

Stephen Paul Fortmann Curriculum Vitae

Current Positions: Senior Director, Science Programs
Distinguished Investigator and Medical Director
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Affiliate Professor, Oregon Health and Science University – Portland
State University School of Public Health

C. F. Rehnborg Professor in Disease Prevention (Emeritus)
Stanford University School of Medicine

Academic History

1. Education

1966-1970	Stanford University, A.B. (Biology)
1970-1974	University of California, San Francisco, M.D.

2. Postdoctoral and Residency Training

Santa Clara Valley Medical Center, San Jose, California

1974-1975	Internship in Medicine and Pediatrics
1975-1977	Residency in Medicine

Stanford University School of Medicine, Stanford, California

1977-1979	Research Fellow in Cardiovascular Disease Epidemiology and Prevention, Stanford Heart Disease Prevention Program
1977-1979	Robert Wood Johnson Clinical Scholar
1978	Fellow, Fourth U.S. Ten-Day Seminar on Cardiovascular Disease Epidemiology, American Heart Association

3. Board Certification and Licensure

1975	National Board of Medical Examiners
1975–	Physician and Surgeon Certificate, Medical Board of California (G29702) [Retired/Inactive status, GFE29702, 2010–]
1977	American Board of Internal Medicine

4. Research (Current Support in Boldface) (36 as PI or Co-PI; 31 NIH/AHRQ/HRSA; 18 RCTs):

1983–1986	PI: <i>Effects of Weight Loss on Ambulatory Blood Pressure in Man</i> ; National Heart, Lung, and Blood Institute, (HL 31138)
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- 1983–1992 Director and Co-PI: *Stanford Five-City Multifactor Risk Reduction Project*; National Heart, Lung, and Blood Institute (HL 21906)
- 1984–1990 PI: *Self-Help Smoking Cessation and Maintenance Study*; National Cancer Institute (CA 39303)
- 1988–1994 PI: *A Population-based Study of Cessation in Heavy Smokers*; National Heart, Lung, and Blood Institute (HL 39770)
- 1990–1991 PI: *Smoking Cessation for American Indians* (subcontract from Northern California Cancer Center)
- 1990–1991 PI: *Reducing the Illegal Sale of Tobacco to Minors*; Thrasher Research Fund
- 1991–1994 Co-PI: *Relating Tobacco Access and Consumption Among Youth*; California Tobacco-Related Disease Research Program (2RT0227)
- 1991–1997 PI: *Cardiovascular Disease Nutrition Education in Low Literate Adults*; National Heart, Lung, and Blood Institute (HL 46782)
- 1992–1997 PI: *Stanford Five-City Multifactor Risk Reduction Project*; National Heart, Lung, and Blood Institute (HL 21906)
- 1992–1996 PI: *Nicotine Patch Treatment for Smoking Relapse Prevention*; National Heart, Lung, and Blood Institute (HL 47219)
- 1992–2009 PI: *Cardiovascular Disease Prevention Training Program*; National Heart, Lung, and Blood Institute (HL 007034)
- 1994–1995 PI: *A Placebo-controlled Study Assessing the Safety and Relative Efficacy of High Dose Nicoderm*; ALZA Corporation
- 1995–2000 PI: *High Dose Nicotine Replacement for Heavy Smokers*; National Cancer Institute (CA 68968)
- 1995–2000 PI: *Smokeless Tobacco: Nicotine Patch Self-Help Treatment*, National Cancer Institute (CA 64285)
- 1997–1998 PI: *A 54-Week Open Label Assessment of the Safety and Efficacy of Atorvastatin*, Parke-Davis/Pfizer
- 1997–2000 PI: *Evaluation of the California Wellness Foundation Violence Prevention Initiative*, California Wellness Foundation
- 1997–2001 PI: *Policy Studies on Limiting Tobacco Marketing to Youth*, National Cancer Institute (CA 67850)
- 1997–2000 PI: *Environmental Influences on Adolescent Drinking: Community Support for Policy Solutions*, Robert Wood Johnson Foundation
- 1997–2000 Co-PI: *Nicotine Replacement and Paroxetine for Smoking Cessation*, California Tobacco-Related Disease Research Program (6RT-0041)
- 1998–2001 PI: *Reducing Provision of Tobacco to Minors from Social Sources*, California Tobacco-Related Disease Research Program (7RT-0156)
- 1998–2001 Co-PI: *Effects of Selegiline on Craving for Nicotine* (Killen) California Tobacco-Related Disease Research Program (7RT-0094)
- 2000–2003 PI: *Tests of the Tobacco Industry's Youth Smoking Prevention Ads*, California Tobacco-Related Disease Research Program (9RT-0138)
- 2000–2006 PI: *Genetic Epidemiology of Cardiovascular Disease and Healthy Aging*; a component of the Donald W. Reynolds Cardiovascular Clinical Research Center at Stanford University (M. Hlatky, PI)

