

# Stanford

---



## Philip Okafor

Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

### CLINICAL OFFICES

- **Stanford Gastroenterology and Digestive Health Clinic**

450 Broadway St

Pav D 2nd Fl Pod 2 and 3

Redwood City, CA 94063

**Tel** (650) 736-5555      **Fax** (650) 498-6323

### Bio

---

#### BIO

I am a gastroenterologist who strives to provide high-quality and exceptional medical care to every patient, every day. My patients always come first, so I focus on listening to them at every clinic visit. This enables me provide care that respects their wishes and yields the best outcomes. My clinical practice involves seeing patients with general gastroenterological conditions. In addition, I care for patients with celiac disease, hereditary colon cancer and polyposis syndromes.

#### CLINICAL FOCUS

- Internal Medicine

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Gastroenterology & Hepatology

#### ADMINISTRATIVE APPOINTMENTS

- Clinical Assistant Professor, Stanford Healthcare, (2016- present)

#### HONORS AND AWARDS

- Best Original Research Project, Internal Medicine Residency Program Boston University Medical Center (6/2013)

#### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Chair, American College of Gastroenterology, Diversity, Equity and Inclusion - ACG Ed Universe Health Equity Subcommittee (2020 - present)
- Member, American College of Gastroenterology, Diversity, Equity and Inclusion Committee (2015 - present)
- Member, American College of Gastroenterology (2013 - present)
- Member, American Society for Gastrointestinal Endoscopy (2013 - present)
- Member, American Gastroenterological Association (2013 - present)

#### PROFESSIONAL EDUCATION

- Board Certification: Gastroenterology, American Board of Internal Medicine (2016)

- Board Certification: Internal Medicine, American Board of Internal Medicine (2013)
- Residency: BOSTON MEDICAL CENTER (2013) MA
- Medical Education: College of Medicine University of Ibadan (2005) Nigeria
- Fellowship, Mayo Clinic, Rochester, MN , Gastroenterology (2016)
- Board Certification, American Board of Internal Medicine , Internal Medicine (2013)
- Residency, Boston University, Boston, MA , Internal Medicine (2013)
- C.P.H., National Board of Public Health Examiners , Public Health (2008)
- M.P.H., Harvard University, Boston, MA , Health Policy and Management (2008)
- M.D., University of Ibadan , Medicine (2005)

## Research & Scholarship

---

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

I am a health services researcher who studies variations in access to health care resources, including under- and overutilization of available resources to see how these inequalities impact outcomes. I utilize large database methodologies to identify novel disparities with the goal of finding solutions that will improve health equity for all.

## Publications

---

### PUBLICATIONS

- **Outcomes Following Inter-Hospital Transfer in Patients Admitted With Inflammatory Bowel Disease in the United States**  
Alayo, Q. A., Sedarous, M., Nwaiwu, O., Subramanian, K., Dinh, P., Amini, A., Okafor, P. N.  
LIPPINCOTT WILLIAMS & WILKINS.2020: S368–S369
- **Time Trends and Outcomes of Inter-Hospital Transfer in Patients With Upper Gastrointestinal Bleeding: A Nationwide Analysis**  
Sedarous, M., Alayo, Q. A., Nwaiwu, O., Dinh, P., Subramanian, K., Okafor, P. N.  
LIPPINCOTT WILLIAMS & WILKINS.2020: S311–S312
- **Marijuana, Ondansetron, and Promethazine Are Perceived as Most Effective Treatments for Gastrointestinal Nausea.** *Digestive diseases and sciences*  
Zikos, T. A., Nguyen, L., Kamal, A., Fernandez-Becker, N., Regalia, K., Nandwani, M., Sonu, I., Garcia, M., Okafor, P., Neshatian, L., Grewal, D., Garcia, P., Triadafilopoulos, et al  
2020
- **Cytomegalovirus infection is associated with worse outcomes in inflammatory bowel disease hospitalizations nationwide.** *International journal of colorectal disease*  
Hendler, S. A., Barber, G. E., Okafor, P. N., Chang, M. S., Limsui, D., Limketkai, B. N.  
2020
- **The Fragility of Randomized Placebo-Controlled Trials for Irritable Bowel Syndrome Management**  
Williams, M. O., Dennis, B., Dlamini, V., Nwaiwu, O., Nguyen, L. A., Okafor, P. N.  
LIPPINCOTT WILLIAMS & WILKINS.2019: S287
- **Trends and Per-Patient Expenditures Associated With Proton Pump Inhibitor Use Among the Elderly in the United States: A 10-Year Analysis of the Medical Expenditure Panel Survey**  
Alayo, Q. A., Akanbi, O., Nnanna, O., Adejumo, A. C., Okafor, P. N.  
LIPPINCOTT WILLIAMS & WILKINS.2019: S210
- **Same- vs Different-Hospital Readmissions in Patients With Cirrhosis After Hospital Discharge** *AMERICAN JOURNAL OF GASTROENTEROLOGY*  
Okafor, P. N., Nnadi, A. K., Okoli, O., Huang, A. E., Nwaiwu, O.  
2019; 114 (3): 464–71
- **Same- vs Different-Hospital Readmissions in Patients With Cirrhosis After Hospital Discharge.** *The American journal of gastroenterology*  
Okafor, P. N., Nnadi, A. K., Okoli, O., Huang, A. E., Nwaiwu, O.

