



## Jessie (Kittle) Markovits

- Clinical Associate Professor, Medicine
- Clinical Associate Professor (By courtesy), Psychiatry and Behavioral Sciences

### CLINICAL OFFICE (PRIMARY)

- Hospitalist for Stanford Medical Center

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Stanford, CA 94305

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### Bio

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### CLINICAL FOCUS

- Internal Medicine
- Perioperative medicine/Surgical Co-Management
- Perioperative Hypnosis for Symptom Management
- Quality Improvement

### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Medicine
- Clinical Associate Professor (By courtesy), Psychiatry and Behavioral Sciences
- Member, Wu Tsai Neurosciences Institute

### ADMINISTRATIVE APPOINTMENTS

- Lactation Council Representative, Stanford Department of Medicine, (2022- present)

### BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Subject Matter Expert for Opioid Prescribing in Orthopedic Surgery, Vizient (2019 - 2019)
- Member, Research Council, Department of Medicine (2018 - present)
- Center for Innovation and Global Health (CIGH), Faculty Fellow (2016 - present)
- Member, Venous Thromboembolism Committee - Stanford Healthcare (2016 - present)

### PROFESSIONAL EDUCATION

- Residency: Stanford University Internal Medicine Residency (2016) CA
- Medical Education: Tulane University School of Medicine Registrar (2013) LA
- Board Certification: Internal Medicine, American Board of Internal Medicine (2016)

## COMMUNITY AND INTERNATIONAL WORK

- Yale/Stanford Johnson & Johnson Global Health Scholars Program, Sukadana, W. Kalimantan, Indonesia

## Research & Scholarship

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### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Hypnosis for perioperative symptom management in elective orthopedic surgery.

### CLINICAL TRIALS

- Hypnosis for Symptom Management in Elective Orthopedic Surgery, Not Recruiting
- Validating the New Remote Hypnotic Induction Profile (rHIP), Not Recruiting
- COMT Activity and Hypnotizability, Not Specified

## Publications

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### PUBLICATIONS

- **Point of care testing of enzyme polymorphisms for predicting hypnotizability and postoperative pain.** *The Journal of molecular diagnostics : JMD*  
Cortade, D. L., Markovits, J., Spiegel, D., Wang, S. X.  
2023
- **Effects of hypnosis versus enhanced standard of care on postoperative opioid use after total knee arthroplasty: the HYPNO-TKA randomised clinical trial-an infographic.** *Regional anesthesia and pain medicine*  
Gupta, R. K., Markovits, J., Schwenk, E. S.  
2022
- **Effects of hypnosis versus enhanced standard of care on postoperative opioid use after total knee arthroplasty: the HYPNO-TKA randomized clinical trial.** *Regional anesthesia and pain medicine*  
Markovits, J., Blaha, O., Zhao, E., Spiegel, D.  
2022
- **Merits of Surgical Comanagement of Patients With Hip Fracture by Dedicated Orthopaedic Hospitalists.** *Journal of the American Academy of Orthopaedic Surgeons. Global research & reviews*  
Rohatgi, N. n., Weng, Y. n., Kittle, J. n., Ahuja, N. n.  
2021; 5 (3)
- **The Hypnotic Induction Profile (HIP) in Clinical Practice and Research.** *The International journal of clinical and experimental hypnosis*  
Alexander, J. E., Stimpson, K. H., Kittle, J., Spiegel, D.  
2021; 69 (1): 72–82
- **Testing Hypnotizability by Phone: Development and Validation of the Remote Hypnotic Induction Profile (rHIP).** *The International journal of clinical and experimental hypnosis*  
Kittle, J., Zhao, E., Stimpson, K., Weng, Y., Spiegel, D.  
2021; 69 (1): 94–111
- **Hypnosis: The Most Effective Treatment You Have Yet to Prescribe.** *The American journal of medicine*  
Kittle, J., Spiegel, D.  
2020
- **A Patient with Sjogren's Syndrome and Subsequent Diagnosis of Inclusion Body Myositis and Light-Chain Amyloidosis** *JOURNAL OF GENERAL INTERNAL MEDICINE*  
Hom, J., Marwaha, S., Postolova, A., Kittle, J., Vasquez, R., Davidson, J., Kohler, J., Dries, A., Fernandez-Betancourt, L., Majcherska, M., Dearlove, J., Raghavan, S., Vogel, et al  
2019; 34 (6): 1058–62
- **Cardiovascular adverse events in the drug-development program of bupropion for smoking cessation: A systematic retrospective adjudication effort.** *Clinical cardiology*

Kittle, J., Lopes, R. D., Huang, M., Marquess, M. L., Wilson, M. D., Ascher, J., Krishen, A., Hasselblad, V., Kolls, B. J., Roe, M. T., McGuire, D. K., Russell, S. D., Mahaffey, et al  
2017; 40 (10): 899-906

- **Regenerative Medicine: Potential Mechanisms of Cardiac Recovery in Takotsubo Cardiomyopathy.** *Current treatment options in cardiovascular medicine*  
Chang, A. Y., Kittle, J. T., Wu, S. M.  
2016; 18 (3): 20-?
- **The Artist of Medicine** *JAMA-JOURNAL OF THE AMERICAN MEDICAL ASSOCIATION*  
Kittle, J. T.  
2011; 306 (22): 2429-2430