

## CURRICULUM VITAE

**Sallie Grant DeGolia, MPH, MD**

Department of Psychiatry and Behavioral Sciences  
Stanford University School of Medicine  
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### Academic Appointments:

2014 - Present **Clinical Professor**, Department of Psychiatry & Behavioral Sciences, Stanford University, School of Medical, Stanford, CA.  
2009 - 2014 **Clinical Associate Professor**, Psychiatry and Behavioral Sciences, Stanford University.  
2005 - 2009 **Clinical Assistant Professor**, Psychiatry and Behavioral Sciences, Stanford University.

### Administrative Appointments:

2019- 2020 **ICDP Co-Lead**, Improvement Capability Develop Program, Department of Psychiatry and Behavioral Sciences. Co-leading a QI project to improve intradepartmental referrals, slot utilization and throughput within the outpatient clinics.

2017 – present **Section Chief, Assessment and Teaching Clinics.** Stanford Health Care, Stanford. Manages clinical care, academic career development, education & teaching, research, administrative, quality management and financial stewardship within section.

2016-present **Associate Chair, Clinical Educator Professional Development.** Department of Psychiatry & Behavioral Sciences. Stanford. Implemented and oversee faculty development activities for CEs within the department and oversee Department Mentorship Program.

2017 – 2019 **Wellbeing Director.** Departmental participant of Stanford School of Medicine’s Wellbeing Director Council. Stanford Department of Psychiatry and Behavioral Sciences.

2015 **Global Health Consultant.** Helped unite faculty involved in global mental health within department of psychiatry through survey and organizing meetings.

June 2006 – present **Associate Director of Residency Training, Department of Psychiatry,** Stanford University, School of Medicine. Involves managing all levels of residency program (5 sites). Development of curriculum/rotations, recruitment, teaching, mentoring, evaluation and remediation. Specific focus on curricular development and global health opportunities.

Oct 2013 – 2017 **Director, Evaluation Clinic,** Department of Psychiatry, Stanford University, School of Medicine. Manage referrals, staffing issues & faculty development within the Evaluation Clinic.

2009 – Sept 2013 **Director, General Clinic,** Department of Psychiatry, Stanford University, School of Medicine.

### Hospital Appointments:

2003 – present **Attending Psychiatrist,** Stanford Hospital and Clinics. Includes Weekend attending coverage on in-patient psychiatric wards and outpatient clinic attending.

July 1996 – July 2001 **Staff Physician, Department of Psychiatry,** Stanford University Medical Center, Stanford, CA. Perform consultations, evaluations and follow-up in Bipolar Disorder and

Psychopharmacology Clinics. Supervise residents in both clinics.

### **Other Work Experience:**

- 2015 – 2016 **Educational Consultant.** Steering Committee for the Residency Education Program on Digital Psychiatry, Otsuka Pharmaceutical Development & Commercialization, Inc. Provide expert feedback on slide deck developed for residency training programs regarding the development of safe, appropriate and effective digital health tools for patients with serious mental illness.
- July 2000- Sept 2002 **Private Practice,** Welch Road, Palo Alto. Provided psychopharmacologic care to adults with emphasis on Mood Disorders.
- 1987 - 1988 **Consultant,** United Nations Fund for Population Activities, New York City  
Prepared independent evaluations of UNFPA-funded, interregional and country family planning programs.

### **Education**

- Sept 1988 - June 1992 **Stanford University School of Medicine** M.D. - 1992
- Sept 1985 - June 1987 **Columbia University General Studies**  
Completed pre-medical requirements
- Sept 1984 - Oct 1986 **Columbia University School of Public Health** M.P.H. - 1986  
Population/Family Health with focus on Maternal/Child Health
- Sept 1978 - Apr 1979 **L'Institut d'Etudes de Science Politique** Credit towards B.A.  
Paris, France. French and European Politics
- Sept 1975 - Mar 1980 **Stanford University** B.A. - 1980  
Political Science; completed course work in French Studies.

### **Medical Training:**

- July 1993 - June 1996 **Residency, Psychiatry,** Stanford University Medical Center, Stanford, CA. Chief Resident.
- June 1992 - June 1993 **Internship, Medicine,** Santa Clara Valley Medical Center, San Jose, CA.

### **Advanced Training**

- Oct 2020 **ACGME Developing Faculty Competencies in Assessment.** Course to help faculty members and leaders achieve goals of competency-based assessment in graduate medical education.
- Sept-Oct 2020 **Designing & Facilitating Meetings for Equity.** National Equity Project 4-week course.
- 2018- pres **Supervision in Dynamic Psychotherapy.** Weekly supervision with Katheryn DeWitt, PhD.
- 2018 **Simulation Instructor Course,** Center for Immersive and Simulation-based Learning, Stanford University, Palo Alto, CA.
- 2018 **Chief Wellness Officer Conference.** Several day conference to train current or potential CWOs hosted by Stanford's Well MD Center. Half-Moon Bay, CA.

- 2017 **Good Psychiatric Management Facilitator Training.** Completed training to teach Good Psychiatric Management, an approach for borderline personality disorder, to staff and trainees.
- 2015 – 2018 **Master Educator Certificate Program.** Association of Academic Psychiatry. 3-year program which meets annually during the annual AAP meeting.
- 2014- 2015 **Stanford Advanced Leadership Development Program.** Stanford School of Medicine. 9-month Leadership Program with completion of project: *Incentivizing Teaching within the Department of Psychiatry.*
- 2013- 2014 **Stanford Leadership Development Program.** Stanford School of Medicine. 9-month Leadership Program covering general topics in leadership.
- 2012 **Certification from the Levenson Institute for Training (LIFT).** Received certification in integrative, focused Time-limited Dynamic Psychotherapy.
- 2010 **Basic Science Teaching Facilitator Training.** Stanford Faculty Development Center, Stanford. One week, full-time facilitator-training program in teaching & facilitation skills associated with the delivery of a “How to Teach” core curriculum targeting basic scientists utilizing & reformulating the CT training.
- 2008 **Clinical Teaching Facilitator Training.** Stanford Faculty Development Center, Stanford. One month, full-time facilitator-training program in teaching & facilitation skills associated with the delivery of a “How to Teach” core curriculum targeting medical professionals.

#### Licensure and Board Certification:

- 1994 – present California Medical License G077447; DEA BD3946262
- 2009 - present Maintenance of Certification, Psychiatry, ABPN
- 2000 Board Certified in Psychiatry, American Board of Psychiatry & Neurology

#### Honors/Awards

- 2020 - present **Distinguished Fellow of the American Psychiatry Association**
- 2019 - present **Distinguished Member,** Stanford Teaching and Mentoring Academy.
- 2018 - present **Member, American College of Psychiatry.** Inducted into ACP.
- 2018 **Alpha Omega Alpha Honor Medical Society.** Selected for AOA based on academic achievement, leadership, professionalism, research, teaching and service.
- 2015 **Most Inspiring Mentor Award.** Awarded by 2015 graduating resident class.
- 2015 **APA Irma Bland Award for Residency Education Excellence.** The award recognizes APA members who have made outstanding and sustaining contributions to resident education in psychiatry.
- 2014 **Education Mission Award.** Honored by Stanford’s Department of Psychiatry & Behavioral Sciences for innovation and commitment to education.
- 2014 **Teacher’s Award.** American Psychoanalytic Association’s Education Department’s 2014 Psychoanalytic and Psychodynamic Teacher’s Academy.

