



Trisha Suppes, MD, PhD

Professor of Psychiatry and Behavioral Sciences (General Psychiatry and Psychology-Adult)

 Curriculum Vitae available Online

CLINICAL OFFICES

- **VA Palo Alto Health Care System**

3801 Miranda Ave 151T
Palo Alto, CA 94304

Tel (650) 493-5000 **Fax** (650) 849-1913

- **Stanford Dept of Psychiatry and Behavioral Sciences**

401 Quarry Rd
MC 5718

Stanford, CA 94305

Tel (650) 723-9111 **Fax** (650) 849-1913

ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

Ann Roseman - Health Science Specialist

Email ann.roseman@va.gov

Tel 650.493.5000 x65482

Bio

CLINICAL FOCUS

- Psychiatry
- Psychiatric Treatment of Bipolar Disorder and Major Depression
- Research of Psychiatric Mechanisms and Mood Disorders
- Exploratory Therapeutics for Mood Disorders

ACADEMIC APPOINTMENTS

- Professor, Psychiatry and Behavioral Sciences
- Member, Bio-X

ADMINISTRATIVE APPOINTMENTS

- Member, Editorial Board Bipolar Disorders - An International Journal of Psychiatry and Neurosciences, (2000- present)
- Chair, Subcommittee on Bipolar Disorders for APA Workgroup on Mood Disorders, American Psychiatric Association Diagnostic and Statistical Manual for Mental Disorders 5 (DSM-5), (2007-2012)
- Member, Workgroup for Mood Disorders, American Psychiatric Association Diagnostic and Statistical Manual for Mental Disorders 5 (DSM5), (2007-2012)
- Chair for Veterans Affairs, Department of Defense and VA Bipolar Disorder Treatment Guidelines, (2008- present)
- Director, Bipolar and Depression Research Program, VA Palo Alto Health Care System, Palo Alto, CA, (2008- present)
- Member, Editorial Board, International Journal of Bipolar Disorders, (2009- present)
- Member, Appointment and Promotions, Department of Psychiatry and Behavioral Sciences, (2010- present)
- Member, Research and Development Committee, VA Palo Alto Health Care System, (2011- present)

- Director, Cooperative Studies Program (CSP) Network of Dedicated Enrollment Sites (NODES), VA Palo Alto, (2012- present)
- Member, Editorial Board Depression and Anxiety, (2012- present)
- Treasurer and Secretary, International Society of Bipolar Disorders, (2014-2018)
- President, International Society of Bipolar Disorders, (2018-2020)

HONORS AND AWARDS

- Gerald L. Klerman Senior Investigator Award, Depression and Bipolar Support Alliance (2008)
- Councilor, Board of Councilors, International Society for Bipolar Disorders (ISBD) (2009-2011)
- Elected by peers for inclusion, Best Doctors in America® (1996-2010)
- Elected as a member, American College of Psychiatrists (2013)
- Elected to Fellow, American College of Neuropsychopharmacology (ACNP) (2009)

PROFESSIONAL EDUCATION

- Medical Education: Dartmouth Geisel School of Medicine Office of the Registrar (1987) NH
- Fellowship: Mclean Hospital (1992) MA
- Residency: Mclean Hospital (1991) MA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (1992)
- Fellowship, Harvard Medical School , Neuroscience (1992)
- Fellowship, Harvard Medical School , Psychiatry (1992)
- M.D., Dartmouth , Medicine (1987)
- Fellowship, Stanford University , Neuroscience (1983)
- Ph.D., UCLA , Anatomy and Physiology (1980)

LINKS

- Bipolar and Depression Research Program: <http://Bipolarresearch.stanford.edu>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Suppes is the Director of Exploratory Therapeutics for Mood Disorders and the Founder of the Bipolar and Depression Research Program at the VA Palo Alto Health Care System. She is a recognized expert on the biology and treatment of bipolar disorder, and mood disorders generally. Her areas of specific expertise include long-term treatment strategies for bipolar disorder, identification and treatment of bipolar II disorder, treatment of those with bipolar disorders and co-morbid conditions, and use of complementary medicine for bipolar disorder. She has recently launched a new initiative to explore use of psychedelics for mood disorders. Dr. Suppes has been integrally involved in numerous initiatives to improve evidence-based treatment for bipolar disorders, including chairing the VA/DOD guidelines for bipolar disorder and the Bipolar module of the Texas Medication Algorithm Project. Dr. Suppes recently completed work on updating the APA DMS-5 criteria for Bipolar and Related Disorders. Her current studies include use of the internet as a tool to support individuals with bipolar disorder and appropriate management of treatment-resistant major depression.

