

Ranak Trivedi, PhD

1. BIOGRAPHICAL INFORMATION

Email: ranakt@stanford.edu or ranak.trivedi@va.gov

2. EDUCATION

a) Undergraduate

Maharaja Sayajirao University of Baroda, Gujarat, India 08/1996
BA in Psychology [Clinical Psychology]
[Shri Janardan C. Mehta Gold Medal for Faculty of Arts, Ranked 1st among ~900 students]

b) Graduate

Augusta State University, Augusta, GA 07/1998
MS in Clinical Psychology: APA Accredited
[Dept. of Psychology Outstanding Graduate Psychology Student Award;
Harold H. Moon Outstanding Graduate Student Award]

Duke University, Durham, NC 12/2004
MA in Clinical Psychology, Health Psychology Track
Thesis: Biological and Behavioral Aspects of Polycystic Ovary Syndrome
(Advisor: Andrew Sherwood, PhD; Co-Advisor: James A. Blumenthal, PhD)

PhD in Clinical Psychology, Health Psychology Track: APA Accredited 09/2006
Dissertation: Psychosocial Predictors of Hospitalizations in Patients with Congestive Heart Failure
Duke University, Durham, NC
(Advisor: Andrew Sherwood, PhD; Co-Advisor: James A. Blumenthal, PhD)

3. LICENSURE: CA PSY25959 (Clinical Psychologist)

4. PROFESSIONAL POSITIONS

Research Assistant III 05/1998-
Georgia Prevention Institute, Medical College of Georgia, Augusta, GA 05/1999

Research Project Coordinator 05/1999-
Georgia Prevention Institute, Medical College of Georgia, Augusta, GA 07/2001

Internship in Health Psychology: APA Accredited 07/2005-
University of Wisconsin Hospital & Clinics, Madison, WI 06/2006

Health Psychology Postdoctoral Fellowship: APPIC Accredited 09/2006-
University of Wisconsin Hospitals & Clinics, Madison, WI 08/2007
(Supervisor: M. Denise Connelly, PhD)

AHRQ Postdoctoral Fellowship 09/2007-
Duke University Medical Center & Durham VA HSR&D CoE, Durham, NC 09/2009
(Primary Mentor: David Edelman, MD; Secondary Mentor: Hayden B. Bosworth, PhD)

Core Investigator Seattle VA HSR&D Center of Excellence 09/2009-
VA Puget Sound Health Care System, Seattle, WA 07/2013

Research Assistant Professor 09/2009-
Dept of Health Services, University of Washington, Seattle, WA 07/2013

Core Investigator Center for Innovation to Implementation (Ci2i) 07/2013-
VA Palo Alto Health Care System, Palo Alto, CA Present

Clinical Assistant Professor 10/2013-
Dept. of Psychiatry and Behavioral Sciences, Stanford University, Palo Alto, CA Present

5. HONORS, AWARDS, SCHOLARSHIPS

Ranked First, Certificate of Excellence in Sociology (Minor), MS University of Baroda	1995
Ranked First in Psychology (Major), MS University of Baroda	1996
Shri Janardan C. Mehta Gold Medal for Bachelor of Arts, MS University of Baroda	1996
Psi Chi, National Honor Society for Psychology	1997
Phi Kappa Phi, National Multidisciplinary Honor Society	1998
Outstanding Graduate Student in Psychology, Augusta State University	1998
Harold H. Moon Outstanding Graduate Student Award, Augusta Area Psychological Association	1998
American Psychosomatic Society Citation Poster	2003
American Psychosomatic Society Citation Poster	2006
American Psychosomatic Society Young Scholar Award	2006
Fellow, 14 th Annual Summer Research Institute in Geriatric Psychiatry	2008
Fellow, NHLBI Pittsburgh Mind-Body Center Summer Institute <i>"Interventions: Reducing Risk and Promoting Adjustment to Disease"</i>	2009
Fellow, NHLBI Pittsburgh Mind-Body Center Summer Institute <i>"Mind-Body Science, Tools, and Strategies"</i>	2010
Fellow, NIH OBSSR Summer Institute on the Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions	2010
American Psychological Association Early Career Professional Travel Award	2013

