Stanford

Olivia Altamirano, PhD

Clinical Assistant Professor, Psychiatry and Behavioral Sciences

CLINICAL OFFICE (PRIMARY)

- **Department of Psychiatry**

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Bio

BIO

Dr. Altamirano is a Clinical Psychologist at Stanford University's INSPIRE Training Program, specializing in Cognitive Behavioral Therapy for Psychosis (CBTp). She works in both outpatient and inpatient settings, with primary clinical appointments at the INSPIRE Clinic, which focuses on early psychosis, and ALMA Clinic, which serves Spanish-speaking individuals of Latin American background experiencing anxiety and mood disorders. As a native Spanish speaker, Dr. Altamirano blends her expertise in psychotic-spectrum disorders with an understanding of the cultural influences shaping Latinx/a/o clinical presentations.

Dr. Altamirano's main research and clinical interests center on cultural adaptations to psychosocial treatments for psychotic-spectrum disorders. As part of the EPI-CAL initiative, she serves as a CBTp trainer for community clinicians and provides ongoing consultation, contributing to the development of a network of early psychosis programs across California. Through Stanford's INSPIRE Training Program, she also delivers CBTp training and consultation that extends beyond California.

Dr. Altamirano is a dedicated educator and mentor. She co-teaches the undergraduate course "Destigmatizing Psychosis: I Thought I Heard My Name," and is working to expand this course into community and graduate student settings. She serves as an academic mentor and postdoctoral supervisor within the Stanford Clinical Psychology Fellowship program, and advises graduate students in the PGSP-Stanford PsyD Consortium.

She additionally serves as the Chair of the Psychosis and Schizophrenia Spectrum Special Interest Group (PASS SIG) at the Association for Behavioral and Cognitive Therapies (ABCT) and as the co-chair of the Equity, Diversity, and Inclusion team at the North America CBTp Network. Reflecting her commitment to educational equity, Dr. Altamirano is also a Board member of the South County California Student Opportunity and Access Program (Cal-SOAP), where she supports efforts to promote higher education opportunities for underserved students—a mission informed by her own experience navigating the K-12 to higher education pipeline as a Cal-SOAP alumna. Her dedication to expanding access extends internationally: she co-taught a version of the "Destigmatizing Psychosis" course in Mexico, mentors visiting international research interns, and is actively working to develop CBTp training in Mexico, reflecting her commitment to expanding culturally responsive, evidence-based mental health care across borders. Students and colleagues interested in these efforts are encouraged to reach out.

CLINICAL FOCUS

- Clinical Psychology

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Chair, Association for Behavioral and Cognitive Therapies (ABCT) Psychosis and Schizophrenia Spectrum Special Interest Group (PASS SIG) (2026 - present)
- Co-Chair, Equity, Diversity, and Inclusion team at the North America CBTp Network (NACBTp) (2025 - present)
- Board Member, South County California Student Opportunity and Access Program (Cal-SOAP) (2024 - present)

PROFESSIONAL EDUCATION

- Fellowship: Stanford University Adult Psychology Postdoctoral Fellowship (2023) CA
- Internship: Sacramento VA Medical Center Psychology Training Program (2022) CA
- PhD Training: University of Miami Office of the Registrar (2022) FL

LINKS

- Psychosis and Schizophrenia Spectrum Special Interest Group (PASS SIG) at the Association for Behavioral and Cognitive Therapies (ABCT): https://sites.google.com/view/pass-sig-abct/home
- North America Cognitive Behavioral Therapy for Psychosis Network (NACBTpN): https://www.nacbtp.org/
- Stanford INSPIRE Training Program: https://med.stanford.edu/inspire-training.html

Teaching

COURSES

2026-27

- I thought I heard my name... Destigmatizing psychosis: PSYC 11Q (Spr)

2025-26

- I thought I heard my name... Destigmatizing psychosis: PSYC 11Q (Aut)

2024-25

- I thought I heard my name... Destigmatizing psychosis: PSYC 11Q (Aut)

2023-24

- I thought I heard my name... Destigmatizing psychosis: PSYC 11Q (Aut)

Publications

PUBLICATIONS

- **'I Thought I Heard My Name', an Undergraduate Class Aimed at Destigmatizing Psychosis**
  Chari, S., Altamirano, O.
  WILEY.2025
- **Emergency Psychiatric Assistance: Black Individuals' Perceptions of Police and Other Factors That Influence Mental Health Service Seeking** *PROFESSIONAL PSYCHOLOGY-RESEARCH AND PRACTICE*
  Altamirano, O., de Mamani, A.
  2024; 55 (3): 278-288

- **A Pilot Study to Assess the Feasibility and Efficacy of a Transdiagnostic, Religiously/Spiritually-Integrated, Culturally Informed Therapy** *SPIRITUALITY IN CLINICAL PRACTICE*
  de Mamani, A., Lopez, D., McLaughlin, M. M., Ahmad, S., Altamirano, O.
  2023; 10 (3): 233-244
- **The association between perceived racial discrimination and subclinical symptoms of psychosis** *JOURNAL OF MENTAL HEALTH*
  Lopez, D., Altamirano, O., Weisman de Mamani, A.
  2022; 31 (1): 14-21
- **Risk and Resiliency Factors Related to Dementia Caregiver Mental HealthPalabras clave(sic)(sic)(sic)** *FAMILY PROCESS*
  Altamirano, O., Weisman de Mamani, A.
  2021; 60 (3): 904-919
- **Pediatric Posttraumatic Stress**
  Altamirano, O., Carrion, V. G.
  edited by Noll, J. G., Shalev
  SPRINGER INTERNATIONAL PUBLISHING AG.2018: 71–88