

# Randall S. Stafford, MD, PhD

## A. IDENTIFYING DATA

**Name:** Randall Scott Stafford  
**Birth year, place:** 1958, Fort Knox KY  
**Citizenship:** United States

**Phone:** 650-492-9280  
**Email:** rstafford@stanford.edu  
**Home Address:** 19 Sunrise Avenue, Mill Valley CA 94941  
**Work Address:** Stanford Prevention Research Center, 3180 Porter Dr.,  
Palo Alto CA 94304.

**ORCID:** 0000-0003-1805-1271  
**ERA Name:** STAFFORD.RANDALL  
**CA MD License:** G86304  
**NPI:** 1497804439

## B. ACADEMIC HISTORY

### Colleges and Universities Attended

1976-80	BA	Sociology, Reed College, 3203 Woodstock Blvd., Portland OR 97202. 503-771-1112 May 1980 Bachelor of Arts Thesis: <i>A Social Welfare Approach to Measuring Socioeconomic Differentials in Mortality.</i>
1980-82	MHS	Health Administration and Planning, Johns Hopkins University, School of Public Health, 615 N. Wolfe Rd. Baltimore MD, 21205. 410-955-3543 May 1982
1986-88	MS	Health and Medical Sciences, School of Public Health, University of California, Berkeley, 50 University Hall #7360, Berkeley, CA 94720. 510-643-0881 December 1988. Master of Science Thesis: <i>Source of Hospital Payment as a Determinant of Cesarean Section Use.</i>
1986-90	PhD	Epidemiology, University of California, Berkeley CA. May 1990 Doctor of Philosophy Dissertation: <i>Health Care Organization and Repeat Cesarean Section Use: An Analysis of California Hospitals.</i>
1986-92	MD	Medicine, University of California, San Francisco; 505 Parnassus Avenue, San Francisco CA 93143. 415-476-9000 June 1992

**Postdoctoral and Residency Training:**

1990-91	<b>Postdoctoral Fellowship in Epidemiology</b>	Centers for Disease Control and Prevention, Division of HIV/AIDS, Atlanta, GA
1992-94	<b>Resident in Primary Care Internal Medicine Clinical Investigator Pathway</b>	Massachusetts General Hospital, Boston, MA Harvard Medical School

**Faculty Training:**

2005-06	<b>Faculty Leadership Training Program</b>	Stanford HealthCare and School of Medicine, 12-month program in Healthcare Management
2023-24	<b>Certificate in Wilderness First Aid</b>	University of Colorado System via Coursera
2024-25	<b>Faculty Fellowship in Medical Humanities</b>	Stanford Program in Medical Humanities 9-month program focused on Narrative Medicine and writing for consumers

**Board Certification/Licensure:**

1995-	Diplomat 160033, American Board of Internal Medicine, current Maintenance of Certification expires 10/2029.
1994-02	License 80336, Massachusetts Board of Registration in Medicine.
2001-	License G86304, Medical Board of California, expires 9/2027.

**C. AREAS OF EXPERTISE**

1. **Healthcare Technology:** Development, implementation, and testing of new information technology aimed at improving healthcare decision-making and outcomes. Focus on consumer facing apps, creation of electronic health records, and artificial intelligence.
2. **Consumer Communication of Health Information.** Understanding clinical communication and developing new strategies for better transmission of complex health information through articles, blogs, apps, narrative writing, and artificial intelligence.
3. **Randomized Clinical Trial Applications:** Design, implementation, and analysis of clinical trials to rigorously determine the efficacy and safety of dietary supplements, health behavior interventions, and alterations in the organization of healthcare services.
4. **Global Non-Communicable Disease:** Elucidating and reversing the causes of global increases in cardio-metabolic disease, vision problems, and mental health disorders linked to economic development, urbanization, and a globalized economy.

5. **Disparities in Healthcare Services and Outcomes**: Examination of systematic racial/ethnic, gender, and socioeconomic differences in health care processes and outcomes to identify targets for intervention and reveal mechanisms responsible for health disparities.
6. **Healthcare Management and Quality Improvement**: Designing, implementing, and managing redesign of healthcare processes to yield improved health outcomes, efficiency, patient engagement, employee satisfaction, and health professions career development.
7. **Medication Prescribing Practices and Regulation**: Analysis of drug prescribing, including prescribing quality, comparative effectiveness, and cost-effectiveness, as well as health policy for drug approval, reimbursement, surveillance, regulation, and impact.
8. **Use of National Databases on Physician Practice Patterns**: Design, analysis and interpretation of national-level, observational data on disease treatment practices derived from administrative claims data and physician survey questionnaires.
9. **Quality of Care Evaluation and Measurement**: Assessment of the concordance of actual practice with evidence-based guidelines as a measure of healthcare performance. Focus on prevention services, drug prescribing, chronic disease care, and pain management.
10. **Obesity Prevention and Management**: Epidemiology and clinical approaches to the global problem of obesity and obesity-related chronic diseases, as well as design of interventions to prevent obesity and facilitate weight-loss using multi-level strategies.

## D. SPONSORED RESEARCH

### Current Research Funding

2024-26	Funder:	U.S. Department of Defense, Congressionally Directed Medical Research Programs
	Title:	<b>Novel Statistical Methods to Integrate High Dimensional Current and Emerging Clinical Markers in the Evaluation and Treatment Efficacy of ALS Clinical Trials</b>
	Role:	Co-Investigator (PI Ying Lu)
2025-9	Funder:	National Heart Lung and Blood Institute (R01)
	Title:	<b>A Digital Shared Decision-Making Aid to Improve Patient-Centered Outcomes in Implantable Cardioverter-Defibrillator (ICD) Decisions among Older Patients [NCT07084142]</b>
	Role:	PI
2025-6	Funder:	Stanford School of Education Seed Grant
	Title:	<b>MyBook.fyi: Nostalgic Writing Therapy for Early to Middle Stage Dementia</b>
	Role:	PI

2025-27 Funder: Data Yakka, Inc.  
 Title: **"My Eyes, My Light": Amar Chokh, Amar Alo (ACA2): Efficient Eye Disease Screening in Coastal Bangladesh [NCT07135570]**  
 Role: PI

### Completed Research Funding

1988-89 Funder: Agency for HealthCare Research and Quality (R36)  
 Title: **Health Care Organization and Cesarean Section Use**  
 Role: PI, Dissertation Research Grant

1990-91 Funder: Agency for HealthCare Research and Quality (R03)  
 Title: **Analysis of Cesarean Section using Hospital and Birth Records**  
 Role: Co-Investigator (PI: L. Gardner)

1995-96 Funder: American Cancer Society, Massachusetts Division  
 Title: **Quality of Life and Health Care Costs in Elderly Cancer Patients**  
 Role: PI

1995-97 Funder: Agency for HealthCare Research and Quality (R01)  
 Title: **Primary Care Practice Patterns in the U.S.**  
 Role: Co-Investigator, (PI: D. Blumenthal)

1996-01 Funder: National Heart, Lung and Blood Institute, Mentored Clinical Scientist Development Award, K08  
 Title: **Assessing and Improving Cardiovascular Disease Practices**  
 Role: PI, Mentored Training Award

1996-01 Funder: MGH Primary Care Operations Improvement  
 Title: **Quality Improvement of Cardiac Disease Screening & Management**  
 Role: PI and Assistant Director

1997-99 Funder: Agency for HealthCare Research and Quality (R03)  
 Title: **Cost and Quality in Hypertension Treatment**  
 Role: PI

1998-99 Funder: National Library of Medicine (R03)  
 Title: **Informatics for the National Heart Attack Program**  
 Role: Co-Investigator (PI: H. Cheuh)

1997-99 Funder: Clinical Nutrition Research Center at Harvard, Boston  
 Title: **Physician Activities related to Obesity Management**  
 Role: PI

1998-01 Funder: Partners Center for Innovative Minimally Invasive Therapy, Boston  
 Title: **Adoption of Laparoscopic Cholecystectomy**

	Role:	PI
1999	Funder:	American Federation for Aging Research, New York NY
	Title:	<b>Polypharmacy in the Treatment of Hypertension</b>
	Role:	Research Sponsor for Medical Student Fellowship
1999-03	Funder:	Agency for HealthCare Research and Quality (Sub-Award R01)
	Title:	<b>Comparing Clinical Risk Adjustment</b>
	Role:	PI on Sub-Award (Overall PI: L. Iezzoni)
2000-01	Funder:	Eli Lilly and Company
	Title:	<b>Patterns of Anti-Depressant Use</b>
	Role:	Co-Investigator (PI: J. Weilburg)
2001-02	Funder:	Stanford Center for the Demographics and Economics of Health and Aging (NIA-funded)
	Title:	<b>Racial Disparities in Chronic Disease Treatment and Outcomes</b>
	Role:	PI
2001-05	Funder:	National Institutes of Health, Women's Health Initiative (U01)
	Title:	<b>Clinical Trials of Low Fat Diet, Hormone Replacement and Calcium/Vitamin D</b>
	Role:	Physician Adjudicator (local PI: M. Stefanick)
2001-05	Funder:	D.W. Reynolds Foundation
	Title:	<b>Genetic Factors in the Development of Coronary Artery Disease</b>
	Role:	Reynolds Associate (PI: M. Hlatky)
2001-02	Funder:	Wyeth Ayerst
	Title:	<b>Adequate Treatment with Antidepressants: Venlafaxine vs. Other Agents</b>
	Role:	Co-Investigator (PI: J. Weilburg)
2002-04	Funder:	The Commonwealth Fund Subcontract
	Title:	<b>The Cost of Care Meeting Quality Standards versus Care that Does Not</b>
	Role:	Subcontract PI (Overall PI: S. Davidson)
2003-04	Funder:	Bayer Pharmaceutical
	Title:	<b>Aspirin Use in High-risk Primary Prevention Patients</b>
	Role:	PI
2003-04	Funder:	Merck and Company
	Title:	<b>Patterns of Statin Use in Moderate Risk Patients</b>
	Role:	PI
2004-05	Funder:	GlaxoSmithKline

	Title:	<b>Decision-Making in Menopausal Symptom Management</b>
	Role:	PI
2003-08	Funder:	National Heart, Lung and Blood Institute (R25)
	Title:	<b>Stanford MKITS Science Program: CVD and Public Health</b>
	Role:	Co-Investigator (PI: M. Winkleby)
2004-05	Funder:	GlaxoSmithKline
	Title:	<b>National Patterns of Calcium Use in U.S. Women at-risk for Osteoporosis</b>
	Role:	PI
2004-08	Funder:	National Heart, Lung and Blood Institute (U01)
	Title:	<b>ALLHAT Dissemination Project</b>
	Role:	Sub-Award PI (Overall PI: B. Davis)
2004-05	Funder:	Stanford University Undergraduate Research Program
	Title:	<b>Assessing Direct to Consumer Drug Promotion</b>
	Role:	Faculty Sponsor
2002-06	Funder:	Agency for Healthcare Research and Quality (R01)
	Title:	<b>Medication Prescribing: Scientific vs. Promotional Influences</b>
	Role:	PI
2002-06	Funder:	Agency for Healthcare Research and Quality (R01)
	Title:	<b>National Trends in Outpatient Quality Indicators</b>
	Role:	PI
2005-06	Funder:	Stanford University Undergraduate Research Program
	Title:	<b>Assessing Direct to Consumer Drug Promotion Year 2</b>
	Role:	Faculty Sponsor
2004-06	Funder:	Stanford Center for the Demographics and Economics of Health and Aging (NIA-funded)
	Title:	<b>Patterns of Hypertension Prescribing in the Elderly</b>
	Role:	Seed Project Sponsor
2005-06	Funder:	Procter and Gamble
	Title:	<b>Assessing Gaps in Calcium Intake and Medication use among U.S. Men and Women</b>
	Role:	PI
2006-07	Funder:	Agency for Healthcare Research and Quality, DEcIDE Network
	Title:	<b>Developing Data-Driven Research Priorities for Off-Label Drug Use</b>
	Role:	Sub-award PI (Overall PI: S. Walton)
2006-09	Funder:	Toyo Shinyaku Co. Ltd

	Title:	<b>The Cardiovascular Effects of Pine Bark Extract</b> Trial # NCT00425945
	Role:	PI
2007-09	Funder:	Wako, Inc.
	Title:	<b>Evaluation of the Reliability of Point of Care Cholesterol and Diabetes Testing</b>
	Role:	PI
2005-09	Funder:	Procter and Gamble
	Title:	<b>A Stage-tailored Online Intervention to Reduce Women's Risk for Osteoporotic Fractures</b>
	Role:	PI
2003-08	Funder:	National Heart, Lung and Blood Institute (R01)
	Title:	<b>Improving Coronary Prevention in a County Health System, Trial#: NCT00128687</b>
	Role:	PI
2007-09	Funder:	Stanford Comprehensive Cancer Center
	Title:	<b>Is Bone Health Being Neglected among Breast Cancer Survivors? A Web-based Pilot Study</b>
	Role:	PI
2008-09	Funder:	Stanford Center for Clinical and Translational Research, Pilot Grant Program
	Title:	<b>Improving Recruitment of Ethnic Minorities at Stanford</b>
	Role:	Co-Investigator (PI: C. Gardner)
2008-10	Funder:	Stanford University K-12 Education Pilot Grant Program
	Title:	<b>Integrating Science and Health into Life-long Learning</b>
	Role:	Co-Investigator (PI: E. Rodriguez)
2008-10	Funder:	Agency for Health Care Policy and Research
	Title:	<b>Evidence-Based Systematic Review of Off-label Factor VIIa Use</b>
	Role:	Project PI (Local PI: D. Owens)
2009-10	Funder:	Partnership for Prevention
	Title:	<b>Request to Medicare for Determination of Coverage for Aspirin Counseling</b>
	Role:	PI
2009-11	Funder:	National Institute of Diabetes and Digestive and Kidney Diseases (R34)
	Title:	<b>A Pilot of Customized Continuous Care Management of Obesity in Pre-Diabetics</b>
	Role:	Sub-Award PI (PI: J Ma)

2008-11	Funder:	Partnership for Prevention's Aspirin Task Force
	Title:	<b>Aspirin Advice in Employee Wellness Programs</b>
	Role:	PI
2008-11	Funder:	Stanford Institute for Creativity & the Arts
	Title:	<b>Using PhotoVoice to Explore Social and Environmental Influences On Obesity in North Fair Oaks</b>
	Role:	Faculty Mentor (PI: V. Yank)
2008-11	Funder:	American Heart Association
	Title:	<b>Stanford-Kaiser Outcomes Research Center</b>
	Role:	Co-Investigator (PI: M. Hlatky)
2010-12	Funder:	Qassim University College of Medicine (Saudi Arabia)
	Title:	<b>Prevention Research Development for QUCOM</b>
	Role:	Co-Investigator (PI: A. King)
2011-12	Funder:	Stanford Center for Demographics and Economics of Health and Aging (funded via National Institute on Aging)
	Title:	<b>The Cost Impact of Changing Antihypertensive Medication Prescribing For the Elderly</b>
	Role:	Faculty Mentor to PI, Veronica Yank, MD
2011-12	Funder:	Stanford CTSA Pediatric Research Fund (Pilot)
	Title:	<b>Activos Vivamos en Familia: Family-based obesity treatment</b>
	Role:	Faculty Mentor to PI, Lisa Goldman Rosas, PhD, MPH
2012-13	Funder:	Stanford CTSA Office of Community Health (Pilot Grant)
	Title:	<b>Indian Health Center of Santa Clara Valley and Stanford: Strengthening an Emerging CBPR collaboration</b>
	Role:	PI
2012-14	Funder:	Stanford Food Summit Fund
	Title:	<b>Facilitating Improved Nutritional Quality as a Food Bank Mission</b>
	Role:	PI
2008-14	Funder:	National Heart, Lung and Blood Institute (R01)
	Title:	<b>Case-Management &amp; Environmental Support to Sustain Weight Loss</b>
	Role:	PI
2011-14	Funder:	American Heart Association Scientist Development Grant
	Title:	<b>Activos Vivamos en Familia: Obesity treatment in Families</b>
	Role:	Faculty Mentor to PI, Lisa Goldman Rosas, PhD, MPH
2009-15	Funder:	National Institute on Aging
	Title:	<b>Lifestyle Interventions and Independence for Elders (LIFE) Study</b>
	Role:	Co-Investigator, Site Physician (PI: A. King)

2009-16	Funder:	National Institute of Diabetes and Digestive and Kidney Diseases
	Title:	<b>Systolic Blood Pressure Intervention Trial (SPRINT)</b>
	Role:	Co-Investigator (PI: G. Chertow)
2012-17	Funder:	National Library of Medicine (R01)
	Title:	<b>Mining Health Data to Discover Drug Safety Profiles</b>
	Role:	Co-Investigator (PI: N. Shah)
2012-17	Funder:	National Institute on Aging (R01)
	Title:	<b>Virtual Advisors for Physical Activity Promotion in Aging Latino Communities</b>
	Role:	Co-Investigator/Study Physician (PI: A. King)
2015-16	Funder:	Stanford CTSA (SPECTRUM)
	Title:	Probiotics: Trends in their use the U.S.
	Role:	Co-Investigator (PI: J. Parsonnet)
2007-19	Funder:	National Heart, Lung and Blood Institute (K24)
	Title:	<b>Mid-Career Mentoring Award: Mentoring to Develop Translational Clinical Scientists</b>
	Role:	PI
2005-18	Funder:	National Heart, Lung and Blood Institute (T32)
	Title:	<b>Stanford Fellowship Program in Prevention Research</b>
	Role:	Associate Director (PI: C. Gardner)
2013-19	Funder:	Patient-Centered Outcomes Research Institute (Project Grant)
	Title:	<b>A Patient-Centered Strategy for Improving Diabetes Prevention in Urban American Indians</b>
	Role:	PI
2014-15	Funder:	California State Compensation Insurance Fund (SCIF)
	Title:	<b>Online Acute and Chronic Pain Management Training for Worker's Compensation Clinicians</b>
	Role:	Consultant, lead content developer
2014-20	Funder:	Amway/Nutriline
	Title:	<b>Wellness Living Laboratory (WELL)</b>
	Role:	Co-Investigator WELL-Stanford, Founding Director of WELL-China.
2018-19	Funder:	National Institute of Drug Abuse (R43)
	Title:	<b>Biosignatures of opioid addiction treatment success (Phase 1)</b>
	Role:	Consultant (PI: J. Baurley at Biorealm)
2019-20	Funder:	Stanford Center on the Demographics and Economics of Health and Aging (funded by National Institute on Aging)
	Title:	<b>Seed Grant: Association of Sleep Quality and Well-being in Elders</b>

