# Stanford



# Peter Poullos

Clinical Professor, Radiology

# CLINICAL OFFICE (PRIMARY)

 Stanford Diagnostic Radiology 300 Pasteur Dr Rm H1303 MC 5105 Stanford, CA 94305 Tel (650) 723-6855 Fax (650) 723-1909

# ACADEMIC CONTACT INFORMATION

Alternate Contact
Jean Sullivan - Administrative Associate
Email jms10601@stanford.edu
Tel 650-660-5078

# Bio

# BIO

Dr. Poullos is a native of Stockton California. He earned his B.S. at Santa Clara University and M.D. degree at the University of Texas Medical School at Houston, after which he did an Internal Medicine residency at the University of California-San Francisco, finishing in 2002. He stayed at UCSF as a Gastroenterology fellow until 2004. However, after a spinal cord injury, he decided to retrain in Radiology. He did his Radiology residency at Stanford University, where he also completed a fellowship In Body Imaging in 2009. Dr. Poullos is now faculty in both the departments of Radiology and Gastroenterology and Hepatology. His clinical practice is at the Stanford Medicine, where he specializes in CT, MRI, and ultrasound of the abdomen and pelvis. His interests include radiology of the acute abdomen, hepatobiliary imaging, and colorectal cancer screening.

Dr. Poullos is the Founder and Co-Chair of the Stanford Medicine Alliance for Disability Inclusion and Equity (SMADIE), a group composed of people with disabilities and their allies at Stanford Medicine. In that role, Dr. Poullos advocates for students and healthcare providers with disabilities and for health equity for disabled patients. He is a Faculty Advisor to the Stanford Medical Students with Disability and Chronic Illness (MSDCI) and the MSDCI National organizations. Dr. Poullos and SMADIE have made significant contributions to the disability community, including starting the Stanford Conference on Disability in Healthcare and Medicine, drawing over 1000 participants from 39 countries. He is the Co-Host of the popular "DocsWithDisabilities" podcast, has spoken internationally about disability access in medicine, and has written and researched in the field. One of his proudest achievements is co-creating the Disability in Medicine Mutual Mentorship Program, serving the needs of disabled medicine and healthcare students and practitioners. In 2022, Dr. Poullos received the Stanford President's Award for Excellence through Diversity.

## **CLINICAL FOCUS**

- Body Imaging
- virtual colonoscopy
- Gastrointestinal Diseases
- Hepatobiliary Imaging
- Pancreatic imaging

- Imaging of the acute abdomen
- Acute appendicitis imaging

#### ACADEMIC APPOINTMENTS

• Clinical Professor, Radiology

#### ADMINISTRATIVE APPOINTMENTS

- Founder and Co-Chair, Stanford Medicine Alliance for Disability Inclusion and Equity (SMADIE), (2018- present)
- Board of Directors, Stanford Disability Initiative (SDI), (2019- present)
- Member, School of Medicine Diversity Cabinet, (2019- present)
- Member, School of Medicine Faculty Senate, (2017- present)
- Associate Residency Program Director, Stanford University Radiology Residency, (2009-2016)

#### HONORS AND AWARDS

- President's Award for Excellence through Diversity, Stanford University (2022)
- Certificate of Merit, Radiological Society of North America (2010)
- Alpha Omega Alpha, University of Texas at Houston (1998)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Senator, School of Medicine Faculty Senate (2018 present)
- Member, Stanford Radiology Diversity Committee (2018 present)
- Member, Stanford Medicine Teaching and Mentoring Academy (2016 present)
- Body Division Representative, Radiology Professional Practice Evaluation Committee (PPEC) (2011 present)
- Member, Society of Abdominal Radiology (2010 present)
- Member, American College of Radiology (2004 present)
- Member, Radiological Society of North America (2004 present)
- Member, Association of Program Directors in Radiology (2010 2015)
- Member, Association of University Radiologists (2009 2015)
- Member, Alliance of Clinician Educators in Radiology (2009 2015)

#### **PROFESSIONAL EDUCATION**

- Fellowship: University of California San Francisco (2003) CA
- Fellowship: Stanford University Medical Center (2009) CA
- Residency: Stanford University Hospital (2008) CA
- Residency: University of California at San Francisco School of Medicine (2002) CA
- Medical Education: University of Texas Medical School at Houston Registrar (1999) TX
- Board Certification: Diagnostic Radiology, American Board of Radiology (2008)
- Board Certification, American Board of Internal Medicine , Internal Medicine (2002)

