



Jeffrey Yao, MD

Professor of Orthopaedic Surgery and, by courtesy, of Surgery (Plastic and Reconstructive Surgery)

 Curriculum Vitae available Online

CLINICAL OFFICE (PRIMARY)

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ACADEMIC CONTACT INFORMATION

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Bio

BIO

Dr Yao joined the Hand and Upper Extremity Service at Stanford University Medical Center in 2005. He graduated from Cornell University Medical College in 1999. His Orthopaedic Surgery residency was completed at the Albert Einstein College of Medicine / NSUH-LIJ Health System in New York in 2004, where he was voted the Surgical Intern of the Year in 2000 and the Orthopaedic Surgery Resident of the Year in 2001. He completed the Hand and Upper Extremity surgical fellowship at Thomas Jefferson University Hospital and the Philadelphia Hand Center in 2005. He earned his Orthopaedic Surgery Board Certification in 2007. He learned his Certificate of Added Qualification in Surgery of the Hand in 2009. He was promoted to the rank of Associate Professor of Orthopaedic Surgery at Stanford University in 2012, and the rank of Professor of Orthopaedic Surgery at Stanford University in 2020.

Dr Yao has clinical training and interest in the treatment of disorders of the entire upper extremity/limb, including the hand, wrist, elbow and shoulder. He is specifically trained in the minimally-invasive and arthroscopic treatment of common upper extremity problems including fractures, arthritis, tendon and ligament injuries and nerve compression disorders. This minimally-invasive approach is unique and highly sought after by patients. His clinical volume is quite extensive as he sees over 3000 patients per year.

Dr Yao's research interests include the evolution of arthroscopic and minimally-invasive surgical techniques for the management of common upper limb disorders. He is also involved in utilizing stem cells in the treatment of tendon injuries. He has presented his research with over 400 podium presentations at numerous regional, national and international meetings and is active in the education of other surgeons, fellows, residents and medical students. He has served as a visiting professor at several academic medical centers, both nationally and internationally at sites including Japan, Singapore, Hong Kong, Taiwan, Brazil, Columbia, Peru, Chile, Canada, South Africa, Italy, Germany, England, Mexico, Australia, Korea, Poland, Peru, Hungary, Fiji, Spain, India and France.

Dr Yao was awarded the Sumner Koch national research award in 2009 and the Emmanuel B Kaplan national research award in 2012. He was also awarded the prestigious JOA-AOA traveling fellowship in 2010 and spent one month in Japan teaching at a number of institutions. He was awarded the

prestigious Sterling Bunnell Traveling Fellowship by the American Society for Surgery of the Hand (ASSH) in September 2015. This honor is bestowed upon just one member of the ASSH per year and is one of the Society's most prestigious and competitive awards. As the 2016 Bunnell Fellow, Dr Yao traveled to many medical centers nationally and internationally for the mutual exchange of clinical and research ideas. He is currently the Hand and Upper Limb Hand Fellowship Director at the Stanford University Medical Center.

He has been the Editor-in-Chief of the Yearbook of Hand and Upper Limb Surgery and was also on the editorial board of HAND and reviews manuscripts for many other journals for their suitability for publication. He has authored over 110 peer-reviewed publications in the field of hand and upper extremity surgery. He is the editor for a textbook on Scaphoid Fractures and Nonunions and two special issues of Hand Clinics and Current Orthopaedic Practice.

Dr Yao is an active member of the American Association of Orthopaedic Surgeons, the American Society for Surgery of the Hand, the American Association of Hand Surgery, the International Wrist Arthroscopy Society, The International Wrist Investigators' Workshop, the Arthroscopy Association of North America and the Western Orthopaedic Association.

