



Golara Honari, MD

Clinical Associate Professor, Dermatology

CLINICAL OFFICES

- **Stanford Dermatology**

450 Broadway St

Pavilion B 4th Fl MC 5338

Redwood City, CA 94063

Tel (650) 723-6316 **Fax** (650) 721-3476

Bio

BIO

Golara Honari, MD, a specialist in eczematous dermatoses including contact dermatitis atopic dermatitis, and occupational dermatoses. A native of Iran, Dr. Honari earned her medical degree from Iran's University of Medical Sciences in 1999 and completed her residencies in Internal Medicine and Dermatology at the Cleveland Clinic. While at the Cleveland Clinic, she also completed a Fellowship in Contact Dermatitis and Environmental Dermatology. Her professional interests include eczematous dermatoses, contact dermatitis, systemic hypersensitive, phototoxicity and photo allergies, and occupational dermatology. Dr. Honari is currently a member of the Board of Directors at the American Contact Dermatitis Society and serves as a mentor at the International Society of Dermatology in the arena of Contact Dermatitis. Her research is in the fields of contact dermatitis, atopic dermatitis, and cutaneous and systemic hypersensitivity reactions.

CLINICAL FOCUS

- Eczematous Dermatoses
- Contact Dermatitis
- Systemic Hypersensitives
- Phototoxicity and Photo Allergies
- Occupational Dermatology
- Environmental Dermatology
- Dermatology

ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Dermatology

ADMINISTRATIVE APPOINTMENTS

- Board of Directors, American Contact Dermatitis Society, (2019-2022)
- Chair of Annual Program Committee, American Contact Dermatitis Society, (2019-2020)
- Chair of Publication Committee, American Contact Dermatitis Society, (2017-2019)

HONORS AND AWARDS

- Presidential Citation Award as the Chair of the Annual Meeting, American Contact Dermatitis Society (2021)
- Outcome Research Award, American Contact Dermatitis Society (2019)
- Innovation Award, Cleveland Clinic Foundation (2005)

PROFESSIONAL EDUCATION

- Fellowship: Stanford Biodesign Program (2022) CA
- Board Certification: Dermatology, American Board of Dermatology (2009)
- Board Certification, American Board of Internal Medicine , Internal Medicine (2006)
- Fellowship: Cleveland Clinic Foundation (2005) OH
- Residency: Cleveland Clinic Foundation Heart Center (2004) OH
- Internship: Cleveland Clinic Foundation (2002) OH
- Medical Education: Iran University of Medical Sciences (1999) Iran

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

I'm interested in a better understanding of the clinical and molecular mechanisms of eczematous dermatoses and the effects of environmental and occupational exposures on the skin. Also interested in understanding the burden of eczematous disorders on individual patients and the health care system and means to improve clinical care and access.

CLINICAL TRIALS

- COVID-19 Messaging for Vaccination, Recruiting
- A Safety Study of SEA-BCMA in Patients With Multiple Myeloma, Not Recruiting

Publications

PUBLICATIONS

- **Allergic contact dermatitis associated with scalp applied products: A systematic review of topical allergens and alopecia implication**
Pham, C., Juhasz, M., Lin, J., Honari, G., Mesinkovska, N.
MOSBY-ELSEVIER.2021: AB49
- **Automated detection of skin reactions in epicutaneous patch testing using machine learning.** *The British journal of dermatology*
Chan, W. H., Srivastava, R., Damaraju, N., Do, H., Burnett, G., MacFarlane, J., Xie, S. M., Chen, J. K., Honari, G., Sarin, K. Y.
2021
- **Bridging to a selective Janus kinase 1 inhibitor in severe atopic dermatitis: An instructive case with upadacitinib.** *JAAD case reports*
Nguyen, J., Chen, J. K., Honari, G., Pol-Rodriguez, M., Ko, J. M., Chiou, A. S.
2021; 7: 65–67
- **Prevalence of Potentially Allergenic Ingredients in Products Labeled for Eczema Care.** *Journal of the American Academy of Dermatology*
Schwartz, B. L., Honari, G., Chiou, A. S., Ko, J., Sarin, K. Y., Chen, J. K.
2021
- **Photopatch Testing Among Members of the American Contact Dermatitis Society.** *Dermatitis : contact, atopic, occupational, drug*
Kim, T., Taylor, J. S., Maibach, H. I., Chen, J. K., Honari, G.
2020
- **Dupilumab Treatment of Nummular Dermatitis: A Retrospective Cohort Study.** *Journal of the American Academy of Dermatology*
Choi, S. n., Zhu, G. A., Lewis, M. A., Honari, G. n., Chiou, A. S., Ko, J. n., Chen, J. K.

