

BIOGRAPHICAL SKETCH

Provide the following information for the Senior/key personnel and other significant contributors.
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NAME Morioka-Douglas, Nancy		POSITION TITLE Clinical Professor of Medicine	
eRA COMMONS USER NAME nmdouglas			
EDUCATION/TRAINING <i>(Begin with baccalaureate or other initial professional education, such as nursing, and include postdoctoral training.)</i>			
INSTITUTION AND LOCATION	DEGREE <i>(if applicable)</i>	YEAR(s)	FIELD OF STUDY
Stanford University	B.S.	1976	Biology
University of Hawaii	M.D.	1981	Medicine
University of Hawaii	M.P.H.	1985	Health Policy/Planning
San Jose Hospital Family Medicine Residency		1981-1984	Family Medicine
San Jose Hospital Family Medicine Residency		1985	Song Brown Fellowship in Family Medicine

A. Personal Statement

I developed the Stanford Youth Diabetes Coaching Program, a “train the trainer” program in which healthy teens learn to be health coaches for family members, in 2011 with a grant from the California Health Care Foundation. For more than ten years, my research team and I have worked to iteratively refine the program to provide benefit to our community partners which include not only high schools in under resourced communities but also health care professional training programs and health care facilities. We have demonstrated that program participation can result in significant improvement in health knowledge, PAM 10©, problem solving and healthy eating among high school participants. We also know that the family medicine residents who participate find the experience meaningful and informative.

- **Remote Implementation of a Health Promotion Program in an Underserved High School during COVID-19: Lessons Learned** *J Pediatr & Child Health Care*. Gefter, L., Morioka-Douglas, N., Srivastava, A., Jiang, C., Rodriguez, E. 2021; 6 (2)
- **Increasing patient activation scores of vulnerable youth by partnering medical residency programs with public high schools.** *Patient education and counseling*. Gefter, L. R., Morioka-Douglas, N. n., Srivastava, A., Rodriguez, E. 2020
- **Addressing Health Disparities and Increasing Cultural Competency of Medical Trainees with Community Engagement** *J Community Med Health Educ* Gefter, L. R., Morioka-Douglas, N., Srivastava, A., Rodriguez, E. R.2019; 9 (1): 647
- **Supporting At-Risk Youth and Their Families to Manage and Prevent Diabetes: Developing a National Partnership of Medical Residency Programs and High Schools** *PLOS ONE* Gefter, L., Morioka-Douglas, N., Srivastava, A., Rodriguez, E.2016; 11 (7)

B. Positions, Scientific Appointments, and Honors

Positions

2006-present	Clinical Professor, Department of Medicine-General Medical Disciplines, Stanford University School of Medicine, Stanford, California
2013-2016	Medical Director, Patient Centered Care, Stanford Primary Care, Stanford University School of Medicine, Stanford, California
1998-2013	Clinic Chief, Stanford Family Medicine, Stanford University School of Medicine, Stanford, California.
2010-2015	Co-director, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California

- 2011-2015 Faculty member and mentor, Faculty Development Program in Ethnogeriatrics, Stanford Geriatric Education Center, Stanford University School of Medicine. This 12-month 160-Hour program focuses on ethnogeriatric teaching strategies, curriculum development, and addressing the needs of diverse older adults. Participants were selected from a large pool of faculty applicants from diverse health professions' schools and have included disciplines of social work, dentistry, pharmacy, medicine, nursing, among others.
- 2001-2015 Faculty, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California
- 2000-2006 Clinical Associate Professor, Center for Education in Family and Community Medicine, Stanford University School of Medicine, Stanford, California
- 2000–2002 Assistant Medical Director, Stanford Managed Care, Stanford University Medical Center, Stanford, California.
- 1993–2000 Clinical Assistant Professor, Division of Family and Community Medicine, Stanford University School of Medicine, Stanford, California.
- 1988-1991 Medical Director, Care West Nursing Home, Burlingame, California.
- 1987-1993 Core Faculty Member, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California.
- 1985-1993 Private Practice, Burlingame, California.
- 1985-1988 Medical Director, East Valley Community Clinic, Inc., San Jose, California.

