

CURRICULUM VITAE

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Education

1949-1957 High School: Franziskus Gymnasium, Berlin, Germany.
 Languages: English, French and Latin.
 1957-1959 Medical School: Free University of Berlin, Germany.
 Preclinical examination: Berlin, 1959.
 1959-1960 Université de Genève, Geneva, Switzerland.
 1960-1962 Albert Ludwig University School of Medicine, Freiburg, Germany.
 1962 M.D. summa cum laude, Albert Ludwig University, Freiburg, Germany.
 1964 Dr. med., (Ph.D.) magna cum laude, Dpt. of Medicine, Albert Ludwig University,
 Freiburg, Germany.
 Title: "Metabolism of the isolated perfused rat liver under so-called normal
 conditions."
 1962-1964 Rotating internships: Medicine, Surgery, and Obstetrics & Gynecology, Jewish
 Hospital, Berlin and the University of Hamburg Medical Center, Hamburg
 Germany.
 1964-1965 Rotating internship, St. Mary's Hospital, Passaic, NJ.
 1965-1966 Postdoctorate fellowship, Department of Physiology, University of California,
 Berkeley with Paola Timiras, M.D., Ph.D. "Lipid metabolism in the developing rat
 brain."
 1966-1967 Rotating internship, Michael Reese Hospital and Medical Center, Chicago, IL.
 1967-1970 Residency in Psychiatry, Psychiatric and Psychosomatic Institute, Michael
 Reese Hospital, Chicago, IL.

Honors:

- 1957-1962 Tuition scholarship and member of the "Scholarship Foundation of the German People."
- 1970 P. & P.I. Research Award: "Brain serotonin metabolism in rat offspring exposed to Chlorpromazine in utero."

Certification

- 1966 License to Practice Medicine (Germany)
- 1972 State of Illinois License #36 46 091
- 1974 Board certified - American Board of Psychiatry and Neurology (#13275)
- 1992 State of California License #A55293

Positions

- 1971-1974 Assistant Director, Outpatient Department, Illinois State Psychiatric Institute, Chicago, IL.
- 1974-1979 Chief, 9 West Research Unit, Research Department, Illinois State Psychiatric Institute, Research Associate.
- 1979-1984 Associate Director, Department of Research, Illinois State Psychiatric Institute.
- 1984-1989 Director, Biological Psychiatry and Eating Disorders Research and Treatment Program, Michael Reese Hospital, Chicago, IL.
- 1989-1992 Director, Eating Disorders Program, The University of Chicago, Chicago, IL.
- 1992-2004 Director of Medical Student Education in Psychiatry, Stanford University School of Medicine, Stanford, CA.
- 1992-2012 Director, Women's Wellness Clinic, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA.

Academic Appointments

- 1973-1978 Assistant Professor, Department of Psychiatry, Abraham Lincoln School of Medicine, University of Illinois.
- 1978-1984 Associate Professor, Department of Psychiatry, Abraham Lincoln School of Medicine, University of Illinois.
- 1984-1989 Associate Professor, Department of Psychiatry and The Committee on Human Nutrition and Nutritional Biology, the University of Chicago

- 1989-1992 Professor (tenure), Department of Psychiatry and The Committee on Human Nutrition, The University of Chicago, Chicago, IL.
- 1992-present Professor (tenure), Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, Stanford, CA.

Extramural Committees

- 1978-1983 Psychopathology and Clinical Biology Study Section Review Committee, NIH
- 1991-1994 FDA Psychopharmacology Advisory Committee

Society Positions

- 1987-1990 Councillor, Illinois Psychiatric Society.
- 1989-1992 Secretary, Illinois Psychiatric Society.
- 1990-1992 Ethics Committee, American College of Neuropsychopharmacology.
- 1993-1995 Secretary, International Society of Psychoneuroendocrinology.
- 1993-1997 Committee on Problems of Public Concern, ACNP
- 2001 Ethics committee, ACNP
- 2002 APA Council on Research
- 2003 Media Committee, ACNP
- 2003 Finance Committee, ACNP

Editorial Boards

Journal of Biological Psychiatry, International Journal of Eating Disorders, Japanese Journal of Psychosomatic Medicine.

Editorial Consultant to

Archives of General Psychiatry, American Journal of Psychiatry, Psychoneuroendocrinology, Psychiatry Research, Journal of Biological Psychiatry, Journal of Clinical Endocrinology and Metabolism, Journal of Psychiatric Research, Journal of Nervous and Mental Disease, Journal of the American Medical Association, Psychosomatics, General Hospital Psychiatry, Psychopharmacology, Neuroscience and Behavioral Review, Psychosomatics, Psychosomatic Medicine, Psychoanalytic Psychology, Neuropharmacology, Journal of Adolescent Medicine, Journal of Affective Disorders, Journal of Clinical Psychiatry, Journal of the American Academy of Child and Adolescent Psychiatry, Journal of Pediatrics, Plos One, Journal of Affective Disorders,

Professional Organizations

American Psychiatric Association (Fellow), American College of Neuropsychopharmacology, American Psychosomatic Society, Society for Biological Psychiatry, International Society of Psychoneuroendocrinology, International College for Psychosomatic Medicine, International Society for Adolescent Psychiatry

Publications

1. Soling, H, Koschel, R, Draeger, W, Kneer, P, and Creutzfeldt, W. (1966). Die Wirkung von Insulin auf den Stoffwechsel der isolierten perfundierten Leber normaler und alloxan-diabetischer Ratten. *Diabetologica*, 2, 20-31.
2. Casper, R, Vernadakis, A, and Timiras, PS. (1967). Influence of estradiol and cortisol on lipids and cerebrosides in the developing brain and spinal cord of the rat. *Brain Research*, 5, 524-526.
3. Nair, V, Casper, R. (1968). The influence of light on daily rhythm in hepatic drug metabolizing enzymes in rat. *Life Sciences*, 8, 1291-1298.
4. Vernadakis, R, Casper, R, and Timiras, PS. (1968). Influence of prenatal X-radiation on brain lipid and cerebroside content in developing rats. *Experientia*, 24, 237.
5. Casper, R, Schlemmer, RF, Jr., Siemsen, FK, Garver, DL and Davis, JM. (1975). Behavioral change in selected members of a juvenile primate social colony with chronic imipramine administration. *Society for Neurosciences*, 4, 367.
6. Smith, R, Dekirmenjian, H, Davis, J, Casper, R, Gosenfeld, L, and Tsai, C. (1976). Blood level, mood and MHPG responses to diazepam in man. In: L Gottschalk and Merlis, S, (Eds.), *Pharmacokinetics of Psychoactive Drugs: Blood Levels and Clinical Response*. Spectrum Publications.
7. Schlemmer, R, Casper, R, Siemsen, FK, Garver, DL, and Davis, JM. (1976). Behavioral change in a juvenile primate social colony with chronic administration of amphetamine. *Psychopharmacology Communications*, 2, 49-59.
8. Casper, R, Pandey, GN, Gosenfeld, L and Davis, JM. (1976). Intracellular lithium and clinical response. *Lancet*, II, 418-419.
9. Pandey, G, Ostrow, DG, Haas, M, Dorus, E, Casper, R, Davis, JM and Tosteson, DC. (1977). Abnormal lithium transport in the red cells of a manic patient. *Proceedings of the National Academy of Sciences USA*, 74, 3607-3611.
10. Halmi, K, Goldberg, SC, Eckert, ED, Casper, R and Davis, JM. (1977). Pretreatment evaluations in anorexia nervosa. In: R. Vigersky, (Eds.), *Anorexia Nervosa*. Raven Press, pp. 43-55.
11. Davis, J and Casper, R. (1977). General principles of the clinical use of neuroleptics. In: W. Clark, (Eds.), *Principles of Psychopharmacology*, pp. 511-536.

