

Franziska K. Bishop, MS, CPHS, CDCES

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Summary

Accomplished Staff Scientist with over 15 years of experience leading multi-institutional clinical research in pediatric type 1 diabetes. Expertise spans grant development, study design, regulatory strategy, data oversight, and manuscript authorship. Leads NIH-funded programs, including 4T and DiabDocs, with a focus on translating evidence into scalable, equitable models of care and precision digital health.

I foster a culture of accountability, continuous improvement, and thoughtful execution through collaborative leadership and mentorship. I am highly engaged and adaptable, navigating evolving funding landscapes while maintaining momentum across a broad portfolio. I connect teams, streamline workflows, and drive high-quality scientific output to advance translational research and improve the standard of care.

Work Experience

November 2021 – Present

Stanford University School of Medicine

Department of Pediatrics, Division of Endocrinology and Diabetes, Stanford, CA

Staff Scientist

- Lead multi-institutional clinical research programs in pediatric type 1 diabetes, including NIH-funded initiatives such as 4T and DiabDocs, with a focus on translating evidence into scalable, equitable models of care.
- Coordinate collaboration across 15+ external centers through the T1DX-QI network to support multi-site research and implementation efforts.
- Contribute to grant development and submission, including a U34 application (score: 20), positioning the program for expansion beyond Stanford.
- Led completion of 4T Study 2, including final data lock, data quality oversight, and preparation of analytic datasets for manuscript development; supported transition of 4T to standard of care (>155 patients enrolled).
- Oversee a diverse portfolio of clinical research studies across multiple investigators, including NIH-funded, investigator-initiated, and industry-sponsored research.
- Contribute to manuscript development and authorship, with multiple peer-reviewed publications and additional manuscripts under review or in progress.
- Present research at national and international meetings (e.g., ISPAD, ATTD) and contribute to dissemination through invited panels, including T1D Exchange Learning Sessions.
- Oversee the full lifecycle of research operations, including study design, Institutional Review Board compliance, Data Safety Monitoring Board oversight, data integrity, and coordination with biostatistics teams.
- Provide strategic and operational support to principal investigators across study design, regulatory processes (Institutional Review Board, ClinicalTrials.gov), and research execution (e.g., early automated insulin delivery protocols, industry-sponsored studies).

- Lead and mentor a multidisciplinary team, including program management, clinical research management, and research coordinators.
- Manage financial and operational components across programs, including DiabDocs and principal investigator portfolios.
- Contribute to the development of clinical workflows and infrastructure, including diabetes educator-led remote patient monitoring billing models and transition of research programs into standard of care.
- Navigate evolving NIH policies and funding environments, supporting implementation across programs while maintaining continuity and productivity.
- Mentor trainees and interdisciplinary collaborators, including postdoctoral, medical, and Stanford Graduate School of Business trainees.

August 2020-November 2021

Stanford University School of Medicine

Department of Pediatrics, Division of Endocrinology and Diabetes Stanford, CA

Clinical Research Manager

- Led study team hiring and training, hiring over 11 staff and expanding the team from 2 to 10 members.
- Managed clinical research operations, including quality management, personnel oversight, regulatory compliance, and fiscal management.
- Oversaw all Institutional Review Board submissions, reviews, and compliance activities.
- Led project and team meetings to ensure regulatory compliance, study progress, and timely resolution of issues.
- Initiated and oversaw systems for study start-up and operations, including laboratory procedures, facilities permissions, and software implementation.
- Developed and managed REDCap databases to support study data collection and integrity.
- Managed the Pediatric Endocrinology and Diabetes Research Collaboration, establishing a structured approach to ensure studies were planned, initiated, and executed collaboratively within the division.
- Managed a diverse portfolio of research projects and programs, including NIH-funded and investigator-initiated studies (e.g., 4T Study, NIDDK K12 Training Program, CGM and remote monitoring studies, and clinical trials in pediatric diabetes): Training Research Leaders in Type 1 Diabetes-NIDDK K-12 (PI D.Maahs), Teamwork, Targets, Technology, and Tight Control in Newly Diagnosed Pediatric T1D: 4T Study (NCT 04336969, PI D.Maahs), Remote Review of CGM data in Patients with Type 1 Diabetes to Improve Clinical Outcomes (NCT 03968055, PI P.Prahalad), The Use of Continuous Glucose Monitor Technology and Remote Monitoring to Change Clinical Outcomes Following New Diagnosis of Type 1 Diabetes in the Pediatric Population (PI P. Prahalad). Use of Continuous Glucose Monitors in Publicly-Insured Youth with Type 2 Diabetes (PI S. Shah), A Prospective Double-Blind, Placebo-Controlled, Combined Crossover and Randomized Withdrawal Study of the Efficacy and Safety of Latiglutenase Treatment in Type 1 Diabetes Patient with Celiac Disease (NCT 04839575, PI D. Maahs), The Immune Response in Human Type 1 Diabetes (T1D) Etiology (PI E. Meyer), Accelerating Solutions to Optimize Glycemic and Weight Management in Young Adults with Type 1 Diabetes (PI D. Maahs).

