#### **BIOGRAPHICAL SKETCH**

Provide the following information for the Senior/key personnel and other significant contributors. Follow this format for each person. **DO NOT EXCEED FIVE PAGES.** 

NAME: Joshi, Shashank V.

eRA COMMONS USER NAME (credential, e.g., agency login):

POSITION TITLE: Professor of Psychiatry, Pediatrics & Education, Stanford University School of Medicine, and Graduate School of Education; Senior Associate Vice Provost for Academic Wellbeing, Stanford University

EDUCATION/TRAINING (Begin with baccalaureate or other initial professional education, such as nursing, include postdoctoral training and residency training if applicable. Add/delete rows as necessary.)

INSTITUTION AND LOCATION	DEGREE (if applicable)	Completion Date MM/YYYY	FIELD OF STUDY
University of Texas	B.A.	1988	Psychology
Baylor College of Medicine, TX	M.D.	1993	Medicine
Albert Einstein College of Medicine, NY	Internship	1994	Pediatrics
Albert Einstein College of Medicine, NY	Residency (triple board training program)	1995-1998	Pediatrics, General Psychiatry, Child & Adolescent Psychiatry

#### **A. Personal Statement**

My recent scholarly and pedagogical work includes a number of local and state grants to study youth suicide, cultural aspects of suicide prevention in schools, and teacher self-efficacy. I have been invited to serve on a number of state, national and international workgroups focused on the teaching and dissemination of best practices in school mental health, youth suicide prevention and culturally adapted health promotion in schools. At the local level, my work in suicide prevention was recognized by the Palo Alto Chamber of Commerce in 2018 with a Tall Tree Award for outstanding professional of the year. Examples of national work include appointments to the Advisory Board of the National Center on School Mental Health, the National Council on School Health for the American Academy of Pediatrics, the 13 Reasons Why Toolkit team, and as a member of the Oxford Symposium on School-based Family Counseling Refugee and Immigrant Research and Intervention Team. With the publication, web presence, and promotion of my School Mental Health Program's K12 Toolkit for Mental Health Promotion and Suicide Prevention through an online presence and the California Department of Education, I have received several state, national and international invitations for training on suicide prevention for diverse communities across the country and the globe. A recent example includes an invitation to lecture and provide ongoing consultation at the Tecnológico de Monterrey (Mexico), where their campuses have been affected by a series of youth suicides. I have also spoken on youth mental health through invited layperson appearances and recorded content, including a podcast with Sirius XM radio on culture and mental health and the Stanford-Sirius XM partnership with the Dean of The Graduate School of Education (GSE), Dan Schwartz. Recent studies with colleagues in New York and Oxford feature the use of virtual role play scenarios to develop teacher self-efficacy in addressing mental health issues in the classroom.

As a member of the Stanford Professoriate, my work will continue to center on youth mental health promotion, cultural issues in pediatrics, and school-based suicide prevention. My pedagogical activities will continue to align well with the programmatic needs and mission goals of the Department, the School of Medicine and the University more broadly, including long-term analysis of mentorship and career trajectories of medical students and psychiatry residents into specialties, and the measurement of the impact of certain types of training on career choices in child and adolescent psychiatry during and after fellowship.

## **B.** Positions, Scientific Appointments and Honors

### **Employment and Academic Appointments**

1998-1999	Attending Psychiatrist, Jacobi Medical Center, Bronx, NY
1999-1999	Acting Chief of Service, Community Day Hospital Annex, Albert Einstein College of Medicine
1998-1999	Clinical Instructor in Psychiatry, Albert Einstein College of Medicine
1999-2002	Assistant Director, Child Psychiatry Residency Training, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
1999-Present	Director, School Mental Health Services, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
1999-2003	Attending Psychiatrist, Lucile Packard Children's Hospital at Stanford
2000-2003	Director, ADHD/Disruptive Behavior Disorders Clinic, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2002-2003	Associate Director, Child Psychiatry Residency Training, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2003-2005	Clinical Instructor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2001-2005	Clinical Instructor, Department of Pediatrics, Stanford University School of Medicine
2004-Present	Director, Child & Adolescent Psychiatry Residency Training, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2005-2008	Assistant Professor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2005-2008	Assistant Professor (by courtesy), Department of Pediatrics, Stanford University School of Medicine
2008-2014	Assistant Professor, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2008-2014	Assistant Professor (by courtesy, Department of Pediatrics, Stanford University School of Medicine
2008-2014	Assistant Professor (by courtesy). Stanford University Graduate School of Education
2014-2019	Associate Professor (Teaching), Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2014-2019	Associate Professor (Teaching) Department of Pediatrics, Stanford University School of Medicine
2014-2019	Associate Professor (Teaching), Stanford University Graduate School of Education
2019-Present	Professor (Teaching), Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
2019-Present	Professor (Teaching) Department of Pediatrics, Stanford University School of Medicine
2019-Present	Professor (Teaching), Stanford University Graduate School of Education
2022-2023	Assistant Vice Provost for Academic Wellbeing
2023-Present	Senior Associate Vice Provost for Academic Wellbeing

