

Stanford



Maisa Ziadni

Instructor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICES

- **Stanford Pain Management Center**

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Bio

CLINICAL FOCUS

- Psychology
- Pain Management

ACADEMIC APPOINTMENTS

- Instructor, Anesthesiology, Perioperative and Pain Medicine

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Psychology Postdoctoral Fellowship (2018) CA
- Internship: Rush University Medical Center GME Office (2016) IL
- PhD Training: Wayne State University School of Medicine (2016) MI

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Novel and integrative interventions for pain management

CLINICAL TRIALS

- Single Session Class to Reduce Opioid Use in Chronic Pain, Recruiting

Publications

PUBLICATIONS

- **Evaluation of the Preliminary Validity of Misuse of Prescription Pain Medication Items from the Patient-Reported Outcomes Measurement Information System (PROMIS)(R) *PAIN MEDICINE***

You, D., Hah, J. M., Collins, S., Ziadni, M. S., Domingue, B. W., Cook, K. F., Mackey, S. C.

2019; 20 (10): 1925–33

- **"My Surgical Success": Effect of a Digital Behavioral Pain Medicine Intervention on Time to Opioid Cessation After Breast Cancer Surgery-A Pilot Randomized Controlled Clinical Trial.** *Pain medicine (Malden, Mass.)*
Darnall, B. D., Ziadni, M. S., Krishnamurthy, P., Flood, P., Heathcote, L., Mackey, I. G., Taub, C. J., Wheeler, A.
2019
- **Emotional Awareness and Expression Therapy for Chronic Pain: Outcomes and Emotion-focused Moderators**
Lumley, M. A., Schubiner, H., Williams, D., Thakur, E., Ziadni, M., Holmes, H. A., Carty, J.
LIPPINCOTT WILLIAMS & WILKINS.2019: A191
- **Evaluation of the Preliminary Validity of Misuse of Prescription Pain Medication Items from the Patient-Reported Outcomes Measurement Information System (PROMIS).** *Pain medicine (Malden, Mass.)*
You, D. S., Hah, J. M., Collins, S., Ziadni, M. S., Domingue, B. W., Cook, K. F., Mackey, S. C.
2019
- **Use of Immersive Learning and Simulation Techniques to Teach and Research Opioid Prescribing Practices** *PAIN MEDICINE*
Heirich, M. S., Sinjary, L. S., Ziadni, M. S., Sacks, S., Buchanan, A. S., Mackey, S. C., Newmark, J. L.
2019; 20 (3): 456–63
- **Perceived lack of training moderates relationship between healthcare providers' personality and sense of efficacy in trauma-informed care.** *Anxiety, stress, and coping*
Stevens, N. R., Ziadni, M. S., Lillis, T. A., Gerhart, J., Baker, C., Hobfoll, S. E.
2019: 1–15
- **Injustice Appraisal but not Pain Catastrophizing Mediates the Relationship Between Perceived Ethnic Discrimination and Depression and Disability in Low Back Pain.** *The journal of pain : official journal of the American Pain Society*
Ziadni, M. S., Sturgeon, J. A., Bissell, D., Guck, A., Martin, K. J., Scott, W., Trost, Z.
2019
- **Evaluation of Candidate Items for Severe PTSD Screening for Patients with Chronic Pain: Pilot Data Analysis with IRT Approach.** *Pain practice : the official journal of World Institute of Pain*
You, D. S., Ziadni, M. S., Gilam, G., Darnall, B. D., Mackey, S. C.
2019
- **Characterizing chronic pain in late adolescence and early adulthood: prescription opioids, marijuana use, obesity, and predictors for greater pain interference.** *Pain reports*
Anastas, T., Colpitts, K., Ziadni, M., Darnall, B. D., Wilson, A. C.
2018; 3 (6): e700
- **Sleep quality buffers the effects of negative social interactions on maternal mood in the 3-6month postpartum period: a daily diary study.** *Journal of behavioral medicine*
Lillis, T. A., Hamilton, N. A., Pressman, S. D., Ziadni, M. S., Khou, C. S., Boddy, L. E., Wagner, L. M.
2018; 41 (5): 733–46
- **Use of Immersive Learning and Simulation Techniques to Teach and Research Opioid Prescribing Practices.** *Pain medicine (Malden, Mass.)*
Heirich, M. S., Sinjary, L. S., Ziadni, M. S., Sacks, S., Buchanan, A. S., Mackey, S. C., Newmark, J. L.
2018
- **Examining injustice appraisals in a racially diverse sample of individuals with chronic low back pain.** *The journal of pain : official journal of the American Pain Society*
Trost, Z., Sturgeon, J., Guck, A., Ziadni, M., Nowlin, L., Goodin, B., Scott, W.
2018
- **Voluntary Opioid Tapering-Reply.** *JAMA internal medicine*
Darnall, B. D., Ziadni, M. S., Stieg, R. L.
2018; 178 (6): 875
- **A Life-Stress, Emotional Awareness, and Expression Interview for Primary Care Patients With Medically Unexplained Symptoms: A Randomized Controlled Trial** *HEALTH PSYCHOLOGY*
Ziadni, M. S., Carty, J. N., Doherty, H. K., Porcerelli, J. H., Rapport, L. J., Schubiner, H., Lumley, M. A.
2018; 37 (3): 282–90