6. PROFESSIONAL ACTIVITIES

Editor, Newsletter for the Mental Health Society of Greater Augusta	1997-1998
President of Psi Chi, Augusta State University	1997-1998
Invited Speaker for Annual Seminar "Masters' Careers in Psychology", Augusta State University	1998, 1999
Clinical Track Student Representative, Duke University Dept. of Psychology	2004-2005
<u>Ad Hoc Reviewer:</u>	Present
Annals of Behavioral Medicine	
Psychosomatic Medicine	
Journal of Behavioral Medicine	
Heart & Lung	
General Hospital Psychiatry	
Journal of Psychosomatic Research	
Psychophysiology	
International Journal of Geriatric Psychiatry	
North Carolina Journal of Medicine	
Annals of Medicine	
Western Journal of Nursing Research	
<u>Professional Organization Membership:</u>	Present
American Psychological Association	
Division 38: Health Psychology Division of the American Psychological Association	
American Psychosomatic Society	
Society of Behavioral Medicine	
American Psychosomatic Society, abstract reviewer	Present
Member, VA National Caregiver Research Interest Group	Present
HSR&D Field-based Meeting on Mental Health and Substance Use Disorders, reviewer	2010
HSR&D Annual Meeting, reviewer	Present
2011 VA HSR&D Annual Meeting Planning Committee, Member	2010-2011
2011 VA HSR&D Annual Meeting Workshop Committee Co-chair	2010-2011
American Psychological Association Division 38 Early Career Professionals Council	Present
Member/Grant Reviewer, Institute of Translational Health Sciences, University of Washington	Present
Invited Workshop Co-leader, "Health disparities in Asian Pacific American Communities," Federal Asian Pacific American Council (FAPAC) Annual National Leadership Training Conference	05/2011
Invited Member of Virtual Media Roundtable VA Health Services Research &	02/2012

Development, "Translating Mental Health Research into Health Care Excellence"	
Lead, Investigators' Works in Progress Meeting	01/2012-03/2013
American Psychological Association Div. 38 (Health Psychology) Early Career Professionals Council, Executive Committee Member & Web Liaison	2010-Present
Chair, Mental Health Workgroup, VA National PACT Evaluation Center	2012-Present

7. BIBLIOGRAPHY

a) Refereed Research Articles

1. Wang, X., **Trivedi, R.**, Treiber, F., & Snieder, H. (2005). Genetic and environmental Influences on anger expression, John Henryism and stressful life events: The Georgia Cardiovascular Twin Study. *Psychosomatic Medicine*, *67*, 16-23. PMID: 15673619
2. Doraiswamy, P.M., Babyak, M.A., Hennig, T., **Trivedi, R.**, White, W.D., Mathew, J.P., Newman, M., & Blumenthal, J.A. (2007). Donepezil for cognitive decline following coronary artery bypass surgery: A pilot randomized clinical trial. *Psychopharmacology Bulletin*, *40*, 54-62. PMID: 17514186
3. Sherwood, A., Blumenthal J.A., **Trivedi, R.**, Johnson, K.S., O'Connor, C.S., Adams, K.A., Sueta-Dupree, C., Waugh, R.A., Bensimhon, D.R., Gaulden, L., Christenson, R.H., Koch, G.G., & Hinderliter, A.L. (2007). Relationship of depression to mortality and hospitalization in patients with heart failure. *Archives of Internal Medicine*, *167*, 367-373. PMID: 17325298
4. **Trivedi, R.**, Sherwood, A., Strauman, T.J., & Blumenthal, J.A. (2008). Laboratory-based blood pressure recovery is a predictor of ambulatory blood pressure. *Biological Psychology*, *77*, 317-323. PMCID: PMC2292462
5. **Trivedi, R.**, Ayotte, B., Edelman, D., & Bosworth, H.B. (2008). The association of emotional well-being and marital status with treatment adherence among patients with hypertension. *Journal of Behavioral Medicine*, *31*, 489-497. PMCID: 18780175
6. Ayotte, B. J., **Trivedi, R. B.**, & Bosworth, H. B. (2009). Racial differences in hypertension knowledge: Effects of differential item functioning. *Ethnicity & Disease*, *19*, 23-27. PMCID: 19341159
7. **Trivedi, R.B.**, Blumenthal, J.A., O'Connor, C., Adams, K., Hinderliter, A., Sueta-Dupree, C., Johnson, K., & Sherwood, A. Coping styles in heart failure patients with depressive symptoms. (2009). *Journal of Psychosomatic Research*, *67*, 339-346. PMCID: PMC2751656
8. Williams, J.W., Jr., Slubicki, M.N., Tweedy, D.S., Bradford, D.W., **Trivedi, R.B.**, & Baker, D. (2009). Evidence synthesis for determining the responsiveness of depression questionnaires and optimal treatment duration for antidepressant medications. Prepared for the HSR&D Evidence Synthesis Program, Department of Veterans Affairs, Veterans Health Administration Health Services Research & Development Service, Washington, D.C. <http://www.ncbi.nlm.nih.gov/books/NBK49036/> PMID: 21155203 [monograph]
9. **Trivedi, R.B.**, Nieuwsma, J.A., Williams, J.W., Jr., & Baker, D. (2009). Evidence synthesis for determining the efficacy of psychotherapy for treatment resistant depression. Prepared for the HSR&D Evidence Synthesis Program, Department of Veterans Affairs, Veterans Health Administration Health Services Research & Development Service, Washington, D.C. <http://www.ncbi.nlm.nih.gov/books/NBK49118/> PMID: 21155202 [monograph]
10. Sherwood, A., Park, S.B., Hughes, J.W., Blumenthal, J.A., Hinderliter, A., **Trivedi, R.**, & McFetridge-Durdle, J. (2010). Cardiovascular hemodynamics during stress in premenopausal versus postmenopausal women. *Menopause*, *17*, 403-409. PMID: 19770780
11. **Trivedi, R.B.**, Ayotte, B.J., Thorpe, C.T., Edelman, D., & Bosworth, H.B. (2010) Is there a non-adherent subtype of hypertensive patient? A latent class analysis approach. *Patient Preference and Adherence*, *4*, 255-262. PMID: 20694185
12. Sherwood, A., Blumenthal, J.A., Hinderliter, A.L., Koch, G.G., Adams, K.F., Sueta-Dupree, C., Bensimohn, D.R., Johnson, K.S., **Trivedi, R.**, Bowers, M., Christenson, R.H., O'Connor, C.M. (2011) Worsening depressive symptoms are associated with adverse clinical outcomes in patients with heart failure. *Journal of the American College of Cardiology*, *57*, 418-423. PMCID: 21251581
13. **Trivedi, R.B.**, Nieuwsma, J.A., & Williams, J.W., Jr. (2011) Examination of the utility of psychotherapy for patients with treatment resistant depression: A systematic review. *Journal of General Internal Medicine*, *26*, 643-650. PMCID: PMC3101965
14. Nieuwsma, J.A., **Trivedi, R.B.**, McDuffie, J., Kronish, I., Benjamin, D., & Williams, J.W., Jr. (2011). Brief psychotherapy for depression in primary care: A systematic review of the