## Affiliate Stanford Faculty Appointments

2012-Present	Child Health Research Institute (CHRI), Stanford University School of Medicine
2013-Present	Center for Comparative Studies in Race and Ethnicity (CCSRE), Stanford University
2020-Present	Stanford Center for Asian Health Research and Education (CARE)

## Scholarship and Honors (past 5 years)

2016	Sidney Berman Award for the School-based Study of Learning Disorders and Mental Illness, American Academy of Child & Adolescent Psychiatry		
2016-2017	Faculty Research Fellow, Center for Comparative Studies in Race and Ethnicity (CCSRE), Stanford University		
2017	Nancy Roeske Award for Excellence in Teaching Medical Students, American Psychiatric Association		
2018	The Tall Tree Award, Awarded by the City of Palo Alto Chamber of Commerce for exceptional civic contributions and service to the community		
2018	Award for Excellence as a Role Model, 2018 Graduating Fellowship Class, Division of Child & Adolescent Psychiatry, Stanford University School of Medicine		
2018	Roberts Award for Inspirational Mentorship, The Association for Academic Psychiatry (given to one academic psychiatrist nationally per year)		
2021	The Polymath Award for Excellence across Multiple Mission Areas, Stanford University Department of Psychiatry and Behavioral Sciences		

## Professional Appointments and Memberships

1996-Present	Member, American Academy of Child & Adolescent Psychiatry
	-National Co-Chair, Committee on Schools (2012-2021)
	-Elected as Councilor-at-Large (2015-2017)
	-Member, Committee on Schools (2004-present)
	-Work Group on Training and Education:
	-National Chair, Education Initiative (2007-2018)
	-Sub-Committee Member, RRC Essentials Review and Feedback (2009-2011)
2000-Present	Fellow, American Academy of Pediatrics
	-Committee on School Health, AAP Chapter 1
	-National Liaison, Council on School Health (COSH) (2017-2020)
2000-Present	Member, American Psychiatric Association
2019-Present	Member, American Medical Association
2002-Present	Member, American Association of Directors of Psychiatric Residency Training
	-Regional Representative, California (District VI) 2006-2011
	-New Training Directors Mentor (2009-present)
	-Chair, Child & Adolescent Caucus (2013-2016)
	-Co-chair, Workgroup on Consultation and Feedback (2016-2018)
2002-Present	Committee on Graduate Medical Education, Stanford University Medical Center
2006-2016	Oral Boards Examiner, Question Writing Committee, American Board of Psychiatry and Neurology
2009-Present	Steering Committee, HEARD Alliance (Health Care Alliance in Response to Adolescent Depression), Palo Alto, CA
2011-2019	Co-Chair, Data Workgroup, Santa Clara County Suicide Prevention Oversight Committee
2013-2016	Chair, Child & Adolescent Caucus, American Association of Directors of Psychiatric Residency Training (AADPRT)
2012-Present	Student Mental Health Policy Work Group
	Task Force Convened By: California State Superintendent of Public Instruction -Member, Suicide Prevention Subcommittee
2014	Visiting Scholar, Vanderbilt University
2014	Visiting Scholar, University of Alaska, Fairbanks
2016	Visiting Scholar, University of Colorado
2018	Visiting Scholar, Tecnológico de Monterrey (Monterrey, Mexico)

