

Stanford



Jennifer Douglas

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICES

- **Psychiatry**

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Bio

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Dr. Jen Douglas specializes in the management of anxiety, disordered eating, and trauma. She maintains a practice of conducting psychotherapy, teaching, and supervision from an intersectional lens. Dr. Douglas currently serves patients through the Eating Disorders, THRIVE, and DBT Clinics at Stanford School of Medicine.

CLINICAL FOCUS

- Psychology
- Anxiety
- Trauma
- Eating Disorders
- Emotional Dysregulation

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

PROFESSIONAL EDUCATION

- PhD, SDSU/University of California San Diego Joint Doctoral Program in Clinical Psychology
- Internship, Greater Hartford Clinical Psychology Internship Consortium
- Fellowship: Stanford University School of Medicine CA