- 2000–2004 Co-investigator: *Improving Adherence for Dyslipidemia and Anticoagulation* (Rudd), National Heart, Lung, and Blood Institute (HL66799)
- 2001–2004 Co-investigator: *Neighborhood Level Influences on All-Cause Mortality* (Winkleby) NIEHS/NHLBI (HL67731)
- 2001–2005 Co-PI: *Maintenance Treatment for Smoking Cessation* (Killen), National Cancer Institute (R01 CA90300)
- 2002–2020 Investigator (PI 2002-2010): *Impact of Retail Tobacco Advertising on Youth Smoking*, National Cancer Institute (R01 CA067850) [Henriksen, Lisa, Ph.D.]**
- 2002–2005 Co-investigator: *National Trends in Outpatient Quality Indicators* (Stafford), Agency for Healthcare Research and Quality (HS11313)
- 2003–2007 Co-PI: *Behavioral Maintenance Treatment for Smoking Cessation* (Killen), National Institute on Drug Abuse (R01 DA01744)
- 2004–2006 PI: *The Safety and Efficacy of a Combination of Niacin ER and Simvastatin in Patients with Dyslipidemia* (SEACOAST Study), Kos Pharmaceuticals, Inc.
- 2005–2009 Co-PI: *Selegiline Patch for Treatment of Nicotine Dependence* (Killen), National Institute on Drug Abuse
- 2005–2007 Investigator, *Effects of Outlet/Ad Density on Teen Smoking* (Henriksen), California Tobacco-Related Disease Research Program
- 2006–2009 Investigator, *Whole Genome Association for Early Coronary Artery Disease and Related Phenotypes* (Quertermous), National Heart, Lung, and Blood Institute (R01 HL087647)
- 2008–2012 Investigator (Co-PI 2008-2010), *Association of Outlet Density with Smoking and Pack Price* (Henriksen); California Tobacco-Related Disease Research Program (17RT-0152)
- 2009–2012 Investigator, *Modeling and Mapping Changes in Tobacco Outlet Density* (Henriksen); California Tobacco-Related Disease Research Program (18RT-0101)
- 2009–2013 Co-Principal Investigator, *Identifying Disparities in Type 2 Diabetes Among Asian Americans: The Pan Asian Cohort Study (PACS)* (Palaniappan), National Institute of Diabetes and Digestive and Kidney Diseases (R01 DK081371)
- 2010–2017 Investigator, *Community Health Applied Research Network Central Data Management and Coordinating Center (CHARN)* (McBurnie), Health Resources and Services Administration (UB3 HA20236)
- 2011–2013 Systematic Review Lead, *Systematic Evidence Reviews to Support the U.S. Preventive Services Task Force* (Chou), Agency for Healthcare Research and Quality (HHS 290-2007-10057-1)
- 2011–2013 Co-investigator, *Cumulative Glycemic Burden and Cardiovascular Disease Risk in Type 2 Diabetes* (Nichols), National Institute of Diabetes and Digestive and Kidney Diseases (R21 DK091773)
- 2011–2015 Investigator, *Assessing a Medicaid Randomized Insurance Experiment within Community Clinics* (DeVoe), National Heart, Lung, and Blood Institute (R01 HL107647)