	Role:	PI
2016-21	Funder:	Food and Drug Administration REMS Program
	Title:	<b>A Prospective Investigation of the Risks of Opioid Misuse, Abuse, and Addiction Among Patients treated with Extended-Release/ Long Acting (ER/LA) Opioids for the Treatment of Chronic Pain</b>
	Role:	Consultant (Local PI: S. Mudumbai)
2019-21	Funder:	Internal funding with technical support from Apple
	Title:	<b>New strategies for tracking pain and opioid use: the Stanford-Surgical Mobile Assessing Risk Tracker (sSMART)</b>
	Role:	Clinical advisor for design process (PI S. Mudumbai)
2020-21	Funder:	Woo Family Foundation
	Title:	<b>Comparative Effectiveness of Western and Traditional Chinese Medicine (TCM) Strategies for Insomnia</b>
	Role:	PI
2021-22	Funder:	Stanford Center for Asian Healthcare Research and Education
	Title:	<b>Traditional Chinese Medicine Strategies for Sleep</b>
	Role:	PI
2020-22	Funder:	Gordon and Betty Moore Foundation
	Title:	<b>A Clinical Quality Measure to Improve Heart Failure Diagnosis</b>
	Role:	Co-Investigator
2018-24	Funder:	American Heart Association (18SFRN3424003)
	Title:	<b>Strategically Focused AHA-PCORI DECIDE Research Network on Improving Anticoagulation Decision-making in Atrial Fibrillation</b>
	Role:	Project PI (Center PI P. Wang)
2020-24	Funder:	American Heart Association
	Title:	<b>Strategically Focused AHA Health Technology &amp; Innovation Research Network on Heart Health Tech Center (H2T): Innovation to Implementation</b>
	Role:	Co-Investigator (PIs P. Wang/M. Turakhia)

### **Pending Research Funding**

2025-9	Funder:	National Institute for Nursing Research (R01)
	Title:	<b>Impact of Personalized Live Virtual Bedside Concerts on Comfort, Pain and Anxiety among Post-Surgical Trauma Inpatients</b>
	Role:	PI
2025-6	Funder:	National Institute for Minority Health and Disparities (R44, SBIR)
	Title:	<b>AI-Assisted Intervention to Enhance Health Literacy among Chinese American Dementia Caregivers</b>
	Role:	Sub-contract PI (Primary contract: RAModels, LLC, PI Wen Profiri)

## E. PROFESSIONAL APPOINTMENTS

### Academic Appointments

- 1992-01 Massachusetts General Hospital, Department of Medicine, Resident (1992-94), Assistant in Medicine (1994-98), Assistant Physician (1998-01).
- 1992-01 Harvard Medical School, Clinical Fellow (1992-94), Instructor in Medicine (1994-98), Assistant Professor of Medicine (1998-01).
- 2001- Stanford University School of Medicine, Assistant Professor of Medicine (2001-04), Associate Professor of Medicine (2004-11), Professor of Medicine (2011-present)**
- 2005 University of Auckland, School of Population Health, Auckland, New Zealand, Visiting Scholar.
- 2014-19 Peking University, Stanford Center at Peking University, Beijing, China, Faculty Fellow.
- 2025- Alice Walton School of Medicine, Bentonville AR, Visiting Faculty in Medical Humanities.**

### Past Employment

- 1973-77 Laboratory Assistant, Stanford University Medical Center, Department of Pediatrics, Genetic Counseling Laboratory.
- 1976-80 Laboratory Assistant, University of Oregon Health Sciences University, Division of Pediatric Research, Portland OR.
- 1981-82 Health Planner, State of Maryland, Maryland State Health Planning Commission, Baltimore MD.
- 1981-88 Statistical and Health Care Policy Analyst, Kaiser Permanente, Northern California Region and National Office, Departments of Medical Economics, Oakland CA.
- 1990-91 Epidemiologist (GS13), Centers for Disease Control and Prevention, Division of HIV/AIDS, Atlanta GA.
- 1991-92 Health Care Consultant, Pacific Business Group on Health, San Francisco CA.

### Academic Roles

- 1997-01 Senior Scientist (1997-01) and Assistant Director of Primary Care Operations Improvement (2000-01), Partners HealthCare System, Institute for Health Policy, Boston MA.
- 2001- Faculty Fellow, Stanford Center for Health Policy and Center for Primary Care and Outcomes Research.
- 2002- Program Director, Program on Prevention Outcomes and Practices (P-POP), Stanford Prevention Research Center. <http://ppop.stanford.edu>**

- 2006-17 Associate Director, Stanford Prevention Research Center Prevention Research Training Program (T32-HL07034).
- 2014- Faculty Fellow, Peking University, Stanford Center at Peking University, Beijing, China.
- 2022-25 Guest Dissertation Advisor, University of Melbourne, Department of Ophthalmology and Surgery, Faculty of Medicine, Dentistry & Health Sciences.
- 2022- Director of Research, Stanford Program in Medical Humanities: Medicine and the Muse.**

### Educational Roles

- 2002-18 SPRC Prevention Research Fellowship Associate Director, mentor for 5 physician post-doctoral fellows
- 2006-07 Stanford School of Medicine Lecturer for *Applied Biomedical Sciences* course, CVD prevention and management
- 2005- Stanford University Human Biology Program  
 1) Developed course: *Prevention Across the Life Course*, 3 unit course.  
 2) Developed *Obesity in America*, 3 unit upper-level undergraduate course.  
 3) Faculty thesis advisor and sponsor for undergraduate internships
- 2006- Stanford Internal Medicine Residency Lecturer for Ambulatory Care Rotation, Obesity Management, 2-4 lectures/year
- 2009-11 SPRC-Palo Alto Medical Foundation Research Institute Fellowship in Prevention Health Services Stanford Director, mentor to 1 past post-doctoral fellow
- 2011-19 Stanford Center for Bioethics and Stanford Clinical Science Translation Award Key Instructor for MED 255C a trainee course in the Responsible Conduct of Research oriented toward clinical and community research
- 2013-16 Stanford Health 4 American Program Founding faculty member (one of 4) and course instructor
- 2016- Community Health and Prevention Research (CHPR) Master's Program Founding faculty member (one of 5) and current research mentor**

2017-19	Junior Faculty Mentoring Program Division of Primary Care and Population Health, Evaluation Sciences Unit	Directing efforts to increase skills and access to research and academic activities among clinical faculty
2019-	Academic Mentoring for Faculty Engaged in Quality Improvement	A program aimed at bolstering the career success of minority and women junior faculty members
2022-	Medicine and the Muse	A program aimed at further Medical Humanities in medical training and clinical practice.
2023-	Educational Mentor for LEAD Program	Serve as career mentor to trainees in a 10-month longitudinal leadership program aimed at diversity, equity, and inclusion.
<b>2025-</b>	<b>Visiting Prof. in Medical Humanities Alice Walton School of Medicine</b>	<b>Serve as seminar leader for sessions on medical humanities</b>

### Primary Clinical Duties and Associated Clinical Training Roles

1992-01	Charlestown MGH Health Center	Community Primary Care Practice, 20% FTE, also precepting of residents
1995-01	Massachusetts General Hospital	Bigelow Service Inpatient Attending, 1 month/year, 4 residents, 2 students
2002-10	Stanford Preventive Cardiology Clinic	Prevention specialist, 5% FTE, 1-2 prevention research fellow
<b>2002-</b>	<b>Stanford Internal Medicine Clinic</b>	<b>Preceptor for Resident-staffed primary care practice, 10% FTE, 7-10 residents</b>
2002-08	Stanford University Medical Center	Hospital staff member; Inpatient Attending, 2-4 weeks per year, 3 residents, 2 students
2004-18	San Mateo Medical Center, San Mateo CA	Hospital staff member; Advisor to Director of Ambulatory Care

### F. HONORS AND AWARDS

1976-80	Griffin Society Scholarship, Reed College.
1980	Class of 1921 Award, Reed College.
1980	Phi Beta Kappa, Reed College.

1980-82	U.S. Public Health Service Traineeship, Johns Hopkins University.
1982	Delta Omega Honorary Society, Johns Hopkins University.
1987-88	University Fellowship, University of California, Berkeley.
1987-89	National Center for Health Services Research Dissertation Grant, UC Berkeley.
1989	Kaiser Permanente Fellowship in Alcohol Studies, UC Berkeley.
1990	Creativity Fund Travel Scholarship, University of California, Berkeley.
1990-91	U.S. Public Health Service Traineeship, University of California, Berkeley.
1990	Runner-up in <i>Western Journal of Medicine</i> Student Research Paper Contest.
2002-	Fellow of the American Heart Association
2007-08	Completion of Stanford University Physician Leadership Training Program.
2009	Excellence in Teaching Award, Stanford Department of Medicine.
2010	Visiting Lecturer, University of Chicago and University of Illinois, Chicago February 8-10, 2010.
2011	National Forum on Heart Disease Treatment and Prevention <i>Public Policy Organization Award</i> for work on Medicare Coverage for Cardiovascular Prevention Services Initiative (awarded to Partnership for Prevention).
2025	<b>Chris Klug Foundation, Community Champion Award.</b>
2025	<b>World Transplant Games Federation. Transplant Athletes' Hall of Fame.</b>

## G. BIBLIOGRAPHY

### Peer Reviewed Articles (235 total).

1. Gould JB, Davey B, **Stafford RS**. Socioeconomic differences in rates of cesarean section. *N Engl J Med*, 1989; Jul 27; 321(4):233-9. doi: 10.1056/nejm199001253220412 [PMID: 2747759](#)
2. **Stafford RS**. Alternative strategies for controlling rising cesarean section rates. *JAMA*, 1990 Feb 2; 263(5):683-7. doi:10.1001/jama.1990.03440050077037. [PMID: 2296123](#)
3. **Stafford RS**. Cesarean section use and source of hospital payment: an analysis of California hospital discharge abstracts. *Am J Public Health*, 1990 Mar; 80(3):313-5. doi:10.2105/ajph.80.3.313. [PMID: 2305912](#)
4. **Stafford RS**. Recent trends in cesarean section use in California. *West J Med*, 1990 Nov; 153(5):511-4. [PMID: 2260286](#)
5. **Stafford RS**. A Room without Corners. In: *Nine items of Less: A Poetry Collection*. 1990, UC Berkeley Poets Press, Berkeley CA.
6. **Stafford RS**. The impact of nonclinical factors on repeat cesarean section. *JAMA*, 1991 Jan 2; 265(1):59-63. doi:10.1001/jama.1991.03460010059031. [PMID: 1984126](#)
7. Jannsen RS, St. Louis ME, Satten GA, Critchley SE, Petersen LR, **Stafford RS**, Ward JW, Hanson DL, Olivo N, Schable CA, Dondero TJ and the Hospital Surveillance Group. HIV infection among patients in acute-care U.S. hospitals: considerations for a national strategy for targeting HIV counseling and testing. *N Engl J Med*, 1992 Aug 13; doi:10.1056/NEJM199208133270701. 327(7):445-52. [PMID: 1625734](#).
8. **Stafford RS**, Sullivan SD, Gardner LB. Trends in cesarean section use in California, 1983 to 1990. *Am J Obstet Gynecol*, 1993 Apr; 168(4):1297-302. doi: 10.1016/0002-9378(93)90384-u

[PMID: 8475978](#).

9. **Stafford RS**. Crashing Surf without a Shore. *Belize Travel*, 1995, Spring.
10. **Stafford RS**, Singer DE. National patterns of warfarin use in atrial fibrillation. *Arch Intern Med*, 1996 Dec 9-23; 156(22):2537-41. doi:10.1001/archinte.1996.00440210043004. [PMID: 8951296](#). NAMCS.
11. **Stafford RS**, Pasternak R, Blumenthal D. Variations in the cholesterol management practices of U.S. physicians. *J Am Coll Card*, 1997 Jan; 29(1):139-46. doi: 10.1016/s0735-1097(96)00441-x. [PMID: 8996306](#). NAMCS.
12. **Stafford RS**, Saglam D, Causino N, Blumenthal D. Low rates of hormone replacement in visits to U.S. primary care physicians. *Am J Obstet Gynecol*, 1997 Aug; 177(2):381-7. doi: 10.1016/s0002-9378(97)70202-3. [PMID: 9290455](#). NAMCS.
13. **Stafford RS**, Saglam D, Blumenthal D. National patterns of angiotensin-converting enzyme use in congestive heart failure. *Arch Int Med*, 1997; 157: 2460-4. doi:10.1001/archinte.1997.00440420092008. [PMID: 9385297](#). NAMCS.
14. **Stafford RS**, Cyr P. The impact of cancer on physical function and health care utilization in the elderly. *Cancer*, 1997 Nov 15; 80(10):1973-80. doi: 10.1002/(sici)1097-0142(19971115)80:10<1973::aid-cnrc15>3.0.co;2-v. [PMID: 9366301](#).
15. Thorndike AN, Rigotti NA, **Stafford RS**, Singer DE. National patterns in the treatment of smokers by U.S. physicians. *JAMA*, 1998 Feb 25; 279(8):604-8. doi: 10.1001/jama.279.8.604. [PMID: 9486755](#). NAMCS.
16. Ferris TG, Saglam D, **Stafford RS**, Causino N, Starfield B, Culpepper L, Blumenthal D. Changes in the daily practice of primary care for children. *Arch Pediatr Adolesc Med*, 1998 Mar; 152(3):227-33. doi: 10.1001/archpedi.152.3.227. [PMID: 9529458](#). NAMCS.
17. Collins MM, **Stafford RS**, O'Leary MP, Barry MJ. How common is prostatitis? A national survey of physician visits. *J Urology*, 1998 Apr; 159(4):1224-8. [PMID: 9507840](#). NAMCS.
18. **Stafford RS**, Singer DE. Recent national patterns of warfarin use in atrial fibrillation. *Circulation*, 1998 Apr 7; 97(13):1231-3. doi: 10.1161/01.cir.97.13.1231. [PMID: 9570191](#). NAMCS.
19. Metlay, JP, **Stafford RS**, Singer DE. National trends in the use of antibiotics by primary care physicians for adult patients with cough. *Arch Intern Med*, 1998 Sep 14; 158(16):1813-8. doi: 10.1001/archinte.158.16.1813. [PMID: 9738612](#). NAMCS.
20. **Stafford RS**, Saglam D, Causino N, Blumenthal D. The declining impact of race and insurance status on hormone replacement therapy. *Menopause*, 1998 Fall;5(3):140-4. [PMID: 9774758](#). NAMCS.
21. Wang TJ, **Stafford RS**. National patterns of beta blocker use in patients with coronary

- artery disease. *Arch Intern Med*, 1998 Sep 28; 158(17):1901-6. doi: 10.1001/archinte.158.17.1901. [PMID: 9759686](#). NAMCS.
22. **Stafford RS**, Robson D, Misra B, Ruskin J, Singer DE. Rate control and sinus rhythm maintenance in atrial fibrillation: National trends in medication use, 1980-95. *Arch Intern Med*, 1998 Oct 26; 158(19):2144-8. doi: 10.1001/archinte.158.19.2144. [PMID: 9801182](#). NAMCS.
  23. **Stafford RS**, Blumenthal D. Specialty differences in cardiovascular disease prevention practices. *J Am Coll Cardiol*, 1998 Nov; 32(5):1238-43. doi: 10.1016/s0735-1097(98)00380-5. [PMID: 9809931](#). NAMCS.
  24. **Stafford RS**, Saglam DS, Causino N, Starfield B, Culpepper L, Marder W, Blumenthal D. Trends in adult visits to primary care physicians in the United States. *Arch Fam Med*, 1999 Jan-Feb; 8(1):26-32. [PMID: 9932068](#). NAMCS.
  25. Wang TJ, Ausiello JA, **Stafford RS**. Trends in antihypertensive drug advertising, 1985-95. *Circulation*, 1999 Apr 20; 99(15):2055-7. doi: 10.1161/01.cir.99.15.2055. [PMID: 10209012](#).
  26. Blumenthal D, Causino N, Chang YC, Culpepper L, Marder W, Saglam D, **Stafford R**, Starfield B. The duration of ambulatory visits to physicians. *J Fam Pract*, 1999 Apr; 48(4):264-71. [PMID: 10229250](#). NAMCS.
  27. Collins MM, **Stafford RS**, O'Leary MP, Barry MJ. Distinguishing chronic prostatitis and BPH symptoms. *Urology*, 1999 May; 53(5):921-5. doi: 10.1016/s0090-4295(98)00636-0 [PMID: 10223484](#). NAMCS.
  28. Thorndike AN, Ferris TG, **Stafford RS**, Rigotti NA. Rates of U.S. physicians counseling adolescents about smoking? *JNCI*, 1999 Nov 3; 91(21):1857-62. doi: 10.1093/jnci/91.21.1857 [PMID: 10547392](#). NAMCS.
  29. Cohen M, **Stafford RS**, Misra B. Stress testing: National patterns and predictors of test ordering. *Am Heart J*, 1999 Dec; 138(6 Pt 1):1019-24. doi: 10.1016/s0002-8703(99)70065-7 [PMID: 10577430](#). NAMCS.
  30. Collins MM, **Stafford RS**, Barry MJ. Age-specific patterns of prostate specific antigen testing among primary care physician visits. *J Fam Pract*, 2000 Feb; 49(2):169-72. [PMID: 10718695](#). NAMCS.
  31. **Stafford RS**. Aspirin use is low among U.S. outpatients with coronary artery disease. *Circulation*, 2000 Mar 14; 101(10):1097-101. doi: 10.1161/01.cir.101.10.1097. [PMID: 10715254](#). NAMCS.
  32. Meigs JB, **Stafford RS**. Cardiovascular disease prevention practices by U.S. physicians for patients with diabetes. *J Gen Intern Med*, 2000 Apr; 15(4):220-8. doi: 10.1111/j.1525-1497.2000.03079.x. [PMID: 10759996](#). NAMCS.
  33. **Stafford RS**, Farhat JH, Misra B, Schoenfeld DA. National patterns of physician activities related to obesity management. *Arch Fam Med*, 2000 Jul; 9(7):631-8. [PMID: 10910311](#). NAMCS.
  34. Mora S, **Stafford RS**, Pasternak RC. Certain cardiac risk factors predict risk factor interventions and influence communication between physicians and patients. *Am J Cardiol*, 2000 Oct 1; 86(7):783-5, A9. doi: 10.1016/s0002-9149(00)01082-1 [PMID: 11018202](#).
  35. Huttin C, Moeller JF, **Stafford RS**. Patterns and costs for hypertension treatment in the

United States - Clinical, lifestyle and socioeconomic predictors from the 1987 National Medical Expenditures Survey. *Clin Drug Invest*, 2000; 20:181-195. doi.org/10.2165/00044011-200020030-00006.

