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**A. Identifying Data:**

Citizenship: U.S. Citizen

**B. Academic History:**

- 1969 - 1970 **Rotary International Exchange Student to West Germany**
- 1970 - 1974 **B.A. Biology** (*cum laude*), University of Pennsylvania, Philadelphia, PA
- 1976 - 1982 **PhD. Physiology**, Stanford University, Stanford, CA
- 1983 - 1986 **Fellowship in Cardiovascular Disease Prevention**, (PHS-NRSA, T32),  
Stanford Center for Research in Disease Prevention,  
Department of Medicine, Stanford University, Stanford, CA

**C. Employment History:**

- 1970 - 1974 **Work Study Program, University of Pennsylvania**, German translator: School of Education; Annenberg School of Communications, School of Veterinary Medicine
- 1974 - 1975 **Research Assistant**, Oregon Regional Primate Research Center, Beaverton, Oregon (John A. Resko Laboratory)
- 1975 - 1976 **Research Assistant**, Dept. of Physiology, Stanford University, (Julian M. Davidson Laboratory)
- 1984 - 2003 **Research Director, SCRDP Biochemistry Laboratory** (CDC-NHLBI-standardized lipoprotein laboratory)
- 1986 -1987 **Research Associate**, Dept of Medicine, Stanford Center for Research in Disease Prevention (SCRDP). Stanford University School of Medicine (SUSM)
- 1988 - 1997 **Senior Research Scientist** Dept of Medicine, SCRDP, SUSM
- 1997 - 2003 **Associate Professor of Medicine** (Research), SCRDP, SUMS  
**Associate Professor of Gynecology & Obstetrics**, *by courtesy*, SUMS
- 2003 - present **Professor of Medicine** (Research), Stanford Prevention Research Center,  
**Professor of Obstetrics & Gynecology** (Research), Stanford University
- 2012 - 2014 **Co-Director & Co-Founder, Stanford Center for Health Research on Women and Sex Differences** *in Medicine* (*Women and Sex Differences in Medicine, WSDM*), Stanford School of Medicine
- 2014 - present **Founding Director, Stanford Women's Health and Sex Differences in Medicine (WHSDM) Center**, Stanford University School of Medicine
- 2017 –2019 **Professor of Health Research & Policy** (Epidemiology), *by courtesy*, Stanford Univ.
- 2019 –present **Professor of Epidemiology and Population Health**, *by courtesy*, Stanford Univ.

**D. Research Projects and Funding:****Current**

- 2007-2021 **Program Leader** (5P30CA124435-08) *Population Sciences*, Stanford Cancer Institute, NIH/National Cancer Institute (NCI) [PI: Steven Artandi, M.D., Ph.D.]
- 2010-2025  
- 2027\* **Principal Investigator** (75N92021D00004) Women's Health Initiative Extension 2010-2025 Western Regional Center, NIH/National Heart, Lung, Blood Institute  
\* [2025-2027 contract option, to be negotiated in 2025]
- 2016-2021 **Principal Investigator, Stanford WHI Site** (1R01HL130591-01) *WHISH 2 Prevent Heart Failure* (NIH/NHLBI/Brown University) [PI: Charles Eaton, M.D.]
- 2017-2022 **Co-Investigator** (1R01HL136390-04) The WHI Strong and Healthy SilentT Atrial fibrillation Recording study (*WHISH STAR*) (NHLBI) [PI: Marco Perez, M.D.]
- 2018-2022 **Co-Investigator** (5R01HL139844) Preeclampsia to cardiovascular disease: Life-Course Analysis of Biomarkers and Risk (NHLBI) *Effects of Preeclampsia on Cardiovascular Health (EPOCH)* (Multi-PIs: Mark Hlatky, M.D.; Virginia Winn, M.D.)
- 2020-2025 **Principal Investigator, Stanford MrOS Site** (1R01AG066671-01) Long-Term Fracture Risk in Older Men: the MrOS Study (NIH/CPMC) [PI: Marcia Stefanick, Ph.D.]
- 2020-2024 **Principal Investigator, Stanford Physical Activity Intervention site** (1R61HL151885) Physical Activity to Improve CV Health in Women: a Pragmatic Trial (NHLBI) *WHI Strong & Healthy (WHISH)* [Multi-PIs: Charles Kooperberg, FHCRC; A. LaCroix UCSD]

**Past**

- 1988-1992 **Associate Investigator , Project Director**, Stanford Weight Control Project-II NIH/NHLBI [PI: Peter D. Wood, D. Sc.]
- 1987-1994 **Co-Principal Investigator, Project Director** (Stanford) Postmenopausal Estrogen-Progestin Interventions (PEPI) Trial, NIH/NHLBI [PI: Peter D. Wood, D. Sc.]
- 1992-1996 **Co-Principal Investigator, Project Director**. Hygienic Treatment of Low HDL in Older Women and Men (Diet and Exercise for Elevated Risk, DEER, Trial) NIH/NHLBI [PI: Peter D. Wood, D. Sc.]
- 1993-1998 **Co-Principal Investigator** (Stanford), Heart and Estrogen Replacement Study (HERS) *Wyeth-Ayerst* [PI: William L. Haskell, Ph.D.]
- 1994-1998 **Principal Investigator** (Stanford) Postmenopausal Estrogen-Progestin Interventions (PEPI) Trial ; Continuation and Safety Follow-Up Study; NIH/NHLBI
- 1994-2010 **Principal Investigator** (N01 WH42109). Stanford Clinical Center for the Clinical Trial and Observational Study of Women's Health Initiative (WHI), 1994-2005; NIH; continued as the Stanford Field Center for the WHI Extension Study, 2005-2010.
- 1998-2010 Supplemental NHLBI funding as **Chair of WHI Steering & Executive Committees** (1998-2005); **Chair of WHI Extension Study Executive Committee** (2005-2010)
- 1996-2008 **Principal Investigator, Stanford WHIMS Site**. Women's Health Initiative Memory Study (WHIMS). NIH/NIA/Wake Forest Univ. [PI: Sally Shumaker, PhD]
- 1997- 2008 **Principal Investigator, Stanford (NCCC) WHEL Site**. Women's Healthy Eating and Living (WHEL) Study, NIH/NCI/UCSD [PI: John Pierce, PhD]
- 1999 -2007 **Principal Investigator, Stanford WHISCA Site**, Women's Health Initiative Study of Cognitive Aging (WHISCA), NIH/NIA/Wake Forest Univ. [PI: Sally Shumaker, PhD]