2011-2019

Barbara Davis Center for Childhood Diabetes

University of Colorado Anschutz Medical Campus, Aurora, CO

Senior Project Manager

- Contributed across grant lifecycle phases, including proposal development, study planning, and post-award project management.
- Developed, operationalized, and managed research protocols and Manuals of Procedures/Standard Operating Procedures, supporting high protocol compliance and patient and staff safety.
- Led study team hiring and human resources management, hiring over 20 staff and establishing five study teams.
- Ensured regulatory compliance across studies (Institutional Review Board, HIPAA, FDA, and funding agencies), with successful outcomes on internal, financial, and regulatory audits.
- Developed study consents, research surveys, questionnaires, and data collection instruments.
Recruited, enrolled, and conducted study visits with participants.
- Contributed to data quality oversight for large multi-site studies, including validation of data elements and database review for accuracy.
- Managed local study budgets in collaboration with Grants and Contracts leadership.
- Submitted and managed data use agreements with the Office of Regulatory Compliance.
- Managed the Pediatric Research Collaborative (PRC) at the Barbara Davis Center, supporting a structured, collaborative approach to planning and executing pediatric diabetes research.
- Managed the following research projects & programs: Adiponectin Levels in Adolescents with Type 1 Diabetes (PI D. Maahs), Clinical Trial of Zocor and Vytorin in Adolescents with Type 1 Diabetes (VAST) (PI Dr. Maahs), Determinants of Macrovascular Disease in Adolescents with Type 1 Diabetes (PI P. Wadwa), Carbohydrate Counting in Adolescents with Type 1 Diabetes (CCAT) (PI D. Maahs), Translating Dietary Information to Improve Insulin Bolusing, Flexible Lifestyles Empowering Change (FLEX) - Pilot (PI D. Maahs), Early Diagnosis of Change in GFR in Adults and Adolescents with Type 1 Diabetes by Iohexol Clearance Using Dried Capillary Blood (PI D. Maahs), Flexible Lifestyles Empowering Change (FLEX) (PI D. Maahs), and Home Telemedicine to Optimize Health Outcomes in High-Risk Youth with Type 1 Diabetes (PI K. Driscoll).

2006-2011

Barbara Davis Center for Childhood Diabetes

University of Colorado Anschutz Medical Campus, Aurora, CO

Study Coordinator

- Lead study coordinator for pediatric type 1 diabetes studies with a focus on cardiovascular risk factors, carbohydrate accuracy, and diet and physical activity behaviors.

Education

University of Colorado, Denver, CO

Certificate in Public Health Sciences

Colorado State University, Fort Collins, CO

M.S. in Food Science and Human Nutrition (Thesis track)