36. **Stafford RS**, Ausiello JC, Misra B, Saglam D. National patterns of depression treatment in primary care. *Primary Care Companion J Clinical Psych*, 2000 Dec; 2(6):211-216. doi: 10.4088/pcc.v02n0603. [PMID: 15014631](#). NAMCS.
37. Thorndike AN, **Stafford RS**, Rigotti NA. U.S. physicians' treatment of smoking in patients with psychiatric disease. *Nicotine Tobacco Res*, 2001 Feb; 3(1):85-91. doi: 10.1080/14622200020032132. [PMID: 11260815](#). NAMCS.
38. Wang TJ, **Stafford RS**, Ausiello JC, Chaisson CE. Randomized clinical trials and recent patterns in the use of statins. *Am Heart J*, 2001 Jun; 141(6):957-63. doi: 10.1067/mhj.2001.115587. [PMID: 11376310](#). NAMCS.
39. **Stafford RS**, Misra B. Variation in routine electrocardiogram use in academic primary care practice. *Arch Intern Med*, 2001 Oct 22; 161(19):2351-5. doi: 10.1001/archinte.161.19.2351. [PMID: 11606151](#). NAMCS.
40. Linder JA, **Stafford RS**. Antibiotic treatment of adults with sore throat by community primary care physicians: a national survey, 1989-99. *JAMA*, 2001 Sep 12; 286(10):1181-6. doi: 10.1001/jama.286.10.1181. [PMID: 11559262](#). NAMCS.
41. Huang ES, **Stafford RS**. National patterns in the treatment of urinary tract infections in women by ambulatory care physicians. *Arch Intern Med*, 2002 Jan 14; 162(1):41-7. Doi: 10.1001/archinte.162.1.41. [PMID: 11784218](#). NAMCS.
42. **Stafford RS**, MacDonald EM, Finkelstein SN. National patterns of medication treatment for depression, 1987 to 2001. *Primary Care Companion J Clin Psych*, 2001 Dec; 3(6):232-235. doi: 10.4088/pcc.v03n0611. [PMID: 15014590](#). NAMCS.
43. Ausiello JC, **Stafford RS**. Trends in medication use for osteoarthritis treatment. *J Rheum*, 2002 May; 29(5):999-1005. [PMID: 12022364](#). NAMCS.
44. Schnipper JL, **Stafford RS**. Secondary prevention of coronary artery disease: lipid management as a priority for improvement. *J Clin Outcomes Manag*, 2002 Jul; 9: 371-380.
45. **Stafford RS**, Radley D. The potential of pill splitting to achieve cost-savings. *Am J Manag Care*, 2002 Aug; 8(8):706-12. [PMID: 12212758](#).
46. **Stafford RS**, Radley D. The underutilization of cardiac medications of proven benefit, 1990-2002. *J Am Coll Cardiol*, 2003 Jan 1; 41(1):56-61. doi: 10.1016/s0735-1097(02)02670-0 [PMID: 12570945](#). NAMCS, NDTI.
47. **Stafford RS**, Davidson S, Miracle-McMahill H, Crawford S, Blumenthal D, Davidson H. Chronic disease medication use in managed care and indemnity insurance plans. *HSR*, 2003 Apr;38(2):595-612. doi:10.1111/1475-6773.00135. [PMID: 12785563](#).
48. **Stafford RS**, Ma J, Finkelstein SN, Haver K, Cockburn I. National trends in asthma visits and asthma pharmacotherapy, 1978-2002. *J Allergy Clin Immun*, 2003 Apr; 111(4):729-35. [PMID: 12704350](#). doi: 10.1067/mai.2003.177. NDTI.
49. **Stafford RS**, Radley D. National trends of antiobesity medication use. *Arch Intern Medicine*, 2003 May 12; 163(9):1046-50. doi: 10.1001/archinte.163.9.1046. [PMID: 12742801](#). NAMCS.

50. Ma J, **Stafford RS**, Finkelstein SN, Cockburn IM. A statistical analysis of the magnitude and composition of drug promotion in the U.S. in 1998. *Clin Thera*, 2003 May; 25(5):1503-17. doi: 10.1016/s0149-2918(03)80136-4. [PMID: 12867225](#).
51. **Stafford RS**. Feedback intervention to reduce routine electrocardiogram use in primary care. *Am Heart J*, 2003 Jun; 145(6):979-85. doi: 10.1016/S0002-8703(03)00107-8. [PMID: 12796752](#).
52. Carnethon MR, Kinder LS, Fair JM, **Stafford RS**, Fortmann SP. Symptoms of depression as a risk factor for incident diabetes: findings from the National Health and Nutrition Examination Epidemiologic Follow-up study, 1971-1992. *Am J Epid*, 2003 Sep 1; 158(5):416-23. doi: 10.1093/aje/kwg172. [PMID: 12936896](#).
53. Weilburg JB, Meigs JB, O'Leary KO, Hennen J, **Stafford RS**. Evaluation of the adequacy of outpatient antidepressant treatment. *Psych Serv Research*, 2003 Sep; 54(9):1233-9. doi: 10.1176/appi.ps.54.9.1233. [PMID: 12954939](#).
54. Ma J, **Stafford RS**. U.S. physician adherence to standards of asthma pharmacotherapy varies by patient and physician characteristics [research letter]. *J Allergy Clin Immunol*, 2003 Sep; 112(3):633-5. doi: 10.1016/s0091-6749(03)01864-5. [PMID: 13679830](#). NAMCS.
55. Linder J, Singer DE, **Stafford RS**. Association between antibiotic prescribing and visit duration in adults with upper respiratory tract infections. *Clin Thera*, 2003 Sep; 25(9):2419-30. doi: doi.org/10.1016/S0149-2918(03)80284-9. [PMID: 14604741](#). NAMCS.
56. Pirraglia P, **Stafford RS**, Singer DE. Trends in prescribing of selective serotonin reuptake inhibitors and other newer antidepressant agents in adult primary care. *Primary Care Companion J Clin Psych*, 2003 Aug; 5(4):153-157. doi: 10.4088/pcc.v05n0402. [PMID: 15213776](#). NAMCS.
57. Hersh AL, Stefanick ML, **Stafford RS**. National use of post-menopausal hormone therapy: annual trends and response to recent evidence, 1995-2003. *JAMA*, 2004 Jan 7; 291(1):47-53. doi: 10.1001/jama.291.1.47. [PMID: 14709575](#). NDTI, NPA.
58. **Stafford RS**, Alehegn T, Finkelstein SN, Cockburn IM, Furberg C, Ma J. The impact of clinical trial results on national trends in alpha-blocker prescribing, 1996-2002. *JAMA*, 2004 Jan 7; 291(1):54-62. doi: 10.1001/jama.291.1.54 [PMID: 14709576](#). NDTI, NPA.
59. Fang M, **Stafford RS**, Ruskin J, Singer DE. National trends in antiarrhythmic and antithrombotic medication use in atrial fibrillation. *Arch Intern Med*, 2004 Jan 12; 164(1):55-60. doi: 10.1001/archinte.164.1.55. [PMID: 14718322](#). NAMCS.
60. Weilburg JB, **Stafford RS**, O'Leary KM, Meigs JB, Finkelstein SN. Costs of antidepressant medications associated with inadequate treatment. *Am J Manag Care*, 2004 Jun; 10(6):357-65. [PMID: 15209479](#).
61. **Stafford RS**, Drieling RL, Hersh AL. National trends in osteoporosis visits and osteoporosis treatment, 1988-2003. *Arch Intern Med*, 2004 Jul 26; 164(14):1525-30. doi: 10.1001/archinte.164.14.1525. [PMID: 15277283](#). NDTI.
62. Ma J, Urizar G, Alehegn T, **Stafford RS**. Diet and physical activity counseling during ambulatory care visits in the U.S. *Prev Med*, 2004 Oct;39(4):815-22. doi: 10.1016/j.ypmed.2004.03.006. [PMID: 15351551](#). NAMCS.
63. Cushman M, Kuller K, Prentice R, Rodabough RJ, Psaty BM, **Stafford RS**, Sidney S,

- Rosendaal FR. Estrogen plus progestin and risk of venous thrombosis. *JAMA*, 2004 Oct 6; 292(13):1573-80. doi: 10.1001/jama.292.13.1573. [PMID: 15467059](#).
64. Majumdar SR, Almasi EA, **Stafford RS**. Promotion and prescribing of hormone therapy after report of harm by the Women's Health Initiative. *JAMA*, 2004 Oct 27; 292(16):1983-8. doi: 10.1001/jama.292.16.1983. [PMID: 15507584](#). NPA.
65. **Stafford RS**, Li DL, Davis R, Iezzoni L. Modelling the ability of risk adjusters to reduce adverse selection in managed care. *J Applied Health Econ Health Pol*, 2004;3(2):107-14. doi: 10.2165/00148365-200403020-00007. [PMID: 15702948](#).
66. Dai C, **Stafford RS**, Alexander GC. National trends in Cox-2 Inhibitor use since market release: non-selective diffusion of a selectively cost-effective innovation. *Arch Intern Med*, 2005 Jan 24;165(2):171-7. doi: 10.1001/archinte.165.2.171. [PMID: 15668363](#). NAMCS.
67. Linder JA, Huang ES, Steinman MA, Gonzales R, **Stafford RS**. Fluoroquinolone prescribing in the United States, 1995-2000. *Am J Med*, 2005 Mar;118(3):259-68. doi: 10.1016/j.amjmed.2004.09.015. [PMID: 15745724](#). NAMCS.
68. Ma J, Wang Y, **Stafford RS**. U.S. Adolescents receive suboptimal preventive counseling during ambulatory care. *J Adolesc Health*, 2005 May; 36: 441.e1-441.e7. doi: doi.org/10.1016/j.jadohealth.2004.08.024. [PMID: 15841517](#). NAMCS.
69. Ma J, Sehgal NL, Ayanian JZ, **Stafford RS**. National trends in statin use by CHD risk category. *PLoS Med*, 2005 May; 2(5):e123. Epub 2005 May 31. doi: 10.1371/journal.pmed.0020123. [PMID: 15916463](#). NAMCS.
70. Ma J, **Stafford RS**. Quality of outpatient care in the U.S.: temporal changes and racial/ethnic disparities. *Arch Intern Med*, 2005 Jun 27; 165(12):1354-61. doi: 10.1001/archinte.165.12.1354. [PMID 15983283](#). NAMCS.
71. Blumenthal D, Weissman J, Wachterman M, Weil E, **Stafford RS**, Perrin J, Ferris T, Kulthau K, Kaushal R, Iezzoni L. The who, what, and why of risk adjustment: a technology on the cusp of adoption. *J Health Polit Policy Law*, 2005 Jun; 30(3):453-73. [PMID: 16089112](#).
72. Ma J, Lee KV, **Stafford RS**. Depression treatment during outpatient visits by U.S. children and adolescents. *J Adolesc Health*, 2005 Dec; 37(6):434-42. doi: 0.1016/j.jadohealth.2005.07.012 [PMID: 16310120](#). NAMCS.
73. **Stafford RS**, Monti V, Ma J. Underutilization of aspirin persists in U.S. ambulatory care for the secondary and primary prevention of cardiovascular disease. *PLoS Med*, 2005 Dec; 2(12):e353-357. Epub 2005 Nov 15. [PMID: 16277554](#). NAMCS.
74. **Stafford RS**, Drieling R, Johns R, Ma J. National patterns of calcium use in osteoporosis. *J Reprod Med*, 2005 Nov; 50(11 Supplement):885-90. [PMID: 16422278](#). NHANES.
75. Ma J, Monti V, **Stafford RS**. Are evidence-based cardiovascular prevention therapies being used? A review of aspirin and statin therapies. *Prevention and Control*, 2005; 1: 285-295. doi: doi.org/10.1016/j.precon.2006.05.002. NDTI, NAMCS.
76. Miller GE, Moeller J, **Stafford RS**. New cardiovascular drugs: patterns of use and association with non-drug expenditures. *Inquiry*, 2005-2006 Winter; 42(4):397-412. doi: 10.5034/inquiryjrnl\_42.4.397. [PMID: 16568931](#).
77. Almasi EA, **Stafford RS**. Kravitz RL, Mansfield PR. What are the public health effects of

- direct-to-consumer drug advertising? *PLoS Medicine*, 2006 Mar; 3(3):e145. Epub 2006 Mar 28. doi:10.1371/journal.pmed.0030145. [PMID: 16563041](#).
78. Radley D, Finkelstein S, **Stafford RS**. Off-Label prescribing among office-based physicians. *Arch Intern Med*, 2006 May 8; 166(9):1021-1026. doi: 10.1001/archinte.166.9.1021. [PMID: 16682577](#). NDTI.
  79. Ma J, Drieling RC, **Stafford RS**. U.S. women desire greater professional guidance on alternative therapies for relief of menopause symptoms. *Menopause* 2006 May-Jun;13(3):506-16. doi: 10.1097/01.gme.0000179047.00748.53. [PMID: 16735949](#).
  80. **Stafford RS**, Monti V, Furberg CD, Ma J. Long-term and short-term changes in antihypertensive prescribing by office-based physicians in the U.S. *Hypertension*, 2006 Aug;48(2):213-8. Epub 2006 Jun 19. doi: 10.1161/01.HYP.0000229653.73128.b6. [PMID: 16785334](#). NDTI.
  81. Ma J, Lee KV, **Stafford RS**. Changes in antihypertensive prescribing during US outpatient visits for uncomplicated hypertension between 1993 and 2004. *Hypertension*, 2006 Nov; 48(5):846-52. Epub 2006 Sep 18. doi: 10.1161/01.HYP.0000240931.90917.0c [PMID: 16982967](#). NAMCS.
  82. Ma J, Lee KV, Berra K, **Stafford RS**. Implementation of case management to reduce cardiovascular disease risk in the Stanford and San Mateo Heart to Heart randomized controlled trial: study protocol and baseline characteristics. *Implement Sci*, 2006 Sep 27; 1:21. doi: 10.1186/1748-5908-1-21 [PMID: 17005050](#).
  83. Wang RY, Alexander CG, **Stafford RS**. Outpatient hypertension treatment, treatment intensification, and control in Western Europe and the United States. *Arch Intern Med*, 2007 Jan 22; 167(2):141-7. doi: 10.1001/archinte.167.2.141. [PMID: 17242314](#).
  84. Gardner C, Kiazand A, Alhassan S, Kim S, **Stafford RS**, Balise R, Kraemer HC, King AC. Comparison of the Atkins, Zone, Ornish, and LEARN diets for change in weight and related risk factors among overweight premenopausal women: the A TO Z Weight Loss Study: a randomized trial. *JAMA*, 2007 Mar 7; 297(9):969-77. doi: 10.1001/jama.297.9.969. [PMID: 17341711](#).
  85. Ma J, Johns RA, **Stafford RS**. Americans are not meeting current calcium recommendations. *Am J Clin Nutr*, 2007 May; 85(5):1361-6. doi: 10.1093/ajcn/85.5.1361. [PMID: 17490974](#). NHANES.
  86. Kennedy BS, Fortmann SP, **Stafford RS**. Elective and isolated carotid endarterectomy: health disparities in utilization and outcomes, but not readmission. *J Natl Med Assoc*, 2007 May; 99(5):480-8. [PMID: 17534005](#).
  87. Rigby A, Ma J, **Stafford RS**. Women's awareness and knowledge of hormone therapy after the Women's Health Initiative. *Menopause*, 2007 Sep-Oct; 14(5):853-8. doi: 10.1097/GME.0b013e3180333a33. [PMID: 17429334](#).
  88. Linder JA, Ma J, Bates DW, Middleton B, **Stafford RS**. Electronic health record use and the quality of ambulatory care in the United States. *Arch Intern Med*, 2007 Jul 9; 167(13):1400-5. doi: 10.1001/archinte.167.13.1400. [PMID: 17620534](#). NAMCS.
  89. **Stafford RS**, Berra K. Critical factors in case-management: Practical lessons from a cardiac case-management program. *Dis Mangmt*, 2007 Aug; 10(4):197-207. doi: 10.1089/dis.2007.103624. [PMID: 17718658](#).

