Ruby E. Reed ("Lillie")

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EDUCATION

Stanford University School of Medicine, Stanford, CA, USA

8/2019 - present

Candidate, Doctor of Medicine; Community Health Foundation, Global Health Concentration Candidate, Masters in Epidemiology and Clinical Research, Global Health Concentration

- Organization for Global Health (Co-Chair), Stanford Health Justice Initiative (Co-Chair), LGBTQ+ Meds (Advocacy Chair), Medical Students with Disabilities and Chronic Illnesses (Co-Chair)
- <u>Awards:</u> Knight-Hennessy Scholar: Merit-based, full scholarship for any graduate education program at Stanford University (2019-2025); Graduate Community Health Research Fellowship (2021); Community Impact Award (2022); Marjorie Lozoff Prize for Scholarship Furthering Women's Development (2022); Stanford Queer Activist Award (2022)
- Masters Thesis: Effects of COVID-19 on Intimate Partner Violence in a Primarily Latino Community (in process)

Johns Hopkins University, Baltimore, MD, USA

8/2016 - 7/2017

Post-Baccalaureate Pre-Health Program (GPA: 4.00/4.00)

Duke University, Durham, NC, USA

8/2010 - 5/2014

Bachelor of Science in Psychology; Bachelor of Arts in Global Health; Biology minor (GPA: 3.93/4.00)

- Benjamin N. Duke Scholar: Merit-based, full scholarship to Duke University for any undergraduate program
- Graduated summa cum laude and with distinction in psychology and global health;
- Awards: Phi Beta Kappa; Psi Chi Honor Society, Nominee-William J. Griffith University Service Award
- Honors Thesis: Predictors of Engagement in Transactional Sex in a Cape Town Township
 - Examined sexual health behaviors across race, gender, sexuality and socioeconomic status in a Cape Town township

WORK EXPERIENCE

Global Health Research Fellowship, Stanford, CA, USA & Tijuana, Baja California, Mexico Research Fellow

9/2023 - present

- Assisting with the development of a parenting skills intervention to improve mental health among refugees awaiting immigration court dates in homeless shelters in Tijuana. Mexico
- Assisted with geographic imaging studies of the impact of marginalization, climate change, and violence on mental health outcomes in Colombia

Next Door Solutions to Domestic Violence, San Jose, CA, USA

2/2020 - present

Valley Fellow (Office of Community Engagement), Graduate Community Health Research Fellow

- Leading a mixed-methods study examining effects of COVID-19 on violence survivors—coordinating all study activities
- Developed needs assessment for and helped facilitate an empowerment program for teens exposed to violence
- Worked with physicians, staff and survivors to develop a health educational curriculum and video series
- Assist with partnerships with local clinics, helping develop clinic protocols to screen for and address violence in care

Stanford-Kenya Medical Research Institute Research Group, Stanford, CA, USA and Kisumu, Kenya 11/2019 – present Med Scholars Program Research Assistant

 Working with a team of researchers on a qualitative study examining how COVID-19 has affected experiences of violence and health care access for adolescent girls and young women with the goal of developing a pilot intervention

Pacific Free Clinic, San Jose, CA. USA

1/2020 - present

Community Outreach Manager; Quality Improvement Coordinator

- Led a team in the creation and implementation of an evidence-based social needs screening and referral protocol
- Managed day-to-day clinic logistics, interfacing with clinicians, staff, students and patients
- Co-wrote, won and co-managed a grant for a mixed-methods study examining social needs and mental health screening in clinic setting
- Conducted and currently working on multiple quality improvement projects aimed at addressing social determinants

Stanford Medicine & the Muse Humanities Program, Stanford, CA, USA

1/2023 - present

Researcher; Teaching Assistant, Creative Writing Workshop for Medical Students

- Worked with faculty to create a writing workshop for medical and PA students
- Coordinated, recruited students, edited pieces, and coached speakers for TalkRx storytelling events for students
- Created and lead a publication to elevate voices of underrepresented communities in the medical humanities (didactics.us)

Social Justice & Health Equity Committee, Stanford, CA, USA

8/2020 - present

Fellow, Indian Health Center (IHC) of Santa Clara County

- Assisted with a curricular change initiative aimed at integrating social justice concepts into the medical school curriculum
- Developing trainings and resources to empower medical students to address social determinants in care

Schweitzer Fellowship Program, Bay Area, CA, USA

4/2020 - 7/2021

Fellow, Indian Health Center (IHC) of Santa Clara County

- Conducted patient surveys examining experiences and desired services, with special focus on mental health and violence
- Based on patient-identified needs, built formalized referral and educational partnerships between IHC Family Medicine Center, Stanford-O'Connor Family Medicine Residency Program, and local violence prevention organizations

Stanford Department of Emergency Medicine, Stanford, CA, USA

9/2020 - 12/2020

Teaching Assistant, The Emergency Department as a Safety Net (EMED 225)

- Assembled a course examining how social determinants of health present and are addressed in emergency settings

UNC Chapel Hill Center for Developmental Science, Chapel Hill, NC, USA

12/2018 - 6/2019

Research Assistant

Managed a research study examining how racial disparities affect child cognitive development

DREAMS Partnership Program, Lusaka, Zambia

HIV/AIDS Education Facilitator, Peace Corps Response

- Managed and implemented all aspects of community-based health programs focused on girls' empowerment, sexual and reproductive health and rights, HIV/AIDS and school drop-out prevention
- Trained teachers, government officials and young people on health education for community development
- Wrote, edited and began nationwide implementation of a new manual for girl peer educators
- Created a first-of-its-kind "boys as partners in girls' empowerment" peer educator program within DREAMS

KIPP Baltimore / Rales Health Center, Baltimore, MD

8/2016 - 7/2017

8/2017 - 9/2018

Health Education & Promotion Assistant

- Created health campaigns and curricula on mental health, nutrition, physical fitness, hygiene and sanitation

Global Health Corps, Lilongwe, Malawi

6/2015 - 8/2016

Communications & Advocacy Officer, Christian Health Association of Malawi (CHAM)

- Researched, developed and began implementation of a nationwide internal and external communications strategy
- Worked with teams to design and implement community programs to address diverse health topics

Pan-American Health Organization (WHO Office of the Americas), Washington, D.C., USA

12/2014 - 6/2015

Intern, Office of Violence Against Women & Children; Office of Mental Health & Substance Use

- Developed curricula for in-service clinicians on addressing mental illnesses and social determinants in practice
- Helped coordinate logistics for international meetings on developing global action plans on violence prevention
- Researched, wrote and designed health education communications materials in both Spanish and English

Puffer Parenting Program, Durham, NC, USA

1/2013 - 12/2014

Research Assistant

- Analyzed parent-child interactions as part of a study and intervention to improve family health in Monrovia, Liberia

Duke University Medical Center, Durham, NC, USA

7/2014 - 12/2014

Clinical Trials Assistant, Center for Autism & Brain Development

- Worked with children on the autism spectrum in a clinical setting, assisting with assessments and managing data

Duke University Women's Center, Durham, NC, USA

4/2013 - 5/2014

Gender Equity & Leadership Intern

- Created and coordinated programs promoting intersectional leadership, sexual health and empowerment
- Assisted with various campaigns promoting women's rights, planning events and designing publicity materials
- Developed and facilitated trainings on how to foster diversity, cultural humility and inclusivity in activism

Bass Connections North Carolina Latino Health Project, Durham, NC, USA

11/2012 - 3/2014

Research Assistant

- Helped create, implement and evaluate a mental health and violence prevention program within NC Latino communities

Sangath, Inc., Alto Porvorim, Goa, India

5/2013 - 8/2013

Research Assistant & Communications Intern

- Worked with an interdisciplinary team to improve community-based interventions for depression and substance use
- Assisted with a systematic review of literature on substance use disorder outcomes in low/middle income countries
- Improved the functionality of a mobile app used by primary care providers to diagnose and refer for mental health care

LEADERSHIP & EXTRACURRICULAR EXPERIENCE

Refugee Health Alliance, Tijuana, Baja California, Mexico

1/2024 - present

Mental Health Clinical Volunteer

- Assisting with the delivery of psychological first aid and therapy in refugee shelters at the US-Mexico border

