

CURRICULUM VITAE, updated 01.09.2023

Name: **Nancy Morioka-Douglas, M.D., M.P.H.**
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EDUCATION and TRAINING

1984-present		Diplomate, American Board of Family Medicine. Recertified, 1991, 1998, 2004, 2011, 2018.
1985	MPH	Health Policy and Planning, School of Public Health, University of Hawaii, Honolulu, Hawaii. Coursework was divided between University of Hawaii and University of California at Berkeley School of Public Health through the Western States' Consortium of Schools of Public Health.
1984-1985		Song Brown Fellowship in Family Medicine, Department of Family, Community, and Preventive Medicine, Stanford University School of Medicine, Stanford, California.
1983-1984		Chief Resident, Family Medicine Residency Program, San Jose Hospital, San Jose, California. Affiliated with the Stanford University School of Medicine.
1981-1984		Family Medicine Residency Program, San Jose Hospital, San Jose, California. Affiliated with the Stanford University School of Medicine.
1981	MD	John A. Burns School of Medicine, University of Hawaii, Honolulu, Hawaii.
1976	BS	Stanford University, Stanford, California. Major: Biology.

HONORS and AWARDS

June 2022		Stanford Health Care Physician of the Year, awarded to the one physician who consistently achieves high standards in the practice of medicine and is looked upon as a role model by his or her peers. This individual displays exceptional teamwork, engagement, and passion for medicine.
2003-present		Named one of "Best Doctors" of America.
June 2017		Dr. Augustus A. White and Family Faculty Professionalism Award recognizing outstanding work in reducing health disparities or in enhancing the effectiveness of underrepresented minorities in the university community through research, education, mentoring or service, Stanford University School of Medicine.
2012		Stanford Physician/Faculty Advanced Leadership Development Program, Stanford University School of Medicine and Stanford University Medical Center.
2008-2010		California HealthCare Foundation Health Care Leadership

Program, a selective two-year fellowship that offers clinically trained health care professionals the opportunity to gain the experience, perspective, and vision necessary for shaping a more responsive and effective health care system

2006-2007 Stanford Physician/Faculty Leadership Development Program, Stanford University School of Medicine and Stanford University Medical Center.

EMPLOYMENT and APPOINTMENTS

2006-present Clinical Professor, Department of Medicine-General Medical Disciplines, Stanford University School of Medicine, Stanford, California

1993-2022 Physician, Stanford Family Medicine, Palo Alto, California.

2013-2016 Medical Director, Patient Centered Care, Stanford Primary Care, Stanford University School of Medicine, Stanford, California

1998-2013 Clinic Chief, Stanford Family Medicine, Stanford University School of Medicine, Stanford, California.

2010-2015 Co-director, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California

2011-2015 Faculty member and mentor, Faculty Development Program in Ethnogeriatrics, Stanford Geriatric Education Center, Stanford University School of Medicine. This 12-month 160-Hour program focuses on ethnogeriatric teaching strategies, curriculum development, and addressing the needs of diverse older adults. Participants were selected from a large pool of faculty applicants from diverse health professions' schools and have included disciplines of social work, dentistry, pharmacy, medicine, nursing, among others.

2001-2015 Faculty, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California

2000-2006 Clinical Associate Professor, Center for Education in Family and Community Medicine, Stanford University School of Medicine, Stanford, California

2000–2002 Assistant Medical Director, Stanford Managed Care, Stanford University Medical Center, Stanford, California.

1993–2000 Clinical Assistant Professor, Division of Family and Community Medicine, Stanford University School of Medicine, Stanford, California.

June, 1992 Locum Tenens, San Francisco State University Student Health Center, San Francisco, California.

1988-1991 Medical Director, Care West Nursing Home, Burlingame, California.

1987-1993 Core Faculty Member, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California.

1985-1993 Private Practice, Burlingame, California.

- 1985-1988 Medical Director, East Valley Community Clinic, Inc., San Jose, California.
- 1983-1986 Pool Physician, Kaiser Santa Teresa, After Hours Clinic and the Urgent Care Clinic, San Jose, California.