- 2013- ongoing      **Mentor.** Invited to be on GME Mentorship subcommittee to help mentor new program directors within Stanford's School of Medicine.
- 2013                **First Prize Poster** for *Job Satisfaction Among Associate Training Directors in Psychiatry: A Bimodal Distribution.* Association of Academic Psychiatry Poster Award Annual Meeting .
- 2013                **Third Prize Poster** for *Developmental Process Group Program: A Multi-factorial Approach to Learning.* Association of Academic Psychiatry Poster Award Annual Meeting.
- 1996                **Resident of the Year.** Department of Psychiatry, Stanford University
- 1996                **Ginsberg-AADPRT/Charter Fellow.** Acknowledges excellence & accomplishments in education & teaching.
- 1985 - 1986        **Graduate Research Assistant Fellowship,** Columbia University School of Public Health  
New York State Health Department appointment
- Academic Service:**
- 2019 – 2020        **TMA Education Day Planning Committee,** Stanford Teaching and Mentoring Academy.
- 2019- 2020        **Wellness Camraderie Lead.** Lead of small faculty camaraderie group that shares meals together monthly and discusses wellness topics.
- 2016 – present    **Peer Teaching Coach,** Teaching & Mentoring Academy, Stanford School of Medicine. Volunteer to help improve requesting faculty's teaching knowledge and skills through direct observation and/or audio/video observation and discussion.
- Sept 2015 – present    **Faculty Fellow, Center for Innovation in Global Health.** Stanford University School of Medicine. Charged with helping develop Department of Psychiatry Global Mental Health Initiative.
- 2015                **GME Internal Review** of Neurosurgery, GME participant.
- 2015 – 2016        **Chair, Teaching Efficacy Committee,** Department of Psychiatry & Behavioral Sciences, Stanford University. Psychiatry faculty committee to explore enhancement of teaching.
- 2015 – present     **Annual Awards Committee Member,** Department of Psychiatry and Behavioral Sciences. Stanford University School of Medicine.
- 2015- present      **Clinical Educators Appointments and Promotions Committee Member–** Associate and Professor level, Stanford School of Medicine. Participate in leading Promotion Workshops for CEs.
- 2014 –2015        **Co-Chair, Clinical Educators Appointments and Promotions Committee,** Department of Psychiatry, Stanford School of Medicine.
- 2013-present      **Mistreatment Coach.** Respectful Educator and Mistreatment Committee, Stanford School of Medicine. Serve as a coach to counsel faculty and residents when they have been named in an incident of mistreatment.
- 2013 – present     **Associate Chair, Education Leadership Integration Committee,** Department of Psychiatry, Stanford School of Medicine.

- 2014 – present      **Grand Rounds Committee Member.** Department of Psychiatry and Behavioral Sciences, Stanford School of Medicine.
- 2013-present      **GMEC Mentorship Subcommittee.** Mentor to new program directors within Stanford Medical School Departments.
- 2011- present      **Co-Chair, Education Leadership Integration Committee.** Department of Psychiatry, Stanford Medical School.
- 2005- present      **Residency Program:**  
                          Program Evaluation Committee  
                          Residency Selection Committee  
                          Clinical Competency Committee (2011 – present)  
                          Psychotherapy Committee (2008 – present), Chair  
                          Curriculum Committee (2011 – present)  
                          Goals & Objectives Committee (2007). Chair  
                          Residency Evaluation Committee (1995- 1999), Chair of Subcommittee for PGYIVS  
                          Supervision and Advisory Committee (1995-1996)  
                          Committee for Group Therapy(1995-1996)  
                          Residency Education Committee (1995-1996)  
                          Residency Curriculum Committee (1995-1996)  
                          Residency Safety Committee (1995-1996)  
                          Residency Selection Committee (1995-1996)
- 1996- present      **Stanford Department of Psychiatry**  
                          1996- present      Medical Staff  
                          1997-8              Secretary, Medical Staff  
                          1995-1996        Voluntary Clinical Faculty Committee  
                          1995-96            SUH Operations Improvement Committee

**Special Clinical Experience**

- 2012- present      **Time-limited Dynamic Psychotherapy.** Provide brief, up to 6-month treatment, within context of Evaluation Clinic.
- July 1996 – July 2001      **Bipolar & Psychopharmacology Clinics, Staff Physician, Department of Psychiatry,** Stanford University Medical Center, Stanford, CA. Perform consultations, evaluations and follow-up in Bipolar Disorder and Psychopharmacology Clinics.
- Spring -Fall1995      **Co-leader, Menopause Support Group,** Department of Psychiatry, Stanford University  
 Co-led first support groups for peri-menopausal women.

**Editorial Reviewer:**

- 2019-present      American Journal of Psychotherapy  
 2010-present      Academic Psychiatry

**Professional Organizations & Societies**

- 2020 – 2023      **Member, Committee on Membership Development, American College of Psychiatry.**
- 2019-present      **Advisory Board Member, APA SMI Advisor.** As part of AADPRT Steering Committee
- 2018-present      **AOA Honor Medical Society**
- 2005-present      **American Association of Directors of Psychiatric Residency Training (AADPRT)**  
 2021-present      President-elect

2020-2021	Secretary
2019-2020	Program Chair
2019-present	Member, Burnout Taskforce
2018-present	Member, Steering Committee and Executive Committee
2018-2019	Chair, Development
2018-present	Member (ex-officio), Information Management Committee
2017-2019	Member, ACGME Committee
2014-2018	Co-Chair, Membership Committee & Member of Executive Committee
2014 – 2018	Chair, Mentorship Advisory Sub-Committee, Membership Committee (AADPRT)
2014-15	Member, Nominating Committee
2012-14	Co-Chair, Associate Training Director Group
2010 - 13	California Representative
2010- 2011	RRC Taskforce Member
2009 - present	Co-lead ATD Breakout Groups for New Program Directors

2011- present

**Association of Academic Psychiatry**

2017- present      Member, Master Educator Committee

1994 – Present

**American Psychiatric Association**

1994-1996

**Friends of the San Francisco Psychoanalytic Institute****Educational Grants:**

2017 – 2019

**Management of the Agitated Patient.** Advisor to Dr. Jessica Bentzley, PGY II, who received Stanford TMA funding to identify needs and develop an appropriate resident curriculum using simulation technology to increase resident efficacy managing the agitated patient. *IRB-approved.*

January 2017-2018

**Patient-Centered Clinical Neuroscience Training to Facilitate the Communication with Challenging Neuropsychiatric Patients (\$6500).** PI: Bajestan S. Co-Investigators: Bullock K & Barry J. Consultants: Manber R, **DeGolia S**, Louie A. Received funding from Small Grant Program, Department of Psychiatry and Behavioral Science.

Dec 2013 – Aug 2014

**Innovation in Teaching and Researching Online and Blended Courses Grant (\$25,000).** **DeGolia S** & Ketter T (Co-PIs). Developing and implementing a Flipped Classroom with Team-based Learning for PGY II Psychopathology/Psychopharmacology 9-month Course.

Fall 2012-August 2013

**Pfizer Grant of \$10,000.** **DeGolia S.** Developed & implementing Supervision Symposium to target broad-base of supervisors with intent of enhancing resident competency and therefore impact patient outcome. Guest speaker: Priyanthy Weerasekera, MD, M.Ed, FRCPC.

**Research Experience**

2018- 2019

**Mentoring scholarly productivity through a faculty writing group.** Co-PI in development of protocol to develop and assess efficacy of faculty writing group in the Department of Psychiatry and Behavioral Sciences. Co-PI, Dr. Laura Dunn. IRB approval not needed.

2016 – 2020

**Medical Student Support Group Study.** Investigating psychiatry resident-led support groups for Stanford Medical Students. PI: **DeGolia S.** Co-supervisor: Forte C; Research Asst: Gold J, PGY III & Bentzley J. Currently supervising one MS1 Women's Group, 1 MS2 Co-ed Group, 1 mixed Co-ed group & one Diversity Group. *IRB-approved.*

2015 – 2016

**Virtual Patient Feasibility Study.** Investigating the use of an online virtual patient platform as

an adjunct to residency curriculum. Co-collaborators: Jennifer Dore, MD, creator of the Virtual Patient, Melissa Arbuckle, MD, PhD (Columbia University), Adam Brenner, MD (UT Southwestern), Eric Hung (UCSF). *IRB-approved.*

