Joel D. Killen, Ph.D.

Stanford Prevention Research Center Stanford University School of Medicine 1070 Arastradero Road Suite 300 Palo Alto, CA 94303-1334 T: (650) 725-9443

EMAIL: JKillen@STANFORD.EDU

EDUCATION

1977-1982: Ph.D., Counseling Psychology, Stanford University

1972-1974: Graduate work, Communication Research, University of Oregon

1968-1972: B.A., Rhetoric/History, University of California, Davis

CLINICAL TRAINING

Staff Psychologist, 1984-1989, Coronary Artery Monitoring Project, Stanford University Medical School Clinical Staff, 1982-1984, Behavioral Medicine Clinic, Stanford University Medical School Clinical Intern, 1980-82, Stress Reduction Clinic, Stanford University Medical School Clinical Intern, 1978-81, Stanford Counseling Institute, Stanford University

LICENSE

Licensed Psychologist: California (Clinical) # 9541

PROFESSIONAL APPOINTMENTS

2000 - Professor (Research) Department of Medicine, Stanford University School of Medicine

1993-1999: Associate Professor (Research), Department of Medicine, Stanford University School of Medicine

1992-1993: Senior Research Scientist, NICHD, National Institutes of Health

1990-1992: Senior Research Scientist, Department of Medicine, Stanford University School of Medicine

1984-1990: Research Associate, Department of Medicine, Stanford University School of Medicine

AWARDS/HONORS

Fellow, Society of Behavioral Medicine

Fellow, Council on Epidemiology, American Heart Association

Founding Member, Society for Research on Nicotine and Tobacco

National Research Service Award for Postdoctoral work in Behavioral Medicine & CVD Epidemiology, Stanford University Medical School (1982-84)

National Research Service Award for Predoctoral work in Behavioral Medicine & CVD Epidemiology, Stanford University Medical School (1980-82)

Testified before the U.S. House of Representatives Select Committee on Children, Youth, and Families "Eating Disorders: The Impact on Children and Families" 7/17/87.

PUBLICATIONS

- Peer Reviewed Journal Articles (total = 118)
- Sarginson, J.E., **Killen, J.D.**, Lazzeroni, L.C., Fortmann, S.P., Ryan, H.S., Schatzberg, A.F. & Murphy, G.M. Jr. (2011). Markers in the 15q24 nicotinic receptor subunit gene cluster (CHRNA5-A3-B4) predict severity of nicotine addiction and smoking cessation treatment response. *American Journal of Medical Genetics Part B, in press / on line version January 25.*
- Bailey, S.R., Crew, E.E., Riske, E.R., Ammerman, S., Robinson, T.N. & **Killen, J.D**. (2011). Efficacy and tolerability of pharmacotherapies to aid smoking cessation in adolescents. *CNS Drug Reviews*, in press.
- **Killen, J.D.**, Fortmann, S.P., Murphy, G., Hayward, C., Fong, D., Lowenthal, K., Bryson, S.W., Killen, D.T. & Schatzberg, A.F. (2010). Failure to improve cigarette smoking abstinence with transdermal selegiline and cognitive behavior therapy. *Addiction*, 105, 1660-1668.
- Bailey, S.R., Fong, D., Bryson, S.W., Fortmann, S.P. & **Killen, J.D**. (2010). Perceived drug assignment and treatment outcome in smokers given nicotine patch therapy. *Journal of Substance Abuse Treatment,* 39, 150-156.
- Robinson, T.N., Matheson, D.M., Kraemer, H.C., Wilson, D.M., Obarzanek, E., Thompson, N.S., Alhassan, S., Spencer, T.R., Haydel, K.F., Fujimoto, M., Varady, A. & **Killen, J.D**. (2010). A Randomized controlled trial of culturally-tailored dance and reducing screen time to prevent weight gain in low-Income African-American girls: Stanford GEMS, *Archives of Pediatrics and Adolescent Medicine*.
- Bailey, S.R., Hammer, S., Bryson, S.W., Schatzberg, A.F. & **Killen, J.D**. (2010). Using treatment process data to predict maintained smoking cessation. *American Journal of Health Behavior*, 34, 801-810.
- Bailey, S.R., Harrison, C.T., Jeffery, C.J., Ammerman, S., Bryson, S.W., Killen, D.T., Robinson, T.N., Schatzberg, A.F. & **Killen, J.D**. (2009). Withdrawal symptoms over time among adolescents in a smoking cessation intervention: Do symptoms vary by level of nicotine dependence? *Addictive Behaviors, 34, 1017-1022*.
- **Killen, J.D.**, Fortmann, S.P., Schatzberg, A.F., Arredondo, C.J, Murphy, G., Hayward, C., Cromp, D., Celio, M., Fong, D. & Pandurangi M. (2008). Extended Cognitive Behavior Therapy for Cigarette Smoking Cessation. *Addiction*, 103, 1381-1390.
- Robinson, T.N., Kraemer, H.C., Matheson, D.M., Obarzanek, E., Wilson, D.M., Haskell, W.L., Pruitt L.A., Thompson, N.S., Haydel, K.F., Fuimoto, M., Varady, A., McCarthy, S., Watanabe, C., **Killen, J.D**. (2008). Stanford GEMS phase 2 obesity prevention trial or low-income African-American girls: Design and sample baseline characteristics, *Contemporary Clinical Trials*, 29, 56-69.
- Hayward, C., Wilson, K.A., Lagle, K., Kraemer, H.C., **Killen, J.D.**, Schatzberg, A.F., Taylor, C.B. (2008). The developmental psychopathology of social anxiety in adolescents. *Depression* and *Anxiety*, 25,200-6.
- Robinson, T.N., Matheson, D.M., Kraemer, H.C., Obarzanek, E., Wilson, D.M., Haskell, W.L., Pruitt L.A., Thompson, N.S., Haydel, K.F., Fujimoto, M., Varady, A. & **Killen, J.D**. (2007). The Stanford GEMS: Long-term efficacy of after-school dance and screen time reduction in low-income African-American girls, *Circulation*, 116S, 843.

