

James Alden Armontrout, MD
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Academic Appointments:

2022- Clinical Assistant Professor of Psychiatry, Stanford School of Medicine
2019-2022 Clinical Assistant Professor of Psychiatry (Affiliated), Stanford School of Medicine

Employment:

2022- Clinical Assistant Professor of Psychiatry, Stanford School of Medicine
2020-2022 Medical Director, Menlo Park Trauma Recovery Program, Palo Alto VA
2017-2020 Staff Psychiatrist, Menlo Park Trauma Recovery Program, Palo Alto VA
2017- Private practice in Forensic Psychiatry

Education and Postdoctoral Training:

2016-2017 Forensic Psychiatry Fellow, University of California, San Francisco
2015-2016 Co-Chief Resident of Outpatient Psychiatry, Beth Israel Deaconess Medical Center
2012-2016 Clinical Fellow, Harvard Medical School
2012-2016 Resident, Harvard Longwood Psychiatry Residency Program
2008-2012 MD, University of Virginia
2003-2007 BA Psychology with High Honors, University of Virginia

Certifications and Licensure:

2022- Board Certified in Addiction Medicine, American Board of Preventive Medicine, Initial Certification Granted January 1, 2022
2017- Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted October 11, 2017
2016- Board Certified in Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted September 22, 2016
2016- California Medical License #A138817

Teaching Experience:

- 2005-2008 Research Assistant, Kubovy Perceptual Psychology Lab, Trained Incoming RAs
- 2007 Kaplan MCAT Prep Course Instructor, All Subjects
- 2009 Taught “adventures in medicine” course to high school students in the Navajo Nation to encourage interest in science and medicine. Also completed quality improvement research within the Indian Health Services clinic.
- 2012-2016 Instructed Harvard Medical Students completing clerkship rotations in psychiatry
- 2015-2016 Co-Chief Resident of Outpatient Psychiatry, assisted in instruction of second through fourth year psychiatry residents in psychotherapy, patient assessment and management, and clinic administration
- 2016-2017 Instructed University of California, San Francisco medical students completing an advanced elective rotation in forensic psychiatry
- 2017-2022 Instruct and supervise Stanford medical students and residents, as well as visiting medical students, completing rotations at the Menlo Park Trauma Recovery Program
- 2020-2022 Clerkship Director for the Stanford 308E Trauma Psychiatry Selective
- 2020-2022 Site Director for Stanford Resident Psychiatrists completing rotations at the Trauma Recovery Program

Selected Awards:

- 2007 University of Virginia 2006-2007 Department of Psychology Undergraduate Research Excellence Award
- 2017 2017 Young Investigator Prize, American Academy of Psychiatry and the Law

Committee Memberships:

- 2017 - Technology Committee, American Academy of Psychiatry and the Law
- 2018- Trauma and Stress Committee, American Academy of Psychiatry and the Law
- 2018-2019 Domestic Violence Committee, VA Palo Alto Healthcare System
- 2019-2022 Early Career Development Committee, American Academy of Psychiatry and the Law
- 2020-2022 VA Palo Alto Education Committee

Other relevant skills and training:

- 2012 Assisted in research on stages of change and coping behaviour use at UVA's Center for Addiction Research and Education
- 2012 Creative writing with short fiction published in UVA's 2012 Veritas magazine
- 2012 - Experience working in multidisciplinary teams comprised of physicians, psychologists, nurse practitioners, nursing staff, social work and support staff across multiple settings
- 2013-2016 Training in psychodynamic psychotherapy, cognitive behavioral therapy, and acceptance and commitment therapy. Have both completed cases under supervision as a psychiatry resident and offered supervision as a chief resident in each modality
- 2014 Completed suboxone training to qualify for X-waiver 12/17/14
- 2015 Clozapine REMS enrolment
- 2015-2016 Training in administration of electroconvulsive therapy
- 2017 Training in Cognitive Processing Therapy for PTSD through the department of Veteran's Affairs

Memberships:

- 2005 - Psi Chi, International Honor Society of Psychology
- 2012 - American Medical Association
- 2012 - American Psychiatric Association
- 2012-2016 Massachusetts Medical Society
- 2015 – American Academy of Psychiatry and the Law

Peer Reviewed Publications:

1. Visual determinants of a cross-modal illusion. James A. Armontrout, Michael Schutz and Michael Kubovy. *Attention, Perception, & Psychophysics*, 2009, Volume 71, Number 7, Pages 1618-1627
2. Life or Limb: Family as Decision Makers for a Psychotic Patient with Life-Threatening Gangrene. James A. Armontrout, Sejal B. Shah. *Psychosomatics* 2015:56:691-695
3. Do Consultation Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Health Care Lawyers Differ in Opinion on Gray Area Decision-Making Capacity Cases? A Vignette-Based Survey. James A. Armontrout, David Gitlin, Thomas G Gutheil. *Psychosomatics*. 57(5), 472-479

4. Mobile Mental Health: Navigating New Rules and Regulations for Digital Tools. James Armontrout, John Torous, Matthew Fisher, Eric Drogin & Thomas Gutheil. *Current Psychiatry Reports* 2016:18:9
5. A Resident Perspective on the Goldwater Rule. James A. Armontrout, Sagar Vijapura. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 249-252.
6. Current Regulation of Mobile Mental Health Applications. James A. Armontrout, John Torous, Marsha Cohen, Dale McNiel, & Renee Binder. *The Journal of the American Academy of Psychiatry and the Law* 2018, 46:204-11

Textbook Chapter

1. Record Keeping in Private Practice. Eric Drogin, James A. Armontrout. Handbook of Private Practice, Oxford University Pres, April 21, 2017.

Poster and other Presentations:

1. Is there a link between ADHD and sleep disorders? A review of comorbidity at The Lynchburg Family Practice Residency. Lynchburg, VA, August 2006
2. Kayenta Quality Improvement Questionnaire. James A. Armontrout and Benjamin Kaufman. Kayenta, AZ, July 30, 2009.
3. Do Consult Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Healthcare Lawyers Differ in Opinion on Grey Area Decision Making Capacity Cases? A Vignette-Based Survey. James A Armontrout, David Gitlin, Thomas G Gutheil. Mysell Research Day Poster Session, Harvard Medical School, March 23, 2016
4. When is a smartphone a regulated medical device? Exploring the boundaries with mental health apps. James A Armontrout, John Torous, Marsha Cohen, Dale McNiel, Renee Binder. 2017 Conference of the American Academy of Psychiatry and the Law, Denver, CO.
5. Complex Decisional Capacity Assessments: From Disposition, to Organ Donation, and Death. Vivek Datta, James Bourgeois, Lawrence Kaplan, Panid Sarifnia, James Armontrout. 2019 Conference of the American Psychiatric Association, San Francisco, CA, May 21, 2019.
6. Fanatics, Incels and Trolls: The Forensic Expert's Guide. Andrew Nanton, Alan Newman, James Armontrout, Michael Rogers. 2019 Meeting of the American Academy of Psychiatry and the Law, Baltimore, MD, October 24, 2019.
7. Telehealth Pearls, Pitfalls, and Strategies to Improve Patient Experience. James Armontrout. Pacific Southwest Mental Health Technology Transfer Center Online Presentation, July 27, 2020.

Other Professional Publications:

1. Government Management of Accompanied Minors Held in the Custody of Immigration Authorities. James A. Armontrout and John R. Chamberlain. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 269-271