

Stanford



Xinshu She

Clinical Assistant Professor, Pediatrics

CLINICAL OFFICES

- **General Pediatrics Division of Pediatric Hospitalist Medicine**

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Bio

BIO

Xin She is a clinical assistant professor of Pediatrics at Stanford University School of Medicine. She is passionate about Global Health and Social Medicine. She has been working with underserved children in the US and abroad for more than 10 years, promoting equal opportunities to Education and Health for all children regardless of their background. Lately she is focusing on mentoring children from impoverished communities to achieve their maximal potential, applying the concepts of growth mindset and mindfulness to build personal resilience. She is the donor of a rural library in China and many need-based scholarships. She has mentored residents and fellows at Stanford in a leadership program focusing on Diversity and Inclusion (LEAD). She practices Hospital Medicine, leads the Pediatric Wellness Committee and teaches medical students at the CPMC regional site in San Francisco.

As a pediatrician trained in Public Health, Xin's research has focused on vulnerable children in developing countries. She has published on urban-rural health disparities in Chinese school-age children and elevated lead levels in urban poor Haitian Children. She has taught students and residents, improved quality of care through participatory art programs, and initiated a home-based early childhood development intervention for malnourished children while working as a Boston Children's Global Health Fellow in Haiti. Prior to fellowship, Xin worked with poor urban immigrant families as a Social Pediatrics resident in the South Bronx. She also worked on micronutrient deficiency in rural children with the Chinese CDC, HIV education for 5th graders in post-Katrina New Orleans and HIV prevention through network outreach in urban Guatemala.

CLINICAL FOCUS

- Pediatrics
- Global Health
- Social Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Pediatrics
- Member, Maternal & Child Health Research Institute (MCHRI)

ADMINISTRATIVE APPOINTMENTS

- Mentor, Leadership Education in Advancing Diversity (LEAD), (2018- present)
- Reviewer, MD admissions committee, (2018- present)

HONORS AND AWARDS

- Pediatric Clerkship Award for Outstanding Contribution to Geisel Student Learning, Dartmouth University (2019)
- Legislative Conference Scholarship, American Academy of Pediatrics (2017)
- Research Scholarship, Fulbright U.S. (2014)
- Behavioral Science Award for Excellence in Biopsychosocial Integration in Medical Practise, Montefiore Medical Center (2014)
- Daniel G. Leight Award for Social Medicine, Montefiore Medical Center (2014)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Abstract Reviewer, Platform Moderator, Poster Moderator, Pediatric Academic Society (2011 - present)
- Reviewer, American Journal of Public Health (2017 - present)
- SOECP NomCom liaison, American Academy of Pediatrics (2017 - present)

PROFESSIONAL EDUCATION

- Fellowship, Harvard Medical School, Boston Children's Hospital , Global Health (2016)
- Certificate, Harvard Humanitarian Institute , Humanitarian and Disaster Relief (2016)
- Board Certification: Pediatrics, American Board of Pediatrics (2015)
- Certificate, Harvard T.H.Chan School of Public Health , Global Health Delivery (2014)
- Residency, Montefiore Medical Center, Albert Einstein College of Medicine , Social Pediatrics (2014)
- M.D., Albert Einstein College of Medicine , Medicine (2011)
- M.P.H., Johns Hopkins Bloomberg School of Public Health , Epidemiology and Biostatistics (2010)
- B.A., University of Pennsylvania , Biochemistry (2006)

COMMUNITY AND INTERNATIONAL WORK

- Mentor, Donor, Evaluator
- Medical Volunteer, Haiti
- Health Promoting Schools in rural Guizhou
- First HIV Curriculum for 5th graders, New Orleans
- Intern, Mexico
- Teaching pediatrician and QI researcher
- HIV early prevention, Guatemala
- Medical editor

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Health- Promoting Schools in under-served rural China

Teaching Mental Health via virtual platforms

Early Childhood Development in undeserved populations

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Epidemiology (Masters Program)

Publications

PUBLICATIONS

- **Elevated Blood Lead Levels in Infants and Children in Haiti, 2015.** *Public health reports (Washington, D.C. : 1974)*
Carpenter, C., Potts, B., von Oettingen, J., Bonnell, R., Sainvil, M., Lorgeat, V., Mascary, M. C., She, X., Jean-Baptiste, E., Palfrey, S., Woolf, A. D., Palfrey, J.
2018; 33354918807975
- **Measuring the Gap: A Health Assessment of Rural Chinese Children Compared to Urban Children.** *Global pediatric health*
She, X., Zhao, D., Scholnick, J.
2016; 3: 2333794X15625298-?