University of Colorado, Boulder, CO

B.A. in Environmental Studies, Minor Geography

Peer- reviewed manuscripts

1. Maahs DM, Wadwa RP, **Bishop F**, Daniels SR, Rewers M, Klingensmith GJ. Dyslipidemia in youth with diabetes: To treat or not to treat? *J Pediatr* 2008 Oct;153(4):458-65.
2. **Franziska K Bishop**, David M Maahs, Gail Spiegel, Darcy Owen, Georgeanna J Klingensmith, Andrey Bortsov, Joan Thomas, Elizabeth Mayer-Davis. The Carbohydrate Counting in Adolescents with Type 1 Diabetes (CCAT) Study. *Diabetes Spectrum* 2009 22: 56-62.
3. Nicole Gendelman, Janet Snell-Bergeon, Kim McFann, Gregory Kinney, R. Paul Wadwa, **Franziska Bishop**, Marian Rewers, David Maahs. Prevalence and Correlates of Depression in Persons with and without Type 1 Diabetes. *Diabetes Care* 2009 Apr;32(4):575-9.
4. **Franziska K Bishop**, David M Maahs, Janet K Snell-Bergeon, Lorraine G Ogden, Greg L Kinney, Marian Rewers. Lifestyle Risk Factors for Atherosclerosis in Adults with Type 1 Diabetes. *Diabetes and Vascular Disease Research*. 2009; 6(4):269-275.
5. Orlando VA. Johnson LR. Wilson AR. Maahs DM. Wadwa RP. **Bishop FK**. Dong F. Morrato E. Oral health knowledge and behaviors among adolescents with type 1 diabetes. *International Journal of Dentistry* 2010. Feb; volume 2010:1-8
6. Maahs DM, Prentice N, McFann K, Snell-Bergeon JK, Jalal D, **Bishop FK**, Aragon B, Wadwa RP. Age and Sex Influence Cystatin C in Adolescents With and Without Type 1 Diabetes. *Diabetes Care*. 2011 Nov; 34(11):2360-2. PMID: 21926294
7. Specht BJ, Wadwa RP, Snell-Bergeon JK, Nadeau KJ, **Bishop FK**, Maahs DM. Estimated insulin sensitivity and cardiovascular disease risk factors in adolescents with and without type 1 diabetes. *J Pediatr*. 2013. Feb;162(2):297-301.
8. Out-Patient Assessment of Determinants of Glucose Excursions in Adolescents with Type 1 Diabetes: Proof of Concept. David M. Maahs, M.D., Ph.D.; Elizabeth Mayer-Davis, PhD, **Franziska K Bishop**, M.S.; Lily Wang, PhD; Meg Mangan, PhD; Robert G. McMurray, PhD. *Diabetes Technology & Therapeutics*. 2013. Aug;14(8):658-664.
9. Clements SA, Anger MD, **Bishop FK**, McFann KK, Klingensmith GJ, Maahs DM, Wadwa RP. Lower A1c among adolescents with lower perceived A1c goal: a cross-sectional survey. *Int J Pediatr Endocrinol*. 2013 Oct 24; 2013(1):17. [Epub ahead of print] PubMed PMID: 24156395.
10. Rachel Lieberman; R. Paul Wadwa; Nhung Nguyen, MPH; **Franziska K Bishop**; Christina Reinick; Janet K Snell-Bergeon; David M Maahs. The association between vitamin D and vascular stiffness in adolescents with and without type 1 diabetes. *PLoS ONE* 8(10): e77272.