- 2012-2015 **Flipped Classroom/TBL Project.** Developed, implemented and now evaluating the integration of a flipped classroom combined with Team Based Learning methods within a previously, traditionally taught PGY II Psychopharm/psychopathology 9-month course in the Department of Psychiatry. VPOL funded. Based on outcome studies, will attempt to duplicate in other coursework within Psychiatry Residency program. Collaborators: Terry Ketter, MD; Susanne Lee, Research Assistant. IRB not required (per IRB).
- 2012 – 2015 **Feasibility & Pilot Study of the UT Southwestern Virtue Inventory for Clinician Excellence.** Multicenter IRB-approved study to field-test the UT Southwestern Virtue Inventory for Clinician Excellence (UTSW-VICE) as a rating instrument for various psychiatric clinician moral and intellectual virtues. Site director in collaboration with UT Southwestern – Dallas & Austin and Columbia University.
- 2007- 2009 **Associate Training Director Project.** Surveyed all Assistant and Associated Training Directors nationally to better understand job satisfaction, demographics and professional activities of ATDs. Helped develop survey tool, code and analyze data and edit manuscript. *Academic Psychiatry.2012; 36 (5): 391-394.*
- June 1996-Sept 1997 **Bipolar Affective Disorders Clinic.** Department of Psychiatry, Stanford University. Performed clinical drug trials with bipolar patients.
- June - Aug 1989 **Research Assistant,** Department of Medicine, Stanford University  
Interviewed elderly patients regarding their explanatory models of illness under supervision of Dr. William Fowkes.
- 1986-1988 **Lab Technician,** College of Physicians & Surgeons, Ob/Gyn Dept., Columbia University  
Project involved expression of mouse homeo box-containing genes during testicular development under supervision of Dr. Debra J. Wolgemuth.
- 1986 **Graduate Research Assistant,** Columbia University College of P&S/SPH/NYS Health:  
Assessment of Prenatal Nutrition Services in New York State
- 1985 **Graduate Research Assistant,** Columbia University College of Physicians & Surgeons/School of Public Health/Medical & Health Research Association/New York City:  
Needs Assessment of Genetic Service Delivery in New York City

## Educational Contributions

### Direct teaching/precepting/supervising experiences

Academic Year(s)	Title of Course/Supervising Relationship	Type of Learner	Role	Contact with Learners in Hours/yr	Mean Number of Learners /yr
April 2021	Stanford- ACGME Developing Faculty Competencies in Assessment	Stanford SOM Training Directors	Facilitate small groups throughout 2-day conference and present on <i>Providing Effective Feedback.</i>	16	40

		and faculty educators			
Jan/Feb 2021	<b>Becoming a More Equitable Educator</b>	Adult Psychiatry Training Directors and ATDs throughout nation	Developed practice spaces & co-facilitate five weekly 1-hour workshops and small group breakouts.	5	20
March 2020	<b>Providing Psychological Care in Times of Disaster</b>	PGY I-IV Residents	<b>Lead Educator.</b> Provided one-hour presentation to all residents and led one breakout group of 10 residents (Practical Assistance) four times.	4 hours	52
Sept 2018	<b>Learner Assessment</b>	Faculty educators from across the country; some residents	<b>Lead Educator.</b> To Develop and implement a 2.5hour workshop on how to evaluate and provide feedback to learners for <i>Association of Academic Psychiatry</i> Master Educator participants.	2.5	30
2018-present	<b>Practice of Psychiatry</b>	PGY IV Psychiatry Residents	<b>Course Director Educator:</b> <i>Developing a Mission Statement</i>	12 hrs	8-10
2018-present	<b>Becoming a Supervisor</b>	PGY IV Residents	<b>Director &amp; Educator.</b> 6-week, process-oriented course to learn how to become a supervisor in psychiatry	6	12
Nov 2017	<b>Introduction to TLDP</b>	Psy-D Students	<b>Lecturer.</b> Provided one-hour interactive overview of Time-Limited Dynamic Psychotherapy.	1	15
2016 - present	<b>Time-Limited Dynamic Psychotherapy</b>	PGY IV Residents	<b>Director &amp; lecturer.</b> Seven, 50-minute sessions involving mini-didactics, video analysis and small group breakouts.	7	10
2014-present	<b>Neuroscience: Why, What and How to Teach it.</b> BRAIN Conference Pre-Meeting at annual AADPRT Meeting	Program Directors	<b>Moderator</b> of day-long session on basic neuroscience and translational neuroscience	8	30
2015-present	<b>Practice of Psychiatry</b>	PGY IV Psychiatry Residents	<b>Lecturer:</b> <i>Learning Effective Negotiation Skills.</i>	1	10
2015-present	<b>Time-Limited Dynamic Psychotherapy Bootcamp</b>	PGY III & IV Psychiatry Residents	<b>Lecturer</b> of ½ day conference including video presentation and small group breakouts.	5	14
2014 – present	<b>Essentials of Psychiatry</b>	PGY I Psychiatry Residents	<b>Lecturer:</b> <i>Introduction to Case Formulation; Working with Resistance; Validity Techniques</i>	10	13
2014 - present	<b>Resident Evaluation Clinic</b>	PGY I & PGY IV Psychiatry Residents	<b>Supervise</b> PGY IV resident in Time-limited Dynamic psychotherapy and teaching/ supervision skills of interns within clinic. Also provide clinical supervision to PGY Is.	200	14



2013-present	<b>TLDP Supervisor</b>	PGY IV Psychiatry Residents	<b>Supervise</b> time-limited dynamic psychotherapy	50	2-6
2013-present	<b>Clinical Teaching</b>	PGY II Psychiatry Residents	<b>Lecturer.</b> Present an educational framework with mini-lectures, video analysis, role-playing as well as a series of microteaching exercises.	6	13
2013-present	<b>Advanced Psychopharmacology</b>	PGY III Psychiatry Residents	<b>Lecturer:</b> <i>Psychology of Prescribing</i>	1	12
2010-present	<b>Chief Resident Seminar</b>	Chief Residents in Psychiatry	<b>Lecturer:</b> <i>Negotiation Skills and Feedback Skills</i>	6	3
2011-present	<b>IPC Psychotherapy Consultation Group</b>	PGY II & III Psychiatry Residents	<b>Attending of Record &amp; Group Supervisor.</b> Co-lead Individual Psychotherapy Clinic (IPC) Consultation Group for to reinforce didactics via use of resident dynamic psychotherapy cases. (2011-12 supervised PGY III residents).	60	4-5
2009-present	<b>CME General Psychiatry Clinical Case Conference</b>	Stanford Psychiatry Faculty & private/community practitioners in Palo Alto area	<b>Lecturer:</b> Presented on variety of topics including TLDP, Clinical Teaching, Alternative somatic treatments for depression, Gender Gap in Negotiations, etc.	3	10
2013	<b>Essentials of Psychiatry</b>	PGY I Psychiatry Residents	<b>Educator:</b> <i>Interviewing Workshop</i>	4	12
2010-2015	<b>Careers in Medicine</b>	Undergraduates at Stanford University	Participant of 4-person panel. Present issues related to work-life balance in medicine.	3	50
2011	<b>Clinical Teaching</b>	VA Psychiatry Faculty	<b>Lecturer.</b> Presented educational framework to improve teaching.	12	6
2009-11	<b>Interviewing</b>	PGY I Psychiatry residents	<b>Lecturer:</b> First clinical interviewing course comprised of didactics, direct observations, & video-taping of resident interviews with feedback sessions.	30	12
2013-14	<b>Inpatient Psychopharmacology &amp; Psychopathology</b>	PGY II Psychiatry Residents	<b>Lecturer:</b> <i>The Blended Classroom</i>	1	12
2007-2014	<b>Inpatient Psychopharmacology &amp; Psychopathology</b>	PGY II Psychiatry Residents	<b>Lecturer:</b> <i>Psychological Aspects of Psychopharmacologic Treatment</i>	1	12
2009	<b>Clinical Teaching</b>	Psychiatry Faculty	<b>Lecturer:</b> Presented use of an educational framework to improve teaching.	16	8
1997	<b>Psychiatry 201</b>	First Year Medical Students	<b>Interview Leader</b> for interview/history-taking course	10	10

1996-2001	<b>Bipolar &amp; Psychopharm Clinic</b>	PGY 3 & 4 Psychiatry Residents	<b>Supervisor</b>	450	8
1995-97	<b>Psychiatry 211</b>	First and second year Medical Students	<b>Discussion Group Leader</b>	10	30
1995-96	<b>Psychiatry 300A</b>	Third & fourth year medical students	<b>Lecturer.</b> Lectured on DSM-IV, MSE, Psychiatric History, Affective and Anxiety Disorders, Psychopharmacology, ECT.	10	30
1995	<b>Chief Resident Seminar</b>	PGY II Psychiatry Residents	<b>Lecturer.</b> Taught emergency psychiatry course.	10	12
1995	<b>Interviewing in Dynamic Psychotherapy</b>	PGY II	<b>Lecturer:</b> <i>Psychiatric Case Formulation</i>	1	12

