



Trisha Suppes, MD, PhD

Professor of Psychiatry and Behavioral Sciences (Public Mental Health and Population Sciences)

 Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

- **VA Palo Alto Health Care System**

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Palo Alto, CA 94304

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ACADEMIC CONTACT INFORMATION

- **Alternate Contact**

Anna Donnelly - Lab Manager

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Bio

CLINICAL FOCUS

- Psychiatry
- Psychiatric Treatment of Bipolar Disorder and Major Depression
- Research of Psychiatric Mechanisms and Mood Disorders
- Exploratory Therapeutics of Rapid-acting therapies
- Psychedelic and empathogen medicine

ACADEMIC APPOINTMENTS

- Professor, Psychiatry and Behavioral Sciences
- Member, Bio-X
- Member, Wu Tsai Neurosciences Institute

ADMINISTRATIVE APPOINTMENTS

- Member, Editorial Board Bipolar Disorders - An International Journal of Psychiatry and Neurosciences, (2000- present)
- Chair, Subcommittee on Bipolar Disorders for APA Workgroup on Mood Disorders, American Psychiatric Association Diagnostic and Statistical Manual for Mental Disorders 5 (DSM-5), (2007-2012)
- Member, Workgroup for Mood Disorders, American Psychiatric Association Diagnostic and Statistical Manual for Mental Disorders 5 (DSM5), (2007-2012)
- Chair for Veterans Affairs, Department of Defense and VA Bipolar Disorder Treatment Guidelines, (2008-2012)
- Director, Bipolar and Depression Research Program, VA Palo Alto Health Care System, Palo Alto, CA, (2008-2018)
- Member, Editorial Board, International Journal of Bipolar Disorders, (2009- present)
- Member, Appointment and Promotions, Department of Psychiatry and Behavioral Sciences, (2010- present)
- Member, Research and Development Committee, VA Palo Alto Health Care System, (2011- present)
- Director, Cooperative Studies Program (CSP) Network of Dedicated Enrollment Sites (NODES), VA Palo Alto, (2012- present)
- Member, Editorial Board Depression and Anxiety, (2012- present)
- Treasurer and Secretary, International Society of Bipolar Disorders ****, (2014-2018)

- President, International Society of Bipolar Disorders***, (2018-2020)
- Director, Exploratory Therapeutics Laboratory, (2018- present)

HONORS AND AWARDS

- Elected by peers for inclusion, Best Doctors in America® (1996-2010)
- Gerald L. Klerman Senior Investigator Award, Depression and Bipolar Support Alliance (2008)
- Elected to Fellow, American College of Neuropsychopharmacology (ACNP) (2009)
- Councilor, Board of Councilors, International Society for Bipolar Disorders (ISBD) (2009-2011)
- Elected as a member, American College of Psychiatrists (2013)
- Elected Board Member, American Society of Clinical Psychopharmacology (2017-2025)
- Elected Treasurer, American Society of Clinical Psychopharmacology (2019)

PROFESSIONAL EDUCATION

- Medical Education: Dartmouth Geisel School of Medicine (1987) NH
- Fellowship: Mclean Hospital (1992) MA
- Residency: Mclean Hospital (1991) MA
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (1992)
- Fellowship, Harvard Medical School , Neuroscience (1992)
- Fellowship, Harvard Medical School , Psychiatry (1992)
- M.D., Dartmouth , Medicine (1987)
- Fellowship, Stanford University , Neuroscience (1983)
- Ph.D., UCLA , Anatomy and Physiology (1980)

LINKS

- Bipolar and Depression Research Program: <http://Bipolarresearch.stanford.edu>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Suppes is the Director of Exploratory Therapeutics for Mood Disorders and the Founder of the Bipolar and Depression Research Program at the VA Palo Alto Health Care System. She is a recognized expert on the biology and treatment of bipolar disorder, and mood disorders generally. Her areas of specific expertise include long-term treatment strategies for bipolar disorder, identification and treatment of bipolar II disorder, treatment of those with bipolar disorders and co-morbid conditions, and use of complementary medicine for bipolar disorder. She has recently launched a new initiative to explore use of psychedelics for mood disorders. Dr. Suppes has been integrally involved in numerous initiatives to improve evidence-based treatment for bipolar disorders, including chairing the VA/DOD guidelines for bipolar disorder and the Bipolar module of the Texas Medication Algorithm Project. Dr. Suppes recently completed work on updating the APA DMS-5 criteria for Bipolar and Related Disorders. Her current studies include use of the internet as a tool to support individuals with bipolar disorder and appropriate management of treatment-resistant major depression.