12. Davis, J and Casper, R. (1977). Side effects of psychotropic drugs and their management. In: W. Clark, (Ed.), *Principles of Psychopharmacology*. pp. 479-494.
13. Garver, D, Dekirmenjian, H, Davis, JM, Casper, R, and Ericksen, S. (1977). Neuroleptic drug levels and therapeutic response: Preliminary observations with red blood cell bound butaperaxine. *American Journal of Psychiatry*, 134, 304-307.
14. Casper, R, Davis, JM and Pandey, GN. (1977). The effect of the nutritional status and weight changes on hypothalamic function tests in anorexia nervosa. In: R. Vigersky, (Ed.), *Anorexia Nervosa*. Raven Press, pp. 137-149.
15. Casper, R and Davis, JM. (1977). On the course of anorexia nervosa. *American Journal of Psychiatry*, 134, 974-978.
16. Casper, R, Garver, DL, Dekirmenjian, H, Pandey, G and Davis, JM. (1977). Neuroendocrine and amine studies in affective illness. *Psychoneuroendocrinology*, 2, 105-113.
17. Halmi, K., Dekirmenjian, H, Davis, JM, Casper, R and Goldberg, SC. (1978). Catecholamine metabolism in anorexia nervosa. *Archives of General Psychiatry*, 35, 458-460.
18. Casper, R, Kirschner, B, Jacob, RA, Sandstead, HH, and Davis, JM. (1978). Zinc and copper status in anorexia nervosa. *Psychopharmacology Bulletin*, 14, 53-55.
19. Schlemmer, R, Casper, R, Narasimhahari, N and Davis, JM. (1979). Clonidine induced hyperphagia and weight gain in monkeys. *Psychopharmacology*, 61, 233-234.
20. Goldberg, S, Halmi, KA, Eckert, ED, Casper, R and Davis, JM. (1979). Cyproheptadine in anorexia nervosa. *British Journal of Psychiatry*, 134, 67-70.
21. Halmi, K, Goldberg, SC, Casper, R, Eckert, ED and Davis, JM. (1979). Pretreatment predictors of outcome in anorexia nervosa. *British Journal of Psychiatry*, 134, 71-78.
22. Dysken, M, Chang, SS, Casper, R and Davis, JM. (1979). Barbiturate facilitated interviewing: A review. *Biological Psychiatry*, 14, 421-432.
23. Halmi, K, Casper, R, Eckert, ED, Goldberg, SC and Davis, JM. (1979). Unique features associated with age on onset of anorexia nervosa. *Psychiatry Research*, 1, 209-212.
24. Eckert, E, Goldberg, SC, Casper, R, Halmi, KA and Davis, JM. (1979). Behavior therapy in anorexia nervosa. *British Journal of Psychiatry*, 134, 55-59.
25. Casper, R, Halmi, KA, Goldberg, SC, Davis, JM and Eckert, ED. (1979). Disturbances in body image estimation as related to other characteristics and outcome measures in anorexia nervosa. *British Journal of Psychiatry*, 134, 71-78.
26. Eckert, ED, Goldberg, SC, Halmi, KA, Casper, RC, Davis, JM (1979). Alcoholism in anorexia nervosa. In: Pickens, RP and LL Heston (Eds.), *Psychiatric Factors in Drug Abuse*. New York, Grune & Stratton, Inc., pp. 267-283.
27. Casper, R, Chatterton, RT, Jr. and Davis, JM. (1979). Alterations in serum cortisol and its binding characteristics in anorexia nervosa. *Journal of Clinical Endocrinology & Metabolism*, 49, 406-411.