## Advising and Mentorship

Academic Year(s)	Name of mentee	Status/Role	Accomplishments	Contact with mentee
2020-21	Tim Ando Dexter Louie	Psychiatry Chief Residents	Develop communication skills, career	1h every other week
2019-present	Danit Ariel	Clinical Assistant Professor Director, Student Guidance Program Stanford Division of Endocrinology, Gerontology and Metabolism, Department of Medicine		Quarterly
2019-20	Laura Bloomfield	<b>Med student via WAM Mentorship Committee</b>		
2019-	Shira Flash, Resident	<b>Mentorship</b> , career development in psychiatry		
2019-20	Meena Denduluri & Diane Wu, PGY IV Chiefs	<b>Residency Director Mentor of Chiefs</b>		
2018-2019	Ruth Hsu, PGY IV David Spelber, PGY IV	<b>Residency Director Mentor of Chiefs</b>	Aside from general Chief accomplishments, - Dr. Hsu: maintained QI program. Plans to enter private practice/community. - Dr. Spelber: Developed & led full-year outpt didactics program. Hired as Asst Prof-Dell Med School, Austin Tx	Weekly
2017-pres	Residents - M Denduluri	<b>Residency Program Mentorship</b>	- Dr. Denduluri-exploring career in academic medicine; First author	Monthly

	- W Cerrano		on publication of Resident Training in Supportive Therapy. - Dr. Cerrano-exploring careers	
2018	Gisela Sandoval	<b>Dept Mentor</b>	Developing regional reputation & new PNES clinic in Child	prn
2018-pres	Sonia Gaur, Clinical Asst Prof-Child	<b>Dept Mentor</b> , selected ad-hoc	Working on enhanced fellow teaching/fb with inpatient setting	PRN
2017-2019	Medical Student Mentees: - Natalia Birgisson - Angela Lee - Catherine Casillas	<b>Women's Medical Student Association</b>		
2017-18	Danielle Colburn, PhD. Asst Prof-Child	<b>Mentor</b> , selected through Department of Psychiatry's Mentorship Program.	Strategize how to maximize teaching opportunities; Time management; work-life balance	Monthly
2017-present	Anita Kishore, Clin Assoc Prof-Child	<b>Mentor</b> , selected through Department of Psychiatry's Mentorship Program.	Strategizing time management; protected time; politics	Monthly
2017-18	Cabrina Cambell	<b>AADPRT Mentor</b> , new Program Director at Univ of Pennsylvania	Learning the ropes	PRN
2016-17	Adrian Marty, MD	<b>Coaching</b> visiting Anesthesia faculty from Switzerland as Medical Education Fellow through Stanford TMA Peer Coaching program.	Will observe OR teaching videos to review & discuss.	Monthly
2016-2018	Emily Ach, PhD, Clin Asst Prof-Child	<b>Mentor</b> , selected through Department of Psychiatry's Mentorship Program.	Discuss issues related to promotion, work-life balance, supervision techniques.	Monthly
2015-present	Different mentees	<b>Mentor, Clinical Teaching Seminar Series.</b> Provide mentorship to learners (residents, fellows & early career faculty) on their educational projects involved in the year-long Honors Certificate in Medical Education program. Stanford School of Medicine.	Various stages of educational projects	Monthly
2016-2017	Didi Rissman, Resident	<b>Mentor.</b> Provide mentorship on chief issues, personal and professional goals.		
2015-16	Andrea Amendt, Resident	<b>Mentor.</b> Provide mentorship on chief issues, personal and professional goals.	Fellowship in Psychosomatic Medicine, SU	Weekly
2015-16	Chase Warren, Resident	<b>Mentorship.</b> Provide mentorship on personal and professional goals.		Monthly
2015-present	Jessica Gold, Resident	<b>Advising.</b> Provide scholarly concentration advising around medical education projects.	<ul style="list-style-type: none"> <li>• Advised on Medical Student Reflection Group Program 2016.</li> <li>• Leadership Fellowship APA 2015-16; AAP Ed Fellow 2016-17; AADPRT Ginsberg Fellow 2017-18</li> <li>• Co-authored manuscript on Evaluation Clinic.</li> <li>• Advised on developing assessment tools/approaches to understanding value &amp; efficacy of Resident Evaluation Clinic. Part of AMR Rotation.</li> <li>• Advised on educational project for CTSS – decreasing stigma among MS 1 students</li> </ul>	Monthly
2015-2018	Monica Sinha-Evenson, Resident	<b>Advising.</b> Scholarly concentration advising on project to enhancing teaching within clinical rotations of PGY Is	<ul style="list-style-type: none"> <li>• Developing survey for faculty and residents</li> <li>• Developing evaluation tool</li> </ul>	Monthly
2014-5	Smita Das, Resident	<b>Mentorship.</b> Provide mentorship on chief issues, personal and professional goals.	Fellowship in Addiction Medicine, UCSF. Faculty Menlo Park VA.	Weekly
2014-5	Kristin Raj, Resident	<b>Mentorship.</b> Provided mentorship on professional issues and goals.	Instructor, Stanford Depart of Psychiatry	Weekly

2013-14	Rachel Winer, Resident	<p><b>Advisor.</b> Scholarly concentration in Belize on audit of nurse practitioner mental health protocols.</p> <p><b>Advisor.</b> Mentored on development of a survey to assess global mental health opportunities and best practices among psychiatry residency programs in the U.S. Survey distributed via American Association of Directors of Psychiatric Residency Training (AADPRT) in January 2014. IRB approved</p>	<p>Published manuscript in <i>Academic Psychiatry</i> 2014.</p> <p>Global Health Opportunities among Psychiatry Residency Programs: A Survey of United States Psychiatry Residency Program Directors, 2013. PI: Craig L. Katz, Department of Psychiatry and Medical Education, Mount Sinai School of Medicine.</p>	4x 6x
2013-14	Jennifer Dore, Resident	<b>Mentorship.</b> Provide mentorship on chief issues, personal and professional goals.		
2012-13	Whitney Landa, Resident	<b>Mentorship.</b> Provide mentorship on chief issues, personal and professional goals.	Development of <i>Meet the Faculty</i> series (resident mentorship); Fellowship in Child & Adolescent Psychiatry, UT Southwestern, Austin.	Weekly
2007-present	All residents	<b>Mentorship.</b> Provide mentorship to a variety of residents at varying time intervals regarding personal and professional goals.		

### Educational Administration and Leadership

Academic Year(s)	Leadership role	Major accomplishments
2020-present	<b>Associate Chair, CE Professional Development</b>	Developing 6-week Supervision Course focusing on diversity issues for CE faculty and ACF supervisors; Developing monthly Faculty Development Series for all CEs based on perceived needs.
2019	<b>Advisor, Resident Support Group for Parents or Expecting Parents</b>	Advised on develop a psychiatry resident support group facilitated by another faculty member. Evaluated by pre-post survey for wellbeing status.
2017-present	<b>Advisor, Management of the Agitated Patient</b>	Presented poster based on resident/nursing survey/focus group data at Stanford Clinical Teaching Seminar Series & International Conference for Physician Health, Toronto; In process of developing simulation program. Received \$6500 grant from Stanford's Teaching and Mentoring Academy.
2016-present	<b>Director, Medical Student Reflection Group</b>	Developed first resident-run support group program for Stanford medical students including women's , mixed and diversity groups.
2016-present	<b>Associate Chair, Education Leadership Integration Committee.</b> Department of Psychiatry	Developing mentorship and academic advising program for faculty, developed departmental orientation program for new faculty, developing teaching consultation for department faculty.
2015-present	<b>Mentorship Program.</b> Department of Psychiatry.	Develop and manage mentorship program for all faculty within Department of Psychiatry & Behavioral Sciences.
2015-present	<b>TLDP Bootcamp.</b> Course Director	
2013- present	<b>Director, PGY III Advanced Outpatient Psychopharmacology Course</b>	Organize PGY III Psychopharmacology course. Integrated interactive case-based lecture format and integrated wider range of psychopharm-related topics. Revise according to evaluations & focus groups
2011- present	<b>Co-director, Essentials of Psychiatry.</b>	Revise yearly to meet needs of PGY I residents.

