

Stanford

Shannon Sullivan, MD

- Clinical Professor, Pediatrics - Pulmonary Medicine
- Clinical Professor (By courtesy), Psychiatry and Behavioral Sciences - Sleep Medicine

CLINICAL OFFICE (PRIMARY)

- **Pediatric Pulmonary and Cystic Fibrosis Clinic**

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Palo Alto, CA 94304
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ACADEMIC CONTACT INFORMATION

- **Administrative Contact**

Meena Kakani - Administrative Manager
Email mkakani@stanford.edu

Bio

CLINICAL FOCUS

- Sleep Wake Disorders
- Pediatrics
- Sleep Medicine

ACADEMIC APPOINTMENTS

- Clinical Professor, Pediatrics - Pulmonary Medicine
- Clinical Professor (By courtesy), Psychiatry and Behavioral Sciences - Sleep Medicine
- Member, Maternal & Child Health Research Institute (MCHRI)

PROFESSIONAL EDUCATION

- Board Certification: Sleep Medicine, American Board of Pediatrics (2009)
- Board Certification: Pediatric Pulmonology, American Board of Pediatrics (2008)
- Fellowship: Stanford University - Fellowship (2008) CA
- Fellowship: University of California at San Francisco School of Medicine (2007) CA
- Board Certification: Pediatrics, American Board of Pediatrics (2004)
- Residency: University of California San Francisco (2004) CA
- Medical Education: University of Michigan School of Medicine (2001) MI
- Fellowship, Stanford University , Sleep Disorders (2008)

Research & Scholarship

CLINICAL TRIALS

- Study of the Usability and Efficacy of a New Pediatric CPAP Mask, Not Recruiting

Publications

PUBLICATIONS

- **Permanent standard time is the optimal choice for health and safety: an American Academy of Sleep Medicine position statement.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Rishi, M. A., Cheng, J. Y., Strang, A. R., Sexton-Radek, K., Ganguly, G., Licis, A., Berneking, M. W., Bhui, R., Creamer, J., Kundel, V., Spector, A. R., Olaoye, O., Hashmi, et al
2023
- **Sleep medicine advocacy matters for public health and safety.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Sullivan, S. S., Rishi, M. A.
2023
- **Health advisory: melatonin use in children.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Rishi, M. A., Khosla, S., Sullivan, S. S.
2022
- **The COVID-19 pandemic and sleep medicine: a look back and a look ahead.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Khosla, S., Beam, E., Berneking, M., Cheung, J., Epstein, L. J., Meyer, B. J., Ramar, K., So, J. Y., Sullivan, S. S., Wolfe, L. F., Gurubhagavatula, I.
2022
- **Youth, mental health and sleep.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Yuen, K. M., Strang, A., Sullivan, S.
2022
- **Re: Sørensgaard TA, Saksvik-Lehouillier I. Associations between burnout symptoms and sleep among workers during the COVID-19 pandemic.** *Sleep Med.* 2022 Feb;90:199-203. *Sleep medicine*
Sullivan, S. S., Gurubhagavatula, I.
2022
- **ATS Core Curriculum 2021. Adult Sleep Medicine: Sleep Apnea. ATS scholar**
Jamil, S. M., Shafazand, S., Dudley, K. A., Lipford, M. C., Gu, C., Jun, J. C., Budnick, I., Davis, E. M., Kent, D., Stanley, J. J., Quaney, R., Stewart, N. H., Young, et al
2021; 2 (3): 484-496
- **Sleep Medicine Health-Care Worker Concerns About COVID-19: An Early Pandemic Survey.** *Respiratory care*
Johnson, K. G., Sullivan, S. S., Rastegar, V., Gurubhagavatula, I.
2021
- **Child and teen sleep and pandemic-era school.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Yuen, K., Strang, A. R., Flynn-Evans, E. E., Barrantes Perez, J. H., Berneking, M., Bhui, R., Cheng, J. Y., Dombrowsky, J., Ganguly, G., Rishi, M. A., Rosen, C., Upender, R., Sullivan, et al
2021
- **The impact of the COVID-19 pandemic on sleep medicine practices.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Johnson, K. G., Sullivan, S. S., Nti, A. n., Rastegar, V. n., Gurubhagavatula, I. n.
2021; 17 (1): 79–87
- **Opportunities and unknowns in adapting pediatric sleep practices to a pandemic world.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Sullivan, S., Anastasi, M., Beam, E., Berneking, M., Cheung, J., Epstein, L. J., Khosla, S., Meyer, B., Wolfe, L., Gurubhagavatula, I.
2020
- **Daylight saving time: an American Academy of Sleep Medicine position statement.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Rishi, M. A., Ahmed, O., Barrantes Perez, J. H., Berneking, M., Dombrowsky, J., Flynn-Evans, E. E., Santiago, V., Sullivan, S. S., Upender, R., Yuen, K., Abbasi-Feinberg, F., Aurora, R. N., Carden, et al