CLINICAL TRIALS

- PRIME Care (PRecision Medicine In MEntal Health Care), Recruiting
- 12-Week Study Evaluating the Efficacy, Safety, and Tolerability of Adjunctive Infliximab for Bipolar I/II Depression, Not Recruiting
- Acute Treatment of Bipolar II Depression, Not Recruiting
- CSP #572 - Genetics of Functional Disability in Schizophrenia and Bipolar Illness, Not Recruiting

- Internet-Based Interventions for Bipolar Disorder, Not Recruiting
- Safety and Efficacy Study of ELND005 as an Adjunctive Maintenance Treatment in Bipolar I Disorder, Not Recruiting
- VA Augmentation and Switching Treatments for Improving Depression Outcomes, Not Recruiting

Teaching

COURSES

2020-21

- Introduction to Psychedelic Medicine: PSYC 215B (Win)

2019-20

- Introduction to Psychedelic Medicine: PSYC 215 (Win)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Neurosciences (Phd Program)
- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Prevalence of axis II comorbidities in bipolar disorder: relationship to mood state** *BIPOLAR DISORDERS*
Post, R. M., Leverich, G. S., McElroy, S., Kupka, R., Suppes, T., Altshuler, L., Nolen, W., Frye, M., Keck, P., Grunze, H., Helleman, G.
2018; 20 (4): 303–12
- **UNDERSTANDING TREATMENT RESPONSE TO INTEGRATED BEHAVIOR THERAPY FOR COMORBID OBESITY AND DEPRESSION IN PRIMARY CARE**
Ma, J., Lv, N., Rosas, L., Xiao, L., Lavori, P., Venditti, E., Lewis, M., Snowden, M., Ward, E., Smyth, J., Suppes, T., Goldstein-Piekarski, A., Williams, et al
OXFORD UNIV PRESS INC.2018: S129
- **Bipolar disorders** *NATURE REVIEWS DISEASE PRIMERS*
Vieta, E., Berk, M., Schulze, T. G., Carvalho, A. F., Suppes, T., Calabrese, J. R., Gao, K., Miskowiak, K. W., Grande, I.
2018; 4: 18008
- **A randomized controlled trial of moodswings 2.0: An internet-based self-management program for bipolar disorder**
Gliddon, E., Cosgrove, V., Berk, L., Lauder, S., Mohebbi, M., Grimm, D., Dodd, S., Coulson, C., Raju, K., Suppes, T., Berk, M.
WILEY.2018: 60
- **Bipolar patients in the us are quadrupally vulnerable and sensitized to a poor outcome: A national public health emergency should be declared**
Post, R., Frye, M., Kupka, R., Nolen, W., Altshuler, L., McElroy, S., Suppes, T., Grunze, H., Keck, P., Row, M.
WILEY.2018: 87
- **User engagement within the moodswings 2.0 online self-guided intervention for bipolar disorder**
Cosgrove, V., Gliddon, E., Berk, L., Lauder, S., Grimm, D., Dodd, S., Suppes, T., Berk, M.
WILEY.2018: 30
- **Efficacy and tolerability of divalproex sodium plus adjunctive quetiapine, lithium, or placebo for hypomanic or manic episodes in outpatients with bipolar I disorder**
Fischer, E. G., Cosgrove, V., Suppes, T., Lange, N. K., Gwizdowski, I., Doan, G., Ostacher, M.
WILEY.2018: 116
- **Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder** *BIPOLAR DISORDERS*
Yatham, L. N., Kennedy, S. H., Parikh, S. V., Schaffer, A., Bond, D. J., Frey, B. N., Sharma, V., Goldstein, B. I., Rej, S., Beaulieu, S., Alda, M., MacQueen, G., Milev, et al
2018; 20 (2): 97–170

