

# BRITTNEY JONES, PSYD

(Formerly Brittney Brown)

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## Education

- 2021-current Stanford School of Medicine, Department of Anesthesiology,  
Pain Management Center  
Stanford, CA  
Postdoctoral Fellowship, APA-accredited
- 2020-2021 Harvard Medical School, Cambridge Health Alliance  
Cambridge, MA  
Predoctoral Internship, APA-accredited
- 2016-2021 PsyD, Clinical Psychology, Mercer University  
Atlanta, GA  
Department of Clinical Psychology  
Dissertation title: *Mental health stigma: Examining how “spoiled identity” influences help-seeking and item endorsement on self-report measures* | Defended: June 2020
- 2016-2018 MS, Clinical Health Psychology, Mercer University  
Atlanta, GA  
Department of Clinical Psychology
- 2014-2016 MS, Clinical Mental Health Counseling, Mercer University  
Atlanta, GA  
Department of Counseling
- 2010-2014 BA, Psychology, Agnes Scott College  
Decatur, GA  
Department of Psychology | Study Abroad: Dublin and Belfast, Ireland  
Thesis title: *Sleep disturbances and post-traumatic stress disorder in women*  
Research advisor: Felicia Jefferson, Ph.D.
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## Academic Appointments

- 2020-2021 Harvard Medical School  
Cambridge, MA  
*Clinical Fellow*, Department of Psychiatry
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## Awards, Honors, and Submitted Grants

- 2019 American Psychological Association (APA)  
Washington D.C.  
**Alternate**, Predoctoral Mental Health and Substance Abuse Services Fellowship
- 2014-2016 Mercer University  
Atlanta, GA  
Chi Sigma Iota Counseling Honor Society
- 2010-2014 Agnes Scott College  
Decatur, GA  
Agnes Scott Advantage Scholarship (merit-based award)
- 2010-2014 Agnes Scott College  
Decatur, GA  
Agnes Scott Solution Scholarship (merit-based award)

## Funding

- 2019-2020 Primary-Care Based Mindfulness Intervention for Chronically Traumatized Individuals  
PI: Abigail Lott, PhD  
  
NIH 5K23AT009713-03| Emory University School of Medicine| *Role*: Interventionist, Graduate Research Assistant
- 2018-2019 Cognitive Behavioral Therapy for African Americans with MCI  
PI: Ambar Kulshreshtha, MD, PhD
- 2017 Alzheimer's Association Clinician Scientist Fellowship to Promote Diversity (AACSF-D)|Emory University School of Medicine| *Role*: Interventionist, Research Assistant
- 2018-2019 Cognitive Behavioral Therapy for African Americans With Uncontrolled Type-2 Diabetes  
PI: Ambar Kulshreshtha, MD, PhD  
  
NIH P30DK111024| Emory University School of Medicine|*Role*: Interventionist, Research Assistant
- 2016 Direct Instruction Language for Learning in Autism Spectrum Disorder (DILLASD)  
PI: Lawrence Scahill, MSN, PhD  
  
W81XWH-15-1-0154| U.S Army Medical Research| Emory University School of Medicine, Marcus Autism Center| *Role*: Interventionist

## Publications and Manuscripts

Published

Mekawi, Y., Carter, S., **Brown, B.**, Martinez de Andino, A., Fani, N., Michopoulos, V., & Powers, A. (2021). Interpersonal Trauma and Posttraumatic Stress Disorder among Black Women: Does Racial Discrimination Matter?. *Journal of Trauma & Dissociation*, 22(2), 154-169.

**Brown, B.** (In press). In Iarussi, M. (2019). *Integrating Motivational Interviewing and Cognitive Behavior Therapy in Clinical Practice*. New York, NY: Rutledge.

**Brown, B.**, Jones, E., Clark, K., Jefferson, F. (2014). Sleep disturbances and post-traumatic stress disorder in women. *Neuroendocrinology Letters*, 35(7): 560-566.

Accepted

Mekawi, Y., Carter, S., **Brown, B.**, Martinez de Andino, A., Fani, N., Michopoulos, and V., Powers, A. (Under review). Interpersonal Trauma and Posttraumatic Stress Disorder among Black Women: Does Racial Discrimination Matter? *Journal of Trauma and Dissociation*.