- 2002-2008 **Program Director**, Building Interdisciplinary Research Careers in Women's Health (BIRCWH), *NIH Office of Research on Women's Health (ORWH)*  
[PI: Linda Guidice, PhD, M.D.; 2002-05; Jonathan Berek, M.D., 2006-08]
- 2002-2006 **Co-Investigator**, Benefits & Risks of Popular Weight Loss Diets, *NIH/NHLBI*  
[PI: Christopher Gardner, PhD]
- 2003-2008 **Co-Investigator**, Combining Exercise and Diet in Older Women, *NIH/NIA*  
[PI: Abby C. King, PD.]
- 2003-2009 **Principal Investigator, Stanford (Palo Alto) MrOS Sleep Study Site** (5 R01 HL070841)  
Outcomes of Sleep Disorders in Older Men (MrOS Sleep Study), *NIH/NHLBI* [PI: Katie Stone, PhD]
- 2004-2006 **Principal Investigator, Stanford WHIMS-Brain MRI Site** WHIMS- Magnetic Resonance Imaging (MRI) Study, *NIH/NHLBI/Wake Forest Univ.* [PI: Sally Shumaker, PhD]
- 2005-2010 **Principal Investigator, Stanford (Palo Alto) MrOS Site**, Epidemiology and Genetics of Hip Osteoarthritis in Elderly Men *NIH/NIAMS/UC Davis* [PI: Nancy Lane, MD]
- 2006-2014 **Principal Investigator, Stanford WHI Site**, WHI Cancer Survivor Cohort *NIH/NCI/Ohio State University* [PI: Electra Paskett, PhD]
- 2006-2016 **Program Leader** (5P30CA124435-02) *Cancer Prevention and Control Program* 2006-2015; *Population Sciences* (2015-present) *Stanford Cancer Institute, NIH/ NCI* [PI: Beverly Mitchell, MD]
- 2008-2010 **Principal Investigator, Stanford WHIMS-Brain MRI Site** (Stanford) WHI Memory Study (WHIMS) Magnetic Resonance Imaging-2 (MRI-2) *NIH/NHLBI/Wake Forest Univ.* [PI: Sally Shumaker, PhD]
- 2008-2010 **Principal Investigator, Stanford WHIMS-ECHO Site** WHIMS-Epidemiology of Cognitive Outcomes (WHIMS-ECHO) *NIH/NIAWake Forest Univ.* [PI: Sally Shumaker, PhD]
- 2008-2010 **Principal Investigator, Stanford WHIMS-Y Site** WHIMS-Younger Women (WHIMS-Y) *NIH/NIAWake Forest Univ.* [PI: Sally Shumaker, PhD]
- 2009-2015 **Principal Investigator, Stanford (Palo Alto) MrOS Sleep Study Site** Outcomes of Sleep Disorders in Older Men (MrOS Sleep Study), *NIH/NHLBI/California Pacific Medical Center* [PI: Katie Stone, PhD]
- 2011-2015 **Principal Investigator, (Stanford)** Objective Physical Activity and Cardiovascular Health Calibration Study, *NIH/NHLBI/Fred Hutchinson Cancer Research Center* [PI: Andrea LaCroix]
- 2013-2017 **Principal Investigator, Stanford (Palo Alto) MrOS Site** (R01AR065268-2)  
Determination of Skeletal Muscle Mass by Creatine Dilution. *NIH/NIAMS* [PI: Cawthon]
- 2015-2018 **Principal Investigator, Stanford WHI Site** (UM1CA1736-02) WHI Life & Longevity After Cancer (LILAC) (*NCI/Kaiser Foundation Research Institute*) [PI: Bette Caan, Ph.D.]
- 2016-2020 **Principal Investigator, Stanford WHI Site** (SPO#124472) Randomized trial of cocoa flavanols and multivitamins in the reduction of cardiovascular disease and cancer COSMOS (*Mars Inc/Brigham and Women's Hospital*) [PI: JoAnn Manson, M.D.]
- 2001-2020 **Principal Investigator** Stanford (5 U01 AG042143) Osteoporotic Fractures in Men (MrOS) Study. *NIH/National Institute of Aging (NIA)* 2014-2018; *National Institute of Arthritis and Musculoskeletal Disease (NIAMS)*; 5 U01 AR45583; 2001-2014)
- 2015-2020 **Principal Investigator, Intervention site** (U01 HL122280) Physical Activity to Improve CV Health in Women: a Pragmatic Trial (*WHI Strong & Healthy, WHISH, Trial*), *NHLBI* [Multi-center U01: Data Coordinating Center, FHCRC (Pis: Charles Kooperberg, A. LaCroix)]

2019-2021 **Principal Investigator, Stanford MrOS Site** (1R56AG066671-01) Long-Term Fracture Risk in Older Men: the MrOS Study (NIH/CPMC) [PI: Peggy Cawthon, Ph.D.]

## **E. Public and Professional Activities**

### ***Stanford University***

1991-1995 Member, Stanford University School of Medicine Panel for Use of Human Subjects in Research (IRB)

1999 – 2007 Member, Stanford University School of Medicine Committee on Admissions

2005 - 2012 Co-Director, Women’s Cardiovascular Disease Strategic Planning Group, and Member, Steering Committee, Stanford Cardiovascular Institute

2005 - present Program Leader, Cancer Prevention and Control/ Population Sciences, Stanford Cancer Institute

2006-2007 Senator, XXXIX Academic Council Faculty Senate, Stanford University

2006 - present Department of Medicine (DOM), Appointments and Promotions Committee (A&P)

2007 - 2012 Associate Director, Women’s Health @ Stanford Program in the Department of Obstetrics & Gynecology

2007 - 2013 Stanford University Committee on Research

2008 - present Member, Stanford Cardiovascular Institute Education Committee (three NHLBI T32s), *also Faculty on: Vascular Medicine - 2T32HL098049-06*

2012 - 2016 Stanford School of Medicine Faculty Senate, Steering Committee member

2012 - 2014 Co-Director (and Co-founder), Stanford Center for Health Research on Women and Sex Differences in Medicine (Stanford WSDM Center)

2013 - 2015 Senator, XLVI Academic Council Faculty Senate, Stanford University

2013 - 2020 Member, Board of Governors Stanford Medicine Alumni Association: Awards (RISE, Sterling, Kornberg/Berg) Committee [Co-chair (2013-2016); Member (2016-present)]; Women in Medicine & Science (WIMS) Conference Committee [Member (2013-2016); Co-chair (2016-2018); Member (2018-present)]

2013 - present Member, Human Biology Curriculum Committee

2014 - present Founding Director, Stanford Women’s Health and Sex Differences in Medicine (WHSDM. “wisdom”) Center

2014 - 2015 Steering Committee Member, XLVI Academic Council Faculty Senate, Stanford University

2014 - 2015 Provost’s Sexual Assault Task Force, Stanford University

2015 - present Stanford School of Medicine Diversity Cabinet, member; co-Chair LGBTQ+ Task Force

2016 - present: Chair of DOM A&P Committee, Stanford School of Medicine

2017 - present Co-Chair, LGBTQ Subcommittee of Stanford School of Medicine Diversity Cabinet

2017 - present Stanford School of Medicine Faculty Senate, Department of Medicine Representative Member, Diversity Subcommittee; Member, Wellness Subcommittee

2017 - 2019 Senator, 50th Academic Council Faculty Senate, Stanford University

2018 – 2019 Vice-Chair, 50<sup>th</sup> Academic Council Faculty Senate, Stanford University

2019 - present Stanford University Academic Council Committee on Research

2019 - present Office of the Vice Provost for Student Affairs Committee of 10 (C-10): Honor Code and Fundamental Standards, Stanford University

**Faculty Search Committees**

- Current*     **Faculty Search Committee:** Epidemiology & Population Health, *Cancer Epidemiologist*
- Past*         **Department Chair Searches:** Psychiatry & Behavioral Sciences (2009-10); Emergency Medicine (2017-18)
- Institutes of Medicine:** Stanford Cancer Institute, Associate Director of Population Sciences (2010-11: Robert Hale, Ph.D.; 2018-19: Melissa Bondy, Ph.D.)
- Medicine Faculty** - Divisions: SPRC, including Division Chief (Director, SPRC), CV Med, Endocrinology, Nephrology, Biomedical Informatics, Rheumatology
- Other Department Faculty:** Obstetrics & Gynecology. Psychiatry & Behavioral Sciences MCL search (*as Chair*)

**National, International**

- 1993 -1996     Member, American Heart Association Student Research Committee
- 1995 -1999     Member, Data and Safety Monitoring Board, NIH/NIA R01-Ag13069 "Femoral Osteoporosis in Elderly Women" (PI= Susan L. Greenspan, M.D.)
- 1996 –1998     National Chair, Women's Health Initiative Principal Investigator group  
Member, WHI Steering Committee and Scientific Council
- 1998 – 2011     Chair of Steering and Executive Committees, Women's Health Initiative  
-- served as WHI Liaison to NHLBI Director (C. Lenfant), 1998-2003
- 2001 – 2005     Chair/Co-Chair, AHA Western States Affiliate Review Consortium –Peer Review Committee 2A (Behavioral Science, Epidemiology & Prevention, Cardiovascular Regulation, Radiology & Imaging)
- 2003 - 2007     Chair, Data & Safety Monitoring Board, NHLBI R18-HL73326 "Treatment of Obesity in Underserved Rural Settings-TOURS" (PI= Michael G. Perri, Ph.D., Univ, of Florida)
- 2004 - 2009     Member, Data and Safety Monitoring Board, NHLBI U01 - "Preventing Overweight Using Novel Dietary Strategies (POUNDS LOST)" (PI= Frank Sacks, MD, Harvard; Co-PI=George Bray MD, Pennington Biomedical Research Center)
- 2006             Chair, Prevention and Lifestyle Subcommittee of CAD Working Group for NHLBI: Strategic Plan Level 1
- 2006 - 2007     Member, NIH Special Emphasis Panel to review Cardiovascular Sciences  
Member, NIH Special Emphasis Panel (SEP) for Scientific Review of Specialized Centers of Interdisciplinary Research (SCOR) On Sex and Gender Factors Affecting Women's Health
- 2006 - 2009     Member, AHA ATVB Leadership Committee
- 2007 - 2010     Chair, External Advisory Committee, Oregon Clinical and Translational Research Institute (OCTRI), NIH CTSA (PI, Eric Orwoll, Oregon Health Sciences University)
- 2008 - 2013     Chair, Data and Safety Monitoring Board, NHLBI R18-HL087800 "Rural Lifestyle Intervention Treatment Effectiveness Trial (Rural LITE) (PI= Michael G. Perri, Ph.D., University of Florida)
- 2009 - 2014     Chair, External Advisory Board The Ohio State University Center for Clinical and Translational Science (CCTS) NIH CTSA (PI, Rebecca Jackson, M.D.)
- 2013 - 2018     Councilor, Organization of the Study of Sex Differences (O.S.S.D.)
- 2018 - present   Member, Advisory Committee NIH Office of Research on Women's Health (ACRWH)