evidence. <http://www.hsrd.research.va.gov/publications/esp/brief-psychotherapy.cfm>. VA-ESP Project #09-010. PMID: 21595124 [monograph]

15. **Trivedi, R.B.**, Piette, J., Fihn, S.D., Edelman, D. (2012). Examining the inter-relatedness of patient and spousal stress in heart failure: Conceptual model and pilot data. *Journal of Cardiovascular Nursing*, *27*, 24-32. PMID: 21743348
16. Nieuwsma, J.A., **Trivedi, R.B.**, McDuffie, J., Kronish, I., Benjamin, D., & Williams, J.W., Jr. (2012). Brief psychotherapy for depression: A systematic review and meta-analysis. *International Journal of Psychiatry in Medicine*, *43*, 129-151. PMID: 21595124
17. **Trivedi, R.B.**, Bryson, C.L., Udris, E., & Au, D.H. (2012) The influence of informal caregivers on adherence in COPD patients. *Annals of Behavioral Medicine*, *44*, 66-72. PMID: 22422104
18. McDermott, K.A., Maynard, C., **Trivedi, R.B.**, Lowy, E., Fihn, S.D. (2012) Factors associated with presenting >12 hours after symptom onset of acute myocardial infarction among Veteran men. *BMC Cardiovascular Disorders*, *12*, 82. PMID: PMC3507722
19. Zeliadt, S.B., Hannon, P.A., **Trivedi, R.B.**, Bonner, L.M., Vu, T.T., Simons, C., Kimmie, C.A., Hu, E.Y., Zipperer, C., & Lin, D.W. (2013). A preliminary exploration of the feasibility of offering men information about potential prostate cancer treatment options before they know their biopsy results. *BMC Medical Informatics and Decision Making*, *13*, 19. PMID: PMC3599913
20. Piette, J.D., Aikens, J., **Trivedi, R.**, Parrish, D., Standiford, C., Marinec, N., Striplin, D., & Bernstein, S.J. Enhanced depression self-management support in primary care using automated telephonic assessment and social support. *American Journal of Managed Care*, In press.
21. Quiñones, A.R., Thielke, S.M., Beaver, K.A., **Trivedi, R.B.**, Williams, E.C., & Fan, V.S. Racial and ethnic differences in the receipt of antidepressants and psychotherapy among Veterans with depression. *Psychiatric Services*, In press.
22. **Trivedi, R.B.**, Szarka, J.G., Beaver, K.B., Brousseau, K., Nevins, E., Yancy, W.S. Jr., Slade, A., & Voils, C.I. (2013) Recruitment and retention rates in behavioral trials involving patients and a support person: A systematic review. *Contemporary Clinical Trials*, *36*, 307-318.
23. Cooper, D., **Trivedi, R.B.**, Nelson, K.M., Reiber, G.E., Zonderman, A., Evans, M.K., & Waldstein, S.R. (2013) Sex differences in associations of depressive symptoms with cardiovascular risk factors and metabolic syndrome among African Americans. *Cardiovascular Psychiatry and Neurology*, 2013, 10 pages. <http://www.hindawi.com/journals/cpn/2013/979185/cta/>
24. **Trivedi, R.B.**, Beaver, K., Bouldin, E., Eugenio, E., Zeliadt, S.B., Nelson, K., Rosland, A.M., Szarka, J.G., & Piette, J.D. Characteristics and well-being of informal caregivers: Results from a nationally-representative US survey. *Chronic Illness*, Accepted for Publication, Aug 31 2013.