CLINICAL TRIALS

- 12-Week Study Evaluating the Efficacy, Safety, and Tolerability of Adjunctive Infliximab for Bipolar I/II Depression, Not Recruiting
- Acute Treatment of Bipolar II Depression, Not Recruiting
- An Open Label Study of the Safety and Efficacy of Psilocybin in Participants With Treatment-Resistant Depression (P-TRD), Not Recruiting
- Internet-Based Interventions for Bipolar Disorder, Not Recruiting

- MDMA-assisted Therapy Versus Cognitive Processing Therapy for Veterans with Severe Posttraumatic Stress Disorder, Not Recruiting
- PRIME Care (PRrecision Medicine In MEntal Health Care), Not Recruiting
- VA Augmentation and Switching Treatments for Improving Depression Outcomes, Not Recruiting

Teaching

COURSES

2024-25

- Introduction to Psychedelic Medicine: PSYC 215B (Win)

2023-24

- Introduction to Psychedelic Medicine: PSYC 215B (Win)

2022-23

- Introduction to Psychedelic Medicine: PSYC 215B (Win)

2021-22

- Introduction to Psychedelic Medicine: PSYC 215B (Win)
- Psychedelics and Social Justice: PSYC 216 (Spr)

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Neurosciences (Phd Program)
- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Attitudes on pharmacogenetic testing in psychiatric patients with treatment-resistant depression** *DEPRESSION AND ANXIETY*
McCarthy, M. J., Chen, Y., Demodena, A., Fisher, E., Golshan, S., Suppes, T., Kelsoe, J. R.
2020
- **Treatment with infliximab augments neuronal insulin signaling in adults with bipolar depression**
Mansur, R., Delgado-Peraza, F., Subramaniapillai, M., Lee, Y., Iacobucci, M., Nasri, F., Rosenblat, J., Brietzke, E., Cosgrove, V., Kramer, N., Suppes, T., Chawla, S., Noguera-Ortiz, et al
WILEY.2020: 51
- **Strategies for Shifting From Acute to Maintenance Treatment for Bipolar I Disorder.** *The Journal of clinical psychiatry*
Suppes, T.
2020; 81 (1)
- **Evidence-Based Treatment Targets, Selection, and Strategies for Acute Manic and Mixed Episodes of Bipolar I Disorder.** *The Journal of clinical psychiatry*
Suppes, T.
2019; 81 (1)
- **A pooled post hoc analysis evaluating the safety and tolerability of cariprazine in bipolar depression.** *Journal of affective disorders*
Earley, W. R., Burgess, M., Rekedal, L., Hankinson, A., McIntyre, R. S., Suppes, T., Calabrese, J. R., Yatham, L. N.
2019; 263: 386–95
- **A SYSTEMATIC REVIEW OF PSILOCYBIN IN THE TREATMENT OF DEPRESSION AND ANXIETY**
Lyu, J., Hambro, B., Suppes, T.
ELSEVIER SCIENCE BV.2019: 149
- **A clinical model for identifying an inflammatory phenotype in mood disorders** *JOURNAL OF PSYCHIATRIC RESEARCH*