- **The association between mood state and chronobiological characteristics in bipolar I disorder: a naturalistic, variable cluster analysis-based study** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
Gonzalez, R., Suppes, T., Zeitzer, J., McClung, C., Tamminga, C., Tohen, M., Forero, A., Dwivedi, A., Alvarado, A.
2018; 6: 5
- **The ENGAGE study: Integrating neuroimaging, virtual reality and smartphone sensing to understand self-regulation for managing depression and obesity in a precision medicine model.** *Behaviour research and therapy*
Williams, L. M., Pines, A., Goldstein-Piekarski, A. N., Rosas, L. G., Kullar, M., Sacchet, M. D., Gevaert, O., Bailenson, J., Lavori, P. W., Dagum, P., Wandell, B., Correa, C., Greenleaf, et al
2018; 101: 58–70
- **Anxiety, irritability, and agitation as indicators of bipolar mania with depressive symptoms: a post hoc analysis of two clinical trials** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
Suppes, T., Eberhard, J., Lemming, O., Young, A. H., McIntyre, R. S.
2017; 5: 36
- **Increased Suicidal Ideation in Patients with Co-Occurring Bipolar Disorder and Post-Traumatic Stress Disorder.** *Archives of suicide research*
Carter, J. M., Arentsen, T. J., Cordova, M. J., Ruzek, J., Reiser, R., Suppes, T., Ostacher, M. J.
2016: 1-12
- **More illness in offspring of bipolar patients from the US compared to Europe** *JOURNAL OF AFFECTIVE DISORDERS*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Leverich, G. S., Nolen, W. A.
2016; 191: 180-186
- **Toward a Valid Animal Model of Bipolar Disorder: How the Research Domain Criteria Help Bridge the Clinical-Basic Science Divide.** *Biological psychiatry*
Cosgrove, V. E., Kelsoe, J. R., Suppes, T.
2016; 79 (1): 62-70
- **Evaluating discussion board engagement in the MoodSwings online self-help program for bipolar disorder: protocol for an observational prospective cohort study** *BMC PSYCHIATRY*
Gliddon, E., Lauder, S., Berk, L., Cosgrove, V., Grimm, D., Dodd, S., Suppes, T., Berk, M.
2015; 15
- **Increases in multiple psychiatric disorders in parents and grandparents of patients with bipolar disorder from the USA compared with The Netherlands and Germany.** *Psychiatric genetics*
Post, R. M., Leverich, G. S., Kupka, R., Keck, P. E., McElroy, S. L., Altshuler, L. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Nolen, W. A.
2015; 25 (5): 194-200
- **Increases in multiple psychiatric disorders in parents and grandparents of patients with bipolar disorder from the USA compared with The Netherlands and Germany** *PSYCHIATRIC GENETICS*
Post, R. M., Leverich, G. S., Kupka, R., Keck, P. E., McElroy, S. L., Altshuler, L. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Nolen, W. A.
2015; 25 (5): 194-200
- **Verbal abuse, like physical and sexual abuse, in childhood is associated with an earlier onset and more difficult course of bipolar disorder** *BIPOLAR DISORDERS*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Leverich, G. S., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
2015; 17 (3): 323-330
- **Relationship of clinical course of illness variables to medical comorbidities in 900 adult outpatients with bipolar disorder.** *Comprehensive psychiatry*
Post, R. M., Altshuler, L., Leverich, G. S., Frye, M. A., Suppes, T., McElroy, S. L., Keck, P. E., Nolen, W. A., Kupka, R. W., Grunze, H., Rowe, M.
2015; 56: 21-28
- **Evaluating discussion board engagement in the MoodSwings online self-help program for bipolar disorder: protocol for an observational prospective cohort study.** *BMC psychiatry*
Gliddon, E., Lauder, S., Berk, L., Cosgrove, V., Grimm, D., Dodd, S., Suppes, T., Berk, M.
2015; 15: 243-?
- **Patterns of response to aripiprazole, lithium, haloperidol, and placebo across factor scores of mania.** *International journal of bipolar disorders*
Ostacher, M. J., Suppes, T., Swann, A. C., Eudicone, J. M., Landsberg, W., Baker, R. A., Carlson, B. X.
2015; 3: 11-?