CLINICAL FOCUS

- Hand, Wrist, Elbow and Shoulder Surgery
- Surgery of the Hand

ACADEMIC APPOINTMENTS

- Professor - University Medical Line, Orthopaedic Surgery
- Professor - University Medical Line (By courtesy), Surgery - Plastic & Reconstructive Surgery

ADMINISTRATIVE APPOINTMENTS

- Manuscript Reviewer, The Physician and Sports Medicine, (2005- present)
- Director, Hand and Upper Extremity Surgery Fellowship, Orthopaedic Surgery, Stanford University Medical Center, (2020- present)
- Manuscript Reviewer, Clinical Journal of Sports Medicine, (2005- present)
- Manuscript Reviewer, Annals of Plastic Surgery, (2008- present)
- Manuscript Reviewer, Hand, (2007- present)
- Manuscript Reviewer, Journal of Orthopaedic Research, (2006- present)
- Manuscript Reviewer, Tissue Engineering, (2009- present)
- Manuscript Reviewer, The Journal of Hand Surgery, (2011- present)
- Manuscript Reviewer, The Journal of Bone and Joint Surgery, (2007- present)
- Contributing Editor, Yearbook of Hand and Upper Limb Surgery, (2005-2008)
- Guest Editor, Current Orthopaedic Practice, (2011- present)
- Guest Editor, Hand Clinics, (2012-2012)
- Deputy Editor, Hand, (2009- present)
- Editor-in-Chief, Yearbook of Hand and Upper Limb Surgery, (2009- present)
- Founding Member, Manus National Hand Surgery Society, (2006- present)
- Member, Western Orthopaedic Association, (2012- present)
- Member, International Wrist Investigators Workshop, (2009- present)
- Member, American Association for Hand Surgery, (2008- present)
- Member, Arthroscopy Association of North America, (2010- present)

- Member, American Society for Surgery of the Hand, (2004- present)
- Fellow, American Academy of Orthopaedic Surgeons, (2009- present)

HONORS AND AWARDS

- Sterling Bunnell Traveling Fellowship Award, American Society for Surgery of the Hand (September 2016-2017)
- Surgical Intern of the Year, Albert Einstein College of Medicine / NSUH-LIJ Health System (2000)
- Sterling Bunnell Traveling Fellowship, American Society for Surgery of the Hand (Sept 2015-Aug 2016)
- Orthopaedic Surgery Resident of the Year, Albert Einstein College of Medicine / NSUH-LIJ Health System (2001)
- Resident Competition and Symposium, Orthopaedic Research and Education Foundation (OREF) (May, 2002)
- Annual Research Competition, Philadelphia Hand Society (June, 2005)
- Distinguished Visiting Professorship, Wilcox Memorial Medical Center, Kauai, HI (Aug 2008)
- AFSH Basic Science Research Grant, American Foundation for Surgery of the Hand (2009-2010)
- Distinguished Visiting Professorship, Albert Einstein College of Medicine NSUH-LIJ Health System, New Hyde Park, NY (June 2009)
- Sumner L. Koch Award, American Society for Surgery of the Hand (September 2009)
- AOA-JOA Exchange Traveling Fellow, American Orthopaedic Association (May 2010)
- Emanuel B. Kaplan Award, American Society for Surgery of the Hand (September 2012)
- Distinguished Visiting Professorship, University of California San Francisco - Fresno Campus (February 2013)
- Best Paper of the AAOS Award, American Academy of Orthopaedic Surgeons (March 2013)

PROFESSIONAL EDUCATION

- Residency: Long Island Jewish Medical Center (2004) NY
- Internship: Long Island Jewish Medical Center (2000) NY
- Medical Education: New York Presbyterian Hospital-Weill Cornell Medical College (1999) NY
- Board Certification: Surgery of the Hand, American Board of Orthopaedic Surgery (2009)
- Fellowship: Thomas Jefferson University Hospital (2005) PA
- CAQ, American Board of Orthopaedic Surgery , Added Qualification in Hand Surgery (2009)
- Board Certification: Orthopaedic Surgery, American Board of Orthopaedic Surgery (2007)
- MD, Philadelphia Hand Center - Thomas Jefferson University Hospital , Hand Surgery (2005)
- MD, Albert Einstein Med College NSUH-LIJ , Orthopaedic Surgery (2004)
- MD, Cornell University Med College , