

February 2014

CURRICULUM VITAE

DAVID SPIEGEL, M.D.,
Willson Professor in the School of Medicine
Associate Chair: Department of Psychiatry & Behavioral Sciences
Stanford University School of Medicine
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Identifying Data

Date of Birth: December 11, 1945
Place of Birth: New York City
Nationality: U.S.A.

Complete Academic History

Universities attended, dates, degrees

B.A., Philosophy, Yale College, 1967
M.D., Harvard Medical School, 1971

Residency Training

Massachusetts Mental Health Center and the Cambridge Hospital, Harvard Medical School, 1971-74

Fellowship

Laboratory of Community Psychiatry, Harvard Medical School, 1973-74

Certification

Diplomate, National Board of Medical Examiners, 1972
Diplomate in Psychiatry, Cert. #15231, Am. Board of Psychiatry and Neurology, June 1976

Medical Licensure

California, Massachusetts, New York

Complete Employment Record
Academic Appointments

| | | |
|-------------|--|--|
| 2002 | Jack, Lulu & Sam Willson Professor | Stanford University School of Medicine |
| 2000 | Associate Chair of Psychiatry & Behavioral Sciences | Stanford University School of Medicine, Department of Psychiatry |
| 1991 - 2002 | Professor of Psychiatry and Behavioral Sciences, with tenure | Stanford University School of Medicine |
| 1987 - 1991 | Associate Professor of Psychiatry and Behavioral Sciences, with tenure | Stanford University School of Medicine |
| 1986 - 1991 | Associate Research Psychiatrist | University of California at San Francisco |
| 1982 - 1987 | Associate Professor of Psychiatry and Behavioral Sciences (Clinical) | Stanford University School of Medicine |
| 1976 - 1982 | Assistant Professor of Psychiatry and Behavioral Sciences | Stanford University School of Medicine |
| 1975-1976 | Acting Assistant Professor of Psychiatry and Behavioral Sciences | Stanford University School of Medicine |
| 1974 - 1975 | Clinical Instructor in Psychiatry | Stanford University School of Medicine |
| 1972 - 1974 | Resident Tutor and Premedical Advisor-Winthrop House | Harvard College |

Medical School, Clinical and Faculty Appointments

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|----------------------------|--|
| 2012 - 2013 | Academic Council Standing Committees, Planning and Policy Board, Committee on Committees |
| 2010 - 2011 | Chair, Stanford University Faculty Senate |
| 2007- | Co-Chair, Stem Cell Research Oversight Committee |
| 2001 - 2010 | Member, School of Medicine Conflict of Interest Committee |
| 2005 - | Chairperson, Panel #3, Institutional Review Board |
| 2006 - | Member, Scientific Review Committee, Comprehensive Cancer Center |
| 2006 - | Co-Director, Cancer Prevention and Control Program, Stanford Cancer Center |
| 2006 - | Member, Program Director's Committee, Comprehensive Cancer Center |
| 2005 - | Member, Clinic Chiefs Committee, Stanford Hospital and Clinics |
| 2001 - 2002 2006 - 2008 | Senator representing the School of Medicine to the University Academic Senate |

Curriculum Vitae of David Spiegel, M.D. (cont.)

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| 2001 - 2003 | Administrative Panel on Human Subjects in Medical Research |
| 1999 - 2001 | Corresponding Member-Committee on Consultation/Liaison Psychiatry and Primary Care Education |
| 1999 - 2001 | Administrative Task Force: Home Care Program Advisory Committee |
| 1999 - 2001 | Administrative Task Force: Allied Health Professions |
| 1999 - 2001 | Administrative Task Force: Palliative Care Committee Member |
| 1997 - | Associate Chair, Department of Psychiatry & Behavioral Sciences, Stanford University School of Medicine |
| 1997 - | Medical Director, Stanford Center for Integrative Medicine, |
| 1994 - 1997 | Member, University Committee on Faculty and Staff Benefits. |
| 1994 - | Physician/Consultant, Psychology Service, Department of Veterans Affairs Medical Center. |
| 1990 - 1992 | Member, Executive Committee, Faculty Practice Program, Stanford University School of Medicine. |
| 1987 - 1989 | Chairperson, Committee on Faculty Practice Program Organization and Financial Relationships, Stanford University School of Medicine. |
| 1986 - 1987 | Medical Director, Stanford University Clinic. |
| 1989 - 1996 | Director, Faculty Medical Psychotherapy Clinic, Stanford University Medical Center. |
| 1980 - 1989 | Director, Psychiatry Clinic, Stanford University Medical Center. |
| 1981 - 1983 | Associate Director, Psychiatric Inpatient Therapeutic Community, Stanford University Medical Center. |
| 1976 - 1980 | Director, Social Psychiatry/Community Services, Palo Alto Veterans Administration Medical Center, Palo Alto, California. |
| 1975 - 1976 | Chief, Brief Treatment Inpatient Unit, Palo Alto Veterans Administration Medical Center, Palo Alto, California. |
| 1974 - 1975 | Staff Psychiatrist, San Mateo County Mental Health Program, San Mateo, California. |

Public service

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| 2010 - | Secretary General, International Society of Psychoneuroendocrinology |
| 2008 - | Breast Cancer Connections Medical Advisory Group |
| 2004 - | Member, Professional Advisory Board, The Wellness Community |
| 2001 - | Medical Resource Council, Gilda's Club Worldwide |
| 1977 - 1981 | Public Member, Chief Justice's Special Committee to Study the Appellate Practices in the First Appellate District |
| 1976 - 1984 | Member, Board of Directors, Northern California Burn Council |
| 1977 - 2000 | Member, Urgent Action Network, Amnesty International |

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| 1972 - 1973 | Member, Data Processing Policy Committee, Department of Mental Health, Commonwealth of Massachusetts |
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Professional activities

Honors and Awards

The Joan and Stanford Alexander Award in Psychiatry honoring Stuart C. Yudofsky, M.D., Baylor College of Medicine, 2014

The American Psychosocial Oncology Society 12th Holland Distinguished Leadership Award February 2014

The International Society of Psychoneuroendocrinology Lifetime Achievement Award. August 20, 2013.

Certificate of Special Congressional Recognition in recognition of outstanding and invaluable service to the community. June 2013

Compassion in Action Award 'In recognition of outstanding contributions to living beyond limits'. Hospice of the Valley and Santa Clara University Department of Counselling Psychology. 2013

Member, Institute of Medicine of the National Academies, 2012-

Pierre Janet Writing Award, International Society for the Study of Trauma and Dissociation, 2012

Sutherland Award for Lifetime Achievement in Psycho-Oncology. International Society for Psycho-Oncology, 2011

Herbert Spiegel Memorial Award for Research on Efficacy of Hypnotic Interventions awarded by the American Society of Clinical Hypnosis 2011

Star Caregiver Award Cancer Support Community Silicon Valley 2011

Sarnat Distinguished Humanitarian Award in recognition of Outstanding Scientific and Humanitarian Achievement in Hospice and Palliative Care. City of Hope. 2010

Pierre Janet Writing Award, International Society of Trauma and Dissociation, 2008.

Shirley R. Schneck Award for a Physician Who Made Significant Contributions to the Development of Medical Hypnosis. The Society for Clinical and Experimental Hypnosis. 2008.

Fulbright Senior Scholar, United States Department of State, Bureau of Educational and Cultural Affairs, Institute of International Education, May-June, 2007

Distinguished Life Fellow, American Psychiatric Association – May 2006

Division 30 Award for Distinguished Contributions to Hypnosis Research, The American Psychological Association, August, 2005

Fellow, American College of Neuropsychopharmacology, 2005

Marmor Award for Advancement of the Biopsychosocial Model In Psychiatry, American Psychiatric Association, 2004.

The Division 30 Award for Distinguished Contributions to Professional Hypnosis, in recognition of eminent and enduring contributions to the advancement of professional hypnosis, The American Psychological Association, August 2003.

Ernest R. Hilgard Award for Scientific Excellence for 2002, The International Society of Hypnosis, April 2003.

Distinguished Fellow, American Psychiatric Association, in recognition of significant contributions to Psychiatry, January 2003.

Best Paper on the Application of Hypnosis, Awarded by the American Psychological Association, Division 30, to Etzel Cardena, Jose Maldonado, Onno van der Hart & David Spiegel for their chapter titled "Hypnosis", August 2002.