**F. Honors, Fellowships, Memberships in Scientific Organizations**

Fellow of American Heart Association (AHA)  
 Fellow of AHA Council of Arteriosclerosis, Thrombosis and Vascular Biology (ATVB)  
 American College of Sports Medicine (ASCM)  
 Sigma Xi (Scientific Research Society)  
 Phi Delta Kappa (International German Honor Society)  
 Iris F. Litt Faculty Fellowship, Clayman Institute of Gender Research, 2009-10 and 2019-2020  
 Department of Medicine Teaching Award (SPRC) - 2013-2014; 2019-2020 (*awarded June 24, 2020*)

### G. Referee/Reviewer, Scientific Journals:

American Journal of Epidemiology  
 Annals of Medicine  
 Archives of Internal Medicine  
 Arteriosclerosis, Thrombosis, and Vascular Biology  
 Circulation  
 Hormones & Behavior  
 International Journal of Obesity  
 Journal of American Medical Association  
 Journal Clinical Endocrinology and Metabolism  
 Journal of Clinical Nutrition  
 Journal Clinical Oncology  
 Journal of the College of Cardiology  
 Medicine and Science in Sports and Exercise  
 Metabolism  
 New England Journal of Medicine  
 Physiology & Behavior  
 PLOS ONE

## II. Bibliographic Information

**Doctoral Thesis (Physiology):** June 1982, Stanford University

Title: Spontaneous Seminal Emission in the Rat and its Relationship to Penile Reflexes and Copulatory Behavior (*PhD Advisor: Julian M. Davidson, PhD*)

### **Peer-reviewed Publications (Journal Articles):**

1. Davidson JM, **Stefanick ML**, Sachs BD, Smith ER. Role of androgen in sexual reflexes of the male rat. *Physiol Behav* 1978;21(2):141-6. PMID: 693640
2. Clark JT, Smith ER, **Stefanick ML**, Arneric SP, Long JP, Davidson JM. Effects of a novel dopamine-receptor agonist RDS-127 (2-N,N-di-n-propylamino-4,7-dimethoxyindane), on hormone levels and sexual behavior in the male rat. *Physiol Behav* 1982;29(1):1-6. PMID: 7122715
3. **Stefanick ML**, Smith ER, Clark JT, Davidson JM. Effects of a potent dopamine receptor agonist, RDS-127, on penile reflexes and seminal emission in intact and spinally transected rats. *Physiol Behav* 1982;29(6):973-8. PMID: 7163401
4. **Stefanick ML**. The circadian patterns of spontaneous seminal emission, sexual activity and penile reflexes in the rat. *Physiol Behav* 1983;31(6):737-43. PMID: 6665062
5. Phelps G, Brown M, Chen J, Dunn M, Lloyd E, **Stefanick ML**, Davidson JM, Perlash I. Sexual experience and plasma testosterone levels in male veterans after spinal cord injury. *Arch Phys Med Rehabil* 1983 Feb;64(2):47-52. PMID: 6681699
6. **Stefanick ML**, Smith ER, Davidson JM. Penile reflexes in intact rats following anesthetization of the penis and ejaculation. *Physiol Behav* 1983;31(1):63-5. PMID: 6634978

7. Clark JT, **Stefanick ML**, Smith ER, Davidson JM. Further studies on alterations in male rat copulatory behavior induced by the dopamine-receptor agonist RDS-127. *Pharmacol Biochem Behav* 1983;19(5):781-6. PMID: 6647512
8. **Stefanick ML**, Smith ER, Szumowski DA, Davidson JM. Reproductive physiology and behavior in the male rat following acute and chronic peripheral adrenergic depletion by guanethidine. *Pharmacol Biochem Behav* 1985;23(1):55-63. PMID: 4034620
9. **Stefanick ML**, Davidson JM. Genital responses in noncopulators and rats with lesions in the medial preoptic area or midthoracic spinal cord. *Physiol Behav* 1987; 41(5):439-44. PMID: 3432397
10. **Stefanick ML**, Williams PT, Krauss RM, Terry RB, Vranizan KM, Wood PD. Relationships of plasma estradiol, testosterone, and sex hormone-binding globulin with lipoproteins, apolipoproteins, and high density lipoprotein subfractions in men. *J Clin Endocrinol Metab* 1987;64(4):723-9. PMID: 3818901
11. **Stefanick ML**, Frey Hewitt B, Hoover C, Terry R, Wood P. The effect of active weight loss achieved by dieting versus exercise on postheparin hepatic and lipoprotein lipase activity. *Ann NY Acad Sci* 1987;499:338-9. DOI: 10.1111/j.1749-6632.1987.tb36230. Scopus
12. Wood P, **Stefanick ML**, Dreon D, Frey-Hewitt B, Garay S, Williams P, Superko H, Fortmann S, Albers J, Vranizan K, Ellsworth NM, Terry RB, Haskell, WL. Changes in plasma lipids and lipoproteins in overweight men during weight loss through dieting as compared with exercise. *N Engl J Med* 1988;319 (18):1173-9. PMID: 3173455
13. Terry RB, Wood PD, Haskell WL, **Stefanick ML**, Krauss RM. Regional adiposity patterns in relation to lipids, lipoprotein cholesterol, and lipoprotein subfraction mass in men. *J Clin Endocrinol Metab* 1989;68(1):191-9. PMID: 2909551
14. Laws A, **Stefanick ML**, Reaven GM. Insulin resistance and hypertriglyceridemia in nondiabetic relatives of patients with noninsulin dependent diabetes mellitus. *J Clin Endocrinol Metab* 1989;69(2):343-7. PMID: 2666429
15. Wood PD, **Stefanick ML**, Williams PT, Haskell WL. The effects on plasma lipoproteins of a prudent weight-reducing diet, with or without exercise, in overweight men and women. *N Engl J Med* 1991 August 15, 1991;325(7):461-6. PubMedID: 1852189
16. Terry RB, **Stefanick ML**, Haskell WL, Wood PD. Contributions of regional adipose tissue depots to plasma lipoprotein concentrations in overweight men and women: possible protective effects of thigh fat. *Metabolism* 1991;40(7):733-40. PubMedID: 1870428
17. Smith ER, **Stefanick ML**, Clark JT, Davidson JM. Hormones and sexual behavior in relationship to aging in male rats. *Horm Behav* 1992;26(1):110-35. PubMedID: 1563724
18. Williams PT, Krauss RM, Vranizan KM, **Stefanick ML**, Wood PD, Lindgren FT. Associations of lipoproteins and apolipoproteins with gradient gel electrophoresis estimates of high density lipoprotein subfractions in men and women. *Arterioscler Thromb.* 1992;12(3):332-40. PMID: 1547192
19. Schrott HG, Legault C, **Stefanick ML**, Miller VT, Larosa J, Wood PD, Lippel K. Lipids in postmenopausal women: baseline findings of the Postmenopausal Estrogen/Progestin Interventions trial. *Journal of Women's Health.* 1994;3(3):155-64. Scopus
20. Williams PT, Krauss RM, **Stefanick ML**, Vranizan KM, Wood PD. Effects of low-fat diet, calorie restriction, and running on lipoprotein subfraction concentrations in moderately overweight men. *Metabolism* 1994; 43(5):655-63. PMID: 8177056