- **Killen, J.D.**, Fortmann, S.P., Murphy, G., Hayward, C., Arredondo, C.J., Cromp, D., Celio, M., Abe, L., Wang, Y., Schatzberg, A.F. (2006). Efficacy of extended treatment with bupropion for cigarette smoking cessation. *Journal of Consulting and Clinical Psychology*, 74, 286-94.
- Matheson, D.M., Robinson, T.N., Varady, A. & **Killen, J.D**. (2006). Do Mexican-American Mothers' Food-related Parenting Practices Influence Their Children's Weight and Dietary Intake? *Journal of the American Dietetic Association*, 106, 1861-1865.
- **Killen, J.D.**, Robinson, T.N., Ammerman, S., Hayward, C., Rogers, J., Stone, C., Samuels, D., Levin, S.K, Green, S. & Schatzberg, A.F. (2004). Randomized controlled trial of the efficacy of nicotine patch and bupropion in the treatment of adolescent smokers. *Journal of Consulting and Clinical Psychology*, 72, 729-735.
- **Killen, J.D.**, Robinson, T.N., Ammerman, S., Hayward, C., Rogers, J., Stone, C., Samuels, D., Levin, S.K. & Schatzberg, A.F. (2004). Major depression among adolescent smokers undergoing treatment for nicotine dependence. *Addictive Behaviors*, 29,1517-1526.
- Hayward, C., Wilson, K.A., Lagle, K., **Killen, J.D**. & Taylor, C.B. (2004). Parent reported risk factors for panic attacks and anxiety sensitivity in adolescents. *Journal of the Academy of Child and Adolescent Psychiatry*, 43, 613-20.
- Winkleby, M., Feighery, E., Dunn, M., Kole, S., Ahn, D. & **Killen, J.D**. (2004). Effects of an advocacy intervention to reduce smoking among teenagers. *Archives of Pediatrics and Adolescent Medicine*, 158, 269-275.
- Romero A.J., Robinson, T.J., Haydel, K.F., Mendoza, F., **Killen. J.D**. (2004). Associations among familism, language preference, and education in Mexican-American mothers and their children. *Developmental Pediatrics*, 25, 34-40.
- Matheson, D.M., **Killen, J.D.**, Wang, Y., Varady, A. & Robinson, T.N. (2004). Children's food consumption while watching television. *American Journal of Clinical Nutrition*, 79, 1088-1094.
- Sherwood, N.E., Beech, B.M., Klesges, L.M., Story, M., **Killen, J.D.** et al. (2004). Meaurement characteristics of weight concern and dietary measures in 8-10 year old African-American girls from GEMS pilot studies. *Preventive Medicine*, 38 (Suppl), 50-59.
- **Killen, J.D.**, Fortmann, S.P. Schatzberg, A.F., Hayward, C. & Varady, A. (2003). Does smoking cessation trigger major depression? *Addictive Behaviors*, 28, 461-470.
- Hayward, C., **Killen, J.D.** & Taylor, C.B. (2003). The relationship between agoraphobia and panic disorder in a non-clinical sample of adolescents. *Psychological Medicine*, 33, 733-738.
- McKnight Investigators. Risk factors for the onset of eating disorders in adolescent girls: Results of the McKnight longitudinal risk factor study.(2003). *American Journal of Psychiatry*, 160,248-254.
- Robinson, T,N., **Killen, J.D.**, Kraemer, H.C., Wilson, D.M. et al. (2003). Dance and reducing television viewing to prevent weight gain in African American girls: The Stanford GEMS pilot study. *Ethnicity and Disease*, 13 (Supplement 1), s65-77.
- Celio, A.A., Bryson, S., Killen, J.D. & Taylor, C.B. (2003). Are Adolescents Harmed When Asked Risky Weight

