

# NATALY SUMARRIVA BECK, M.D.

Stanford, CA 94305  
nbeck@stanford.edu  
U.S. Citizen / Fluent in Spanish

## ACADEMIC APPOINTMENTS

---

Stanford University, Clinical Assistant Professor of Psychiatry	Nov 2019-present
Yale School of Medicine, Assistant Professor of Clinical Psychiatry	July 2018-Aug 2019
Vanderbilt University Medical Center, General Psychiatry Resident	July 2014-June 2018

## EDUCATION

---

Yale School of Medicine, M.D.	Aug 2008-May 2014
University of Tennessee, Knoxville, B.S. in Biomedical Engineering with Honors Double Major in Biology with Honors Concentration in Biochemistry, Cellular, and Molecular Biology Summa cum laude	Aug 2004-May 2008

## BOARD CERTIFICATION

---

American Board of Psychiatry and Neurology, Psychiatry	Sept 2018-present
--	-------------------

## LICENSURE

---

California Medical License (A163400)	June 2019-present
Connecticut Medical License (60388)	July 2018-present
Tennessee Special Training Medical License (775)	July 2014-June 2018

## PROFESSIONAL EXPERIENCE

---

Stanford University Attending, INSPIRE Early Episode Psychosis Clinic Inpatient attending coverage	Nov 2019-present
Los Gatos Therapy Center Medical Director, Intensive Outpatient Program	Nov 2019-present
HOPE Services Locum tenens psychiatrist	Aug-Nov 2019
Yale University Attending, Transitional Age Youth Inpatient Unit Intensive Outpatient Program, Young Adult and General Mental Health Tracks	July 2018-Aug 2019
Vanderbilt Electroconvulsive Therapy Certification	May-June 2018
Mental Health Cooperative Community Mental Health Clinic in Nashville Safety Net Program and Diversion	July 2017-June 2018
Vanderbilt Cognitive Behavioral Therapy Clinic Cognitive Behavioral and Exposure Therapy	July 2017-June 2018
Vanderbilt University Student Health Center Mental Health Clinic	Jan-June 2018
Vanderbilt University Student Psychological and Counseling Center Dialectical Behavioral Therapy, Motivational Interviewing, Psychodynamic, Supportive Psychotherapy	July 2016-June 2018
Vanderbilt Osher Center for Integrative Medicine Course Certifications in Mindfulness-Based Cognitive Therapy, Mind-Body Medicine, Mindfulness-Based Stress Reduction	July 2017-May 2018
Vanderbilt Partial Hospitalization Program	Jan 2018
Vanderbilt Attention Deficit Hyperactivity Disorder Clinic	July-Dec 2017
Vanderbilt Psychology Department Psychology Intern Didactics and Case Conference Series	July-Dec 2017
Vanderbilt Buprenorphine Maintenance Clinic	July 2016-June 2017
Nashville Veterans Affairs Clinics in Geriatric and General Psychiatry	July 2016-June 2017
Forensics, Consult-Liaison, Emergency Psychiatric Services, and Child and Adolescent Psychiatry Rotations at Vanderbilt	July 2015-June 2017

Prevention and Management of Disruptive Behavior Training	July 2016, Jan 2017
Forensics Evaluation Training	Sept 2016
Tennessee Department of Mental Health and Substance Abuse Services	
Buprenorphine in the Treatment of Opioid Dependence “Half and Half” Course	Sept 2015
American Academy of Addiction Psychiatry	

### **PROFESSIONAL HONORS AND RECOGNITION**

American Professional Society of ADHD and Related Disorders Travel Grant Awardee	Jan 2016
American Psychosomatic Society Travel Scholarship ( <i>did not accept due to scheduling conflict</i> )	Jan 2016
American Academy of Child & Adolescent Psychiatry Educational Outreach Program Awardee	Oct 2015

