



Michelle Solone

Clinical Assistant Professor, Obstetrics & Gynecology - General

CLINICAL OFFICES

- **Obstetrics and Gynecology**

300 Pasteur Dr Rm HH333

MC 5317

Stanford, CA 94305

Tel (650) 498-4069

Fax (650) 723-7737

Bio

BIO

Dr. Solone was born at Stanford Hospital and grew up in northern California. She went to UC Davis for college where she studied Exercise Science and was the captain of the cross country and track and field teams. She worked as a personal trainer and teacher before starting medical school at UC Irvine. She then returned to the Bay Area to attend Stanford for her residency in Obstetrics and Gynecology. In her final year of residency she was an Administrative Chief resident. As a Clinical Instructor and Assistant Residency Program Director in the Department of Obstetrics and Gynecology she enjoys teaching residents, working on Labor and Delivery, performing gynecologic surgery, and seeing a variety of patients at the Gynecology and Obstetrics clinics. She also sees patients at the Palo Alto Veteran's Affairs Gynecology clinic one day per week. Dr. Solone is proud to work at the exceptional institution where she completed her residency training and where her children were delivered.

CLINICAL FOCUS

- Obstetrics and Gynecology
- Abnormal pap smears
- Abnormal uterine bleeding
- Fibroids
- Minimally invasive surgery
- Pregnancy
- Pelvic masses
- Vaginismus

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Obstetrics & Gynecology - General

ADMINISTRATIVE APPOINTMENTS

- Assistant Residency Program Director, Department of Obstetrics and Gynecology, (2017- present)

HONORS AND AWARDS

- Society for Maternal-Fetal Medicine Resident Award for Excellence in Obstetrics, Stanford Department of Obstetrics and Gynecology (2015)
- Commendation for Excellence in Teaching, Resident Award, Stanford Department of Obstetrics and Gynecology (2016)

PROFESSIONAL EDUCATION

- Residency: Stanford University Obstetrics and Gynecology Residency (2016) CA
- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2018)
- Board Certification, American Board of Obstetrics and Gynecology (2018)
- Medical Education: University of California Irvine College of Medicine (2012) CA

Publications

PUBLICATIONS

- **Physician Work-Life Integration: Challenges and Strategies for Improvement.** *Clinical obstetrics and gynecology*
Karakash, S., Solone, M., Chavez, J., Shanafelt, T.
2019
- **Therapist Guided Exposure Treatment for Vaginismus: Simulation and Immersive Learning Applications**
Solone, M., Lynd, K., Williams, K. E., May, M., Nemecek, P., Weitlauf, J.
LIPPINCOTT WILLIAMS & WILKINS.2018: 150S