- Behavior and Attitude Questions? Implications for Consent Procedures. *International Journal of Eating Disorders*, 34, 251-254.
- **Killen, J.D.**, Fortmann, S.P. Kraemer, H.C. & Varady, A. (2002). Do men outperform women in smoking cessation studies? Maybe Bu t Not By Much. *Experimental and Clinical Psychopharmacology*, 10, 295-301.
- Weems, C.F., Hayward, C., **Killen, J.D.** & Taylor, C.B. (2002). A longitudinal investigation of anxiety sensitivity in adolescence. *Journal of Abnormal Psychology*, 111, 471-477.
- Matheson, D.M., Varady, J., Varady, A. & **Killen, J.D.** (2002). Household food security and nutritional status of fifth grade Hispanic children. *American Journal of Clinical Nutrition*, 76, 210-217.
- Kiernan, M., King, A.C., Stefanick, M.L. & **Killen, J.D.** (2001). Men, but not women, gain additional psychological benefits specific to weight control by adding exercise to a weight loss program. *Obesity Research*, 12, 770-777.
- Howard-Pitney, B., Fortmann, S.P. & **Killen, J.D.** (2001). Are the results of clinical trials generalizable? An example from a chewing tobacco cessation study. *Nicotine and Tobacco Research*, 3, 347-52.
- Romero, A., Robinson, T.N., Haydel, K.F., Kraemer, H.C., Erickson, S., Mendoza, F. & **Killen, J.D.** (2001). Are perceived neighborhood hazards a barrier to physical activity in children? *Archives of Pediatrics and Adolescent Medicine*, 55, 1143-1148.
- **Killen, J.D.**, Ammerman, S., Rojas, N. Haydel, K.F. & Robinson, T.N (2001). Do adolescent smokers experience withdrawal when deprived of nicotine? *Experimental and Clinical Psychopharmacology* 9, 176-182.
- Robinson, T.N., Chang, J.Y., Haydel, K.F., **Killen, J.D.** (2001). Overweight concerns, body dissatisfaction and desired body shape among 3rd grade children: The impact of ethnicity, socioeconomic status and acculturation. *Journal of Pediatrics*, 138, 181-187.
- **Killen, J.D.**, Fortmann, S.P., Schatzberg, A.F., Hayward, C., Sussman, L., Rothman, M., Strausberg, L. & Varady, A. (2000). Nicotine replacement therapy and paroxetine for smoking cessation. *Journal of Consulting and Clinical Psychology*. 68, 883-889.
- Hayward, C., **Killen, J.D.**, Kraemer, H.C., Taylor, C.B. (2000). Prospective predictors of panic in adolescents. *Journal of the Academy of Child Psychiatry*, 39, 1-8.
- Stice, E., Hayward, C., Cameron, R.P., **Killen, J.D.** & Taylor, C.B. (2000). Body image and eating related factors predict onset of depression among female adolescents: A longitudinal study. *Journal of Abnormal Psychology*, 109, 438-444.
- Erickson, S., Robinson, T.N., Haydel, K.F. & **Killen, J.D.** (2000). Are overweight children unhappy? Body Mass Index, Depressive Symptoms, and overweight concerns in elementary school children. *Archives of Pediatrics and Adolescent Medicine*, 154, 931-935.
- Borzekowski, D., Robinson, T.N., **Killen, J.D.** (2000). Does the camera add ten pounds? Media use, perceived importance of appearance, and weight concerns among teenage girls, *Journal of Adolescent Health*, 26, 36-41.

- **Killen, J.D.**, Fortmann, S.P., Davis, L., Strausberg, L., Varady, A. (1999). Do heavy smokers benefit from higher dose nicotine patch therapy? *Experimental and Clinical Psychopharmacology*, 7, 226-33.
- Howard-Pitney, B., **Killen, J.D.**, Fortmann, S.P. (1999). Quitting chew: Results from a randomized trial using nicotine patches. *Experimental and Clinical Psychopharmacology*, 7, 362-367.
- Stice, E., Cameron, R., **Killen, J.D.**, Hayward, C., Taylor, C.B. (1999). Naturalistic weight reduction efforts prospectively predict growth in adiposity and onset of obesity among female adolescents. *Journal of Consulting and Clinical Psychology*, 67, 967-974.
- Daughton, D.M, Fortmann, S.P., Glover, E.D., Hatsukami, D.K., Heatley, S.A., Lichtenstein, E., Repsher, L., Millatmal. T., **Killen, J.D.**, Nowak, R.T., Ulrich, F., Patil, K.D., Rennard, S.I. (1999). The smoking cessation efficacy of varying doses of nicotine patch delivery systems 4 to 5 years post-quit day. *Preventive Medicine*, 28, 113-118.
- Gowen, L.K., Hayward, C., **Killen, J.D.**, Robinson, T.N., Taylor, C.B. (1999). Acculturation and eating disorder symptoms in adolescent girls. *Journal of Research in Adolescence*, 9, 67-83.
- Shisslak, C.M., Renger, R., Crago, M., McKnight, K.M., Gray, N., Bryson, S., Altman, T., Estes, L.S., Parnaby, O.G., **Killen, J.D.**, Taylor, C.B. (1999). Development and evaluation of the McKnight Risk Factor Survey for Assessing Potential Risk and Protective Factors for Disordered Eating in Preadolescent and Adolescent Girls. *International Journal of Eating Disorders*, 25, 195-214.
- Hayward, C., **Killen, J.D.**, Kraemer, H.C., Taylor, C.B. (1998). Linking self-reported childhood behavioral inhibition to adolescent social phobia. *Journal of the American Academy of Child and Adolescent Psychiatry*, 37, 1308-1316.
- Stice, E., **Killen, J.D.**, Hayward, C, Taylor, C.B. (1998). Age of onset for binge eating and purging during late adolescence: A four-year survival analysis, *Journal of Abnormal Psychology*, 107, 671-675.
- Stice, E., **Killen, J.D.**, Hayward, C, Taylor, C.B. (1998). Support for the continuity hypothesis of bulimic pathology, *Journal of Consulting and Clinical Psychology*, 66, 784-790.
- Robinson, T.N., Chen, H.L., **Killen, J.D.** (1998). Television and music video exposure and risk of adolescent alcohol use. *Pediatrics,* 102, 1-6.
- Rojas, N., **Killen, J.D.**, Haydel, K.F., Robinson, T.N. (1998). Nicotine dependence and withdrawal symptoms in adolescent smokers. *Archives of Pediatrics and Adolescent Medicine*, 152, 151-156.
- Altman, T., **Killen, J.D.**, Bryson, S. et al (1998). Association of attachment style and weight concerns. *International Journal of Eating Disorders*, 23, 39-44..
- Altman, D., Feighery, E., Robinson, T.N., Strausberg, L, Lorig, K. & **Killen, J.D.** (1998). Psychosocial factors associated with youth involvement in community activities promoting heart health. *Health Education and Behavior*, 25, 489-500.
- Kiernan, M., King, A.C., Kraemer, H.C., Stefanick, M.L., Hull, M. & **Killen, J.D.** (1998). Characteristics of successful and unsuccessful dieters: An application of signal detection theory. *Annals of Behavioral Medicine*, 20. 1-7.