- 2012–2016 Co-investigator, *Understanding Disparities in Preventative Services for Patients with Mental Illness* (Green), National Institute of Mental Health (R01 MH096795)
- 2013–2017 Principal Investigator, *Centers for Education and Research on Therapeutics (CERTs) Scientific Forum*, Agency for Healthcare Research and Quality (U19 HS 021107)
- 2013–2018 Co-Investigator and Site Principal Investigator, *Hawaii Asian and Pacific Islander Diabetes Study (HAPI-D)*, National Institute of Diabetes and Digestive and Kidney Diseases (R01 DK096021) [Waitzfelder, Beth, Ph.D.]
- 2013–2014 Co-Investigator, Tobacco Cessation, Systematic Evidence Reviews to Support to the U.S. Preventive Services Task Force (Whitlock, Evelyn), Agency for Healthcare Research and Quality (HHS 290-2012-00015-I)
- 2014–2020 Principal Investigator, *Health and Economic Effects of Light Rail Lines: A Natural Experiment*, National Institute of Diabetes and Digestive and Kidney Diseases (R01 DK103385)**
- 2014–2017 Principal Investigator, *Randomized Trial of Exercise in Primary Care*, National Institute of Diabetes and Digestive and Kidney Diseases (R01 DK100900)[Multiple PI with Deborah R. Young]
- 2015–2022 Site Principal Investigator, *Glycemia Reduction Approaches in Diabetes: A Comparative Effectiveness Study (GRADE)*, National Institute of Diabetes and Digestive and Kidney Diseases (1U34DK088043) [National PI David M. Nathan]**
- 2015–2016 Co-Investigator, The Economic Benefits of Triglyceride Lowering among Patients with Diabetes and Severe Hypertriglyceridemia, AstraZeneca (Nichols, Gregory A.)
- 2015–2017 Co-investigator and Site Principal Investigator, *Treatment of Hypertension In Adults with Thiazides: Pragmatic Trial Pilot Study*, National Heart, Lung, and Blood Institute (R34 HL119790) [Margolis, Karen, MD, PI]
- 2015–2020 Principal Investigator, *Cardiovascular Disease Among Asians and Pacific Islanders (CASPER)*, National Heart, Lung, and Blood Institute (R01 HL126172) [Multiple PI with Waitzfelder, Beth, PhD, and Palaniappan, Latha, MD]. This study is a collaboration of the Center for Health Research (CHR), CHR/Hawaii (Dr. Waitzfelder), Stanford Medical School (Dr. Latha Palaniappan), and the Palo Alto Medical Foundation Research Institute (PAMFRI) (Dr. Sukyung Chung).**
- 2017–2022 Principal Investigator, *Evaluating the Implementation of Diabetes Prevention Program in an Integrated Health System*, National Institute of Diabetes and Digestive and Kidney Diseases (DK115237) [Multiple PI with Fitzpatrick, Stephanie, PhD]**
- 2017–2018 Site Principal Investigator (Member of Steering Committee), *Advancing Geriatrics Infrastructure & Network Growth*, National Institute on Aging (AG 045050) [Gurwitz, Jerry H., MD, PI]

- 2018–2023** **Site Principal Investigator (Member of Steering Committee), *Advancing Geriatrics Infrastructure & Network Growth*, National Institute on Aging (AG 057806) [Gurwitz, Jerry H., MD, PI]**
- 2019–2023** **Site Co-Principal Investigator (with Lucy Savitz), Spectrum-Stanford Center for Clinical and Translational Research and Education (1UL1 TR003142) [Mark Cullen, Stanford P.I.]**

Employment History

Stanford University School of Medicine, Stanford, California (1979–2010)

- 1979–1982 Physician Specialist and Clinical Instructor, Department of Medicine
- 1979–1982 Director of Community Studies, Stanford Heart Disease Prevention Program
- 1983–1987 Co-Director, Cardiovascular Disease Epidemiology and Prevention Training Program
- 1983–1988 Associate Director, Stanford Center for Research in Disease Prevention
- 1983–1989 Assistant Professor of Medicine
Assistant Professor of Epidemiology (by courtesy)
- 1983–1989 Co-Director, Stanford Preventive Medicine Clinic
- 1987–2010 Director, Cardiovascular Disease Epidemiology and Prevention Training Program, PI: Cardiovascular Disease Prevention Training Program, National Heart, Lung, and Blood Institute (5 T32 HL 007034; 1987–2011)
- 1988–1997 Deputy Director, Stanford Center for Research in Disease Prevention
- 1988–1996 Head, Section on Clinical Epidemiology and Disease Prevention, Division of General Internal Medicine
- 1990–2010 Director, Preventive Cardiology Clinic, Division of Cardiovascular Medicine
- 1990–1995 Associate Professor of Medicine (Clinical)
Associate Professor of Health Research and Policy (Epidemiology) (by courtesy)
- 1995–1999 Associate Professor of Medicine
Associate Professor of Health Research and Policy (Epidemiology) (by courtesy)
- 1998–2010 Director, Stanford Prevention Research Center (formerly Center for Research in Disease Prevention)
- 1999–2010 C. F. Rehnberg Professor in Disease Prevention, Department of Medicine
- 1999–2010 Professor of Medicine (General Internal Medicine)
- 1999–2010 Professor of Health Research and Policy (Epidemiology) (by courtesy)
- 2010– C. F. Rehnberg Professor in Disease Prevention in the School of Medicine (Emeritus)

