

Stanford



Sheila Lahijani, MD, FACLP

Clinical Associate Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

CLINICAL OFFICES

- **Stanford Outpatient Psychiatry Clinic**

401 Quarry Rd

MC 5722

Stanford, CA 94305

Tel (650) 498-9111 **Fax** (650) 724-9900

- **Stanford Cancer Center**

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Bio

BIO

After graduating from Brown Medical School, Dr. Lahijani completed the Combined Internal Medicine/Psychiatry Residency Program at Rush University Medical Center in Chicago. She then served as a physician in the areas of primary care and triple diagnosis (addiction, HIV, mental health). Thereafter, Dr. Lahijani completed the Psychosomatic Medicine Fellowship at the Feinberg School of Medicine of Northwestern University where she worked at the Lurie Comprehensive Cancer Center. During her fellowship, she also served as a psychiatric oncologist at Memorial Sloan Kettering Cancer Center.

Dr. Lahijani joined the faculty of Stanford University School of Medicine in 2015 as a Clinical Assistant Professor of Psychiatry and Behavioral Sciences. Since her initial appointment, Dr. Lahijani has served as the lead psychiatric oncologist at the Stanford Cancer Center where she provides psychiatric consultation services to patients with cancer and collaborates closely with her hematology and oncology colleagues to deliver comprehensive cancer care.

In 2019, she was appointed as the Medical Director of the Stanford Cancer Center Psychosocial Oncology Program where she works in Stanford Cancer Center leadership and oversees the development and operationalization of psychiatric consultation for patients with cancer. Dr. Lahijani also attends on the medical/surgical units, ICUs and in the emergency department at Stanford Hospital and Clinics to provide care for patients with complex medical and psychiatric diagnoses and to teach psychiatry, internal medicine, and neurology trainees. Dr. Lahijani is trained in and administers several psychotherapeutic modalities, including Meaning Centered Psychotherapy and Dignity Therapy, in addition to practicing psychopharmacology.

As Faculty of the Advancing Communication Excellence at Stanford, Dr. Lahijani leads foundational workshops for faculty and staff to advance communication skills with patients, families, and their colleagues. She is committed to developing and contributing to efforts that focus on relationship centered skills and provider wellness.

Her clinical and scholarly interests include the interface of medicine and psychiatry, pharmacology, psycho-oncology, collaborative care models, psychotherapy for the medically ill, interdisciplinary medical education, teaching, and writing.

CLINICAL FOCUS

- Internal Medicine
- Psychiatry
- Psychosomatic Medicine
- Psychiatric Oncology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry
- Member, Stanford Cancer Institute

ADMINISTRATIVE APPOINTMENTS

- Medical Director, Stanford Cancer Center Psychosocial Oncology Program, (2019- present)

HONORS AND AWARDS

- Research Methods in Supportive Oncology, Harvard Medical School (2018)
- Best Case Report Poster, Academy of Consultation Liaison Psychiatry (2018)
- Innovator Grant Award, Stanford Department of Psychiatry and Behavioral Sciences (2019)
- Stanford Leadership Development Program, Stanford University School of Medicine (2020-2021)
- Faculty Professional and Leadership Development Award, Stanford Department of Psychiatry and Behavioral Sciences (2021)
- Chairman's Award, Stanford Department of Psychiatry and Behavioral Sciences (2021)

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Member, American College of Physicians (2007 - present)
- Member, Association of Medicine and Psychiatry (2009 - present)
- Member, Academy of Consultation Liaison Psychiatry (2014 - present)
- Member, American Psychosocial Oncology Society (2015 - present)

PROFESSIONAL EDUCATION

- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2014)
- Board Certification: Psychosomatic Medicine, American Board of Psychiatry and Neurology (2015)
- Fellowship: Northwestern University Feinberg School of Medicine (2015) IL
- Residency: Rush University Medical Center (2012)
- Medical Education: Brown Medical School (2007) RI