Art+Justice Grant, Tijuana, Baja California, Mexico

1/2024 - present

Mental Health Clinical Volunteer

 Working with local staff to create an arts and storytelling program for children and young people in refugee shelters, encouraging youth to share their experiences through art, writing and photography

Pediatric Photography Project Stanford, CA, USA

11/2023 - present

Team Leader; Teaching Assistant, Advanced Medical Spanish with Service Learning

- Working together with Stanford housekeeping staff and faculty, creating health education workshops for service staff
- Helping to create a class in advanced medical Spanish with a service-learning component, in which medical students have the opportunity to lead and facilitate groups within these health workshops

Pediatric Photography Project Stanford, CA, USA

11/2023 - present

Team Member

- Working on a team to empower children at Stanford hospitals to share their stories through photos
- Assisting in the expansion of the project to Spanish-speaking patients and into communities

Social Justice & Health Equity Curricular Committee, Stanford, CA, USA

4/2020 - present

Student Member

- Identifying opportunities for integration of social justice and health equity concepts in the medical school curricula, assembling research on medical practice and epidemiology to share with educators on these concepts

Independently wrote and won grant from Sexual Harassment/Assault Response & Education Title IX Office to expand gender-based violence education in the medical school; working with physician-educators to integrate survivorinformed clinical procedures to address violence into the preclinical medical student curriculum

Stress & Resilience Clinic, Stanford, CA, USA

1/2022-1/2024

Therapy Trainee; Continuity Clinic Student

- Under the supervision of Dr. Hilit Kletter, PhD, provided assessment and therapy for children and adolescents with traumarelated disorders
- Received training and certification in Cue-Centered Therapy, a therapy for chronic trauma in children

Office of Diversity in Medical Education, Stanford, CA, USA

4/2020 - 12/2021

Co-Chair, Stanford Underrepresented Minority Medical Alliance (SUMMA):

- Represented the student body in meetings with administrators in the School of Medicine focused on diverse issues, including coordinating response to the COVID-19 pandemic and challenging on-campus events
- Surveyed underrepresented students on opinions/experiences regarding medical school grading policies and mistreatment; presenting findings to the Diversity Cabinet of the Faculty Senate and successfully advocated for formalized review of discrimination in grading, subsequently resulting in changes to grading policies
- Collaborated with all student affinity groups to organize intersectional advocacy and foster a supportive community

University of Global Health Equity - Stanford Case-Based Learning Collaboration, Kigali, Rwanda Small Group Facilitator

Worked with Stanford and UGHE team to design, develop and deliver case-based educational sessions on psychiatry within the medical school curriculum at UGHE

Camp GLOW Malawi, Mtunthama, Kasungu, Malawi

7/2015 - 9/2016

7/2021 - 5/2022

Facilitator, Sexual Health and Rights

- Designed and delivered health education workshops to more than 70 girls from rural areas of Malawi
- Created and presented the GLOW Malawi curriculum on gender-based violence for their national conference

Durham Crisis Response Center, Durham, North Carolina, USA

10/2012 - 5/2015

Spanish & English Language Crisis Counselor; Hospital Advocate

- Served as a patient advocate for survivors of violence; provided support in clinical environments, crisis counseling, education and referrals
- Represented the DCRC in a global health ethics debate competition, winning \$2000 for the organization

Project BUILD, Durham, NC, USA

8/2010 - 5/2014

Director; Crew Leader

- Led a 135-person community service program—managing a \$35,000 budget and working with over 50 community groups
- Created a program to introduce participants to social justice issues and campus health resources

Peer For You, Durham, NC, USA

10/2012 - 5/2014

Co-Founder: Co-President: Peer Responder

- Helped create a 24-hour online peer counseling mental health resource for Duke students
- Coordinated an active campus support community, developing positive psychology outreach activities

The Duke Chronicle, Durham, NC, USA

10/2011 - 5/2014

Columnist; Copy and Content Editor

Wrote weekly and bi-weekly humor and social commentary columns for Duke's student newspaper Edited numerous other students' work for content, clarity, structure and basic writing issues