21. Williams PT, **Stefanick ML**, Vranizan KM, Wood PD. The effects of weight loss by exercise or by dieting on plasma high-density lipoprotein (HDL) levels in men with low, intermediate, and normal-to-high HDL at baseline. *Metabolism* 1994; 43(7):917-24. PMID: 8028519
22. Espeland MA, Bush TL, Mebane-Sims I, **Stefanick ML**, Johnson S, Sherwin R, Waclawiw M. Rationale, design, and conduct of the PEPI trial. Postmenopausal Estrogen/Progestin Interventions. *Control Clin Trials* 1995;16 (4 Suppl):3S-19S. PMID: 7587218
23. Wood PD, Kessler G, Lippel K, **Stefanick ML**, Wasilaukas CH, Wells HB. Physical and laboratory measurements in the PEPI trial. Postmenopausal Estrogen/Progestin Interventions. *Control Clin Trials* 1995;16 (4 Suppl):36S-53S. PMID: 7587219
24. King AC, Haskell WL, Young DR, Oka RK, **Stefanick ML**. Long-term effects of varying intensities and formats of physical activity on participation rates, fitness, and lipoproteins in men and women aged 50 to 65 years. *Circulation* 1995;91(10):2596-604. PMID: 7743622
25. The Writing Group for the PEPI Trial [Barrett-Connor E, Bush T, Espeland M, Greendale G, Hogan P, Judd HL, Langer R, LaRosa J, Miller VT, Pierce J, Schrott HG, **Stefanick ML**, Trabal J, Wells B, Wood PD.] Effects of estrogen or estrogen/ progestin regimens on heart disease risk factors in postmenopausal women: the Postmenopausal Estrogen/Progestin Interventions (PEPI) trial. *JAMA* 1995;273(3):199-208. PMID: 7807658
26. **Stefanick ML**, Legault C, Tracy RP, Howard G, Kessler CM, Lucas DL, Bush TL. Distribution and correlates of plasma fibrinogen in middle-aged women: Initial findings of the Postmenopausal Estrogen/Progestin Interventions (PEPI) study. *Arterioscler Thromb Vasc Biol* 1995;15(12):2085-93. PMID: 7489228
27. Judd HL, Mebane-Sims I, Legault C, Wasilaukas C, Johnson S, Merino M, Barrett-Connor E, Trabal J, Miller VT, Barnabei V, Levin G, Bush T, Foster D, Zacur H, Woodruff D, **Stefanick M**, Wood PD, Akana A, Heinrichs L, O'Hanlan K, Buyalos RP, Greendale G, Lozano K, Carrion-Petersen ML, Cavero C, Langer R, Schrott HG, Benda JA, deProsse C, Feddersen D, Johnson SR, Trabal J, Pauerstein CJ, Ahmad MM, Brown HP, Schenken RS, Rodriguez-Sifuentes M, Valente PT, Espeland M, Wells B, Lane K, Wasilaukas C, Mebane-Sims IL, Kelaghan J, McGowan J, Fradkin J, Sherman S, Scully R. Effects of Hormone Replacement Therapy on Endometrial Histology in Postmenopausal Women: The Postmenopausal Estrogen/Progestin Interventions (PEPI) Trial. *JAMA*. 1996 Feb 07;275(5):370-5. PMID: 8569016
28. Espeland MA, **Stefanick ML**, Kritz-Silverstein D, Fineberg SE, Waclawiw MA, James MK, Greendale GA. Effect of postmenopausal hormone therapy on body weight and waist and hip girths. Postmenopausal Estrogen-Progestin Interventions Study Investigators. *J Clin Endocrinol Metab* 1997;82(5):1549-56. PMID: 9141548
29. **Stefanick ML**, Mackey S, Sheehan M, Ellsworth N, Haskell WL, Wood PD. Effects of diet and exercise in men and postmenopausal women with low levels of HDL cholesterol and high levels of LDL cholesterol. *N Engl J Med* 1998;339(1):12-20. PMID: 9647874
30. Kiernan M, King A, Kraemer H, **Stefanick ML**, Killen J. Characteristics of successful and unsuccessful dieters: an application of signal detection methodology. *Ann Behav Med* 1998;20(1):1-6. PMID: 9755345
31. Wilcox S, **Stefanick ML**. Knowledge and perceived risk of major diseases in middle-aged and older women. *Health Psychol* 1999;18(4):346-53. PMID: 10431935
32. Rock CL, Flatt SW, Newman V, Caan BJ, Haan MN, **Stefanick ML**, Faerber S, Pierce JP. Factors associated with weight gain in women after diagnosis of breast cancer. *J Am Diet Assoc* 1999;99(10):1212-21. PMID: 19524383



33. Cushman M, Legault C, Barrett-Connor E, **Stefanick ML**, Kessler C, Judd HL, Sakkinen PA, Tracy RP. Effect of postmenopausal hormones on inflammation-sensitive proteins : the Postmenopausal Estrogen/Progestin Interventions (PEPI) Study. *Circulation*. 1999 August 17, 1999;100(7):717-22. PMID: 10449693
34. Legault C, **Stefanick ML**, Miller VT, Marcovina SM, Schrott HG. Effect of hormone replacement therapy on the validity of the Friedewald equation in postmenopausal women: the Postmenopausal Estrogen/Progestins Interventions (PEPI) trial. *J Clin Epidemiol* 1999;52(12):1187-95. PMID: 10580781
35. Bittner V, Simon JA, Fong J, Blumenthal RS, Newby K, **Stefanick ML**. Correlates of high HDL cholesterol among women with coronary heart disease. *Am Heart J*. 2000; 139 (2 Pt 1): 288-96. PMID: 10650302
36. Rock CL, Thomson C, Caan BJ, Flatt SW, Newman V, Ritenbaugh C, Marshall JR, Hollenbach KA, **Stefanick ML**, Pierce JP. Reduction in fat intake is not associated with weight loss in most women after breast cancer diagnosis: evidence from a randomized controlled trial. *Cancer* 2001;91(1):25-34. PMID: 11148556
37. Kiernan M, King AC, **Stefanick ML**, Killen JD. Men gain additional psychological benefits by adding exercise to a weight-loss program. *Obes Res* 2001;9(12):770-7. PMID: 11743061
38. Manson J, Lewis C, Kotchen J, Allen C, Johnson K, **Stefanick ML**, Foreyt J, Klesges B, Tinker L, Noonan E, Perri M, Hall D. Ethnic, socioeconomic, and lifestyle correlates of obesity in U.S. women: the Women's Health Initiative. *Clin J Women's Health*. 2001;1:225-34. Scopus
39. Manson JE, Greenland P, LaCroix AZ, **Stefanick ML**, Mouton CP, Oberman A, Perri MG, Sheps DS, Pettinger MB, Siscovick DS. Walking compared with vigorous exercise for the prevention of cardiovascular events in women. *N Engl J Med* 2002;347(10):716-25. PMID: 12213942
40. Rossouw JE, Anderson GL, Prentice RL, LaCroix AZ, Kooperberg C, **Stefanick ML**, Jackson RD, Beresford SA, Howard BV, Johnson KC, Kotchen JM, Ockene J. Risks and benefits of estrogen plus progestin in healthy postmenopausal women: principal results From the Women's Health Initiative randomized controlled trial. *JAMA*. 2002;288(3):321-33. PMID: 12117397
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### **Book Chapters, Review Articles (\*\*including "peer-reviewed"), Position Statements**

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19. The North American Menopause Society. Recommendations for estrogen and progestogen use in peri- and postmenopausal women: October 2004 position statement of the North American Menopause Society. *Menopause* 2004; 11: 589-600.
20. **Stefanick ML**. "Physical Activity and Weight Loss" In: Clinical Trials in Heart Disease: A Companion to Braunwald's Heart Disease, 2nd Edition. Ed. J Manson, JE Buring, PM Ridker and M Gaziano Elsevier Saunders, Philadelphia: pg 315-332, 2004.
21. Barrett-Connor E, Grady D, **Stefanick ML**. The rise and fall of menopausal hormone therapy. *Ann Rev Public Health* 2005; 26: 115-140. PubMedID: 15760283
22. **Stefanick ML**. Estrogens and progestins: background and history, trends in use, and guidelines and regimens approved by the US Food and Drug Administration *Am J Med* 2005; 118 Suppl 12B: 64-73. PubMedID: 16414329
23. McGowan JA, **Stefanick ML**. Estrogens Therapy: Prevention and Treatment of Osteoporosis In: Osteoporosis, 3rd Edition. Ed. R Marcus, D Feldman, DA Nelson, CJ Rosen. Elsevier Academic Press, San Diego, CA: Chapter 72, pg 1687-1704, 2008.
24. **Stefanick ML**. Obesity: The Role of Physical Activity in Adults. In: Nutrition in the Prevention and Treatment of Disease, 2<sup>nd</sup> Edition. Ed. Coulston AM, et al Academic Press, San Diego, CA, 2008.
25. **Stefanick ML**. WHI Hormone Trials: A Window to the Future, a View from the Past. *SRM* August 2009
26. **Stefanick ML**. Postmenopausal hormone therapy and cardiovascular disease in women. *Nutr Metab Cardiovasc Dis* 2010; 20 (6); 451-458. doi: 10.1016/j.numecd.2010.02.015 PubMedID: 20554177
27. **Stefanick ML**. The Effects of Menopausal Hormone Therapy on Breast Cancer: Evidence from the Women's Health Initiative Randomized Placebo-controlled Trials, Chapter 19. In: Breast Cancer: Surgical Technique and Office Management. Ed. Dirbas FM, Scott-Conner C. Springer (New York) 2011 [ISBN 978-1-4419-6075-7]
28. Klein SL, Schiebinger L, **Stefanick ML**, Cahill L, Danska J, de Vries GJ, Kibbe MR, McCarthy MM, Mogil JS, Woodruff TK, Zucker I. Opinion: Sex Inclusion in basic research drives discovery. *Proc Natl Acad Sci U S A*. 2015 Apr 28;112(17):5257-8.
29. **Stefanick ML**. Not Just for Men. The New Science of Sex and Gender. *Scientific American* (September 2017), 317, 52-57 Published online: 15 August 2017 | PMID: 28813398 doi:10.1038/scientificamerican0917-52
30. **Stefanick ML**. Not Just for Men (revised; updated). WOMEN: Why their equality, health, wealth, and safety matter to everyone. *Scientific American*, Special Collector's Edition (Winter 2020)
31. El Khoudary SR, Aggarwal B, Beckie TM, Hodis HN, Johnson AE, Langer RD, Limacher MC, Manson JE, **Stefanick ML**, Allison. The Menopause Transition and Cardiovascular Disease Risk in Women: Implications for Timing of Early Prevention: A Scientific Statement from the American Heart Association. *Circulation* 2020 Dec 22;142(25):e506-e532. PMID: 33251828

### **Editorials, Special Contributions, Letters to the Editor of Peer-Reviewed Journals**

1. **Stefanick ML**, Prentice, RL, Anderson GL, Gass M, Manson JE, Hendrix SL, McNeely G, Vista-Deck D. Reanalysis of Women's Health Initiative oral contraceptive data reveals no evidence of delayed cardiovascular benefit. *Fertil Steril* 2005; 83: 853-4. PMID 15820789

2. Barad DH, **Stefanick ML**, Manson JE, Gass M, Anderson GL. Reply: Reanalysis of the data – science at its best is always informative. *Fertil Steril* 2006.
3. **Stefanick ML**. Risk-benefit profiles of raloxifene for women. Editorial. *N Engl J Med* 2006; 355:190-191. PubMedID: 16837684
4. Prentice RL, Chlebowski RT, **Stefanick ML**, Rossouw JE, Anderson Garnet. Five authors reply: response to Letter to the Editor (Langer), *Am J Epidemiology* 2009, 169: 785-786.
5. Chlebowski RT, **Stefanick ML**. Hormone Therapy Suspension and Mammography in Women's Health Initiative Clinical Trials, *Ann Int Med* 2010; 152(2): 133. PMID 20083839
6. Chlebowski RT, **Stefanick ML**, Anderson GA. Breast cancer in postmenopausal women after hormone therapy. *JAMA*. 2011 Feb 2;305(5):466-67
7. Anderson, G, LaCroix A, Limacher M, Prentice R, **Stefanick M**, Wassertheil-Smoller S, Rossouw J. The 2010 North American Menopause Society position statement on hormone therapy goes beyond the available evidence. *Menopause* 2012; 19 (7); 835–836; author reply 836-7. PMID: 22668818
8. Rossouw JE, Manson JE, Kaunitz AM, **Stefanick ML**. Study has insufficient power to investigate safety *BMJ* 2012;345:e8146. doi.org/10.1136/bmj.e8146 (Published 3 December 2012 PMID 23208257
9. Prentice RL, Manson JE, Anderson GL, LaCroix AZ, Shumaker SA, Chlebowski RT, Howard BV, **Stefanick ML**, Jackson RD, Wactawski-Wende J, Rossouw JE. Women's Health Initiative view of estrogen avoidance and all-cause mortality. *Am J Public Health* December 2013, Vol. 103, No. 12, pp. e2-e2. doi: 10.2105/AJPH.2013.301604 PMID 24134350
10. Schiebinger L, **Stefanick ML**. Gender Matters in Biological Research and Medical Practice. *J of American College of Cardiology* 2016; Nov 2; Vol 67:136-138 PMIC: 26791058 PMCID:PMC5084413
11. **Stefanick ML**, Schiebinger L. Analysing how sex and gender interact. *Lancet*. 2020 11 14;396(10262):1553-1554

#### **Published Abstracts from Presentations at major Scientific Meetings (selected; not updated)**

1. **Stefanick M**, Williams P, Davidson J, Krauss R, Wood P. The Relationship Between Sex Hormones and Plasma Lipids in Men Before and After Exercise Training. *Fed. Proc* 44, Abstr.# 2548. Sixty-ninth Annual Meeting of FASEB, Anaheim, CA, April 1985.
2. **Stefanick M**, Terry R, Haskell W, Wood P. Relationships of Changes in Postheparin Hepatic and Lipoprotein Lipase Activity to HDL- Cholesterol Changes Following Weight Loss Achieved by Dieting versus Exercise. VIth International Washington Spring Symposium (Cardiovascular Disease '86), Washington, D.C., May, 1986.
3. **Stefanick M**, Frey-Hewitt B, Hoover C, Terry R, Wood P. The Effect of Active Weight Loss Achieved by Dieting versus Exercise on Post-Heparin Hepatic and Lipoprotein Lipase Activity. N.Y. Acad. of Sci. Conference on Human Obesity, New York, NY, June 1986.
4. **Stefanick M**, Krauss R Williams P, Wood P. Relationships of Plasma Estradiol (E2) and Sex-Hormone Binding Globulin (SHBG) to Lipoprotein Cholesterol and Mass Subfractions in Overweight Men. *FASEB Journal*. 3 (4), Abstr.# 5909. Seventy-third Annual Meeting of FASEB, New Orleans, LA., March 1989.
5. **Stefanick M**, Wood P. Effects of Hygienic Treatments in Men with Low HDL-Cholesterol or High Triglyceride Levels. Abstr.# Sixty-fifth Scientific Sessions of the America Heart Association, New Orleans, L.A., 1992.
6. **Stefanick M**, Wood P. Effects of NCEP Step II Diet and Exercise on Lipoproteins in Postmenopausal Women and Men with Low HDL-and Elevated LDL-Cholesterol. Abstr. 27 *Circulation* 93: 625, 1996.