- Kramer, N. E., Cosgrove, V. E., Dunlap, K., Subramaniapillai, M., McIntyre, R. S., Suppes, T.
2019; 113: 148–58
- **Testing a clinical staging model for bipolar disorder using longitudinal life chart data** *BIPOLAR DISORDERS*
van der Markt, A., Klumpers, U. H., Draisma, S., Dols, A., Nolen, W. A., Post, R. M., Altshuler, L. L., Frye, M. A., Grunze, H., Keck, P. E., McElroy, S. L., Suppes, T., Beekman, et al
2019; 21 (3): 228–34
 - **A clinical model for identifying an inflammatory phenotype in mood disorders.** *Journal of psychiatric research*
Kramer, N. E., Cosgrove, V. E., Dunlap, K., Subramaniapillai, M., McIntyre, R. S., Suppes, T.
2019; 113: 148–58
 - **A randomized controlled trial of MoodSwings 2.0: An internet-based self-management program for bipolar disorder.** *Bipolar disorders*
Gliddon, E., Cosgrove, V., Berk, L., Lauder, S., Mohebbi, M., Grimm, D., Dodd, S., Coulson, C., Raju, K., Suppes, T., Berk, M.
2019; 21 (1): 28-39
 - **Efficacy of Adjunctive Infliximab vs Placebo in the Treatment of Adults With Bipolar I/II Depression: A Randomized Clinical Trial.** *JAMA psychiatry*
McIntyre, R. S., Subramaniapillai, M. n., Lee, Y. n., Pan, Z. n., Carmona, N. E., Shekotikhina, M. n., Rosenblat, J. D., Brietzke, E. n., Soczynska, J. K., Cosgrove, V. E., Miller, S. n., Fischer, E. G., Kramer, et al
2019
 - **Treatment-resistant and multi-therapy-resistant criteria for bipolar depression: consensus definition** *BRITISH JOURNAL OF PSYCHIATRY*
Hidalgo-Mazzei, D., Berk, M., Cipriani, A., Cleare, A. J., Di Florio, A., Dietch, D., Geddes, J. R., Goodwin, G. M., Grunze, H., Hayes, J. F., Jones, I., Kasper, S., Macritchie, et al
2019; 214 (1): 27–35
 - **Treatment-resistant and multi-therapy-resistant criteria for bipolar depression: consensus definition.** *The British journal of psychiatry : the journal of mental science*
Hidalgo-Mazzei, D., Berk, M., Cipriani, A., Cleare, A. J., Florio, A. D., Dietch, D., Geddes, J. R., Goodwin, G. M., Grunze, H., Hayes, J. F., Jones, I., Kasper, S., Macritchie, et al
2018: 1–9
 - **Testing a clinical staging model for bipolar disorder using longitudinal life chart data.** *Bipolar disorders*
van der Markt, A., Klumpers, U. M., Draisma, S., Dols, A., Nolen, W. A., Post, R. M., Altshuler, L. L., Frye, M. A., Grunze, H., Keck, P. E., McElroy, S. L., Suppes, T., Beekman, et al
2018
 - **More assortative mating in US compared to European parents and spouses of patients with bipolar disorder: implications for psychiatric illness in the offspring.** *European archives of psychiatry and clinical neuroscience*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
2018
 - **Post hoc analyses of asenapine treatment in pediatric patients with bipolar I disorder: efficacy related to mixed or manic episode, stage of illness, and body weight.** *Neuropsychiatric disease and treatment*
Findling, R. L., Earley, W., Suppes, T., Patel, M., Wu, X., Chang, C. T., McIntyre, R. S.
2018; 14: 1941-1952
 - **Multigenerational transmission of liability to psychiatric illness in offspring of parents with bipolar disorder** *BIPOLAR DISORDERS*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Leverich, G. S., Nolen, W. A.
2018; 20 (5): 432–40
 - **Prevalence of axis II comorbidities in bipolar disorder: relationship to mood state** *BIPOLAR DISORDERS*
Post, R. M., Leverich, G. S., McElroy, S., Kupka, R., Suppes, T., Altshuler, L., Nolen, W., Frye, M., Keck, P., Grunze, H., Helleman, G.
2018; 20 (4): 303–12
 - **Axis II Personality Disorders Are Linked to an Adverse Course of Bipolar Disorder** *JOURNAL OF NERVOUS AND MENTAL DISEASE*
Post, R. M., McElroy, S., Kupka, R., Suppes, T., Helleman, G., Nolen, W., Frye, M., Keck, P., Grunze, H., Rowe, M.
2018; 206 (6): 469–72
 - **Early Intervention in Bipolar Disorder** *AMERICAN JOURNAL OF PSYCHIATRY*