Distinguished Achievement Award for outstanding service as the founding editor of the Progress in Psychiatry Series from 1986-2002, American Psychiatric Publishing, Inc., 2002.

Henry Guze Award for Best Research Paper, *Hypnotic Visual Illusion Alters Color Processing in the Brain*, Society for Clinical and Experimental Hypnosis, 2001.

McGovern Award Lecturer on the Art and Science of Medicine, Baylor, 1999.

Docteur Honoris Causa de l'Universite de la Mediterranee, 1999.

Meritorious Service Award, for "valuable contributions to psychiatry in the areas of teaching and research", Northern California Psychiatric Society, 1997.

Special Keynote Address Award, at the Annual Meeting of the American Society for Therapeutic Radiology and Oncology, 1997.

Rockefeller Foundation Visiting Scholar, Bellagio Study and Conference Center, Bellagio, Italy, 1997.

Burroughs Wellcome Visiting Professor, Royal Society of Medicine, United Kingdom, 1999.

The Edward A. Strecker, M.D. Award, The Institute of Pennsylvania Hospital and Jefferson Medical College, for "outstanding contribution to psychiatric care and treatment" in the United States, 1995.

One from the Heart Award, Mid-Peninsula Hospice, 1995.

Pierre Janet Writing Award, International Society for the Study of Dissociation, 1994.

Treya Killam Wilber Award, Cancer Support Community, 1993.

Honoree, 8th Annual Chrysalis Gala, CHEMOcare, 1993.

Best theoretical paper on hypnosis in 1991, Society for Clinical and Experimental Hypnosis, 1992.

Kaiser Award for Excellence in Preclinical Teaching, Stanford University School of Medicine, 1986.

Schneck Award, for significant contributions to the development of medical hypnosis, Society for Clinical and Experimental Hypnosis, 1986.

Fellow, Association for Clinical Psychosocial Research, 1996.

Fellow, The Society of Behavioral Medicine, 1995.

Fellow (1992), Board of Regents (1997-), American College of Psychiatrists.

Fellow, American Society of Clinical Hypnosis, 1990.

Fellow, American Psychiatric Association, 1983.

Fellow, Society for Clinical and Experimental Hypnosis, 1983.

Academic Faculty Member Residency Program Award for Excellence in Teaching, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine, 1981.

Member Institute of Medicine of the National Academies Committee on Treatment of Posttraumatic Stress Disorder Board on Population Health and Public Health Practice 2007.

Editorial Boards

Member, Psychiatry Editorial Board, Uptodate, 2010-

Psychiatry Editor, ACP Medicine (American College of Physicians), 2011-
Brain, Behavior, and Immunity 2008-2011

Science Editor, American Journal of Clinical Hypnosis, 2007 -

Member, Editorial Advisory Board, *APPI*, 1986-2001.

Associate Editor, *The Breast Journal*, 2001- present.

Member, Editorial Advisory Board, *Clinical Psychiatry News*, 2000 -

Member, Editorial Board, *Trauma, Violence, & Abuse: A Review Journal*, 2000.

Associate Editor, *The Journal of Psychotherapy: Practice and Research*, 1997.
Member, Editorial Board, *Columbia Univ. Sch. of Public Health Newsletter*, 1994
Associate Editor, *American Journal of Psychiatry*, 1991 – 1995.
Member, Editorial Board, *Consciousness and Cognition*, 1991 -
Member, Editorial Board, *Psycho Oncology*, 1991-
Consulting Editor (1990 – 1991) and Member of Editorial Board (1992), *Health Psychology*.
Medical Co-Editor, *Int'l Journal of Clinical and Experimental Hypnosis*, 1988 -
Member, Editorial Board, *Dissociation*, 1988 – 1990
Member, Editorial Board, *Journal of Traumatic Stress*, 1986 - 1990.
Associate Editor, *American Journal of Clinical Hypnosis*, 1985 -
Member, Editorial Board (1986 - 89) and Series Editor *Progress in Psychiatry Series*,
American Psychiatric Press, Inc. 1986 - 2002.
Supervising editor of a series of books reporting research advances in psychiatry. Fifty-
one volumes were published in this series.
Member, Board of Editors, *Journal of Psychosocial Oncology*, 1983 -
Associate Editor, *Integrative Medicine*, 1999 -
Psychotherapy Expert for The Expert Consensus Panels for PTSD, *The Journal of
Clinical Psychiatry*, 1999.
Editorial Advisory Board, *Journal of Psychosomatic Research*, 1999 -