Under Review

Owen, A., **Brown, B.**, Deragon, K., Odman S., Ozbardakci, E., Watson-Singleton, N., and Kulshreshtha, A. (Under review). Using the ADAPT-ITT Model to develop and adapt a CBT intervention for African-Americans with MCI. *Journal of Cognitive and Behavioral Practice*

In Preparation

Marlin, R., Rodriguez, J., Flores, M., Kumar, A., **Jones, B.** (In preparation). An evaluation of Patient-Physician Language Concordance on Patient Portal Messaging Use and Chronic Disease Management.

**Jones, B.**, De Olivera, L., Benedetto, E, Grossman, E. (In preparation). Addressing Population Health Needs Via Mobile Health (mHealth).

**Jones, B.**, Davidson, C. (In preparation). Mental health stigma: Examining how “spoiled identity” influences help-seeking and item endorsement on self-report measures.

## Research Experience

2020-present Health Equity Research (HER) Lab

Harvard Medical School, Cambridge Health Alliance

Supervisors: Robert Marlin, MD, PhD, Ben Cooke, PhD

2020- 2021 Cambridge Health Alliance, Department of Primary Care

PI: Emily Benedetto

Description: Evaluated the efficacy of digital behavioral health apps in primary care.

2019-2020 Emory University School of Medicine

*Grady Trauma Project*, Department of Psychiatry and Behavioral Sciences

PI: Abigail Powers-Lott, Ph.D.

2018 -2020 Emory University School of Medicine

*LIGHT Study (Lifestyle Intervention Guidance for a Healthier Tomorrow)*, Department of Family and Preventive Medicine

PI: Ashley Owen, PhD and Ambar Kulshreshtha, MD

2018-2020 Mercer University

*WWRRRPP Lab (What Works and Why for Recovery, Resilience, and Rehabilitation; Particularly for Psychosis)* Department of Clinical Psychology

PI: Charlie Davidson, PhD.

2017-2018 Mercer University

*Stress and Trauma Lab*, Department of Clinical Psychology

Supervisor: Brittany Robinson, PhD.

2016-2017 Mercer University

*TIME (Transdiagnostic, Interventions, Mechanisms, and Emotions) Lab*, Department of Clinical Psychology

PI: Megan Cody, Ph.D.

## Conference Presentations and Invited Talks

**Jones, B.**, De Oliveria, L., Benedetto, E. (2021). Addressing Population Health Needs Via Mobile Health (mHealth): Renewing Our Smartphone App Toolkit in a Multi-site PCBHI Program. Poster presentation for the annual Harvard Psychiatry Research Poster Session and Mysell Lecture, Cambridge, MA.

**Jones, B.**, De Oliveria, L., Benedetto, E. (2021). Addressing Population Health Needs Via Mobile Health (mHealth): Renewing Our Smartphone App Toolkit in a Multi-site PCBHI Program. Poster presentation for the virtual poster session at Cambridge Health Alliance, Cambridge, MA.

**Brown, B.**, Odman, S., Deragon, K., Owen, A. (2020). Developing a CBT and MI Intervention for African-Americans with MCI using the ADAPT-ITT Model. Poster presentation at the annual meeting of the American Psychological Association, Washington, D.C.

Deragon, K., **Brown, B.** (2020). Implicit and Explicit Bias of Invisible Disability Among Mental Health Trainees. Poster presentation for the annual meeting of the American Psychological Association, Washington, D.C.

Mekawi, Y., Carter, S., **Brown, B.**, Martinez de Andino, A., Fani, N., Michopoulos, V., Powers, A. (2020). Racial Discrimination Moderates the Association Between Trauma and PTSD Symptoms. Poster presentation at the Anxiety and Depression Association of America Annual Conference, San Antonio, TX.

Owen, A., **Brown, B.**, Odman, S. (2019). Using Motivational Interviewing to enhance patient engagement and targeting behavior change in family medicine. Lecture presented at Emory University School of Medicine, Emory Family Medicine, Dunwoody, GA.

