

# Stanford

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## Jennifer Douglas, PhD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICES

- **Psychiatry**

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### Bio

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#### BIO

Dr. Jen Douglas specializes in the management of anxiety, disordered eating, and trauma. She maintains a practice of conducting psychotherapy, teaching, and supervision from an intersectional lens. Dr. Douglas currently serves patients through the Eating Disorders, THRIVE, and DBT Clinics at Stanford School of Medicine.

#### CLINICAL FOCUS

- Psychology
- Anxiety
- Trauma
- Feeding and Eating Disorders
- Emotional Dysregulation

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

#### PROFESSIONAL EDUCATION

- Fellowship: Stanford University School of Medicine (2017) CA
- PhD, SDSU/University of California San Diego Joint Doctoral Program in Clinical Psychology
- Internship, Greater Hartford Clinical Psychology Internship Consortium