90. **Stafford RS.** Resisting the Inevitable in the French Alps. In: *Cycling's Greatest Misadventures* [Erich Schweikher, Paul Diamond, editors]. 2007, Wilderness Press.
91. Berra K, Ma J, Klieman L, Hyde S, Monti V, Guardado A, Rivera S, **Stafford RS.** Implementing cardiac risk-factor case-management: lessons learned in a county health system. *Critical Pathways in Cardiology*; 2007 Dec; 6(4):173-9. doi: 10.1097/HPC.0b013e31815b5609. [PMID: 18091408](#).
92. Davidson SM, Shwartz M, **Stafford RS.** The feasibility and value of new measures showing patterns of quality for patients with 3 chronic conditions. *J Ambulatory Care Manage*, 2008 Jan-Mar; 31(1):37-51. doi: 10.1097/01.JAC.0000304096.59205.e0. [PMID: 18162795](#).
93. Ma J, **Stafford RS.** Screening, treatment and control of hypertension in U.S. private physician offices, 2003-2004. *Hypertension*, 2008 May; 51(5):1275-81. doi: 10.1161/HYPERTENSIONAHA.107.107086. Epub 2008 Mar 17. [PMID: 18347229](#). NAMCS.
94. Lee R, Hlubocky F, Hu JJ, **Stafford RS,** Daugherty CK. An international pilot study of oncology physicians' opinions and practices on complementary and alternative medicine (CAM). *Integrative Cancer Therapies*; 2008 Jun; 7(2):70-5. doi: 10.1177/1534735408319059. Epub 2008 May 27. [PMID: 18505899](#).
95. Alexander GC, Sehgal N, Moloney R, **Stafford RS.** National trends in treatment for type 2 diabetes mellitus, 1994-2007. *Arch Intern Med*; 2008 Oct 27; 168(19):2088-94. doi: 10.1001/archinte.168.19.2088. [PMID: 18955637](#). NDTI, NPA.
96. Walton SM, Schumock GT, Lee KV, Alexander GC, Meltzer D, **Stafford RS.** Prioritizing future research on off-label prescribing: results of a quantitative evaluation. *Pharmacotherapy*; 2008 Dec; 28(12):1443-52. doi: 10.1592/phco.28.12.1443. [PMID: 19025425](#). NDTI, NPA.
97. **Stafford RS.** Perspective: Regulating off-label drug use: rethinking the role of the FDA. *N Engl J Med*, 2008 Apr 3; 358(14):1427-9. doi: 10.1056/NEJMp0802107. [PMID: 18385495](#).
98. Lloyd-Jones D, et al. (American Heart Association Statistics Committee, **Stafford RS,** one of 34, joint author with 4 others of pp. 140-153). Heart Disease and Stroke Statistics 2009 Jan 27 Update *Circulation*; 2009; 119: e21-181. [PMID: 19075105](#) and summary *Circulation*; 2009; 119: 480-6. doi: 10.1161/CIRCULATIONAHA.108.191261. Epub 2008 Dec 15. [PMID: 19171871](#).
99. Ma J, Xiao L, **Stafford RS.** Adult obesity and office-based quality of care in the United States. *Obesity (Silver Spring)*; 2009 May; 17(5):1077-85. doi: 10.1038/oby.2008.653. Epub 2009 Feb 5. [PMID: 19197264](#). NAMCS.
100. Ma J, Xiao L, **Stafford RS.** Underdiagnosis of obesity in adults in U.S. outpatient settings [research letter]. *Arch Intern Med*; 2009 Feb 9; 169(3):313-4. doi: 10.1001/archinternmed.2008.582. [PMID: 19204224](#). NAMCS.
101. Alexander GC, **Stafford RS.** Commentary: Does comparative effectiveness have a comparative advantage? *JAMA*; 2009 Jun 17; 301(23):2488-90. doi: 10.1001/jama.2009.851. [PMID: 19531789](#).
102. **Stafford RS,** Wagner TH, Lavori PW. Perspective: New, but not Improved? Incorporating comparative effectiveness information into FDA labeling. *N Engl J Med*; 2009 Sep 24; 361(13):1230-3. doi: 10.1056/NEJMp0906490. Epub 2009 Aug 12. [PMID:](#)

[19675326](#).

103. Smith MW, Ma J, **Stafford RS**. Bar charts enhance Bland-Altman plots when value ranges are limited. *J Clin Epidem*; 2010 Feb; 63(2):180-4. doi: 10.1016/j.jclinepi.2009.06.001. Epub 2009 Aug 27. [PMID: 19716265](#).
104. Bersamin A, **Stafford RS**, Winkleby M. Predictors of hypertension awareness, treatment and control among Mexican-American Women in the U.S. *J Gen Intern Med*; 2009; 2009 Nov; 24 Supplement 3:521-7. doi: 10.1007/s11606-009-1094-6. [PMID: 19842001](#). NHANES.
105. Ma J, Berra K, Haskell W, Smith MW, Klieman L, **Stafford RS**. Case-management for multiple coronary heart disease risk factors is effective in a low-income, ethnically diverse population. *Arch Intern Med*; 2009 Nov 23; 169(21):1988-95. doi: 10.1001/archinternmed.2009.381. [PMID: 19933961](#).
106. Ma J, King AC, Wilson S, Xiao L, **Stafford RS**. Evaluation of lifestyle interventions to treat elevated cardiometabolic risk in primary care (E-LITE): a randomized controlled trial. *BMC Family Practice*; 2009 Nov 12; 10:71. doi: 10.1186/1471-2296-10-71. [PMID: 19909549](#).
107. Lloyd-Jones D, et al. (American Heart Association Statistics Committee, **Stafford RS**, one of 35). Heart Disease and Stroke Statistics 2010 Update. Full Report *Circulation*; 2010; 121: e46-e215; Summary *Circulation*; 2010 Feb 23; 121(7):e46-e215. doi: 10.1161/CIRCULATIONAHA.109.192667. Epub 2009 Dec 17. [PMID: 20019324](#).
108. **Stafford RS**, Bartholomew LK, Cushman WC, Cutler JA, Davis BR, Dawson G, Einhorn PT, Furberg CD, Piller LB, Pressel SL, Whelton PK. Impact of the ALLHAT/JNC7 Dissemination Project on thiazide-type diuretic use. *Arch Intern Med*; 2010 May 24; 170(10): 851-858. doi: 10.1001/archinternmed.2010.130. [PMID: 20498411](#). NDTI, NPA.
109. Banerjee D, **Stafford RS**. Lack of improvement in outpatient management of congestive heart failure in the U.S. *Arch Intern Med*, 2010 Aug 9; 170(15):1399-400. doi: 10.1001/archinternmed.2010.270. [PMID: 20696970](#). NAMCS.
110. Drieling RL, Gardner CD, Ma J, Ahn D, **Stafford RS**. No beneficial effects of pine bark extract on cardiovascular disease risk factors. *Arch Intern Med*, 2010 Sep 27; 170(17):1541-7. doi: 10.1001/archinternmed.2010.310. [PMID: 20876405](#).
111. Tsai SA, Stefanick ML, **Stafford RS**. Trends in menopausal hormone therapy use of U.S. office-based physicians, 2001-2009. *Menopause*, 2011 Apr; 18(4):385-92. doi: 10.1097/gme.0b013e3181f43404. [PMID: 21127439](#). NDTI.
112. Patel AI, Madsen KA, Maselli JH, Cabana MD, **Stafford RS**, Hersh AL. Underdiagnosis of pediatric obesity during ambulatory care visits. *Academic Pediatrics*; 2010 Nov-Dec; 10(6):405-9. doi: 10.1016/j.acap.2010.09.004. [PMID: 21075322](#). NAMCS.
113. Roger V, et al. (American Heart Association Statistics Committee, **Stafford RS**, one of 41). Heart disease and stroke statistics 2011 update: A Report from the American Heart Association. *Circulation*; 2011; 123(4): e18-e209. Epub 2010 Dec 15; and Executive Summary: *Circulation*; 2011 Feb 15; 123(6):e240. (459-463) and *Circulation* 2011 Oct 18; 124(16):e426. doi: 10.1161/CIR.0b013e3182009701. [PMID: 21160056](#)
114. Alexander GC, Gallagher, SA, Mascola A, Moloney RM, **Stafford RS**. Increasing off-label use of antipsychotic medications in the United States, 1995-2008.

- Pharmacoepidemiol Drug Saf*; 2011 Feb; 20(2):177-84. doi: 10.1002/pds.2082. Epub 2011 Jan 6. [PMID: 21254289](#). NDTI.
115. Hersh A, **Stafford RS**. Antiviral prescribing by office-based physicians during the 2009 H1N1 pandemic. *Ann Intern Med*, 2011 Jan 4; 154(1):74-6. doi: 10.7326/0003-4819-154-1-201101040-00019. [PMID: 21200049](#). NDTI.
  116. Romano MJ, **Stafford RS**. Electronic health record clinical decision support systems and national ambulatory care quality. *Arch Intern Med*; 2011 May 23; 171(10):897-903. doi: 10.1001/archinternmed.2010.527. Epub 2011 Jan 24. [PMID: 21263077](#). NAMCS.
  117. Drieling RL, Ma J, **Stafford RS**. Evaluating clinic and community-based lifestyle interventions for obesity reduction in a low-income Latino neighborhood: Vivamos Activos Fair Oaks Program. *BMC Public Health*, 2011 Feb 14; 11:98. doi: 10.1186/1471-2458-11-98. [PMID: 21320331](#).
  118. Walton S, Gallanter W, Rosekranz H, Melzer DM, **Stafford RS**, Tiyaki F, Sarne D. A trial of inpatient indication based prescribing during computerized order entry with medications commonly used off-label. *App Clinical Informatics*, 2011 Mar 9; 2(1):94-103. doi: 10.4338/ACI-2010-11-RA-0072. [PMID: 23616862](#).
  119. Logan A, Yank V, **Stafford RS**. Off-label use of recombinant factor VIIa in U.S. hospitals: analysis of hospital records. *Ann Intern Med*, 2011 Apr 19; 154(8):516-22. doi: 10.7326/0003-4819-154-8-201104190-00002. [PMID: 21502649](#).
  120. Yank V, Tuohy CV, Logan AC, Bravata DM, Staudenmayer K, Eisenhut R, Sundaram V, McMahon D, Olkin I, McDonald KM, Owens DK, **Stafford RS**. Systematic review: benefits and harms of in-hospital use of recombinant factor VIIa for off-label indications. *Ann Intern Med*, 2011 Apr 19; 154(8):529-40. doi: 10.7326/0003-4819-154-8-201104190-00004. [PMID: 21502651](#).
  121. Alexander GC, O'Connor AB, **Stafford RS**. Enhancing prescription drug innovation and adoption. *Ann Intern Med*, 2011 Jun 21; 154(12):833-7, W-301. doi: 10.7326/0003-4819-154-12-201106210-00012. [PMID: 21690598](#).
  122. Winter SJ, King AC, **Stafford RS**, Winkleby MA, Haskell WL, Farquhar JW. Promoting culturally targeted chronic disease prevention research through an adapted participatory research approach: The Qassim-Stanford Universities project. *Translational Behavioral Medicine*, 2011 Jun; 1(2):289-98. doi: 10.1007/s13142-011-0033-3. [PMID: 24073051](#).
  123. Higashi AS, Zhu S, **Stafford RS**, Alexander GC. National trends in outpatient asthma treatment, 1997-2009. *J Gen Intern Med*, 2011 Dec; 26(12):1465-70. doi: 10.1007/s11606-011-1796-4. Epub 2011 Jul 16. [PMID: 21769507](#). NDTI, NAMCS.
  124. Drieling RL, Ma J, Thiyagarajan S, **Stafford RS**. An internet-based osteoporotic fracture risk program: Effects on knowledge, attitudes, and behaviors. *J Womens Health*, 2011 Dec; 20(12):1895-907. doi: 10.1089/jwh.2010.2515. Epub 2011 Oct 4. [PMID: 21970565](#).
  125. **Stafford RS**, Romano MJ. Is clinical decision support the missing link in prevention? *Arch Intern Med*, 2011 Oct 24; 171(19):1745-6. doi: 10.1001/archinternmed.2011.478. [PMID: 22025431](#).
  126. Wang X, Hsu FC, Isom S, Walkup MP, Kritchevsky S, Goodpaster B, Church T, Pahor M, **Stafford RS**, Nicklas BJ. Effects of a 12-month physical activity intervention on

- prevalence of metabolic syndrome in elderly men and women. *J Gerontol A Biol Sci Med Sci*, 2012 Apr; 67(4):417-24. doi: 10.1093/gerona/qlr187. Epub 2011 Oct 24. [PMID: 22024949](#).
127. Banerjee D, Chung S, Wong EC, Wang EJ, **Stafford RS**, Palaniappan LP, Underdiagnosis of hypertension using electronic health records. *Am J Hypertension*, 2012 Jan; 25(1):97-102. doi: 10.1038/ajh.2011.179. Epub 2011 Oct 27. [PMID: 22031453](#).
  128. Brinkley TE, Hsu FC, Beavers KM, Church TS, Goodpaster BH, **Stafford RS**, Pahor M, Kritchevsky SB, Nicklas BJ. Total and abdominal adiposity are associated with inflammation in older adults using a factor analysis approach. *J Gerontol A Biol Sci Med Sci*. 2012 Oct; 67(10):1099-106. doi: 10.1093/gerona/gls077. Epub 2012 Mar 26. [PMID: 22451470](#).
  129. **Stafford RS**. Off-label use of drugs and medical devices: A review of policy implications. *Clin Pharm Thera*, 2012 May; 91(5):920-5. doi: 10.1038/clpt.2012.22. [PMID: 22472990](#). NDTI.
  130. Buford TW, Manini TM, Hsu FC, Cesari M, Anton SD, Nayfield S, **Stafford RS**, Church TS, Pahor M, Carter CS. ACE inhibitor use by older adults is associated with improved functional responses to exercise. *J Am Geriatr Soc*, 2012 Jul; 60(7):1244-52. doi: 10.1111/j.1532-5415.2012.04045.x. Epub 2012 Jun 21. [PMID: 22726232](#).
  131. Goldman LE, Chu PW, Romano M, Tran H, **Stafford RS**. Federally qualified health centers and private practice performance on ambulatory care measures. *Am J Prev Med*, 2012 Aug; 43(2):142-9. doi: 10.1016/j.amepre.2012.02.033. [PMID: 22813678](#). NAMCS.
  132. Rosas LG, **Stafford RS**. Practical research strategies for reducing social and racial/ethnic disparities in obesity. *Int J Obesity (London)*, 2012 Jul; 2012(2):s16-s22. [PMID: 23667289](#).
  133. Kirley K, Qato DM, Kornfield R, **Stafford RS**, Alexander GC. National trends in oral anticoagulant use in the United States, 2007-2011. *Circ Cardiovasc Qual Outcomes* 2012 Sep 1; 5(5):615-21. Epub 2012 Sep 4. [PMID: 22949490](#). NDTI, NPA.
  134. **Stafford RS**, Thiyagarajan S, Fields AK, Rosas LG. An employer-based online tool for providing appropriate aspirin use advice. *Prim Prev Insights*, 2012; 3: 1-9. doi: 10.4137/PPRI.S10073.
  135. Fani Marvasti F, **Stafford RS**. From "sick" care to health care: Re-engineering prevention into the American system. *N Engl J Med*, 2012 Sep 6; 367(10):889-91. doi: 10.1056/NEJMp1206230. [PMID: 22931257](#).
  136. Ma J, Yank V, Xiao L, Lavori P, Wilson SR, **Stafford RS**. Translating the diabetes prevention program lifestyle intervention for weight loss into primary care: a randomized trial. *JAMA Intern*, 2013 Jan 28; 173(2):113-21. doi: 10.1001/2013.jamainternmed.987. [PMID: 23229846](#).
  137. Mudumbai SC, Cronkite R, Hu K, Heidenreich P, Gonzalez C, Bertaccini B, **Stafford RS**, Cason B, Mariano E, Wagner T. Association of age and packed red blood cell transfusion to 1-year survival- an observational study of ICU patients. *Transfusion Medicine*. 2013 Aug; 23(4):231-7. doi: 10.1111/tme.12010. Epub 2013 Mar 11. [PMID: 23480030](#).
  138. Yank V, **Stafford RS**, Rosas LG, Ma J. Baseline reach and adoption characteristics in a

- randomized controlled trial of two weight loss interventions translated into primary care: A structured report of real-world applicability. *Contemp Clin Trials*. 2013 Jan; 34(1):126-35. doi: 10.1016/j.cct.2012.10.007. Epub 2012 Oct 31. [PMID: 23124047](#).
139. Ramirez S, **Stafford R**. Equal and universal access? Water at mealtimes, inequalities, and the challenge for schools in poor and rural communities. *J Health Care Poor Underserved* 2013 May; 24(2):885-91. doi: 10.1353/hpu.2013.0078. [PMID: 23728054](#).
  140. Blonstein A, Yank V, Wilson SR, **Stafford RS**, Ma J. Translating an evidence-based lifestyle intervention program into primary care: lessons learned. *Health Promot Pract*. 2013 Jul; 14(4):491-7. doi: 10.1177/1524839913481604. Epub 2013 Mar 28. [PMID: 23539264](#).
  141. Daubresse M, Chang H, Yu Y, Viswanathan S, Shah ND, **Stafford RS**, Kruszewski SP, Alexander GC. Ambulatory diagnosis and treatment of nonmalignant pain in the United States, 2000-2010. *Med Care*. 2013 Oct; 51(10):870-8. doi: 10.1097/MLR.0b013e3182a95d86. [PMID: 24025657](#). NAMCS.
  142. Turner LW, Nartly D, **Stafford RS**, Singh S, Alexander GC. Ambulatory treatment of type 2 diabetes in the United States, 1997-2012. *Diabetes Care*; 2014 Apr; 37(4):985-92. doi: 10.2337/dc13-2097. Epub 2013 Nov 6. [PMID: 24198301](#). NDTI, NPA.
  143. Yank V, Xiao L, Wilson SR, **Stafford RS**, Rosas LG, Ma J. Short-term weight loss patterns, baseline predictors, and longer-term follow-up within a randomized controlled trial. *Obesity* (Silver Spring). 2014 Jan; 22(1):45-51. doi: 10.1002/oby.20510. Epub 2013 Oct 15. [PMID: 23740619](#).
  144. Hurley MP, **Stafford RS**, Lane AT. Characterizing the relationship between free drug samples and prescription patterns for acne vulgaris and rosacea. *JAMA Dermatology* 2014 May; 150(5):487-93. doi: 10.1001/jamadermatol.2013.9715. [PMID: 24740450](#). NDTI.
  145. Drieling RL, Rosas LG, Ma J, **Stafford RS**. Community resource utilization, psychosocial health, and demographic factors associated with diet and physical activity among low-income obese Latinos. *J Acad Nutr Diet*. 2014 Feb; 114(2):257-65. doi: 10.1016/j.jand.2013.07.025. Epub 2013 Oct 8. [PMID: 24119533](#).
  146. Vaz Fragoso CA, Hsu FC, Brinkley T, Church T, Liu CK, Manini T, Newman AB, **Stafford RS**, McDermott MM, Gill TM. Combined reduced forced expiratory volume in 1-second (FEV1) and peripheral artery disease in sedentary elders with functional limitations. *J Am Med Dir Assoc* 2014 Sep; 15(9):665-70. doi: 10.1016/j.jamda.2014.05.008. Epub 2014 Jun 25. [PMID: 24973990](#).
  147. Chung S, Zhao B, Lauderdale D, Linde R, **Stafford R**, Palaniappan L. Initiation of treatment for incident diabetes: Evidence from the electronic health records in an ambulatory care setting. *Prim Care Diabetes* 2015 Feb; 9(1):23-30. doi: 10.1016/j.pcd.2014.04.005. Epub 2014 May 5. [PMID: 24810147](#).
  148. Rosas LG, Thiyagarajan S, Goldstein BA, Drieling RL, Romero PP, Ma J, Yank V, **Stafford RS**. Vivamos Activos: A randomized controlled trial of two community-based weight loss strategies among obese, low-income Latinos. *J Acad Nutr Diet*: 2015 Apr; 115(4):537-50.e2. doi: 10.1016/j.jand.2014.10.020. Epub 2015 Jan 8. [PMID: 25578925](#).
  149. Min Y, Jiang L, Yan LL, Wang L, Basu S, Wu Y, **Stafford RS**. Tackling China's non-communicable diseases: shared origins, costly consequences and the need for action. *Chin Med J (Engl)* 2015 Mar 20; 128(6):839-43. doi: 10.4103/0366-6999.152690. [PMID: 25758283](#).