2010-present	<b>Director, PGY II Introduction to Dynamic Psychotherapy Course</b>	<ul style="list-style-type: none"> <li>•Organize syllabus</li> <li>•Organize course materials</li> <li>•Revise according to evaluations &amp; focus groups</li> </ul>
2009-12	<b>CME Course Director</b> , General Psychiatry Clinical Case Conference for Stanford Psychiatry Faculty	Developed course to provide updates on new innovations in somatic and psychological treatments and their implications for treatment planning; provided resources for up-to-date information for MDs; provided peer consultation for complex cases
2009-2011	<b>Co-Director, PGY I Clinical Interview Course</b>	<ul style="list-style-type: none"> <li>• Developed syllabus</li> <li>• Organized video-taping of cases on ward</li> <li>• Prepared transcripts for feedback sessions</li> </ul>
2007-2017	<b>Director, PGY II Inpatient Psychopharmacology/Psychopathology Course</b>	Flipped lectures into videos & integrated team-based learning methods into classroom time.
2007-present	<b>Associate Program Director, Adult Psychiatry Residency Program, Stanford School of Medicine.</b>	<ul style="list-style-type: none"> <li>•Revised psychotherapy curriculum</li> <li>•Developed direct observation requirements within therapy</li> <li>•Revised Thursday didactics</li> <li>•Developed residency mentorship through <i>Meet the Faculty</i> program</li> <li>•Developed direct observation &amp; teaching rotation within <i>Evaluation Clinic</i></li> </ul>
1995-96	<b>Coordinator Inpatient Journal Club</b>	Developed and coordinated Journal Club for all Psychiatric inpatient residents.
1989	<b>Teaching Assistant</b> of <i>Psychosocial Aspects of Medical Illness</i> . Course Director: Dr. David Spiegel	Provided teaching assistance. Developed new, essay-based exam.

### Instructional Development and Curricular Design

Academic Year(s)	Course/educational innovation	Your role	Brief description/ Major accomplishments
2020	<b>Becoming a More Equitable Educator: Mindsets &amp; Practice</b>	Course Developer	Designed a 5-hour GME-focused workshop based on MIT program of same name to introduce critical mindsets that impact education & learning: Equity vs Equality, Asset vs Deficit, Context-neutral vs Context Specific & Awareness vs Avoidance. Provides interactive opportunities to apply content.
March 2020	<b>Providing Psychological Care in Times of Disaster</b>	Workshop Director	Designed 4-hour symposium on Psychological First Aid for all psychiatry residents (52) including one-hour presentation and 4 breakout groups (Practical Assistance, Self-Care, Relaxation Techniques, Acute Grief).
2019	<b>Revised TLDP Course to 12wks</b>	Course Director	Redesigned 6-week course to be more interactive with small breakout groups and resident presentations of cases
2018	<b>Practice of Psychiatry</b>	Course Director, Lecturer	Developed a 12-week session course to help residents prepare for life outside residency. Course involved topics of developing a mission statement, preparing for interviews, financial literacy and negotiation skills, legal aspects to practice as well as

			presentations by clinicians from all walks of psychiatry.
2018	<b>How to Supervise</b>	Course Director, Lecturer	Developed an interactive 6-session course to prepare PGY IV residents to start supervising in variety of venues post residency including clinical, administrative, and leadership venues.
2016-present	<b>Developed and Co-Facilitated Training/Supervisor of Resident Medical Student Reflection Group</b>	Developed and helped design training curricula for residents who will co-lead medical student groups	Developed first resident-run support group program for Stanford medical students including women's , mixed and diversity groups. IRB-approved. Helped train residents in support group techniques and ongoing supervision of groups. Currently 4 groups running.
2015	<b>PGY IV Complex Case Formulation and Integrated Treatment</b>	Course Director	Designed & implemented new course where PGY IVs provide complex cases biweekly which they develop in-depth conceptualizations and treatment plan complete with citations using a biopsychosocial model and present alternative weeks to a group of experts including dynamic, cognitive-behavioral, somatic therapists as well as a neuroscientist
2014	<b>Introduction to Case Formulation</b> Course within Essentials of <i>Psychiatry</i> (year-long course)	Course Director	Interactive biopsychosocial case formulation series with PGY Is.
2013-2014	<b>Cultural, Public &amp; Global Health</b>	Course Co-Director (specifically Public & Global Health)	Developed & implemented first 6-month course for PGY IIIs
2013	<b>PGY II Inpatient Psychopharmacology/psychopathology Course</b>	Director	Received educational grant to developed blended course with flipping lectures by instructing faculty how to develop videos of content and utilize team-based learning methods for in-class learning.
2012-present	<b>PGY I Essentials of Psychiatry Course</b>	Co-director in year-long PGY I didactic course	Course developed to focus on emergency psychiatry throughout summer quarter followed by preparation for inpatient psychiatry (includes workshops on therapeutic alliance, clinical interviewing, working with families & groups, and 3-weeks of neuroscience bootcamp). Final months are broken down by diagnostic modules involving psychiatric assessment, diagnosis , treatment & systems-based practice. Modules include mood, psychosis, substance, PTSD, and Consult Liaison.
2012	<b>PGY II Introduction to Dynamic Psychotherapy Course</b>	Director for 9-month PGY II course	Developed interactive course to educate residents about psychodynamic psychotherapy. Includes role plays, video segments, and reading assignments.
2009	<b>PGY I Clinical Interview Course</b>	Co-Director of 6-month PGY I Course	Developed first clinical interviewing course comprised of didactics, direct observations & video-taping of resident interviews with feedback sessions.

**Publications:****Peer-Reviewed Articles**

1. Denduluri MS, Gold JA, Cidre Serrano WC, Spelber D, Forte C, Bentzley J, **DeGolia SG**: Group training for psychiatric residents: support group facilitation and supervision with didactics. *Academic Psychiatry* 2020, <https://doi.org/10.1007/s40596-020-01338-2>
2. Kleinman RA, Kendra MS, **DeGolia SG**: Smoking cessation prescribing and referral practices among residents in an academic psychiatry program. *Acad Psych* 2019.
3. Gold JA, Bentzley JP, Franciscus AM, Forte C, **DeGolia SG**. An intervention in social connection: medical student reflection groups. *Acad Psych* (2019) 43:375. <https://doi.org/10.1007/s40596-019-01058-2>. PMID: 30963416
4. **DeGolia SG**, Cagande CC, Ahn MS, Cullins LM, Walaszek A, Cowley DS. Faculty Development for Teaching Faculty in Psychiatry: Where We Are and What We Need. *Academic Psychiatry*. 43(2):184-190, 2019. PMID: 29626292
5. Gold J, Bandstra B, **DeGolia S**. *Early Outpatient Experience for Psychiatry Interns: The Evaluation Clinic*. *Academic Psychiatry* 2016, 40(6), 944-946. DOI 10.1007/s40596-016-0581-4
6. Rissman Y, Isaac S, Khan C, Paiz A, **DeGolia S**. *Developing a Mental Health Curriculum to Build Capacity and Improve Access to Mental Health Care in Rural Guatemala*. *Academic Psychiatry* First online March 2016. DOI 10.1007/s40596-016-0500-8
3. **DeGolia S**, Katznelson L. *Limits to Scholarship: How to Enhance the Program Director's Role?* *Academic Psychiatry*, 2015; 39(1), 70-72.
4. Arbuckle MR, **DeGolia S**, Esposito K, Miller D, Weinberg M, Brenner A: Job Satisfaction Among Associate Training Directors in Psychiatry: A Bimodal Distribution. *Academic Psychiatry*, Mar 2013; 37(2);129-130.
5. Arbuckle MR, **DeGolia S**, Esposito K, Miller D, Weinberg M, Brenner A: Associate Residency Training Directors in Psychiatry: Demographics, Professional Activities and Job-Satisfaction. *Academic Psychiatry*, Sept 2012; 36 (5): 391-394.
6. Winsberg ME, **DeGolia SG**, Strong CM, Ketter TA: Divalproex in medication-naïve and mood stabilizer naive bipolar II depression. *J Affective Disord*. 2001 Dec;67(1-3);207-12.
7. Ketter, T.A., Winsberg, M.E., **DeGolia, S.G.**, Dunai, M., Tate, D.L., Strong, C.M. Olanzapine and negative symptoms. *Journal of Clinical Psychiatry*. 1998;59(10): 537-537 (letter)
8. Ketter TA, Winsberg ME, **DeGolia SG**, Dunai M, Tate DL, Strong CM: Rapid efficacy of olanzapine augmentation in nonpsychotic bipolar mixed states. *J Clin Psychiatry* 1998;59(2);83-85.
9. Schatzberg, A.F., DeBattista, C., **DeGolia, S**. Valproate in the treatment of agitation associated with depression. *Psychiatric Annals*. 1996;26 (7 SUPPL.)
10. Paper presented at 1987 American Public Health Association Meeting: Cross, A., Duke, S., Kenny, M., & **DeGolia, S**. *Instruments for Quantitative Assessment of Prenatal Nutrition Care Services*.

**Other peer-reviewed Online Publications:**

1. Yarnell S, **DeGolia S**. Neuroscience in the Media: *How Social Media Changes the Brain*. National Neuroscience Curriculum Initiative. January 2016. at [www.nncionline.org](http://www.nncionline.org). *This online peer reviewed publication is a facilitator's guide for teaching a neuroscience in the media session. The goal of this facilitated exercise is for participants to critique the media coverage of the effects of social media on the brain. Participants critique the media coverage of a specific article claiming that social media can be addictive and appraise relevant scientific literature. Trainees then role play what they might say to a patient inquiring about the use of social media and its*

*effects on the brain. When combined with a recent review article, the topic of social media and addiction can also become a platform for learning basic neuroscience.*

#### **Non-peer-reviewed Publications:**

1. **DeGolia SG:** Reflections on AADPRT's Annual Meeting: The Cusp of COVID. Acad Psych 2020 *Accepted for publication.*
2. Contributor to Study Guide to Psychiatry: A Companion to The American Psychiatric Association Publishing Textbook of Psychiatry, 7th Edition. Muskin PR, Dickerman AL, Holderness C, Liu V. American Psychiatric Publishing (*in press 2020*).

#### **Book Chapters:**

1. **DeGolia SG**, Wang R. Framing the Residency Experience. In **De Golia SG**, Wang R. Resident and Training Director Handbook: A Survival Guide for Psychiatric Residency, 1<sup>st</sup> Edition. American Psychiatric Association Publishing of Washington, D.C., *anticipated publication date 2022.*
2. Sudak DM, **DeGolia SG**. Supervision, Mentoring and Boundaries. In Sudak DM. Handbook of Psychiatric Education, 2<sup>nd</sup> Edition. American Psychiatric Association Publishing of Washington, D.C., *anticipated publication date 2020.*
3. Dunn LB, Mahgoub N, **DeGolia SG**. How to Write, Socially. In Roberts LW. Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide, 2<sup>nd</sup> Edition. New York, Springer, *anticipated publication date 2019.*
4. **DeGolia SG**, May M. Synthesizing Solutions Across the Lifespan: Early Career Solutions. In Stonnington C, Files J. Female Physician Burnout. New York, Springer. *Anticipated publication date 2019.*
5. **DeGolia SG**, Tan M. Using Psychotherapy Supervision in Training and Beyond. In Brenner A, Howe-Martin L. Psychotherapy: A Practical Introduction. Wolters Kluwer. *Anticipated publication date 2019.*
6. **DeGolia SG**. How to Give a Lecture. In Roberts LW. Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide, 2<sup>nd</sup> Edition. New York, Springer, 2020
7. **DeGolia SG**. Elements of Supervision in Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers. Edited by **DeGolia S**, Corcoran K. American Psychiatric Association Publishing, WDC. April 2019.
8. **DeGolia SG**. Videotaping: Learning through Facilitated Observation and Feedback in Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers. Edited by **DeGolia S**, Corcoran K. American Psychiatric Association Publishing, WDC. April 2019.
9. **DeGolia SG**, Safer, DS, Williams K. Use of Transcripts: An Underutilized Supervisory Approach in Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers. Edited by **DeGolia S**, Corcoran K. American Psychiatric Association Publishing, WDC. April 2019.
10. Raj K and **DeGolia SG**. Nightfloat: Working with Supervisees Remotely in Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers. Edited by **DeGolia S**, Corcoran K. American Psychiatric Association Publishing, WDC. April 2019.
11. **DeGolia SG**. How to Give a Lecture. In Roberts LW. The Clinician Educator Guidebook: Steps and Strategies for Advancing Your Career. New York: Springer Science+Business Media, LLC, 2016.
12. **DeGolia SG**. How to Give a Lecture. In Roberts LW. Achievement and Fulfillment in Academic Medicine: A Comprehensive Guide. New York: Springer, 2013. (Over 2000 downloads by June 2018).



**Books:**

1. **DeGolia SG**, Wang R. **Resident and Training Director Handbook: A Survival Guide for Psychiatric Residency**, 1<sup>st</sup> Edition. American Psychiatric Association Publishing of Washington, D.C., *anticipated publication date March 2022*.
2. **DeGolia SG**, Corcoran KM (eds). **Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers**. American Psychiatric Association Publishing, WDC. April 2019.

**Other Media**

1. **DeGolia S**, Guthrie T, Burruss J, Ross D. Brenner A. *Presidential Session for 2021 APA On Demand*. APA On Demand, May 2021.
2. **DeGolia S**. Getting Help During the COVID 19 Pandemic. Interviewed by Howard Wolf. **Stanford Pathfinders** – broadcasted on SiriusXM and worldwide as a podcast. April 2020.
3. **DeGolia S**, Corcoran K, Watkins CE. Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers. American Psychiatric Association On Demand Series – an online collection of expert-led presentations covering emerging clinical topics, cutting-edge science and new therapies. CME offered, Recorded May 2020.

**Abstracts**

1. Winsberg ME, **DeGolia SG**, Strong CM, Ketter TA: Divalproex in medication-naive bipolar II depression. 150<sup>th</sup> Annual Meeting of the American Psychiatric Association, San Diego, May 17-22, 1997. Abstract NR113 Page 97.
2. Ketter TA, Winsberg ME, **DeGolia SG**, Dunai M, Tate DL, Strong CM: Bupropion plus SSRI combination therapy in treatment-resistant bipolar depression. Second International Conference on Bipolar Disorder, Pittsburgh, June 19-21, 1997. Abstract. Page 95.
3. Ketter TA, Winsberg ME, Dunai M, **DeGolia SG**, Tate DL, Strong CM: Developing a lithium to divalproex switch algorithm in bipolar disorder patients. 151<sup>st</sup> Annual Meeting of the American Psychiatric Association. Toronto, May 30 - June 4, 1998. Abstract.

**Posters:**

1. Bentzley JB, Willard D, Ledonne L, Raj K, **DeGolia S**. Interprofessional Simulation of a Psychiatric Behavioral Emergency. American Association of Directors of Psychiatry Residency Directors. Dallas, TX, March 2020.
2. Ledonne L, Bentzley J, Sanborn K, **DeGolia S**, Ballon, Gorney R, Raj K, Hayward C, Willard D, Abolfazli A, Alabastro A. Interprofessional simulation training of psychiatric behavioral emergencies. American Psychiatric Nursing Association Conference. New Orleans, October 2019.
3. Bandstra BS, Redman T, Pardo I, Shah R, Mercurio M, **DeGolia S**, Chris Hayward. *Recruitment and Retention of Underrepresented Minority Residents: Efforts Toward Diversity and Inclusion in the Stanford Department of Psychiatry*. Stanford University Faculty Retreat, May 2019
4. Bentzley JK, Gold JA, Forte C, Raj K, Sanborn K, **DeGolia S**. *Communication during Psychiatric Behavioral Emergencies: Nurses and Resident-Physicians' Experiences and Opinions*. Academic Psychiatry Annual Meeting, Wisconsin, Sept 2018. Awarded 2<sup>nd</sup> Place.
5. Bentzley JK, Gold JA, Forte C, Franciscus A, **DeGolia S**. *Making Meaningful Change: Building Resilience through Medical Student Reflection Groups*. International Conference on Physician Health (IPCH). Toronto, Canada October 2018.