- Taylor, C.B., Altman, T., Shisslak, C., Bryson, S., Estes, L.S., Gray, N., McKnight, K.M., Crago, M., Kraemer, H.C., **Killen, J.D.** et al (1998). Factors associated with weight concerns in adolescents. *International Journal of Eating Disorders*, 24, 31-42.
- **Killen, J.D.**, Fortmann, S.P., Davis, L., Varady, A. (1997). Nicotine patch and self-help video for smoking cessation. *Journal of Consulting and Clinical Psychology*, 65, 663-672.
- **Killen, J.D.**, Robinson T.N., Haydel, K.F., Hayward, C., Wilson, D.M., Hammer, L.D., Litt, I.F. & Taylor, C.B. (1997). Prospective study of risk factors for the initiation of cigarette smoking, *Journal of Consulting and Clinical Psychology*, 65, 1011-1016.
- **Killen, J.D.** & Fortmann, S.P. (1997). Craving is associated with smoking relapse: Findings from three prospective studies, *Experimental and Clinical Psychopharmacology*, 5, 137-142.
- Hayward, C., **Killen, J.D.**, Wilson, D.M., Hammer, L.D., Litt, I.F., Kraemer, H.C., Haydel, K.F., Varady, A. and Taylor, C.B. (1997). Psychiatric risk associated with early puberty in adolescent girls. *Journal of the American Academy of Child and Adolescent Psychiatry*, 36, 255-262.
- Robinson, T.N. & **Killen, J.D.** (1997). Do cigarette warning labels reduce smoking? Paradoxical effects among adolescents. *Archives of Pediatrics and Adolescent Medicine*, 151, 267-272.
- Hayward, C., **Killen, J.D.**, Kraemer, H.C., Blair-Greiner, A., Strachowski, D., Cunning, D., Taylor, C.B. (1997). Assessment and phemonenology of nonclinical panic attacks in adolescent girls. *Journal of Anxiety Disorders*, 11, 17-32.
- **Killen, J.D.**, Fortmann, S.P., Kraemer, H.C., Varady, A.N., Davis, L., Newman, B. (1996). Interactive effects of depression symptoms, nicotine dependence and weight change on late smoking relapse. *Journal of Consulting and Clinical Psychology*, 64, 1060-1067.
- **Killen, J.D.**, Taylor, C.B., Hayward, C., Haydel, K.F., Wilson, D.M., Hammer, L., Kraemer, H.C., Blair-Greiner, A., Strachowski, D. (1996). Weight concerns influence the development of eating disorder symptoms: A four year prospective study. *Journal of Consulting and Clinical Psychology*, 64, 936-940.
- **Killen, J.D.**, Hayward, C., Wilson, D.M., Haydel, K.F., Robinson, T.N., Hammer, L., Taylor, C.B., Varady, A. (1996). The role of expectancy and temperament in the prediction of drinking in a community sample of adolescents. *Addictive Behaviors*, 21, 473-480.
- Robinson, T.N., **Killen, J.D.**, Litt, I.F., Hammer, L.D., Wilson, D.M., Haydel, K.F., Hayward, C., Taylor, C.B. (1996). Ethnicity and body dissatisfaction: Are hispanic and asian girls at increased risk for eating disorders? *Journal of Adolescent Health*, 19, 384-393.
- Robinson, T.N. & **Killen, J.D.** (1995). Ethnic and gender differences in the relationship between television viewing and obesity, physical activity, and dietary fat intake. *Journal of Health Education*, 26, 91-98.
- Fortmann, S.P. & **Killen, J.D.** (1995). Nicotine gum and self-help behavioral treatment for smoking relapse prevention: Results from a trial using population-based recruitment. *Journal of Consulting and Clinical Psychology*, 63, 460-468.

