



Ankur Bharija

Clinical Assistant Professor, Medicine - Primary Care and Population Health

 Curriculum Vitae available Online

CLINICAL OFFICES

- **Stanford Senior Care**

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Bio

BIO

Dr. Ankur Bharija is the Medical Director of Inpatient Geriatrics programs at Stanford Hospital.

Dr. Bharija is a diplomat of the American Board of Internal Medicine with board certifications in Internal Medicine, Geriatric Medicine and Palliative Medicine.

Dr. Bharija was an American Academy of Hospice and Palliative Medicine “Inspiring Hospice and Palliative Medicine Leaders 40 under 40” awardee in 2015. He was chair of the External Awareness Committee of AAHPM working on public awareness and engagement initiatives from 2014-2016.

Dr. Bharija has been a speaker at academic and social platforms both at local and national levels, advocating for patient-centered and value-based healthcare.

Dr. Bharija's interests include promoting healthy aging for seniors in the community and quality of life for the frail elders and the seriously ill -- ensuring their safety, health, and happiness as they navigate the continuum of healthcare system (Home - Hospital - Postacute Care) -- empowering them through innovative solutions which are at the right intersection of 'hi-tech and hi-touch'. To that end, areas of current personal and professional focus for innovation are Healthcare delivery models, Value-Improvement work, Public health-education, Health Information-technology and Social entrepreneurship.

For more information:

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Professional Services: <https://stanfordhealthcare.org/medical-clinics/aging-adult-services.html>

CLINICAL FOCUS

- Geriatric Medicine

- Palliative Medicine
- High Value Care for the Frail Elderly through the Continuum
- Transitional Care

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Primary Care and Population Health

ADMINISTRATIVE APPOINTMENTS

- Medical Director, Inpatient Geriatric Programs and Aging Adult Services, Stanford Health Care, (2015- present)
- Associate Medical Director, Elder Service Plan - Program of All-Inclusive Care for the Elderly, East Boston Neighborhood Health Center - Boston University Geriatrics, (2012-2015)

HONORS AND AWARDS

- Value-Based Health Care Delivery Intensive Seminar, Course Scholarship, Harvard Business School, Institute for Strategy and Competitiveness (01/2016)
- “Inspiring Hospice and Palliative Medicine Leaders under 40” Awardee, American Academy of Hospice and Palliative Medicine (AAHPM) (03/2015)
- Planning Ahead: An Advance Care Planning Tool for practitioners and public - Task Force Chair, Massachusetts Medical Society, Geriatric Medicine Committee (10/2014)
- Helen Popaway Resident Research Competition, First Position, Kettering Medical Center, Wright State University (04/2009)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Chair, External Awareness Committee, American Academy of Hospice and Palliative Medicine (2014 - 2016)
- Chair, Task Force on Facilitating End-of-Life Care Conversations, Massachusetts Medical Society (2014 - 2015)
- Member, Geriatrics Rebranding Leadership Team, American Geriatrics Society (2013 - 2015)
- Member, American Medical Association (2006 - present)

PROFESSIONAL EDUCATION

- Fellowship: University of Cincinnati College of Medicine (2012) OH
- Residency: Kettering Medical Center (2009) OH
- Fellowship: Wright State Medical School Office of the Registrar (2010) OH
- Medical Education: Kasturba Medical College Mangalore (2004) India
- Board Certification: Geriatric Medicine, American Board of Med Specialties (2011)
- Board Certification: Hospice and Palliative Medicine, American Board of Med Specialties (2010)
- Board Certification, Internal Medicine , American Board of Internal Medicine (2009)

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

Personal and Professional (Clinical, research, and teaching) interests include promoting health and wellbeing for the frail elders and the seriously ill -- through innovation in High-value healthcare delivery systems, Public health-education, Health Information-technology and Social entrepreneurship.

1. High-value care for the frail elderly through the continuum - measuring outcomes and costs of care as we design a truly patient-family centric care model.
2. Integrating geriatric protocols in potential high-risk services - ED, Trauma service (falls), Care transitions.
3. Integrating HealthIT and Digital health solutions to empower patients and caregivers as they navigate complexities of personal health and the health care system.

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Geriatric Medicine (Fellowship Program)
- Medicine (Masters Program)

Publications

PUBLICATIONS

- **Referring physician perspective on how to handle frequent use of CT imaging.** *Journal of radiological protection : official journal of the Society for Radiological Protection*
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