Kaiser Permanente Center for Health Research (2010–)

2010–	Senior Investigator, Science Programs Department
2010–2017	Assistant Program Director, Science Programs Department
2016–2017	Interim Director, Center for Health Research
2017–	Senior Director, Science Programs
2018–	Distinguished Investigator, Science Programs Department

Oregon Health and Science University (2012–)

2012–2018	Affiliate Professor of Public Health and Preventive Medicine
2018–	Affiliate Professor, Oregon Health and Science University – Portland State University School of Public Health

Public and Professional Service

CommitteesInternational

1982–1985	Chairman, Steering Committee of the World Health Organization MONICA Project
1993–1997	Organizing Committee of the Fourth International Conference on Preventive Cardiology
1993–1998	Leader, Main Results Writing Group, World Health Organization MONICA Project

National/Regional

1979–1982	Member, Criteria and Methods Committee, American Heart Association Council on Epidemiology and Prevention
1980–1990	Coordinating Committee for Community Demonstration Studies, National Heart, Lung, and Blood Institute
1985–1988	Chairman, Criteria and Methods Committee, American Heart Association Council on Epidemiology and Prevention
1985–1988	Consultant, National Center for Health Statistics (advised on development of the tenth revision of the International Classification of Diseases).
1987–2002	Member, Policy Board, Atherosclerosis Risk in Communities Study, National Heart, Lung, and Blood Institute
1988–1989	California Chronic and Sentinel Disease Surveillance Program Task Force; Department of Health Services, State of California
1988–1990	Epidemiology Advisory Group, American Cancer Society, California Division
1988–1990	Executive Committee, American Heart Association Council on Epidemiology
1989	Ad hoc Committee on Hypertension Prevention and Control, Department of Health Services, State of California
1989	Tobacco Research Working Group, Northern California Cancer Center

1989–1990	Scientific Advisory Committee: Detection, Prevention, and Education Program, Northern California Cancer Center
1991–1992	Research Committee, California Affiliate of the American Heart Association
1991–1992	Program Committee, American Heart Association Council on Epidemiology and Prevention
1992–1994	Chairman, Program Committee, American Heart Association Council on Epidemiology and Prevention
1992–1994	Vice-Chairman, American Heart Association Council on Epidemiology and Prevention
1994–1996	Chairman, American Heart Association Council on Epidemiology and Prevention
1996	Chairman, Special Emphasis Panel on Cardiovascular Disease Surveillance, National Heart, Lung, and Blood Institute
1996–2006	Member, Special Ad Hoc Working Group for the Women’s Health Initiative of the Advisory Committee on Research on Women’s Health, Office on Research on Women’s Health, Office of the Director, National Institutes of Health.
1996–	Member, Research Committee, California Affiliate of the American Heart Association
1997	Member, Behavioral Science, Epidemiology, and Prevention Review Committee, American Heart Association National Center
1998	Program Chair, 50 th Anniversary Research Conference, National Heart, Lung, and Blood Institute
1998–2001	Chair, Committee on Epidemiologic Statistics, American Heart Association, Council on Epidemiology and Prevention
1999	Member, Planning Committee, Conference on Cardiovascular Disease Trends, National Heart, Lung, and Blood Institute
1999–2001	Member and Vice-Chair, Population Science Committee, American Heart Association National Center
2001	Member, Task Force on the Prevention of Cardiovascular Disease, National Heart, Lung, and Blood Institute
2001–2003	Chair, Population Science Committee, American Heart Association National Center
2001–2003	Member, Science Advisory and Coordinating Committee, American Heart Association National Center
2002	Member, Program Committee, “CDC/AHA Workshop on Inflammatory Markers and Cardiovascular Disease: Application to Clinical and Public Health Practice;” American Heart Association and Centers for Disease Control and Prevention
2002	Member, Program Committee, “Workshop on Myocardial Infarction Criteria;” American Heart Association, National Heart, Lung, and Blood Institute, and Centers for Disease Control and Prevention, 28-29 May 2002
2002	Chair, Protocol Review Committee, Trial of Activity for Adolescent Girls (TAAG), National Heart, Lung, and Blood Institute, 18 July 2002