150. Zhou M, Daubresse M, **Stafford RS**, Alexander GC. National trends in the ambulatory treatment of hypertension in the United States, 1997-2012. *PLoS One*. 2015 Mar 4; 10(3):e0119292. doi: 10.1371/journal.pone.0119292. eCollection 2015. [PMID: 25738503](#).
151. Williams CD, Chan AT, Elman MR, Kristensen AH, Miser FW, Pignone MP, **Stafford RS**, McGregor JC. Aspirin use among adults in the U.S.: results of a national survey. *Am J Prev Med* 2015 May; 48(5):501-8. doi: 10.1016/j.amepre.2014.11.005. [PMID: 25891049](#).
152. Al Shammeri O, **Stafford RS**, Al-Zunaidi A, Al-Huthaly B, Abdolmonem A. Quality of medical management in coronary artery disease. *Ann Saudi Med*; 2014 Nov-Dec; 34(6):488-93. doi: 10.5144/0256-4947.2014.488. [PMID: 25971821](#).
153. Bondoc I, Cochrane SK, Church TS, Dahinden P, Hettwer S, Hsu FC, **Stafford RS**, M Pahor, Buford TW, for the LIFE Study Investigators. Effects of a one-year physical activity program on serum C-terminal Agrin Fragment (CAF) concentrations among mobility-limited older adults. *J Nutr Health Aging*; 2015 Nov; 19(9):922-7. doi: 10.1007/s12603-015-0474-3. [PMID: 26482694](#).
154. Chang TI, Evans G, Cheung AK, Cushman WC, Diamond MJ, Dwyer JP, Huan Y, Kitzman D, Kostis JB, Oparil S, Rastogi A, Roumie CL, Sahay R, **Stafford RS**, Taylor AA, Wright Jr JT, Chertow GM. Patterns and correlates of baseline thiazide-type diuretic prescription in the Systolic Blood Pressure Intervention Trial. *Hypertension*; 2016 Mar; 67(3):550-5. doi: 10.1161/HYPERTENSIONAHA.115.06851. Epub 2016 Jan 25. [PMID: 26865200](#).
155. Buford TW, Miller ME, Church TS, Gill TM, Henderson R, Hsu FC, McDermott MM, Nadkarni N, Pahor M, **Stafford RS**, Carter CS. Antihypertensive Use and the Effect of a Physical Activity Intervention in the Prevention of Major Mobility Disability Among Older Adults: The LIFE Study. *J Gerontol A Biol Sci Med Sci*. 2016 Jul; 71(7):974-81. doi: 10.1093/gerona/glv222. Epub 2016 Feb 10. [PMID: 26865496](#).
156. **Stafford RS**. Massachusetts General Hospital, 1992. *Hektoen International: A Journal of Medical Humanities*. 2016, 8: 3 (Summer). <https://hekint.org/2017/02/23/massachusetts-general-hospital-1992/>.
157. Henderson RM, Lovato L, Miller ME, Fielding RA, Church TS, Newman AB, Buford TW, Pahor M, McDermott MM, **Stafford RS**, Lee DS, Kritchevsky SB. Effect of statin use on mobility disability and its prevention in at-risk older adults: The LIFE Study. *J Gerontol A Biol Sci Med Sci*. 2016 Nov; 71(11):1519-1524. Epub 2016 Mar 17. [PMID: 26988662](#).
158. Mudumbai SC, Oliva E, Lewis E, Trafton J, Posner D, Mariano ER, **Stafford RS**, Wagner T, Clark JD. Time to cessation of postoperative opioids: a population-level, cross-sectional analysis of the Veterans Affairs Healthcare System." *Pain Medicine* 2016 Sep; 17(9):1732-43. doi: 10.1093/pm/pnw015. Epub 2016 Apr 15. [PMID: 27084410](#)
159. **Stafford, RS**. Letter to the Editor: US Dietary Recommendations. *JAMA*. 2016; 316(2):224-225. doi:10.1001/jama.2016.5625. <http://jama.jamanetwork.com/article.aspx?articleid=2533057>
160. Newman AB, Dodson JA, Church TS, Buford TW, Fielding RA, Kritchevsky S, Beavers D, Pahor M, **Stafford RS**, Szady AD, Ambrosius WT, McDermott MM; LIFE Study Group. Cardiovascular Events in a Physical Activity Intervention Compared with a Successful Aging Intervention: The LIFE Study Randomized Trial. *JAMA Cardiol*. 2016 Aug 1; 1(5):568-74. doi: 10.1001/jamacardio.2016.1324. [PMID: 27439082](#).

161. Rosas LG, Vasquez JJ, Naderi R, Jeffery N, Hedlin H, Qin F, LaFromboise T, Megginson N, Pasqua C, Flores O, McClinton-Brown R, Evans J, **Stafford RS**. Development and evaluation of an enhanced diabetes prevention program with psychosocial support for urban American Indians and Alaska natives: A randomized controlled trial. *Contemp Clin Trials*. 2016 Sep; 50:28-36. doi: 10.1016/j.cct.2016.06.015. Epub 2016 Jul 2. [PMID: 27381232](#).
162. deFilippi CR, de Lemos JA, Newman AB, Guralnik JM, Christenson RH, Pahor M, Church T, Espeland M, Krithevsky SB, **Stafford R**, Seliger SL; LIFE Study Group. Impact of moderate physical activity on the longitudinal trajectory of a cardiac specific biomarker of injury: Results from a randomized pilot study of exercise intervention. *Am Heart J*. 2016 Sep; 179:151-6. doi: 10.1016/j.ahj.2016.07.001. Epub 2016 Jul 12. [PMID: 27595690](#).
163. Vaz Fragoso CA, Beavers DP, Anton SD, Liu CK, McDermott MM, Newman AB, Pahor M, **Stafford RS**, Gill TM; Lifestyle Interventions and Independence in Elders Investigators. Effect of structured physical activity on respiratory outcomes in sedentary elderly adults with mobility limitations. *J Am Geriatr Soc*. 2016 Mar; 64(3):501-9. doi: 10.1111/jgs.14013. [PMID: 27000324](#).
164. Henderson RM, Lovato L, Miller ME, Fielding RA, Church TS, Newman AB, Buford TW, Pahor M, McDermott MM, **Stafford RS**, Lee DS, Kritchevsky SB. Effect of statin use on mobility disability and its prevention in at-risk older adults: The LIFE Study. *J Gerontol A Biol Sci Med Sci*. 2016 Nov; 71(11):1519-1524. Epub 2016 Mar 17. [PMID: 26988662](#).
165. Shah SJ, **Stafford RS**. Current trends of hypertension treatment in the United States. *Am J Hypertens*. 2017 Oct 1; 30(10):1008-1014. doi: 10.1093/ajh/hpx085. [PMID: 28531239](#). NDTI.
166. Colombari Figueroa S, **Stafford RS**, Heaney CA, Rosas LG. The effect of a behavioral weight-loss intervention on depressive symptoms among Latino immigrants in a randomized controlled trial. *J Immigr Minor Health*. 2018 Oct; 20(5):1182-1189. doi: 10.1007/s10903-017-0663-8. Epub 2017 Oct 16. [PMID: 29038966](#).
167. Cho ME, Craven TE, Cheung AK, Glasser SP, Rahman M, Soliman EZ, **Stafford RS**, Johnson KC, Bates JT, Burgner A, Taylor AA, Tamariz L, Tang R, Beddhu S; SPRINT Study Research Group. The association between insulin resistance and atrial fibrillation: A cross-sectional analysis from SPRINT (Systolic Blood Pressure Intervention Trial). *J Clin Hypertens (Greenwich)*. 2017 Nov; 19(11):1152-1161. doi: 10.1111/jch.13062. Epub 2017 Sep 3. [PMID: 28866864](#).
168. Whelton PK, Carey RM, Aronow WS, Casey DE Jr, Collins KJ, Dennison Himmelfarb C, DePalma SM, Gidding S, Jamerson KA, Jones DW, MacLaughlin EJ, Muntner P, Ovbigele B, Smith SC Jr, Spencer CC, **Stafford RS**, Taler SJ, Thomas RJ, Williams KA Sr, Williamson JD, Wright JT Jr. 2017 ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults: Executive Summary: A report of the American College of Cardiology/American Heart Association Task Force on Clinical Practice Guidelines. *Hypertension*. 2018 Jun; 71(6):1269-1324. doi: 10.1161/HYP.000000000000066. Epub 2017 Nov 13. [PMID: 29133354](#).
169. Ladanie A, Ioannidis J, **Stafford RS**, Ewald H, Bucher HC, Hemkens LG. Comparative medical effects of off-label and approved drug use: a meta-epidemiological study. *J Clin Epidemiol*. 2018 Feb; 94:35-45. doi: 10.1016/j.jclinepi.2017.11.006. Epub 2017 Nov 13. [PMID: 29146289](#).

170. Jan C, Zhou X, **Stafford RS**. Improving the health and well-being of children of migrant workers. *Bull World Health Organ*. 2017 Dec 1; 95(12):850-852. doi: 10.2471/BLT.17.196329. Epub 2017 Oct 31. [PMID: 29200527](#).
171. Jiao S, Murimi IB, **Stafford RS**, Mojtabai R, Alexander GC. Quality of prescribing by physicians, nurse practitioners, and physician assistants in the United States. *Pharmacotherapy*. 2018 Apr; 38(4):417-427. doi: 10.1002/phar.2095. Epub 2018 Mar 26. [PMID: 29457258](#). NAMCS.
172. Shah SJ, **Stafford RS**. Patterns of systolic blood pressure control in the United States, 2016. *J Gen Intern Med*. 2018 Aug; 33(8):1224-1226. Epub date Apr 18 2018. doi: 10.1007/s11606-018-4452-4. [PMID: 29679225](#). NDTI.
173. Cushman M, Larson JC, Rosendaal FR, Heckbert SR, Curb JD, Phillips LS, Baird AE, Eaton CB, **Stafford RS**. Biomarkers, postmenopausal hormone therapy and the risk of venous thrombosis: the Women's Health Initiative. *Res Pract Thromb Haemo*. 2018 Apr 17; 2(2):310-319. doi: 10.1002/rth2.12100. eCollection 2018 Apr. [PMID: 30046733](#).
174. **Stafford RS**. New high blood pressure guidelines: back on track with lower treatment goals, but implementation challenges abound. *Am J Prev Med*. 2018 Oct; 55(4):575-578. doi: 10.1016/j.amepre.2018.04.023. Epub 2018 Aug 6. [PMID: 30093159](#).
175. Mudumbai SC, Lewis ET, Oliva EM, Chung PD, Harris B, Trafton J, Mariano ER, Wagner T, Clark JD, **Stafford RS**. Overdose risk associated with opioid use upon hospital discharge in Veterans Health Administration surgical patients. *Pain Med*. 2019 May 1; 20(5):1020-1031. doi: 10.1093/pm/pny150. [PMID: 30137452](#).
176. Jan C, Xu R, Luo D, Xiong X, Song Y, Ma J, **Stafford RS**. Association of visual impairment with economic development among Chinese schoolchildren. *JAMA Pediatr*. 2019 Jul 1; 173(7):e190914. doi: 10.1001/jamapediatrics.2019.0914. Epub 2019 Jul 1. [PMID: 31058915](#).
177. Song Y, Agardh A, Ma J, Li L, Lei Y, **Stafford RS**, Prochaska JJ. National trends in stunting, thinness and overweight among Chinese school-aged children, 1985-2014. *Int J Obes (Lond)*. 2019 Feb; 43(2):402-411. doi: 10.1038/s41366-018-0129-7. Epub 2018 Jun 18. [PMID: 29915362](#).
178. Chiang KF, Shah SJ, **Stafford RS**. A practical approach to low-dose aspirin for primary prevention. *JAMA*. 2019 July 30, 2019 322(4):301-302. Epub 2019 June 28. doi: 10.1001/jama.2019.8388. [PMID: 31251325](#).
179. Rhee JJ, Han J, Montez-Rath ME, Kim SH, Cullen MR, **Stafford RS**, Winkelmayr WC, Chertow GM. Antidiabetic medication use in patients with type 2 diabetes and chronic kidney disease. *J Diabetes Complications*. Epub 2019 Sep 3:107423. doi: 10.1016/j.jdiacomp.2019.107423. [PMID: 31537413](#).
180. Mudumbai SC, Chung P, Nguyen N, Harris B, Clark JD, Wagner TH, Giori NJ, **Stafford RS**, Mariano ER. Perioperative opioid prescribing patterns and readmissions after total knee arthroplasty in a national cohort of Veterans Health Administration patients. *Pain Med*. 2020 Mar 1; 21(3):595-603. Epub 2019 Jul 16. doi: 10.1093/pm/pnz154. [PMID: 31309970](#).
181. Rosas LG, Vasquez JJ, Hedlin HK, Qin F, Lv N, Xiao L, Kendrick A, Atencio D, **Stafford RS**. Comparing enhanced versus standard diabetes prevention program among indigenous adults in an urban setting: a randomized controlled trial. *BMC Public*

*Health*. 2020 Jan 30; 20(1):139. doi: 10.1186/s12889-020-8250-7. [PMID: 32000738](#). [PMCID: PMC6993459](#)

182. Jan C, Li L, Keay L, **Stafford RS**, Congdon N, Morgan I. Prevention of Myopia, China. *Bull World Health Org* 2020 Jun 1; 98(6):435-437. Epub 2020. doi: 10.2471/BLT.19.240903. Apr 28. [PMID: 32514219](#). [PMCID: PMC7265928](#)
183. Alexander GC, Tajanlangit M, Heyward J, Mansour O, Qato D, **Stafford RS**. Use and Content of Primary Care Office-Based vs Telemedicine Care Visits During the COVID-19 Pandemic in the US. *JAMA Netw Open*, 2020, 3(10):e2021476. doi:10.1001/jamanetworkopen.2020.21476. [PMID: 33006622](#). [PMCID: PMC7532385](#)
184. Xu R, Jan C, Song Y, Dong Y, Hu P, Ma J, **Stafford RS**. The association between menarche and myopia and its interaction with related risk behaviors among Chinese school-aged girls: a nationwide cross-sectional study. *J Dev Orig Health Dis* 2020. Aug 17:1-7. Online ahead of print. doi: 10.1017/S204017442000077X. [PMID: 32799955](#).
185. Ajayi TB, Remein CD, **Stafford RS**, Fagerlin A, Chung MK, Childs E, Benjamin EJ. Cross-Center Virtual Education Fellowship Program for Early-Career Researchers in Atrial Fibrillation. *Circ Arrhythm Electrophysiol*. 2020 Nov;13(11):e008552. doi: 10.1161/CIRCEP.120.008552. Epub 2020 Oct 8. [PMID: 33031707](#) [PMCID: PMC7674267](#)
186. Kong JT, Puetz C, Tian L, Haynes I, Lee E, **Stafford RS**, Manber R, Mackey S. Effect of Electroacupuncture vs Sham Treatment on Change in Pain Severity Among Adults With Chronic Low Back Pain: A Randomized Clinical Trial. *JAMA Netw Open*. 2020 Oct 1;3(10):e2022787. doi: 10.1001/jamanetworkopen.2020.22787. [PMID: 33107921](#) [PMCID: PMC7592030](#)
- 187. Mudumbai SC, Mariano ER, Clark JD, STAFFORD RS. Collateral Damage as Crises Collide: Perioperative Opioids in the COVID-19 Era. Pain Med, 2020 Nov 1; 21(11):3248-3249. doi: 10.1093/pm/pnaa308. PMID: 33150439. PMCID: PMC7665743.**
188. Langner JL, Chiang KF, **Stafford RS**. Current prescribing practices and guideline concordance for the treatment of uncomplicated urinary tract infections in women. *Am J Obstet Gynecol*, 2021 Apr 10: S0002-9378(21)00446-4. Online ahead of print. doi: 10.1016/j.ajog.2021.04.218. [PMID: 33848538](#).
189. Pundi K, Baykaner T, Hills MT, Lin B, Morin D, Sears S, Wang P, **Stafford RS**. Patient information page: blood thinners for atrial fibrillation stroke prevention. *Circ Arrhythm Electrophysiol*. Epub 2021 Jun 11. doi: 10.1161/CIRCEP.120.009389. [PMID: 34111936](#) [PMCID: PMC8208521](#)
190. Sandhu AT, Tisdale R, Rodriguez F, **Stafford RS**, Maron DJ, Hernandez-Boussard T, Lewis E, Heidenreich PA. Disparity in the Setting of Incident Heart Failure Diagnosis. *Circ Heart Fail* 2021; Jul 27. Epub ahead of print. doi: 10.1161/CIRCHEARTFAILURE.121.008538 [PMID: 34311559](#).
191. Min Y, Zhao X, **Stafford RS**, Ma X, Chen SH, Gan D, Wei C, Huang C, Chen L, Gao P, Yang F, Winter SJ, Wu YH, Heaney CA, Baiocchi M, Ioannidis J, Hsing AW, Zhu S, Cohort Profile: WELL Living Laboratory in China (WELL-China), *Intern J Epid*, 2021, Mar 13:dyaa283. doi: 10.1093/ije/dyaa283. Epub ahead of print. [PMID: 33712826](#).
192. Cortez C, Mansour O, Qato DM, **Stafford RS**, Alexander GC. Changes in Short-term, Long-term, and Preventive Care Delivery in US Office-Based and Telemedicine Visits during the