PROFESSIONAL ACTIVITIES, NATIONAL

- June 2015 Ad hoc member, Study Panel, Making Health Care Safer in Ambulatory Care Settings and Long Term Care Facilities (R01), Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research, Education and Priority Populations Division of Scientific Review (DSR)
- 2014 Ad hoc member, Study Panel, Health Care Research Training, Agency for Healthcare Research and Quality(AHRQ), Office of Extramural Research, Education and Priority Populations Division of Scientific Review (DSR)
- 2014 Ad hoc member, Study Panel, Accelerating the Dissemination and Implementation of PCOR Findings into Primary Care Practice, Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research Education and Priority Populations, Division of Scientific Review (DSR)
- 2010-2014 Member, Study Panel, Health Quality and Effectiveness, Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research, Education and Priority Populations Division of Scientific Review (DSR)
- December 2013 Invited Participant, The 1st Lown Institute Conference, "From Avoidable Care to Right Care", Boston, Massachusetts.
- March 2010 Member, Special Emphasis Panel RFA 10-002 for "Transforming Primary Care Practice (R18)", Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research, Education and Priority Populations, Division of Scientific Review (DSR)
- 2009-2011 National Working Group on "Promoting Good Stewardship in Clinical Practice." Sponsored by the National Physicians Alliance (NPA) through a grant from the American Board of Internal Medicine Foundation. This was the beginning of the "Choosing Wisely" campaign.
- 2005 Standard Setting Committee for Examination, 2005. American Board of Family Medicine.
- 2001-2004 Team member, "Improving Access and Efficiency: in the Stanford Clinics," part of the national collaborative of the Institute for Healthcare Improvement. As part of this imitative, Stanford Family Medicine and Stanford Medical Group were recognized among the national leaders in developing advanced access in academic primary care.
- March, 1991 Invited Participant, meeting to develop a "Minority Aging Research Agenda," Gerontological Society of America, Airlie House, Warrenton, Virginia.

PROFESSIONAL ACTIVITIES, STATE

2012-2016 Member, Medical Evidence Evaluation Advisory Committee (MEEAC), Division of Workers' Compensation, California Department of Industrial Relations

PROFESSIONAL ACTIVITIES, STANFORD UNIVERSITY

2020-2021 Selected mentor for the Stanford University School of Medicine LEAD(Leadership Education in Advancing Diversity) Program, Department of Pediatrics, Stanford University School of Medicine.

2018 -2020 Member, Clinician Educator Reappointment Committee, Stanford University School of Medicine

2014 Member, Search Committee for the Chair of Ophthalmology, Stanford University School of Medicine

2007-2014 Vice Chair, Appointment and Promotion Committee for Clinician Educators, Stanford University School of Medicine.

2013-2014 Invited mentor for the Stanford University School of Medicine Faculty Fellows Leadership Program

2010-2012 Member, Faculty Flexibility Task Force, Stanford University School of Medicine.

2009-2013 Department of Medicine Quality Council member, Stanford University School of Medicine

2009-2010 Teaching Excellence Task Force, Stanford University School of Medicine.

2006-2019 Appointment and Promotion Committee for Adjunct Clinical Faculty, Department of Medicine, Stanford University School of Medicine.

2005-2007 MD Admission Panel, Stanford University School of Medicine.

2005 Member, Cultural Competence Steering Committee, Stanford University School of Medicine.

2001-2011 Women's Health @ Stanford Advisory Board, Stanford University School of Medicine.

PROFESSIONAL ACTIVITIES, STANFORD HEALTH CARE

2017-2022 Health Information Management Committee, Stanford Health Care.

2013-2016 Stanford Primary Care Population Health Workgroup, Stanford Hospital and Clinics.

2013-2015 Stanford Primary Care Medical Directors Workgroup, Stanford Hospital and Clinics.