2003–2006	Chair, Data Safety and Monitoring Board, Trial of Activity for Adolescent Girls (TAAG), National Heart, Lung, and Blood Institute
2010–2012	Member, Cardiovascular and Sleep Epidemiology Study Section, Center for Scientific Review, National Institutes of Health
2010–2014	Member, Data Safety and Monitoring Board, Early Adult Reduction of Weight Through Lifestyle Intervention (EARLY) Trials, National Heart, Lung, and Blood Institute
2012–2014	Chair, Cardiovascular and Sleep Epidemiology Study Section, Center for Scientific Review, National Institutes of Health
2016–2017	Member, External Expert Panel, Prevention of Lower Urinary Tract Symptoms in Women, National Institute of Diabetes and Digestive and Kidney Diseases

Stanford University

1996–1997	Member, Advisory Panel on Investment Responsibility
1997–1998	Chair, Advisory Panel on Investment Responsibility
1997–1998	Member, Special Committee on Investment Responsibility, Board of Trustees (ex officio)
2002–2006	Senator, University Faculty Senate (elected)
2003–2006	Member, Committee on Academic Computing and Information Systems, University Senate
2004–2006	Member, Systems Governance Group, Office of the Vice President for Business Affairs
2006–2008	Member, Sustainability Working Group
2009–2010	Affiliated Faculty, Woods Institute on the Environment

Stanford University School of Medicine

1996–1997	Clinical Trials Center Working Group
1996	Research Sub-committee, LCME Self-Study
2001–2002	Clinical Research Task Force
2003–2007	Executive Committee, Stanford Cardiovascular Institute
2007–2009	Steering Committee, Stanford Cardiovascular Institute

Stanford University Department of Medicine

1988–2002	Executive Committee, Division of General Internal Medicine
1988–1995	Chair, Medical Service Credentials Committee
1988–1995	Medical Service Steering Committee
1997–2007	Department of Medicine Leadership Group
1997–2009	Department of Medicine Division Chiefs
2001	Chair, Ad hoc Committee on the Operating Budget

Kaiser Permanente Center for Health Research

2010–	Member, Science Program Department Leadership Team
2010–2012	Member, CHR Joint Leadership Team
2012–	Member, CHR Leadership Team

2013–2016	Member, Population Strategy Group, Kaiser Permanente Northwest
2015–	Member, Pre-Diabetes/Weight Management One-Stop Work Group, Kaiser Permanente Northwest
2015–2016	Chair, CHR Director Search Committee
2016–	Member, Access Review Committee, Kaiser Permanente Research Bank

Editorships:

1980–1984	Area Editor (Epidemiology), <i>Behavioral Medicine Abstracts</i>
1996–1998	Member, Editorial Board, <i>Cardiovascular Risk Factors: An International Journal</i> .
2006–2012	Member, Editorial Board, <i>Current Cardiovascular Risk Reports</i>

Recent Reviewer Service (past 2 years):

Journal of the American Medical Association
American Journal of Epidemiology
Annals of Internal Medicine
Circulation

Honors and Awards

Honors:

2005	Joseph E. Stokes, III, M.D., Preventive Cardiology Award, American Society for Preventive Cardiology
2005	Elected Member, National Academy of Medicine (formerly Institute of Medicine)

Fellowships:

1983	Fellow, Society for Behavioral Medicine
1984	Fellow, American Heart Association (Council on Epidemiology and Prevention)
1987	Fellow, American College of Physicians
1988	Fellow, American College of Epidemiology