COVID-19 Pandemic. *JAMA Health Forum*. 2021; 2(7):e211529. doi:

10.1001/jamahealthforum.2021.1529. PMID: [35977211](#) PMCID: [PMC8796900](#)

193. Chung MK, Wang PJ, Fagerlin A, Ajayi TB, Allen LA, Baykaner T, Benjamin EJ, Branda M, Cavanaugh KL, Chen LY, Crossley GH, Delaney RK, Eckhardt LL, Grady KL, Hargraves IG, True Hills M, Kalscheur MM, Kramer DB, Kunneman M, Lampert R, Langford AT, Lewis KB, Lu Y, Mandrola JM, Martinez K, Matlock DD, McCarthy SR, Montori VM, Noseworthy PA, Orland KM, Ozanne E, Passman R, Pundi K, Roden DM, Saarel EV, Schmidt MM, Sears SF, Stacey D, **Stafford RS**, Steinberg BA, Youn Wass S, Wright JM. Shared Decision Making in Cardiac Electrophysiology Procedures and Arrhythmia Management; *Circ Arrhythm Electrophysiol*, 2021 Dec;14(12):e007958. doi: 10.1161/CIRCEP.121.007958. Epub 2021 Dec 6. PMID: [34865518](#) PMCID: [PMC8692382](#)
194. Nunes JC, Naccarato T, **Stafford RS**. Antipsychotics in the California Foster Care System: A 10-Year Analysis. *J Child Adolesc Psychopharmacol*. 2022 Jul 14. doi: 10.1089/cap.2022.0040. Epub ahead of print. [PMID: 35834606](#).
195. Nunes JC, Rice EN, **Stafford RS**, Lewis EF, Wang PJ. Underrepresentation of Ethnic and Racial Minorities in Atrial Fibrillation Clinical Trials (Research Letter). *Circ Arrhythm Electrophysiol*, 2021; Nov 18: CIRCEP121010452. DOI: [10.1161/CIRCEP.121.010452](#). Epub ahead of print. [PMID: 34789014](#).
196. Pourshams I, Lin B, Wang PJ, **Stafford RS**. Decision-Making Experiences and Decisional Regret in Patients Receiving Implanted Cardioverter-Defibrillators. *Heart Mind* 2022; 6(1): 32-5. doi: 10.4103/hm.hm\_51\_21 (PMID pending) Full text Link: [https://journals.lww.com/hhmi/fulltext/2022/06010/decision\\_making\\_experiences\\_and\\_decisional\\_regret.7.aspx](https://journals.lww.com/hhmi/fulltext/2022/06010/decision_making_experiences_and_decisional_regret.7.aspx).
197. Shi X, Lima SM, Mota CM, Lu Y, **Stafford RS**, Pereira CV. The Prevalence of Multimorbidity of Chronic Noncommunicable Diseases in Brazil: Population-Based Study. *JMIR Public Health Surveill* 2021; 7(11): e29693. doi: 10.2196/29693. [PMID: 34842558](#) [PMCID: PMC8663437](#) DOI: 10.2196/29693
198. **Jacobson CL, Foster LC, Arul H, Rees A, STAFFORD RS**. A Digital Health Fall Prevention Program for Older Adults: Feasibility Study. *JMIR Form Res*. 2021 Dec 23;5(12):e30558. doi: 10.2196/30558. [PMID: 34837492](#) [PMCID: PMC8738986](#)
199. Baykaner T, Pundi K, Lin B, Lu Y, DeSutter K, Morin D, Sears SF, Chung MK, Paasche-Orlow MK, Sanders LM, Bunch TJ, True Hills M, Mahaffey KW, **Stafford RS**, Wang PJ. The ENHANCE-AF Clinical Trial to Evaluate an Atrial Fibrillation Shared Decision-Making Pathway: Rationale and Study Design. *Am Heart J* 2022 Jan 26:S0002-8703(22)00013-8. doi: 10.1016/j.ahj.2022.01.013. Online ahead of print. [PMID: 35092723](#).
200. Xu R, Zhong P, Jan C, Song Y, Xiong X, Luo D, Dong Y, Ma J, **Stafford RS**. Sex Disparity in Myopia Explained by Puberty Among Chinese Adolescents From 1995 to 2014: A Nationwide Cross-Sectional Study. *Front Public Health* 2022 May 30; 10:833960. doi: 10.3389/fpubh.2022.833960. [PMID: 35712300](#); PMCID: [PMC9196902](#)
201. Stern JR, Kou A, Kapoor A, Regala S, He H, **Stafford RS**, Mariano ER, Mudumbai SC. Single-center cross-sectional study of high opioid prescribing among U.S. veterans with peripheral arterial disease. *Reg Anesth Pain Med*. 2022 Jun 10: rapm-2022-103574. DOI: [10.1136/rapm-2022-103574](#) Epub ahead of print. [PMID: 35688513](#).

202. Burton JC, Regala S, Williams D, Desai A, He H, Aalami O, Mariano ER, **Stafford RS**, Mudumbai SC. A Comparative Utility Score for Digital Health Tools. *J Med Syst*. 2022 May 5;46(6):34. doi: 10.1007/s10916-022-01821-3. [PMID: 35511408](#); [PMCID: PMC9069219](#)
203. Bergen AW, Baurley JW, Ervin CM, McMahan CS, Bible J, **Stafford RS**, Mudumbai SC, Saxon AJ. Effects of Buprenorphine Dose and Therapeutic Engagement on Illicit Opiate Use in Opioid Use Disorder Treatment Trials. *Int J Environ Res Public Health* 2022 Mar 30;19(7):4106. doi: 10.3390/ijerph19074106. [PMID: 35409790](#); [PMCID: PMC8998781](#) .
204. Rhee JJ, Han J, Montez-Rath ME, Kim SH, Cullen MR, **Stafford RS**, Winkelmayr WC, Chertow GM. Cardiovascular Outcomes Associated with Prescription of Sodium-Glucose Co-Transporter-2 Inhibitors Versus Dipeptidyl Peptidase-4 Inhibitors in Patients with Diabetes and Chronic Kidney Disease. *Diabetes Obes Metab* 2022 May; 24(5): 928-937. doi: 10.1111/dom.14657. Epub 2022 Feb 16. [PMID: 35118793](#); [PMCID: PMC8986594](#) (available on 2023-05-01).
205. Nunes JC, Shah S, Fazal M, Gomez SE, Wei C, Wang PJ, **Stafford RS**, Baykaner T. Patient Education Strategies to Improve Risk of Stroke in Patients with Atrial Fibrillation, *Current Cardiovascular Risk Reports* 2022: 16, 249-58 <https://doi.org/10.1007/s12170-022-00709-8>.
206. Rodriguez Espinosa P, Garcia LC, Vasquez JJ, Xiao L, **Stafford RS**, Day Krenzler L, Ojeda A, Rosas LG. Understanding Historical Trauma among Urban Indigenous Adults at Risk for Diabetes. *Am Indian Alsk Native Ment Health Res*. 2022; 29(3):43-70. doi: 10.5820/aian.2903.2022.43. [PMCID: PMC10117445](#) [PMID: 36178747](#).
207. Wang PJ, Lu Y, Mahaffey KW, Lin A, Morin DP, Sears SF, Chung MK, Russo AM, Lin B, Piccini J, Hills MT, Berube C, Pundi K, Baykaner T, Garay G, Lhamo K, Rice E, Pourshams IA, Shah R, Newswanger P, DeSutter K, Nunes JC, Albert MA, Schulman KA, Heidenreich PA, Bunch TJ, Sanders LM, Turakhia M, Verghese A, **STAFFORD RS**. A Randomized Clinical Trial to Evaluate an Atrial Fibrillation Stroke Prevention Shared Decision-Making Pathway. *J Am Heart Assoc*. 2022 Nov 7:e8009. doi: 10.1161/JAHA.122.028562. Epub ahead of print. [PMID: 36342828](#).
208. Gautam N, Salas C, **Stafford R**, Lu Y, Kim G and Nalwa G. Integrating Evidence-Based Traditional Asian Medicine and Western Medicine: Highlights from the Evidence-Based Traditional Asian Medicine Conference at the Stanford Center for Asian Health Research and Education. *J Asian Health*. 2, 1 (May 2022). DOI: 10.59448/jah.v2i1.25.
209. Nunes JC, Baykaner T, Pundi K, DeSutter K, True Hills M, Mahaffey K, Sears SF, Morin DP, Lin B, Wang PJ, **Stafford RS**. Design and Development of a Digital Shared Decision-Making Tool for Stroke Prevention in Atrial Fibrillation. *JAMIA Open*, 2023. Feb 2; 6(1):ooad003. doi: 10.1093/jamiaopen/ooad003. [PMID: 36751465](#); [PMCID: PMC9893868](#).
210. Tisdale RL, Fan J, Calma J, Cyr K, Podchiyska T, **Stafford RS**, Maron DJ, Hernandez-Boussard T, Ambrosy AP, Heidenreich PA, Sandhu AT. Predictors of Incident Heart Failure Diagnosis Setting: Insights from the Veterans Affairs Healthcare System. *JACC Heart Failure*, 2023;11(3):347-358. doi:10.1016/j.jchf.2022.11.013. [PMID: 36881392](#), [PMCID: PMC10069381](#).
211. Li XL, Huang H, Lu Y, **Stafford RS**, Lima SM, Mota C, Shi X. Prediction of Multimorbidity in Brazil: Latest Fifth of a Century Population Study. *JMIR Public Health Surveill*. 2023 May 30; 9:e44647. doi: 10.2196/44647. [PMID: 37252771](#).

212. **Stafford RS**. Vital interconnections between heart and mind. *Heart and Mind*. November 2023, 7: 199-201.
213. Barbeito A, Raghunathan K, Connolly S, Mariano ER, Blitz J, **Stafford RS**, Mudumbai S. Barriers to implementation of telehealth pre-anesthesia evaluation visits in the Department of Veterans Affairs. *Fed Pract*, 40:210-217a, 2023.
214. Ambler M, Janss A, **Stafford RS**, Lin B, Florom-Smith A, Kang AW. Voices of musicians: virtual live bedside music concerts in inpatient care. *Healthcare (Basel)*. 2023 Nov 9;11(22):2929. doi: 10.3390/healthcare11222929. PMID: 37998421.
215. Gupta A, Tisdale RL, Calma J, **Stafford RS**, Maron DJ, Hernandez-Boussard T, Ambrosy AP, Heidenreich PA, Sandhu AT. Equity in the setting of heart failure diagnosis: an analysis of differences between and within clinician practices. *Circ Heart Failure*, 2024 Jun;17(6):e010718. doi: 10.1161/CIRCHEARTFAILURE.123.010718. Epub 2024 Jun 7. PMID: 38847082
- 216. STAFFORD RS, Zhang I, Liu M. Prevention strategies and lifestyle choices that exemplify healthy living. Heart and Mind, 8(1):47-52, Jan-Mar 2024.**
217. Dang J, Zhong P, Liu Y, Shi D, Cai S, Chen Z, Chen M, Dong Y, Ma J, Song Y, Lau PWC, **Stafford RS**. Associations of school physical activity environment with comorbid obesity and myopia in children and adolescents: findings from a Chinese national follow-up study. *Scand J Med Sci Sports*, 2024. Jan;34(1):e14562. doi: 10.1111/sms.14562. PMID: 38268065.
218. Zhong P, Liu Y, Ma N, Dang J, Shi D, Cai S, Chen Z, Dong Y, Hu P, Ma J, Lau PWC, **Stafford RS**, Song Y. Combined Effect of Outdoor Time and Other Modifiable Factors on Myopia Incidence Among Children and Adolescents – 9 PLADs, China, 2020. *China CDC Weekly*, 2024, 6: 151.
219. Jan C, He M, Vingrys A, Zhu Z, **Stafford RS**. Diagnosing glaucoma in primary eye care and the role of Artificial Intelligence applications for reducing the prevalence of undetected glaucoma in Australia. *Eye (London)*. 2024 Aug; 38(11):2003-2013. doi: 10.1038/s41433-024-03026-z. Epub ahead of print. PMID: 38514852.
220. Mudumbai SC, He H, Chen JQ, Kapoor A, Regala S, Mariano ER, **Stafford RS**, Abnet CC, Pfeiffer RM, Freedman ND, Etemadi A. Opioid use in cancer patients compared with noncancer pain patients in a veteran population. *JNCI Cancer Spectr*. 2024 Feb 29;8(2):pkae012. doi: 10.1093/jncics/pkae012. PMID: 38457606; PMCID: PMC11009465.
221. Jan CL, Vingrys A, Henwood J, Shang X, Davey C, van Wijngaarden P, Kong GYX, Fan Gaskin JC, Soares Bezerra BP, **Stafford RS**, He M. Performance of a deep learning system and performance of optometrists for the detection of glaucomatous optic neuropathy using colour retinal photographs. *Bioengineering (Basel)*. 2024 Nov 13;11(11):1139. doi: 10.3390/bioengineering11111139. PMID: 39593799; PMCID: PMC11591493.
222. Mudumbai SC, Baurley J, Coombes CE, **Stafford RS**, Mariano ER. Beyond the 'black box': choosing interpretable machine learning models for predicting postoperative opioid trends. *Anaesthesia*, 2025; 80(4):451-453. doi:10.1111/anae.16553. PMID: 39894917.
223. **Stafford RS**. Jim Kane: Cardiomyopathy, heart failure, and the Energizer Bunny. *Heart and Mind*, 2025. Published online ahead of print. Jan 15, 2025. doi: 10.4103/hm.HM-D-24-00072.

224. **Stafford RS**, Odunaiya A, Suffoletto JL, Busque S. Evaluation of abdominal pain and fever in a long-term transplant recipient: a report of an unusual case of renal infarction of a failed graft. *Open Access J Surg*. 2025; 16(3): 555937. DOI:10.19080/OAJS.2025.16.555937.
225. **Stafford RS**, Rice EN, Shah R, Hills MT, Nunes JC, DeSutter K, Lin A, Lhamo K, Lin B, Lu Y, Wang PJ. Patient-selection of a clinical trial primary outcome: the ENHANCE-AF Outcomes Survey. *PLoS One*. 2025;20(3):e0318858. doi:10.1371/journal.pone.0318858, PMID: 40053524.
226. Jan CL, **Stafford RS**, Shang X, Henwood J, Davey C, Liu J, et al. Analysing diagnostic practices and referral pathways for glaucoma in Australian primary eye care. *Ophthalmic Physiol Opt*. 2025; 45: 1211–1220. <https://doi.org/10.1111/opo.13491>. PMID: 40110928.
227. Jan CL, Vingrys A, **Stafford RS**, Kang M, Shang X, Hu W, Liu J, Joseph S, He M. Visual field testing and glaucoma drug prescribing patterns in Australia. *Ophthalmic Physiol Opt*. 2025; 45: 1211–1220. doi: 10.1111/opo.13514. PMID: 40221830.
228. **Kang A, Rohlfing R, Janss A, STAFFORD R. A call to rethink music interventions implementation to address health disparities. Arts Health. 2025 Jun;17(2):179-183. doi: 10.1080/17533015.2025.2486064. Epub 2025 Mar 31. PMID: 40159983.**
229. Bolus M, Chen JQ, Regala S, Kapoor A, Barbeito A, Raghunathan K, **Stafford RS**, Mariano ER, Mudumbai SC. Influence of social support and personality traits on digital health technology adoption among U.S. Veterans: a mixed-methods study. *Mil Med*. 2025 Jun 13:usaf258. doi: 10.1093/milmed/usaf258. Epub ahead of print. PMID: 40511743.
230. **Wang X, Wang H, Yuan X, Cai S, Huang Y, Song Y, Zou Y, STAFFORD RS. Imbalance between muscle strength development and weight gain in children and young adults in China: serial cross-sectional evidence from 1.33 million students from five successive national surveys between 2000 and 2019. Lancet Reg Hlth W Pacific. 2025. 61, 101640. 10.1016/j.lanwpc.2025.101640, PMID: 40747129. PMCID: PMC12311536.**
231. Jan CL, Joseph S, Vingrys AJ, Henwood J, Ge Z, **Stafford RS**, He M. Prospective pragmatic trial of automated retinal photography and AI glaucoma screening in Australian primary care. *NPJ Digit Med*. 2025 Jul 1; 8(1):386. doi: 10.1038/s41746-025-01768-y. PMID: 40595445; PMCID: PMC12216711.
232. **Stafford RS**. Rural poverty, hope, and AI: an eye screening journey to coastal Bangladesh. *J Narrative Visions*, 2025. <https://narrativevisions.org/fall-2025-edition/>
233. **Pawar AS, STAFFORD RS, Delbanco T. Opening the door to the God Committee. JAMA, 2025. Published online Nov 5, 2025. doi: 10.1001/jama.2025.19683 PMID: 41191338.**
234. Wang SA, Rahman H, Rahman MS, Haque A, Sharifuzzaman P, Kabir L, Rahman H, Feroz M, Spooner KL, **Stafford RS**. Eye screening in coastal Bangladesh: an effective community-based, artificial intelligence-assisted model. In Press: *Vision*, 2025.
235. Jan C, van Wijngaarden P, Vingrys AJ, Shang X, Bezerra BPS, Kong GYX, Gaskin JCF, Hu W, Henwood J, **Stafford RS**, Ge Z, He M. Improved glaucoma detection via human-AI collaboration: a prospective study. In Press: *NPJ Digit Med*, 2025.

