

# CURRICULUM VITAE- Annotated

## **Stanford Mervyn Shoor, MD**

### PERSONAL

Born: January 21, 1948 - San Francisco, California  
Address: Stanford University School of Medicine  
Division of Immunology and Rheumatology  
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### PRESENT ACADEMIC RANK AND POSTION

Clinical Professor of Medicine (Rheumatology) Stanford University

### EDUCATION

AB Stanford University June, 1974  
MD Stanford University June, 1979  
Internship- University of Washington July 1979-July 1980  
Residency - University of Washington July 1980-July 1982  
Robert Wood Johnson Clinical Scholar - Stanford University July 1982- July 1984  
Fellow in Immunology & Rheumatology - Stanford University July 1982- July 1984

### BOARD CERTIFICATION

American Board of Internal Medicine - September 1982  
American Board of Internal Medicine Rheumatology - November 1984

### MEDICAL LICENSURE

California G48393

### HONORS AND AWARDS

Outstanding Achievement in Medical Education Kaiser Foundation Hospital 1993  
Outstanding Teacher Award Internal Medicine Residency Kaiser Santa Clara 1994, 1997  
Samuel Sherman Award for Innovation and Contribution to Continuing Medical Education- California Medical Association Institute of Medical Quality 2002  
Finalist, Outstanding Clinical Educator Award, The Permanente Medical Group of Northern California 2003, 2004.  
Mentoring and Teaching Award Biodesign Program Stanford University 2012  
Rheumatology Division Teaching Award Dept of Medicine, Stanford University 2012 & 2013.  
“Moving Mountains Award” Martin Luther King Foundation of Santa Clara County 2014

## EDUCATION

### ***Continuing Education:***

Osteoarthritis” - 4<sup>th</sup> Annual Kaiser National Conference on Musculoskeletal Care and Sports Medicine, February 1993.

NSAID and Corticosteroids - AASP Medicine Board Review, August 1993.

“Spondyloarthritis, Fibromyalgia and PMR, Lab Testing in Rheumatic Disease” 5<sup>th</sup> Annual Kaiser National Conference on Musculoskeletal Care and Sports Medicine, February 1994.

Evidence-based Medicine - 6<sup>th</sup> Annual Kaiser National Conference on Musculoskeletal and Primary Care April 1996.

“Best practices for the management of acute LBP”, Northern California Kaiser Occupational Medicine Conference, Oct 1996

“Management of Acute Low Back Pain” - 7<sup>th</sup> Annual Kaiser National Primary Care Conference, April 1997

“Myalgias & Arthralgias” - 7<sup>th</sup> Annual Kaiser National Primary Care Conference, April 1997

“Diagnosis & Treatment of Acute Monoarthritis” - Presented at Western Regional Podiatric Medical Congress, June 1997

Case Based Learning- 3<sup>rd</sup> Kaiser Permanente Faculty Development Workshop, Jan 1998

“Fibromyalgia, PMR and Osteoarthritis” - 8<sup>th</sup> Annual Kaiser Interregional Conference on Primary Care, Occupational Health and Musculoskeletal Medicine March 1998

“How to Assess CME needs” - 4<sup>th</sup> Kaiser Permanente Faculty Development Workshop, Jan 1999

“Lab Testing in Rheumatic Diseases” - Southern California Permanente Medical Group Rheumatology/Primary Care Conference, Feb 1999

“Evidence Based Medicine in the New Millennium” –9<sup>th</sup> Annual Kaiser Interregional Conference on Primary Care, Occupational Health and Musculoskeletal Medicine March 1999

“Polyarthralgia/myalgia”- Southern California Permanente Medical Group Rheumatology/Primary Care Conference, Feb 2000

“Fibromyalgia”: Permanente Medicine Today- Northern California TPMG Regional Teleconference 3/7/00

“Osteoarthritis:” TPMG/SCPMG Musculoskeletal Grand Rounds 5/18/00

Seminar: “Evidence Based Medicine:” TPMG Regional Training, Dept of Quality 10/30/00

“How to assess learner’s needs” – Federation Faculty Development Workshop 01/01

“Polymyalgia Rheumatica”- SCPMG Rheumatology for Primary Care 3/02/01

“Evidence Based Medicine, Cost Effective Prescribing & Acute Monoarthritis” - Interregional Primary Care Conference the Permanente Federation 4/9-13/01

“CME Effectiveness” – CME Chief’s, Coordinators Meeting 05/07/01

“CV Events and COX-2s” – Permanente Rheumatology Association Annual Conference 05/18/01

Seminar: Evidence Based Medicine: TPMG Regional Training/Occupational Medicine 06/15/01

“Acute Monoarthritis”- SCPMG Internal Medicine Conference 09/14/01

“From Books to the Bedside”: Evidence Based Medicine Workshop: California Society of Health-System Pharmacists 10/26/01

“Polyarthralgia”: Annual Dale Daniel Orthopedic Symposium 1/26/02

“Fibromyalgia”: 4<sup>th</sup> Annual SCPMG Rheumatology Primary Care Conference 3/7/02

“Applying Evidence to Clinical Practice”: Evidence Based Medicine Workshop: California Society of Health-System Pharmacists 10/4/02

“Osteoarthritis, Fibromyalgia and Diffuse Myalgia”: Iron Man Sports Medicine Conference, Kona, Hawaii, Oct 14, 2002.