2020

- **Sleep medicine exposure offered by United States residency training programs.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Sullivan, S. S., Cao, M. T.
2020
- **Narcolepsy Symptoms are Highly Persistent over Time Despite Treatment**
Ohayon, M. M., Sullivan, S. S., Krystal, A. D., Black, J., Swick, T. J., Shapiro, C. M., Wells, C. C.
WILEY.2019: S122
- **Longitudinal Assessment of Psychotropic Treatments for Narcolepsy**
Ohayon, M. M., Sullivan, S. S., Black, J., Krystal, A. D., Shapiro, C. M., Swick, T. J., Wells, C. C.
WILEY.2019: S212
- **Longitudinal Relationships between Chronic Pain, Major Depressive Disorder, and Use of Antidepressants**
Ohayon, M. M., Sullivan, S. S.
WILEY.2019: S169–S170
- **Longitudinal Survey of Hypersomnolence and Its Treatment in the General Population**
Ohayon, M. M., Sullivan, S. S.
WILEY.2019: S121–S122
- **Industrial Regulation of Fatigue: Lessons Learned From Aviation.** *Journal of clinical sleep medicine : JCSM : official publication of the American Academy of Sleep Medicine*
Flynn-Evans, E. E., Ahmed, O., Berneking, M., Collen, J. F., Kancherla, B. S., Peters, B. R., Rishi, M. A., Sullivan, S. S., Upender, R., Gurubhagavatula, I., American Academy of Sleep Medicine Public Safety Committee
2019; 15 (4): 537–38
- **Sleep-Disordered Breathing, Orofacial Growth, and Prevention of Obstructive Sleep Apnea.** *Sleep medicine clinics*
Guilleminault, C., Sullivan, S. S., Huang, Y.
2019; 14 (1): 13–20
- **Sleep-Disordered Breathing, Orofacial Growth, and Prevention of Obstructive Sleep Apnea** *LEEP MEDICINE CLINICS*
Guilleminault, C., Sullivan, S. S., Huang, Y.
2019; 14 (1): 13-+
- **Pediatric sleep medicine: a key sub-specialty for the pediatrician.** *Sleep medicine*
Bruni, O., Sullivan, S., Guilleminault, C.
2019
- **Withdrawal of Advanced Notice of Proposed Rulemaking (ANPRM) on Obstructive Sleep Apnea (OSA) Does Not Mean Examiners and Employers Should Ignore Safety Risks** *JOURNAL OF OCCUPATIONAL AND ENVIRONMENTAL MEDICINE*
Sullivan, S. S., Gurubhagavatula, I.
2018; 60 (8): E431
- **Re: Withdrawal of Advanced Notice of Proposed Rulemaking (ANPRM) on Obstructive Sleep Apnea (OSA) Does Not Mean Examiners and Employers Should Ignore Safety Risks.** *Journal of occupational and environmental medicine*
Sullivan, S. S., Gurubhagavatula, I.
2018
- **Can we avoid development of a narrow upper airway and secondary abnormal breathing during sleep?** *LANCET RESPIRATORY MEDICINE*
Sullivan, S. S., Guilleminault, C.
2017; 5 (11): 843–44
- **Survey of Sleep Education Offered by US Pulmonary and Critical Care Fellowship Training Programs**
Sullivan, S., Cao, M.
ELSEVIER SCIENCE BV.2017: 554A
- **Sleep and Health: Medical Students' Perspectives and Lessons Learned** *ACADEMIC PSYCHIATRY*
Sullivan, S. S., Cao, M. T.