## Peer-Reviewed Articles with Corporate Authorship (29 total)

1. Haas JS, Cleary PD, Puopolo AL, Burstin HR, Cook EF, Brennan TA, Ambulatory Medicine Quality Improvement Project Investigators (**Stafford RS**, one of 18). Differences in the professional satisfaction of general internists in academically affiliated practices in the Greater-Boston area. *J Gen Intern Med* 1998; 13: 127-30. PMID: 9502374.
2. Cogliano V, Grosse Y, Baan R, Straif K, Secretan B, El Ghissassi F, WHO International Agency for Research on Cancer (**Stafford RS**: monograph working group member, one of 21). Carcinogenicity of combined oestrogen-progestagen contraceptives and menopausal treatment. *Lancet Oncol*; 2005; 6(8): 552-3. PMID: 16094770. \*\*Provided key contributions to the development of working group monograph, including data analysis of trends in menopausal and contraceptive hormone prescribing.
3. Ritenbaugh C, Stanford JL, Wu L, Shikany JM, Schoen RE, Stefanick ML, Taylor V, Garland C, Frank G, Lane D, Mason E, McNeeley SG, Ascensao J, Chlebowski RT; Women's Health Initiative Investigators (**Stafford RS**, one of 233) . Conjugated equine estrogens and colorectal cancer incidence and survival: the Women's Health Initiative randomized clinical trial. *Cancer Epidemiol Biomarkers Prev* 2008; 17: 2609-18. PMID: 18829444.
4. Brunner RL, Cochrane B, Jackson RD, Larson J, Lewis C, Limacher M, Rosal M, Shumaker S, Wallace R; Women's Health Initiative Investigators (**Stafford RS**, one of 231). Calcium, vitamin D supplementation, and physical function in the Women's Health Initiative. *J Am Diet Assoc* 2008; 108: 1472-9. PMID: 18755319.
5. Tinker LF, Bonds DE, Margolis KL, Manson JE, Howard BV, Larson J, Perri MG, Beresford SA, Robinson JG, Rodríguez B, Safford MM, Wenger NK, Stevens VJ, Parker LM; Women's Health Initiative Investigators (**Stafford RS**, one of 231). Low-fat dietary pattern and risk of treated diabetes mellitus in postmenopausal women: the Women's Health Initiative randomized controlled dietary modification trial. *Arch Intern Med* 2008; 168: 1500-11. PMID: 18663162.
6. Chlebowski RT, Johnson KC, Kooperberg C, Pettinger M, Wactawski-Wende J, Rohan T, Rossouw J, Lane D, O'Sullivan MJ, Yasmeen S, Hiatt RA, Shikany JM, Vitolins M, Khandekar J, Hubbell FA; Women's Health Initiative Investigators (**Stafford RS**, one of 220). Calcium plus vitamin D supplementation and the risk of breast cancer. *J Natl Cancer Inst* 2008; 100: 1581-91. PMID: 19001601.
7. Chlebowski RT, Kuller LH, Prentice RL, Stefanick ML, Manson JE, Gass M, Aragaki AK, Ockene JK, Lane DS, Sarto GE, Rajkovic A, Schenken R, Hendrix SL, Ravdin PM, Rohan TE, Yasmeen S, Anderson G; WHI Investigators (**Stafford RS**, one of 230). Breast cancer after use of estrogen plus progestin in postmenopausal women. *N Engl J Med* 2009; 360: 573-87. PMID: 19196674.
8. McTiernan A, Wactawski-Wende J, Wu L, Rodabough RJ, Watts NB, Tylavsky F, Freeman R, Hendrix S, Jackson R; Women's Health Initiative Investigators (**Stafford RS**, one of 249). Low-fat, increased fruit, vegetable, and grain dietary pattern, fractures, and bone

mineral density: the Women's Health Initiative Dietary Modification Trial. *Am J Clin Nutr*. 2009; 89: 1864-76. PMID: 19403636.

9. Chlebowski RT, Schwartz AG, Wakelee H, Anderson GL, Stefanick ML, Manson JE, Rodabough RJ, Chien JW, Wactawski-Wende J, Gass M, Kotchen JM, Johnson KC, O'Sullivan MJ, Ockene JK, Chen C, Hubbell FA; Women's Health Initiative Investigators (**Stafford RS**, one of 226). Oestrogen plus progestin and lung cancer in postmenopausal women (Women's Health Initiative trial): a post-hoc analysis of a randomised controlled trial. *Lancet* 2009; 374(9697): 1243-51. PMID: 19767090.
10. Chlebowski RT, Anderson GL, Gass M, Lane DS, Aragaki AK, Kuller LH, Manson JE, Stefanick ML, Ockene J, Sarto GE, Johnson KC, Wactawski-Wende J, Ravdin PM, Schenken R, Hendrix SL, Rajkovic A, Rohan TE, Yasmeen S, Prentice RL; Women's Health Initiative Investigators (**Stafford RS**, one of 231). Estrogen plus progestin and breast cancer incidence and mortality in postmenopausal women. *JAMA* 2010; 304: 1684-92. PMID: 20959578.
11. LaCroix AZ, Chlebowski RT, Manson JE, Aragaki AK, Johnson KC, Martin L, Margolis KL, Stefanick ML, Brzyski R, Curb JD, Howard BV, Lewis CE, Wactawski-Wende J; WHI Investigators (**Stafford RS**, one of 255). Health outcomes after stopping conjugated equine estrogens among postmenopausal women with prior hysterectomy: a randomized controlled trial. *JAMA* 2011; 305: 1305-14. PMID: 21467283.
12. Fielding RA, Rejeski WJ, Blair S, Church T, Espeland MA, Gill TM, Guralnik JM, Hsu FC, Katula J, King AC, Kritchevsky SB, McDermott MM, Miller ME, Nayfield S, Newman AB, Williamson JD, Bonds D, Romashkan S, Hadley E, Pahor M; LIFE Research Group (**RS Stafford**, one of 187). The Lifestyle Interventions and Independence for Elders Study: design and methods. *J Gerontol A Biol Sci Med Sci* 2011; 66: 1226-37. PMID: 21825283.
13. Grosse Y, Loomis D, Lauby-Secretan B, El Ghissassi F, Bouvard V, Benbrahim-Tallaa L, Guha N, Baan R, Mattock H, Straif K; International Agency for Research on Cancer Monograph Working Group (**RS Stafford**, one of 22). Carcinogenicity of some drugs and herbal products. *Lancet Oncol*. 2013; 14: 807-8. PMID: 24058961. \*\*Provided key contributions to the Working Group monograph, including analysis of patterns of use of the drugs and herbal products.
14. Vaz Fragoso CA, Miller ME, Fielding RA, King AC, Kritchevsky SB, McDermott MM, Myers V, Newman AB, Pahor M, Gill TM; Lifestyle Interventions and Independence in Elder Study Group (**RS Stafford**, one of 151). Sleep-wake disturbances in sedentary community-dwelling elderly adults with functional limitations. *J Am Geriatr Soc* 2014; 62: 1064-72. PMID: 24889836.
15. Pahor M, Guralnik JM, Ambrosius WT, Blair S, Bonds DE, Church TS, Espeland MA, Fielding RA, Gill TM, Groessl EJ, King AC, Kritchevsky SB, Manini TM, McDermott MM, Miller ME, Newman AB, Rejeski WJ, Sink KM, Williamson JD; LIFE study investigators (**RS Stafford**, one of 148). Effect of structured physical activity on prevention of major mobility disability in older adults: the LIFE study randomized clinical trial. *JAMA* 2014; 311: 2387-96. PMID: 24866862.

16. Vaz Fragoso CA, Beavers DP, Hankinson JL, Flynn G, Berra K, Kritchevsky SB, Liu CK, McDermott MM, Manini TM, Rejeski WJ, Gill TM; Lifestyle Interventions Independence for Elders Study Investigators (**RS Stafford**, one of 149). Respiratory impairment and dyspnea and their associations with physical inactivity and mobility in sedentary community-dwelling older persons. *J Am Geriatr Soc* 2014; 62: 622-8. PMID: 24635756.
17. Fitzgerald JD, Johnson L, Hire DG, Ambrosius WT, Anton SD, Dodson JA, Marsh AP, McDermott MM, Nocera JR, Tudor-Locke C, White DK, Yank V, Pahor M, Manini TM, Buford TW; LIFE Study Research Group (**RS Stafford**, one of 147). Association of objectively measured physical activity with cardiovascular risk in mobility-limited older adults. *J Am Heart Assoc* 2015 Feb 18; 4 (2). pii: e001288. doi: 10.1161/JAHA.114.001288. PMID: 25696062.
18. Bann D, Hire D, Manini T, Cooper R, Botosaneanu A, McDermott MM, Pahor M, Glynn NW, Fielding R, King AC, Church T, Ambrosius WT, Gill T; LIFE Study Group (**RS Stafford**, one of 150). Light Intensity physical activity and sedentary behavior in relation to body mass index and grip strength in older adults: cross-sectional findings from the Lifestyle Interventions and Independence for Elders (LIFE) study. *PLoS One* 2015 Feb 3; 10(2): e0116058. doi: 10.1371/journal.pone.0116058. eCollection 2015. PMID: 25647685.
19. Botosaneanu A, Ambrosius WT, Beavers DP, de Rekeneire N, Anton S, Church T, Foltz SC, Goodpaster BH, King AC, Nicklas BJ, Spring B, Wang X, Gill TM; LIFE Study Group (**RS Stafford**, one of 150). Prevalence of metabolic syndrome and its association with physical capacity, disability, and self-rated health in Lifestyle Interventions and Independence for Elders Study participants. *J Am Geriatr Soc* 2015; 63: 222-32. PMID: 25645664.
20. Marsh AP, Applegate WB, Guralnik JM, Jack Rejeski W, Church TS, Fielding RA, Gill TM, King AC, Kritchevsky SB, Manini TM, McDermott MM, Newman AB, Stowe CL, Walkup MP, Pahor M, Miller ME; LIFE Study Investigators (**RS Stafford**, one of 127). Hospitalizations during a physical activity intervention in older adults at risk of mobility disability: analyses from the Lifestyle Interventions and Independence for Elders Randomized Clinical Trial. *J Am Geriatr Soc*. 2016 May; 64(5):933-43. doi: 10.1111/jgs.14114. PubMed PMID: 27225353; PubMed Central PMCID: PMC4887151.
21. Tamura MK, Pajewski NM, Bryan RN, Weiner DE, Diamond M, Van Buren P, Taylor A, Beddhu S, Rosendorff C, Jahanian H, Zaharchuk G; SPRINT Study Research Group (**RS Stafford**, one of 748). Chronic kidney disease, cerebral blood flow, and white matter volume in hypertensive adults. *Neurology*. 2016 Mar 29; 86(13):1208-16. doi: 10.1212/WNL.0000000000002527. Epub 2016 Feb 26. PMID: 26920359; PMCID: PMC4818564.
22. Layne AS, Hsu FC, Blair SN, Chen SH, Dungan J, Fielding RA, Glynn NW, Hajduk AM, King AC, Manini TM, Marsh AP, Pahor M, Pellegrini CA, Buford TW, LIFE Study Investigators (**RS Stafford**, one of 148). Predictors of change in physical function in older adults in response to long-term, structured physical activity: The LIFE Study. *Arch Phys Med Rehabil*. 2017 Jan; 98(1):11-24.e3. PMID: 27568165.

23. Aubertin-Leheudre M, Anton S, Beavers DP, Manini TM, Fielding R, Newman A, Church T, Kritchevsky SB, Conroy D, McDermott MM, Botosaneanu A, Hauser ME, Pahor M, LIFE Research Group (**RS Stafford**, one of 157). Dynapenia and metabolic health in obese and nonobese adults aged 70 years and older: The LIFE Study. *J Am Med Dir Assoc*. 2017 Apr 01;18(4):312-319. PMID: 27914851.
24. Corbett DB, Rejeski WJ, Tudor-Locke C, Glynn NW, Kritchevsky SB, McDermott MM, Church TS, Fielding RA, Gill TM, King AC, Miller ME, Chen H, Pahor M, Manini TM, LIFE Study Investigators (**RS Stafford**, one of 147) . Social participation modifies the effect of a structured physical activity program on major mobility disability among older adults: results from the LIFE Study. *J Gerontol B Psychol Sci Soc Sci*. 2017 May 8. doi: 10.1093/geronb/gbx051. [Epub ahead of print] PubMed PMID: 28482106.
25. Berlowitz DR, Foy CG, Kazis LE, Bolin LP, Conroy MB, Fitzpatrick P, Gure TR, Kimmel PL, Kirchner K, Morisky DE, Newman J, Olney C, Oparil S, Pajewski NM, Powell J, Ramsey T, Simmons DL, Snyder J, Supiano MA, Weiner DE, Whittle J; SPRINT Research Group (**RS Stafford**, one of 734). Effect of intensive blood-pressure treatment on patient-reported outcomes. *N Engl J Med*. 2017 Aug 24; 377(8):733-744. doi: 10.1056/NEJMoa1611179. PMID: 28834483.
26. Cochrane SK, Chen SH, Fitzgerald JD, Dodson JA, Fielding RA, King AC, McDermott MM, Manini TM, Marsh AP, Newman AB, Pahor M, Tudor-Locke C, Ambrosius WT, Buford TW; LIFE Study Research Group (**RS Stafford**, one of 111). Association of accelerometry-measured physical activity and cardiovascular events in mobility-limited older adults: The LIFE (Lifestyle Interventions and Independence for Elders) Study. *J Am Heart Assoc*. 2017 Dec 2; 6(12). pii: e007215. doi: 10.1161/JAHA.117.007215. PMID: 29197830.
27. Wanigatunga AA, Gill TM, Marsh AP, Hsu FC, Yaghjian L, Woods AJ, Glynn NW, King AC, Newton RL Jr, Fielding RA, Pahor M, Manini TM; Lifestyles Intervention and Independence for Elders Study Investigators (**RS Stafford**, one of 110). Effect of hospitalizations on physical activity patterns in mobility-limited older adults. *J Am Geriatr Soc*. 2019 Feb;67(2):261-268. doi: 10.1111/jgs.15631. Epub 2018 Nov 19. PubMed PMID: 30452084.
28. Glynn NW, Gmelin T, Santanasto AJ, Lovato LC, Lange-Maia BS, Nicklas BJ, Fielding RA, Manini TM, Myers VH, de Rekeneire N, Spring BJ, Pahor M, King AC, Rejeski WJ, Newman AB; Lifestyle Interventions and Independence for Elders Study Group (**RS Stafford**, one of 108). Impact of baseline fatigue on a physical activity intervention to prevent mobility disability. *J Am Geriatr Soc*. 2019 Dec 22. doi: 10.1111/jgs.16274. [Epub ahead of print] PMID: 31867713.
29. Shlipak MG, Sheshadri A, Hsu FC, Chen SH, Jotwani V, Tranah G, Fielding RA, Liu CK, Ix J, Coca SG; LIFE Investigators (**RS Stafford**, one of 200). Effect of Structured, Moderate Exercise on Kidney Function Decline in Sedentary Older Adults: An Ancillary Analysis of the LIFE Study Randomized Clinical Trial. *JAMA Intern Med*. 2022 Jun 1;182(6):650-659. doi: 10.1001/jamainternmed.2022.1449. PMID: 35499834; PMCID: PMC9062767.

## Consumer-Oriented Op-Eds, Blogposts Series, and Public Talks on Chronic Disease

1. Mudumbai S, **Stafford RS**, Alexander GC. "Having surgery? Beware of risk from post-op opioids." *USA Today*, 2/12/2019.  
<https://www.usatoday.com/story/opinion/2019/02/12/doctors-limit-prescription-opioids-surgery-pain-reduce-addiction-patients-column/2766756002/>
2. <http://scopeblog.stanford.edu/tag/too-high/> (managing high blood pressure, 5 blogs)
3. <https://scopeblog.stanford.edu/tag/understanding-afib/> (atrial fibrillation, 8 blogs)
4. <https://scopeblog.stanford.edu/tag/breaking-down-diabetes/> (6 blogs)
5. <https://scopeblog.stanford.edu/tag/a-skeptical-look-at-popular-diets/> (9 blogs)
6. <https://scopeblog.stanford.edu/tag/aspirin-for-prevention/> (3 blogs)
7. <https://scopeblog.stanford.edu/tag/taking-depression-seriously/> (with MS Student Sophia Xiao, 9 blogs)
8. <https://scopeblog.stanford.edu/tag/demystifying-heart-failure/> (with MS Student Min Joo Kim, 8 blogs)
9. <https://scopeblog.stanford.edu/2020/03/13/even-if-you-are-virus-free-covid-19-is-affecting-your-health-heres-what-to-do/> (1 blog)
10. <https://scopeblog.stanford.edu/tag/understanding-UTIs/> (with MS Student Joanna Langner, 7 blogs)
11. <https://scopeblog.stanford.edu/tag/reducing-falls/> (with MS Student Claire Jacobson, 4 blogs)
12. Living Better with Coronary Artery Disease (with Dr. David Maron). Talk for Stanford Health Library. <https://youtu.be/-SzctrTh7d8>.
13. Living Better with Heart Failure (with Dr. Jeffrey Teuteberg). Talk for Stanford Health Library. <https://youtu.be/3EXHFhOh1hY>
14. Living Better with Chronic Kidney Disease (with Dr. Ade Taiwo. Talk for Stanford Health Library: [https://youtu.be/Mgl\\_WfjCw8s](https://youtu.be/Mgl_WfjCw8s).
15. Living Better with Prediabetes. Talk for Stanford Health Library. Living Better with Prediabetes. Talk for Stanford Health Library. <https://youtu.be/2UfiS5gBYG0>.
16. How You Can Live Better with Type 2 Diabetes (with Leah Groppo). Talk for Stanford Health Library. <https://youtu.be/3EXHFhOh1hY>.
17. Stay Independent and Free from Falls (with Ellen Corman). Talk for Stanford Health Library. <https://youtu.be/04WI4e1tBO4>.
18. Living Better with Fatty Liver Disease. Talk for Stanford Health Library. <https://youtu.be/rWgehXV-CI0>.
19. Making the Most of Your Doctor's Visits. Talk for Stanford Health Library. <https://youtu.be/Hx13CBemzT8>.
20. How Does your Cholesterol Fit Into Your Prevention Profile? Talk for Stanford Health Library. <https://youtu.be/L5yCy9SKric>.

21. New Approaches to Chronic Disease Management: Health Behavior Change as Treatment. Stanford Health Library. January 2023.
22. What New with GERD (Gastroesophageal Reflux Disease)? Stanford Health Library. June 2023.