b) Other Refereed Scholarly Publications

1. Treiber, F., Barnes, V., Davis, H., Greer, A., McKinley, K., & **Trivedi, R.** (1998). Relationships between socioeconomic status and hemodynamic functioning in youth. *Psychosomatic Medicine*, *60*, 115-116.
2. Barnes, V.A., Treiber, F.A., Turner, J.R., Davis, H.S., **Trivedi, R.B.**, & Strong, W.B. (1999). Acute effects of Transcendental Meditation® on hemodynamic functioning in middle aged adults. *Psychosomatic Medicine*, *61*, 525-531. PMID: 10443761
3. **Trivedi, R.**, Blumenthal, J.A., Sherwood, A. (2004). Blood pressure recovery as an independent marker of essential hypertension risk. *Psychosomatic Medicine*, *65*, A56.
4. Bacon, S.L., Johnson, K., **Trivedi, R.**, Hinderliter, A., Blumenthal, J.A., & Sherwood, A. (2006). Effects of acute mental stress on plasma volume in patients with heart failure. *Psychosomatic Medicine*, *68*, A54.
5. **Trivedi, R.**, Blumenthal, J.A., Hinderliter, A.L., Johnson, K., & Sherwood, A. (2006). Psychosocial predictors of hospitalizations in congestive heart failure patients. *Psychosomatic Medicine*, *68*, A37-A38.
6. **Trivedi, R.**, Ayotte, B., Edelman, D., & Bosworth, H.B. (2008). Emotional well-being is associated with lifestyle adherence in hypertensive patients. *Psychosomatic Medicine*, *70* (3), A91.
7. **Trivedi, R.**, Ayotte, B., Thorpe, C.T., Edelman, D., & Bosworth, H.B. (2009). A latent class analysis approach to characterizing non-adherent hypertensive patients. *Psychosomatic Medicine*, *71* (3), A71.
8. **Trivedi, R.B.**, Bryson, C.L., Udris, E., & Au, D. (2011). Caregivers may influence adherence to antihypertensive medications in COPD patients. *Psychosomatic Medicine*, *73*(3), A38.
9. **Trivedi, R.B.**, Beaver, K., Zeliadt, S.B., Nelson, K., Eugenio, E., Rosland, A.M., Grimesey, J.,

Bouldin, E., & Piette, J.D. (2013, April) Who are informal caregivers? Results from a nationally-representative study. Annals of Behavioral Medicine, 45, s126.

c. Book Chapters

1. **Trivedi, R.**, Bosworth, H.B., & Jackson, G.A. (2011). Resilience in Chronic Illness. In B. Resnick, L. Gwyther, K. Roberto (Eds.), Resilience in Aging: Concepts, Research, and Outcomes. 1st Ed. NY: Springer.