2019

- **Response to Rosenblatt et al.** *The American journal of gastroenterology*  
Okafor, P. N., Nnadi, A. K., Okoli, O. n., Huang, A. E., Nwaiwu, O. n.  
2019
- **Prevalence and Outcomes of Chronic Hepatitis B and C in Hospitalized Patients With Inflammatory Bowel Disease**  
Li, K., Hendler, S., Chang, M., Okafor, P. N., Keyashian, K., Lechner, S., Limsui, D., Goel, A., Ho, A., Limketkai, B.  
NATURE PUBLISHING GROUP.2018: S1557–S1558
- **Visual Processing Impairments Detected by Oculometric Assessment Provide Evidence of Obesity-Related Neurological Dysfunction**  
Yeoh, A., Wong, K., Liston, D., Papademetriou, S., Okafor, P. N.  
NATURE PUBLISHING GROUP.2018: S586–S587
- **Endoscopic ultrasound for rectal cancer staging: A population-based study of utilization, impact on treatment patterns, and survival.** *Journal of gastroenterology and hepatology*  
Okafor, P. N., Swanson, K., Shah, N., Talwalkar, J. A.  
2018
- **Rising Incidence of Intestinal Infections in Inflammatory Bowel Disease: A Nationwide Analysis.** *Inflammatory bowel diseases*  
Barber, G. E., Hendler, S. n., Okafor, P. n., Limsui, D. n., Limketkai, B. N.  
2018
- **Secondary analysis of large databases for hepatology research.** *Journal of hepatology*  
Okafor, P. N., Chiejina, M., de Pretis, N., Talwalkar, J. A.  
2016; 64 (4): 946-956
- **Inflammation of the Jejunum Caused by Myeloid Sarcoma.** *Clinical gastroenterology and hepatology : the official clinical practice journal of the American Gastroenterological Association*  
Podboy, A. n., Okafor, P. N., Sweetser, S. n.  
2016; 14 (8): A23–4
- **Socioeconomic Inequalities in the Utilization of Colorectal Stents for the Treatment of Malignant Bowel Obstruction.** *Digestive diseases and sciences*  
Okafor, P. N., Stobaugh, D. J., Wong Kee Song, L. M., Limburg, P. J., Talwalkar, J. A.  
2016; 61 (6): 1669–76
- **African Americans Have Better Outcomes for Five Common Gastrointestinal Diagnoses in Hospitals With More Racially Diverse Patients.** *The American journal of gastroenterology*  
Okafor, P. N., Stobaugh, D. J., van Ryn, M. n., Talwalkar, J. A.  
2016; 111 (5): 649–57
- **Cost-effectiveness of Prophylaxis Against Pneumocystis jiroveci Pneumonia in Patients with Crohn's Disease** *DIGESTIVE DISEASES AND SCIENCES*  
Okafor, P. N., Farraye, F. A., Okafor, A. T., Erim, D. O.  
2015; 60 (12): 3743-3755
- **The Value of Vedolizumab as Rescue Therapy in Moderate-Severe Crohn's Disease Patients with Adalimumab Non-response in the USA** *JOURNAL OF CROHNS & COLITIS*  
Erim, D. O., Mahendraratnam, N., Okafor, P. N., Wheeler, S. B.  
2015; 9 (8): 669-675
- **Effect of vagotomy during Roux-en-Y gastric bypass surgery on weight loss outcomes** *OBESITY RESEARCH & CLINICAL PRACTICE*  
Okafor, P. N., Lien, C., Bairdain, S., Simonson, D. C., Halperin, F., Vernon, A. H., Linden, B. C., Lautz, D. B.  
2015; 9 (3): 274-280
- **Determinants of Palliative Care Utilization Among Patients Hospitalized With Metastatic Gastrointestinal Malignancies.** *The American journal of hospice & palliative care*  
Okafor, P. N., Stobaugh, D. J., Nnadi, A. K., Talwalkar, J. A.  
2015
- **Cost-effectiveness of Nonmelanoma Skin Cancer Screening in Crohn's Disease Patients** *INFLAMMATORY BOWEL DISEASES*  
Okafor, P. N., Stallwood, C. G., Nguyen, L., Sahni, D., Wasan, S. K., Farraye, F. A., Erim, D. O.