2009-2014	Planning Committee, Stanford Clinical Excellence Summit, Stanford Hospital and Clinics
2012	Stanford Primary Care Value Stream Mapping Access Initiative, Stanford Hospital and Clinics
2010-2013	Clinical Performance Team 2, Stanford Hospital and Clinics
2010	Diabetes Action Team, Stanford Hospital and Clinics
2003-2010	Interdisciplinary Practice Committee, Stanford Hospital and Clinics

CURRENT RESEARCH

2022-2023	Principal Investigator for “ASCEND: acts of self compassion enjoyed daily”, seed grant from the Division of Primary Care and Population Health, Department of Medicine, Stanford University School of Medicine and from Stanford University BeWell. Exploratory research to develop, pilot and evaluate training of Stanford faculty and staff to incorporate self care into their daily work schedules.
2020-2021	Principal Investigator for ‘Using virtual technology to enhance the lives of home bound elderly PEP (Positive Experience Project)’, seed grant from the Division of Primary Care and Population Health, Department of Medicine, Stanford University School of Medicine.
2010-present	Principal Investigator for “Stanford Youth Diabetes Coaching Program”, funded by private donors. Engages family medicine residency programs across the United States and now in Canada to partner with local underserved community high schools to teach disadvantaged youth to become diabetes coaches of family members.

COMPLETED RESEARCH

2020-2022	Consultant, “A Community Health Worker Strategy to Reduce Inequalities and Improve Diabetes Outcomes in low income and rural communities using the Stanford Youth Diabetes Coaching Program (SYDCP) in migrants, refugees and low resource communities in WA”, PI Michael Parchman, MD, MPH, Community Health Worker Coalition for Migrants and Refugees, funded by U. Washington’s Latino Center for Health’s Small Grants Program
2015-2017	Co-Principal Investigator, “Stanford Family Medicine Adolescent Transition Program,” James Gallagher Patell Fund in Transitional Medical Care Innovations in Adolescent Transitional Health Care Grant, Lucille Packard Children’s Hospital, Stanford, California.
2014-2017	Co-Principal Investigator, “Minimizing Stress, Maximizing Success of Physician’s Use of Health Information”, 1R18HS022065-01A1, Agency for Healthcare Research and Quality.
2009-2010	Co-Principal Investigator for CTSA Seed Grants “Refining and Disseminating HealthyU: A Health Science Learning Journey.” funded by the Office of Community Health, Stanford University School of Medicine,

- 2009-2010 Principal Investigator for “Intergenerational Approach to Diabetes”, an innovative approach to working with students at East Palo Alto High School to teach them about chronic disease self-management, funded by the California HealthCare Foundation.
- 2006-2007 Principal Investigator for California Academic Chronic Care Collaborative grant to Stanford, funded by the California HealthCare Foundation and the AAMC.
- 2004–2006 Principal Investigator for ethnogeriatric curriculum development grant “Achieving Diversity in Dentistry and Medicine (ADDM)” program sponsored by HRSA, in collaboration with the American Medical Student Association (AMSA) Stanford was the only school in the nation chosen for this first phase of funding in ethnogeriatric curriculum development

PUBLICATIONS

Gefter, L.; Morioka-Douglas, N.; Srivastava, A.; Jiang, C.A.; Patil, S.J.; Rodriguez, E. Remote Implementation of a School-Based Health Promotion and Health Coaching Program in Low-Income Urban and Rural Sites: Program Impact during the COVID-19 Pandemic. *Int. J. Environ. Res. Public Health* 2023, 20, 1044. <https://doi.org/10.3390/ijerph20021044>

Gefter L, Morioka-Douglas N, Srivastava , Rodriguez E., “Increasing patient activation scores of vulnerable youth by partnering medical residency programs with public high schools,” *Patient Education and Counseling*, Volume 104, Issue 4, 2021, Pages 927-931,ISSN 0738-3991,<https://doi.org/10.1016/j.pec.2020.08.035>.