doi:10.1371/journal.pone.0077272

11. Majidi S, Wadwa RP, **Bishop FK**, Klingensmith GJ, Rewers M, McFann K, Maahs DM. The effect of insurance status and parental education on glycemic control and cardiovascular disease risk profile in youth with Type 1 Diabetes. *J Diabetes Metab Disord*. 2014 May 22;13:59. doi: 10.1186/2251-6581-13-59. eCollection 2014
12. Maahs DM, Bushman L, Kerr B, Ellis SL, Pyle L, McFann K, Bouffard A, **Bishop FK**, Nguyen N, Anderson PL. A practical method to measure GFR in people with type 1 diabetes. *J Diabetes Complications*. 2014 Sep-Oct;28(5):667-73. doi: 10.1016/j.jdiacomp.2014.06.001. Epub 2014 Jun 9.
13. **Bishop FK**, Wadwa RP, Snell-Bergeon J, Nguyen N, Maahs DM. Changes in diet and physical activity in adolescents with and without type 1 diabetes over time. *Int J Pediatr Endocrinol*. 2014;2014(1):17. doi: 10.1186/1687-9856-2014-17. Epub 2014 Aug 15.
14. Bjornstad P, Nguyen N, Reinick C, Maahs DM, **Bishop FK**, Clements SA, Snell-Bergeon JK, Lieberman R, Pyle L, Daniels SR, Paul Wadwa R. Association of apolipoprotein B, LDL-C and vascular stiffness in adolescents with type 1 diabetes. *Acta Diabetol*. 2014 Dec 25.
15. Bjornstad P, Pyle L, Nguyen N, Snell-Bergeon JK, **Bishop FK**, Wadwa RP, Maahs DM. Achieving International Society for Pediatric and Adolescent Diabetes and American Diabetes Association clinical guidelines offers cardiorenal protection for youth with type 1 diabetes. *Pediatr Diabetes*. 2015 Feb;16(1):22-30. doi: 10.1111/pedi.12252.
16. Bjornstad P, Roncal C, Milagres T, Pyle L, Lanasa MA, **Bishop FK**, Snell-Bergeon JK, Johnson RJ, Wadwa RP, Maahs DM. Hyperfiltration and uricosuria in adolescents with type 1 diabetes. *Pediatr Nephrol*. 2016 May;31(5):787-93. doi: 10.1007/s00467-015-3299-8. Epub 2015 Dec 23.
17. Brown TL, Maahs DM, **Bishop FK**, Snell-Bergeon JK, Wadwa RP. Influences of gender of cardiovascular disease risk factors in adolescents with and without type 1 diabetes. *Int J Pediatr Endocrinol*. 2016;2016:8. doi: 10.1186/s13633-016-0026-6. Epub 2016 Apr 19.
18. PCSK9 Is Increased in Youth With Type 1 Diabetes. Levenson AE, Wadwa RP, Shah AS, Khoury PR, Kimball TR, Urbina EM, de Ferranti SK, **Bishop FK**, Maahs DM, Dolan LM, Biddinger SB. *Diabetes Care*. 2017 Jul;40(7):e85-e87. doi: 10.2337/dc16-2563. Epub 2017 Jun 6.
19. Biopsychosocial Aspects of Weight Management in Type 1 Diabetes: a Review and Next Steps. Driscoll KA, Corbin KD, Maahs DM, Pratley R, **Bishop FK**, Kahkoska A, Hood KK, Mayer-Davis E; Advancing Care for Type 1 Diabetes and Obesity Network (ACTION). *Curr Diab Rep*. 2017 Aug;17(8):58. doi: 10.1007/s11892-017-0892-1. Review.
20. Dynamic changes in retinal vessel diameter during acute hyperglycemia in type 1 diabetes. Bucca BC, Maahs DM, Snell-Bergeon JK, Hokanson J, Rinella S, **Bishop FK**, Bouffard A, Homann J, Cheung CY, Wong TY. *J Diabetes Complications*. 2018 Feb;32(2):234-239. doi: 10.1016/j.jdiacomp.2017.10.001. Epub 2017 Oct 24.
21. The Flexible Lifestyle Empowering Change (FLEX) intervention of self-management in adolescents with type 1 diabetes: Trial design and baseline characteristics. Kichler JC, Seid M, Crandell J, Maahs DM, **Bishop FK**, Driscoll KA, Standiford D, Hunter CM, Mayer-Davis E. *Contemp Clin Trials*. 2018 Mar;66:64-73. doi: 10.1016/j.cct.2017.12.006. Epub 2017 Dec 24.
22. Understanding antagonism and synergism: A qualitative assessment of weight management in youth with Type 1 diabetes mellitus. Kahkoska AR, Watts ME, Driscoll KA, **Bishop FK**, Mihas P, Thomas J, Law JR, Jain N, Mayer-Davis EJ. *Obes Med*. 2018 Mar;9:21-31. doi: 10.1016/j.obmed.2017.12.001. Epub 2018 Feb 22.
23. Efficacy of the Flexible Lifestyles Empowering Change intervention on metabolic and psychosocial outcomes in adolescents with type 1 diabetes (FLEX): a randomized controlled trial. Mayer-Davis EJ, Maahs DM, Seid M, Crandell J, **Bishop FK**, Driscoll KA, Hunter CM, Kichler JC, Standiford D, Thomas JM; FLEX Study Group. *Lancet Child Adolesc Health*. 2018 Sep;2(9):635-646. doi: 10.1016/S2352-4642(18)30208-6. Epub 2018 Jul 30.