6. Bentzley JP, Gold JA, Raj K, Sanborn K, **DeGolia S**. *Residents physicians' opinions on challenges and interdisciplinary communication during psychiatric behavioral emergencies*. Annual Stanford Innovations in Medical Education Conference (SIMEC III), Stanford, CA. June 2018.
7. **DeGolia S**, Weerasekera P. *Integrate, Educate, Elevate: Raising the Bar for Supervision*. AADPRT Annual Meeting March 2014.
8. **DeGolia S**, Piaget G, Sanborn K, Dore J, Bandstra B. *A Psychotherapy Observation Tool: A Method to Increase Direct Observation and Enhance Supervision*. AADPRT Annual Meeting March 2014.
9. Arbuckle MR, **DeGolia S**, Esposito K, Miller D, Weinberg M, Brenner A. *Job Satisfaction Among Associate Training Directors in Psychiatry: A Bimodal Distribution*. Association of Academic Psychiatry Annual Meeting October 2012. *Awarded first prize*.
10. **DeGolia S**, Forte C, Sanborn K, Kroeker L, Marnell, M. *Developmental Process Group Program: A Multifactorial Approach to Learning*. Reviewed survey data across four classes of residents involved in a developmental process group approach. Association of Academic Psychiatry Annual Meeting, October 2012. *Awarded 3<sup>rd</sup> prize*.
11. Sugarbaker R, Bandstra BS, Corriveau C, Gebis E, **DeGolia S**, Hayward C. *Teaching to Teach: Implementation of a Workshop to Improve Resident Supervision and Teaching Skills*. American Association of Directors of Psychiatric Residency Training Annual Meeting, San Diego, CA, [March 2012](#).
12. Bandstra BS, Sugarbaker R, Skiles K, **DeGolia S**, Hayward C. *Rotation-Specific Workgroups: Faculty and Residents Working Together to Improve Clinical Education*. Association for Academic Psychiatry Annual Meeting, Scottsdale, AZ, [September 2011](#).
13. *Psychotherapy Observation Tool: Progressing Towards Competency*. **DeGolia, S**. Presented at AADPRT Annual Meeting, New Orleans 2008.

#### Invited Presentations:

1. **DeGolia S**, Lazaroff E, Mehta A, Ross D, Takahashi A, Walker A. Plenary Session: *Becoming a More Equitable Educator*. AADPRT Spring Conference by Zoom, March 2021.
2. **DeGolia S**, Lazaroff E, Mehta A, Ross D, Takahashi A, Walker. *Becoming a More Equitable Educator: Mindsets and Practice*. Association of Academic Psychiatry, April 2020 by Zoom.
3. **DeGolia S**, Bandstra B. *Bridging the Divide: Addressing Issues of Culture and Identity within Supervision*. Association of Academic Psychiatry Annual Meeting, Vancouver, Canada Sept 2021, *accepted in 2020 & delayed due to COVID*.
4. **DeGolia S**. *Psychiatric Practice: Practical Approaches Across Venues and Providers*. Grand Rounds, Department of Psychiatry, University of Buffalo, Buffalo, NY, *October 16, 2020 – cancelled due to COVID-19*.
5. Zappert L, Rodriguez C, **DeGolia S**, May M, Parker K, Weitlauf J. *It's on Us: How Faculty, Staff and Trainees can Change the Script on Sexual Harassment and Assault at Stanford*. Co-organized & presented on panel in Stanford Department of Psychiatry and Behavioral Sciences Diversity and Inclusion Lunch Speakers Series. September 18, 2020

6. Fassiotto M, Rodriguez, C, **DeGolia S**, Nkrumah R, Dornes S. *“Upstander” Training: Focus on Patient & Resident Physician Interactions*. Co-organized & presented on panel in Stanford Department of Psychiatry and Behavioral Sciences Diversity and Inclusion Lunch Speakers Series. July 31, 2020
7. **DeGolia S**, Corcoran K, Watkins CE. Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers. American Psychiatric Association Annual Meeting, Philadelphia, PA. *Cancelled due to COVID April 2020*.
8. **DeGolia S**. Psychiatric Practice: Practical Approaches Across Venues and Providers. Grand Rounds, Geisel School of Medicine, Department of Psychiatry, Hanover, NH, February 4, 2020.
9. **DeGolia S**. Making a Difference: *Effective Feedback Skills to Enhance Trainee Development*. Sleep Medicine Faculty. August 2, 2019.
10. **DeGolia S** and Corcoran K. *Meet the Authors: Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*. American Psychiatric Association Annual Meeting, San Francisco, CA. May 18, 2019.
11. **DeGolia S**. *Wellness: An Institutional View*. TED talk presentation at American Association of Directors of Psychiatry Residency Training Annual Meeting. San Diego, CA. February 28, 2019.
12. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. Half-day workshop for Chief Residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. June 4, 2018.
13. **DeGolia S**. *Clinical Teaching ROS: An Educational Framework*. Faculty Development Workshop. Invited by Program Chair of American Association of Directors of Psychiatry Training Programs. March 1, 2018.
14. **DeGolia S**. *Teaching Psychoeducation in Good Psychiatric Management*. Good Psychiatric Management Facilitator’s Training . UCLA Luskin Conference Center, April 2017.
15. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Clinical Faculty*. Half-day workshop for clinical faculty of the School of Medicine. Stanford School of Medicine. April 17, 2017.
16. **DeGolia S** & Joshi S. Making a Difference: *Effective Feedback Skills to Enhance Trainee Development*. Stanford Department of Psychiatry Grand Rounds. March 16, 2017
17. **DeGolia S**. *Developing and Communicating Goals*. Presentation to San Mateo Adult Psychiatry Residency faculty. November 2016
18. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. Half-day workshop for residents of all departments within the School of Medicine to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 18, 2016.
19. **DeGolia S** & Prochaska J. *How to Find Good Mentors When Starting Out as a Postdoc or Beginning Professor*. Academic Chat Series. School of Medicine. May 3, 2016
20. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Faculty*. All-day workshop for faculty of all departments within the School of Medicine to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. February 12, 2016.
21. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Department of OB/GYN School of Medicine. November 2015

22. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. GME Program Directors Monthly Meeting. Stanford School of Medicine. November 12, 2015
23. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. GME Program Coordinators Monthly Meeting. Stanford School of Medicine. November 12, 2015
24. **DeGolia S**. *Developing a Mentorship Program within the Department of Psychiatry*. Step-back Consultation presentation at Stanford Center for Medical Education Research and Innovation. Stanford Medical School, Oct 28, 2015
25. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Clinical Teaching Seminar Series - Honors Certificate Program in Medical Education Program. Stanford School of Medicine. October 14, 2015
26. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents* All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 20, 2015.
27. Skeff K, Stratos G, **DeGolia S**. *Tools for Improving Teaching Effectiveness*, Faculty Development Workshop. Stanford School of Medicine. January 7, 2015.
28. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Department of OB/GYN. Stanford School of Medicine. Fall 2014
29. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 18 2014.
30. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 17, 2014.
31. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. GME Program Directors Orientation. Stanford School of Medicine. May 2014.
32. **DeGolia S, Prober C**. Post-doc Academic Chat Series on *Blended Learning - What's all the Hype About?* Stanford School of Medicine. Jan 28, 2014.
33. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Stanford Department of Radiation Oncology. December 17, 2013
34. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Dept. of Anesthesiology, Pain & Perioperative Medicine, November 2013
35. **DeGolia S**. Faculty panel participant. Faculty panel for 5 hosted by the Vice Provost of Online Learning and the Graduate School of Education. CERES Learning Hall, Stanford University. Oct 2013
36. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 2013.

37. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 18, 2013.
38. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Stanford Department of Pathology. June 2013
39. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Stanford Department of Anesthesia. May 2013
40. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Stanford Department of Pediatric Urology. March 2013
41. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Stanford Department of Pediatric Surgery. December 2012
42. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 2012.
43. Skeff K, Stratos G, **DeGolia S**. *Stanford CME Faculty Clinical Teaching Workshop*. Full-day workshop for Stanford CME faculty of all disciplines focused on teaching the use of an educational framework to improve teaching. June 2012
44. Skeff K, Stratos G, **DeGolia S**. *Stanford CME Faculty Clinical Teaching Workshop*. Full-day workshop for Stanford CME faculty of all disciplines focused on teaching the use of an educational framework to improve teaching. April 2012
45. **DeGolia S** & Joshi S. *Developing Effective Feedback Skills to Enhance Learner Development*. Stanford Graduate Medical Education Monthly Program Director Meeting. September 2011
46. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 2011
47. Skeff K, Stratos G, **DeGolia S**. *Stanford Clinical Educators Clinical Teaching Workshops*. Two, full-day workshops for Stanford Clinical Educator faculty in all disciplines focused on teaching the use of an educational framework to improve teaching. February 2011.
48. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 2010
49. Skeff K, Stratos G, **DeGolia S**. *Clinical Teaching Workshop for Stanford Residents*. All-day workshop for residents of all departments to introduce an educational framework for analyzing teaching – mini-lectures, video assessments, breakout groups. Stanford School of Medicine. July 2009.