Gefter, L. R., Morioka-Douglas, N., Srivastava, A., Rodriguez, E. R.; Addressing Health Disparities and Increasing Cultural Competency of Medical Trainees with Community Engagement *J Community Med Health Educ* 2019; 9 (1): 647

Kroth, P., Morioka-Douglas, N., Veres, S., Pollock, K., Babbott, S., Poplau, S., Corrigan, K., Linzer, M. :The electronic elephant in the room: Physicians and the electronic health record.” *JAMIA Open*, Volume 1, Issue 1, July 2018, Pages 49–56, <https://doi.org/10.1093/jamiaopen/ooy016>

Gefter L, Morioka-Douglas N, Srivastava , Rodriguez E, ”Supporting At-risk Youth and Their Families to Manage and Prevent Diabetes: Developing a National Partnership of Medical Residency Programs and Public Schools,” *PEDIATRICS* Vol. 141 No. 1 Meeting Abstract January 01, 2018. doi: 10.1542/peds.141.1_MeetingAbstract.192

Gefter L, Morioka-Douglas N, Srivastava , Rodriguez E., “Supporting At-Risk Youth and Their Families to Manage and Prevent Diabetes: Developing a National Partnership of Medical Residency Programs and High Schools,” *PLoS One*. 2016 Jul 6;11(7):e0158477. doi: 10.1371/journal.pone.0158477. eCollection 2016

Gefter L, Merrell SB, Rosas LG, Morioka-Douglas N, Rodriguez E., ”Service-Based Learning for Residents: A Success for Communities and Medical Education,” *Fam Med*. 2015 Nov-Dec;47(10):803-6

Gefter L, Rosas LG, Rodriguez E, Morioka-Douglas N, “Training At-Risk Youth to Become Diabetes Self-management Coaches for Family Members: Partnering Family Medicine Residents With Underserved Schools,” *Diabetes Educ*. 2014 Sep 10. pii: 0145721714549676. [Epub ahead of print]

Morioka-Douglas, N. and Hilliard, P.J., “No Papanicolaou tests in women younger than 21 years or after hysterectomy for benign disease,” *JAMA Internal Medicine*. 2013, 173(10): 855-6

Morioka-Douglas, N., "Empowering Youth as Self-Management Coaches for Diabetic Family Members", California HealthCare Foundation Issue Brief. 2011 February

Good Stewardship Working Group. "The "top 5" lists in primary care: meeting the responsibility of professionalism," Arch Intern Med. 2011; 171 (15): 1385-90

Morioka-Douglas, N., "Medical education and chronic disease." Letter, JAMA. 2004 Dec 22; 292(24):2975

Morioka-Douglas, N., Sacks, T. and Yeo, G., "Issues in Caring for Afghan American Elders: Insights from Literature and a Focus Group," J Cross Cult Gerontol 2004; 19: 1: 27-40.

McBride, M. R., Morioka-Douglas, N., & Yeo, G., Aging and Health: Asian and Pacific Island American Elders, 2nd Ed... SGEN Working Paper Series No. 3. Stanford, CA: Stanford Geriatric Education Center, 1996.

PRESENTATIONS AND POSTERS

May 2021 Putting PEP in Your Depressed Elderly Patient's Life During a Pandemic: The Positive Experience Project," Nancy Morioka-Douglas, MD, MPH, Mei-Le Keck, Amelia Sattler, MD, Scholarly Topic Roundtable Presentation, Society of Teachers of Family Medicine Annual Spring Conference.

November 2020 "Putting PEP in Your Patient's Life During a Pandemic: The Positive Experience Project" Nancy Morioka-Douglas, MD, MPH; Steven M. Crane, MS; BJ Fogg, PhD; Catherine Brown Johnson, PhD; Robert Kato, BA: and Dolores Gallagher-Thompson, PhD, ABPP, 48th Annual North American Primary Care Research Group Annual Meeting.

April 2020 "Increasing patient activation scores and healthy behaviors in at-risk youth through Stanford youth coaches programs", Liana Gefer, MD, MPH, Nancy Morioka-Douglas, MD, MPH, Ashini Srivastava, MBBS, MPH, Eunice Rodriguez, DrPH, 11th Annual Pediatrics Research Retreat , Department of Pediatrics, Stanford School of Medicine, Stanford, CA

November 2018 "Training Youth to be Health Coaches Increases their Patient Activation Scores" Liana Gefer MD MPH†, Nancy Morioka-Douglas MD MPH†, Ashini Srivastava MBBS MPH ‡, Eunice Rodriguez DrPH‡, Inaugural 2018 Maternal & Child Health Research Institute Symposium, Stanford University, Stanford, CA

March 2017 "Symposium on Factors Associated with the Use of Health Information and Communications Technologies & Clinician Stress & Burnout: What We Know & What We Can Do," Stewart Babbott, MD, Kathyne Corrigan, MS, Philip J. Kroth, MD, MS, Nancy Morioka-Douglas, MD, MPH, & Sharry Veres, MD, MHSA, The Patient, The Practitioner and the Computer, Brown University, Providence, Rhode Island.