24. Two-step recruitment process optimizes retention in FLEX clinical trial. Standiford DA, Morwessel N, **Bishop FK**, Thomas JM, Smith E, Crandell J, Driscoll KA2, Hunter CM, Kichler JC, Maahs DM, Mayer-Davis EJ, Seid M. *Contemp Clin Trials Commun*. 2018 Sep 21;12:68-75. doi: 10.1016/j.conctc.2018.09.005. eCollection 2018 Dec.
25. Serum uromodulin is associated with urinary albumin excretion in adolescents with type 1 diabetes. Wiromrat P, Bjornstad P, Roncal C, Pyle L, Johnson RJ, Cherney DZ, Lipina T, **Bishop FK**, Maahs DM, Wadwa RP. *J Diabetes Complications*. 2019 Sep;33(9):648-650. doi: 10.1016/j.jdiacomp.2019.05.023. Epub 2019 Jun 3.
26. Elevated copeptin, arterial stiffness, and elevated albumin excretion in adolescents with type 1 diabetes. Wiromrat P, Bjornstad P, Vinovskis C, Chung LT, Roncal C, Pyle L, Lanasma MA, Johnson RJ, Cherney DZ, Reznick-Lipina TK, **Bishop FK**, Maahs DM, Wadwa RP. *Pediatr Diabetes*. 2019 Dec;20(8):1110-1117. doi: 10.1111/pedi.12909. Epub 2019 Aug 29.
27. Type 1 diabetes is associated with an increase in cholesterol absorption markers but a decrease in cholesterol synthesis markers in a young adult population. Semova I, Levenson AE, Krawczyk J, Bullock K, Williams KA, Wadwa RP, Shah AS, Khoury PR, Kimball TR, Urbina EM, de Ferranti SD, **Bishop FK**, Maahs DM, Dolan LM, Clish CB, Biddinger SB. *J Clin Lipidol*. 2019 Nov - Dec;13(6):940-946. doi: 10.1016/j.jacl.2019.09.008. Epub 2019 Sep 25.
28. Advancements and future directions in the teamwork, targets, technology, and tight control – the 4T study” improving clinical outcomes in newly diagnoses pediatric type 1 diabetes. Zaharieva DP, **Bishop FK**, Maahs DM; 4T study research team. *Curr Opin Pediatr*. 2022 Aug 1;34(4):423-429. doi: 10.1097/MOP.0000000000001140. PMID: 35836400.
29. ‘Much more convenient, just as effective’: Experiences of starting continuous glucose monitoring remotely following Type 1 Diabetes diagnosis. Tanenbaum ML, Zaharieva DP, Addala A, Prahalad P, Hooper JA, Leverenz B, Cortes AL, Arrizon-Ruiz N, Pang E, **Bishop FK**, Maahs DM. *Diabet Med*. 2022 Nov;39(11):e14923. doi: 10.1111/dme.14923. Epub 2022 Aug 8. PMID: 35899591
30. Addala A, Ding V, Zaharieva DP, **Bishop FK**, Adams AS, King AC, Johari R, Scheinker D, Hood KK, Desai M, Maahs DM, Prahalad P; Teamwork, Targets, Technology, and Tight Control (4T) Study Group. Disparities in Hemoglobin A1c Levels in the First Year After Diagnosis Among Youths With Type 1 Diabetes Offered Continuous Glucose Monitoring. *JAMA New Open*. 2023 Apr 3;6(4):e238881. doi: 10.1001/jamanetworkopen.2023.8881. PMID: 37074715; PMCID: PMC10116368.
31. Jeannine C. Leverenz, Brianna Leverenz, Priya Prahalad, **Franziska K. Bishop**, Piper Sagan, Anjoli Martinez-Singh, Barry Conrad, Annette Chmielewski, Julianne Senaldi, David Scheinker, David M. Maahs; Role and Perspective of Certified Diabetes Care and Education Specialists in the Development of the 4T Program. *Diabetes Spectr* 2024; ds230010. January 19, 2024.
32. Tanenbaum ML, Addala A, Hanes S, Ritter V, **Bishop FK**, Cortes AL, Pang E, Hood KK, Maahs DM, Zaharieva DP; 4T Study Group. "It changed everything we do": A mixed methods study of youth and parent experiences with a pilot exercise education intervention following new diagnosis of type 1 diabetes. *J Diabetes Complications*. 2024 Jan;38(1):108651. doi: 10.1016/j.jdiacomp.2023.108651. Epub 2023 Nov 24. PMID: 38043358; PMCID: PMC10843536.
33. Zaharieva DP, Ding VY, Addala A, Prahalad P, **Bishop FK**, Hood KK, Desai M, Wilson DM, Buckingham BA, Maahs DM. Diabetic Ketoacidosis at Diagnosis in Youth with Type 1 Diabetes Is Associated with a Higher Hemoglobin A1c Even with Intensive Insulin Management. *Diabetes Technol Ther*. 2024 Mar;26(3):176-183. doi: 10.1089/dia.2023.0405. PMID: 37955644; PMCID: PMC10877392.
34. Prahalad P, Scheinker D, Desai M, Ding VY, **Bishop FK**, Lee MY, Ferstad J, Zaharieva DP, Addala A, Johari R, Hood K, Maahs DM. Equitable implementation of a precision digital