### Peer-Selected Presentations

1. Schwartz A, **DeGolia S**, Spitz D, Bentman A. *Creative Partnerships: Navigating the Disciplinary Process*. AADPRT Spring Conference by Zoom, March 2021. *Accepted*.
2. **DeGolia S**, Bandstra B. *Bridging the Divide: Addressing Issues of Diversity within Supervision*. Association of Academic Psychiatry Annual Meeting, Denver, CO Sept 2021. *Accepted*.

3. Hung E, Peterson A, Costello C, **DeGolia S**. *Juggling Monkeys: Time Management in Academic Medicine*. AADPRT Annual Meeting, San Diego, CA, February 2019.
4. Zalpuri I, **DeGolia S**, Fox G, Mylint M, Kishore A. *Resident/Faculty Wellness: Ensuring The Next Generation's Well-Being and Success*. AADPRT Annual Meeting, San Diego, CA, February 2019.
5. **DeGolia S**, Lalone K. Learner Assessment and Effective Feedback. Master Educator Workshops. Association of Academic Psychiatry, September 2018.
6. Bentzley J, Gold J, **DeGolia S**. Making Meaningful Change: Building Resilience through Medical Student Reflection Groups. International Conference for Physician Health, Toronto, CA October 11, 2018.
7. **DeGolia S**, Cowley D, Markham J. *Developing (or Enhancing) a Mentorship Program in Your Institution*. AADPRT Annual Meeting, San Francisco, CA, March 2017.
8. Schwartz A, **DeGolia S**, Spitz D, Bentman A. *Let's Get Real: Navigating the Disciplinary Process with Wisdom and Hope*. AADPRT Annual Meeting, San Francisco, CA, March 2017.
9. **DeGolia S**, Brenner A, Arbuckle M. *Closing the Gender Gap: Effective Negotiating as a Learnable Skill for All!* AADPRT Annual Meeting, Austin, TX, March 2016.
10. Schwartz A, **DeGolia S**, Spitz D, Bentman A. *Let's Get Real: Navigating the Disciplinary Process with Wisdom and Hope*. AADPRT Annual Meeting, Austin, TX, March 2016.
11. **DeGolia S**, Brenner A, Arbuckle M. *Closing the Gender Gap: Effective Negotiating as a Learnable Skill for All!* AADPRT Annual Meeting, Orlando, FL, March 2015.
12. Schwartz A, **DeGolia S**, Spitz D, Bentman A. *The Disciplinary Process: Program Directors' "Hidden" Milestone*. AADPRT Annual Meeting, Orlando, FL, March 2015.
13. Singh P, **DeGolia S**, Topor D, Wang R. *Psychotherapy Training in Adult Residency Programs: Challenges, Dilemmas and Solutions*. AADPRT Annual Meeting, Orlando, FL, March 2015.
14. **DeGolia S**, Weerasakera P. *Faculty Development Supervision Workshop*. AAP Annual Meeting, Portland, OR. October 2014.
15. Schwartz A, **DeGolia S**, Spitz D, Bentman A. *The Disciplinary Process: Program Directors' "Hidden" Milestone*. AADPRT Annual Meeting, Tucson, AZ, March 2014
16. **DeGolia S**, Arbuckle M, Brenner A, Simon A. *Early Career Educators Workshop: How to Win Friends, Influence People & Herd Cats*. AADPRT Annual Meeting Tucson, AZ, March 2014.
17. Wrenn G, **DeGolia S**, Kovach J. *Strategic Planning for Psychotherapy Curricula in the Era of Milestones, Duty Hour Restrictions, and the Affordable Care Act*. AADPRT Annual Meeting Tucson, AZ, March 2014.
18. Walker K, **S. DeGolia S**, Joshi S, Tanaka P. *Improving learning outcomes and resident perceptions: the science and craft of milestone-specific feedback*. ACGME for 2014 ACGME Annual Educational Conference.
19. Schwartz A, **DeGolia S**, Spitz D, Bentman A. *The Disciplinary Process: Program Directors' "Hidden" Milestone*. AADPRT Annual Meeting, Fort Lauderdale, Florida, March 2013
20. **DeGolia S**, Arbuckle M, Brenner A. *Mentoring 101: Helping our Residents Succeed*. Association of Academic Psychiatry Annual Meeting Charleston, SC, October 2013.

21. **DeGolia S.** *Clinical Teaching ROS: An Educational Framework.* Association of Academic Psychiatry Annual Meeting Charleston, SC, October 2013.
22. **DeGolia S,** Weerasekera P. *Faculty Supervision CME Workshop.* Developed & currently implementing Supervision Workshop for Stanford-associated faculty and senior residents based on Pfizer grant received. Stanford University. April 2013.
23. **DeGolia S,** Arbuckle M, Brenner A. *Creating Career Milestones and Mentoring for Success.* AADPRT Annual Meeting Fort Lauderdale, Florida, March 2013.
24. **DeGolia S,** Molla M, Sharpe B. *American College of Physicians Chief Residents' Leadership Training Workshop.* Full-day workshop for Chief Residents in Medicine on teaching the use of an educational framework to improve teaching. American College of Physicians, Northern California Chapter Nov. 2012.
25. Brenner A, Arbuckle M, **DeGolia S.** *Negotiation as a Learnable Skill.* Leader. AADPRT Annual Meeting San Diego, CA, March 2012
26. **DeGolia S,** Bentman, Schwartz A, Spitz D. *Making a Difference: Developing Effective Feedback Skills to Enhance Resident Development.* AADPRT Annual Meeting, San Diego, CA, March 2012
27. Schwartz A, **DeGolia S,** Spitz D, Bentman A. *The Disciplinary Process: Program Directors' "Hidden" Milestone.* AADPRT Annual Meeting, San Diego, CA, March 2012
28. **DeGolia S.** *ACP Chief Residents' Clinical Teaching Workshop.* Full-day workshop for Chief Residents in Medicine on teaching the use of an educational framework to improve teaching. American College of Physicians, Northern California Chapter November 2011.
29. **DeGolia S,** Bentman A, Schwartz A, Spitz D. *Making a Difference: Developing Effective Feedback Skills to Enhance Resident Development.* AADPRT Annual Meeting, Austin, Tx, March 2011.
30. Arbuckle M, Brenner B, **DeGolia S,** Martínez K. *Moving from Inspiration to Action: Crucial Practical Skills for Early Career Educators.* AADPRT Annual Meeting Austin, Tx, March 2011.
31. Schwartz A, **DeGolia S,** Spitz D, Bentman A. *The Disciplinary Process: Program Directors' "Hidden" Milestone.* AADPRT Annual Meeting, Orlando, Florida, March 2010.
32. Arbuckle M, Brenner A, **DeGolia S,** Martínez K. *Moving from Inspiration to Action: Crucial Practical Skills for Early Career Educators.* AADPRT Annual Meeting Orlando, Florida, March 2010.
33. Schwartz A, **DeGolia S,** Spitz D, Bentman A. *The Disciplinary Process: Program Directors' "Hidden" Milestone.* AADPRT Annual Meeting, Tuscon, Az 2009.
34. Arbuckle M, Brenner A, **DeGolia S,** Esposito K . *Assistant/Associate Residency Training Directors in Psychiatry: Guiding Principles for Successful ATD Positions.* AADPRT Annual Meeting, Tuscon, Az March 2009.
35. Arbuckle M, Brenner A, **DeGolia S,** Esposito K . *Assistant/Associate Residency Training Directors in Psychiatry: Guiding Principles for Successful ATD Positions.* AADPRT Annual Meeting, New Orleans, LA March 2008.