Stanford

Mary Sanders, Ph.D.

Clinical Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

CLINICAL OFFICE (PRIMARY)

- **CCP: Comprehensive Care Unit: El Camino Hospital**

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  Mountain View, CA 94040

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Bio

CLINICAL FOCUS

- Mindfulness
- Eating Disorders, Pediatric
- Munchausen by Proxy
- International Educational Exchange
- Clinical Child and Adolescent Psychology

ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences - Child & Adolescent Psychiatry and Child Development

PROFESSIONAL EDUCATION

- Internship: VA Palo Alto Health Care Psychology Training (1985) CA
- Fellowship: Morrison Child and Family Services (1986) OR
- PhD Training: Memphis State University (1985) TN
- Ph.D., University of Memphis , Clinical Psychology (1985)

COMMUNITY AND INTERNATIONAL WORK

- Project Okurase, Ghana

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Dr. Sanders is the Program Director of the Comprehensive Care Unit at Stanford where she teaches and works with inpatients with eating disorders. She has specialized in the treatment of eating disorders for the past 35 years at Stanford. She has written extensively and presented nationally on the subject of the evaluation and treatment of eating disorders and also in the field of child abuse, specifically in the area of Munchausen by proxy.

Dr. Sanders is also involved with an international outreach project in Ghana called Project Okurase. This project involved an annual medical health outreach in the village. The project is also creating a model village which includes the building of a medical clinic, vocational school, and homes for families that take in orphans. The project is also involved with bringing safe water, building compost toilets, and bringing solar energy to the village.

Publications

PUBLICATIONS

- **Proposed Framework for the Psychological Treatment of Munchausen by Proxy Survivors.** *Journal of clinical psychology in medical settings*
  Sanders, M. J., Bursch, B.
  2026

- **MUNCHAUSEN BY PROXY ASSESSMENT AND MANAGEMENT: NATIONAL PRACTICE GUIDELINES TRAINING**
  Bursch, B., Bursch, B., Kelly, M., Sanders, M. J., Schreier, H. A.
  ELSEVIER SCIENCE INC.2020: S116–S117

- **Telehealth transition in a comprehensive care unit for eating disorders: Challenges and long-term benefits.** *The International journal of eating disorders*
  Datta, N., Derenne, J., Sanders, M., Lock, J. D.
  2020

- **Psychological Treatment of Factitious Disorder Imposed on Another/Munchausen by Proxy Abuse** *JOURNAL OF CLINICAL PSYCHOLOGY IN MEDICAL SETTINGS*
  Sanders, M. J., Bursch, B.
  2020; 27 (1): 139–49

- **Evaluation and Management of Factitious Disorder Imposed on Another.** *Journal of clinical psychology in medical settings*
  Bursch, B., Emerson, N. D., Sanders, M. J.
  2019

- **Psychological Treatment of Factitious Disorder Imposed on Another/Munchausen by Proxy Abuse.** *Journal of clinical psychology in medical settings*
  Sanders, M. J., Bursch, B.
  2019

- **Children and adolescents with eating disorders: The state of the art** *PEDIATRICS*
  Rome, E. S., Ammerman, S., Rosen, D. S., Keller, R. J., Lock, J., Mammel, K. A., O'Toole, J., Rees, J. M., Sanders, M. J., Sawyer, S. M., Schneider, M., Sigel, E., SILBER, et al
  2003; 111 (1)

- **Forensic assessment of illness falsification, Munchausen by proxy, and factitious disorder, NOS.** *Child maltreatment*
  Sanders, M. J., Bursch, B.
  2002; 7 (2): 112-124

- **Body dissatisfaction and dieting in young children** *INTERNATIONAL JOURNAL OF EATING DISORDERS*
  Schur, E. A., Sanders, M., Steiner, H.
  2000; 27 (1): 74-82

- **SYMPTOM COACHING - FACTITIOUS DISORDER BY PROXY WITH OLDER CHILDREN**
  SANDERS, M. J.
  PERGAMON-ELSEVIER SCIENCE LTD.1995: 423–42

- **A MODEL FOR MANAGING CLINICAL AND PERSONNEL ISSUES IN C-L PSYCHIATRY - THE DEPARTMENT OF PEDIATRIC PSYCHIATRY AT CHILDRENS-HOSPITAL-AT-STANFORD** *PSYCHOSOMATICS*
  Steiner, H., Sanders, M., CANNING, E. H., Litt, I.
  1994; 35 (1): 73-79