**Brown, B., Davidson, C., Walker, E. (2019).** The impact of stigma on psychological screening responses and support-seeking. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

**Brown, B., Walker, E., Davidson, C. (2019).** Test-retest reliability in assessing stigmatized characteristics and experiences: An item-level analysis of the Prodromal Questionnaire – 16 item version. Poster presentation at the annual meeting of the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

Davidson, C., **Brown, B., Walker, E. (2019).** Stigma and psychosis-like experiences: Data and perspectives of student and campus stakeholders. Symposium submitted for the Association for Behavioral and Cognitive Therapies, Atlanta, GA.

**Brown, B. (2019).** Cognitive-Behavioral Therapy for Psychosis. Lecture presented at Adult Outpatient Services, Emory University School of Medicine, Grady Behavioral Health, Atlanta, GA.

Owen, A., Powell, A., Hammer, A., **Brown, B. (2018).** Assessing Effectiveness of MI using the Motivational Interviewing Treatment Integrity (MITI) Manual. Lecture presented at Emory University School of Medicine, Emory Family Medicine, Dunwoody, GA.

**Brown, B. (2017).** Psychological evaluations for bariatric surgery candidates. Lecture presented at APA Div. 38 Health Psychology Student Interest Group, Mercer University, Atlanta, GA.

**Brown, B. (2014).** PTSD and Sleep Disturbances in Women: The intersection of sleep disorders and trauma. Poster presentation at the Spring Annual Research Conference, Agnes Scott College, Decatur, GA.

## Training and Certifications

- 2018-2020    Motivational Interviewing (MI) Training, Emory University School of Medicine, Department Family and Preventive Medicine  
Description: Trained weekly in MI by a Motivational Interviewing Network of Trainers (MINT) member (1 of 4 MINT members in Atlanta).
- 2016 - 2019    Interprofessional education (IPE) Training, Mercer University  
Description: Attended biyearly trainings pertaining to interdisciplinary teamwork among physical therapy, physician assistant, nursing, pharmacy, and public health students.
- 2016-2019    National Certified Counselor, National Board of Certified Counselors
- 2015-2016    Dialectical Behavioral Therapy (DBT) Training, Peachtree DBT  
Participated in DBT training programs and workshops to treat a range of psychopathology in children, adolescents, and adults.

## Clinical Experience

- 2020-2021    Harvard Medical School/Cambridge Health Alliance  
Cambridge, MA  
*Predoctoral Internship, Department of Psychiatry*

Training director: Patricia Harney, Ph.D

Description: Conduct individual psychotherapy in primary care and the psychiatry outpatient department, along with psychological assessment. In these settings, I used evidence-based modalities to treat and assess mental health concerns in adults (18-years old and older) with a variety of symptoms, ranging in severity from mild mental health concerns (e.g., adjustment disorder) to severe and persistent mental illness (e.g., bipolar disorder, personality disorders).

2019-2020 Emory University School of Medicine

Atlanta, GA

*Grady Trauma Project, Department of Psychiatry*

Supervisors: Abigail Powers-Lott, Ph.D. and Yara Mekawi, Ph.D.

Description: Conduct psychodiagnostic assessments to evaluate PTSD in an NIH-funded cross-sectional research study, examining the etiology of PTSD. Co-lead mindfulness-based cognitive therapy groups in a primary care setting to treat PTSD and depression.

2019-2020 Emory University School of Medicine

Dunwoody, GA

*Emory at Dunwoody Family Medicine Clinic, Emory Healthcare, Department of Family and Preventive Medicine*

Supervisor: Ashley Owen, Ph.D.

Description: Aid in the development and implementation of integrated primary care services in a family medicine training facility; Maintain a caseload of individual therapy patients; Provided tele-health services for underserved and geriatric patients.

2019-2019 Emory University School of Medicine

Atlanta, GA

*Psychosocial Rehabilitation and Adult Outpatient Program, Grady Health System, Department of Psychiatry*

Supervisors: Erica Lee, Ph.D and Danni Lanaway, Ph.D.