Reviewer

American Journal of Psychiatry
American Psychologist
Annals of Behavioral Medicine
Anxiety Research
Archives of General Psychiatry
Behavioral Medicine
*Behavioral Science Track Award for
Rapid Transition (B/START) for the
National Institutes of Mental Health*
Bulletin of the Menninger Clinic
Cancer
Hospital & Community Psychiatry
*International Journal of Clinical and
Experimental Hypnosis*
*International Journal of Psychiatry in
Medicine*
Journal of Abnormal Psychology
*Journal of the American Medical
Association*

Journal of Clinical Oncology
Journal of Nervous and Mental Disease
Journal of Neuropsychiatry
Journal of Personality Disorders
Journal of Psychiatric Research
Journal of Studies on Alcohol
Journal of Trauma and Dissociation

Medem.com, Expert Reviewer (APA)
Perceptual and Motor Skills
*Psychiatry: Interpersonal and Biological
Processes*
Psychiatry Research
Psychoanalytic Psychology
Psychological Reports
Psychology & Health
Psychosomatic Medicine
Psychosomatics
Sleep

Membership and Appointments in Professional Societies and Organizations

Member, DSM-5 Work Group Anxiety, Obsessive-Compulsive Spectrum, Posttraumatic, and Dissociative Disorders, 2013.
Medical Advisory Group 2007-present, Breast Cancer Connections, Palo Alto, Ca
Member, DSM-V Committee on Anxiety, Obsessive-Compulsive, PTSD and Dissociative Disorders, American Psychiatric Association, 2008 -
Member, Committee on Treatment of Posttraumatic Stress Disorder, Institute of Medicine of the National Academies, 2005 - 2007
President, American College of Psychiatrists, 2005.
President, Society of Clinical and Experimental Hypnosis, 1995 - 1997.
Member/Fellow, American College of Neuropsychopharmacology, 2001-
Member, Expert Consensus Panels for PTSD and Participant, Psychotherapy Expert Consensus Survey on the Treatment of Posttraumatic Stress Disorder. Published as: Foa, E. B., Davidson, J. R. T., & Frances, A. (1999). Treatment of Posttraumatic Stress Disorder. *Journal of Clinical Psychiatry*, 50(Supplement 16), 4-69.
Member, National Comprehensive Cancer Network Palliative Care Panel, 2000 - 2001.
Member, School of Medicine Committee on Conflict of Interest, 2001-
Member, Committee on Health and Behavior: Research, Practice and Policy, Board on Neuroscience and Behavioral Health, Institute of Medicine, National Academy of Sciences, 1998 - 2001.
Member, Medical Resource Council, Gilda's Club, 2001.
Vice-President-Elect, American College of Psychiatrists, 2001.
Member, Scientific Advisory Committee of the Practice Research Network (PRN), a component of the American Psychiatric Institute for Research and Education, 2000 -
Member, Board of Regents, The American College of Psychiatrists, 1998 - 2008.
Member, Advisory Panel, Center for the Advancement of Health, 1994 - present.
Consultant to the APA's Task Force on Treatments of Psychiatric Disorders, 1989.
Co-Chair, Workshop Program, Society of Clinical and Experimental Hypnosis, 1989.
Member, DSM-IV Work Group on Psychiatric System Interface Disorders and Dissociation, and Chair, Work Group on Dissociative Disorders, 1988 -
Honorary Member, Australian Society of Hypnosis, 1985 -
Co-chair, Committee on Research, American Society of Clinical Hypnosis, 1984 -1985.
Vice-Chairperson, Committee on Research, Society of Clinical and Experimental Hypnosis, 1984 - 1985.
Member, Reference Panel on Diagnostic and Therapeutic Technology Assessment, Council on Scientific Affairs, American Medical Association, 1983 -
Member, Panel on Hypnosis, Council on Scientific Affairs, American Medical Association, 1982 - 1984.
Chairperson, Subcommittee on Symposia of the Scientific Program Committee, American Psychiatric Association, 1981 - 1987.
Chairperson, Subcommittee on Video of the Scientific Program Committee, American Psychiatric Association, 1979 -1981.
Examiner, American Board of Psychiatry and Neurology, 1979 - 1985.
Member, International Society of Hypnosis, 1976 -