- Hayward, C., Taylor, C.B., Blair-Greiner, A., Strachowski, D., **Killen, J.D.**, Wilson, D.M., Hammer, L.D. (1995). School refusal in early adolescent girls with nonclinical panic attacks. *Journal of Anxiety Disorders*, 9, 329-338.
- Stewart, A.L., King, A.C., **Killen, J.D.** & Ritter, P.L. (1995). Does smoking cessation improve health-related quality of life? *Annals of Behavioral Medicine*, 17, 331-338.
- **Killen, J.D.** & Fortmann, S.P. (1994). The role of nicotine dependence in smoking relapse: Results from a prospective study using a population-based recruitment approach. *International Journal of Behavioral Medicine*, 1, 320-334.
- **Killen, J.D.**, Taylor, C.B., Hayward, C., Wilson, D.M., Haydel, K.F., Robinson, T.N., Litt, I., Simmonds, B.A., Varady, A., Kraemer, H. (1994). The pursuit of thinness and onset of eating disorder symptoms in a community sample of adolescent girls: A three year prospective analysis. *International Journal of Eating Disorders*, 16, 227-238.
- **Killen, J.D.**, Hayward, C., Wilson, D.M., Taylor, C.B.,, Hammer, L.D., Litt, I., Simmonds, B.A., Haydel, F. (1994). Factors associated with symptoms of bulimia nervosa in a community sample of 11 and 12 year old girls. *International Journal of Eating Disorders*, 15, 357-367.
- Fortmann, S.P. & **Killen, J.D.** (1994). Who shall quit? Comparison of volunteer and population-based recruitment in two minimal-contact smoking cessation studies. *American Journal of Epidemiology*, 140,39-51.
- Wilson, D.M., **Killen, J.D.** et al. (1994). Timing and rate of sexual maturation are associated with the age of onset of alcohol and cigarette use among teenage girls. *Archives of Pediatrics and Adolescent Medicine*, 148, 789-795.
- Transdermal Nicotine Study Group (1994). Nicotine replacement therapy for patients with coronary artery disease. *Archives of Internal Medicine*, 154, 989-995.
- **Killen, J.D.**, Taylor, C.B., Hammer, L.D., Litt, I., Wilson, D.M., Rich, T., Hayward, C., Simmonds, B.A., Kraemer, H., Varady, A. (1993). An attempt to modify unhealthful eating attitudes and weight regulation practices of young adolescent girls. *International Journal of Eating Disorders*, 13, 369-384.
- Jarvik, M., **Killen, J.D.**, Varady, A., Fortmann, S.P. (1993). The favorite cigarette of the day. *Journal of Behavioral Medicine*, 16, 1-10.
- Robinson, T.N., Hammer, T.N., **Killen, J.D.** (1993). Does television viewing increase obesity and reduce physical activity? Cross-sectional and longitudinal analyses among adolescent females. *Pediatrics*, 91, 273-280.
- **Killen, J.D.**, Hayward, C., Litt, I., Hammer, L.D., Wilson, D.M., Miner, B., Taylor, C.B., Varady, A., Shisslak, C. (1992). Is puberty a risk factor for eating disorders?, *American Journal of Diseases of Children, 146, 323-325.*
- **Killen, J.D.**, Fortmann, S.P., Kraemer, H.C., Varady, A., Newman, B. (1992). Who will relapse? Symptoms of nicotine dependence predict long-term relapse following smoking cessation, *Journal of Consulting and Clinical Psychology*, 60, 797-801.

- Hayward, C., **Killen, J.D.**, Litt, I., Hammer, L., Wilson, D., Taylor, C.B., Miner, B. (1992). Pubertal Stage and Panic Attack Occurence in 6th and 7th Grade Girls, *American Journal of Psychiatry*, 149, 1239-1243.
- Wilson, D.M., Stene, M.A., **Killen, J.D.**, Hammer, L.D., Litt, I., Hayward, C., Taylor, C.B. (1992). Insulin-like growth factor binding protein-3 in normal pubertal girls, *Acta Endocrinologica*, 126, 381-386.
- **Killen, J.D.**, Fortmann, S.P., Newman, B., Varady, A. (1991). Prospective study of factors influencing the development of craving associated with smoking cessation. *Psychopharmacology*, *105*, 2, 191-196.
- Wilson, D.M., **Killen, J.D.**, Hammer, L.D., Litt, I.F., Vosti, C., Miner, B., Taylor, C.B., Hayward, C. (1991). Insulin-like growth factor-I as a reflection of body composition, nutrition, and puberty in 6th and 7th grade girls. *Journal of Clinical Endocrinology & Metabolism*, 73, 907-912.
- Hammer, L.D., Wilson, D.M., Litt, I., **Killen, J.D.**, Taylor, C.B., Miner, B., Vosti, C. (1991). The Impact of pubertal development on body fat distribution among white, hispanic and asian female adolescents, *Journal of Pediatrics*, *118*, 975-980.
- Transdermal Nicotine Study Group. (1991). Transdermal nicotine for smoking cessation. Six-month results from two multicenter controlled clinical trials. *Journal of the American Medical Association*, 266, 3133-3138.
- **Killen, J.D.**, Fortmann, S.P., Newman, B., Varady, A. (1990). Evaluation of a treatment approach combining nicotine gum with self-guided behavioral treatments for smoking relapse prevention. *Journal of Consulting and Clinical Psychology*, *58*, 85-92.
- **Killen, J.D.**, Fortmann, S.P., Newman, B. (1990). Weight change among participants in a large sample minimal contact smoking relapse prevention trial. *Addictive Behaviors*, 15, 323-332.
- Reynolds, K.D., **Killen, J.D.**, Bryson, S.W., Maron, D.J., Taylor, C.B., Maccoby, N., Farquhar, J.W. (1990). Psychosocial predictors of physical activity in adolescents. *Preventive Medicine*, 19, 541-551.
- Telch M.J., Miller L.M., **Killen J.D.**, Cooke S., Maccoby N. (1990). Social pressures resistance training for smoking prevention: The effects of videotape delivery with and without same-age peer leader participation. *Addictive Behaviors*, *15*, 21-28.
- Taylor, C.B., Miller, N., **Killen, J.D.**, DeBusk, R.F. (1990). Nurse directed smoking cessation intervention. *Annals of Internal Medicine*, *13*, 118-123.
- Cameron, R., MacDonald, M.A., Schlegel, R.P., Young, C.I., Fisher, S.E., **Killen, J.D.** (1990). Toward the development of self-help health behavior change programs: Weight loss by correspondence. *Canadian Journal of Public Health*, *81*, 275-279.
- **Killen, J.D.**, Robinson, T.N., Telch, M.J., Saylor, K.E., Maron, D.J., Rich, T., Bryson, S. (1989). The Stanford Adolescent Heart Health Program. *Health Education Quarterly*, *16*, 263-283.
- Hayward, C., **Killen, J.D.**, Taylor, C.B. (1989). Epidemiology of panic attacks in young adolescents. *American Journal of Psychiatry*, *146*, 1061-1062.
- **Killen, J.D.**, Telch, M.J., Robinson, T.N., Maccoby, N., Taylor, C.B., Farquhar, J.W. (1988). Cardiovascular disease risk reduction in tenth graders: A multiple factor school-based approach. *Journal of the American Medical Association*, *260*, 1728-1733.