2013; 19 (13): 2787-2795

- **Pneumocystis Jiroveci Pneumonia in Inflammatory Bowel Disease: When Should Prophylaxis be Considered?** *INFLAMMATORY BOWEL DISEASES*  
Okafor, P. N., Nunes, D. P., Farraye, F. A.  
2013; 19 (8): 1764-1771
- **Increased Risk of Pneumocystis Jiroveci Pneumonia Among Patients with Inflammatory Bowel Disease** *INFLAMMATORY BOWEL DISEASES*  
Long, M. D., Farraye, F. A., Okafor, P. N., Martin, C., Sandler, R. S., Kappelman, M. D.  
2013; 19 (5): 1018-1024
- **Pneumocystis Jiroveci Pneumonia in Patients with Inflammatory Bowel Disease: A Survey of Prophylaxis Patterns Among Gastroenterology Providers** *INFLAMMATORY BOWEL DISEASES*  
Okafor, P. N., Wasan, S. K., Farraye, F. A.  
2013; 19 (4): 812-817
- **Duodenal obstruction due to erosion and migration of an adjustable gastric band: a novel endoscopic approach to management** *SURGERY FOR OBESITY AND RELATED DISEASES*  
Offodile, A. C., Okafor, P., Shaikh, S. N., Lautz, D., Thompson, C. C.  
2010; 6 (2): 206-208

## PRESENTATIONS

- Discharge Against Medical Advice in Cirrhosis Patients: A Population Based Analysis of Predictors and Impact on Cirrhosis Outcomes - Digestive Disease Week 2018 (5/2018)
- Oculometric Assessment of Dynamic Visual Processing in Patients with Cirrhosis: A Potential Diagnostic Tool For Minimal Hepatic Encephalopathy - Digestive Disease Week 2018 (5/2018)
- Dynamic Visual Processing in Patients with Decompensated Cirrhosis - European Association For The Study of Liver Disease Meeting (4/2018)
- Healthcare Fragmentation after Hospital Discharge in Patients with Cirrhosis: Predictors and Impact on Inpatient Mortality and Hospital Charges - Oral Presentation at the Digestive Diseases Week (5/2017)
- Impact of Point of Care INR Checks on Endoscopy Procedure Cancellations - American College of Gastroenterology (10/2016)
- Endoscopic Ultrasound for Rectal Cancer Staging Increases Neoadjuvant Chemoradiation Utilization and Overall Survival - Digestive Diseases Week 2016 (5/2016)
- Gender and Socioeconomic Disparities in the Locoregional Staging of Rectal Cancer Impact Treatment Patterns and Survival - American College of Gastroenterology (10/2015)
- Stent versus Surgery: Determinants of Treatment Patterns in Elderly Stage IV Colorectal Cancer Patients with Malignant Bowel Obstruction - American College of Gastroenterology (10/2015)
- A Cost-effectiveness Analysis of Early Colorectal Cancer Screening using Multi-target Stool DNA and Optical Colonoscopy in African-Americans - American College of Gastroenterology (10/2015)
- Determinants of Inpatient Palliative Care Utilization among Patients Hospitalized with Metastatic Digestive Tract Cancers - American Society for Clinical Oncology (6/2015)
- Nationwide Disparities in the Inpatient Utilization of Colonic Stents in Patients with Malignant Large Bowel Obstruction - Digestive Disease Week 2015 (5/2015)
- Racial and Socioeconomic Variations in Endoscopic Biliary Stent Utilization among Cholangiocarcinoma Patients - Digestive Disease Week 2015 (5/2015)
- Hospital Inpatient Population Diversity is associated with Major Complication Rates for Five Common Gastrointestinal Diagnoses - Digestive Disease Week 2015 (5/2015)
- Endoscopic Ultrasound Fine Needle Aspiration for the Evaluation of Focal Ampullary Lesions - American College of Gastroenterology (10/2014)
- Prevalence and Trends of Celiac Disease in the United States from 1988 to 2012 - American College of Gastroenterology (10/2014)
- Primary Pneumocystis Jiroveci Prophylaxis in Crohn's Disease Patients on Immunosuppressive Medications - American College of Gastroenterology (10/2013)
- Cost-effectiveness of Nonmelanoma Skin Cancer Screening in Crohn's Disease Patients - Digestive Disease Week 2013 (5/2013)
- Pneumocystis Jiroveci in Inflammatory Bowel Disease: A Survey of Prophylaxis Patterns among Gastroenterology Providers - American College of Gastroenterology (10/2012)
- Risk of Pneumocystis Jiroveci Pneumonia among Patients with Inflammatory Bowel Diseases - Digestive Disease Week 2012 (5/2012)
- Effect of Routine Vagotomy during Roux-n-Y Gastric Bypass on Weight Loss Outcomes - American Society for Metabolic and Bariatric Surgery (5/2012)