psychiatry Resident
Advisor, Department of Psychiatry, Stanford School of Medicine

2005 -11 Epilepsy Fellows and Neurology Residents
Department of Neurology, Stanford School of Medicine

2005 - 10 PGY 3&4 Psychiatry Residents
Neuropsychiatry Clinic, Department of Psychiatry, Stanford School of Medicine