Scientific Appointments

- 1984-present Diplomate, American Board of Family Medicine. Recertified, 1991, 1998, 2004, 2011, 2018.
- June 2015 Ad hoc member, Study Panel, Making Health Care Safer in Ambulatory Care Settings and Long Term Care Facilities (R01), Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research, Education and Priority Populations Division of Scientific Review (DSR)
- 2014 Ad hoc member, Study Panel, Health Care Research Training, Agency for Healthcare Research and Quality(AHRQ), Office of Extramural Research, Education and Priority Populations Division of Scientific Review (DSR)
- 2014 Ad hoc member, Study Panel, Accelerating the Dissemination and Implementation of PCOR Findings into Primary Care Practice, Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research Education and Priority Populations, Division of Scientific Review (DSR)
- 2010-2014 Member, Study Panel, Health Quality and Effectiveness, Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research, Education and Priority Populations Division of Scientific Review (DSR)
- March 2010 Member, Special Emphasis Panel RFA 10-002 for "Transforming Primary Care

Practice R18)", Agency for Healthcare Research and Quality (AHRQ), Office of Extramural Research, Education and Priority Populations, Division of Scientific Review (DSR)

2009-2011 National Working Group on "Promoting Good Stewardship in Clinical Practice." Sponsored by the National Physicians Alliance (NPA) through a grant from the American Board of Internal Medicine Foundation. This was the beginning of the "Choosing Wisely" campaign.

Honors

2003-present Named one of "Best Doctors" of America.

2017 Dr. Augustus A. White and Family Faculty Professionalism Award recognizing outstanding work in reducing health disparities or in enhancing the effectiveness of underrepresented minorities in the university community through research, education, mentoring or service, Stanford University School of Medicine.

C. Contributions to Science

1. Helped to develop "ethnogeriatrics."

Prior to 1987, research and practice regarding older adults and their health was monolithic, that is all older adults were considered similar and the "best practice" was to treat them as one would want to be treated. In 1987, as part of the original Core Faculty of the Stanford Geriatric Education Center, funded by the Bureau of the Health Professions (BHP) in the Health Resources and Services Administration (HRSA) and led by Dr. Gwen Yeo, we originated the concept of "ethnogeriatrics" or health care for elders of diverse populations. Since that time, "ethnogeriatrics" has become a recognized sub specialty within gerontology and geriatrics. The American Geriatrics Society defines it as the "component of Geriatrics that considers the 'influence of ethnicity, and culture on the health and well-being of older adults'".

1987-1993 Core Faculty Member, Stanford Geriatric Education Center, Stanford University School of Medicine, Stanford, California.

March, 1991 Invited Participant, meeting to develop a "Minority Aging Research Agenda," Gerontological Society of America, Airlie House, Warrenton, Virginia.

Aging and health: Asian and Pacific Islander American elders (2nd ed.). SGEN Working Paper #3. Stanford, CA: Stanford Geriatric Education Center. McBride, M., Morioka-Douglas, N., & Yeo, G (Eds.). (1996).

2. Helped to develop the precursor to "Choosing Wisely."

In 2009, the American Board of Internal Medicine Foundation funded the National Physicians Alliance for "Promoting Good Stewardship in Medicine," to identify five steps primary care physicians could take in their daily practices to identify five common practices that physicians were doing that did not add value and may cause harm. I, along with 5 other family physicians recruited from around the country, were in the Family Medicine project working group which used comparative effectiveness studies to determine the list of "5 Things You Can Do in Your Practice" to provide excellent patient care while appropriately conserving health care resources. This became the precursor to the "Choosing Wisely" campaign.

According to the Commonwealth Fund 2019 article by [Shanoor Seervai](#) posted on their website, [Choosing Wisely: An International Movement Toward Appropriate Medical Care | Commonwealth Fund](#), "Today, more than 20 countries have developed campaigns based on a simple but compelling premise: conversations between doctors and patients can help patients choose care that is based on evidence, truly necessary, not duplicative, and free from harm."

No Papanicolaou tests in women younger than 21 years or after hysterectomy for benign disease.

Morioka-Douglas, N., Hillard, P. J. JAMA internal medicine 2013; 173 (10): 855-856

The "Top 5" Lists in Primary Care Meeting the Responsibility of Professionalism. Aguilar, I., Berger, Z. D., Casher, D., Choi, R. Y., Green, J. B., Harding, E. G., Jaeger, J. R., Lavin, A., Martin, R., Montgomery, L. G., Morioka-Douglas, N., Murphy, J. A., Oshman, L., Picker, B., Smith, S. R., Venkatesh, S., Williams, M., Wright, G. M. Archives Of Internal Medicine 2011; 171 (15): 1385-1390