

# Stanford

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## Nina Vasan, MD, MBA

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

### CLINICAL OFFICES

- **Psychiatry**

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### Bio

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#### BIO

Dr. Nina Vasan is a physician, entrepreneur, and co-author of the #1 Amazon Best Selling book "Do Good Well: Your Guide to Leadership, Action, and Social Innovation", praised by Nobel Peace Prize Laureate Muhammad Yunus as "the primer for social innovation". Dr. Vasan grew up in West Virginia, where she was an active civic entrepreneur (built a nationwide network of teen volunteers for the American Cancer Society) and scientist (won the \$50,000 top Grand Prize at the Intel International Science & Engineering Fair and presented her research in Stockholm during the Nobel Prize Festivities). She majored in Government at Harvard and was named one of the Top 10 College Women in the nation by Glamour Magazine. She served on Barack Obama's Health Policy Advisory Committee and worked at the World Health Organization in Geneva in the Office of Director-General Dr. Margaret Chan.

Dr. Vasan received an MD from Harvard Medical School, where she was chosen by classmates to serve as a commencement speaker. Compelled by her own personal struggles, she is now working to apply her experience in entrepreneurship to brain health. She is the Founder and Director of Brainstorm: The Stanford Lab for Mental Health Innovation ([www.stanfordbrainstorm.com](http://www.stanfordbrainstorm.com)), the world's first academic laboratory dedicated to transforming mental health through entrepreneurship and technology. Dr. Vasan and Brainstorm's team are authoring a book on tech ventures in brain health; they were named by The Financial Times and McKinsey to the international Bracken Bower Prize shortlist for the best business book proposal of the year. Named a "40 Under 40 Healthcare Innovator" by MedTech Boston, she is the Chair of the Committee on Innovation and Founder of the Psychiatry Innovation Lab at the American Psychiatric Association. She worked at McKinsey & Company in Silicon Valley advising healthcare payers and providers, and also advises investors, philanthropists, and healthcare startups. She graduated from Stanford's Adult Psychiatry Residency Training Program, where she was a Chief Resident, and from Stanford's Graduate School of Business (MBA '18).

She is currently a Clinical Assistant Professor in the Department of Psychiatry, the Chief Psychiatrist at Silicon Valley Executive Psychiatry, a boutique private practice for executives and entrepreneurs ([www.siliconvalleypsychiatry.com](http://www.siliconvalleypsychiatry.com)), and Chief Medical Officer of Real.

### CLINICAL FOCUS

- Psychiatry
- Technology

- Entrepreneurship
- Business
- Innovation
- Artificial Intelligence
- Consumer Products
- Wearables

## **ACADEMIC APPOINTMENTS**

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

## **BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS**

- Chair, Committee on Innovation, American Psychiatric Association (2019 - present)
- Advisory Board Member, HackMentalHealth (2018 - present)
- National Leadership Council, Society for Science and the Public (2017 - present)
- Founder and Chair, Psychiatry Innovation Lab, American Psychiatric Association (2015 - present)
- Committee on Mental Health Information Technology, American Psychiatric Association (2017 - 2019)
- Presidential Board of Trustees Workgroup on Access & Innovation in Psychiatric Care, American Psychiatric Association (2017 - 2018)
- Joint Reference Committee, American Psychiatric Association (2016 - 2017)
- Council on Quality Care, American Psychiatric Association (2015 - 2017)
- National Advisory Board, Cogito.org (2005 - 2015)
- Health Policy Advisory Committee, Co-Leader of Battleground State Outreach, Obama for America (2008 - 2009)
- Committee on Publications of the Massachusetts Medical Society, The New England Journal of Medicine (2008 - 2009)

## **PROFESSIONAL EDUCATION**

- Residency: Stanford University Adult Psychiatry Residency (2018) CA
- Medical Education: Harvard Medical School (2013) MA
- Board Certification, American Board of Psychiatry and Neurology , Psychiatry (2018)
- MBA, Stanford Graduate School of Business , Business (2018)
- MD, Harvard Medical School , Medicine (2013)
- AB, Harvard College , Government (2006)

## **LINKS**

- LinkedIn: <http://www.linkedin.com/in/ninavasan>
- Stanford Lab for Mental Health Innovation: <http://www.stanfordbrainstorm.com>
- Silicon Valley Executive Psychiatry: <http://www.siliconvalleypsychiatry.com>

## **Research & Scholarship**

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### **CURRENT RESEARCH AND SCHOLARLY INTERESTS**

Mental illness is the greatest thief of human potential today. By harnessing the power of medicine, entrepreneurship, and technology, we can return that potential to the 2 billion people suffering around the world.

Brainstorm is the world's first academic laboratory dedicated to transforming mental health through innovation and entrepreneurship.

## PROJECTS

- Building "Compassionate Search" with Pinterest

## Teaching

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## COURSES

2019-20

- Designing for the 2 billion: Leading Innovation in Mental Health: PSYC 240 (Win)

## Publications

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## PUBLICATIONS

- **Do Good Well: Your Guide to Leadership, Action, and Social Innovation**  
Vasan, N., Przybylo, J.  
Wiley/Jossey-Bass.2013