Study Section Memberships

National Institute of Health, Center for Scientific Review Special Emphasis Panel, 2000.
National Institute of Mental Health Special Review Committee, Acquired Immunodeficiency Syndrome Research Review Committee, 1991.
American Cancer Society, National Advisory Committee on Clinical Investigation IV: Psychosocial and Behavioral Research, 1990 - 1993.
American Cancer Society, California Division, Psychosocial and Behavioral Research, 1986 - 1990.

Current and Completed Research Funding

| Funding Agency/ Role in Project | Project Title/ Total Award Amount |
|--|--|
| NIH 06/01/13-05/31/14 (Co-I) | Stanford University Cancer Center \$3,091,618 (all years) |
| NIH/NCCAM 09/09/-09/12 (PI) | CAM Approaches to Management of Sleep and Disease Progression in Cancer \$769,434 |
| NIH/NCCAM 09/09-09/11 (PI) | Resting State of Functional MRI Investigation of Hypnotic Trance and Mindfulness Meditation \$ 1,078,292 |
| NIH/NCI 09/06-8/11 (PI) | Sleep, Circadian Hormonal Dysregulation, and Breast Cancer Survival, \$2,500,000 |
| Private Donors on-going | Center on Stress and Health \$330,000 |
| NIH/NIMH 04/06-03/11 (Consultant) | Emotion Dysregulation in Girls at Risk for Depression \$352,310 |
| NIH/NIA/NCI 09/04-09/09 (PI) | Program Project on Stress, the HPA and Health in Aging \$8,000,000 |
| California Breast Cancer Research Program (BCRP) 07/01-06/06 (PI) | Does a Peer Navigator Improve Quality of Life at Diagnosis? \$258,965 |
| Nissan Research Center 09/05-03/06 (PI) | Attention Enhancement in Man-Machine Interfaces To investigate methods for attention enhancement in man-machine interfaces. \$200,000 |
| California Breast Cancer Research Program (BCRP) 06/03-06/05 (PI) | Assessing Shame and Guilt in Recovery \$157,576 |
| NIH/NIMH 08/90-07/05 (PI) | Psychosocial treatment effects on cancer survival \$1,980,292 (last 5 year cycle) |
| University of Rochester 12/02 (Co-I) | Supportive expressive group therapy for men with primary prostate cancer \$10,000 |
| NIH, Office of AIDS 06/03 (PI) | Group Interventions to Prevent HIV in High Risk Women \$2,878,800 |
| The Charles A. Dana Foundation 10/02 (PI) | Hypothalamic-Pituitary-Adrenal Axis Rhythmicity and Hippocampal Volume in metastatic Breast Cancer Patients \$100,000 |

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| The Charles A. Dana Foundation 6/02 (PI) | The role of hypothalamic-pituitary-adrenal axis rhythmicity in primary breast cancer \$63,360 |
| University of California/BCRP 9/01 (PI) | Do community cancer groups enhance well-being? \$75,600 |
| Fetzer Institute 3//02 (PI) | Individual differences in metastatic cancer pain: Psychosocial predictors and physiological correlates \$39,991 |
| University of California/BCRP through 6/04 (PI) | Does a peer navigator improve quality of life at diagnosis? \$753,655 |
| University of California/BCRP through 6/01 (PI) | Do Community Cancer Groups Reduce Physiological Stress? \$737,407 |