- **Killen, J.D.**, Fortmann S.P., Telch M.J., Newman B. (1988). Are heavy smokers different from light smokers? A comparison after 48 hours without cigarettes. *Journal of the American Medical Association*, *260*, 1581-1585.
- Fortmann S.P., **Killen, J.D**., Telch M.J., Newman B. (1988). Minimal contact treatment for smoking cessation: A placebo-controlled trial of nicotine gum and self-directed relapse prevention. *Journal of the American Medical Association*, 260, 1575-1580.
- King, A., Saylor, K.E., Foster-Rawlins, S., **Killen, J.D.**, Telch, M.J., Farquhar, J.W., Flora, J. (1988). Promoting dietary change in adolescence: A school based program for modification and maintenance of healthful behavior. *American Journal of Preventive Medicine*, *4*, 68-74.
- **Killen, J.D.**, Taylor, C.B., Telch, M.J., Robinson, T.N., Maron, D.J., Saylor, K.E. (1987). Depressive symptoms and substance use among adolescent binge eaters and purgers: A defined population study. *American Journal of Public Health*, 77, 1539-1541.
- **Killen, J.D.**, Taylor, C.B., Telch, M.J., Saylor, K.E., Maron, D.J., Robinson, T.N. (1987). Evidence for an alcohol-stress link among normal weight adolescents reporting purging behavior. *International Journal of Eating Disorders*, *3*, 349-356.
- Robinson, T.N., **Killen, J.D.**, Taylor, C.B., Telch, M.J., Bryson, S., Maron, D.J., Saylor K.E., Maccoby, N., Farquhar, J.W. (1987). Perspectives on adolescent substance use: A defined population study. *Journal of the American Medical Association*, *258*, 2072-2076.
- Gottlieb, A., **Killen, J.D.**, Marlatt, G.A., Taylor, C.B. (1987). Psychological and pharmacological influences on cigarette smoking: The effects of nicotine gum and expectancy on smoking withdrawal symptoms and relapse. *Journal of Consulting and Clinical Psychology*, *55*,606-608.
- **Killen, J.D.**, Taylor, C.B., Telch, M.J., Saylor, K.E., Maron, D.J., Robinson, T.N. (1986). Self-induced vomiting and laxatives and diuretics use among teenagers: Precursors of the binge-purge syndrome? *Journal of the American Medical Association*, *255*, 1447-1449.
- Maron D.J., Telch M.J., **Killen, J.D.**, Vranizan, K., Saylor, K.E., Robinson, T. (1986). Correlates of seat belt use in teenagers. *Preventive Medicine*, *15*, 614-623.
- Sallis, J., Hill, R., **Killen, J.D.**, et al. (1986). Efficacy of self-help behavior modification materials in smoking cessation. *American Journal of Preventive Medicine*, 2,342-344.
- **Killen, J.D.** (1985). Prevention of adolescent tobacco smoking: The social pressures resistance training approach, *Journal of Child Psychiatry and Psychology*, 26, 7-15.
- **Killen, J.D.**, Maccoby, N., Taylor, C.B. (1984). Nicotine gum and self-regulation training in smoking relapse prevention. *Behavior Therapy*, *15*, 234-248.
- Coates, T.J., **Killen, J.D.**, Silverman, S., George, J. (1983). Cognitive activity, sleep disturbance, and stage specific differences between recorded and reported sleep. *Psychophysiology*, *20*, 243-250.
- Perry, C.L., Telch, M.J., **Killen, J.D.**, Burke, A. & Maccoby, N. (1983). High school smoking prevention: The relative efficacy of varied treatments and instructions. *Adolescence*, *18*, 561-566.

