



## Douglas Noordsy

Clinical Professor, Psychiatry and Behavioral Sciences

 NIH Biosketch available Online

### CLINICAL OFFICES

#### • Psychiatry and Behavioral Sciences

401 Quarry Rd

MC 5723

Stanford, CA 94305

**Tel** (650) 724-0070

**Fax** (650) 723-8331

### Bio

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#### BIO

Douglas L. Noordsy, MD, is Clinical Professor and Associate Chair of Clinical Integration & Coordination, Director of Sports Psychiatry, and psychiatrist on the INSPIRE Early Psychosis Clinic in the Department of Psychiatry & Behavioral Sciences at Stanford University School of Medicine. Dr. Noordsy was previously Professor of Psychiatry, Director of Psychosis Services and Investigator in the Psychopharmacology Research Group at the Geisel School of Medicine at Dartmouth. His research interests include medication and lifestyle interventions for individuals with psychotic disorders; methods to facilitate recovery and promote achievement of optimal outcomes for people with schizophrenia and bipolar disorder; and methods to prevent progression of early psychotic disorders. He is particularly interested in the role of physical exercise for prevention of progression of early psychosis and for potentiating learning in CBTp and supported employment and education. Dr. Noordsy is a member of the Schizophrenia International Research Society, the International Early Psychosis Association, and is a fellow of the American Psychiatric Association. He is a member of the editorial boards for Community Mental Health Journal, Clinical Schizophrenia & Related Psychosis, and Schizophrenia Bulletin. Dr. Noordsy was recognized with the Exemplary Psychiatrist Award from the National Alliance on Mental Illness in 2001, and the Excellence in Leadership Award from the Department of Psychiatry & Behavioral Sciences at Stanford in 2018.

[http://med.stanford.edu/psychiatry/patient\\_care/inspire.html](http://med.stanford.edu/psychiatry/patient_care/inspire.html)

[http://med.stanford.edu/psychiatry/patient\\_care/sports.html](http://med.stanford.edu/psychiatry/patient_care/sports.html)

#### CLINICAL FOCUS

- Psychiatry
- Early psychosis
- Sports Psychiatry
- Lifestyle medicine

#### ACADEMIC APPOINTMENTS

- Clinical Professor, Psychiatry and Behavioral Sciences

## ADMINISTRATIVE APPOINTMENTS

- Associate Chair of Clinical Integration and Coordination, Psychiatry & Behavioral Sciences, (2016- present)
- Director of Sports Psychiatry, Psychiatry & Behavioral Sciences, (2015- present)

## PROFESSIONAL EDUCATION

- Medical Education: Washington University School Of Medicine Registrar (1985) MO
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (1990)
- Residency: Dartmouth-Hitchcock Medical Center (1989) NH
- M.D., Washington University School of Medicine , Medicine (1985)
- B.S. magna cum laude, St. Lawrence University , Chemistry (1981)

