

# Stanford

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## Golara Honari, MD

Clinical Associate Professor, Dermatology

### CLINICAL OFFICES

- **Stanford Dermatology**

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### Bio

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#### BIO

Golara Honari, MD, a specialist in contact dermatitis, joined the Stanford Dermatology faculty in September of 2015. A native of Iran, Dr. Honari earned her medical degree from Iran's University of Medical Sciences in 1999 and completed her residencies in Internal Medicine and Dermatology at the Cleveland Clinic in 2009. While at the Cleveland Clinic, she also completed a Fellowship in Contact Dermatitis and Environmental Dermatology. Her professional interests include eczematous dermatoses, contact dermatitis, systemic hypersensitivities, phototoxicity and photo allergies, and occupational dermatology. Dr. Honari is currently a member of both the American Contact Dermatitis Society and the International Society of Dermatology, where she currently serves as a mentor in the arena of Contact Dermatitis.

#### CLINICAL FOCUS

- Eczematous Dermatoses
- Contact Dermatitis
- Systemic Hypersensitivities
- Phototoxicity and Photo Allergies
- Occupational Dermatology
- Dermatology

#### ACADEMIC APPOINTMENTS

- Clinical Associate Professor, Dermatology

#### PROFESSIONAL EDUCATION

- Residency: Cleveland Clinic Foundation Heart Center (2009) OH

- Fellowship: Cleveland Clinic Foundation (2005) OH
- Residency: Cleveland Clinic Foundation Heart Center (2004) OH
- Internship: Cleveland Clinic Foundation (2002) OH
- Board Certification: Dermatology, American Board of Dermatology (2009)
- Medical Education: Iran University of Medical Sciences (1999) Iran

## Publications

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### PUBLICATIONS

- **Bridging to a selective Janus kinase 1 inhibitor in severe atopic dermatitis: An instructive case with upadacitinib.** *JAAD case reports*  
Nguyen, J., Chen, J. K., Honari, G., Pol-Rodriguez, M., Ko, J. M., Chiou, A. S.  
2021; 7: 65–67
- **Prevalence of Potentially Allergenic Ingredients in Products Labeled for Eczema Care.** *Journal of the American Academy of Dermatology*  
Schwartz, B. L., Honari, G., Chiou, A. S., Ko, J., Sarin, K. Y., Chen, J. K.  
2021
- **Photopatch Testing Among Members of the American Contact Dermatitis Society.** *Dermatitis : contact, atopic, occupational, drug*  
Kim, T., Taylor, J. S., Maibach, H. I., Chen, J. K., Honari, G.  
2020
- **Dupilumab Treatment of Nummular Dermatitis: A Retrospective Cohort Study.** *Journal of the American Academy of Dermatology*  
Choi, S. n., Zhu, G. A., Lewis, M. A., Honari, G. n., Chiou, A. S., Ko, J. n., Chen, J. K.  
2020
- **Dupilumab for occupational irritant hand dermatitis in a nonatopic individual: A case report.** *JAAD case reports*  
Zhu, G. A., Honari, G. n., Ko, J. M., Chiou, A. S., Chen, J. K.  
2020; 6 (4): 296–98
- **Eczema, Targeted Therapeutics, and Allergy Diagnostics: The Need for Greater Clarity on What We Are Treating.** *Journal of the European Academy of Dermatology and Venereology : JEADV*  
Chen, J. K., Honari, G. n., Silverberg, J. I.  
2020
- **A PHASE 2, MULTI-Center, PLACEBO-CONTROLLED STUDY OF Single dose Squaric Acid Dibutyl Ester (sadbe) to reduce frequency of outbreaks IN SUBJECTS WITH RECURRENT HERPES LABIALIS.** *Journal of the American Academy of Dermatology*  
Chang, A. L., Honari, G. n., Guan, L. n., Zhao, L. n., Palli, M. A., Horn, T. D., Dudek, A. Z., McTavish, H. n.  
2020
- **Facial Personal Protective Equipment: Materials, Resterilization Methods, and Management of Occupation-Related Dermatoses.** *Dermatitis : contact, atopic, occupational, drug*  
Yu, J. n., Goldminz, A. n., Chisolm, S. n., Jacob, S. E., Zippin, J. H., Wu, P. A., Hylwa, S. n., Dunnick, C. A., Chen, J. K., Reeder, M. n., Honari, G. n., Atwater, A. R.  
2020
- **Inflammatory alopecia in patients on dupilumab: a retrospective cohort study at an academic institution.** *Journal of the European Academy of Dermatology and Venereology : JEADV*  
Zhu, G. A., Kang, K. J., Chen, J. K., Novoa, R. A., Brown, R. A., Chiou, A. S., Ko, J. M., Honari, G.  
2019
- **Pathophysiology and management of sensitive skin: position paper from the special interest group on sensitive skin of the International Forum for the Study of Itch (IFSI)** *JOURNAL OF THE EUROPEAN ACADEMY OF DERMATOLOGY AND VENEREOLOGY*  
Misery, L., Weisshaar, E., Brenaut, E., Evers, A. M., Huet, F., Staender, S., Reich, A., Berardesca, E., Serra-Baldrich, E., Wallengren, J., Linder, D., Fluhr, J. W., Szepietowski, et al  
2019
- **Assessment of the Development of New Regional Dermatoses in Patients Treated for Atopic Dermatitis With Dupilumab** *JAMA DERMATOLOGY*  
Zhu, G., Chen, J. K., Chiou, A., Ko, J., Honari, G.

2019; 155 (7): 850–52

- **Repeat patch testing in a patient with allergic contact dermatitis improved on dupilumab.** *JAAD case reports*  
Zhu, G. A., Chen, J. K., Chiou, A., Ko, J., Honari, G.  
2019; 5 (4): 336–38
- **Assessment of the Development of New Regional Dermatoses in Patients Treated for Atopic Dermatitis With Dupilumab.** *JAMA dermatology*  
Zhu, G. A., Chen, J. K., Chiou, A. n., Ko, J. n., Honari, G. n.  
2019
- **Patch testing for nonimmediate cutaneous adverse drug reactions** *JOURNAL OF THE AMERICAN ACADEMY OF DERMATOLOGY*  
Zinn, Z., Gayam, S., Chelliah, M. P., Honari, G., Teng, J.  
2018; 78 (2): 421–23
- **Defining Gaps in Dermatitis Care** *DERMATITIS*  
Nedorost, S., Atwater, A., Ardern-Jones, M., Elias, P., Mukherjee, P., Honari, G., Ertel, M., Hammond, M., Machler, B., Scheman, A., Mulligan, K., Montanez-Wiskovich, M., Jacob, et al  
2017; 28 (6): 372–74
- **Patch Testing for Evaluation of Hypersensitivity to Implanted Metal Devices: A Perspective From the American Contact Dermatitis Society** *DERMATITIS*  
Schalock, P. C., Crawford, G., Nedorost, S., Scheinman, P. L., Atwater, A. R., Mowad, C., Brod, B., Ehrlich, A., Watsky, K. L., Sasseville, D., Silvestri, D., Worobec, S. M., Elliott, et al  
2016; 27 (5): 241-247