

# Stanford

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## Yashaar Chaichian

Clinical Assistant Professor, Medicine - Immunology & Rheumatology

### CLINICAL OFFICES

- **Immunology and Rheumatology Clinic**

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### Bio

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### BIO

Dr. Chaichian specializes in the diagnosis and management of all rheumatic diseases. As Director of the Stanford Lupus Clinic, he has a particular clinical, research, and teaching interest in systemic lupus erythematosus (SLE). He has a secondary interest in connective tissue disease-associated interstitial lung disease (CTD-ILD). Under the mentorship of Dr. Mark Genovese, he is involved in clinical trials in SLE and lupus nephritis, including through the Lupus Clinical Investigators Network (LuCIN). He also works closely with Dr. Julia Simard on epidemiologic research in SLE, including better understanding pregnancy outcomes in this patient population. Lastly, with Dr. Maurice Druzin of the Division of Maternal-Fetal Medicine, he has co-developed a multidisciplinary conference that focuses on the diagnostic and treatment approach to pregnancy in women with underlying connective tissue diseases.

### CLINICAL FOCUS

- Rheumatology
- Systemic Lupus Erythematosus

### ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Medicine - Immunology & Rheumatology

### HONORS AND AWARDS

- Department of Medicine Teaching Award recipient, Stanford University School of Medicine (2019)
- Award recipient, Abstract Discussion Group, ACR Rheumatology Research Workshop (2014)
- Distinction in Research, completion of Research Distinction Track, University of Iowa Roy J. and Lucille A. Carver College of Medicine (2008)
- Graduation with Honors and Highest Distinction, University of Iowa (2004)
- Student Leadership Award, University of Iowa, Multicultural Graduation Recognition Banquet (2004)
- Bill and John Fenton Scholarship, University of Iowa (2003-2004)
- Rhodes Dunlop Honors Program Scholarship, University of Iowa (2002-2004)
- Dewey Stuit Award for Sophomore Honors Student, University of Iowa (2002-2003)

- Rhodes Dunlap First-Year Honors Student Award, University of Iowa (2001-2002)

## PROFESSIONAL EDUCATION

- Board Certification: Rheumatology, American Board of Internal Medicine (2014)
- Fellowship, University of Chicago Medical Center, IL , Rheumatology (2014)
- Primary Care Chief Resident, William S. Middleton Memorial Veterans Hospital, WI (2012)
- Board Certification: Internal Medicine, American Board of Internal Medicine (2011)
- Residency: University of Wisconsin Hospital and Clinics (2011) WI United States of America
- Internship: University of Wisconsin Hospital and Clinics (2009) WI United States of America
- Medical Education: University of Iowa Carver College of Medicine (2008) IA

## Research & Scholarship

### CURRENT RESEARCH AND SCHOLARLY INTERESTS

Systemic lupus erythematosus

CTD-associated interstitial lung disease

## Publications

### PUBLICATIONS

- **The road to rheumatoid arthritis prevention: challenges and opportunities.** *Clinical rheumatology*  
Chaichian, Y., Genovese, M. C., Weisman, M. H.  
2020
- **Does SLE widen or narrow race/ethnic disparities in the risk of five co-morbid conditions? Evidence from a community-based outpatient care system.** *Lupus*  
Falasinnu, T., Chaichian, Y., Li, J., Chung, S., Waitzfelder, B. E., Fortmann, S. P., Palaniappan, L., Simard, J. F.  
2019: 961203319884646
- **Preterm birth phenotypes in women with autoimmune rheumatic diseases: A population based cohort study.** *BJOG : an international journal of obstetrics and gynaecology*  
Kolstad, K. D., Mayo, J. A., Chung, L., Chaichian, Y., Kelly, V. M., Druzin, M., Stevenson, D. K., Shaw, G. M., Simard, J. F.  
2019
- **Preterm Delivery Phenotypes in Systemic Lupus Erythematosus Pregnancies** *AMERICAN JOURNAL OF PERINATOLOGY*  
Simard, J. F., Chaichian, Y., Rossides, M., Wikstrom, A., Shaw, G. M., Druzin, M. L.  
2019; 36 (9): 964–68
- **A promising approach to targeting type 1 IFN in systemic lupus erythematosus.** *The Journal of clinical investigation*  
Chaichian, Y., Wallace, D. J., Weisman, M. H.  
2019
- **Unraveling Race, Socioeconomic Factors, and Geographical Context in the Heterogeneity of Lupus Mortality in the United States.** *ACR open rheumatology*  
Falasinnu, T., Chaichian, Y., Palaniappan, L., Simard, J. F.  
2019; 1 (3): 164–72
- **Do Death Certificates Underestimate the Burden of Rare Diseases? The Example of Systemic Lupus Erythematosus Mortality, Sweden, 2001-2013.** *Public health reports (Washington, D.C. : 1974)*  
Falasinnu, T., Rossides, M., Chaichian, Y., Simard, J. F.  
2018: 33354918777253
- **The Representation of Gender and Race/Ethnic Groups in Randomized Clinical Trials of Individuals with Systemic Lupus Erythematosus.** *Current rheumatology reports*  
Falasinnu, T., Chaichian, Y., Bass, M. B., Simard, J. F.

2018; 20 (4): 20

- **Impact of Sex on Systemic Lupus Erythematosus-Related Causes of Premature Mortality in the United States.** *Journal of women's health* (2002)  
Falasinnu, T., Chaichian, Y., Simard, J. F.  
2017
- **Long-term Management of Gout: Nonpharmacologic and Pharmacologic Therapies** *Rheumatic Disease Clinics of North America*  
Chaichian, Y., Chohan, S., Becker, M. A.  
2014; 40 (2)
- **Targeted Therapies in Systemic Lupus Erythematosus: A State-of-the-Art Review** *Journal of Clinical & Cellular Immunology*  
Chaichian, Y., Utset, T. O.  
2013; 4 (S6)