#### LINKS

• Radiology of the Acute Abdomen: acuteabdomen.stanford.edu

## **Publications**

#### PUBLICATIONS

- Who Are We Missing? Reporting of Transgender and Gender-Expansive Populations in Clinical Trials. *Journal of the American Heart Association* Rice, E. N., Lan, R. H., Nunes, J. C., Shah, R., Clark, K., Periyakoil, V. S., Chen, J. H., Lin, B., Echols, M., Awad, C., Idris, M. Y., Cruz, E. R., Poullos, et al 2023: e030209
- Prevalence of Diversity Statements and Disability Inclusion Among Radiology Residency Program Websites. Journal of the American College of Radiology : JACR

Dhanani, Z., Doo, F. X., Spalluto, L. B., Yee, J., Flores, E. J., Meltzer, C. C., Poullos, P. D. 2023

- Validation of a Resectability Scoring System for Prediction of Pancreatic Adenocarcinoma Surgical Outcomes. Annals of surgical oncology Toesca, D. A., Susko, M., von Eyben, R., Baclay, J. R., Pollom, E. L., Jeffrey, R. B., Poullos, P. D., Poultsides, G. A., Fisher, G. A., Visser, B. C., Koong, A. C., Feng, M., Chang, et al 2023
- Disability Identity Among Diverse Learners and Employees at an Academic Medical Center. JAMA network open Jerome, B., Fassiotto, M., Altamirano, J., Sutha, K., Maldonado, Y., Poullos, P. 2022; 5 (11): e2241948
- Design and Rationale for the Use of Magnetic Resonance Imaging Biomarkers to Predict Diabetes After Acute Pancreatitis in the Diabetes RElated to Acute Pancreatitis and Its Mechanisms Study: From the Type 1 Diabetes in Acute Pancreatitis Consortium. *Pancreas*

Tirkes, T., Chinchilli, V. M., Bagci, U., Parker, J. G., Zhao, X., Dasyam, A. K., Feranec, N., Grajo, J. R., Shah, Z. K., Poullos, P. D., Spilseth, B., Zaheer, A., Xie, et al

2022; 51 (6): 586-592

- Deconstructing Ableism in Health Care Settings Through Case-Based Learning. *MedEdPORTAL*: the journal of teaching and learning resources Dhanani, Z., Huynh, N., Tan, L., Kottakota, H., Lee, R., Poullos, P. 2022; 18: 11253
- The Performance and Trajectory of Medical Students With Disabilities: Results From the Pathways Project. Academic medicine : journal of the Association of American Medical Colleges

Meeks, L. M., Plegue, M., Swenor, B. K., Moreland, C. J., Jain, S., Grabowski, C. J., Westervelt, M., Case, B., Eidtson, W. H., Patwari, R., Angoff, N. R., LeConche, J., Temple, et al

2021; 96 (11S): S209-S210

- The Performance and Trajectory of Medical Students With Disabilities: Results From the Pathways Project ACADEMIC MEDICINE Meeks, L. M., Plegue, M., Swenor, B. K., Moreland, C. J., Jain, S., Grabowski, C. J., Westervelt, M., Case, B., Eidtson, W. H., Patwari, R., Angoff, N. R., LeConche, J., Temple, et al 2021; 96 (11S): S209-S210
- The Performance and Trajectory of Medical Students With Disabilities: Results From a Multisite, Multicohort Study. Academic medicine : journal of the Association of American Medical Colleges

Meeks, L. M., Plegue, M., Swenor, B. K., Moreland, C. J., Jain, S., Grabowski, C. J., Westervelt, M., Case, B., Eidtson, W. H., Patwari, R., Angoff, N. R., LeConche, J., Temple, et al 2021

- Reporting of acute pancreatitis by radiologists-time for a systematic change with structured reporting template. *Abdominal radiology (New York)* Khurana, A., Nelson, L. W., Myers, C. B., Akisik, F., Jeffrey, B. R., Miller, F. H., Mittal, P., Morgan, D., Mortele, K., Poullos, P., Sahani, D., Sandrasegaran, K., Tirkes, et al 2020
- Creative approaches to the inclusion of medical students with disabilities *AEM Education and Training* Meeks , L., Poullos , P., Sweenor , B. 2019
- Structured Reporting of Multiphasic CT for Hepatocellular Carcinoma: Effect on Staging and Suitability for Transplant. AJR. American journal of roentgenology

Poullos, P. D., Tseng, J. J., Melcher, M. L., Concepcion, W. n., Loening, A. M., Rosenberg, J. n., Willmann, J. K.