28. Casper, R, Eckert, ED, Halmi, KA, Goldberg, SC and Davis, JM. (1980). Bulimia: Its incidence and clinical significance in patients with anorexia nervosa. *Archives of General Psychiatry*, 37, 1030-1035.
29. Casper, R, Kirschner, B, Sandstead, HH, Jacob, RA and Davis, JM. (1980). An evaluation of trace metals, vitamins and taste function in anorexia nervosa. *American Journal of Clinical Nutrition*, 33, 1801-1808.
30. Hirschowitz, J, Casper, R, Garver, DL and Chang, S. (1980). Lithium response in good prognosis schizophrenia. *American Journal of Psychiatry*, 137, 916-920.
31. Goldberg, S, Eckert, ED, Halmi, KA, Casper, R, Davis, JM and Roper, M. (1980). Effects of cyproheptadine on symptoms and attitudes in anorexia nervosa. *Archives of General Psychiatry*, 37, 1083.
32. Casper, R.C ,Garver, DL; Dekirmenjian, H. Chang, S., Davis, JM (1980) Phenothiazine levels in plasma and red blood cells. *Archives of General Psychiatry*,37, 301-305.
33. Goldberg, S, Eckert, ED, Casper, R, Halmi, KA, Davis, JM, and Roper, MT. (1980). Factors influencing hospital differences in weight gain in anorexia nervosa. *Journal of Nervous and Mental Disorders*, 168, 181-183.
34. Goldberg, S, Halmi, KA, Casper, R, Davis, JM and Roper, M. (1980). Attitudinal dimensions in anorexia nervosa. *Journal of Psychiatric Research*, 15, 239-251.
35. Goldberg, S, Casper, R, Eckert, ED, Halmi, KA and Davis, JM. (1980). Effects of cyproheptadine in anorexia nervosa. *Psychopharmacology Bulletin*, 16, 29-30.
36. Secunda, S, Koslow, SH, Redmond, DE, Garver, D, Ramsey, TA, Croughan, J, Kocsis, J, Hanin, I, Lieberman, K and Casper, R. (1980). Biological component of the NIMH Clinical Research Branch Collaborative Program on the psychobiology of depression: II: Methodology and data analysis. *Psychological Medicine*, 10, 777-794.
37. Davis, J, Levy, DL, Pandey, GN, Casper, R, and Javaid, JI. (1980). Endocrine and nonendocrine biological marker strategies and the functional psychoses. In: F. Brambilla, Racagni, G, and DeWied, D, (Eds.), *Progress in Psychoneuroendocrinology*. North Holland, Elsevier, Biomedical Press, pp. 273-284.
38. Casper, R (1981). Family relationships in anorexia nervosa (Reply). *Journal of Pediatrics*, 99, 830-831.
39. Casper, R, Offer, D and Ostrov, E. (1981). The self-image of adolescents with acute anorexia nervosa. *Journal of Pediatrics*, 98, 656-661.
40. Dysken, M, Javiad, JI, Chang, SS, Shahid, A, Casper, R and Davis, JM. (1981). Fluphenazine pharmacokinetics and therapeutic response. *Psychopharmacology Bulletin*, 17, 176.
41. Casper, R and Schlemmer, RF. (1981). Bulimia is more than a form of hyperphagia (Commentary to Le Magnen: The metabolic basis of dual periodicity of feeding in rats.). *The Behavioral and Brain Sciences*, 4, 578-579.
42. Schlemmer, R, Jr., Elder, JK, Casper, R and Davis, JM. (1981). Clonidine induced hyperphagia in monkeys: evidence for alpha-noradrenergic reception mediation. *Pharmacology*, 73, 99-100.

43. Schlemmer, R, Casper, R, Elder, JK and Davis, JM. (1981). Hyperphagia and weight gain in monkeys treated with Clonidine. In: H. Lal and Fielding S, (Eds.), *Psychopharmacology of Clonidine*. Alan R. Liss, Inc., pp. 197-210.
44. Casper, R and Frohman, LA. (1982). Delayed TSH release in anorexia nervosa following injection of thyrotropin-releasing hormone (TRH). *Psychoneuroendocrinology*, 7, 59-68.
45. Koslow, S, Stokes, PE, Mendels, J, Ramsey, A and Casper, R. (1982). Insulin Tolerance Test: human growth hormone response and insulin resistance in primary unipolar depressed, bipolar depressed and control subjects. *Psychological Medicine*, 12, 45-55.
46. Eckert, D, Goldberg, SC, Halmi, KA, Casper, R and Davis, JM. (1982). Depression in anorexia nervosa. *Psychological Medicine*, 12, 115-122.
47. Casper, R (1982). Treatment principles in anorexia nervosa. *Adolescent Psychiatry*, 10, 431-454.
48. Casper, R, Halmi, KA, Goldberg, SC, Eckert, DE and Davis, JM. (1982). Anorexia nervosa and bulimia (letter). *Archives of General Psychiatry*, 39, 487-489.
49. Falk, J, Halmi, KA, Eckert, E and Casper, R. (1983). Primary and secondary amenorrhea in anorexia nervosa. In: Golub, (Eds.), *Menarche*. Heath and Co., pp. 287-295.
50. Casper, R (1983). On the emergence of bulimia nervosa as a syndrome: A historical view. *International Journal of Eating Disorders*, 2, 3-16.
51. Javaid, J, Davis, JM, Dysken, MW, Janicak, P and Casper, R. (1983). Neuroleptic concentrations in schizophrenic patients: Measurement by radioreceptor assay and gas chromatography. *Psychopharmacology Bulletin*, 19, 72-74.
52. Casper, R (1983). Some provisional ideas concerning the psychologic structure in anorexia nervosa and bulimia. In: PL Darby, Garfinkel, PE, Garner, DM and Coscina, DV, (Eds.), *Anorexia Nervosa: Recent Developments in Research*. New York, Alan R. Liss, Inc., pp. 387-393.
53. Casper, R (1984). Hypothalamic dysfunction and symptoms of anorexia nervosa. *Psychiatric Clinics of North America*, 7, 201-203.
54. Katz, M, Koslow, SH, Berman, N, Secunda, S., Maas, JW, Casper, R, Kocsis, J and Stokes, P. (1984). A multi-vantaged approach to measurement of behavioral and affect states for clinical and psychobiological research. *Psychological Reports*, 55, 619-671.
55. Chang, S, Javaid, J, Dysken, M, Casper, R, Janicak, P and Davis, J. (1985). Plasma levels of fluphenazine during fluphenazine decanoate treatment in schizophrenia. *Psychopharmacology*, 87, 55-58.
56. Casper, R (1985). Anorexia nervosa and bulimia nervosa. In: V. Kelley, (Eds.), *Practice of Pediatrics*. Philadelphia, Harper & Row, pp. 1-13.
57. Casper, R, Redmond, DE, Katz, MM, Schaffer, CB, Davis, JM and Koslow, SH. (1985). Somatic symptoms in primary affective disorder. Presence and relationship to the classification of depression. *Archives of General Psychiatry*, 42, 1098-1104.

