



## Lisa Goldthwaite

Clinical Assistant Professor, Obstetrics & Gynecology

 Curriculum Vitae available Online

### CLINICAL OFFICES

- **Gynecology Clinic**

900 Blake Wilbur Dr  
Palo Alto, CA 94304

**Tel** (650) 725-6079

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### Bio

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#### BIO

Dr. Goldthwaite attended Carleton College in Minnesota where she received a Bachelor of Arts in Biology. She attended medical school at Oregon Health & Science University, and stayed on to complete her residency training in Obstetrics and Gynecology. She subsequently completed a Fellowship in Family Planning at the University of Colorado School of Medicine, while concurrently obtaining a Master of Public Health from the Colorado School of Public Health, with a concentration in epidemiology. Dr. Goldthwaite is currently a Clinical Assistant Professor in the Department of Obstetrics and Gynecology at the Stanford University School of Medicine, where she also serves as the Director of the Ryan Residency Training Program in Family Planning and as the Physician Improvement Leader for Quality and Safety for the Department of Obstetrics and Gynecology. Her clinical focus is in general gynecology, family planning, contraception, and abortion care. She also performs gynecologic surgery and works on Labor & Delivery. Dr. Goldthwaite's research and academic interests include immediate postpartum contraception, the intersection between family planning services and adverse birth outcomes, simulation in medical education, and quality improvement. Dr. Goldthwaite serves as a consultant through the Stanford Program for International Reproductive Education and Services (SPIRES), providing medical education and quality assurance in family planning with recent projects in Myanmar, Pakistan, Vietnam, Haiti, the Democratic Republic of the Congo, Kenya, and Madagascar.

#### CLINICAL FOCUS

- Obstetrics and Gynecology
- Contraception
- Family Planning
- Gynecology for women with cancer
- Vulvar conditions

#### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Obstetrics & Gynecology

#### PROFESSIONAL EDUCATION

- Board Certification: Obstetrics and Gynecology, American Board of Obstetrics and Gynecology (2017)
- Fellowship: University of Colorado School of Medicine (2015) CO

- Residency: Oregon Health and Science University (2013) OR
- Internship: Oregon Health and Science University (2010) OR
- Medical Education: Oregon Health and Science University (2009) OR

## Publications

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### PUBLICATIONS

- **Postabortion and Postpartum Intrauterine Device Provision for Adolescents and Young Adults.** *Journal of pediatric and adolescent gynecology*  
Peterson, S. F., Goldthwaite, L. M.  
2019; 32 (5S): S30–S35
- **Comparing bleeding patterns for the levonorgestrel 52 mg, 19.5 mg, and 13.5 mg intrauterine systems** *CONTRACEPTION*  
Goldthwaite, L. M., Creinin, M. D.  
2019; 100 (2): 128–31
- **Injectable contraception: emerging evidence on subcutaneous self-administration.** *Current opinion in obstetrics & gynecology*  
Lerma, K., Goldthwaite, L. M.  
2019
- **Postpartum intrauterine devices: clinical and programmatic review** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*  
Goldthwaite, L. M., Cahill, E. P., Voedisch, A. J., Blumenthal, P. D.  
2018; 219 (3): 235–41
- **Simulation training for family planning procedures** *CURRENT OPINION IN OBSTETRICS & GYNECOLOGY*  
Goldthwaite, L. M., Tocce, K.  
2017; 29 (6): 437–42
- **Postplacental intrauterine device expulsion by 12 weeks: a prospective cohort study** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*  
Goldthwaite, L. M., Sheeder, J., Hyer, J., Tocce, K., Teal, S. B.  
2017; 217 (6): 674.e1–674.e8
- **Family planning and the Zika era.** *Current opinion in obstetrics & gynecology*  
Goldthwaite, L. M., Velasquez, G.  
2016; 28 (6): 499-503
- **Comfort With Skills and Knowledge After Immediate Postpartum Intrauterine Device Training.** *Obstetrics and gynecology*  
Goldthwaite, L. M., Sheeder, J., Teal, S. B., Tocce, K. M.  
2016; 128: 6S-11S
- **Immediate postpartum provision of long-acting reversible contraception.** *Current opinion in obstetrics & gynecology*  
Goldthwaite, L. M., Shaw, K. A.  
2015; 27 (6): 460-464
- **Insertion characteristics of intrauterine devices in adolescents and young women: success, ancillary measures, and complications** *AMERICAN JOURNAL OF OBSTETRICS AND GYNECOLOGY*  
Teal, S. B., Romer, S. E., Goldthwaite, L. M., Peters, M. G., Kaplan, D. W., Sheeder, J.  
2015; 213 (4): 515.e1–5
- **Adverse Birth Outcomes in Colorado: Assessing the Impact of a Statewide Initiative to Prevent Unintended Pregnancy** *AMERICAN JOURNAL OF PUBLIC HEALTH*  
Goldthwaite, L. M., Duca, L., Johnson, R. K., Ostendorf, D., Sheeder, J.  
2015; 105 (9): E60–E66
- **Intrauterine Device Insertion During Cesarean Delivery: The Rising Tide of the Postdelivery Intrauterine Device.** *Obstetrics and gynecology*  
Blumenthal, P. D., Goldthwaite, L. M.  
2015; 126 (1): 1-2
- **Controversies in family planning: pregnancy termination in women with uterine anatomic abnormalities** *CONTRACEPTION*

Goldthwaite, L. M., Teal, S. B.

2014; 90 (4): 460–63

● **Early Hysteroscopic Removal of Intratubal Microinserts With Urologic Stone Retrieval Forceps** *OBSTETRICS AND GYNECOLOGY*

Goldthwaite, L. M., Edwards, L., Tocce, K.

2014; 124 (2): 441–44

● **Comparison of interventions for pain control with tenaculum placement: a randomized clinical trial** *CONTRACEPTION*

Goldthwaite, L. M., Baldwin, M. K., Page, J., Micks, E. A., Nichols, M. D., Edehnan, A. B., Bednarek, P. H.

2014; 89 (3): 229–33