- Telch, M.J., **Killen, J.D.** (co-first authors), McAlister, A., Perry, C.L. & Maccoby, N. (1982). Long-term effects of a smoking prevention program for adolescents. *Journal of Behavioral Medicine*, *5*, 1-8.
- Coates, T.J., **Killen, J.D.**, Slinkard, L.A. (1982). Parent participation in a treatment program for overweight adolescents. *International Journal of Eating Disorders*, *1*, 37-45.
- Coates, T.J., **Killen, J.D.**, George, J., Marchini, E., Silverman, S., Thoresen, C.E. (1982). Estimating sleep parameters: A multitrait-multimethod analysis. *Journal of Consulting and Clinical Psychology*, *50*, 345-352.
- Coates, T.J., **Killen, J.D.**, George, J., Marchini, E., Silverman, S., Hamilton, S. & Thoresen, C.E. (1982). Discriminating good sleepers from sleep-maintenance insomniacs using all-night polysomnograms conducted at home. *Journal of Nervous and Mental Disease*, 170, 224-230.
- Jeffery, R.W., Danaher, B.G., **Killen, J.D.**, Kinnear, R., Farquhar, J. (1982).Self-administered programs for health behavior change. *Addictive Behaviors*, *7*, 57-63.
- Coates, T.J., Jeffery, R.W., Slinkard, L.A., **Killen, J.D.**, Danaher, B.G. (1982). Frequency of contact and monetary reward in weight loss, lipid change, and blood pressure reduction with adolescents. *Behavior Therapy*, *13*, 175-185.
- Nader, P.R., Perry, C.L., Maccoby, N., Solomon, D., **Killen, J.D.**, Telch, M.J., Alexander, J. (1982). Adolescent perceptions of family health behavior: A tenth grade educational activity. *Journal of School Health*, *52*, 372-377.
- Coates, T.J., George, J., **Killen, J.D.** (1981). First night effects in good and poor sleepers when recorded at home. *Sleep, 4*, 293-298.
- Perry, C.L., **Killen, J.D.**, Telch, M.J., Slinkard, L.A. & Danaher, B.G. (1980). Modifying smoking behavior of teenagers: A school based intervention. *American Journal of Public Health*, 70, 722-724.
- Perry, C.L., **Killen, J.D.**, Slinkard, L.A., McAlister, A. (1980). Peer teaching and smoking prevention with adolescents, *Adolescence*, *15*, 278-281.
- McAlister, A., Perry, C.L., **Killen, J.D.**, Slinkard, L.A. & Maccoby, N. (1980). Pilot study of smoking, alcohol and drug abuse prevention. *American Journal of Public Health*, *70*, 719-721.
- Book Chapters (total = 11)
- Robinson, T.N. & **Killen, J.D.** Obesity Prevention For Children and Adolescents. In J.K. Thompson & L. Smolak (Eds.) Body Image, eating disorders, and obesity in children and adolescents: Theory, assessment, treatment, and prevention. Washington, DC: American Psychological Association, 2001.
- **Killen, J.D.** (1998). Cigarette smoking prevention. In E. Blechman & K. Brownell (Eds.) *Behavioral Medicine for Women: A Comprehensive Handbook*. Guilford Press, pp 228-232.
- McKnight Foundation Eating Disorders Prevention Research Group. (1997). The McKnight Foundation prospective study of risk factors for the development of eating disorders. In G. Noordenbos & W. Vandereycken (Eds.). *The Prevention of Eating Disorders*, London: Althone Press.

- **Killen, J.D.** (1996). Development and evaluation of a school-based disordered eating behaviors prevention program. In L. Smolak, M. Levine, R. Striegel-Moore (Eds.) *Developmental Psychopathology of Eating Disorders*, New Jersey: Lawrence Erlbaum, pp. 313-340.
- **Killen, J.D.** & Robinson, T.N. (1988). School-based health behavior change research: The Stanford Adolescent Heart Health Program as a model for cardiovascular disease risk reduction. In E. Rothkopf (Ed.) *Review of Research in Education* 15, Wash D.C.: AERA, pp. 171-200.
- **Killen, J.D.**, Maccoby, N., Telch, M.J., Taylor, C.B., Farquhar, J.W. (1987). The Stanford Adolescent Heart Health Project: Design and Methods. In D. Tamir (ed.) *Health Education in Schools*, London: Freund, pp. 83-98.
- Rennert, M., Telch, M.J., Farquhar, J.W., **Killen, J.D.** Single versus multiple risk factor interventions: An examination of the issues. In J.C. Bailar (Ed.) *Integration of Risk Factor Interventions*. ODPHP Monograph Series, USDHHS (PHS), November, 1986.
- Hall, S.M. & **Killen, J.D.** (1985). Psychological and pharmacological approaches to smoking relapse prevention. In J. Grabowski & S. Hall (Eds.) *Pharmacological adjuncts in smoking cessation*. National Institute on Drug Abuse Research Monograph No. 53. DHEW Pub. No. (ADM) 85-1333, Washington, D.C., U.S. Gov't. Printing Office.
- **Killen, J.D.** & Coates, T.J. (1984). Insomnia: What is it and how do we treat it? In C.M. Franks (Ed.) *New Developments in Behavior Therapy*. New York: Haworth Press, Pp. 377-408.
- Saylor, K.E., Coates, T.J., **Killen, J.D.**, Slinkard, L.A. Nutrition education research: Fast or famine. In T.J. Coates et al (Eds.) *Promoting Adolescent Health*. New York: Academic Press, 1982.
- Coates, T.J., Perry, C.L., **Killen, J.D.**, Slinkard, L.A. (1981). Primary prevention of cardiovascular disease in childhood and adolescence. In C.K. Prokop & L.A. Bradley (Eds.) *Medical Psychology: Contributions to Behavioral Medicine*. New York: Academic Press, Pp. 157-196.