## Publications

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### PUBLICATIONS

- **Consumer and Family Perspectives on Reducing the Duration of Untreated Psychosis**  
Hardy, K., Dickens, C., Mackintosh, T., Roach, E., Harrison, V., Noordsy, D., Adelsheim, S.  
WILEY.2018: 62
- **Clozapine Titration for People in Early Psychosis A Chart Review and Treatment Guideline** *JOURNAL OF CLINICAL PSYCHOPHARMACOLOGY*  
Ballon, J. S., Ashfaq, H., Noordsy, D. L.  
2018; 38 (3): 234–38
- **Therapeutic Potential of Physical Exercise in Early Psychosis.** *The American journal of psychiatry*  
Noordsy, D. L., Burgess, J. D., Hardy, K. V., Yudofsky, L. M., Ballon, J. S.  
2018; 175 (3): 209–14
- **Factors motivating spontaneous exercise in individuals with schizophrenia-spectrum disorders.** *Schizophrenia research*  
Dahle, D., Noordsy, D.  
2018
- **Impact of age of onset of psychosis and engagement in higher education on duration of untreated psychosis** *JOURNAL OF MENTAL HEALTH*  
Hardy, K. V., Noordsy, D. L., Ballon, J. S., McGovern, M. P., Salomon, C., Stirman, S.  
2018; 27 (3): 257–62
- **An RCT Evaluating the Effects of Skills Training and Medication Type on Work Outcomes Among Patients With Schizophrenia** *PSYCHIATRIC SERVICES*  
Glynn, S. M., Marder, S. R., Noordsy, D. L., O'Keefe, C., Becker, D. R., Drake, R. E., Sugar, C. A.  
2017; 68 (3): 271-277
- **GENETIC CORRELATION ANALYSIS OF SCHIZOPHRENIA MIRRORS KNOWN EPIDEMIOLOGICAL RELATIONSHIPS AND SUGGESTS NOVEL ASSOCIATIONS**  
Duncan, L., Shen, H., Ballon, J. S., Hardy, K., Noordsy, D.  
OXFORD UNIV PRESS.2017: S73
- **Risperidone versus olanzapine among patients with schizophrenia participating in supported employment: Eighteen-month outcomes** *Journal of Psychiatric Research*  
Noordsy, D. L., Glynn, S. M., Sugar, C. A., O'Keefe, C. D., Marder, S. R.  
2017: 299–307
- **Genetic Correlation Profile of Schizophrenia Mirrors Epidemiological Results and Suggests Link Between Polygenic and Rare Variant (22q11.2) Cases of Schizophrenia.** *Schizophrenia bulletin*  
Duncan, L. E., Shen, H., Ballon, J. S., Hardy, K. V., Noordsy, D. L., Levinson, D. F.  
2017
- **Ethical Issues in the Care of People with Schizophrenia** *Focus: The Journal of Lifelong Learning in Psychiatry*

Noordsy, D. L.

2016; 14 (3): 349-353

- **Long-Acting Injectable vs Oral Risperidone for Schizophrenia and Co-Occurring Alcohol Use Disorder: A Randomized Trial** *JOURNAL OF CLINICAL PSYCHIATRY*  
Green, A. I., Brunette, M. F., Dawson, R., Buckley, P., Wallace, A. E., Hafez, H., Herz, M., Narasimhan, M., Noordsy, D. L., O'Keefe, C., Sommi, R. W., Steinbook, R. M., Weeks, et al  
2015; 76 (10): 1359-1365
- **Low-Dose Quetiapine Induced or Worsened Mania in the Context of Possible Undertreatment** *JOURNAL OF THE AMERICAN BOARD OF FAMILY MEDICINE*  
Millard, H. Y., Wilson, B. A., Noordsy, D. L.  
2015; 28 (1): 154-158
- **Pharmacotherapy of Co-Occurring Schizophrenia and Substance Use Disorders.** *Current addiction reports*  
Akerman, S. C., Brunette, M. F., Noordsy, D. L., Green, A. I.  
2014; 1 (4): 251-260
- **Neuroleptic Malignant Syndrome During Multiple Antipsychotic Therapy** *COMMUNITY MENTAL HEALTH JOURNAL*  
McDermott, M., Noordsy, D. L., Traum, M.  
2013; 49 (1): 45-46
- **A Randomized Trial of Clozapine Versus Other Antipsychotics for Cannabis Use Disorder in Patients With Schizophrenia** *JOURNAL OF DUAL DIAGNOSIS*  
Brunette, M. F., Dawson, R., O'Keefe, C. D., Narasimhan, M., Noordsy, D. L., Wojcik, J., Green, A. I.  
2011; 7 (1-2): 50-63
- **Treatment of catatonic schizophrenia with lorazepam and aripiprazole** *SCHIZOPHRENIA RESEARCH*  
Cummings, T. S., Noordsy, D. L.  
2009; 112 (1-3): 194-195
- **Six-month outcomes for patients who switched to olanzapine treatment** *PSYCHIATRIC SERVICES*  
Noordsy, D. L., O'Keefe, C., Mueser, K. T., Xie, H. Y.  
2001; 52 (4): 501-507