Publications

Books

1. Spiegel H, Spiegel D: Trance and Treatment: Clinical Uses of Hypnosis. New York: Basic Books, 1978; Reprinted by American Psychiatric Press, Washington, D.C., 1987; Second Edition 2004.
2. Spiegel D: Living Beyond Limits: New Hope and Help for Facing Life-Threatening Illness. New York: Times Books, 1993; Ballantine Books, 1994.
3. Spiegel D: (ed): Dissociative Disorders: A Clinical Review. The Sidran Press: Lutherville, MD, 1993.
4. Spiegel D: (ed): Dissociation: Culture, Mind and Body. Washington, D.C.: American Psychiatric Press, 1994.
5. Spiegel, D: (ed): Efficacy and Cost Effectiveness of Psychotherapy. Washington, DC: American Psychiatric Press, 1999.
6. Spiegel, D and Classen C: Group Therapy for Cancer Patients: A Research-Based Handbook of Psychosocial Care. Basic/Perseus Books, New York, 2000.
7. Member, Committee on Health and Behavior. Research, Practice, and Policy, Board on Neuroscience and Behavioral Health, Institute of Medicine: Health and Behavior: The Interplay of Biological, Behavioral, and Societal Influences. Washington, DC: National Academy Press. 2001
8. Moore, R.J., Spiegel D. (eds): Cancer, Culture, and Communication. New York: Kluwer Academic/Plenum, 2004.
Lake, J.H., Spiegel, D. (eds): Complementary and Alternative Treatments in Mental Health Care. Washington, D.C.: American Psychiatric Publishing, 2006.

9. Vermetten, E., Dorahy, M., Spiegel, D. (eds): Traumatic Dissociation: Neurobiology and Treatment. Washington, D.C. American Psychiatric Publishing, 2007.
10. Rosenbaum, E., Spiegel, D., Fobair, P., Gautier, H. Everyone's Guide to Cancer Survivorship A Road Map for Better Health Kansas City Andrews McMeel Publishing, LLC, 2007
11. Spiegel, D. Contributor to Treatment of Posttraumatic Stress Disorder An Assessment of the Evidence. The National Academies Press, Washington, D.C. 2007.

Journal Articles

1. Spiegel D. Psychiatric Consultation to a Legal Services Agency. *Psychiatric Opinion*. 1974;11:25-30.
2. Spiegel D, Grunebaum H. Training Versus Treating the Psychiatric Resident. *Am J Psychother*. Oct 1977;31(4):618-625.
3. Spiegel D. The Psychiatrist as a Consultant to Self-Help Groups. *Community Psychiatry*. 1977;28:711-712.
4. Spiegel D, Yalom ID. A Support Group for Dying Patients. *Int J Group Psychother*. Apr 1978;28(2):233-245.
5. Spiegel D, Fink R. Hysterical Psychosis and Hypnotizability. *Am J Psychiatry*. Jun 1979;136(6):777-781.
6. Spiegel D. Psychological Support for Women with Metastatic Carcinoma. *Psychosomatics*. Nov 1979;20(11):780-783, 787.
7. Orne MT, Hilgard ER, Spiegel H, Spiegel D, Crawford HJ, Evans FJ, Orne EC, Frischholz EJ. The Relation between the Hypnotic Induction Profile and the Stanford Hypnotic Susceptibility Scales, Forms a and C. *Int J Clin Exp Hypn*. Apr 1979;27(2):85-102.
8. Spiegel D. Hypnotizability and Psychoactive Medication. *Am J Clin Hypn*. Apr 1980;22(4):217-222.
9. Spiegel D, Chase RA. The Treatment of Contractures of the Hand Using Self-Hypnosis. *J Hand Surg Am*. Sep 1980;5(5):428-432.
10. Spiegel D, Spiegel H. Hypnosis in Psychosomatic Medicine. *Psychosomatics*. Jan 1980;21(1):35-41.
11. Spiegel D. The Recent Literature: Self-Help and Mutual Support Groups. *Community Mental Health Review*. 1980;5:15-25.
12. Spiegel D, Bloom JR, Yalom I. Group Support for Patients with Metastatic Cancer. A Randomized Prospective Outcome Study. *Arch Gen Psychiatry*. May 1981;38(5):527-533.
13. Spiegel D, Frischholz EJ, Maruffi B, Spiegel H. Hypnotic Responsivity and the Treatment of Flying Phobia. *Am J Clin Hypn*. Apr 1981;23(4):239-247.
14. Frischholz EJ, Spiegel H, Spiegel D. Hypnosis and the Unhypnotizable: A Reply to Barber. *Am J Clin Hypn*. Jul 1981;24(1):55-58.
15. Spiegel D. Vietnam Grief Work Using Hypnosis. *Am J Clin Hypn*. Jul 1981;24(1):33-40.
16. Spiegel D. Man as Timekeeper: Philosophical and Psychotherapeutic Issues. *American journal of psychoanalysis*. 1981;41(1):5-14.
17. Spiegel D. Hypnosis in the Treatment of Psychosomatic Symptoms and Pain. *Psychiatric Annals*. 1981;11:343-349.