58. Kocsis, J, Davis, JM, Katz, MM, Koslow, SH, Stokes, P, Casper, R and Redmond, DE. (1985). Depressive behavior and hyperactive adrenocortical function. *American Journal of Psychiatry*, 142, 1291-1298.
59. Gibbons, R, Maas, JW, Davis, JM, Swann, AC, Redmond, DE, Jr., Casper, R and Hanin, I. (1986). Path analysis of psychopharmacological data: catecholamine breakdown in man. *Psychiatry Research*, 18, 89-105.
60. Redmond, E, Katz, MM, Maas, JW, Swann, AS, Casper, R and Davis, JM. (1986). Cerebrospinal fluid amine metabolites: Relationships with behavioral measurements in depressed, manic, and healthy control subjects. *Archives of General Psychiatry*, 43, 938-947.
61. Autry, J, Stover, ES, Reatig, N and Casper, R. (1986). Anorexia nervosa and bulimia. *Annual Review of Public Health*, 7, 535-543.
62. Casper, R and Jabine, LN. (1986). Psychological functioning in anorexia nervosa: A comparison between anorexia nervosa patients on follow-up and their sisters. In: JH Lacey and Sturgeon, DA, (Eds.), *Proceedings of the 15th European Conference on Psychosomatic Research*. John Libbey & Co., pp. 172-178.
63. Casper, R (1986). Preface to E. Ferrari and F. Brambilla. In: E. Ferrari and F. Brambilla (Eds.), *Disorders of Eating Behavior - A psychoneuroendocrine approach*. Pergamon Press.
64. Casper, R (1986). The pathophysiology of anorexia nervosa and bulimia nervosa. *Annual Review of Nutrition*, 6, 219-316.
65. Casper, R (1986). Pharmacologic and psychologic treatments of anorexia nervosa and bulimia nervosa. In: E. Ferrari and Brambilla, F, (Eds.), *Disorders of Eating Behavior - A psychoneuroendocrine approach*. Pergamon Press, pp. 287-294.
66. Casper, R (1987). The psychopathology of anorexia nervosa: the pathological psychodynamic processes. In: PJV Beumont, Burrows, G, and Casper, R, (Eds.), *Handbook of Eating Disorders, Part 1*. Amsterdam, Elsevier Sciences Publishers, BV, pp. 159-169.
67. Casper, R, Douglas, Z and Staples, N. (1987). Hyperprolactinemia in two patients with eating disorders. *Journal of Clinical Psychiatry*, 48, 119-120.
68. Casper, R, Swann, AC, Stokes, PE, Change, S, Katz, MM and Garver, D. (1987). Weight loss, cortisol levels, and dexamethasone suppression in patients with major depressive disorder. *Acta Psychiatrica Scandinavica*, 75, 243-250.
69. Casper, R (1987). Psychotherapy in anorexia nervosa. In: PJV Beumont, Burrows, G, and Casper, R, (Eds.), *Handbook of Eating Disorders, Part I*. Amsterdam, Elsevier Science Publishers, BV, pp. 255-269.
70. Katz, M, Koslow, SH, Maas, JW, Bowden, CL, Casper, R, Croughan, J, Kocsis, J, Redmond, E and Frazer, A. (1987). The timing, specificity and clinical prediction of tricyclic drug effects in depression. *Psychological Medicine*, 17, 297-309.
71. Stokes, P, Maas, JW, Davis, JM, Koslow, SH, Casper, R, Stoll, PM. (1987). Biogenic amine and metabolite levels in depressed patients with high versus normal hypothalamic-pituitary-adrenocortical activity. *American Journal of Psychiatry*, 144, 868-872.