8. PATENTS: None

9. FUNDING HISTORY

a) Currently Funded Projects

1. "Developing a Couples' Coping Intervention for Veterans with Heart Failure" 04/2012-03/2017
VA HSR&D Mentored Career Development Award-2 (CDA-09-206)
Role: PI
(Award: \$622,659)
The research objective of this CDA is to develop a coping and self-management intervention targeted at Veterans with heart failure and their significant others.
2. "Psychosocial-Behavioral Therapy for Patients with Advanced COPD and Depression" (PI: Reinke) 07/2012-06/2014
National Palliative Care Research Center Pilot Study (Award: \$70,000)
Role: Co-Investigator.
The purpose of this study is to determine the feasibility and acceptability of a 6-session, home-based, video-enabled, individually tailored, psychosocial behavioral therapy intervention for patients with advanced COPD and depression
3. "Disparities in Mental Health Consultation" (PI: Fan) 05/2012-Present
VA Locally Initiated Project QLP 55-009 (Award: \$18,500)
Role: Co-I
The purpose of this study is to determine reasons for disparities in depression consultation among COPD patients.
4. "Advance care planning in elderly Veterans with advanced kidney disease" (PI: O'hare) 04/2013-03/2017
VA HSR&D IIR (Award: \$1,099,728)
Role: Co-I
The goal of this study is develop and test a patient-centered model of advance care planning tailored to older Veterans with advanced kidney disease.
5. "Barriers & Facilitators of Empowering Couples in Managing Heart Failure" 05/01/2013-Present
CHF QUERI Locally Initiated Project (Award: \$25,000)
Role: PI
This mixed methods study of Veterans with heart failure and their significant others will help understand barriers and facilitators of managing heart failure at home and will support a small pilot study to evaluate a couples' self-management intervention.

b) Completed Projects

1. AHRQ Postdoctoral Fellowship in Health Services Research (5 T32 HS000079-10) 09/2007-09/2009
2. NIH Loan Repayment Program-Clinical Research (1 L30 AG032768-01) 07/2008-07/2010
Role: PI
3. "Determinants of Guideline-Concordant Depression Care for COPD Patients" 10/2010-07/2012
MH QuERI RRP 10-105 (PI: Fan)
Role: Co-Investigator.
(Award: \$97,382 total direct costs)

The purpose of this observational study was to determine rates of guideline concordant depression care among COPD patients, to compare rates with other common chronic conditions, and to examine predictors of disparities.

4. "Enhancing Caregiver Support for Heart Failure Patients: The CarePartner Study" 07/2008-06/2012
VA HSR&D IIR 07-185-1 (PI: Piette)

Role: Co-I

The purpose of the randomized trial was to evaluate the impact of extending the reach of health information technology by incorporating a protocol-driven model for improved monitoring and self-management support by a CarePartner (CP).

5. "Determining the Eligibility of Heart Failure Patients for a Couples' Self-management Intervention" 04/2012-11/2012
VA HSR&D Locally Initiated Project (Award: \$17,000)

Role: PI

The purpose of this project is to estimate the number of patients eligible for a mixed methods study with couples with heart failure; to estimate the number of patients eligible for the pilot intervention; and to finalize recruitment strategies in consultation with providers at VA Puget Sound heart failure clinic over a six month period.

10. CONFERENCES (SELECTED)

1. ***Trivedi, R.**, Hughes, J.W., Blumenthal, J.A., Hinderliter, A., & Sherwood, A. (2003, March). Postmenopausal women show elevated systemic vascular resistance at rest and during stress. Poster presented at the 61st Annual Meeting of the American Psychosomatic Society, Phoenix, AZ.
2. **Trivedi, R.**, Blumenthal, J.A., & Sherwood, A. (2004, March). Blood pressure recovery as an independent marker of essential hypertension risk. Poster presented at the 62nd Annual Meeting of the American Psychosomatic Society, Orlando, FL.
3. ***Trivedi, R.**, Blumenthal, J.A., Hinderliter, A.L., Johnson, K., & Sherwood, A. (2006, March). Psychosocial predictors of hospitalizations in congestive heart failure patients. Poster presented at the 64th Annual Meeting of the American Psychosomatic Society, Denver, CO.
4. **Trivedi, R.** & Edelman, D. (2008, June). Effects of caregiver stress on medical outcomes in patients with congestive heart failure. Poster presented at the 14th Annual NRSA Trainees Research Conference, Washington, DC.
5. **Trivedi, R.**, Ayotte, B., Edelman, D., & Bosworth, H. (2008, March). Emotional well-being is associated with lifestyle adherence in hypertensive patients. Poster presented at the 66th Annual Meeting of the American Psychosomatic Society, Baltimore, MD.
6. **Trivedi, R.B.**, Ayotte, B.J., Thorpe, C.T., Edelman, D.E., & Bosworth, H.B. (2009, March). A latent class analysis approach to characterizing non-adherent hypertensive patients. Poster presented at the 67th Annual Meeting of the American Psychosomatic Society, Chicago, IL.
7. **Trivedi, R.B.** (2009, June). Is there a non-adherent subtype of hypertensive patient? A latent class analysis approach. Oral presentation at the 15th Annual NRSA Trainees Research Conference, Chicago, IL.
8. **Trivedi, R.B.** (2011, February) Recruitment and retention: Key challenges in conducting research with patient-caregiver dyads *In: Piette, J. (Chair) Emerging Research on Caregiving.* Workshop conducted at the VA Health Services Research & Development. National Harbor, MD.
9. **Trivedi, R.B.**, Piette, J., Fihn, S.D., & Edelman, D. (2011, February). The influence of spousal well-being on disease management in heart failure: Conceptual model and pilot data. Poster presented at the 2011 National Meeting of VA Health Services Research and Development, National Harbor, MD.
10. **Trivedi, R.B.**, Bryson, C.L., Udris, E., & Au, D. (2011, March). Caregivers may influence adherence to antihypertensive medications in COPD patients. Poster presented at the 69th Annual Meeting of the American Psychosomatic Society, San Antonio, TX.
11. Zeliadt, S.B., Bonner, L.M., **Trivedi, R.B.**, Simons, C., Kimmie, C., Hannon, P., Vu, T., Zipperer, C., Porter, M.P., & Lin, D.W. (2011, May). A randomized pilot study to assess anxiety related to distributing a prostate cancer treatment decision aid prior to biopsy. Paper presented at the American Urological Association Annual Meeting, Washington, DC.
12. **Trivedi, R.B.** & Zeliadt, S.B. (2011, June). Isolation across the US and its effects on ischemic heart disease (IHD) outcomes. Poster presented at the annual meeting of Academy Health, Seattle, WA.