- **Effectiveness of the extended release formulation of quetiapine as monotherapy for the treatment of acute bipolar depression.** *Journal of affective disorders*
Suppes, T., Datto, C., Minkwitz, M., Nordenhem, A., Walker, C., Darko, D.
2014; 168: 485-493
- **Increased parental history of bipolar disorder in the United States: association with early age of onset.** *Acta psychiatrica Scandinavica*
Post, R. M., Leverich, G. S., Kupka, R., Keck, P., McElroy, S., Altshuler, L., Frye, M. A., Luckenbaugh, D. A., Rowe, M., Grunze, H., Suppes, T., Nolen, W. A.
2014; 129 (5): 375-382
- **More pernicious course of bipolar disorder in the United States than in many European countries: Implications for policy and treatment.** *Journal of affective disorders*
Post, R. M., Altshuler, L., Kupka, R., McElroy, S., Frye, M. A., Rowe, M., Leverich, G. S., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
2014; 160: 27-33
- **The relationship between affective state and the rhythmicity of activity in bipolar disorder.** *journal of clinical psychiatry*
Gonzalez, R., Tamminga, C. A., Tohen, M., Suppes, T.
2014; 75 (4): e317-22
- **More medical comorbidities in patients with bipolar disorder from the United States than from the Netherlands and Germany.** *journal of nervous and mental disease*
Post, R. M., Altshuler, L. L., Leverich, G. S., Frye, M. A., Suppes, T., McElroy, S. L., Keck, P. E., Nolen, W. A., Kupka, R. W., Grunze, H., Rowe, M.
2014; 202 (4): 265-270
- **Letter to the editor in response to 2012 article by Frances and Jones.** *Bipolar disorders*
Suppes, T., Frank, E., DePaulo, J. R., Davis, L., Zarate, C. A., Angst, J., Fawcett, J.
2014; 16 (2): 214-215
- **A randomized, double-blind, placebo-controlled study of ziprasidone monotherapy in bipolar disorder with co-occurring lifetime panic or generalized anxiety disorder.** *journal of clinical psychiatry*
Suppes, T., McElroy, S. L., Sheehan, D. V., Hidalgo, R. B., Cosgrove, V. E., Gwizdowski, I. S., Feldman, N. S.
2014; 75 (1): 77-84
- **Illness progression as a function of independent and accumulating poor prognosis factors in outpatients with bipolar disorder in the United States.** *The primary care companion for CNS disorders*
Post, R. M., Altshuler, L. L., Leverich, G. S., Nolen, W. A., Kupka, R., Grunze, H., Frye, M. A., Suppes, T., McElroy, S. L., Keck, P. E., Rowe, M.
2014; 16 (6)
- **More stressors prior to and during the course of bipolar illness in patients from the United States compared with the Netherlands and Germany.** *Psychiatry research*
Post, R. M., Altshuler, L., Leverich, G., Nolen, W., Kupka, R., Grunze, H., Frye, M., Suppes, T., McElroy, S., Keck, P., Rowe, M.
2013; 210 (3): 880-886
- **MAINTENANCE TREATMENT WITH QUETIAPINE WHEN COMBINED WITH EITHER LITHIUM OR DIVALPROEX IN BIPOLAR I DISORDER: ANALYSIS OF TWO LARGE RANDOMIZED, PLACEBO-CONTROLLED TRIALS** *DEPRESSION AND ANXIETY*
Suppes, T., Vieta, E., Gustafsson, U., Ekholm, B.
2013; 30 (11): 1089-1098
- **Presentation and prevalence of PTSD in a bipolar disorder population: A STEP-BD examination** *JOURNAL OF AFFECTIVE DISORDERS*
Hernandez, J. M., Cordova, M. J., Ruzek, J., Reiser, R., Gwizdowski, I. S., Suppes, T., Ostacher, M. J.
2013; 150 (2): 450-455
- **First controlled treatment trial of bipolar II hypomania with mixed symptoms: Quetiapine versus placebo.** *Journal of affective disorders*
Suppes, T., Ketter, T. A., Gwizdowski, I. S., Dennehy, E. B., Hill, S. J., Fischer, E. G., Snow, D. E., Gonzalez, R., Sureddi, S., Shivakumar, G., Cosgrove, V. E.
2013; 150 (1): 37-43
- **Comparison of objective and subjective assessments of sleep time in subjects with bipolar disorder** *JOURNAL OF AFFECTIVE DISORDERS*
Gonzalez, R., Tamminga, C., Tohen, M., Suppes, T.
2013; 149 (1-3): 363-366
- **An online intervention for bipolar disorder Moodswings 2.0: www.moodswings.net.au** *10th International Conference on Bipolar Disorder of the International-Society-for-Bipolar-Disorders*
Cosgrove, V., Fischer, E., Lauder, S., Gwizdowski, I., Feldman, N., Berk, M., Gliddon, E., Suppes, T.

