

Conner Oberhauser

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Empathetic and driven aspiring physician with a B.S. in Biology (Neurobiology), minor in Psychology, and Honors in Science, Technology, and Society from Stanford University. Experienced in qualitative and quantitative research on health disparities, mental health, and chronic illness. Skilled in community engagement, data analysis, patient-centered communication, and interdisciplinary collaboration. Seeking full-time clinical research or mental health-focused roles that offer hands-on experience and meaningful impact before medical school.

Education

Stanford University

Bachelor of Science in Biology (Neurobiology subplan)
Minor in Psychology, Honors Program in Science, Technology, & Society
GPA: 3.762/4.0; Expected Graduation: June 14, 2025

Stanford, CA

September 2021–June 2025

Research Experience

STANFORD UNIVERSITY

Honors Thesis Researcher; Advisor: Dr. Catherine Heaney

Stanford, CA

August 2024–Present

- Conducting a year-long thesis on how housing and environmental conditions impact the mental and physical health of migrant farmworkers in the County of San Mateo
- Applying thematic analysis in NVivo to code and interpret narrative interviews collected from farmworkers
- Integrating qualitative findings with housing inspection data to examine structural determinants of health and identify areas for improving farmworker living conditions

STANFORD UNIVERSITY

Center on Poverty & Inequality
Undergraduate Research Assistant; Advisor: Dr. David Grusky

Stanford, CA

June 2023–December 2023

- Coordinated with supervisors across multiple disciplines to explore the Developmental Origins of Health and Disease (DOHAD) hypothesis
- Facilitated a comprehensive literature review on developmental origins of health and disease and its implications for public health
- Assisted in data collection and analysis of welfare programs available to pregnant women across California

UNIVERSITY OF NEBRASKA MEDICAL CENTER

Warren Neuroscience Lab
Undergraduate Research Assistant; Advisor: Dr. David Warren

Omaha, NE

June 2022–August 2022

- Worked closely with colleagues across multiple disciplines on research projects for Alzheimer's disease
- Conducted research on the effects of repeated Transcranial Magnetic Stimulation (rTMS) on Alzheimer's disease in adults
- Executed research on the genomic effects of Alzheimer's disease on brain anatomy and cognitive ability in children

Work Experience

STANFORD SUMMER SESSION

Summer Resident Assistant

Stanford, CA

June 2024–August 2024

- Supported individual student development, fostering an inclusive and engaging community within residential halls
- Developed educational and recreational activities that complemented and extended the Stanford Summer Session experience
- Acted as a visible role model and leader, assisting students with personal and academic challenges

TWIN RIVER PUBLIC SCHOOLS

Summer Maintenance Assistant

Genoa, NE

May 2020–September 2020

- Assisted in maintaining school facilities to ensure safe and functional learning environments
- Supported the setup and preparation of classrooms for the upcoming school year

COUNTRY MILE CATERING

Catering Assistant

St. Edward, NE

January 2018–August 2021

- Assisted in food preparation and event setup for various catering events
- Managed inventory and ensured timely delivery of food and supplies to events

SYNGENTA

Farm Hand

Aurora, NE

June 2020–August 2020

- Assisted with planting, harvesting, and maintaining crops to support agricultural productions
- Collaborated with farm staff to monitor crop growth and ensure proper cultivation practices

Leadership & Community Engagement

FIRST-GENERATION AND/OR LOW-INCOME STANFORD PRE-MEDICAL ASSOCIATION (FLISPA)

Co-Founder/Co-President

Stanford, CA

August 2024–Present

- Co-founded and co-lead an organization supporting first-generation and low-income pre-medical students at Stanford
- Develop and facilitate community-building events, mentorship programs, and academic resources for FLI pre-med students
- Advocate for equitable access to medical education and support systems for under-resourced students

END THE STIGMA

Mental Health Advocate and Public Speaker

St. Edward, NE

June 2019–January 2022

- Increased access to mental health education in rural Nebraska by delivering presentations to over 5,000 people across 23 conferences, schools, and hospitals
- Advocated on behalf of mental health support for underserved youth in rural areas
- Posted on social media, coordinated travel, formed partnerships, and communicated effectively with potential clients

NOSTIGMAS
Youth Ambassador

Remote | Chicago, IL
June 2019–September 2021

- Developed programs and presentations aimed at reducing mental health stigma among youth
- Represented NoStigmas at conferences and community events, amplifying youth voices in mental health advocacy

FAMILY, CAREER, AND COMMUNITY LEADERS OF AMERICA (FCCLA)
Nebraska FCCLA First Vice-President

Lincoln, NE
April 2020–April 2021

- Led state-level initiatives, including creating presentations, organizing conferences, and advocating for mental health policies with state legislators
- Worked collaboratively with a team of officers to develop and execute programming for over 1,000 members

Skills

RESEARCH & ANALYSIS	TECHNICAL	COMMUNICATION
• Thematic Analysis & Coding • Data Interpretation • IRB Protocol Development & Compliance • Literature Review & Synthesis • Data Visualization	• NVivo • ArcGIS Pro • R (basic proficiency) • Microsoft Office Suite • REDCap • 3D Slicer	• Patient Interviewing • Community-Engaged Research • Public Speaking & Advocacy • Stakeholder Collaboration • Social Media Management

Grants & Presentations

APRIL SYMPOSIUM OF UNDERGRADUATE RESEARCH & PUBLIC SERVICE (ASURPS)

Stanford, CA
April 26, 2025

Presentation for honors thesis research on housing and health disparities among migrant farmworkers

VICE PROVOST FOR UNDERGRADUATE EDUCATION (VPUE) WINTER SMALL GRANT

Stanford, CA
March 2025

Awarded competitive funding to support independent honors thesis research

SYMPOSIUM OF UNDERGRADUATE RESEARCH & PUBLIC SERVICE (SURPS)

Stanford, CA
October 19, 2023

Presented research on the Developmental Origins of Health and Disease (DOHAD)

VICE PROVOST FOR UNDERGRADUATE EDUCATION (VPUE) FELLOWSHIP

Stanford, CA
June 2023–September 2023

Funded full-time research on welfare programs for pregnant individuals and early-life health outcomes

Certifications & Trainings

CITI TRAINING: HUMAN SUBJECTS RESEARCH PROTECTION	Stanford, CA <i>November 2024</i>
QPR SUICIDE PREVENTION TRAINING	Stanford, CA <i>June 2024</i>
CERTIFICATE IN POVERTY & INEQUALITY	Stanford, CA <i>August 2023</i>
CITI TRAINING: BIOMEDICAL RESEARCH & GOOD CLINICAL PRACTICE	Omaha, NE <i>June 2022</i>

Personal

LANGUAGES

English (Native)

Spanish (Basic proficiency; able to understand and communicate in limited contexts)

HOBBIES

Fitness, mindfulness, mental health advocacy, traveling, and exploring new cultures

References

Catherine Heaney, Ph.D, MPH

Associate Professor-Teaching
Department of Psychology &
Department of Medicine
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