"Polyarthralgia, myalgia": Kaiser Permanente National Primary Care Conference, April 21, 2003, Kona, Hawaii

"Potions, Plants and Proof: Evidence Based and Complementary and Alternative Medicine": Kaiser Permanente National Primary Care Conference, April 19, 2003, Kona, Hawaii.

"Improving the Efficiency of Diagnostic Testing Using Interactive, Evidence Based Education": Annual Meeting, Institute of Medical Quality, California Medical Association, May, 2, 2003, Burlingame, CA.

“The Treatment of Early Aggressive Rheumatoid Arthritis”: Group Health Cooperative of Puget Sound, July 9, 2003

“Efficient, Effective Imaging in Primary Care”: Kaiser National Primary Care Conference Sept 12, 2003

“Polyarthralgia & Myalgia: Management’s not so far Away”: Kaiser National Primary Care Conference Sept 13, 2003

“Polyarthralgia & Myalgia: Management’s not so far Away”: Kay Symposium, SCPMG, Sept 20, 2003

“Management of Temporal Arteritis and Rheumatoid Arthritis”: Fontana Kaiser Rheumatology Symposium, Oct 16, 2003

“Polyarthralgia: Use the Evidence but be Practical”: Northern Cal ACP Scientific Symposium, Nov 8, 2003

“The DMARD Decision in RA”. Pharmacare and Rheumatologists, Vancouver, British Columbia, June 28, 2004.

“RA Therapy”. NCAL TPMG Rheumatologists, July 21, 2004

“Fibromyalgia” & “Polyarthralgia” – SCPMG Rheumatology for Primary Care, Sept 11, 2004.

“Polyarthralgia, Myalgia” – Primary Care Stanford 2012

“Rheumatology Examination, Gout, Fibromyalgia,”: Caring for the Active and Athletic Patient Conference Napa and Maui 2014 & 2015

### ***Medical School:***

Stanford University:

Rheumatology Rounds November 1988-96

Introduction to Clinical Medicine 1995-99

Grand Rounds Santa Clara Valley Medical Center 2004

HHD 223 2012, 2013, 2014

Medicine Residents “Stanford 25: Rheum Exam” 2013

Medicine Residents Ambulatory Series 2011, 2012, 2013, 2014: Gout, Polyarthralgia, Vasculitis, Fibromyalgia

University of California at San Francisco Grand Rounds-Homocystenemia 1998

Resident’s Report- Transverse Myelitis and Scleroderma

Harvard Medical School “Rheumatology in a staff model HMO”-1998

Visiting Professor Hiroshima University Hospital- 2012

Visiting Profesor Okinawa Muribushi Residency Hospitals =2015

“Human Heath and Disease 223 :” Stanford Medical School 2012-2015

## EDUCATION-JOURNALS

The Permanente Journal-Editorial Board 2000-2011

Healthwise Handbook-Scientific Reviewer

Journal of Rheumatology-Scientific Reviewer

Arthritis Care & Research-Scientific Reviewer

Journal of General Internal Medicine-Scientific Reviewer

The New England Journal of Medicine Weekly Briefings-Scientific Reviewer

Medicine and Science in Sports & Exercise-Scientific Reviewer

Sports Medicine – Scientific Reviewer

ACP Journal Club – Scientific Reviewer

BMJ Evidence Based Medicine-Scientific Reviewer

Medscape General Medicine-Scientific Reviewer

## INSTIUTIONAL, DEPARTMENTAL, DIVISIONAL, ADMINISTRATIVE ACTIVITIES

Chief of Staff Education, Kaiser Santa Clara Hospital 1988 - 2011.

Chairman Chiefs of Staff Education, Permanente Medical Group, Northern California 1997-2001

Chairman Permanente Rheumatology Association 1999-2011

Regional Chief of Rheumatology, The Permanente Medical Group, Northern California- 1999-2011

Associate Director of Internal Medicine Residency Program, Kaiser Santa Clara 1995 - 2008.

Director Rheumatology Fellowship Program, Stanford University 2011-2012.