Vieta, E., Salagre, E., Grande, I., Carvalho, A. F., Fernandes, B. S., Berk, M., Birmaher, B., Tohen, M., Suppes, T.
2018; 175 (5): 411–26

- **UNDERSTANDING TREATMENT RESPONSE TO INTEGRATED BEHAVIOR THERAPY FOR COMORBID OBESITY AND DEPRESSION IN PRIMARY CARE**
Ma, J., Lv, N., Rosas, L., Xiao, L., Lavori, P., Venditti, E., Lewis, M., Snowden, M., Ward, E., Smyth, J., Suppes, T., Goldstein-Piekarski, A., Williams, et al
OXFORD UNIV PRESS INC.2018: S129
- **Bipolar disorders** *NATURE REVIEWS DISEASE PRIMERS*
Vieta, E., Berk, M., Schulze, T. G., Carvalho, A. F., Suppes, T., Calabrese, J. R., Gao, K., Miskowiak, K. W., Grande, I.
2018; 4: 18008
- **A randomized controlled trial of moodswings 2.0: An internet-based self-management program for bipolar disorder**
Gliddon, E., Cosgrove, V., Berk, L., Lauder, S., Mohebbi, M., Grimm, D., Dodd, S., Coulson, C., Raju, K., Suppes, T., Berk, M.
WILEY.2018: 60
- **Depression With Mixed Features in Major Depressive Disorder: A New Diagnosis or There All Along?** *JOURNAL OF CLINICAL PSYCHIATRY*
Ostacher, M. J., Suppes, T.
2018; 79 (2): 94–95
- **Depression With Mixed Features in Major Depressive Disorder: A New Diagnosis or There All Along?** *The Journal of clinical psychiatry*
Ostacher, M. J., Suppes, T.
2018
- **Bipolar patients in the us are quadrupally vulnerable and sensitized to a poor outcome: A national public health emergency should be declared**
Post, R., Frye, M., Kupka, R., Nolen, W., Altshuler, L., McElroy, S., Suppes, T., Grunze, H., Keck, P., Row, M.
WILEY.2018: 87
- **User engagement within the moodswings 2.0 online self-guided intervention for bipolar disorder**
Cosgrove, V., Gliddon, E., Berk, L., Lauder, S., Grimm, D., Dodd, S., Suppes, T., Berk, M.
WILEY.2018: 30
- **Efficacy and tolerability of divalproex sodium plus adjunctive quetiapine, lithium, or placebo for hypomanic or manic episodes in outpatients with bipolar I disorder**
Fischer, E. G., Cosgrove, V., Suppes, T., Lange, N. K., Gwizdowski, I., Doan, G., Ostacher, M.
WILEY.2018: 116
- **Canadian Network for Mood and Anxiety Treatments (CANMAT) and International Society for Bipolar Disorders (ISBD) 2018 guidelines for the management of patients with bipolar disorder** *BIPOLAR DISORDERS*
Yatham, L. N., Kennedy, S. H., Parikh, S. V., Schaffer, A., Bond, D. J., Frey, B. N., Sharma, V., Goldstein, B. I., Rej, S., Beaulieu, S., Alda, M., MacQueen, G., Milev, et al
2018; 20 (2): 97–170
- **The association between mood state and chronobiological characteristics in bipolar I disorder: a naturalistic, variable cluster analysis-based study** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
Gonzalez, R., Suppes, T., Zeitzer, J., McClung, C., Tamminga, C., Tohen, M., Forero, A., Dwivedi, A., Alvarado, A.
2018; 6: 5
- **The ENGAGE study: Integrating neuroimaging, virtual reality and smartphone sensing to understand self-regulation for managing depression and obesity in a precision medicine model.** *Behaviour research and therapy*
Williams, L. M., Pines, A. n., Goldstein-Piekarski, A. N., Rosas, L. G., Kullar, M. n., Sacchet, M. D., Gevaert, O. n., Bailenson, J. n., Lavori, P. W., Dagum, P. n., Wandell, B. n., Correa, C. n., Greenleaf, et al
2018; 101: 58–70
- **Post hoc analyses of asenapine treatment in pediatric patients with bipolar I disorder: efficacy related to mixed or manic episode, stage of illness, and body weight** *NEUROPSYCHIATRIC DISEASE AND TREATMENT*
Findling, R. L., Earley, W., Suppes, T., Patel, M., Wu, X., Chang, C., McIntyre, R. S.
2018; 14: 1941–52