Memberships:

1968–	American Association for the Advancement of Science
1977–	American College of Physicians
1978–2004	American Public Health Association
1978–	American Heart Association Council on Epidemiology and Prevention
1979–	Society for Epidemiologic Research
1982–	Society for General Internal Medicine
1982–	Society for Behavioral Medicine
1983–2002	American Federation for Medical Research
2000–	Society for Research on Nicotine and Tobacco

- 2000– American Heart Association Council on Lifestyle and Cardiometabolic Health (formerly the Council on Nutrition, Physical Activity, and Metabolism: 2000-2013)
- 2009– Society for Clinical and Translational Science

Major Invited Papers and Addresses (selected from a total of 28)

Fourth International Conference on Preventive Cardiology, Montreal, Canada, 2 July 1997
Are Preventive Efforts Effective in Populations with Low Socio-economic Status?

American Heart Association 70th Scientific Sessions, Orlando, FL, 9 November 1997
Measuring Non-traditional Risk Factors: How Much Does It Add?

National Conference on Cardiovascular Disease Prevention: Meeting the Healthy People 2010 Objectives for Cardiovascular Health. National Heart, Lung, and Blood Institute, Bethesda, MD; 27-29 September 1999.
Trends in Implementation of Population-wide Interventions to Promote Healthy Lifestyles

American Heart Association 72nd Scientific Sessions, Atlanta, GA; 7-10 November 1999;
Program on Motivation and Adherence for Cardiovascular Risk Factor Reduction
Smoking Cessation Interventions

Community Prevention Research in Women's Health Conference. Centers for Disease Control and Prevention and the National Heart, Lung, and Blood Institute, Bethesda, MD, 26-27 October 2000
Cardiovascular Disease Studies: Analysis and Discussion

American Heart Association 74th Scientific Sessions, Anaheim, CA, 14 November 2001;
Beyond Statins, Beta-Blockers, and ACE Inhibitors: Added Benefits of Lifestyle Modifications on Coronary Risk Reduction
Smoking Cessation

Workshop on Criteria for Acute Myocardial Infarction for Epidemiological Studies; American Heart Association Council on Epidemiology and Prevention and National Heart, Lung, and Blood Institute; Airlie Conference Center, Virginia; 28–29 May 2002
Criteria Used in the U.S. Community CVD Prevention Studies

National Institutes of Health Pathways to Prevention Workshop: Methods for Evaluating Natural Experiments in Obesity. Natcher Conference Center, NIH Campus, 5–6 December 2017.
Linking Health System, Environmental, and Contextual Data for Evaluation of Natural Experiments: Lessons Learned

Scholarly Publications

1. Peer-reviewed articles

1. Williams PT, **Fortmann SP**, Farquhar JW, Varady A, Mellen S. A comparison of statistical methods for evaluating risk factor changes in community-based studies: an example from the Stanford Three Community Study. *J Chron Dis* 1981;34:565-571. PMID: 7287861
2. **Fortmann SP**, Marcuson R, Bitter PH, Haskell WL. A comparison of the Sphygmometrics SR-2 automatic blood pressure recorder to the mercury sphygmomanometer in population studies. *Am J Epidemiol* 1981;114:836-844. PMID: 7315832
3. **Fortmann SP**, Williams PT, Hulley SB, Haskell WL, Farquhar JW. Effect of health education on dietary behavior: The Stanford Three Community Study. *Am J Clin Nutr* 1981;34:2030-2038. PMID: 7293934
4. **Fortmann SP**, Williams PT, Hulley SB, Maccoby N, Farquhar JW. Does dietary health education reach only the privileged? An answer from the Stanford Three Community Study. *Circulation* 1982;66:77-82. PMID: 7083524
5. Taylor CB, **Fortmann SP**. Essential hypertension. Psychosomatic illness review: No. 9 in a series. *Psychosomatics* 1983;24:433-448. PMID: 6878599
6. **Fortmann SP**, Haskell WL, Vranizan K, Brown BW. The association of blood pressure and dietary alcohol: differences by age, sex, and estrogen use. *Am J Epidemiol* 1983;118:497-507. PMID: 6637977
7. Gillum RF, **Fortmann SP**, Prineas RJ, Kottke TE. International diagnostic criteria for acute myocardial infarction and acute stroke. *Am Heart J* 1984;108:150-8. PMID: 6731265
8. **Fortmann SP**, Rogers T, Haskell WL, Solomon DS, Vranizan K, Farquhar JW. Indirect measures of cigarette use: expired air carbon monoxide vs. plasma thiocyanate. *Prev Med* 1984;13:127-34. PMID: 6609353
9. Jacob RG, **Fortmann SP**, Kraemer HC, Farquhar JW, Agras WS. Combining behavioral treatments to reduce blood pressure: a controlled outcome study. *Behavior Modification* 1985;9:32-54. PMID: 3977813
10. Sallis JF, Haskell WL, Wood PD, **Fortmann SP**, Rogers T, Blair SN, Paffenbarger RS. Physical activity assessment methodology in the Five-City Project. *Am J Epidemiol* 1985;121:91-106. PMID: 3964995
11. **Fortmann SP**, Sallis JF, Magnus PM, Farquhar JW. Attitudes and practices of physicians regarding hypertension and smoking: The Stanford Five-City Project. *Prev Med* 1985;14:70-80. PMID: 4034516
12. Sallis JF, Flora JA, **Fortmann SP**, Taylor CB, Maccoby N. Mediated smoking cessation programs in the Stanford Five-City Project. *Addictive Behaviors* 1985;10:441-443. PMID: 4091078