72. Casper, R, Schlemmer, RF, Jr. and Javaid, JI. (1987). The effects of oral clonidine on weight and other measures in acute anorexia nervosa. *Psychiatry Research*, 20, 249-260.
73. Casper, R, Kocsis, J, Dysken, M, Stokes, P, Croughan, J, and Maas, J. (1988). Cortisol measures in primary major depressive disorder with hypersomnia or appetite increase. *Journal of Affective Disorders*, 15, 131 -140.
74. Casper, R, Pandey, G, Rubenstein, AH. (1988). Eating attitudes and glucose tolerance in anorexia nervosa patients at 8 year follow-up compared to control subjects. *Psychiatry Research*, 25, 283-299.
- 75.. Casper, R (1988). Psychodynamic psychotherapy in acute anorexia nervosa and acute bulimia nervosa. *International Annals of Adolescent Psychiatry*, 1, 213-224.
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- 77.. Brunswick, D, Frazer, A, Koslow, SH, Casper, R, Stokes, PE, Robins, E, Davis, JM. (1988). Insulin-induced hypoglycaemic response and release of growth hormone in depressed patients and healthy controls. *Psychological Medicine*, 18, 79-92.
78. Casper, R (1988). Psychological aspects of obesity: searching for the evidence. In: G. Burrows Beumont, PJV, and Casper, R, (Eds.), *Handbook of Eating Disorders, Part II*. Amsterdam, Elsevier Science Publishers, B.V., pp. 157-177.
79. Davis, J, Koslow, SH, Gibbons, RD, Maas, JW, Bowden, CL, Casper, R, Hanin, I, Javaid, JE, Chang, SS, Stokes, PE. (1988). Cerebrospinal fluid and urinary biogenic amines in depressed patients and healthy controls. *Archives of General Psychiatry*, 45, 705-718.
80. Casper, R., Pandey, GN, Jaspan, JB, Rubenstein, AH. (1988). Hormone and metabolite plasma levels after oral glucose in bulimia and healthy controls. *Biological Psychiatry*, 24, 663- 674.
81. Casper, R. (1989). Psychodynamic therapy in acute anorexia nervosa (I). In: T. Karasu, (Ed.), *Treatments of Psychiatric Disorders*. Washington, D.C. APPI, A Task Force Report of the American Psychiatric Association.
82. Casper, R (1989). Is there a role for psychodynamic therapy in bulimia nervosa? (II). In: T. Karasu, (Ed.), *Treatments of Psychiatric Disorders*. Washington, D.C. APPI, A Task Force Report of the American Psychiatric Association.
83. Richards, M, Casper, R, Larson, R. (1990). Weight and eating concerns among pre- and young adolescent boys and girls. *Journal of Adolescent Health Care*, 11, 203-209.
84. Casper, R, Offer, D. (1990). Weight and dieting concerns in normal adolescents, fashion or symptom? *Pediatrics*, 86, 384-390.
85. Casper, R (1990). Personality features of women with good outcome from restricting anorexia nervosa. *Psychosomatic Medicine*, 52, 156-170.
86. Casper, R (1990). The dilemma of homonymous symptoms for evaluating comorbidity between affective disorders and eating disorders. In: JD Maser and Cloninger, CR, (Eds.), *Comorbidity of Mood and Anxiety Disorders*. Washington and London, American Psychiatric Press, pp. 253-269.