13. **Trivedi, R.B.** & Zeliadt, S.B. (2011, June). Isolation across the US and its effects on ischemic heart disease (IHD) outcomes. Poster presented at the 1st Annual Research Meeting in the Department of Health Services, Seattle, WA. (*Selected for panel discussion.*)
14. **Trivedi, R.B.**, Nieuwsma, J.A., McDuffie, J., Kronish, I., Benjamin, D., & Williams, J.W., Jr. (2011, August). Brief psychotherapy for depression: Findings from a systematic review and implications for primary care. Paper presented at the Veterans' Affairs Mental Health Conference, Baltimore, MD.
15. Nieuwsma, J.A., McDuffie, J., **Trivedi, R.B.**, & Williams, J.W., Jr. (November 2011). Efficacy of brief psychotherapy for depression in primary care. In J.A. Nieuwsma (Chair), *Brief psychotherapy outside the mental health clinic: Evidence and innovations for expanding access to care.* Symposium conducted at the 45th Annual Convention for the Association for Behavioral and Cognitive Therapies, Toronto, ON.
16. **Trivedi, R.B.**, Gerrity, M., Rumsfeld, J.S., Spertus, J.A., Sun, H., McDonell, M., Doak, M., Lucas, L., Fihn, S.D. (2012, April). Depressive symptoms and angina burden in ischemic heart disease (IHD) patients: The Collaborative Cardiac Care Project. Poster presented at the 33rd Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.
17. **Trivedi, R.B.**, Beaver, K., Zeliadt, S.B., Nelson, K., Eugenio, E., Rosland, A.M., Grimesey, J., Bouldin, E., & Piette, J.D. (2013, March) Who are informal caregivers? Results from a nationally-representative study. Poster presented at the 34th Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
18. **Trivedi, R.B.**, Kivlahan, D., McCarthy, J.F., Post, E.P., Saxon, A.J., Pomerantz, A., Sun, Sun, H., Piette, J.D., Fihn, S.D., & Nelson, K. (2013, April) Burden of mental illness among VA primary care patients. Poster presented at the 36th Annual Meeting of the Society of General Internal Medicine, Denver, CO.
19. **Trivedi, R.B.**, Kivlahan, D., McCarthy, J.F., Post, E.P., Saxon, A.J., Pomerantz, A., Sun, Sun, H., Piette, J.D., Fihn, S.D., & Nelson, K. (2013, June) Prevalence of mental illness among VA primary care patients and relationship to clinical outcomes. Poster presented at the Annual Research Meeting of AcademyHealth, Baltimore, MD.
20. **Trivedi, R.B.** (2013, August). Giving an effective job talk. In: *Shahane, A. (Chair) A guide to navigating career success for the early career health psychologist.* Symposium conducted at the American Psychological Association Annual Convention, Honolulu, HI.