- health program for glucose management in individuals with newly diagnosed type 1 diabetes. *Nat Med.* 2024 Jul;30(7):2067-2075. doi: 10.1038/s41591-024-02975-y. Epub 2024 May 3. PMID: 38702523.
35. Kim GYK, Rostosky R, **Bishop FK**, Watson K, Prahalad P, Vaidya A, Lee S, Diana A, Beacock C, Chu B, Yadav G, Rochford K, Carter C, Ferstad JO, Pang E, Kurtzig J, Arbiter B, Look H, Johari R, Maahs DM, Scheinker D. The adaptation of a single institution diabetes care platform into a nationally available turnkey solution. *NPJ Digit Med.* 2024 Nov 6;7(1):311. doi: 10.1038/s41746-024-01319-x. PMID: 39506045; PMCID: PMC11542048.
 36. **Franziska K. Bishop**, Annette Chmielewski, Jeannine Leverenz, Shannon Lin, Barry Conrad, Anjali Martinez-Singh, Laura Pike, David Scheinker, Priya Prahalad, David M. Maahs. Building a Diabetes Educator Program for Remote Patient Monitoring Billing. *Journal of Diabetes Science and Technology.* 2025;0(0). doi:10.1177/19322968241308920.
 37. Lee MY, Ritter V, Shaw B, Ferstad JO, Johari R, Scheinker D, **Bishop FK**, Desai M, Maahs DM, Prahalad P. Addressing Disparities Using Continuous Glucose Monitors and Remote Patient Monitoring for Youth With Type 1 Diabetes. *J Diabetes Sci Technol.* 2024 Dec 23:19322968241305612. doi: 10.1177/19322968241305612. Epub ahead of print. PMID: 39711469; PMCID: PMC11664559.
 38. Addala A, Ritter V, Schneider-Utaka AK, Alamarie SA, Pang E, Balistreri I, Shaw B, **Bishop FK**, Zaharieva DP, Prahalad P, Desai M, Maahs DM, Hood KK; 4T Team. Psychosocial outcomes in a diverse sample of youth and their families who initiated continuous glucose monitoring within the first year of type 1 diabetes diagnosis. *Diabetes Obes Metab.* 2025 Feb;27(2):933-943. doi: 10.1111/dom.16093. Epub 2024 Nov 27. PMID: 39604317; PMCID: PMC11700754.
 39. Tanenbaum ML, Pasmooij MB, Tam R, Basina M, Hughes MS, **Bishop FK**, Maahs DM. Moving the Goalposts: Do Adults with Type 1 Diabetes Want Time in Tight Range (TITR)? *Endocr Pract.* 2025 Mar 19:S1530-891X(25)00074-6. doi: 10.1016/j.eprac.2025.03.006. Epub ahead of print. PMID: 40562358.
 40. Zaharieva DP, Ritter V, **Bishop FK**, Desai M, Addala A, Prahalad P, Riddell MC, Maahs DM; 4T Study Group. Physical Activity Is Associated With Improved Glycemic Outcomes in Newly Diagnosed Youth With Type 1 Diabetes: 4T Exercise Program. *Diabetes Care.* 2025 Jul 1:dc250765. doi: 10.2337/dc25-0765. Epub ahead of print. PMID: 40590663.
 41. Thapa I, Laforcade PA, **Bishop FK**, Ferstad J, Desai M, Maahs DM, Prahalad P, Zaharieva D, Scheinker D, Johari R. Regression discontinuity in time: Evaluating the impact of evolving digital health interventions. *Int J Med Inf.* 2025 Jul;106050. doi: 10.1016/j.ijmedinf.2025.106050.
 42. Leverenz JC, Horton L, Conrad B, Lin S, Chmielewski A, **Bishop FK**, Quaid M, Prahalad P, Maahs DM. Insulin dose adjustment policy for certified diabetes care and education specialists: Safe and effective. *J Clin Transl Endocrinol.* 2025 Nov 1;42:100423. doi: 10.1016/j.jcte.2025.100423. PMID: 41283065; PMCID: PMC12639378.

Invited Presentations and Panel Participation

1. **Invited Speaker**, *4T Program: Improving Clinical Outcomes in Newly Diagnosed Pediatric Type 1 Diabetes*. Stanford Medicine Children's Health (SMCI) Lecture Series, Stanford University, April 2026.
2. **Invited Speaker**, *AI and Healthcare*. Stanford Center for Artificial Intelligence in Medicine and Imaging (AIMI) Health Policy Forum, Stanford University, April 2026.
3. **Panelist**, *Assessing Clinic Readiness for Implementation of New-Onset Care in the T1DX-QI*. T1D Exchange Quality Improvement Collaborative Learning Session, November 2025.

Peer Review and Grant Review Activities

Manuscript reviewer, *Journal of Diabetes Science and Technology, Health Policy and Technology*.

Grant reviewer, *Breakthrough T1D*.

Additional Certifications/Trainings & Other Professional Attributes

Numerous Leadership and Diversity Trainings through Stanford University, including TEAM Academy, a 6-month professional development management course.

