



## Shireen N. Heidari

Clinical Assistant Professor, Medicine - Primary Care and Population Health

### CLINICAL OFFICES

- **Stanford Palliative Medicine**

300 Pasteur Dr Rm HC005

MC 5277

Stanford, CA 94305

**Tel** (650) 724-7054

**Fax** (650) 723-8596

### Bio

---

#### BIO

Shireen Heidari, MD is a palliative care and family medicine physician. She works as part of the inpatient palliative care consult team providing complex symptom management and support for patients and families facing any stage of a serious illness. Dr. Heidari is the rotation director for students, residents and fellows on the Stanford inpatient palliative consult service. She is also the clinical lead for the Stanford site of the PERIOP-PC Study, which involves collaboration with the surgical department to evaluate the impact of surgeon-palliative care team co-management for patients and family members preparing for major upper gastrointestinal cancer surgery.

Before joining the faculty at Stanford, Dr. Heidari attended medical school at Boston University, completed her residency at UC San Diego where she served as chief resident, followed by palliative fellowship at UCLA. Her interests include early palliative care integration, narrative medicine, and expanding primary palliative care skills for all clinicians. When not working at the hospital she is likely writing creatively or outside chasing her border collie.

#### CLINICAL FOCUS

- Palliative Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

#### HONORS AND AWARDS

- Annual Division Teaching Award, Stanford Medicine - Division of Primary Care and Population Health (2021)
- Chief Resident, Family Medicine, University of California, San Diego (2014-2015)
- Tomorrow's Leader Award, American Academy of Family Physicians (2013)
- Member, Gold Humanism Honor Society (2011-present)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, Diversity, Equity, and Inclusion Committee - Primary Care and Population Health (2020 - present)

- Member, Medical Education Leadership Committee - Primary Care and Population Health (2018 - present)
- Member, Pegasus Physician Writers at Stanford (2016 - present)
- Member, American Academy of Hospice and Palliative Medicine (AAHPM) (2015 - present)
- Member, American Medical Association (AMA) (2012 - present)
- Member, American Academy of Family Physicians (AAFP) (2012 - 2020)

## PROFESSIONAL EDUCATION

- Medical Education: Boston University School of Medicine (2012) MA
- Board Certification: Hospice and Palliative Medicine, American Board of Family Medicine (2016)
- Fellowship: University of California, Los Angeles CA
- Board Certification: Family Medicine, American Board of Family Medicine (2015)
- Chief Resident, University of California San Diego , Family Medicine
- Residency: University of California San Diego (2015) CA

## LINKS

- narrative piece in Lancet Respiratory Medicine: [https://www.thelancet.com/journals/lanres/article/PIIS2213-2600\(21\)00028-X/fulltext](https://www.thelancet.com/journals/lanres/article/PIIS2213-2600(21)00028-X/fulltext)
- short piece on responding to unexpected statements: <https://closler.org/connecting-with-patients/how-to-respond-to-unexpected-things-your-patient-tells-you>

## Research & Scholarship

---

### CLINICAL TRIALS

- Perioperative Palliative Care Surrounding Cancer Surgery for Patients & Their Family Members, Recruiting

## Publications

---

### PUBLICATIONS

- **Touch, and the absence of it.** *The Lancet. Respiratory medicine*  
Heidari, S. N.  
2021