## **C.** Contributions to Science

### Selected Peer Reviewed Publications/Journal Articles (past 5 years)

- a. Wilson H, **Joshi SV** (2018). Recognizing and Referring Children with Posttraumatic Stress Disorder: Guidelines for Pediatric Providers, *Pediatrics in Review*, 39(2):68-77
- Leong FTL, Chu J, & Joshi SV (2018). Guest Editors' Introduction to Special Issue on Advancing Our Understanding of Suicide Among Asian Americans. Asian American Journal of Psychology, 9(4); 247-251
- Joshi SV, Stubbe DE, Li S-T, Hilty D (2019). The Use of Technology by Youth: Implications for Psychiatric Educators, *Academic Psychiatry*, 2019 Feb;43(1):101-109. doi: 10.1007/s40596-018-1007-2.
- d. Rettew D, Satz I, **Joshi SV** (2019). Teaching Well-being: From Kindergarten to Child Psychiatry Fellowship Programs. *Child & Adolescent Psychiatry Clinics of North America*, 28(2); 267-280
- Joshi SV, Jassim N, and Mani N (2019). Youth Depression in School Settings: Assessment, Interventions, and Prevention. *Child & Adolescent Psychiatry Clinics of North America*, 28 (2019) 349– 362
- f. Teshima J, Seritan A, Joshi SV, Hilty D (2019). Developmental approaches to professional development. Psychiatric Clinics of North America; DOI: <u>https://doi.org/10.1016/j.psc.2019.05.008</u>
- g. Shoemaker E, **Joshi SV**, Myint M, Hilty D (2019). Low resource project-based faculty development and interprofessional collaboration. *Psychiatric Clinics of North America;* 42 (3); 413-23
- h. Mann A, Langer J, Tarshis T, Joshi SV (2020). Early Career Child & Adolescent Psychiatrists' Assessment of Career Choices and Practice Trends. Academic Psychiatry https://doi.org/10.1007/s40596-019-01167-y. Viewable at https://rdcu.be/b1Qmg
- i. Beers N & Joshi SV (2020). Increasing Access to Mental Health Services through Reduction of Stigma (*invited commentary*) Pediatrics, 145 (6), e20200127
- *j.* Ryst E & **Joshi SV** (2021). Collaboration with Schools and School-based Health Centers. *Child & Adolescent Psychiatry Clinics of North America*, 2021; 30(4): 751-65
- k. Albright G, Fazel M, McMillan J, Shockey K, Joshi SV (2022). The Impact of a Digital Professional Development Training: High School Educators and Staff Engage in a Simulation to learn how to manage students with emotional and behavioral difficulties. *Journal of Technology in Behavioral Sciences*, 2022 Mar 26 : 1–13. doi: <u>10.1007/s41347-022-00243-9</u> [Epub ahead of print]
- Sorensen CC, Lien M, Harrison V, Donoghue J, Kapur JS, Kim SH, Tran NT, Joshi SV, Patel SG. (2022) The Tool for Evaluating Media Portrayals of Suicide (TEMPOS): Development and Application of a Novel Rating Scale to Reduce Suicide Contagion Int. J. Environ. Res. Public Health 2022, 19(5), 2994; <u>https://doi.org/10.3390/ijerph19052994</u>
- m. Balaraman, K. K., Dan, S., Ortega, N., Srinivasan, M., Palaniappan, L., Singh, J., Chung, S., & Joshi, S. V. (2023). Psychological distress and mental health service utilization disparities in disaggregated Asian American populations, 2006–2018. Asian American Journal of Psychology, 14(3), 239–249. <u>https://doi.org/10.1037/aap0000294</u>
- **n. Joshi SV** and Glowinski AL (2023). Principles of High Quality Pediatric Pharmacotherapy. *Psychiatr Ann*. 2023;53(7):298–300
- Aluri J, Haddad JM, Parke S, Schwartz V, Joshi SV, Menon M and Conrad RC (2023). Responding to Suicide in School Communities: An Examination of Postvention Guidance from Expert Recommendations and Empirical Studies. *Curr Psychiatry Rep* 25, 345–356 (2023). https://doi.org/10.1007/s11920-023-01431-x

## <u>Books</u>

 Joshi SV and Martin A (eds; 2022). <u>Thinking about Prescribing:</u> <u>The Psychology of Psychopharmacology with Diverse Youth & Families;</u> Washington DC, American Psychiatric Association Press, 375 pages

### Selected Book Chapters

- a. Sholevar P and **Joshi SV** (2018). Cultural Child & Adolescent Psychiatry. *In* Martin A (ed.) <u>Lewis' Child</u> & Adolescent Psychiatry, 5<sup>th</sup> edition. Philadelphia, Wolters Kluwer
- b. Wang R and Joshi SV (2018). Mental health issues among 1<sup>st</sup> generation college students. In Roberts LW, (ed.) <u>College Student Mental Health</u>, Philadelphia, Springer
- c. Joshi SV and Jassim N (2019). School-based Interventions for Mood Disorders. *In* Singh MK (ed.) <u>A Clinical Handbook for the Diagnosis and Treatment of Pediatric Onset Mood Disorders. Wash DC,</u> <u>Amer Psychiatric Assoc Press</u>
- d. <u>Connor A and Joshi SV (2022)</u>. The pharmacotherapeutic alliance in school settings. *In* Joshi SV and Martin A (eds; 2022). <u>Thinking about Prescribing: The Psychology of Psychopharmacology with Diverse Youth & Families;</u> Washington DC, American Psychiatric Association Press

# D. Additional Information: Research Support

Ongoing Research Support					
2000-Present	Project Director	Palo Alto Unified School District (PAUSD), Palo Alto, CA Comprehensive School Health Consultation Service			
2000-Present	Project Director	Achievekids School, Palo Alto and San Jose, CA Comprehensive School Health Consultation Service			
2006-Present	Project Director	Mountain View Los Altos School District (MVLA) Comprehensive School Health Consultation Service			
2018-Present	Principal Investigator	County of Santa Clara, CA Suicide Prevention Training for Schools			
2018-Present	Principal Investigator	Philanthropy Suicide Prevention in Schools (Research)			
2018-Present	Principal Investigator	Philanthropy School Mental Health Elementary School Consultation			
2018-2019	Contributor	California Suicide Prevention 5-year Strategic Plan			
2019-present	Faculty	Mental Health Technology Transfer Center Network (MHTTC), National Coordinating Office (NCO) Funded by SAMHSA			
2021-2025	Co-Principal Investigator	Office of the President, Stanford University Office of Community Engagement, Stanford University: K12 Schools Partnership (Elementary and High School Consultation Service)			