Wellcoaches Core Training Program – Wellcoaches® School of Coaching (May 2020-September 2020)

Adjunct Instructor at the Gillings School of Global Public Health, University of North Carolina at Chapel Hill (2019)

Certified Diabetes Care and Education Specialist, CDCES (since 2016, re-certified 2021)

Crucial Conversations Training®

Abstracts

1. David M Maahs, MD, R. Paul Wadwa, MD, **Franziska Bishop, MS**, Sarah Vaughan, BA, Kim McFann, PhD, Marian Rewers, MD, PhD, and Georgeanna Klingensmith, MD. Adiponectin in Adolescents with Type 1 Diabetes and Non-Diabetic Controls. 2007 Pediatric Academic Societies Meeting May 2007, accepted as poster presentation.
2. **Franziska K. Bishop**, David M. Maahs, Janet Snell-Bergeon, Lorraine G. Ogden, Greg Kinney, Marian Rewers. Lifestyle Risk Factors for Cardiovascular Disease in Adults with Type 1 Diabetes. 25th Annual Epidemiologic Research Exchange, Denver CO. March 2007, presented poster.
3. **Franziska K. Bishop**, David M. Maahs, Janet Snell-Bergeon, Lorraine G. Ogden, Greg Kinney, Marian Rewers. Lifestyle Risk Factors for Cardiovascular Disease in Adults with Type 1 Diabetes. *DIABETES* 56: A169-A169, Suppl. 1.
4. **Franziska K. Bishop**, David M. Maahs, Janet Snell-Bergeon, Lorraine G. Ogden, Greg Kinney, Marian Rewers. Changes in Lifestyle Risk Factors for Cardiovascular Disease in Adults with Type 1 Diabetes Over Time (abstract). American Heart Association, 48th Cardiovascular Disease Epidemiology and Prevention Annual Conference and Nutrition, Physical Activity, and Metabolism Conference 2008. March 2008, presented poster.
5. **Franziska K. Bishop**, David M. Maahs, Janet Snell-Bergeon, Lorraine G. Ogden, Greg Kinney, R. Paul Wadwa, Marian Rewers. Longitudinal changes in Lifestyle Risk Factors for Cardiovascular Disease in Adults with Type 1 Diabetes (abstract). American Diabetes Association, 68th Scientific sessions, June 2008. Accepted for publication.
6. **Franziska K. Bishop**, David M. Maahs, Gail Spiegel, Darcy Owen, Georgeanna J. Klingensmith, Andrey Bortsov, Joan Thomas, Elizabeth J. Mayer-Davis. Carbohydrate Counting in Adolescents with Type 1 Diabetes (CCAT) Study (abstract). American Diabetes Association, 68th Scientific sessions, June 2008. Accepted for poster presentation.