2017; 41 (5): 679–81

- **Management of Obstructive Sleep Apnea in Commercial Motor Vehicle Operators: Recommendations of the AASM Sleep and Transportation Safety Awareness Task Force** *JOURNAL OF CLINICAL SLEEP MEDICINE*
Gurubhagavatula, I., Sullivan, S., Meoli, A., Patil, S., Olson, R., Berneking, M., Watson, N. F.
2017; 13 (5): 745–58
- **Sleep Apnea Evaluation of Commercial Motor Vehicle Operators** *JOURNAL OF CLINICAL SLEEP MEDICINE*
Gurubhagavatula, I., Patil, S., Meoli, A., Olson, R., Sullivan, S., Berneking, M., Watson, N. F., Amer Acad Sleep Med
2016; 12 (3): 285–86
- **Mouth breathing, "nasal disuse," and pediatric sleep-disordered breathing** *SLEEP AND BREATHING*
Lee, S., Guilleminault, C., Chiu, H., Sullivan, S. S.
2015; 19 (4): 1257-1264
- **Emerging drugs for common conditions of sleepiness: obstructive sleep apnea and narcolepsy** *EXPERT OPINION ON EMERGING DRUGS*
Sullivan, S. S., Guilleminault, C.
2015; 20 (4): 571-582
- **Current Treatment of Selected Pediatric Sleep Disorders** *NEUROTHERAPEUTICS*
Sullivan, S. S.
2012; 9 (4): 791-800
- **Update on emerging drugs for insomnia** *EXPERT OPINION ON EMERGING DRUGS*
Sullivan, S.
2012; 17 (3): 295-298
- **Hiding in plain sight Risk factors for REM sleep behavior disorder** *NEUROLOGY*
Sullivan, S. S., Schenck, C. H., Guilleminault, C.
2012; 79 (5): 402-403
- **Narcolepsy in adolescents.** *Adolescent medicine: state of the art reviews*
Sullivan, S. S.
2010; 21 (3): 542-?
- **Exploring the Electrocardiogram as a Potential Tool to Screen for Premotor Parkinson's Disease** *MOVEMENT DISORDERS*
Valappil, R. A., Black, J. E., Broderick, M. J., Carrillo, O., Frenette, E., Sullivan, S. S., Goldman, S. M., Tanner, C. M., Langston, J. W.
2010; 25 (14): 2296-2303
- **Insomnia Pharmacology** *MEDICAL CLINICS OF NORTH AMERICA*
Sullivan, S. S.
2010; 94 (3): 563-?
- **Emerging drugs for insomnia: new frontiers for old and novel targets** *EXPERT OPINION ON EMERGING DRUGS*
Sullivan, S. S., Guilleminault, C.
2009; 14 (3): 411-422
- **Multiple Sleep Latency Test and Maintenance of Wakefulness Test** *CHEST*
Sullivan, S. S., Kushida, C. A.
2008; 134 (4): 854-861
- **Weighing the duty to inform a patient of possible future illness.** *The virtual mentor : VM*
Sullivan, S.
2008; 10 (9): 553-55
- **Nasal obstruction in children with sleep-disordered breathing** *ANNALS ACADEMY OF MEDICINE SINGAPORE*
Sullivan, S., Li, K., Guilleminault, C.
2008; 37 (8): 645-648