May 2016 "Factors Associated with Clinician Stress and Burnout: Results from the MS-Squared Study (Minimizing Stress, Maximizing Success from Health Information and Communications Technologies), Philip Kroth, Nancy Morioka-Douglas, Sharry Veres, Sara Poplau, Katherine Pollock, Mark Linzer, presentation, iHealth 2016 Clinical Informatics Conference, Minneapolis, Minnesota.

May 2016 "Creating Community-Based Service-Learning Opportunities to Address ACGME Competencies: The Stanford Youth Diabetes Coaching Program", lecture discussion at the Society of Teachers of Family Medicine Annual Spring Conference, Minneapolis, Minnesota.

April 2016 "Stanford Youth Diabetes Coaching Program: Creating a New Generation of Empowered Patients", poster presented at the Inaugural Lown Institute Pre-Conference Research Day, Chicago, Illinois.

September 2015 "Empowering a new generation of e-patients: Stanford Youth Diabetes Coaching Program," speaker, Medicine X, 2015, Stanford University, Stanford, California.

June 2015 "Empowering Underserved Ethnic Minority Youth and Their Families With Tools to Embrace Healthier Lifestyles," invited speaker, Health Services in Schools: From cost-effectiveness studies to distributional justice, Conference hosted by Division of General Pediatrics and sponsored by Stanford McCoy Family Center for Ethics in Society and Stanford Humanities Center, Stanford University, Stanford, California.

May 2014 "Stanford Youth Diabetes Coaches Program: Partnering Family Medicine Residents With Underserved Schools for Community Empowerment," San Antonio, Texas ", Liana Gefter and Nancy Morioka-Douglas, lecture discussion at the Society of Teachers of Family Medicine Annual Spring Conference, San Antonio, Texas.

November, 2013 "Training adolescents to be self-management coaches for diabetic family members: A novel approach to empower at-risk youth and their families,"", Liana Gefter, Lisa Rosas, Eunice Rodriguez, Isabella Chu, and Nancy Morioka-Douglas, roundtable presentation at the American Public Health Association National Conference, Boston, Massachusetts.

November 2012 "Best practices in foot screening and foot patient education for diverse older patients with diabetes," Kala Mehta, Nancy Morioka-Douglas, Marita Grudzen, Nancy Hikoyeda, Melen McBride, Gwen Yeo, Dolores Gallagher-Thompson, presentation at the Gerontological Society of America Annual Meeting, San Diego, California.

November 2011 "Type 2 Diabetes in Hispanic Elders", invited speaker, UC Irvine School of Medicine Program in Geriatrics Conference on Treating the Older Adult across Cultures, Irvine, California.

October 2011 "Saving Money In Medicare By Improving Patient Care *Seven Things Not To Do In Primary Care – And How Medicare Could Deal With Them*", invited speaker, Health Affairs Conference, Saving Money And Improving Patient Care In Medicare: Ideas For The Joint Select Committee, Washington D.C.

May 2011 "Learning from Clinical Uncertainty", Tina M. Kenyon, ACSW, Lucia Sommers, DrPH, Claudia Allen, PhD, Michael Potter, MD, Nancy Morioka-Douglas, MD, MPH, Alan Siegel, MD. Received Best Poster award at the 2011 Dartmouth Cooperative Research Network Annual Meeting, Lebanon, New Hampshire.

