

Isla Hutchinson Maddox

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CURRENT POSITION

Stanford Hospital. Palo Alto, CA 08/2026-Present
Clinical Assistant Professor, Attending Hospitalist

EDUCATION

Beth Israel Deaconess Medical Center. Boston, MA 06/2023-06/2026
Internal Medicine Resident in the Department of Medicine

Icahn School of Medicine at Mount Sinai. New York, NY 08/2019- 06/2023
Activities/Awards: MedDocs Instructor, Peer Tutor

Bryn Mawr College. Bryn Mawr, PA 07/2017-05/2018
One-Year Post Baccalaureate Program
Activities/Awards: Student Peer Tutor, Volunteer at Mainline Adult Day Center

Yale University. New Haven, CT 08/2013-06/2017
Bachelors of Arts, History of Science, History of Medicine and Public Health
Activities/Awards: Cum Laude Graduate, *Yale Global Health Review* contributor. Recipient of the Andrew D. White European History Prize, Olympic Trials Qualifier in 200 meter butterfly. Division I Varsity Swim Team Member 2013-2017

Licensure and Certification

Physician License: California, License Number: A208702

USMLE Step 3: Pass - 249

USMLE Step 2: Pass - 268

USMLE Step 1: Pass - 263

TEACHING

2024-2026 Member of the Clinician Educator Track at Beth Israel Deaconess Internal Medicine Residency: completion of structured curriculum in medical education including didactics, workshops, and creation of “chalk talks” with in-session co-resident and faculty feedback.

Intramural Presentations

1. Intern Report: “A Case of Labs all in the Red” (04/2025), a case of Tacrolimus-Induced TMA causing renal failure
2. Morning intake rounds: “A Case of Unexplained Hypoxemia” (08/2024), reviewing hypoxia framework and diagnosing a pulmonary AVM in a pregnant patient
3. Morning intake rounds: “Kidneys and Axes, Oh My!” (04/2025), a case of ACTH-induced Hypercortisolism in the setting of neuroendocrine tumor
4. Didactic for HMS Students: “A Diagnostic Framework for Acute Kidney Injury: A Case of IgA Nephropathy” (04/2025)
5. Morning intake rounds: “How Low Can You Go?: A Framework for Hypoglycemia.” (09/2025)

Instructor for BRIDGES HMS 210.1: BRIDGES course is a 15-week pre-clerkship clinical skills course during students’ second year at HMS, designed to prepare students to take on meaningful roles in patient care before entering clerkship

SCHOLARSHIP

Publications:

Patil B, **Hutchinson Maddox I**, Aborigo R, et al. Community perspectives on cardiovascular disease control in rural Ghana: A qualitative study. *PLoS One*. 2023;18(1):e0280358. Published 2023 Jan 20. doi:10.1371/journal.pone.0280358

Yale Global Health Review: “Gaining Ground: Implementation Research and Viral Load Monitoring in Kampala, Uganda.” May 2017.

Scholarship in residency: I am currently working with Dr Ryan Nelson who has focused his scholarship on “whiteboard mini-lectures” (WML). We are building a medical school curriculum during which MS2-MS3 will deliver brief chalk talks to hospitalized patients to augment patients’ understanding of their medical conditions while empowering medical students to serve as patient advocates and educators. We will be focusing on three conditions: 1) Cirrhosis, 2) Heart Failure, 3) COPD with tangible learning points relating to high use and essential medications for each.

Posters:

Presented a poster with my colleagues regarding community perspectives on cardiovascular disease in rural Ghana at the Consortium of Universities for Global Health, March 2021.

QUALITY IMPROVEMENT

Stoneman Quality Improvement Elective

01/2025

Boston, MA; Beth Israel Deaconess Medical Center

Performed a root cause analysis for an adverse event and presented these findings to the Medical Peer Review Committee. Participated in a group project that aimed to increase the completion rate of healthcare proxy forms at our outpatient clinics in response to an adverse event.

WORK EXPERIENCE**Research Assistant at the Arnold Institute of Global Health**

05/2020-05/2023

- Conducted research to assess the feasibility of a combined protocol to target shared risk factors underpinning cardiovascular disease and depression in Navrongo, Ghana
- Utilized SPSS to analyze interview transcripts detailing community members' perceptions of CVD care
- Developed interview guides that were utilized in Navrongo, Ghana to probe the community's understanding of mental health and its treatments

Medical Assistant and Clinic Manager at DK Dermatology

08/2018-08/2019

- Assisted a dermatologist in opening a new clinic on the Upper East Side of Manhattan called DK Dermatology. I performed all clinic manager duties: scheduling patients, optimizing Athena EMR to our workflow, overseeing clinic operations, and managing and appealing insurance claims
- Obtained a thorough medical history of the patient and scribed the encounter
- Assisted in procedures including excision of precancerous/cancerous moles, performed I&D

Mental Health Senior and CBT Provider

09/2020-05/2023

- Completed a ten-week training program to obtain certification in Cognitive Behavior Therapy to treat numerous mental health conditions including GAD, MDD, PTSD at a clinic at Mount Sinai that served undocumented Spanish-speaking patients in East Harlem

Swim Instructor, Asphalt Green Unified Aquatic Club

05/2013-05/2023

- As a swim instructor, I coached both private lessons and Master's swim team consisting of over 200 swimmers of varying abilities