7. **Stefanick ML**. Role of lifestyle change in disease prevention. *Menopause-the Journal of the North American Menopause Society*. 2003;10(6):559-559.
8. Rafie AHS, T, Edwards KA, Phan T, **Stefanick ML**, Assimes T, Tremmel JA, Olin J, Cooke JP. Sex Differences In Peripheral Arterial Disease. *Circulation*. 2008;118(18):S811-S811.
9. Perez MV, Wang PJ, Klein L, Connelly S, Larson J, Limacher M, Manson J, Martin LW, Prineas R, Rodriguez BL, Smoller S, Soliman EZ, **Stefanick ML**. Independent Clinical Correlates of Atrial Fibrillation in Postmenopausal Women: The Women's Health Initiative Observational Study. *Circulation* 2009: 120:S520.
10. Perez MV, Wang PJ, Cochrane B, Curb JD, Klein L, Larson J, Manson J, Martin LW, Robinson J, Wassertheil-Smoller S, **Stefanick ML**. Effects of Postmenopausal Hormone Therapy on Atrial Fibrillation: The Women's Health Initiative Randomized Controlled Trials. *Circulation* 2009: 120:S519
11. Sims ST, Hale L, Pettinger M, Phillips L, Isasi C, Thomson C, **Stefanick ML**. Physical Activity, Sleep Duration, And Body Weight In Postmenopausal Women: The Women's Health Initiative Study. Young DR, Camhi SM, Wu T, Hagberg J, **Stefanick M**. Associations Of Diet And Cardiorespiratory Fitness With C-Reactive Protein Change *Med Sci Sports & Exercise* 2011; 43 (5): 578 doi: 10.1249/01.MSS.0000401595.49153.da
12. Beebe-Dimmer JL, Hastert T, Silbiger D, Ruterbusch J, Cespedes E, Chlebowski RT, Freudenheim JL, Manson JE, Neuhaus M, Ho G, **Stefanick ML**, Stricker HD, Caan BJ, Simon MS Features of the metabolic syndrome and survival after a diagnosis of breast cancer in the Women's Health Initiative (WHI) *Journal of Clinical Oncology* 34, no. 15\_suppl (May 20, 2016) 1517-1517 DOI: 10.1200/JCO.2016.34.15\_suppl.1517
13. Nguyen P, Le AK, Hoang J, Yasukawa LA, Weber SC, **Stefanick M**, Garcia G, Nguyen M. Higher rates of cirrhosis, decompensation, and hepatocellular carcinoma (HCC) in Asian and Hispanic patients with Hepatitis C (HCV) Infection compared to White and Black ethnicity regardless of gender differences: a single center study in the U.S. *J Hepatology* 2017; 66 (1), S618
14. Chlebowski RT, Luo J, Anderson GL, Simon MS, Barrington W, Reding K, Manson JE, Rohan TE, Wactawski-Wende J, Lane D, Strickler H, Mosaver-Rahmani Y, Freudenheim JL, Saquib N, **Stefanick ML**. Weight change in postmenopausal women and breast cancer risk in the women's health initiative observational study. *Cancer Research* 2018; 78 (4) SABC17-GS5-07
15. Pargaonkar VS, Nishi T, Lee J, Chow EK, Ball RL, Kobayashi Y, Kimura T, Lee DP, **Stefanick ML**, Fearon WF, Yeung AC, Tremmel JA. The Dose-Response Relationship Between Intracoronary Acetylcholine and Minimal Lumen Diameter in Endothelial Function Testing of Women and Men with Angina and No Obstructive Coronary Artery Disease *Circulation* 2018; 138 (Suppl 1) A16041
16. Petrick JL, Campbell PT, Koshiol J, Thistle JE, Andreotti G, Beane-Freeman LE, Buring JE, Chan AT, Chong DQ, Doody MM, Gapstur SM, Gaziano JM, Giovannucci E, Graubard BI, Lee IM, Liao LM, Linet MS, Palmer JR, Poynter JN, Purdue MP, Robien K, Rosenberg L, Schairer C, Sesso HD, Sinha R, Stampfer MJ, **Stefanick M**, Wactawski-Wende J, Zhang X, Zeleniuch-Jacquotte A, Freedman ND, McGlynn KA. Tobacco smoking, alcohol use and risk of hepatocellular carcinoma and intrahepatic cholangiocarcinoma: The Liver Cancer Pooling Project *Br J Cancer*. 2018 04;118(7):1005-1012 PMID 29520041
17. LaMonte MJ, Buchner DM, Lewis CE, Rillamas-Sun E, Bellettiere J, Di C, **Stefanick ML**, LaCroix AZ. Muscular Strength Predicts All-Cause Mortality Independent of MVPA in Women Ages 63-99 Years *Circulation*. 2018;137:A016
18. Full KM, Kerr J, Song D, Malhotra A, Gallo L, Arrendondo E, Stone K, LaMonth MJ, **Stefanick ML**, LaCroix AZ. Accelerometer-measured Sleep Duration and Markers of Cardiometabolic Health: Findings From a Large Racially Ethnic Diverse Cohort of Older Adult Women. *Circulation*. 2018;137:AP349

19. Chen G-C, Arthur R, Iyengar NM, Kamenshky V, Xue X, Wassertheil-Smoller S, Allison MA, Shadyab AH, Wild RA, Sun Y, Banack HR, Wactawski-Wende J, Manson JE, **Stefanick ML**, Dannenberg AJ, Rohan TE, Qi Q. Body Fat and Cardiovascular Disease Risk in Postmenopausal Women With Normal Body Mass Index: the Women's Health Initiative. *Circulation* 2019; 139: AMP29
20. Sondergaard MM, Hlatky M, **Stefanick ML**, Vittinghoff E, Nah G, Howard B, Allison M, Shadyab AH, van Horn L, Gemmill A, Park K, Salmorago-Blotcher E, Manson JE, SealyJefferson S, Valdiviezo C, Sattari M, Parkh NI. Adverse Pregnancy Outcomes and Cardiovascular Disease in the Mother: The Women's Health Initiative (WHI). *Circulation: Cardiovascular Quality and Outcomes*. 2019;12:A182
21. Bellettiere J, LaMonte MJ, Unkart J, Kooperberg C, **Stefanick ML**, Di C, LaCroix AZ. Poor Lower Extremity Physical Function Increases Risk for Cardiovascular Disease Events in Older Women: The OPACH Study. *Circulation* 2019; 139 (1) A008
22. Bellettiere J, LaMonte MJ, Unkart J, Kooperberg C, **Stefanick ML**, Di C, LaCroix AZ. The Short Physical Performance Battery and Incident Cardiovascular Events Among 5,043 Older Women: The OPACH Study
23. Chlebowski RT, Anderson GA, Aragaki AK, Manson JE, **Stefanick M**, Pan K, Barrington W, Kuller LH, Simon MS, Lane D, Johnson KC, Rohan TE, Gass MLS, Cauley A, Paskett ED, Sattari M, Prentice RL. Long-term influence of estrogen plus progestin and estrogen alone use on breast cancer incidence: The Women's Health Initiative randomized trials. *AACR* 2020;80 (4) SABCS19-GS5-00
24. Madsen TE, Luo X, Huang M, Park K, **Stefanick ML**, Manson JE, Liu S. Sex Hormone Binding Globulin: A Novel Hormonal Biomarker for Ischemic Stroke Risk? *Stroke* 2020; 51: A73

**Invited Speaker & Major Symposia-selected from >200 Invitations to Scientific/Professional Meetings**

January 1992 **NHLBI Conference on Cardiovascular Health and Disease in Women**, Bethesda, MD. *Obesity, Fat Distribution, and Exercise in Women*

May 1992 **International Consensus Symposium on Physical Activity, Fitness and Health**, Toronto, Canada. *Exercise and Lipid Transport and Metabolism*

July 1992 **American Heart Association Conference on Cardiovascular Response to Exercise**, Chicago, Illinois. *Modification of Cardiovascular Risk by Exercise: Exercise, Lipoproteins and Cardiovascular Disease*

December 1995 **NIH Consensus Conference on Physical Activity and Cardiovascular Health** Bethesda, MD. *Physical Activity and Lipid Metabolism*

February 1998 **Cardiovascular Health: Coming Together for the 21<sup>st</sup> Century**, San Francisco, CA. (NHLBI, CORE, CDPC, UCSF):

- *Relationship of Physical Activity to Other Cardiovascular Risk Factors*
- *Counseling Women at the Menopause*

May 1998 **American Heart Association Conference on Obesity: Impact on Cardiovascular Disease**, Amelia Island Plantation, Florida. *Physical Activity in the Management of Obesity*

February 1999 **American College of Sports Medicine Consensus Conference on Physical Activity in the Prevention and Treatment of Obesity and its Co-morbidities**; Toronto, Canada *Physical Activity in the Prevention and Treatment of Lipoprotein Disorders Associated with Obesity*

September 1999 **Scientific Council of National Heart, Lung, and Blood Institute**, Bethesda, MD; *The Women's Health Initiative: Overview and Scientific Objectives*

October 1999 **National Academy of Sciences, Institute of Medicine**, Washington, D.C.

- *Workshop on Weight Management in the Military (Committee on Military Nutrition*
- *Planning Group on Hormone Replacement Therapy Issues*

May 2000 **First International Conference on Women, Heart Disease, and Stroke**, Victoria, British Columbia, Canada. - *The Women's Health Initiative*

October 2002 **DHHS-NIH Scientific Workshop: Menopausal Hormone Therapy**, Bethesda, MD  
*The Women's Health Initiative: Background, Rationale and Balance of Risks and Benefits*

May 2003 **International Consensus Conference on Menopause: State-of-the-Art toward Consensus**, Athens, Greece.

- *Estrogen plus Progestin does not prevent cardiovascular disease: the WHI*
- *Lifestyle interventions for reducing heart disease, breast and colon cancer*

April 2004 **International Consensus Conference on Menopause**, Florence, Italy. *The WHI Conjugated Equine Estrogen Only Trial: Primary Results*

March 2005 **NIH State-of-the-Science Conference on Menopause**, Bethesda, MD. *Estrogens and Progestins: Background/History, Trends in Use, and FDA Guidelines and Approved Regimens (Routes of Administration, Formulations, Doses)*.