WILEY-BLACKWELL.2013: 97–97

- **A randomized, double-blind, placebo-controlled study of ziprasidone in bipolar disorder with co-occurring lifetime panic or generalized anxiety disorder** *10th International Conference on Bipolar Disorder of the International-Society-for-Bipolar-Disorders*
Suppes, T., McElroy, S., Cosgrove, V., Gwizdowski, I., Feldman, N.
WILEY-BLACKWELL.2013: 102–102
- **Role of childhood adversity in the development of medical co-morbidities associated with bipolar disorder** *JOURNAL OF AFFECTIVE DISORDERS*
Post, R. M., Altshuler, L. L., Leverich, G. S., Frye, M. A., Suppes, T., McElroy, S. L., Keck, P. E., Nolen, W. A., Kupka, R. W., Grunze, H., Rowe, M.
2013; 147 (1-3): 288-294
- **Characteristics of responders and non-responders to risperidone monotherapy or placebo in co-occurring bipolar disorder and anxiety disorder** *EUROPEAN PSYCHIATRY*
Seo, J. S., Jamieson, K., Cosgrove, V., Gwizdowski, I. S., Yang, H., Sheehan, D. V., McElroy, S. L., Suppes, T.
2013; 28 (3): 190-196
- **Randomized, placebo-controlled trial of quetiapine XR and divalproex ER monotherapies in the treatment of the anxious bipolar patient** *JOURNAL OF AFFECTIVE DISORDERS*
Sheehan, D. V., Harnett-Sheehan, K., Hidalgo, R. B., Janavs, J., McElroy, S. L., Amado, D., Suppes, T.
2013; 145 (1): 83-94
- **Multivariate analysis of bipolar mania: Retrospectively assessed structure of bipolar I manic and mixed episodes in randomized clinical trial participants** *JOURNAL OF AFFECTIVE DISORDERS*
Swann, A. C., Suppes, T., Ostacher, M. J., Eudicone, J. M., McQuade, R., Forbes, A., Carlson, B. X.
2013; 144 (1-2): 59-64
- **Informing DSM-5: biological boundaries between bipolar I disorder, schizoaffective disorder, and schizophrenia.** *BMC medicine*
Cosgrove, V. E., Suppes, T.
2013; 11: 127-?
- **Quetiapine monotherapy in bipolar II depression: combined data from four large, randomized studies.** *International journal of bipolar disorders*
Young, A. H., Calabrese, J. R., Gustafsson, U., Berk, M., McElroy, S. L., Thase, M. E., Suppes, T., Earley, W.
2013; 1: 10-?
- **Bipolar Mixed States: An International Society for Bipolar Disorders Task Force Report of Symptom Structure, Course of Illness, and Diagnosis** *AMERICAN JOURNAL OF PSYCHIATRY*
Swann, A. C., Lafer, B., Perugi, G., Frye, M. A., Bauer, M., Bahk, W., Scott, J., Ha, K., Suppes, T.
2013; 170 (1): 31-42
- **Long-term efficacy of quetiapine in combination with lithium or divalproex on mixed symptoms in bipolar I disorder** *JOURNAL OF AFFECTIVE DISORDERS*
Vieta, E., Suppes, T., Ekholm, B., Udd, M., Gustafsson, U.
2012; 142 (1-3): 36-44
- **Relationship of Prior Antidepressant Exposure to Long-Term Prospective Outcome in Bipolar I Disorder Outpatients** *JOURNAL OF CLINICAL PSYCHIATRY*
Post, R. M., Leverich, G. S., Altshuler, L. L., Frye, M. A., Suppes, T., McElroy, S. L., Keck, P. E., Nolen, W. A., Rowe, M., Kupka, R. W., Grunze, H., Goodwin, F. K.
2012; 73 (7): 924-930
- **Co-occurrence of Serious or Undiagnosed Medical Conditions With Bipolar Disorder Preventing Clinical Trial Randomization: A Case Series** *JOURNAL OF CLINICAL PSYCHIATRY*
Feldman, N. S., Gwizdowski, I. S., Fischer, E. G., Yang, H., Suppes, T.
2012; 73 (6): 874-877
- **Clinical predictors of response vs. non-response to risperidone: CGI-21 scores after 1 week of treatment in a bipolar disorder population with co-occurring panic disorder or generalized anxiety disorder** *5th Biennial Conference of the International-Society-for-Bipolar-Disorders*
Raudabaugh, B. J., Hernandez, J. M., Seo, J. S., Jamison, K., Cosgrove, V., Gwizdowski, I. S., Yang, H., Sheehan, D. V., McElroy, S. L., Suppes, T.
WILEY-BLACKWELL.2012: 115–116
- **Differential clinical characteristics, medication usage, and treatment response of bipolar disorder in the US versus The Netherlands and Germany** *INTERNATIONAL CLINICAL PSYCHOPHARMACOLOGY*