Develle Dish, Durham, NC, USA

11/2011 - 5/2014

Staff Writer and Editor

Helped create awareness initiatives on women's issues, such as photo campaigns, writing, and storytelling events

- Developed a life skills, health and rights awareness training program within a Nicaraguan women's shelter

The Feminist Activist Initiative, Durham, NC, USA and Chapel Hill, NC, USA

10/2013 - 5/2014

Founder, Co-Director

Conceptualized, wrote and implemented a \$10,000 grant to create a multi-university, intersectional activist organization

Hope for Empowerment Workshop, Durham, NC, USA and Siuna, Nicaragua Co-Creator

1/2014 - 6/2014

Duke Manna Project, Durham, NC, USA and Sangolquí, Ecuador

10/2012 - 4/2013

Proiect Leader

Led a preventive health project in Sangolquí, Ecuador, promoting healthy eating and exercise

ACADEMIC PUBLICATIONS

Reed, R., Omollo, M., Odero, I., Awuonda, E., Ochere, P., Ondeng'e, K., Kang, J., Altamirano, J., Barsosio, H., Sarnquist, C. (2023). Qualitative perspectives on COVID-19, interpersonal violence, and interventions to improve well-being from adolescent girls and young women from Kisumu, Kenya. Frontiers in Reproductive Health, 5. https://www.frontiersin.org/articles/10.3389/frph.2023.1236588/abstract

Thomas, J., Tran, E., Reed, R., Owolabi, J., Ojiambo, R., Cotter, B., Kishore, A., Bekele, A., Ruhangasa, D., Nishimwe, A., Masimbi, O., Odongo, C., Ndayizeye, J., Osterberg, L. (2022). Distance Learning with Virtual Cased-Based Collaborative Learning: Adaptation and Acceptability of Clinical Cases from an American Academic Medical Center for

- the Education at an African Medical School. Creative Education, 13. https://www.scirp.org/journal/paperinformation.aspx?paperid=116679
- Ruiz-Colón, G., Mulaney, B., **Reed, R.**, Ha, S., Yuan, V., Liu, X., Cao, S., Ambati, V., Hernandez, B., Cáceres, W., Charon M., Singh, B. (2021). The COVID-19 pandemic as an opportunity for operational innovation at two student-run free clinics. *Journal of Primary Care and Community Health*, 12. 1-5. https://doi.org/10.1177/2150132721993631