September 2005 **International Endocrinology Society Meeting**, Gothenberg, Sweden. *The Women's Health Initiative Hormone Trials: Primary Results*

February-March, 2006 **WHI Conference: The Legacy to Future Generations**, NIH, Bethesda, MD - Conference Organizer and Master of Ceremonies; *Hormone Trials Overview*

April 2008 **V FORUM on Women, Health and Gender**, Spain Ministry of Health, Madrid, Spain  
*Menopausal Hormone Therapy and the Women's Health Initiative Hormone Trials*

April 2009 **European Congress of Endocrinology Annual Meeting**, Istanbul, Turkey: *Meet-the-Experts: Menopausal Hormone Therapy in 2009, after the Women's Health Initiative Hormone Trials*

September 2009 **NIH Office of Research on Women's Health: Moving into the Future-New Dimensions and Strategies for Women's Health Research** Providence, Rhode Island. Chair, Workshop on Middle Years/Menopausal Transition,

May 2011 **8<sup>th</sup> Annual Nutrition & Health Conference** (Nutrition and Health: State of the Science and Clinical Applications; U of Arizona), San Francisco. *The Role of Nutrition and Physical Activity in Aging Muscle and Physical Function (Preventing Sarcopenia: Loss of Muscle Mass)*

March 2012 **Women's Health 2012: the 20<sup>th</sup> Annual Congress**, Washington, D.C. The Vivian Pinn Women's Health Research Keynote: *The Women's Health Initiative (WHI); What have we learned?*

May 2016 Annual Organization of the Study of Sex Differences (O.S.S.D.) Conference at the University of Pennsylvania, Philadelphia. Organized the *Musculoskeletal Sex Differences over the Life Course Symposium* (with postdoctoral fellow, Deepika Laddu, PhD, as junior investigator co-coordinator)

June 2017 **National Institutes of Health: Inclusion Across the Lifespan Workshop**, Bethesda, MD; Invited Discussant Topic #1: *Inclusion/Exclusion criteria and their impact on inclusion of participants in clinical trials*

March 2018-February 2019 **Office of Research on Women's Health (ORWH) 2019-2023 Trans-NIH Strategic Plan for Research on Women's Health: Advancing Science for the Health of Women** (released February 2019) Member of the Strategic Plan Working Group

June 2018 **American College of Sports Medicine Annual Meeting**, Minneapolis, Minnesota **Symposium: Beyond MVPA\*: Reducing Sedentary Time & Promoting Light Intensity PA in Older Women Increasing Physical Activity & Reducing Sedentary Behavior in Older Women: WHISHful thinking? (\*Moderate & Vigorous Physical Activity)**

September 2018, **International Symposium on Women's Health and Gendered Innovations (GISTer)** Seoul, Korea; Keynote Lecture: *Why Sex and Gender Matter in "Precision" Health of Women* - and - GISTer Research Workshop: *Special Lecture 1. The Challenge of developing a Neuroscience (Brain) Case for the (Stanford) Gendered Innovations Project*

September 2018 **Magee-Womens Research Institute (MWRI) Summit**, Pittsburgh, Pennsylvania *Why Sex and Gender Matter in "Precision" Health of Women*

June 2019 **American College of Sports Medicine Annual Meeting**, Orlando, Florida **Symposium: Exercise and the Aging Heart: Prevention and Management of Heart Failure (HF) and Atrial Fibrillation (AF): Implementing a Community-based Trial on Exercise for HF and AF Prevention**

April 2021 **Estrellita and Yousuf Karsh Visiting Professorship in Women's Health, Brigham and Women's Hospital** Department of Medicine Medical Grand Rounds: *Gender Matters: Why Sex as a Biological Variable (SABV) is not Enough in Precision Health*

**Teaching - Stanford University** (see list trainees at end)

2013-2014 Department of Medicine Teaching Award (SPRC)

2019-2020 Department of Medicine Teaching Award (SPRC) - awarded June 24, 2020

**Faculty Mentor**, SPRC's NIH (NHLBI)-funded T32 Training Grant: **Cardiovascular Disease Prevention** (5T32HL007034-40; Director: Christopher Gardner, Ph.D) 1986-present\*

**Postdoctoral Mentees** (within past 10 years), Current position of mentee

Shawna Follis, Ph.D., current

Sparkle Springfield, Ph.D., primary mentor, 2017-18; secondary, 2018-2020, Assistant Professor, Parkinson School of Health Sciences and Public Health in the Department of Public Health at Loyola University Chicago.

Rebecca Drieling, Ph.D., M.P.H., 2016-2017, Social Epidemiologist, University of Washington School of Public Health, Department of Environmental and Occupational Health Sciences

Deepika Laddu-Patel, Ph.D., 2014-2016, Assistant Professor, Physical Therapy, College of Applied Health Science, University of Illinois at Chicago

Nazmus Saquib, Ph.D. 2010-2013 Associate Professor, Epidemiology, Sulaiman Al-Rajhi Colleges, School of Medicine, Al-Qassim, Saudi Arabia

Juliann Saquib, Ph.D. 2011-2013 Assistant Professor, Family & Community Medicine, Sulaiman Al-Rajhi Colleges, School of Medicine, Al-Qassim, Saudi Arabia

Stacy Sims, Ph.D. 2007-2010, Senior Research Fellow, Health, Sport and Human Performance/Adams Centre for High Performance, University of Waikato

**Faculty on 4 NIH T32 Grants:** CVD Prevention 5T32HL007034-40; Endocrinology - 5T32DK007217-40: Nephrology - 2T32DK007357-31: Vascular Medicine - 2T32HL098049-06

**As Primary Mentor:**

Current: Ivie Oghogho Okundaye, M.D., NIDDK F32 Nephrology: Contraceptive Options for CDK patients

Past: Teri Greco, M.D., Assistant Professor of Clinical Medicine, Indiana Univ. NIH T32 Endocrinology

**Mentor for Career Development Awards, Current position of trainee; Award**

Current:

Ilanit Itzhaki, M.D., Instructor (CV Med), Stanford; K99/R00: The Effect of Estrogen on Cardiac Arrhythmic Propensity

Past:

Marco Perez, M.D., Associate Professor, Medicine (CV Med), Stanford; AHA Fellow to Faculty Award and Harold Amos Medical Faculty Development Award: Genetic Determinants of Atrial Fibrillation in a Multiethnic Cohort of Postmenopausal Women (Women's Health Initiative) – [led to R01: Women's Health Initiative Strong and Healthy – SilenT Atrial fibrillation Recording (WHISH-STAR)]

Jennifer Tremmel, M.D., S.M., Assistant Professor, Medicine (CV Med), Stanford; K23-award: Sex Differences in the Pathophysiology of Symptomatic Non-Obstructive Coronary Disease

Latha Palaniappan, MD, MS, Professor, Medicine (CV Med); K12 (Building Interdisciplinary Research Careers in Women's Health)

**Co-Director, Women's Health and Sexual & Gender Minority Health (WH-SGMH) Application in Medical School Scholarly Concentration Program**, Stanford University School of Medicine.

(Co-Directors: Paula Hillard, M.D. & Mitch Lunn)

**PhD Dissertation Committees (Mentoring of Graduate Students), Current position**Current:

Kelly McGill, PhD Candidate, Immunology (PJ Utz and Purvesh Khatri, primary advisors)

Past:

Emily Flynn, PhD Candidate, Biomedical Science (Russ Altman, primary advisor)

Amy Braun, PhD (Neurosciences; Theo Palmer Laboratory), *MCHRI postdoctoral fellow (Virginia Winn Lab)*

Erika Bongen, PhD (Immunology; Utz and Khatri laboratories)

Linda Liu, PhD (Biomedical Data Sciences)

**Core Faculty, Community Health & Prevention Research (CHPR) Masters Program (Department of Medicine, Stanford Prevention Research Center)****Course Director: 2015-present**

CHPR 201 (Fall): **Introduction to the Science of Healthy Living**

CHPR 240 (Fall): **Prevention Research – the Science of Healthy Living** – *lecture series showcasing every faculty of Stanford Prevention Research Center [\*2004-2019, Co-director, Wes Alles, Ph.D.]*

CHPR 250 (Winter): **Prevention Across Medical Disciplines** – *lecture series showcasing faculty of every Clinical Division of the Department of Medicine*

CHPR 270 (Spring): **Prevention Across Surgical and Medical Disciplines** – *lecture series showcasing faculty of every Clinical Department in the Stanford School of Medicine*

**Primary Mentor for Masters in Community Health & Prevention Research – Completed Thesis (title)**

Anjali Wignarajah (2020), *Thoughts on the Field of Obstetrics' Response to COVID-19: A Qualitative Research Project*

Lauren Wegner, M.S. (2019) *Exploring Motivational Strategies in the WHISH Trial: an Embedded Substudy*

Tessa Eckley, M.S. (2018) *Exploring Motivational Drivers of Physical Activity in Older Women (WHISH Trial)*

Mandeep Kaur Chahal, M.S. (2018) *Supporting Domestic Violence Screening in Underserved Populations Using a Novel Training Protocol for Medical Assistants*

Dylan Simmons, M.S. (2017) *Another Leelah's Law: Minor Consent for Pharmacologic Gender-Affirming Healthcare*

**Course Director (\*Co-Director) – Current (bold: School of Medicine courses):**

FamMed 245 **McGann Women & Health Lecture Series** (43<sup>rd</sup> annual; \*Co-director, Eva Weinlander, M.D.)