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88. Casper, R, Heller, W (1991). La douce indifférence and mood in anorexia nervosa: Neuropsychological correlates. *Progress in Neuropsychopharmacology*, 15, 15-23.
89. Casper, R, Schoeller, DA, Kushner, R, Hnilicka, J, Trainer Gold, S (1991). Total daily energy expenditure and activity level in anorexia nervosa. *American Journal of Clinical Nutrition*, 53, 1143-1150.
90. Katz, M, Koslow, SH, Maas, JW, Frazer, A, Kocsis, J, Secunda, S, Bowden, CL, Casper, R. (1991). Identifying the specific clinical actions of amitriptyline: interrelationships of behaviour, affect and plasma levels in depression. *Psychological Medicine*, 21, 599-611.
91. Maas, J, Katz, MM, Frazer, A, Bowden, CL, Koslow, SH, Stokes, PE, Swann, AC, Davis, JM, Casper, R, Berman, N. (1991). Current evidence regarding biological hypotheses of depression and accompanying pathophysiological processes: A critique and synthesis of results using clinical and basic research results. *Integrative Psychiatry*, 7, 155-161.
92. Swann, A, Stokes, PE, Casper, R, Secunda, SK, Bowden, CL, Berman, N, Katz, MM, Robins, E. (1992). Hypothalamic-pituitary-adrenocortical function in mixed and pure mania. *Acta Psychiatrica Scandinavica*, 85, 270-274.
93. Casper, R, Beaton, GH. (1992). Food deficits, nutritional status, and appetite signals. In: GH Anderson and Kennedy, S (Eds.), *The Biology of Feast and Famine*. San Diego, Academic Press, pp. 301-313.
94. Casper, R, Hedeker, D, McClough, JF. (1992). Personality dimensions in eating disorders and their relevance for subtyping. *Journal of the American Academy of Child and Adolescent Psychiatry*, 31, 830-840.
95. Casper, R (1992). Integration of psychodynamic concepts into psychotherapy. In: K. Halmi, (Ed.), *Psychobiology and Treatment of Anorexia Nervosa and Bulimia Nervosa*. Washington, DC, American Psychiatric Press, pp. 287-305.
96. Casper, R (1992). Risk factors for the development of eating disorders. *Annals of Adolescent Psychiatry*, 18, 91-94.
97. Casper, R (1993). Neuroendocrine aspects of anorexia nervosa and bulimia nervosa. *Child and Adolescent Psychiatric Clinics of North America*, 2, 161-174.
98. Casper, R (1993). Exercise and mood. In: A Simopoulos and KN Pavlou, (Eds.), *Nutrition and Fitness for Athletes*. Basel, Karger, pp. 115-143.
99. Casper, R, Katz, MM, Bowden, CL, Davis, JM, Koslow, SH, Hanin, I. (1994). The pattern of physical symptom changes in major depressive disorder following treatment with amitriptyline or imipramine. *Journal of Affective Disorders*, 31, 151-164.
100. Benca, R, Casper, R. (1994). Sleep in eating disorders. In: MH Kryger, Roth, T, Dement, WC, (Eds.), *Principles and Practice of Sleep Medicine*. 2nd Edition. Philadelphia, W.B. Saunders Company, pp. 927-933.

101. Williams, KE and Casper, R (1994). Primrose oil in the treatment of premenstrual dysphoric disorder: Is the bloom off the rose? *Psychiatric Annals*, 24, 255-258.
102. Casper, R. Fear of fatness and eating disorders in childhood and early adolescence (1995). In: L. Cheung, (Ed.), *Child Health Through Nutrition and Physical Activity*. Champaign, IL, Human Kinetics Publishers, pp. 211-234.
103. Casper, R. (1995). Nutrition and its relationship to aging. *Experimental Gerontology*, 30:299-314.
104. Casper, R, Winograd, CH (1995). Clinical and Metabolic Aspects of Nutrition and Aging. In: WB Quay and Timiras, PS (Eds.), *Hormones and Aging*. Boca Raton, CRC Press, Inc., pp. 213-233.
105. Casper, R (1995). The Biology of Eating Disorders. In: AF Schatzberg, and Nemeroff, CB (Eds.), *Textbook of Psychopharmacology*. Washington, DC, American Psychiatric Press, pp. 557-572.
106. Casper, R (1995). Eating Disturbances and Eating Disorders in Childhood. In: FE Bloom, and Kupfer, DJ (Eds.), *Psychopharmacology: The Fourth Generation of Progress*. New York, Raven Press, Ltd., pp. 1675-1683.
107. Casper, R.(1996) Carbohydrate metabolism and its regulatory hormones in anorexia nervosa. *Psychiatry Research*, 62: 85-96.
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