

James Alden Armontrout, MD
825 San Antonio Road #105
Palo Alto, CA 94303
T: 650-204-1116
F: 256-242-0953

Academic Appointments:

2024-	Clinical Associate Professor of Psychiatry, Stanford School of Medicine
2023-	Program Director, Stanford Forensic Psychiatry Fellowship
2022-2024	Clinical Assistant Professor of Psychiatry, Stanford School of Medicine
2019-2022	Clinical Assistant Professor of Psychiatry (Affiliated), Stanford School of Medicine

Employment:

2024-	Clinical Associate Professor of Psychiatry, Stanford School of Medicine
2022-2024	Clinical Assistant Professor of Psychiatry, Stanford School of Medicine
2020-2022	Medical Director, Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
2017-2020	Staff Psychiatrist, Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
2017-	Private practice in Forensic Psychiatry

Education and Postdoctoral Training:

2016-2017	Forensic Psychiatry Fellow, University of California, San Francisco
2015-2016	Co-Chief Resident of Outpatient Psychiatry, Beth Israel Deaconess Medical Center
2012-2016	Clinical Fellow, Harvard Medical School
2012-2016	Resident, Harvard Longwood Psychiatry Residency Program
2008-2012	MD, University of Virginia
2003-2007	BA Psychology with High Honors, University of Virginia

Certifications and Licensure:

2023-	Florida Medical License #ME163826 (full medical license; previously held expert witness license MEEW8210)
2023-	Virginia Medical License #0101278442
2023-	Mississippi Medical License #32002
2022-	Board Certified in Addiction Medicine, American Board of Preventive Medicine, Initial Certification Granted January 1, 2022
2017-	Board Certified in Forensic Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted October 11, 2017
2016-	Board Certified in Psychiatry, American Board of Psychiatry and Neurology, Initial Certification Granted September 22, 2016
2016-	California Medical License #A138817
2012 – 2016	Massachusetts Limited License #251424

Additional Administrative and Leadership Experiences:

2024-	Discuss and advise about forensic psychiatric and psychological evaluations with Stanford faculty, including faculty taking or considering cases via the department's Program in Psychiatry and the Law
2023-	Lead negotiations for a Stanford / Department of State Hospitals rotation and contract, created a Department of State Hospitals selective as the Stanford Forensic Psychiatry Fellowship Director
2023-	Work with the Statewide Chief Psychiatrist for the California Department of Corrections overseeing forensic psychiatry fellow rotations at San Quentin and the California Medical Facility (Stanford Forensic Psychiatry Fellowship Program Director Role)
2023-	Coordinate with referral sources in San Francisco and other counties (both local and in Southern California) to develop a private case panel rotation for the forensic psychiatry fellows (Stanford Forensic Psychiatry Fellowship Program Director Role)
2023-	Formed a new Sexually Violent Predators Clinic rotation based in San Francisco for the Stanford Forensic Psychiatry Fellowship
2023-	Formed a new Landmark Case didactic series for the Stanford Forensic Psychiatry Fellowship
2023-	Oversee the appointment of new faculty to the Stanford Forensic Psychiatry Fellowship

- 2023- Coordinate with Journal of the American Academy of Psychiatry and the Law Section Editor Jennifer Piel for submission of two legal case review articles per year for publication by the fellows (Stanford Forensic Psychiatry Fellowship Program Director Role)
- 2017-2022 Screened veterans applying for residential PTSD treatment from the Bay Area, Northern California, Nevada, Hawaii, and the Pacific Islands as a staff psychiatrist for the VA Palo Alto Healthcare System, Menlo Park Division

Teaching Experience:

- 2023- Help coordinate and oversee three mock testimony experiences per year, including overseeing fellow participation in the Stanford International Association of Defense Counsel Trial Advocacy Workshop and assisting in two Stanford psychiatry-based exercises through the Stanford Forensic Psychiatry Fellowship
- 2023- Direct Forensic Psychiatry Fellowship Didactic Series, Landmark Case Series, and Case Conference Series, Stanford Forensic Psychiatry Fellowship
- 2023- Supervise an Addiction Medicine Fellow's outpatient dual diagnosis clinic, one day per week, Stanford Department of Psychiatry and Behavioral Sciences
- 2023- Direct Stanford Psychiatry Residency "Legal Aspects of Psychiatry" didactic series, PGY 3 and 4, Stanford Department of Psychiatry and Behavioral Sciences
- 2022- Supervise and teach Stanford Forensic Psychiatry Fellows through the Stanford Forensic Psychiatry Fellowship
- 2020-2022 Site Director for Stanford Resident Psychiatrists completing rotations at the Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
- 2020-2022 Clerkship Director for the Stanford 308E Trauma Psychiatry Selective while serving as Medical Director of the Menlo Park Trauma Recovery Program, VA Palo Alto Healthcare System
- 2018- Presented recurring didactic talks for the Stanford Psychiatry Residents on topics including Antisocial Personality Disorder, Post-Traumatic Stress Disorder, Violence Risk Assessment, and Assessment of Criminal Responsibility, Stanford Department of Psychiatry and Behavioral Sciences.
- 2017-2022 Instruct and supervise Stanford medical students and residents, as well as visiting medical students, completing rotations at the Menlo Park Trauma Recovery Program
- 2017- Present an annual case conference presentation for the University of California, San Francisco Forensic Psychiatry Fellowship training program
- 2016-2017 Instructed University of California, San Francisco medical students completing an advanced elective rotation in forensic psychiatry with the University of California, San Francisco Forensic Psychiatry Fellowship