Dept of Medicine Quality Council, Stanford University 2011-present

Director Clinical Clerkship and Residency rotation Immunology and Rheumatology, Stanford University  
2011- present

Key Clinical Faculty: Rheumatology Fellowship Program Stanford University 2012- present

## BIBLIOGRAPHY

### ***Recent Publications—Journals***

Shoor, S. Intra-articular Corticosteroid Injections are better than Placebo in Osteoarthritis for Improving Symptoms of Knee Osteoarthritis.[commentary]. BMJ. Evidence Based Medicine. 2005. 10(1): 23.

Graham, DJ, Campen, D, Hui, R, Spence, M, Cheetham, C, Shoor, S and Ray W. Risk of Acute Myocardial Infarction And Sudden Cardiac Death in Patients Treated with Cyclo-oxygenase 2 Selective and Non-Selective NonSteroidalAnti-inflammatory Drugs: Nested Case Control Study. *Lancet*. 2005. Jan 25: 1-7.

Shoor, S. Herrinton, L, Liu, L. Erythrocyte Sedimentation Rate in Relation to Risk of NonHodgkin'sLymphoma Among Patients with Rheumatoid Arthritis. *Ann Rheum Dis*. June 2005. 64: 694-217.

Shoor, S. Review: Viscosupplementation for Knee Osteoarthritis Reduces Pain and Improves Function. [commentary]. *Evid Based Med*. 2006 Feb; 11(1):12. 2006.

Shoor, S. Review: anti-tumor necrosis factor antibody therapy for rheumatoid arthritis increases risk for serious infection and malignancy. *ACP J Club*. 2006 Nov-Dec; 145(3):65

Shoor, S. Sensitivities and specificities vary for different diagnostic tests of gout. [commentary]. *BMJ Evidence Based Medicine*. July 2007.

TC Cheetham, Graham, DJ, Campen, D, Hui, R, Spence, M, Levy G, Shoor,S. Myocardial infarction and its association with the use of nonselective NSAIDS: A nested case-control & time to event analysis. *The Permanente Journal/ Winter 2008/ Volume 12 No. 1: 16-22*.

Lisa J. Herrinton, PhD, Liyan Liu, MD, Stanford Shoor, MD, and Daniel Mines, MD. Risk of lymphoproliferative cancer among patients with severe rheumatoid arthritis, 1996-2002. *Ann Rheum Dis* April 2008 Vol 67 No 4: 574-575.

S.M. Shoor. Atypical mycobacterial infections in patients with rheumatic disease: the great masquerader *Ann Rheum Dis* 2008;67(Suppl II):637

Shoor, S & Liote, F. 1st Proceedings of the European American Rheumatology Association Immunotherapy in Rheumatic Diseases Science and Clinical Practice *Joint Bone Spine* 76 (2009) 433-446.

Suman S. Kuppahally, Elyse Foster, Stanford Shoor, Anthony E. Steimle. Short-term and long-term success of electrical cardioversion in atrial fibrillation in managed care system. *International Archives of Medicine*. 2009. 2:39. <http://www.intarchmed.com/content/2/1/39>

Shoor, S, Tinkelenberg, T and Yang, D. Does Pre Treatment with Steroids Influence the Predictive Value of a Temporal Artery Biopsy? *Ann Rheum Dis* 2010;69(Suppl3):235

Fries, J, Bruce, B and Shoor, S. Osteoarthritis, Exercise and Knee Replacement. *J Rheumatol*. 2012 Apr;39(4)

Leslie R. Harrold, MD, MPH, Craig Salman, BS, Stanford Shoor, MD, Jeffrey R. Curtis, MD, MPH, Maryam M. Asgari MD, MPH Joel M. Gelfand, MD, MSC, Jashin J. Wu, MD Lisa J. Herrinton, PhD. Incidence and prevalence of Juvenile Idiopathic Arthritis among children in a managed care population, 1996-2009. *J Rheumatol*. 2013; 40 (7)

Liang MH, Lansdale III TF, Gratwick GM, Gupta S, Shoor SM. Finding and being a mentor to be a better doctor, having a life, and wasting no motion. (*In Press*). *Geriatric Rheumatology*.

## **Blogs**

“Humor-istory” <http://humori-story.blogspot.com/>

## **Online Excerpts**

Quello e Firenze” - <http://stanfordinflorance50th.posterous.com/>

## **Recent Publications—Abstracts**

Campen D, Graham D, Cheetham C, Hui R, Spence M, Ray WA., Shoor S, and Levy G Risk of acute cardiac events among patients treated with cyclo-oxygenase-2 selective- and non-selective-nonsteroidal anti-inflammatory drugs. American College of Rheumatology. Annual Meeting. 2004.

Shoor, S, Herrinton, L, Liu, L. Erythrocyte Sedimentation Rate in Relation to Risk of Non-Hodgkin's Lymphoma Among Patients with Rheumatoid Arthritis. European League Against Rheumatism (EULAR), Annual Meeting, 2005, Vienna, Austria.