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Psych-Onc on the cutting edge: CAR-T cell therapy and the role of the psychiatric oncologist**
Lahijani, S.
WILEY.2021: 46
- **SLEEP DISTURBANCES IN CANCER AND COVID: TREATMENT DILEMMAS AND INTERVENTION BASED PROGRAMS**
Lahijani, S.
WILEY.2021: 15
- **What is Involved in Hematopoietic Cell Transplantation** *Facing Transplantation: A Guide for Patients and Their Families*
Lahijani, S., Fernandez-Robles, C.
edited by Sher, Y., Stern, T.
MGH Psychiatry Academy.2020: 163–172
- **Perceptions of time spent pursuing cancer care among patients, caregivers, and oncology professionals.** *Supportive care in cancer : official journal of the Multinational Association of Supportive Care in Cancer*
Hall, E. T., Sridhar, D. n., Singhal, S. n., Fardeen, T. n., Lahijani, S. n., Trivedi, R. n., Gray, C. n., Schapira, L. n.
2020
- **Clinical Dilemmas in Evaluating and Treating Sleep Disorders in Cancer** *Journal of Psychosocial Oncology Research and Practice*
Lahijani, S.
2019; 1 (1S): e9
- **Mental Health Prior to Hematopoietic Cell Transplantation** *Psychosocial Care of End Organ Disease and Transplant Patients*
Lahijani, S.
edited by Sher, Y., Maldonado, J.
2018: 401–411
- **Cultural Aspects of Transplantation** *Psychosocial Care of End Organ Disease and Transplant Patients*
Lahijani, S., Garcia, R.
edited by Sher, Y., Maldonado, J.
2018: 539–546
- **Medical Complications of Psychiatric Treatment An Update** *CRITICAL CARE CLINICS*
Lahijani, S. C., Harris, K. A.
2017; 33 (3): 713-+
- **Managing Depression in Patients With Cancer** *ONCOLOGY-NEW YORK*
McFarland, D., Lahijani, S., Holland, J.
2016; 30 (7): 665–71
- **Hypertension Associated with Psychiatric Conditions** *Clinical Overview*
Lahijani, S.
Elsevier.2021
- **How Can I Handle the Loss of Family, Friends, and Co-Workers?** *Facing COVID: A Guide for Patients and Their Families*
Lahijani, S.
MGH Psychiatry Academy.2021: 161-164
- **Neurosyphilis Presenting as Mania and Psychosis After Incidental Treatment With Cephalexin: A Case Report and Literature Review of Jarisch-Herxheimer Reactions** *PSYCHOSOMATICS*
Spelber, D., Lahijani, S.
2020; 61 (2): 177–80
- **Symposia & Podiums**
Lahijani, S.

WILEY.2020: 5

- **Somatic Complaints and Anxiety "I Wish the Doctor Would Figure Out What's Wrong With Me"** *PRACTICAL STRATEGIES IN GERIATRIC MENTAL HEALTH: CASES AND APPROACHES*
Lahijani, S., Dunn, L. B., CassidyEagle, E. L.
2020: 81–93
- **Somatic Complaints and Anxiety in Older Adults** *Practical Strategies in Geriatric Mental Health Cases and Approaches*
Lahijani, S.
edited by Dunn, L., Cassidy-Eagle, E.
American Psychiatric Association Publishing.2019; 1
- **Supervision of Auxiliary Health Care Providers Roles, Goals, and Learning Opportunities** *SUPERVISION IN PSYCHIATRIC PRACTICE: PRACTICAL APPROACHES ACROSS VENUES AND PROVIDERS*
Lahijani, S., DeGolia, S. G., Corcoran, K. M.
2019: 375–82
- **Supervision of Auxiliary Health Care Providers: Roles, Goals, and Learning Opportunities** *Supervision in Psychiatric Practice: Practical Approaches Across Venues and Providers*
Lahijani, S.
edited by DeGolia, S., Corcoran, K.
2019: 375–382
- **Neurosyphilis Presenting as Mania and Psychosis after Incidental Treatment with Cephalexin: A Case Report.** *Academy of Consultation Liaison Psychiatry*
Lahijani, S., Spelber, D., Maldonado, J.
2018
- **Buspirone for the Treatment of Severe Antipsychotic-Induced Extrapyramidal Symptoms** *Academy of Psychosomatic Medicine*
Lahijani, S., Rosenthal, L., Meltzer, H.
2015
- **Palliative and End-of-Life-Care of Borderline Personality Disorder in Older Adults** *Borderline personality disorder in older adults: Emphasis on care in institutional settings*
Leung, M., Lahijani, S., Mulligan, T.
edited by Hategan, A., Bourgeois, J., Xiong, G.
2015: 123–128
- **Insights from Collaborative Care: A Review of the Evidence for Depression and Diabetes** *Psychiatric Annals*
Lahijani, S., Rosenthal, L.
2015; 45 (8)
- **Levofloxacin-Induced Fulminant Hepatic Failure** *American College of Physicians*
Lahijani, S., Kahn, E., Burke, G.
2008
- **Acute Hepatitis B Presenting as Pericarditis** *American College of Physicians*
Gartman, E., Lahijani, S., Gilson, D.
2006