2015-2016	Co-Chief Resident of Outpatient Psychiatry at Beth Israel Deaconess Medical Center, assisted in instruction of second through fourth year psychiatry residents in psychotherapy, patient assessment and management, and clinic administration
2012-2016	Instructed Harvard Medical Students completing clerkship rotations in psychiatry at Harvard Medical School training sites at Beth Israel Deaconess Medical Center, Brigham and Women's Hospital, Brigham and Women's Faulkner Hospital, and Massachusetts Mental Health Center
2009	Taught "adventures in medicine" course to high school students in the Navajo Nation to encourage interest in science and medicine. Also completed quality improvement research within the Indian Health Services clinic in Kayenta, AZ.
2007	Kaplan MCAT [Medical College Admissions Test] Prep Course Instructor, All Subjects
2005-2008	Research Assistant, Kubovy Perceptual Psychology Lab at the University of Virginia, Trained Incoming RAs

Awards:

2017	2017 Young Investigator Prize, American Academy of Psychiatry and the Law
2007	University of Virginia 2006-2007 Department of Psychology Undergraduate Research Excellence Award

Committee Memberships:

2022-	Stanford Forensic Psychiatry Fellowship Program Evaluation Committee and Clinical Education Committee
2020-2022	VA Palo Alto Education Committee
2019-2022	Early Career Development Committee, American Academy of Psychiatry and the Law
2018-2019	Domestic Violence Committee, VA Palo Alto Healthcare System
2018-	Trauma and Stress Committee, American Academy of Psychiatry and the Law
2017 -	Technology Committee, American Academy of Psychiatry and the Law

Other relevant skills and training:

2017	Training in Cognitive Processing Therapy for PTSD through the department of Veteran's Affairs, VA Palo Alto Healthcare System
2016-2017	Training in the administration and interpretation of psychological testing instruments including (but not limited to) the Psychopathy Checklist-Revised; Structured

Inventory of Reported Symptoms-2; the Miller Forensic Assessment of Symptoms Test; and the Test of Memory Malingering at the University of California, San Francisco Forensic Psychiatry Fellowship

- 2015-2016 Training in administration of electroconvulsive therapy, Harvard Longwood Psychiatry Residency Training Program
- 2015 Clozapine Risk Evaluation and Mitigation Strategy (REMS) system enrolment (as a resident at the Harvard Longwood Psychiatry Residency Training Program)
- 2014 Completed suboxone training to qualify for X-waiver 12/17/14, Harvard Longwood Psychiatry Residency Training Program
- 2013-2016 Training in psychodynamic psychotherapy, cognitive behavioral therapy, and acceptance and commitment therapy. Have both completed cases under supervision as a psychiatry resident and offered supervision as a chief resident in each modality at the Harvard Longwood Psychiatry Residency Training Program.
- 2012 - Experience working in multidisciplinary teams comprised of physicians, psychologists, nurse practitioners, nursing staff, social work and support staff across multiple settings (University of Virginia School of Medicine, Harvard Longwood Psychiatry Residency Training Program, University of California San Francisco Forensic Psychiatry Fellowship, VA Palo Alto Healthcare System, and Stanford Department of Psychiatry and Behavioral Sciences)
- 2012 Assisted in research on stages of change and coping behaviour use at the University of Virginia's Center for Addiction Research and Education
- 2012 Creative writing with short fiction published in UVA's 2012 Veritas magazine, University of Virginia School of Medicine

Memberships:

- 2015 – American Academy of Psychiatry and the Law (AAPL)
- 2012-2016 Massachusetts Medical Society (MMS)
- 2012 - American Psychiatric Association (APA)
- 2012 - American Medical Association (AMA)
- 2005 - Psi Chi, International Honor Society of Psychology (ΨΧ)

Peer Reviewed Publications:

1. Current Regulation of Mobile Mental Health Applications. **James Armontrout**, John Torous, Marsha Cohen, Dale McNiel, & Renee Binder. *The Journal of the American Academy of Psychiatry and the Law* 2018, 46:204-11

2. A Resident Perspective on the Goldwater Rule. **James Armontrout**, Sagar Vijapura. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 249-252.
3. Mobile Mental Health: Navigating New Rules and Regulations for Digital Tools. **James Armontrout**, John Torous, Matthew Fisher, Eric Drogin & Thomas Gutheil. *Current Psychiatry Reports* 2016:18:9
4. Do Consultation Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Health Care Lawyers Differ in Opinion on Gray Area Decision-Making Capacity Cases? A Vignette-Based Survey. **James Armontrout**, David Gitlin, Thomas G Gutheil. *Psychosomatics*. 2016:57(5), 472-479
5. Life or Limb: Family as Decision Makers for a Psychotic Patient with Life-Threatening Gangrene. **James Armontrout**, Sejal B. Shah. *Psychosomatics* 2015:56:691-695
6. Visual determinants of a cross-modal illusion. **James Armontrout**, Michael Schutz and Michael Kubovy. *Attention, Perception, & Psychophysics*, 2009, Volume 71, Number 7, Pages 1618-1627

Textbook Chapter

1. Record Keeping in Private Practice. Eric Drogin, **James Armontrout**. Handbook of Private Practice, Chapter 6, p. 66-78. Edited by Steven Walfish, Jeffrey Barnett, and Jeffrey Zimmerman. Oxford University Press, published in the United States in New York, New York, April 21, 2017.

Poster and other Presentations:

1. Intelligent Use of Artificial Intelligence: a Practical and Ethical Approach. Andrew Nanton, Alan Newman, Michael Rogers, **James Armontrout**. 2023 Meeting of the American Academy of Psychiatry and the Law, Chicago, IL, October 21, 2023.
2. Neuroscience in the Court Room. Octavio Choi, Shafi Lodhi, Grace Cheney, **James Armontrout**. 2023 Conference of the American Psychiatric Association, San Francisco, CA, May 22, 2023
3. Telehealth Pearls, Pitfalls, and Strategies to Improve Patient Experience. **James Armontrout**. Pacific Southwest Mental Health Technology Transfer Center Online Presentation (Invited as a Virtual Talk), July 27, 2020.
4. Veteran's Week: Managing TBI and PTSD During the Pandemic. **James Armontrout**. Mission College (invited speaker), Santa Clara, CA November 6, 2020.
5. Fanatics, Incels and Trolls: The Forensic Expert's Guide. Andrew Nanton, Alan Newman, **James Armontrout**, Michael Rogers. 2019 Meeting of the American Academy of Psychiatry and the Law, Baltimore, MD, October 24, 2019.
6. Veteran's Week: TBI & PTSD Workshop. James Armontrout. Mission College (invited speaker), Santa Clara, CA November 4, 2019.

7. Complex Decisional Capacity Assessments: From Disposition, to Organ Donation, and Death. Vivek Datta, James Bourgeois, Lawrence Kaplan, Panid Sarifnia, **James Armontrout**. 2019 Conference of the American Psychiatric Association, San Francisco, CA, May 21, 2019.
8. When is a smartphone a regulated medical device? Exploring the boundaries with mental health apps. **James A Armontrout**, John Torous, Marsha Cohen, Dale McNiel, Renee Binder. 2017 Conference of the American Academy of Psychiatry and the Law, Denver, CO.
9. Do Consult Psychiatrists, Forensic Psychiatrists, Psychiatry Trainees, and Healthcare Lawyers Differ in Opinion on Grey Area Decision Making Capacity Cases? A Vignette-Based Survey. **James A Armontrout**, David Gitlin, Thomas G Gutheil. Myself Research Day Poster Session, Harvard Medical School, March 23, 2016
10. Kayenta Quality Improvement Questionnaire. **James Armontrout** and Benjamin Kaufman. The Kayenta Indian Health Services Clinic, Kayenta, AZ, July 30, 2009.
11. Is there a link between ADHD and sleep disorders? A review of comorbidity at The Lynchburg Family Practice Residency. **James Armontrout**. Internal Presentation for the Lynchburg Family Practice Residency and affiliates, Lynchburg, VA, August 2006

Other Professional Publications:

1. Legal Rights and Responsibilities of Healthcare Administrators and Insurers. Maria Chuop, **James Armontrout**. Accepted for publication in *The Journal of the American Academy of Psychiatry and the Law* with planned publication in 2024.
2. Government Management of Accompanied Minors Held in the Custody of Immigration Authorities. **James Armontrout** and John R. Chamberlain. *The Journal of the American Academy of Psychiatry and the Law*. June 2017, 45(2) 269-271