Human Biology 28; FemGen237 (SoMGen237) **Health Impact of Sexual Assault and Relationship Abuse Over the Life Course**: 2014-present (Winter Qtr, 2020; possibly, Spring 2021).

Human Biology 29G: **Gender and Intersectionality in Global Health Course**: 2019-present, (Spring).  
[\*Co-Director with Clea Sarnquist, PhD, primary Course Director]

Human Biology 125; **Ob/Gyn 256: Current Topics and Controversies in Women's Health**, 2008-present\* (Spring Qtr.) [\*2008-2013, Co-director: Mary Jacobson, M.D.]

Human Biology 126 (orig.HumBio 148) **Promoting Health Over the Life Course: Multi-disciplinary Perspectives**, 2004-present (Fall Quarter) [\*2004-2019, Co-Director: Wes Alles, Ph.D.]

Human Biology 140; **Medicine 240: Sex and Gender in Human Physiology and Disease**, 2008-present (Winter Qtr)

**INDE215: Queer Health and Medicine (LGBTQ+-MEDS)** 2018- present (Winter Qtr, 2020)

**SomGen 130** (School of Medicine, General); FemGen 230: **Sexual Function & Diversity in Medicine**; 2014-present; *as of 2018, includes INDE 215; Winter 2020* [\*2014, Co-director: Inge Hansen, PsyD]

**SoMGen 150Q: Challenging Sex & Gender Dichotomies in Medicine (INTRO SEM)**; 2017-present (Fall,2019). [*was formerly, SoMGen 257; 2014-2016, Spring Quarter*]

**Faculty Advisor for Human Biology (or Feminist, Gender & Sexuality Studies) Students**

Current

Cam Lincoln, *Class of 2022*  
 Nardos Solomon, *Class of 2022*  
 Margot Bellon, *Class 2021*  
 Derek Chen, *Class 2021*  
 Taylor Celeste Crutison, *Class 2020*  
 Chinenye Obianuju Ogbonnah, *Class 2020*  
 Psalm Liverty Mary Pineo-Cavanaugh, *Class 2020*  
 Bobby Murray Radecki, *Class 2020*  
Honors Thesis Reader: Jacky Chu, Class 2020

Past – selected from ~80 graduates since 1988

Kira Alqueza, *Class 2018*  
 Tanvi Jayaraman, *Class 2016, 2<sup>nd</sup> year Stanford Medical School*  
 Nira Kasnow, *Class 2017, Harvard Medical School*  
 Michal McDowell, *Class 2013, graduated Harvard Medical School*  
 Janet Okogbaa, *Class 2009, graduated Stanford Medical School*  
 Tiondrae Pier, *Class 2018*  
 Brinda Sarvanabavanandhan, *Class 2009, graduated Stanford Medical School*  
 Hannah Slater, *Class 2019*  
 Camila Vargas, *Class 2019*

Guest Lecturer – Medical School: Current (within past 5 years)

**Family Medicine 245, Women & Health (McGann Lecture Series), 2004-present** (current Course Director, Eva Weinlander, MD; \*2004-2011: Marita Grudsen) – *Sex Differences in Human Physiology and Disease; Women's Cardiovascular Health: Breast Cancer; Osteoporosis; Menopause*

**Health Research & Policy 236, Epidemiology Research.** 2006-2018 (Course Director, Victor Henderson) *Clinical Trials versus Observational Studies: The Women's Health Initiative*

**Health Research & Policy 251, Clinical Trials,**

2000-05 - *Design and Conduct, Recruitment and Retention* (Course Director: Mark Hlatky)  
 2006-2017; *Special Issues of Large Multi-center Clinical Trials* ;  
 2018-present Non-pharmacological (Behavioral) Intervention RCTS: *WHI Strong & Healthy (WHISH) Trial*  
 (Course Directors: Victor Henderson and Rita Potat)

**Health Research & Policy 130: Cancer Epidemiology.** 2006-2012 (Course Director: Dee West)

*Clinical Trials vs Observational Studies: Diet & Breast Cancer; Hormones & Heart Disease*  
 2016 (Course Director: Alice Whitemore) *WHI Clinical Trials; WHISH Physical Activity Trial*

**Human Health and Disease 222** (Core Medical School Curriculum): **Women's Health - Sexual Function: Women and Men.** 2014-2019 (Course Director: Paula Hillard, M.D.)

**Ob/Gyn 216, Current Issues in Reproductive Health** (Course Director, Maury Druzin; Medical Students) – *Menopause and the Women's Health Initiative Hormone Trials.* 2013-2019

**Ortho 120/220: Introduction to Lifestyle Medicine, Winter 2020** (Instructor, M Fredericson) – *Diet and Physical Activity for Chronic Disease Prevention: WHI Diet and WHISH Physical Activity Trials*

**SomGen 206: Global Medical Issues Affecting Women's Health** (Course Director: Clea Sarnquist) *Aging and Women's Global Health, 2019-present*

**Stanford Center for Clinical Research (SCCR) Science Series: June 2019** – *Challenging Sex & Gender Dichotomies in Medicine* (Course Director: Susan Saba)

Guest Lecturer – Stanford Undergraduate Campus

**History44/144, The History of Women and Gender in Science, Medicine, and Engineering.**

2013- 2019 Gendered Innovations (<http://genderedinnovations.stanford.edu/>); selected Medicine & Science (Cardiovascular, Osteoporosis) cases (Course Director: Londa Schiebinger, Ph.D.)

**Feminist, Gender, and Sexuality Studies(FemGen)103/203/Philosophy153/253: Feminist Theories and Methods Across the Disciplines;** 2016-2019 (Course Director: Helen Longino, Ph.D.)



**Guest Lecturer – Past (more than 5 years ago)**

**Stanford School of Medicine**

Health Research & Policy 266, Cardiovascular Disease Prevention, 1988-2001 (Course Director: Abby King): Plasma Cholesterol and Lipoproteins; Obesity; Clinical Trials in CHD Prevention; Women and Heart Disease  
Medicine 221, Personal Health, Co-Director (John Farquhar) Diet, Weight Management, Lipoproteins  
ObGyn 230: Women's Health medical forum, 2006-11 [1-2 lectures/year] (Course Director: Lynn Westphal).  
Physiology 200, Cardiovascular Physiology (School of Medicine) *Exercise and Cardiovascular Physiology*

**Stanford Undergraduate**

Athletics 74, Introduction to Nutrition and Exercise, 2003-06 - Diet and Exercise for Obesity and Disease Prevention; Issues Specific to Women (Course Director: Clyde Wilson)  
Human Biology 120, Human Nutrition - Lipoproteins, Cholesterol and Disease (Course Director: Gail Butterfield)  
Human Biology 129: Global Public Health, 2009, 2011 - International Health: Chronic Disease across the Lifespan. (Course Director, Anne Firth Murray)  
Human Biology 159 and 97Q, Sports Medicine - Special Issues for Women and Exercise. (Course Directors: Gordon Matheson; Dan Garza)  
Health Education, School of Education Designing Exercise Programs (Course Director: Carl Thoreson)  
Biosciences 212, General Physiology - Cardiovascular Physiology: L1-Heart; L2-Arterial System; L3-Venous a& Pulmonary Systems (Course Director: Robert Sapolsky)  
Human Biology 111/Biosciences 112, Human Physiology: (L1) Cardiovascular Physiology; (L2) Control of Movement, Skeletal Muscle Physiology; (L3) Exercise Physiology (Course Director: H. Craig Heller)