7. Eric R Cruz, David M Maahs, **Franziska K Bishop**, Georgeanna J Klingensmith, R. Paul Wadwa. 2-Year mean HbA1c is not associated with increased arterial stiffness in youth with type 1 diabetes, American Diabetes Association, 69th Scientific Sessions, June 2009.
8. Valerie A. Orlando, Lonnie R. Johnson, Anne R. Wilson, David M. Maahs, R. Paul Wadwa, **Franziska K. Bishop**, Fran Dong, Elaine Morrato. Oral Health Knowledge and Behaviors among Adolescents with Type 1 Diabetes. ADA 2010. Presented as poster.
9. Elaine Morrato, Valerie A. Orlando, Lonnie R. Johnson, Anne R. Wilson, David M. Maahs, **Franziska K. Bishop**, Fran Dong, Anwar Merchant, R. Paul Wadwa. Periodontal Disease Prevalence and Severity in Adolescents with Type 1 Diabetes. ADA 2010. Presented as poster.
10. R. Paul Wadwa, Matthew D Anger, **Franziska Bishop**, Georgeanna J Klingensmith, David M Maahs. Awareness of HbA1c goals in adolescents with type 1 diabetes, ADA 2010. Accepted for publication.
11. Snell-Bergeon JK, Maahs DM, **Bishop FK**, Wadwa, RP. Gender differences in cardiovascular risk factors during puberty in adolescents with type 1 diabetes. ADA 2010. Presented as poster.
12. Gregory L Kinney, David M Maahs, **Franziska Bishop**, Janet K Snell-Bergeon, R Paul Wadwa. Cardiovascular Disease Risk Factors in Youth with and without Type1 Diabetes. ADA 2010. Presented as poster.
13. **Franziska Bishop**, David M. Maahs, Gail Spiegel, Beth Mayer-Davis, R. Paul Wadwa. Poor Dietary Patterns in Adolescents with and without Type 1 Diabetes. International Society for Pediatric and Adolescent Diabetes, 2010. Accepted as poster presentation.
14. Gail Spiegel, Andrey Bortsov, **Franziska K. Bishop**, Darcy Owen, Georgeanna J. Klingensmith, Elizabeth J. Mayer-Davis, David M. Maahs. Randomized Education Intervention to Improve Carbohydrate Counting in Adolescents with Type 1 Diabetes Study. International Society for Pediatric and Adolescent Diabetes, 2010. Accepted as poster presentation.
15. R.P. Wadwa, **F.K. Bishop**, J.K. Snell-Bergeon, G.L. Kinney, D.M. Maahs. More Atherogenic Cardiovascular Disease Risk Profile in Females than Males Who Exceed A1c Goals. International Society for Pediatric and Adolescent Diabetes, 2010. Accepted as poster presentation.
16. R. Paul Wadwa, Matthew D. Anger, **Franziska K. Bishop**, Eric Cruz, Georgeanna J. Klingensmith, David M. Maahs. Lower Achieved A1C Among Those with Lower Perceived A1C Goal. International Society for Pediatric and Adolescent Diabetes, 2010. Accepted as oral presentation.
17. Shideh Majidi, David M Maahs, **Franziska K Bishop**, Georgeanna J Klingensmith, Marian Rewers, and R Paul Wadwa. Differences in Cardiovascular Disease Risk and Glycemic Control in Youth with Type 1 Diabetes By Insurance Status and Parental Education. PAS, 2011.
18. **F K Bishop**, R P Wadwa, S Ellis, M Rewers, and DM Maahs. Lessons Learned from a Lipid Lowering Trial in Adolescents with Type 1 Diabetes. PAS, 2011.
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63. Jeannine Leverenz, Shannon Lin, Anjoli Martinez-Singh, Barry Conrad, Annette Chmielewski, Ian Chen, Erica Pang, **Franziska K Bishop**, Priya Prahalad, David M Maahs. CDCES Clinical Workflows Can Address Challenges and Barriers to Equitable Care in New Onset T1D. T1D Exchange Quality Improvement Collaborative Learning Session 2024. Oral Presentation.
64. Kurtzig, J, Ferstad, J, Dupenloup, P, Zaharieva, D, Maahs, D, Prahalad, P, Johari, R, **Bishop, F**, Addala, A, Scheinker, David. A Quantitative Framework for Evaluating the Performance of Algorithm-Directed Whole-Population Remote Patient Monitoring For Type 1 Diabetes Care. EPV250/#1273 e-Poster presentation. ATTD 2025.
65. Thapa, I, **Bishop, F**, Ferstad, Johannes, J, Maahs, D, Scheinker, D, Johari, R. Evaluating the Impact on Patient Outcomes of Changes to Algorithm-Directed Care Models. EPD/#1248 Oral abstract presentation. ATTD 2025.
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68. Alonso, G.T, Thapa, S, Maahs, D, Wolf, R, **Bishop, F**, DeSalvo, D, Addala, A, Prahalad, P, Mann, E, Jacobsen, L, Clements, M, Rompicherla, S, Rioles, N. Teamwork, Targets, Technology, and Tight Range (4T) in New-Onset T1D: Comparing Outcomes and Rationale for Translation. Poster Presentation at the 85th ADA Scientific Sessions. June 2025.
69. **Franziska K. Bishop**, Meryem Talbo, Ananta Addala, Annette Chmielewski, Barry Conrad, Ana Cortes, Sofia Herrera-Padilla, Jeannine Leverenz, Priya Prahalad, Rachel Tam, Dessi Zaharieva, David M. Maahs. Promoting Early Pump/AID Uptake in Newly Diagnosed Type 1 Diabetes: The Impact of Systematic Education from 4T Study 2. ISPAD 2025.
70. J.Leverenz, B.Conrad, A.Chmielewski, I.Chan, R.Bell, M.Lee, **F.K.Bishop**, P.Prahalad, D.M.Maahs. The role of the CDCES in promoting the use of AID in the 4T program. Oral presentation T1DX-QI Learning Sessions 2025.
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Book Chapters

1. Elizabeth J. Mayer-Davis and **Franziska K. Bishop**. Dietary Factors in Youth with Diabetes, chapter in *The Epidemiology of Diabetes in Youth*, Dana Dabelea and Georgeanna Klingensmith, Editors; 2008.