- Post, R. M., Leverich, G. S., Altshuler, L. L., Frye, M. A., Suppes, T., Keck, P. E., McElroy, S. L., Nolen, W. A., Kupka, R., Grunze, H., Walden, J., Rowe, M. 2011; 26 (2): 96-106
- **Prevalence and correlates of eating disorders in 875 patients with bipolar disorder** *JOURNAL OF AFFECTIVE DISORDERS*
McElroy, S. L., Frye, M. A., Helleman, G., Altshuler, L., Leverich, G. S., Suppes, T., Keck, P. E., Nolen, W. A., Kupka, R., Post, R. M. 2011; 128 (3): 191-198
 - **Advances in bipolar disorder: selected sessions from the 2011 International Conference on Bipolar Disorder** *9th International Conference on Bipolar Disorder (ICBD)*
Kupfer, D. J., Angst, J., Berk, M., Dickerson, F., Frangou, S., Frank, E., Goldstein, B. I., Harvey, A., Laghrissi-Thode, F., Leboyer, M., Ostacher, M. J., Sibille, E., Strakowski, et al
BLACKWELL SCIENCE PUBL.2011: 1-25
 - **Complexity of Pharmacologic Treatment Required for Sustained Improvement in Outpatients With Bipolar Disorder** *JOURNAL OF CLINICAL PSYCHIATRY*
Post, R. M., Altshuler, L. L., Frye, M. A., Suppes, T., Keck, P. E., McElroy, S. L., Leverich, G. S., Luckenbaugh, D. A., Rowe, M., Pizzarello, S., Kupka, R. W., Grunze, H., Nolen, et al
2010; 71 (9): 1176-1186
 - **Early-Onset Bipolar Disorder and Treatment Delay Are Risk Factors for Poor Outcome in Adulthood** *JOURNAL OF CLINICAL PSYCHIATRY*
Post, R. M., Leverich, G. S., Kupka, R. W., Keck, P. E., McElroy, S. L., Altshuler, L. L., Frye, M. A., Luckenbaugh, D. A., Rowe, M., Grunze, H., Suppes, T., Nolen, W. A.
2010; 71 (7): 864-872
 - **Is There a Role for Antidepressants in the Treatment of Bipolar II Depression?** *AMERICAN JOURNAL OF PSYCHIATRY*
Suppes, T.
2010; 167 (7): 738-740
 - **Gender and Depressive Symptoms in 711 Patients With Bipolar Disorder Evaluated Prospectively in the Stanley Foundation Bipolar Treatment Outcome Network** *AMERICAN JOURNAL OF PSYCHIATRY*
Altshuler, L. L., Kupka, R. W., Helleman, G., Frye, M. A., Sugar, C. A., McElroy, S. L., Nolen, W. A., Grunze, H., Leverich, G. S., Keck, P. E., Zermeno, M.
2010; 167 (6): 708-715
 - **The Quick Inventory of Depressive Symptomatology (Clinician and Self-Report Versions) in Patients With Bipolar Disorder** *CNS SPECTRUMS*
Bernstein, I. H., Rush, A. J., Suppes, T., Kyotoku, Y., Warden, D.