### Book Chapters (2)

1. **Stafford RS**, Becker CG. Smoking and atherosclerosis. In: *Atherosclerosis and Coronary Artery Disease (First Edition)*, Fuster V, Ross R, Topol EJ, eds., pp. 303-326. Raven, New York, 1995.
2. Mort EA, Brooks D, Genovich-Richards J, **Stafford RS**, et al. Performance measurements and outcomes research technology roadmap. In: *The Role of Technology in Reducing Health Care Costs*, Sandia National Laboratories, Albuquerque NM, 1996.

### Books/Government Reports (6)

1. International Agency for Research on Cancer (**Stafford RS**, member of 21-person writing group). IARC monographs on the evaluation of carcinogenic risks to humans, volume 91, combined estrogen-progestogen contraceptives and combined estrogen-progestogen menopausal therapy. Lyon: International Agency for Research on Cancer, 2008. Available at: <http://monographs.iarc.fr/ENG/Monographs/vol91/mono91.pdf>.
2. Walton SM, Schumock GT, Lee KV, Alexander GC, Meltzer D, **Stafford RS**. Developing Evidence-Based Research Priorities for Off-Label Drug Use. Effective Health Care Research Report No. 12. (Prepared by the University of Illinois at Chicago DEcIDE Center Under Contract #29020050038.) Rockville, MD: Agency for Healthcare Research and Quality. May 2009. Available at: <http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=313>
3. Yank V, Tuohy CV, Logan AC, Bravata DM, Staudenmayer K, Eisenhut R, Sundaram V, McMahon D, Stave CD, Zehnder JL, Olkin I, McDonald KM, Owens DK, **Stafford RS**. Comparative Effectiveness of Recombinant Factor VIIa for In-Hospital Off-Label Indications versus Usual Care. Comparative Effectiveness Review No. 21. AHRQ Pub. No. 10-EHC030-1 (Prepared by Stanford-UCSF Evidence-based Practice Center, Contract #290-02-0017) Rockville, MD: Agency for Healthcare Research and Quality. July 2010. Available at: <http://www.effectivehealthcare.ahrq.gov/index.cfm/search-for-guides-reviews-and-reports/?pageaction=displayproduct&productid=452>
4. **Stafford RS**, Yank V (Prepared for *Partnership for Prevention* Washington DC). Formal Request for a Medicare National Coverage Determination for Aspirin Counseling for Cardiovascular Disease Prevention. Submitted to the Centers for Medicare and Medicaid Services, Oct. 2010. The request is available at: <http://www.cms.gov/DeterminationProcess/downloads/id248.pdf>  
<https://www.cms.gov/MEDICARE-COVERAGE-DATABASE/view/ncacal-tracking->

[sheet.aspx?NCAId=248](#)

5. International Agency for Research on Cancer (**Stafford RS**, member of 23-person writing group). IARC monographs on the evaluation of carcinogenic risks to humans, volume 108, Some drugs and herbal products. Lyon: International Agency for Research on Cancer, 2013. Available at: <http://monographs.iarc.fr/ENG/Monographs/vol108/mono108.pdf>.
6. Goldman Rosas L, Vasquez JJ, Lv N, Xiao L, Hedlin H, Qin F, Kendrick A, Atencio D, **Stafford RS**. (2020). *Comparing Two Diabetes Prevention Programs for American Indian and Alaska Native Adults in an Urban Community*. Patient-Centered Outcomes Research Institute (PCORI). <https://doi.org/10.25302/07.2020.AD.130602172>

## H. SERVICE AS AN EDITOR

### Governing Board Membership

2011-17      *American Journal of Preventive Medicine*

### Editorial Board Membership

2008-18      *Primary Prevention Insights* (first published 2009).

2014-18      Section editor for *Family Medicine and Community Health* (Beijing): New Perspectives in Non-Communicable Diseases.

2022-      Associate Editor, *Heart and Mind* (Beijing).

### Guest Academic Editor

2009      *PLoS Medicine*

### Book Reviewer

1992-95      *Social Science and Medicine*

### Peer Reviewer

1990-present      *Journal of the American Medical Association*

1994-present      *Journal of General Internal Medicine*

1998-present      *Annals of Internal Medicine*

1998-present      *Menopause*

1999-present      *JAMA Internal Medicine* (previously *Archive of Internal Medicine*)

2001-present      *Psychiatric Services*

2002-2017      *PLoS Medicine*

**2003-present**      *New England Journal of Medicine*

**2005-present**      *Health Affairs*

2006-2018	<i>PLoS ONE</i>
2008-present	<i>American Journal of Preventive Medicine</i>
2023-present	<i>Heart and Mind</i>

## I. SERVICE AS GRANT REVIEWER

1996-00	American Heart Association	Annual Reviewer	National Behavioral Science, Epidemiology and Prevention Study Group
2002	National Institute of Arthritis & Musculoskeletal and Skin Diseases	Ad Hoc Reviewer	NIH Special Emphasis Panel
2005-13	Stanford Center for the Demographics and Economics of Health and Aging (CDEHA)	Annual Seed Grant Reviewer	CDEHA Advisory Committee Member
2006-12	California Tobacco-Related Disease Research Program	Committee Member and Chair (2008-09)	Scientific Advisory Committee
2007	National Heart, Lung and Blood Institute	Ad Hoc T32 Reviewer	NIH Scientific Study Section Member, (NITM, JA & JB)
2008	American Heart Association	Grant Reviewer	Western and Southwestern Divisions, Joint Epidemiology Panel
2016	Ireland Cancer Society	Grant Reviewer	MRCG-HRB Funding 2016
2021	National Institutes of Health	Grant Reviewer	SBIR, Prevention and Chronic Disease Innovations

## J. UNIVERSITY ADMINISTRATIVE SERVICE

### Committee Membership

2001-	Stanford Prevention Research Center, Center Leadership Group	Stanford University, Department of Medicine
2002-09	General Internal Medicine Divisional Executive Committee	Stanford University, Department of Medicine
2002-08	Internship Selection Committee	Stanford University, Department of Medicine

2004-17	Stanford Prevention Research Center, Fellowship Selection Committee	Stanford University, Department of Medicine
2004-14	Stanford Prevention Research Center, Faculty Search Committee	Stanford University, Department of Medicine
2008-09	Quantitative Sciences Center, Faculty Search Committee	Stanford University, Department of Medicine
2008-09	Division of General Medicine, Faculty Promotion Committee.	Stanford University, Department of Medicine
2008-12	Stanford Prevention Research Center, Financial Task Force	Stanford University, Department of Medicine
2010-11	Stanford Prevention Research Center, Faculty Search Committee (3 positions filled)	Stanford University, Department of Medicine
2022-23	Stanford Prevention Research Center, Faculty Search Committee for Tobacco Research (1 position filled)	Stanford University, Department of Medicine

### Committee Leadership Roles

1994-95	Primary Care Council Com. on Preventive Services	Co-Chair	Massachusetts General Hospital
1995-97	MGH Charlestown Health Center Community Benefits Task Force	Chair	MGH Charlestown HealthCare Center
1996-97	Committee on Coronary Artery Disease Management	Co-Chair, Prevention Sub-Committee	Partners Community Health Care, Boston MA
2002-04	Medical School Faculty Senate	Departmental Senator	Stanford University Medical School
2006-07	Strategic Planning Committee	Chair	Stanford Prevention Research Center
2009-11	Division of General Medicine, Faculty Search Committee	Chair	Stanford University, Department of Medicine
2020-21	Stanford Evidence-based Traditional Asian Medicine Conference, March 2021	Co-Chair, Organizing Committee	Stanford Center for Asian Health Research and Education (CARE)

## K. SERVICE TO PROFESSIONAL, COMMERCIAL, AND GOVERNMENTAL ORGANIZATIONS (beyond grant review)

### PAST ACTIVITIES

2003-10	American Heart Association	Abstract Reviewer, AHA Epidemiology and Prevention Council annual meetings
2008-11	American Heart Association	Statistics Committee , developing key heart disease facts and statistics for public and media
2005-11	California Tobacco-Related Disease Research Program (TRDRP), Oakland CA	Scientific Advisory Committee, responsible for grant policy and allocation of \$14M in research funds from California's tobacco tax (Proposition 99, 1998)
2005	International Agency for Research on Cancer, Lyon, France	International Working Group evaluating the carcinogenic properties of estrogen, represented both the U.S. and New Zealand (Monograph 91)
2008-10	California Tobacco-Related Disease Research Program	Chair, Scientific Advisory Committee directing this group while TRDRP was threatened by plans to reduce its scope and dismantle support structure
2009-10	University of California Office of the President, Oakland CA	TRDRP representative in Program Evaluation and Reorganization Initiative undertaken by UCOP
2006-8	American College of Preventive Medicine, Washington DC	Aspirin Counseling Study Review and Oversight Committee, developed RFA and then oversaw clinical research study
2011-12	American Journal of Preventive Medicine	Board of Governors Subcommittee on Conflict of Interest, responsible for developing policies for the Board and Editorial staff of AJPM.
2008-12	American College of Preventive Medicine	Aspirin Tool-kit Development Committee, developed tools for office-based MD to facilitate improved better aspirin counseling
2008-15	Partnership for Prevention, Washington DC	Affiliated researcher, developing tools and policy for more effective prevention services
2010-13	American College of Preventive Medicine	ACPM Prevention Practices Committee, create and review ACPM policy statements and evidence reports

2008-17	TeachAIDS, Palo Alto CA	Board of Advisors, continued collaboration with former student advising non-profit devoted to developing online HIV prevention tools
2011-16	<i>American Journal of Preventive Medicine</i>	Board of Governors (one of 9), responsible for management of the journal, including publisher contracting and selection of Editors.
2008-10	National Committee on Quality Assurance, Washington DC	Aspirin Counseling Measurement Advisory Panel, tasked with developing a new HEDIS quality measure for reporting of aspirin use and counseling
2013	International Agency for Research on Cancer, Lyon, France	International Working Group evaluating the carcinogenic properties of selected medications and herbal products (Monograph 108)
2006-20	Preventive Cardiology Nurses Association	Council on Aspirin for Health and Prevention, policy and research efforts to improve the appropriate use of aspirin for disease prevention
2018-23	American Heart Association	Research Leadership Academy, Senior mentor, advising younger investigators on research careers.
2020	National Center for Health Statistics	Board of Scientific Counselors, providing evaluation and direction to future development of the National Ambulatory Care Surveys.

## CURRENT ACTIVITIES

1994-	American Heart Association (AHA), Dallas TX	Member, Epidemiology and Prevention Council Elected Fellow (FAHA), Epidemiology and Prevention Council
2007-	American College of Preventive Medicine	Member, Elected Fellow in 2011
2011-	National Committee on Quality Assurance, Washington DC	Cardiovascular Disease Measurement Advisory Panel, tasked with ongoing review of multiple HEDIS quality measure relevant to cardiac disease.
2014-	California Department of Healthcare Services (California Medicaid)	Drug Use Review (DUR) Board, oversight of the quality and cost of prescribing patterns for California Medicaid beneficiaries. Chair, 2019.
2021-	Genwell Foundation	Board Member of non-profit devoted to improving public health and well-being in the U.S. and China. <a href="https://genwellfoundation.org/">https://genwellfoundation.org/</a>

2021-	Age Bold, Inc.	Chief Medical Advisory for this start-up company pursuing online physical activity programming to improve healthy aging among elders. <a href="https://www.agebold.com/">https://www.agebold.com/</a>
2022-	Innsightful, Inc.	Chief Medical Advisory for this start-up company pursuing wearable-based diagnostics to drive mental health intervention for anxiety and stress. <a href="https://www.innsightful.com">https://www.innsightful.com</a>
2022-	World Transplant Athletes	Director of Research for this non-profit focused on physical activity and health promotion for organ transplant recipients. <a href="https://worldtransplantathletes.org">https://worldtransplantathletes.org</a>
2023-	RAmodels, LLC	Founder and Chief Medical Advisor of this health technology start-up devoted to multilingual approaches to health counseling through artificial intelligence “characters.” <a href="https://RAmodels.com">https://RAmodels.com</a>
2023-	Data Yakka, Inc.	<b>Co-Founder and Chief Medical Advisor of this start-up focused on the use of AI in population screening for chronic disease. intelligence.</b> <a href="https://datayakka.io">https://datayakka.io</a>

## L. INVITED PRESENTATIONS

### Selected Major Invited Presentations (35 of 78 total):

1. **National Trends in the Use of Recommended Cardiac Medications**, Stanford University Department of Medicine Grand Rounds, January 2002, Palo Alto CA.
2. **Improving Aspirin Use through Coronary Heart Disease-Risk-Based Therapy**. FDA Cardiovascular and Renal Disease Advisory Committee Hearing, December 2003, Gaithersburg MD.
3. **Drug Innovation, Medicalization, and Chronic Disease Treatment**. Stanford University Department of Medicine Grand Rounds, April 2004, Palo Alto CA.
4. **Drug Innovation and Its Impacts on Chronic Disease Management**. Istituto di Ricerche Farmacologiche Mario Negri [Mario Negri Pharmacological Research Institute], Invited Guest Seminar, April 2004, Milan Italy.
5. **Under-utilization of Aspirin and Other Cardiovascular Prevention Therapies on a Global Scale**. Symposium of the International Heart Health Conference, June 2004, Milan Italy.

6. **The Impact of Drug Innovation on Chronic Disease Treatment.** Institut für Gesundheits- und Sozialforschung (IGES) [Institute for Health and Social Research]. Invited Guest Seminar, June 2004, Berlin, Germany.
7. **Claims Data Analysis in the United States.** London School of Economics. Invited Guest Speaker, European Health Economics Conference, September 2004, London, England.
8. **Has ALLHAT Changed Prescribing for Hypertension?** Institute of Medicine, National Academy of Science, Conference on Effectiveness Research, Nov 2004, Washington DC.
9. **What's New about Aspirin Utilization for Cardiac Disease Prevention?** Bayer International Educational Symposium, October 2007, Rome, Italy.
10. **Off-Label Medication Use: Relationship to Evidence and Contribution to U.S. Health Care Costs.** American Drug Utilization Review Society, February 2009, Scottsdale AZ.
11. **Comparative Effectiveness Research: Past Failings and Future Directions.** Veterans Affairs National Health Office Conference: 40 years of VA Comparative Effectiveness Research, September 2009, Washington DC.
12. **Case-Management for Cardiovascular Disease Risk Factors and Obesity: The Charm and Challenge of Community-Based Clinical Trials.** University of Chicago, Department of Medicine Grand Rounds, February 2010, Chicago IL.
13. **Off-label Drug Use: Clinical and Policy Dimensions.** Drug Information Association, June 2010, Washington DC.
14. **Off-label Drug and Medical Device Use.** Stanford University Department of Medicine Grand Rounds, July 2010, Palo Alto CA.
15. **Innovative Strategies for Obesity Management.** Qassim University College of Medicine, Training Program, October 2010, Buraidah, Saudi Arabia.
16. **Health Policy Strategies for Improving Cardiovascular Disease Prevention.** 9th National Forum for Heart Disease & Stroke Prevention, September 2011, Washington DC.
17. **Partnerships to Improve Chronic Disease Management.** Qassim University College of Medicine and Ministry of Health Symposium, November 2011, Buraidah, Saudi Arabia.
18. **Measuring the Effectiveness of Academic Detailing Strategies.** First National Conference on Academic Detailing. November 2013, Boston MA.
19. **New Approaches to the Prevention of Non-Communicable Diseases.** Tackling China's Non-Communicable Diseases. Stanford Center at Peking University. August 2014, Beijing China. (Principal Organizer and Speaker.)
20. **Assessing Prescribing Patterns for Atypical Antipsychotic Medications.** Medi-Cal Drug Utilization Review Board. September 2014, Sacramento CA.
21. **The Proper Place of Opioids in Acute and Chronic Pain Management.** SAFE Prescribing Conference, March 2015, San Diego CA.

22. **China's Chronic Disease Epidemic: Public Health and Healthcare Responses.** Stanford Center at Peking University. April 2015, Beijing China. (Principal Organizer and Speaker.)
23. **New Approaches to Geographic Public Health.** Stanford Center at Peking University. July 2016, Beijing China. (Principal Organizer and Speaker.)
24. **Battling Hypertension Guidelines: How Low to go with Blood Pressure Control.** Stanford University Department of Medicine Grand Rounds, November 2017, Palo Alto CA.
25. **How Low to go with Blood Pressure Control: Global Implementation Issues.** School of Public Health, Peking University, April 2018, Beijing, China.
26. **New Guidelines for High Blood Pressure Management.** Grand Rounds, Highland Hospital, March 2018, Oakland CA.
27. **An Integrated Approach to Adolescent and Young Adult Health** (conference organizer, facilitator and speaker). July 2018, Stanford Center at Peking University, Beijing, China.
28. **Don't Abandon New Guidelines for High Blood Pressure Management.** Grand Rounds, St. Rose Hospital, January 2020, Hayward CA.
29. **Anti-inflammatory Diets for Chronic Disease Prevention.** Stanford Evidence-based Traditional Asian Medicine Conference, March 2021, Stanford CA.
30. **Can AI Help Confront the Opioid Crisis?** Stanford AI + Health Conference, December 2021, Stanford CA.
31. **Anticipating Trends in Health Research: What's on the Global Horizon?** Peking University, Institute for Child and Adolescent Health, Welcome Back Symposium. June 2023. Beijing, China.
32. **Overcoming Paternalism in Medical Decision Making: A Digital Patient Tool for Atrial Fibrillation Stroke Prevention.** Stanford Medical Grand Rounds, July 2023, Stanford CA.
33. **Healthy Workforce, Healthy Organization: Chronic Disease Prevention Strategies.** Centre for Rehabilitation of the Paralysed, February 2024, Dhaka, Bangladesh.
34. **Community-Based, Artificial-Intelligence Assisted Eye Disease Screening in Coastal Bangladesh.** Office of the Health Secretary, Health Services Division, April 2025, Dhaka, Bangladesh.
35. **Falls Prevention within a New Model for Healthy Aging.** ElderlyCare Bangladesh, September 2025, Dhaka Bangladesh.