- **Monitoring for antidepressant-associated adverse events in the treatment of patients with major depressive disorder: An international consensus statement** *WORLD JOURNAL OF BIOLOGICAL PSYCHIATRY*
Dodd, S., Mitchell, P. B., Bauer, M., Yatham, L., Young, A. H., Kennedy, S. H., Williams, L., Suppes, T., Lopez Jaramillo, C., Trivedi, M. H., Fava, M., Rush, A., McIntyre, et al
2018; 19 (5): 330–48
- **Online ethics: where will the interface of mental health and the internet lead us?** *International journal of bipolar disorders*
Cosgrove, V., Gliddon, E., Berk, L., Grimm, D., Lauder, S., Dodd, S., Berk, M., Suppes, T.
2017; 5 (1): 26-?
- **Anxiety, irritability, and agitation as indicators of bipolar mania with depressive symptoms: a post hoc analysis of two clinical trials** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
Suppes, T., Eberhard, J., Lemming, O., Young, A. H., McIntyre, R. S.
2017; 5: 36
- **The relationship between self-reported borderline personality features and prospective illness course in bipolar disorder** *INTERNATIONAL JOURNAL OF BIPOLAR DISORDERS*
Riemann, G., Weisscher, N., Post, R. M., Altshuler, L., McElroy, S., Frye, M. A., Keck, P. E., Leverich, G. S., Suppes, T., Grunze, H., Nolen, W. A., Kupka, R. W.
2017; 5: 31
- **Florida Best Practice Psychotherapeutic Medication Guidelines for Adults With Major Depressive Disorder** *JOURNAL OF CLINICAL PSYCHIATRY*
McIntyre, R. S., Suppes, T., Tandon, R., Ostacher, M.
2017; 78 (6): 703–13
- **Compared to Europeans, bipolar patients in the us have all the poor prognosis factors**
Post, R., Altshuler, L., Kupka, R., Keck, P., McElroy, S., Frye, M., Rowe, M., Grunze, H., Suppes, T., Leverich, G., Nolen, W.
WILEY.2017: 73–74
- **Discussion forum engagement within an internet-based program for bipolar disorder: impacts on social support, stigma, quality of life and mood severity**
Gliddon, E., Berk, L., Lauder, S., Cosgrove, V., Grimm, D., Dodd, S., Suppes, T., Berk, M.
WILEY.2017: 53
- **User engagement within the moodswings 2.0 online self-guided intervention for bipolar disorder**
Cosgrove, V., Gliddon, E., Berk, L., Lauder, S., Grimm, D., Dodd, S., Suppes, T., Berk, M.
WILEY.2017: 54
- **Mixed features in major depressive disorder: diagnoses and treatments** *CNS SPECTRUMS*
Suppes, T., Ostacher, M.
2017; 22 (2): 155-160
- **MECHANISTIC SELF-REGULATION TARGETS IN INTEGRATED BEHAVIOR THERAPY FOR OBESE AND DEPRESSED ADULTS: RAINBOW-ENGAGE STUDY**
Ma, J., Rosas, L., Snowden, M., Wandell, B., Bailenson, J., Greenleaf, W., Dagum, P., Lavori, P., Suppes, T., Lewis, M., Smyth, J., Williams, L.
SPRINGER.2017: S1596–S1597
- **More childhood onset bipolar disorder in the United States than Canada or Europe: Implications for treatment and prevention** *NEUROSCIENCE AND BIOBEHAVIORAL REVIEWS*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Leverich, G. S., Nolen, W. A.
2017; 74: 204–13
- **Switch Rates During Acute Treatment for Bipolar II Depression With Lithium, Sertraline, or the Two Combined: A Randomized Double-Blind Comparison** *AMERICAN JOURNAL OF PSYCHIATRY*
Altshuler, L. L., Sugar, C. A., McElroy, S. L., Calimlim, B., Gitlin, M., Keck, P. E., Aquino-Elias, A., Martens, B. E., Fischer, G., English, T. L., Roach, J., Suppes, T.
2017; 174 (3): 266–76
- **Progressing MoodSwings. The upgrade and evaluation of MoodSwings 2.0: An online intervention for bipolar disorder.** *Contemporary clinical trials*