PRESENTATIONS

- Conference & Oral Presentations
- Mevis, C., Akoth, I., Kang, J., Behl, R., Kipkoech, K., Otieno, P., Barsosio, H., Sarnquist, C. Understanding After Violence Care for Adolescent Girls and Young Women Experiencing Gender-Based Violence in Kisumu County. Oral presentation at: Kenya Medial Research Institute Scientific & Health Conference, 2024; Nairobi, Kenya.
- Mevis, C. & **R. Reed,** Akoth, I., Kang, J., Behl, R., Kipkoech, K., Otieno, P., Barsosio, H., Sarnquist, C. Clinical and community perspectives on the effects of COVID-19 on adolescents experiencing violence in Kisumu, Kenya. Oral presentation at: Sexual Violence Research Initiative, 2022; Cancún, Quintana Roo, Mexico.
- Kipkoech, K., Otieno, P., Akoth, I., Barsosio, H., Sarnquist, C., **Reed, R.,** Ochere, P., Awuonda, E., Mevis, C. COVID-19 and the Health of Adolescent Girls and Young Women in Kisumu: A Need for Mental Health Strategies. Oral presentation at: Kenya Medical Association Young Doctor's Network Conference; 2022; Eldoret, Uasin Gishu, Kenya
- Reed, R., Bruce, J. Villa, E., Ang, J. Protection, Pain, and Pride: The Experience of Parenting and Building Mother-Child Relationships in the Setting of Domestic Violence. Panel presentation given at: Klingenstein National Medical Student Conference; 2022; Davis, CA, USA. https://bit.ly/NDS-Moms
- Alleyne, S., Stubbe, D., Joseph, M., **Reed, R.** "Fair Play": Multi-Institutional Strategies to Enhance Diversity, Equity and Inclusion. Keynote presentation given at: Association for Academic Psychiatry Virtual Education Program, USA; 5/10/2022. https://bit.ly/AAP-DEI
- **Reed, R.** Parallel Pandemics: COVID-19 and Experiences of Gender-Based Violence Among Adolescent Girls in Kisumu, Kenya. Oral presentation given in: Global Medical Issues Affecting Women (course), Stanford School of Medicine; 2/3/2022; Stanford, CA, USA. bit.ly/GMIAW-KEMRI
- Etienne, C., **Reed, R.,** Guedes, A., Gennari, F. Opening Remarks, Violence Against Women: From Evidence to Action. Side event during 53rd Directing Council of the Pan American Health Organization/World Health Organization, 66th Session of the Regional Committee of WHO for the Americas. Speech given by: Dr. Carissa Etienne, Director of the World Health Organization Office of the Americas. 9/30/2015. Washington, D.C., USA. bit.ly/Speech-PAHO-2
- Etienne, C., **Reed, R.,** Guedes, A., Gennari, F. Closing Remarks, Regional Expert Consultation on the Health Sector Response to Violence Against Women. Speech given by: Dr. Carissa Etienne, Director of the World Health Organization Region of the Americas. 9/23/2015. Washington, D.C., USA. bit.ly/Speech-PAHO
- **Reed, R.** Ending Sexual and Domestic Violence: Intervening to Protect Men, Women and Children at the Their Most Vulnerable. 1st prize winning presentation given at: Global Health Ethics Funding Competition, 12/2013. Durham, NC, USA. https://doi.org/10.1016/jobal-Health-Ethics-IPV
- **Reed, R.,** Sullivan, K., Barlow, M., Wong Choi, K. Exploring Perceptions of Intimate Partner Violence in Durham's Immigrant Latino Community to Inform Intervention Development. Panel presentation given at: North Carolina Public Health Association Educational Conference; 9/2013; Asheville, NC, USA.

Poster Presentations

- Reed, R., Mevis. C., Akoth, I., Kang, J., Behl, R., Kipkoech, K., Otieno, P., Barsosio, H., Sarnquist, C. "I May Have Been Abused, but COVID-19 is Here...so I Am Forced to Persevere:" Qualitative Perspectives On COVID-19, Interpersonal Violence, And Interventions To Improve Well-Being From Adolescent Girls And Young Women From Kisumu, Kenya. Poster presented at: Maternal and Child Health Research Institute, 2022; Stanford, CA, USA. https://bit.ly/MCHRI-KEMRI
- Reed, R., Bruce, J. Villa, E., Ang, J. Protection, Pain, and Pride: Parenting and Building Mother-Child Relationships amid Domestic Violence in a Primarily Latino Community. Poster presented at: American Association of Child & Adolescent Psychiatry Conference; 2022; Toronto, Ontario, Canada. bit.ly/AACAP-NDS-Moms
- Kipkoech, K., Akoth, I., Barsosio, H., Sarnquist, C., **Reed, R.,** Ochere, P., Awuonda, E., Otieno, P., Mevis, C. COVID-19 and the Health of Adolescent Girls and Young Women in Kisumu: A Need for Mental Health Strategies. Poster presentation at: Kenya Medical Association Conference; 2022; Eldoret, Uasin Gishu, Kenya
- Reed, R., Mevis, C., Akoth, I., Kang, J., Behl, R., Kipkoech, K., Otieno, P., Barsosio, H., Sarnquist, C. The Parallel Pandemic: COVID-19 and its Effects on the Experiences of Violence Among Young Women and Girls in Kisumu, Kenya. Poster presented at: Klingenstein Medical Student Conference; 2022; Davis, CA, USA. https://bit.ly/Klingenstein-KEMRI
- Dali, S., Kang, J., **Reed, R.,** Solomon, F., Mphamba, D., Stave, C., Sarnquist, C. Associations between HIV and GBV, and factors for improving outcomes in AGYW in Sub-Saharan Africa: A Scoping Review. 2021, Stanford Maternal and Child Health Research Institute.
- **Reed, R.,** Karamatsu, M.,McTaggart, D., Brown-Johnson, C., Parsons, P., Wang, E. Assessing the Effects of "PPE Portraits" on Healthcare Provider Wellness within the Pediatric Emergency Department. Poster presented at:

- Stanford Medicine Pediatrics Research Retreat; 2021; Stanford, CA, USA. https://bit.ly/PPE-Portraits
- Reed, R. Youth for Youth: Developing Peer Educator Programs to Prevent HIV, Violence and Other Adverse Childhood Experiences in Lusaka, Zambia. Poster presented at: Klingenstein National Medical Student Conference; 2020; New Orleans, LA, USA.
- Ashur, N., Pittenger, R., Garcia-Reyes, K., Wong-Choi, K., Kapil, V., **Reed, R.**, Fernandez, K., Antunez, A., McGraw-Phillips, A., Hoffman, T., Rocha-Goldberg, P., Shirey, K., Sullivan, K., Barlow, M., LeGrand, S. "Understanding intimate partner violence in the Durham Latino Community." Poster Presented At: Duke Community Health Engagement Day; 9/2013; Durham, NC. https://bit.lv/Bass-IPV

CREATIVE WORK & MULTIMEDIA

- Reed, R. (2024). Giant. *Palliative & Supportive Care*. First View, pp. 1-2. https://doi.org/10.1017/S1478951523001980 Reed, R. (2023). *Didactics: Volume I, Issue I.* Lead editor. didactics.us/volume-1
- **Reed, R.** (2022, June 10). Together Again. In *The Nocturnists: Medical Storytelling Live Show and Podcast*. California Medical Association. https://thenocturnists.com/events-togetheragain; https://youtu.be/BcNE2sLACd8
- Reed, R., Wang, J., Zudock, E., Pariaszevski, A., Karamatsu, M. (2022). Fluorescein. [Graphic novella]. Finalist, Art of Science Competition. Exhibited at Art of Science, Terman Engineering Library, 5/10/2022-5/18/2022. https://bit.ly/Fluorescein
- Reed, R. & Wang J., Zudock, E., Harbour, V., Pariaszevski, A., Karamatsu, M. (2022). Volunteers. [Photography]. Finalist, Art of Science Competition. Exhibited at Art of Science, Terman Engineering Library, 5/10/2022-5/18/2022. bit.ly/Volunteer-AoS
- **Reed, R.** (2022). Your therapist will see you now. [Photography]. Finalist, Art of Science Competition. Exhibited at Art of Science, Terman Engineering Library, 5/10/2022-5/18/2022. https://bit.ly/Therapist-AoS
- **Reed, R.** (2022). Psychogenic. *Anastamosis*, 4(1). 26. https://med.stanford.edu/content/dam/sm/medicineandthemuse/Anastomosis-Spring-2022.pdf
- Newberry, J., Rajeev, S., Anurudran, A., Villa, E., Gimenez, M., **Reed, R.,** Garcia, A., Kuar, H. (2021). Intimate Partner Violence (health education video series). Stanford Department of Emergency Medicine, Next Door Solutions to Domestic Violence, & Digital Medic. Stanford Center for Health Education. https://www.youtube.com/playlist?list=PLuhZ6_ONjglkkO2fpv0PEmd9HRUD6u5vw
- **Reed, R.** The Givens. Oral storytelling performance presented at: Medicine & the Muse Symposium; 28 May 2020; Stanford, CA, USA. https://www.youtube.com/watch?v=TaUT-yfHDfU
- **Reed, R.** (2019). Two White Coats. *Anastomosis, 3*(1). 9. https://med.stanford.edu/content/dam/sm/medicineandthemuse/images/Anastomosis-FALL-2020-Vfinal_with-bleeds.pdf
- **Reed, R.** (2016). Plastic. Oral storytelling performance presented at: Global Health Corps International Conference; Performance recorded September 1, 2016; Dar Es Salaam, Tanzania. https://www.youtube.com/watch?v=CN7pFhKl2_E
- **Reed, R.** (1/18/2012-4/28/2014, biweekly to weekly cadence). "The Socialites" Column. Humor and social commentary column. *The Duke Chronicle*. https://www.dukechronicle.com/staff/lillie-reed