Uma Mohanasundaram, MD, Marcel Reichert, MD, Tejas Patel, MD, David Clarke MD, MACP, Stanford Shoor MD,MACP. Echocardiographic Pulmonary Hypertension: Does Cause Effect Outcome? Kaiser Permanente Medical Center, Santa Clara, CA. American College of Physicians Northern California. 2005.

Rau, Jyoti, MD., Lee PH, MD, Johnson, N. MD, Shoor, S. MD. Risk Factors for Myocardial Infarction among Asian Indians. American College of Physicians Northern California. 2005.

Shoor, S, Cheetham,C, Graham, D, Campen, D, Hui, R , Spence M, Levy, G. Risk of Myocardial Infarction in Users of non selective NSAIDS: A Nested Case Control Study. EULAR Annual Meeting 2006 Amsterdam, Netherlands.

Wen, HA, Chen,G, Shoor, S, Horberg, M and Ready, J. Predictors of HCV treatment in HCV &HIV co-infected patients. American College of Physicians, Monterey,California. 2006.

Camantigue, R, Shostakovich, L, Sandhu, D, Shoor S. Infectious Complications of TNF therapy in Inflammatory Arthritis. American College of Physicians, Northern California, 2006.

Lisa F. Barcellos, Ling Shen, Lisa Herrinton, James E. Allison, Allan L. Bernstein, John Citron, Stanford Shoor, Andrew Karter, De-Kun Li, Lisa Croen, Erica Gunderson, Joe Selby, Neil Risch, and Cathy Schaefer. Population-based studies of risk factors in autoimmunity: The Kaiser Permanente Autoimmune Disease Research Group (KPADRG). Federation of Clinical Immunology Societies, San Diego, CA. 2007.

Bhargava, R, Ackerson, L, Shoor, S, Chan, M. Predictive value of heel ultrasound versus clinical assessment in women at low clinical risk for osteoporosis. National Osteoporosis Society 12th Conference on Osteoporosis 25 – 28 November 2007, EICC, Edinburgh, UK.

Shoor, S, Tinkelenberg, T and Yang, D. Does Pre Treatment with Steroids Influence the Predictive Value of a Temporal Artery Biopsy?. Ann Rheum Dis 2010;69(Suppl3):235

Chung, L, Ruiz, P, Wood, T, Shoor, S, Robinson, W, Whitfield, M, Chang, H and David Fiorentino. Evaluation of an Imatinib Response Gene Signature in Patients with Systemic Sclerosis. American College of Rheumatology Annual Mtg, Atlanta, Georgia. Nov 8, 2010.

Tamura, K & Shoor, S Microscopic polyangiitis: report of a young woman presenting initially with severe localized myalgia. Presented at the Society of Hospital Medicine's Annual Meeting, May 10-13, 2011 Dallas, TX

Harrold, L. R.,Salman, C.,Shoor, S,Curtis, J. R.,Asgari, M. M.,Gelfand, J. M.,Wu, J. J.,Herrinton, L. J.; Incidence and prevalence of juvenile idiopathic arthritis among children in a managed care population, 1996-2009 J. Rheumatol.. 2013 Jul;40(7): 1218-2

## **RESEARCH INTERESTS**

Evidence based medicine

Clinical practice in Rheumatic Diseases: Gout, RA, OA, PMR, NSAIDs, Toxicity DMARDs.

Clinical guidelines in musculoskeletal medicine

The role of CME in changing physician behavior  
Evaluation of clinical practice in HMO settings  
Electronic Medical Record

## CIVIC ACTIVITIES

Advisory Board, Health Technologies Program, West Valley Community College 1995-2009  
Board of Directors, Mid Peninsula Health Service 1974-85  
Volunteer Montgomery Street Clinic 1998-2005  
Medical Contributor Good Housekeeping Magazine  
Advisory Board, California Lupus Surveillance Program, State of California 2009 – 2011  
Coach AYSO Soccer and Little League – 1992-2000

## Languages

Italian- read, and conversational  
Spanish – read and conversational  
French – read and conversational

## CURRENT RESEARCH GRANTS

Project Director Chronic Care Performance Improvement Initiative, Division of Immunology and Rheumatology Stanford University 2012- present

Co-Investigator, Baminercept in Sjogren's Syndrome. Autoimmune Centers of Excellence NIAD/NIH. 2012-present

Co-Investigator, Long-Term Safety and Efficacy of ASP015K in Subjects Previously Enrolled in a Phase 2 ASP015K Rheumatoid Arthritis. 2012- present

Co-Investigator, Randomized, Double-Blind, Placebo-Controlled, Phase 3 Study Evaluating the Efficacy and Safety of Baricitinib (LY3009104) in Patients with Moderately to Severely Active Rheumatoid Arthritis Who Have Had an Inadequate Response to Tumor Necrosis Factor Inhibitors. 2012-present

Rev. 10/19/15