Lauder, S., Cosgrove, V. E., Gliddon, E., Grimm, D., Dodd, S., Berk, L., Castle, D., Suppes, T. S., Berk, M.
2017

- **Increased Activity or Energy as a Primary Criterion for the Diagnosis of Bipolar Mania in DSM-5: Findings From the STEP-BD Study** *AMERICAN JOURNAL OF PSYCHIATRY*
Machado-Vieira, R., Luckenbaugh, D. A., Ballard, E. D., Henter, I. D., Tohen, M., Suppes, T., Zarate, C. A.
2017; 174 (1): 70–76
- **Illnesses in siblings of US patients with bipolar disorder relate to multigenerational family history and patients severity of illness** *JOURNAL OF AFFECTIVE DISORDERS*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Nolen, W. A.
2017; 207: 313–19
- **Resting-State Functional Connectivity Dysfunction in Anhedonia as a Transdiagnostic Process: An RDoC Investigation**
Samara, Z., Goldstein-Piekarski, A. N., Suppes, T., Yesavage, J., Williams, L.
NATURE PUBLISHING GROUP.2016: S503
- **Human amygdala engagement moderated by early life stress exposure is a biobehavioral target for predicting recovery on antidepressants** *PROCEEDINGS OF THE NATIONAL ACADEMY OF SCIENCES OF THE UNITED STATES OF AMERICA*
Goldstein-Piekarski, A. N., Korgaonkar, M. S., Green, E., Suppes, T., Schatzberg, A. F., Hastie, T., Nemeroff, C. B., Williams, L. M.
2016; 113 (42): 11955-11960
- **Age at Onset of Bipolar Disorder Related to Parental and Grandparental Illness Burden** *JOURNAL OF CLINICAL PSYCHIATRY*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Leverich, G. S., Nolen, W. A.
2016; 77 (10): E1309–E1315
- **Age of onset of bipolar disorder: Combined effect of childhood adversity and familial loading of psychiatric disorders** *JOURNAL OF PSYCHIATRIC RESEARCH*
Post, R. M., Altshuler, L. L., Kupka, R., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Leverich, G. S., Nolen, W. A.
2016; 81: 63–70
- **Mixed Depression in Bipolar Disorder: Prevalence Rate and Clinical Correlates During Naturalistic Follow-Up in the Stanley Bipolar Network** *AMERICAN JOURNAL OF PSYCHIATRY*
Miller, S., Suppes, T., Mintz, J., Helleman, G., Frye, M. A., McElroy, S. L., Nolen, W. A., Kupka, R., Leverich, G. S., Grunze, H., Altshuler, L. L., Keck, P. E., Post, et al
2016; 173 (10): 1015-1023
- **Further Evidence of a Cohort Effect in Bipolar Disorder: More Early Onsets and Family History of Psychiatric Illness in More Recent Epochs** *JOURNAL OF CLINICAL PSYCHIATRY*
Post, R. M., Kupka, R., Keck, P. E., McElroy, S. L., Altshuler, L. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Leverich, G. S., Nolen, W. A.
2016; 77 (8): 1043–49
- **Major depressive disorder with subthreshold hypomania (mixed features): Clinical characteristics of patients entered in a multiregional, placebo-controlled study** *PROGRESS IN NEURO-PSYCHOPHARMACOLOGY & BIOLOGICAL PSYCHIATRY*
Targum, S. D., Suppes, T., Pendergrass, J., Lee, S., Silva, R., Cucchiari, J., Loebel, A.
2016; 68: 9–14
- **Stanley foundation bipolar network: predictors of psychosocial outcome**
Bennett, F., Grunz, H., Close, A., Schaeerer, L., Suppes, T., Mintz, J., Helleman, G., Frye, M., McElroy, S., Nolen, W., Kupka, R., Leverich, G., Altshuler, et al
WILEY-BLACKWELL.2016: 81
- **Lurasidone adjunctive with lithium or valproate for bipolar depression: A placebo-controlled trial utilizing prospective and retrospective enrolment cohorts** *JOURNAL OF PSYCHIATRIC RESEARCH*
Suppes, T., Kroger, H., Pikalov, A., Loebel, A.
2016; 78: 86–93
- **Florida Best Practice Psychotherapeutic Medication Guidelines for Adults With Bipolar Disorder: A Novel, Practical, Patient-Centered Guide for Clinicians.** *journal of clinical psychiatry*
Ostacher, M. J., Tandon, R., Suppes, T.
2016; 77 (7): 920-926