2018: 1–9

• Assessing local progression after stereotactic body radiation therapy for unresectable pancreatic adenocarcinoma: CT versus PET. Practical radiation oncology

Toesca, D. A., Pollom, E. L., Poullos, P. D., Flynt, L., Cui, Y., Quon, A., von Eyben, R., Koong, A. C., Chang, D. T. 2017; 7 (2): 120-125

• Factitious Disorder Presenting with Attempted Simulation of Fournier's Gangrene. *Journal of radiology case reports* Tseng, J., Poullos, P.

2016; 10 (9): 26-34

- Predictors of appendicitis on computed tomography among cases with borderline appendix size. *Emergency radiology* Thompson, A. C., Olcott, E. W., Poullos, P. D., Jeffrey, R. B., Thompson, M. O., Rosenberg, J., Shin, L. K. 2015; 22 (4): 385-394
- Ischemic colitis due to a mesenteric arteriovenous malformation in a patient with a connective tissue disorder. *Journal of radiology case reports* Poullos, P. D., Thompson, A. C., Holz, G., Edelman, L. A., Jeffrey, R. B. 2014; 8 (12): 9-21
- Ischemic Colitis Due to a Mesenteric Arteriovenous Malformation in a Patient with a Connective Tissue Disorder JOURNAL OF RADIOLOGY CASE REPORTS

Poullos, P. D., Thompson, A. C., Holz, G., Edelman, L. A., Jeffrey, R. 2014; 8 (12): 9–21

- Pancreatic neuroendocrine tumours: hypoenhancement on arterial phase computed tomography predicts biological aggressiveness. *HPB* Worhunsky, D. J., Krampitz, G. W., Poullos, P. D., Visser, B. C., Kunz, P. L., Fisher, G. A., Norton, J. A., Poultsides, G. A. 2014; 16 (4): 304-311
- Taller Haustral Folds in the Proximal Colon: A Potential Factor Contributing to Interval Colorectal Cancer? 78th Annual Scientific Meeting of the American-College-of-Gastroenterology

Thompson, A., Jones, R., Banerjee, S., Poullos, P., Shin, L. NATURE PUBLISHING GROUP.2013: S628–S628

- MR colonography and MR enterography. Gastrointestinal endoscopy clinics of North America Shin, L. K., Poullos, P., Jeffrey, R. B. 2010; 20 (2): 323-346
- Current techniques in the performance, interpretation, and reporting of CT colonography. *Gastrointestinal endoscopy clinics of North America* Poullos, P. D., Beaulieu, C. F. 2010; 20 (2): 169-192

• Gastrointestinal Amyloidosis: Approach to Treatment. *Current treatment options in gastroenterology* Poullos, P. D., Stollman, N. 2003; 6 (1): 17-25

• Prediction of pancreatic cancer surgical outcomes and prognosis based on an objective resectability scoring system 2018 Gastrointestinal Cancers Sysmposium (GI-ASCO)

Toesca, D. A., Jeffrey, B., von Eyben, R., Poullos, P. D., Poultsides, G. A., Fisher, G. A., Visser, B. C., Koong, A. C., Chang, D. T. 2018: 446

- Predicting Pancreatic Cancer Resectability and Outcomes Based on an Objective Quantitative Scoring System. *Pancreas* Toesca, D. A., Jeffrey, R. B., von Eyben, R. n., Pollom, E. L., Poullos, P. D., Poultsides, G. A., Fisher, G. A., Visser, B. C., Koong, A. C., Chang, D. T. ; 48 (5): 622–28
- Healthcare Workers with Chronic Illness on Coronavirus Front Lines: the Need for Accommodations Poullos , P. Just Security .

## PRESENTATIONS

• Teaching the Millennials: New Ideas - Society of Abdominal Radiology (3/2017)

- Body Imaging Morbidity and Mortality Conference: our Five-Year Experience Radiological Society of North America (November 2016)
- The Acute Abdomen Small Group on-Call Simulation: a Flipped Classroom Approach to Teaching Radiology Radiological Society of North America (November 2016)
- The Acute Abdomen Small Group on-Call Simulation: a Flipped Classroom Approach to Teaching Radiology Stanford Medicine Teaching and Mentoring Academy (October 2016)
- Structured Reporting of Multiphasic CT for Hepatocellular Carcinoma: Effect on Staging and Suitability for Transplant Radiological Society of North America (November 2015)
- Multi-Detector CT Imaging of Traumatic Abdominal Wall Hernias Radiological Society of North America (November 2010)