2010; 15 (6): 367-373
 - **Genetics and intermediate phenotypes of the schizophrenia bipolar disorder boundary** *NEUROSCIENCE AND BIOBEHAVIORAL REVIEWS*
Ivleva, E. I., Morris, D. W., Moates, A. F., Suppes, T., Thaker, G. K., Tamminga, C. A.
2010; 34 (6): 897-921
 - **Effectiveness of the extended release formulation of quetiapine as monotherapy for the treatment of acute bipolar depression** *JOURNAL OF AFFECTIVE DISORDERS*
Suppes, T., Datto, C., Minkwitz, M., Nordenhem, A., Walker, C., Darko, D.
2010; 121 (1-2): 106-115
 - **Mood Stabilization and Destabilization During Acute and Continuation Phase Treatment for Bipolar I Disorder With Lamotrigine or Placebo** *JOURNAL OF CLINICAL PSYCHIATRY*
Goldberg, J. F., Calabrese, J. R., Saville, B. R., Frye, M. A., Ketter, T. A., Suppes, T., Post, R. M., Goodwin, F. K.
2009; 70 (9): 1273-1280
 - **The International Society for Bipolar Disorders (ISBD) Task Force report on the nomenclature of course and outcome in bipolar disorders** *BIPOLAR DISORDERS*
Tohen, M., Frank, E., Bowden, C. L., Colom, F., Ghaemi, S. N., Yatham, L. N., Malhi, G. S., Calabrese, J. R., Nolen, W. A., Vieta, E., Kapczinski, F., Goodwin, G. M., Suppes, et al
2009; 11 (5): 453-473
 - **Depressive relapse during lithium treatment associated with increased serum thyroid-stimulating hormone: results from two placebo-controlled bipolar I maintenance studies** *ACTA PSYCHIATRICA SCANDINAVICA*
Frye, M. A., Yatham, L., Ketter, T. A., Goldberg, J., Suppes, T., Calabrese, J. R., Bowden, C. L., Bourne, E., Bahn, R. S., Adams, B.
2009; 120 (1): 10-13

- **Randomized, placebo-controlled trial of risperidone for acute treatment of bipolar anxiety** *JOURNAL OF AFFECTIVE DISORDERS*
Sheehan, D. V., McElroy, S. L., Harnett-Sheehan, K., Keck, P. E., Janavs, J., Rogers, J., Gonzalez, R., Shivakumar, G., Suppes, T.
2009; 115 (3): 376-385
- **A psychometric evaluation of the clinician-rated Quick Inventory of Depressive Symptomatology (QIDS-C-16) in patients with bipolar disorder** *INTERNATIONAL JOURNAL OF METHODS IN PSYCHIATRIC RESEARCH*
Bernstein, I. H., Rush, A. J., Suppes, T., Trivedi, M. H., Woo, A., Kyutoku, Y., Crismon, M. L., Dennehy, E., Carmody, T. J.
2009; 18 (2): 138-146
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