2020

- **Dupilumab for occupational irritant hand dermatitis in a nonatopic individual: A case report.** *JAAD case reports*
Zhu, G. A., Honari, G. n., Ko, J. M., Chiou, A. S., Chen, J. K.
2020; 6 (4): 296–98
- **Eczema, Targeted Therapeutics, and Allergy Diagnostics: The Need for Greater Clarity on What We Are Treating.** *Journal of the European Academy of Dermatology and Venereology : JEADV*
Chen, J. K., Honari, G. n., Silverberg, J. I.
2020
- **A PHASE 2, MULTI-Center, PLACEBO-CONTROLLED STUDY OF Single dose Squaric Acid Dibutyl Ester (sadbe) to reduce frequency of outbreaks IN SUBJECTS WITH RECURRENT HERPES LABIALIS.** *Journal of the American Academy of Dermatology*
Chang, A. L., Honari, G. n., Guan, L. n., Zhao, L. n., Palli, M. A., Horn, T. D., Dudek, A. Z., McTavish, H. n.
2020
- **Facial Personal Protective Equipment: Materials, Resterilization Methods, and Management of Occupation-Related Dermatoses.** *Dermatitis : contact, atopic, occupational, drug*
Yu, J. n., Goldminz, A. n., Chisolm, S. n., Jacob, S. E., Zippin, J. H., Wu, P. A., Hylwa, S. n., Dunnick, C. A., Chen, J. K., Reeder, M. n., Honari, G. n., Atwater, A. R.
2020
- **Inflammatory alopecia in patients on dupilumab: a retrospective cohort study at an academic institution.** *Journal of the European Academy of Dermatology and Venereology : JEADV*
Zhu, G. A., Kang, K. J., Chen, J. K., Novoa, R. A., Brown, R. A., Chiou, A. S., Ko, J. M., Honari, G.
2019
- **Pathophysiology and management of sensitive skin: position paper from the special interest group on sensitive skin of the International Forum for the Study of Itch (IFSI)** *JOURNAL OF THE EUROPEAN ACADEMY OF DERMATOLOGY AND VENEREOLOGY*
Misery, L., Weisshaar, E., Brenaut, E., Evers, A. M., Huet, F., Staender, S., Reich, A., Berardesca, E., Serra-Baldrich, E., Wallengren, J., Linder, D., Fluhr, J. W., Szepietowski, et al
2019
- **Assessment of the Development of New Regional Dermatoses in Patients Treated for Atopic Dermatitis With Dupilumab** *JAMA DERMATOLOGY*
Zhu, G., Chen, J. K., Chiou, A., Ko, J., Honari, G.
2019; 155 (7): 850–52
- **Repeat patch testing in a patient with allergic contact dermatitis improved on dupilumab.** *JAAD case reports*
Zhu, G. A., Chen, J. K., Chiou, A., Ko, J., Honari, G.
2019; 5 (4): 336–38
- **Assessment of the Development of New Regional Dermatoses in Patients Treated for Atopic Dermatitis With Dupilumab.** *JAMA dermatology*
Zhu, G. A., Chen, J. K., Chiou, A. n., Ko, J. n., Honari, G. n.
2019
- **Patch testing for nonimmediate cutaneous adverse drug reactions** *JOURNAL OF THE AMERICAN ACADEMY OF DERMATOLOGY*
Zinn, Z., Gayam, S., Chelliah, M. P., Honari, G., Teng, J.
2018; 78 (2): 421–23
- **Defining Gaps in Dermatitis Care** *DERMATITIS*
Nedorost, S., Atwater, A., Ardern-Jones, M., Elias, P., Mukherjee, P., Honari, G., Ertel, M., Hammond, M., Machler, B., Scheman, A., Mulligan, K., Montanez-Wiskovich, M., Jacob, et al
2017; 28 (6): 372–74
- **Patch Testing for Evaluation of Hypersensitivity to Implanted Metal Devices: A Perspective From the American Contact Dermatitis Society** *DERMATITIS*
Schalock, P. C., Crawford, G., Nedorost, S., Scheinman, P. L., Atwater, A. R., Mowad, C., Brod, B., Ehrlich, A., Watsky, K. L., Sasseville, D., Silvestri, D., Worobec, S. M., Elliott, et al
2016; 27 (5): 241–247