Under review

- Bailey, S.R., Jeffery, C.J., Hammer, S.A., Bryson, S.W., Killen, D.T., Ammerman, S., Robinson, T.N.. & **Killen, J.D**. Assessing Teen Smoking Patterns: Does day of week matter? *Journal of Adolescent Health, under review.*
- Bailey, S.R., Fong, D., Bryson, S.W., Fortmann, S.P. & **Killen, J.D**. Predicting successful 24-hour quit attempt in a smoking cessation intervention, JCCP, *Nicotine and Tobacco Research*

Books

Taylor, C.B. & Killen, J.D. (1991). The Facts About Smoking. Consumer Reports Books.

GRANTS

Current Funding

NIH-NIDA: R01DA017441 Extended Treatment for Smoking Cessation, 2009-2014, PI

NIH-NIDA: R01DA017457 Selegiline Patch Treatment for Nicotine Dependence, 2005-2009, PI NIH-NCI: R01CA118035 Extended Cessation Treatment for Teen Smokers, 2006-2011, PI

NIH-NIDDK: R01DK073377 Nutrition Rx and Play Group Exercise for Latinas, 2006-2010, **Co-PI** NIH-NIDDK: R01*Ethnic Dance and Screen Time Reduction to Prevent Weight Gain*, 2006-2011, **Co-PI**

Prior Funding

NIH-NIDA: R01DA017441 Behavioral Maintenance Treatment for Smoking Cessation, 2003–2007, PI NIH-NHLBI: R01HL070218 Family-based Nutrition Intervention for Latino Children, 2003-2007, PI NIH-NCI: R01CA 80268 NRT&Zyban for Smoking Cessation Among High-Risk Teens, 1999-2003, PI

NIH-NHLBI: R01HL62224 Reducing Television to Prevent Obesity, 1999-2002, Co-PI

NIH-NHLBI: U01HL62663 Innovative Obesity Prevention for African American Girls, 1999-2006, Co-PI

TRDRP: 7RT-0094 Effects of Selegiline on Craving, 1998-2000, PI

NIH-NIDA: R01DA12530 High Risk Teen Smoking Prevention Through Advocacy, 1998-2002, Co-PI NIH-NCI: R01CA77014 Nicotine Withdrawal Syndrome in Adolescent Smokers, 1997-1999, **PI**

TRDRP: 6RT-0041 NRT and Paroxetine for Smoking Cessation, 1997-2000, PI

NIH-NCI: R01CA68082 Cancer Risk Factor Prevention for High Risk Youth, 1997-2002, **PI**NIH-NCI: R01CA68968 High Dose Nicotine Replacement for Heavy Smokers, 1995-1999, Co-PI

McKnight: Prospective Study of Risk Factors for Eating Disorders, 1996-1999, Co-PI

NIH-NCI: R01CA64285 Smokeless Tobacco: Nicotine Patch+Self-Help Treatment, 1995-1999, Co-PI

CWF: 95-19 Integrated School/Family Drinking and Driving Prevention, 1994–1999, PI

NIH-NINR: R01NR03597 Computer Education and Community Participation on CVD, 1993–1996, PI NIH-NHLBI: R01HL47219 Nicotine patch treatment for smoking relapse prevention, 1992-1995, Co-PI NIH-NHLBI: R01HL32185 School-based CVD Prevention Implementation/Maintenance, 1992-1996, PI

NIH-NHLBI: R01HL 48299 Computer-Assisted CVD Risk Prevention, 1992-1995, PI

NIH-NIAAA: R01AA08497 Middle School Alcohol Abuse Prevention Trial, 1990-1992, Project Director (PD)*

NIH-NHLBI: R01HL39770 Smoking cessation in heavy smokers, 1988-1993, PD*

NIH-NICHD: R01HD24240 Biobehavioral factors influencing weight in adolescents,1988-1992, PD*

NIH-NCI: R01CA38303 Self-help smoking relapse prevention, 1983-1987, PD* NIH-NHLBI: R01HL32185 CVD risk reduction in tenth graders, 1983-1987, PD*

Grant reviewer

National Heart Lung and Blood Institute National Cancer Institute

National Cancer Institute (Advisory Committee: Youth smoking prevention)

EDITORIAL SERVICES

Reviewer: Addiction, Addictive Behaviors, Archives of General Psychiatry, American Journal of Preventive Medicine, American Journal of Public Health, Behavior Therapy, Health Education and Behavior, Health Education Quarterly, Health Education Research, Health Psychology, International Journal of Eating Disorders, Journal of Abnormal Psychology, Journal of Adolescent Health, Journal of the American Medical Association, Journal of Child Psychology and Psychiatry, Journal of Consulting and Clinical Psychology, Preventive Medicine, Psychological Bulletin, Sex Roles, Tobacco Control

UNIVERSITY SERVICE

Member, Department of Medicine Appointments and Promotions Committee 2002 – 2005

Member, Center for Healthy Weight

Member, Stanford Center on Adolescence

^{*} Principal author and developer of these grants but not eligible to serve as PI

PROFESSIONAL ORGANIZATIONS

The Society of Behavioral Medicine (Fellow) American Heart Association (Fellow) Society for Research on Nicotine and Tobacco (Charter Member)

.