18. Spiegel D, Detrick D, Frischholz E. Hypnotizability and Psychopathology. *Am J Psychiatry*. Apr 1982;139(4):431-437.
19. Frischholz EJ, Spiegel D, Spiegel H, Balma DL, Markell CS. Differential Hypnotic Responsivity of Smokers, Phobics, and Chronic-Pain Control Patients: A Failure to Confirm. *J Abnorm Psychol*. Aug 1982;91(4):269-272.
20. Yesavage JA, Rose TL, Spiegel D. Relaxation Training and Memory Improvement in Elderly Normals: Correlation of Anxiety Ratings and Recall Improvement. *Exp Aging Res*. Fall-Winter 1982;8(3-4):195-198.
21. Frischholz EJ, Blumstein R, Spiegel D. Comparative Efficacy of Hypnotic Behavioral Training and Sleep/Trance Hypnotic Induction: Comment on Katz. *J Consult Clin Psychol*. Oct 1982;50(5):766-769.
22. Spiegel D, Tryon WW, Frischholz EJ, Spiegel H. Hilgard's Illusion. *Arch Gen Psychiatry*. Aug 1982;39(8):972-974.
23. Spiegel D, Wissler T. Perceptions of Family Environment among Psychiatric Patients and Their Wives. *Fam Process*. Dec 1983;22(4):537-547.
24. Spiegel D, Glafkides MC. Effects of Group Confrontation with Death and Dying. *Int J Group Psychother*. Oct 1983;33(4):433-447.
25. Spiegel D, Bloom JR. Group Therapy and Hypnosis Reduce Metastatic Breast Carcinoma Pain. *Psychosom Med*. Aug 1983;45(4):333-339.
26. Spiegel D, Bloom JR. Pain in Metastatic Breast Cancer. *Cancer*. Jul 15 1983;52(2):341-345.
27. Spiegel D, Albert LH. Naloxone Fails to Reverse Hypnotic Alleviation of Chronic Pain. *Psychopharmacology (Berl)*. 1983;81(2):140-143.
28. Spiegel D. Hypnosis with Medical/Surgical Patients. *Gen Hosp Psychiatry*. Dec 1983;5(4):265-277.
29. Spiegel D. Hypnosis with Psychotic Patients: Comment on Scagnelli-Jobsis. *Am J Clin Hypn*. Apr 1983;25(4):289-294.
30. Frischholz E, Spiegel D. Hypnosis Is Not Therapy. *Bulletin of the British Society of Clinical and Experimental Hypnosis*. 1983;6:3-8.
31. Spiegel D. Hypnosis: How You Can Use It to Stop Patients Smoking. *Your Patient and Cancer*. 1983;3:72-84.
32. Spiegel D. Multiple Personality as a Post-Traumatic Stress Disorder. *Psychiatr Clin North Am*. Mar 1984;7(1):101-110.
33. Spiegel D, Rosenfeld A. Spontaneous Hypnotic Age Regression: Case Report. *J Clin Psychiatry*. Dec 1984;45(12):522-524.
34. Bloom JR, Spiegel D. The Relationship of Two Dimensions of Social Support to the Psychological Well-Being and Social Functioning of Women with Advanced Breast Cancer. *Soc Sci Med*. 1984;19(8):831-837.
35. Spiegel D, Spiegel H. Uses of Hypnosis in Evaluating Malingering and Deception. *Law and Behavior*. 1984;2:51-65.
36. Spiegel D, Cutcomb S, Ren C, Pribram K. Hypnotic Hallucination Alters Evoked Potentials. *J Abnorm Psychol*. Aug 1985;94(3):249-255.
37. Spiegel D. Trance, Trauma & Testimony. *The Stanford Magazine*. 1985;13:40-44.
38. Spiegel D. The Use of Hypnosis in Controlling Cancer Pain. *CA: a cancer journal for clinicians*. 1985;35(4):221-231.
39. Orne MT, Axelrad D, Diamond S, Gravitz MA, Heller A, Mutter CB, Spiegel D, Spiegel H. Scientific Status of Refreshing Recollection by the Use of Hypnosis. *Journal of the American Medical Association*. 1985;253:1918-1923.
40. Spiegel D, Wissler T. Family Environment as a Predictor of Psychiatric Rehospitalization. *Am J Psychiatry*. Jan 1986;143(1):56-60.