* selected as "citation posters", i.e., in the top 5%

11. SERVICE (PRESENT)

- Department of Health Services:
Professional Development Group, Member
Departmental faculty meetings, Attendee
Participating Faculty, T32 Training Grant (PI: Grembowski)
- University of Washington:
Member, Institute of Translational Health Sciences
Grant reviewer, Institute of Translational Health Sciences
- National/International:
American Psychological Association Div. 38 (Health Psychology) Early Career Professionals Council, Member & Web Liaison
American Psychosomatic Society, Conference Abstract Reviewer
American Psychological Association, Conference Abstract Reviewer
APA Div. 38 Task Force on Branding, Member
- Veterans' Affairs (VA):
VA National Caregiver Research Interest Group, Member
2011 VA HSR&D Annual Meeting Planning Committee, Member
2011 VA HSR&D Annual Meeting Planning Committee, Workshop Committee Co-Chair
HSR&D Scientific Review Subcommittee, Voting Member
Investigators' Works in Progress, Lead
Mental Health Workgroup, VA PACT National Evaluation, Chair

12. OTHER PERTINENT INFORMATION

a) Other Research Experience

Effects of Caregiver Stress on Medical Outcomes in Patients with Congestive Heart Failure <u>Investigators:</u> Ranak Trivedi, PhD, David Edelman, MD Prospective observational cohort study examining stress in caregivers of heart failure patients, and the impact of caregiver stress on patients with heart failure. <u>Role:</u> PI	02/2008- 02/2012
Psychosocial Predictors of Post-Traumatic Stress Disorder (PTSD) in Burn Patients <u>PI:</u> M. Denise Connelly, PhD Prospective study to examine predictors of PTSD in patients with thermal injuries. <u>Role:</u> Co-Investigator	06/2007- 06/2010
Pathways: Understanding the Experience of Serious Illness <u>PI:</u> James Tulsy, MD Palliative care study prospectively examining patients' end-of-life physical symptoms and emotional experiences, and caregiver emotional trajectories and anticipatory grief. <u>Role:</u> Co-investigator	10/2008- Present
Quality of Life in Patients with a Left Ventricular Assist Device Prospective study examining the quality of life in patients pre-and post-LVAD placement <u>Investigators:</u> Margaret Murray, RN, Ranak Trivedi, PhD, Nancy Sweitzer, MD, PhD <u>Role:</u> Co-Investigator	02/2007- 12/2008
DISCOVER Study Prospective study examining biobehavioral correlates of patients with heart failure. <u>PI:</u> Andrew Sherwood, PhD <u>Roles:</u> Project Coordinator, Research Assistant	05/2003- 06/2005
Donepezil Study A placebo-controlled trial to evaluate the effects of Aricept® (donepezil) on cognitive functioning in patients who are post coronary artery bypass graft. <u>PI:</u> James A. Blumenthal, PhD <u>Role:</u> Administered neurocognitive test battery	07/2003- 05/2004
ENDEAVOR Study Cross-sectional study examining the acute effects of plant-based estrogen and progesterone on endothelial function in women with and without coronary artery disease. <u>PI:</u> Andrew Sherwood, PhD <u>Role:</u> Research Assistant	09/2001- 05/2002; 05/2003- 08/2003
Study of Children's Activity & Nutrition (SCAN) Prospective study examining biobehavioral precursors to hypertension in children and adolescents without family history of hypertension. <u>PI:</u> Frank A. Treiber, PhD <u>Roles:</u> Project Coordinator, Research Assistant III, Research Intern	05/1997- 06/2001
Hypertension Study Prospective study examining biobehavioral precursors to hypertension in children and adolescents with family history of hypertension. <u>PI:</u> Frank A. Treiber, PhD <u>Roles:</u> Project Coordinator, Research Assistant III, Research Intern	05/1997- 06/2001
Georgia Cardiovascular Twin Study Prospective study examining gene-environment interactions in the development of risk factors of hypertension and cardiovascular disease in a sample of >400 pairs of European American and African American twins. <u>PI:</u> Frank A. Treiber, PhD <u>Roles:</u> Project Coordinator, Research Assistant, Research Intern	05/1997- 06/2001
Transcendental Meditation® in Long-Term Meditators Pilot Study Pilot study examining the differences in hemodynamic functioning between long-term meditators and age-matched controls. <u>PI:</u> Frank A. Treiber, PhD <u>Roles:</u> Project Coordinator, Research Assistant, Research Intern	06/1998- 05/1998

b) Clinical Experience

Health Psychology Postdoctoral Fellow

Medical/Surgical Consultation Liaison Service

09/2006-

09/2007

University of Wisconsin Hospitals & Clinics, Madison, WI
Supervisor: M. Denise Connelly, PhD; Jack Sherman, PhD

Provided short- and long-term assessment and treatment to medical inpatients and outpatients with comorbid psychiatric symptoms on non-psychiatric wards including burn, trauma, cardiology, oncology, hospitalist care, palliative care; conducted pre-surgical transplant evaluations for kidney donors, kidney recipients, patients awaiting heart transplant, and patients awaiting left ventricular assist device (LVAD) implantation. Provided psychotherapy to patients with comorbid medical and psychiatric conditions. Conducted evaluations to determine decisional capacity. Established a health psychology outpatient clinic within the burn outpatient clinic to provide continuity of care between inpatient and outpatients, and to serve burn injury outpatients with adjustment difficulties. Led support groups among nurses in charge of complex inpatients as needed. Initiated study examining depression and pre and post-wound care anxiety as predictors of PTSD in burn patient.