- **Perceived injustice in chronic pain: an examination through the lens of predictive processing.** *Pain management*
Bissell, D. A., Ziadni, M. S., Sturgeon, J. A.
2018; 8 (2): 129–38
- **Patient-Centered Prescription Opioid Tapering in Community Outpatients with Chronic Pain** *JAMA Internal Medicine*
Darnall, B., Ziadni, M., Stieg, R., Mackey, I., Kao, M., Flood, P.
2018; Feb 19
- **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial.** *Trials*
Darnall, B. D., Ziadni, M. S., Roy, A., Kao, M. C., Sturgeon, J. A., Cook, K. F., Lorig, K., Burns, J. W., Mackey, S. C.
2018; 19 (1): 165
- **Patient-Centered Prescription Opioid Tapering in Community Outpatients With Chronic Pain.** *JAMA internal medicine*
Darnall, B. D., Ziadni, M. S., Stieg, R. L., Mackey, I. G., Kao, M. C., Flood, P.
2018; 178 (5): 707–8
- **CARE Scale - 7: Development and Preliminary Validation of a Measure to Assess Factors Impacting Self-care in Chronic Pain.** *The Clinical journal of pain*
Ziadni, M., You, D. S., Wilson, A. C., Darnall, B. D.
2018
- **CARE Scale - 7: Development and preliminary validation of a measure assessing factors that impact self-care in chronic pain** *Clin J Pain*
Ziadni, M., You, S., Wilson, A., Darnall, B.
2018; March
- **Comparative Efficacy and Mechanisms of a Single-Session Pain Psychology Class in Chronic Low Back Pain: Study Protocol for a Randomized Controlled Trial** *Trials*
Darnall, B., Siadni, M., Roy, A., Kao, M., Sturgeon, J., Cook, K., Lorig, K., Burns, J., Mackey, S.
2018: 165
- **THE EFFECTS OF A STRESS AND EMOTION INTERVIEW FOR WOMEN WITH UROGENITAL PAIN: A RANDOMIZED TRIAL**
Carty, J., Ziadni, M., Lumley, M., Holmes, H., Tomakowsky, J., Schubiner, H., Dove-Medows, E., Peters, K. M.
WILEY-BLACKWELL.2017: S52
- **Pain catastrophizing, perceived injustice, and pain intensity impair life satisfaction through differential patterns of physical and psychological disruption** *Scand J Pain*
Sturgeon, J., Ziadni, M., Zina, T., Darnall, B., Mackey, S.
2017: 390–96
- **Pain catastrophizing, perceived injustice, and pain intensity impair life satisfaction through differential patterns of physical and psychological disruption.** *Scandinavian journal of pain*
Sturgeon, J. A., Ziadni, M. S., Trost, Z., Darnall, B. D., Mackey, S. C.
2017; 17: 390–96