41. Fobair P, Hoppe RT, Bloom J, Cox R, Varghese A, Spiegel D. Psychosocial Problems among Survivors of Hodgkin's Disease. *J Clin Oncol.* May 1986;4(5):805-814.
42. Spiegel D. Dissociating Damage. *Am J Clin Hypn.* Oct 1986;29(2):123-131.
43. Frischholz EJ, Spiegel D. Adjunctive Uses of Hypnosis in the Treatment of Smoking. *Psychiatric Annals; Psychiatric Annals.* 1986.
44. Spiegel D. Painstaking Reminders of Forgotten Trance Logic. *Behavioral and Brain Sciences.* 1986;9(03):484-485.
45. Spiegel D. Nonpharmacologic Management of Pain. *Mediguide to Inflammatory Diseases.* 1986;5:1-5.
46. Frischholz EJ, Spiegel D, Trentalange MJ, Spiegel H. The Hypnotic Induction Profile and Absorption. *Am J Clin Hypn.* Oct 1987;30(2):87-93.
47. Spiegel D, Wissler T. Using Family Consultation as Psychiatric Aftercare for Schizophrenic Patients. *Hosp Community Psychiatry.* 1987.
48. Spiegel D. The Healing Trance. *The Science.* 1987:35-40.
49. Spiegel D. Chronic Pain Masks Depression, Multiple Personality Disorder. *Hosp Community Psychiatry.* 1987;38:933-935.
50. Spiegel D. Seeing through Social Influence: Hypnotic Hallucinations Are Opaque. *Behavioral and Brain Sciences.* 1987;10(04):775-776.
51. Spiegel D, Hunt T, Dondershine HE. Dissociation and Hypnotizability in Posttraumatic Stress Disorder. *Am J Psychiatry.* Mar 1988;145(3):301-305.
52. Spiegel D, Barabasz AF. Effects of Hypnotic Instructions on P300 Event-Related-Potential Amplitudes: Research and Clinical Implications. *Am J Clin Hypn.* Jul 1988;31(1):11-17.
53. Spiegel D. Hypnosis Embodying the Mind: I Think Therefore I Am? *Co. Contemporary Psychiatry* 1988;7(2):117-120.
54. Spiegel D. The Treatment Accorded Those Who Treat Patients with Multiple Personality Disorder. 1988.
55. Spiegel D. Uses and Abuses of Hypnosis. 1988.
56. Spiegel D. Dissociation and Hypnosis in Post-Traumatic Stress Disorders. *J Trauma Stress.* 1988;1:17-33.
57. Spiegel D, Bierre P, Rootenberg J. Hypnotic Alteration of Somatosensory Perception. *Am J Psychiatry.* Jun 1989;146(6):749-754.
58. Spiegel D. Hypnosis in the Treatment of Victims of Sexual Abuse. *Psychiatr Clin North Am.* Jun 1989;12(2):295-305.
59. Spiegel D, Bloom JR, Kraemer HC, Gottheil E. Effect of Psychosocial Treatment on Survival of Patients with Metastatic Breast Cancer. *Lancet.* Oct 14 1989;2(8668):888-891.
60. Spiegel D, Bloom JR, Kraemer H, Gottheil E. Psychological Support for Cancer Patients. *Lancet.* Dec 16 1989;2(8677):1447.
61. Spiegel D, Sands SH. Pain Management in the Cancer Patient. *J Psychosoc Oncol.* 1989;6(3-4):205-216.
62. Spiegel D. Editorial: Hypnosis and the Relaxation Response. *Gastroenterology.* 1989;96:1609-1611.
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