13. Farquhar JW, **Fortmann SP**, Maccoby N, Haskell WL, Williams PT, Flora JA, Taylor CB, Brown BW, Solomon DS, Hulley SB. The Stanford Five-City Project: design and methods. *Am J Epidemiol* 1985; 122:323-34. PMID: 4014215
14. Sallis JF, Haskell WL, Wood PD, **Fortmann SP**, Vranizan KM. Vigorous physical activity and cardiovascular risk factors in young adults. *J Chron Dis* 1986;39:115-120. PMID: 3484748
15. **Fortmann SP**, Haskell WL, Williams PT, Varady AN, Hulley SB, Farquhar JW. Community surveillance of cardiovascular diseases in the Stanford Five-City Project: Methods and initial experience. *Am J Epidemiol* 1986;123:656-69. PMID: 3953544
16. Rudd P, Price MG, Graham LE, Beilstein BA, Tarbell S, Bacchetti P, **Fortmann SP**. Consequences of worksite hypertension screening. Differential changes in psychosocial function. *The American Journal of Medicine* 1986;80:853-860. PMID: 3706373
17. **Fortmann SP**, Haskell WL, Rennert MP, Williams PT, Farquhar JW. Changes in plasma high-density lipoprotein cholesterol after changes in cigarette use. *Am J Epidemiol* 1986;124:706-710. PMID: 3752064
18. Sallis JF, Haskell WL, **Fortmann SP**, Wood PD, Vranizan KM. Moderate intensity physical activity and cardiovascular risk factors: The Stanford Five-City Project. *Prev Med* 1986;15:561-568. PMID: 3797388
19. Sallis JF, Haskell WL, **Fortmann SP**, Vranizan KM, Taylor CB, Solomon DS. Predictors of adoption and maintenance of physical activity in a community sample. *Prev Med* 1986;15:331-341. PMID: 3763558
20. Sallis JF, Hill RD, Killen JD, Telch MJ, Flora JA, Girard J, Taylor CB, **Fortmann SP**. Efficacy of self-help behavior modification materials in smoking cessation. *Am J Prev Med* 1986;2:342-344. PMID: 3453200
21. Altman GA, Flora JA, **Fortmann SP**, Farquhar JW. The cost-effectiveness of three smoking cessation programs. *Am J Public Health* 1987;77: 162-165. PMID: 3099586; PMIC1646823
22. Maron DJ, **Fortmann SP**. Nicotine yield and measures of cigarette smoke exposure in a large population: Are lower-yield cigarettes safer? *Am J Public Health* 1987;77:546-549. PMID: 3565645; PMC1647026
23. King AC, Flora JA, **Fortmann SP**, Taylor CB. Smokers' challenge: Immediate and long-term findings of a community smoking cessation contest. *Am J Public Health* 1987;77:1340-1341. PMID: 3631371; PMC1647120
24. Williams PT, **Fortmann SP**, Terry RB, Garay SC, Vranizan KM, Ellsworth N, Wood PD. Associations of dietary fat, regional adiposity, and blood pressure in men. *JAMA* 1987;257:3251-3256. PMID: 3586249; PMC2831870
25. Rudd P, Price MG, Graham LE, Beilstein BA, Tarbell SJH, Bachetti P, **Fortmann SP**. Consequences of worksite hypertension screening: Changes in absenteeism. *Hypertension* 1987;10:425-436. PMID: 3653971
26. Principal Investigators of the MONICA Project WHO MONICA Project: Geographic variation in mortality from cardiovascular diseases. Baseline data on selected population characteristics and cardiovascular mortality. *World Health Statistics Quarterly* 1987;40:171-184. PMID: 3617777