- November 2009 "Practice Inquiry: A Strong And Flexible Foundation for The Medical Home", Kimberly Duir, Lucia Sommers and Nancy Morioka-Douglas, presentation, Society of Teachers of Family Medicine National Conference on Practice Improvement: Constructing the Medical Home, Kansas City, Missouri.
- July 2009 "Cultural Considerations in End of Life Care," invited speaker, Health Plan of San Mateo End of Life Summit, South San Francisco, California.
- April 2009 "Learning From Clinical Uncertainty: Resident and Faculty Experience with 'Practice Inquiry'," Tina M. Kenyon, ACSW, Lucia Sommers, DrPH, Claudia Allen, PhD, Michael Potter, MD, Nancy Morioka-Douglas, MD, MPH, Alan Siegel, MD, poster presented at the Society of Teachers of Family Medicine Annual Spring Conference, Denver, Colorado.
- September 2008 "Cultural Influence on Medical Decision Making: Strategies for Healthcare Professionals", invited speaker, 3rd Annual Conference: Northern California Cancer Center / Co-Sponsors: Mills-Peninsula Health Services and Stanford Comprehensive Cancer Center, South San Francisco, California
- September 2006 "Cultural Influence on Medical Decision Making: Strategies for Healthcare Professionals", invited speaker, Northern California Cancer Center / Co-Sponsors: Mills-Peninsula Health Services and Stanford Comprehensive Cancer Center, Burlingame, California
- January 2006 "Developing Curricula in Cultural Competence: An Iterative, Medical Student-driven Process", Kirkegaard, M and Morioka Douglas, N. Presentation, Annual Predoctoral Education Conference, Society of Teachers of Family Medicine, Charleston, South Carolina
- May 2005 "Faces and Masks of Aging: Implications from the lives of Japanese elderly", invited speaker, Stanford Humanities Center, Stanford University, Stanford, California.
- January 2005 "Sustainable community health based ethnogeriatric training: Aligning the needs of quality assurance by health care agencies, chronic disease management by community clinics, and community health education for medical students" Morioka-Douglas N and LeBaron S. Poster presented at the Annual Predoctoral Education Conference of the Society of Teachers of Family Medicine, Albuquerque, New Mexico.
- September 2003 "Improving Efficiency in the Clinic", invited speaker, Stanford Hospital and Clinics' Breakthrough Collaborative on Operational Excellence, Stanford, California.
- September 2003 "Care Team", invited speaker, Stanford Hospital and Clinics' Breakthrough Collaborative on Operational Excellence, Stanford, California.
- October 2003 "Essentials of Clinical Ethnogeriatrics", invited speaker, Primary Care Ethnogeriatrics: Bridging the Gap in Health Care Disparities, Stanford Geriatric Education Center, Palo Alto, California.

COMMUNITY WORK

- 2001- 2018 Health Plan of San Mateo (HPSM) Quality Assurance Committee, San Mateo, California
- 2001- 2018 Credentialing Committee, Blue Shield of California, San Francisco, California.
- 1996-2002 Trustee, St. Matthew's Episcopal Day School, San Mateo, California
- 1995-1998 Founding Board of Directors, San Mateo Public Library Foundation, San Mateo, California.
- 1991-1993 Board of Directors, Health Care Foundation of San Mateo, San Mateo, California.

MENTEES

- 2014-2015 **Stanford Geriatric Education Mini Fellowship in Ethnogeriatrics**
Katherine Ward, M.D., Assistant Professor of Medicine, David Geffen School of Medicine at UCLA, Department of Medicine, Division of Geriatrics
- Lauren Okamoto, M.D., Assistant Professor of Geriatric Medicine, John A. Burns School of Medicine, University of Hawaii, Department of Geriatric Medicine
- 2013-2014 **Stanford School of Medicine Faculty Fellows Leadership Program**
Rebecca Claire, M.D., Clinical Associate Professor, Anesthesia, Perioperative and Pain Medicine
- Deborah Franzon, M.D., Clinical Associate Professor, Pediatrics-Critical Care
- Stephanie Harman, M.D., Clinical Associate Professor, Medicine-General Medical Disciplines
- Paul Mohabir, M.D., Clinical Associate Professor, Medicine - Pulmonary & Critical Care Medicine

PROFESSIONAL AFFILIATIONS

- 1984- present Member, American Academy of Family Physicians