

## JULIETA GABIOLA, MD, RN BIO

Julieta Gabiola, MD is a Clinical Professor of Medicine at Stanford University. She is an Educator's for CARE faculty, teaching the Practice of Medicine at Stanford Medical School, while mentoring medical students longitudinally. She is involved in mentoring medical students with their MedScholar projects with focus on global health outreach programs. Her specialty is Internal Medicine with interest in chronic diseases like Hypertension and Diabetes. She is a Stanford CIGH faculty fellow.

She practices Internal Medicine at Stanford Express Care, involved heavily in her foundation, ABC's for Global Health with a mission to improve chronic disease management and outcomes in Filipinos in the Philippines and in the US. She collaborates with hospitals and universities in the Philippines to mitigate disparities in health care and improve health care access. She has partnered with institutions in the Philippines in research and health education. She provides opportunities for global health immersion in the Philippines to students from high school to medical school. She co-authored an interdisciplinary textbook in clinical assessment, published by Pearson. This book is poised to provide clinical assessment tools to various disciplines like medical students, nurse practitioners, physician assistants, and other paramedical practitioners. She was also one of the authors for DISRUPT, a book by Filipina leaders with the idea that in order to effect change, we must be willing to disrupt the status quo.

Most recently, she was instrumental in launching the first medical mobile clinic in Pampanga, Philippines with a vision to promote community outreach programs, continuity of care, education, prevention and research in health care. Focus is on improving health outcomes in chronic non-communicable diseases and decreasing health disparity. Specific target populations are: disenfranchised population with chronic cardiovascular diseases with limited access to care and the indigenous population (AETAS tribes). <http://www.abcsforglobalhealth.org>

She is now involved with the planning and execution of Stanford Digital MEdIC in the Philippines where academic institutions and non-profit organizations partner with Stanford to enhance digital medical education. <http://www.digitalmedic.com>

Her passions are teaching, community outreach programs, and integration of work and life balance. Her motto: LIVE LIFE EACH DAY!