Health Psychology Intern

07/2005-
06/2006

University of Wisconsin Hospitals & Clinics, Madison, WI

Training Directors: Greg Kolden, PhD, Joel R. Wish, PhD, Stephanie Farrell, PhD

Short- and long-term treatment to medical inpatients with comorbid psychiatric symptoms in non-psychiatric wards including burn, trauma, rehabilitation, cardiology, oncology, hospitalist care, palliative care; outpatient psychotherapy for patients with psychiatric illness, HIV/AIDS, neurological diseases, and cardiovascular diseases. Trained in biofeedback.

Practicum Student

07/2004-
06/2005

Duke University Medical Center, Durham, NC

Supervisor: Clive Robins, PhD

Individual and group therapy using CBT and DBT to patients with Axis I and II disorders; Co-led DBT group skills training sessions

Practicum Student

05/2003-
05/2004

Duke University Medical Center, Durham, NC

Supervisor: James A. Blumenthal, PhD

Pre-surgical evaluation of solid organ transplantation candidates and kidney donors; administered neuropsychological tests to patients status post coronary artery bypass graft.

Practicum Student

05/2002-
08/2003

Duke University: Department of Psychology Training Clinic

Supervisor: Ron Batson, MD

Individual psychotherapy with patients with mood disorders; established collaboration with the endocrinology clinic at Duke University Medical Center to provide consultation to women newly diagnosed with polycystic ovary syndrome (PCOS)

c) Languages:

Fluent in speaking, reading, and writing English, Hindi, and Gujarati

d) Instrumentation:

Ambulatory Impedance Monitor (AIM-8); Minnesota Impedance Cardiograph; Finapres®; Actiwatch ®; Oscar® Ambulatory Blood Pressure Monitor; Spacelabs® 90207 Ambulatory Blood Pressure Monitor; Dual Energy X-Ray Absorptiometer (DXA)®; NCCOM 6& 7; caliper-based skinfold measurements of body fat; evaluation of intima-media thickness in the brachial and femoral arteries using the caliper method on ultrasound images; all related software.

13. TEACHING HISTORY

a) Formal Courses

Dept. of Psychology, Augusta State University, Augusta, GA

05/1997-07/1997

Course: Introduction to Psychology (Undergraduate)

Supervisor: Stephen H. Hobbs, PhD

Role: Teaching Assistant

of Students: 60

Dept. of Psychology, Augusta State University, Augusta, GA 09/1997-12/1997
Course: Proseminar I (Introduction course, Graduate)
Supervisor: Stephen H. Hobbs, PhD
Role: Teaching Assistant
of Students: 25

Dept. of Psychology, Augusta State University, Augusta, GA 01/1998-03/1998
Course: Abnormal Psychology (Undergraduate)
Supervisor: Stephen H. Hobbs, PhD
Role: Teaching Assistant
of Students: 25

Dept. of Psychology, Augusta State University, Augusta, GA 01/1998-03/1998
Course: Personality Assessment (Graduate)
Supervisor: John T. Sappington, PhD
Role: Teaching Assistant
of Students: 25

Dept. of Psychology, Duke University, Durham, NC 01/2002-05/2002
Course: Research Methods in Health Psychology (Undergraduate)
Supervisor: James A. Blumenthal, PhD
of Students: 10

b) Other Teaching:

Annual Seminar, "Masters' Careers in Psychology" Augusta State University 1998,1999
PhD Seminar, "Couples Caring for Complex Chronic Conditions" 11/2010
PhD Preliminary Exam Article Review Examiner (with Steve Zeliadt, PhD) 05/2011-08/2012
PhD Seminar, "Caregiver Influence on Caregiver and Patient Well-being" 11/2012

14. ADVISING AND FORMAL MENTORING

a) Masters' Theses, Non-chair: 03/2010-08/2010
David Montgomery (2nd Year MPH Student, SBS)
Thesis Committee Member

b) Masters' Theses, Chair 09/2011-06/2012
Virginia Weir (2nd Year MPH Student)

c) Mentored Scientists/Postdocs

Kelly McDermott, PhD 01/2010-09/2012
VA Health Services R&D Analyst

Denise Cooper, PhD 08/2011-Present
VA Health Services Fellow

Joel Grossbard, PhD 10/2010-Present
VA Health Services Fellow