Description: Provided evidence-based individual and group therapy to an SMI population enrolled in the outpatient rehabilitation program; Conducted individual therapy with patients with chronic mental disorders and health conditions.

2018-2019 Oglethorpe University

Atlanta, GA

*Counseling and Psychological Services*

Supervisors: Claire Fuller, Ph.D and Andrea Peat, Psy.D.

Description: Conducted clinical interviews, provided individual psychotherapy, and crisis intervention to college students who presented with a myriad of mental health concerns.

2018-2019    **Lorio Psych Group**  
Atlanta, GA  
*Forensic Psychiatry Practice*  
Supervisor: Sarah Vinson, M.D.

Description: Performed forensic psychiatric evaluations to assess psychological factors related to criminal and civil legal cases in underserved racial minorities.

2017-2018    **North Point Psychology**  
Alpharetta, GA  
Supervisor: William Buchanan, Ph.D., ABPP

Description: Conducted clinical interviews and neuropsychological evaluations for referral questions related to academic accommodations, disability, and forensic and court-related concerns.

2017            **Center for Discovery**  
Dunwoody, GA  
*Residential Eating Disorder Treatment Facility*  
Supervisor: Anne Moore, Psy.D.

Description: Facilitated DBT groups and conducted individual counseling sessions, along with crisis intervention in an inpatient eating disorder treatment facility and as a part of an integrated healthcare team.

2015-2016    **Peachtree DBT**  
Atlanta, GA  
*Integrated psychiatry and psychotherapy practice*  
Supervisor: Megan Kumming, M.S., LPC

Description: Co-facilitated skills groups pertaining to DBT (Dialectical Behavioral Therapy) for children, adolescents, and young adults.

2016            **Emory University School of Medicine**  
Atlanta, GA  
*Marcus Autism Center, Children's Healthcare of Atlanta (CHOA), Department of Pediatrics,*  
Supervisor: Bethany Hansen, Ph.D.

Description: Performed clinical interviews and implemented interventions for skills acquisition with children with autism. Implemented applied behavioral analysis (ABA) protocols and collected treatment outcome data.

2015            **Atlanta Center for Family Wellness**  
Atlanta, GA  
Supervisor: Nathaniel Wilson, Psy.D.

Description: Provided culturally responsive and evidenced-based psychotherapy to individuals, families, and couples. Conducted skills groups to address individual and family issues related to mental health.

2012-2014 Lindamood-Bell Learning Processes

Johns Creek, GA

Description: Used empirically validated instructional programs to improve receptive and expressive language ability and to teach social skills in children/adolescents with developmental, cognitive, and learning disorders.

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## Teaching Experience

2020-2020 Mercer University

Graduate teaching assistant, Department of Clinical Psychology  
Supervising Faculty: Charlie Davidson, Ph.D

Description: Graduate teaching assistant for *Psychometric Theory and Assessment*, a course that focuses on evaluating, choosing, implementing, and interpreting psychological tests and measures used in the practice of clinical psychology. I created and organized course materials and rubrics, prepared lectures, and graded quizzes and assignments.

2018-2020 Emory University School of Medicine

*Emory at Dunwoody Family Medicine Clinic*, Department of Family and Preventive Medicine  
Supervisor: Ashley Owen, Ph.D.

Description: Assist in the training of family medicine residents on their behavioral medicine rotation, teaching behavioral health interventions and motivational interviewing skills.

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## Professional Service Experience

2020-present Harvard Medical School, ALANAS Mentorship Program

2020-present Harvard Medical School, Cambridge Health Alliance, Diversity Coalition,  
Department of Psychiatry

2019-present American Psychological Association, Integrated Primary Care  
Curriculum Consultant, Div. 38

2019-2019 Neuroscience Letters, Ad-Hoc Co-Reviewer with Charlie Davidson, Ph.D.

2017-2018 Mercer University, Graduate Assistantship Coordinator

2016-2017 Mercer University, Diversity and Inclusion Subcommittee

2013-2014 Agnes Scott College, President of Witkaze (Black Student Association)

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## Professional Organizations

2013-present American Psychological Association (APA)

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PROFESSIONAL REFERENCES AVAILABLE ON REQUEST