- **Is bipolar II response to treatment really the same as bipolar I disorder?**
Suppes, T.
WILEY-BLACKWELL.2016: 22
- **Offspring of parents with bipolar illness from the US are more ill than those from the Netherlands and Germany**
Post, R. M., Altshuler, L. L., Kupka, R. W., McElroy, S. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Keck, P. E., Leverich, G. S., Nolen, W. A.
WILEY-BLACKWELL.2016: 35
- **Increased Suicidal Ideation in Patients with Co-Occurring Bipolar Disorder and Post-Traumatic Stress Disorder.** *Archives of suicide research*
Carter, J. M., Arentsen, T. J., Cordova, M. J., Ruzek, J., Reiser, R., Suppes, T., Ostacher, M. J.
2016: 1-12
- **Four Generations of US Patients Are More Ill than those from the Netherlands and Germany**
Post, R. M., Leverich, G. S., Altshuler, L., Kupka, R., Keck, P., McElroy, S., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Nolen, W. A.
ELSEVIER SCIENCE INC.2016: 52S
- **Relationship Between Circadian Genes, Sleep, Rhythms, and Clinical Characteristics in Bipolar Disorder**
Gonzalez, R., Gonzalez, S. D., Gupta, J., Mallawaarachchi, I., McClung, C., Tohen, M., Tamminga, C., Suppes, T.
ELSEVIER SCIENCE INC.2016: 227S–228S
- **Clinical correlates of sustained response to individual drugs used in naturalistic treatment of patients with bipolar disorder** *COMPREHENSIVE PSYCHIATRY*
Post, R. M., Leverich, G. S., Kupka, R., Keck, P. E., McElroy, S. L., Altshuler, L. L., Frye, M. A., Rowe, M., Grunze, H., Suppes, T., Nolen, W. A.
2016; 66: 146–56
- **Lurasidone for the Treatment of Major Depressive Disorder With Mixed Features: A Randomized, Double-Blind, Placebo-Controlled Study** *AMERICAN JOURNAL OF PSYCHIATRY*
Suppes, T., Silva, R., Cucchiari, J., Mao, Y., Targum, S., Streicher, C., Pikalov, A., Loebel, A.
2016; 173 (4): 400–407
- **Developing a clinical translational neuroscience taxonomy for anxiety and mood disorder: protocol for the baseline-follow up Research domain criteria Anxiety and Depression ("RAD") project** *BMC PSYCHIATRY*
Williams, L. M., Goldstein-Piekarski, A. N., Chowdhry, N., Grisanzio, K. A., Haug, N. A., Samara, Z., Etkin, A., O'Hara, R., Schatzberg, A. F., Suppes, T., Yesavage, J.
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