27. WHO MONICA Project Principal Investigators (prepared by Tunstall-Pedoe, H). The World Health Organization MONICA Project (Monitoring trends and determinants in cardiovascular disease): A major international collaboration. *J Clin Epidemiol* 1988;41:105-114. PMID: 3335877
28. **Fortmann SP**, Haskell WL, Wood PD. Effects of weight loss on clinic and ambulatory blood pressure in normotensive men. *Am J Cardiol* 1988;62:89-93. PMID: 3381757
29. **Fortmann SP**, Killen JD, Telch MJ, Newman B. Minimal contact treatment for smoking cessation: a placebo-controlled trial of nicotine polacrilex and self-directed relapse prevention. *JAMA* 1988; 260:1575-1580. PMID: 3045351
30. Killen JD, **Fortmann SP**, Telch MJ, Newman B. Are heavy smokers different from light smokers? A comparison after 48 hours without cigarettes. *JAMA* 1988; 260:1581-1585. PMID: 3411738
31. Wood PD, Haskell WL, Stefanick ML, Dreon DM, Frey-Hewitt B, Garay SC, Williams PT, Superko RS, **Fortmann SP**, Albers JJ, Vranizan KM, Ellsworth NM, Terry RB, Haskell WL. Changes in plasma lipids and lipoproteins in overweight men during weight loss through dieting as compared with exercise. *N Engl J Med* 1988; 319:1173-9. PMID: 3173455
32. The WHO MONICA Project. Geographical variation in the major risk factors of coronary heart disease in men and women aged 35-64 years. *World Health Stat Q* 1988;41:115-140. PMID: 3232405
33. Winkleby MA, **Fortmann SP**, Barrett DC. Social class disparities in risk factors for disease: eight-year prevalence patterns by level of education. *Prev Med* 1990;19:1-12. PMID: 2320553
34. Killen JD, **Fortmann SP**, Newman B, Varady A. Evaluation of a treatment approach combining nicotine gum with self-guided behavioral treatments for smoking relapse prevention. *J Consult Clin Psych* 1990;58:85-92. PMID: 2319049
35. Albright CL, Flora JA, **Fortmann SP**. Restaurant menu labeling: Impact of nutrition information on entree sales and patron attitudes. *Health Education Quarterly [now Health Education & Behavior]*, 1990;17:157-167. PMID 2347693
36. Farquhar JW, **Fortmann SP**, Flora JA, Taylor CB, Haskell WL, Williams PT, Maccoby N, Wood PD. Effects of community-wide education on cardiovascular disease risk factors. The Stanford Five-City Project *JAMA* 1990;264:359-365. PMID: 2362332
37. Killen JD, **Fortmann SP**, Newman B. Weight change among participants in a large sample minimal contact smoking relapse prevention trial. *Addictive Behaviors*, 1990;15:323-332. PMID: 2248106
38. **Fortmann SP**, Winkleby MA, Flora JA, Haskell WL, Taylor CB. Effect of long-term community health education on blood pressure and hypertension control: The Stanford Five-City Project. *Am J Epidemiol*, 1990;132:629-646. PMID: 2403104
39. Jackson C, Winkleby M, Flora J, **Fortmann SP**. Use of educational resources for cardiovascular risk reduction in the Stanford Five-City Project. *Am J Prev Med*. 1991;7:82-88. PMID: 1910892
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