### **AWARDS**

Yale School of Medicine Dean’s Merit Scholarship Recipient (7/4000 applicants)	Aug 2008-May 2014
Full tuition merit scholarship from Yale School of Medicine	
Betty Ford Center’s Summer Institute for Medical Students Grant Awardee	July 2013
University of Tennessee Chancellor’s Oldham Scholar (2/3000)	Aug 2004-May 2008
Full tuition merit scholarship from University of Tennessee for four years	
University of Tennessee Chancellor’s Honors Program	Aug 2004-May 2008
Senior Biomedical Engineering Award (3/40)	May 2008
University of Tennessee Phil Scheurer Leadership Award (1/3000)	May 2005

### **MEMBERSHIPS IN PROFESSIONAL SOCIETIES**

American Society of Addiction Medicine	Nov 2019-present
American Academy of Child & Adolescent Psychiatry	Oct 2015-June 2016

### **LEADERSHIP**

Founder, Vanderbilt Psychiatric Hospital Patient Library	July 2016-June 2018
Founder and President, Latin American Student Organization	July 2006-May 2008
Co-Founder and Secretary, Government Careers Association	Aug 2004-May 2005
Vice-President, Freshman Council	Aug 2004-May 2005
Founder, Oasis Gardening Club	Aug 2003-May 2004
Tennessee Representative, HOBY World Leadership Congress	July 2003

### **RESEARCH GRANTS, PRESENTATIONS, AND PUBLISHED SCIENTIFIC ABSTRACTS**

Yale School of Medicine Research Grant	Jan-May 2014
Thesis: “Stress and Rest SPECT/CT Imaging for Evaluation of Lower Extremity Perfusion”	
Yale School of Medicine Summer Research Grant	June-July 2009
Characterized arterial layers in tissue engineered vascular grafts of severe combined immunodeficient mouse models	
Chancellor’s Honors Research Grant in Biomedical Engineering	Aug 2007-May 2008
Honors Thesis: “Design and Development of an Improved Ankle-Foot Orthosis”	
Chancellor’s Honors Research Grant in Biochemistry	Aug 2007-May 2008
Honors Thesis: “Role of the Renin-Angiotensin System in LPS-Induced Chemokine Response of the Alveolar Epithelium”	
University of Rochester Summer Research Training Program	May-July 2007
Presentation on Alveolar Epithelium and Extracellular Matrix	
Oak Ridge National Labs Undergraduate Summer Research Grant	June-July 2006
Used atomic force microscope to investigate expansion of solids undergoing surface adsorption	

### **TEACHING**

“Catatonia: A Review of the Literature” Presentation	Feb 2019
to Attending Psychiatrists and Nurse Practitioners	
“Management of Schizo-Obsessive Disorder” Case Conference	Dec 2018
“Mindfulness Meditation” Senior Presentation	June 2018
“Self-Compassion” Residents as Teachers Lecture	Oct 2017
“Anxiety in a Young Adult” Case-Based Learning Conference	Sept 2017

“Neurobiology of Mindfulness Meditation” Lecture	Sept 2017
“Antidepressant Use and Induction of Mania/Hypomania from STAR*D” Journal Club Presentation	June 2017
“New Developments: Mental Health Apps in Psychiatry” Presentation	May 2017
“Schizophrenia and Catatonia in a Young Adult” Case Conference	March 2017
“Psychosis in a Young Adult with Epilepsy” Case Conference	Nov 2016
“Catatonia,” “Bipolar Disorder,” “Antisocial Personality Disorder,” “Pharmacology of Antipsychotics” Morning Report Presentations	July 2014-June 2016
“Depression in a Patient with Trauma” Case Conference	Feb 2015
“Bipolar Disorder in a Young Adult with Substance Use Disorder” Case Conference	Sept 2014

---

## LANGUAGES

Spanish, native language with fluency in speaking, reading, and writing  
 French, conversational

---

## REFERENCES

Katherine Klingensmith, M.D., Medical Director of Yale Intensive Outpatient Program and Director of Ambulatory Services at Yale Psychiatric Hospital  
 katherine.klingensmith@yale.edu  
 Heather Paxton, M.D., Transitional Age Youth Unit Chief at Yale Psychiatric Hospital  
 heather.paxton@yale.edu  
 Frank Fortunati, M.D., J.D., Medical Director of Yale Psychiatric Hospital  
 frank.fortunati@yale.edu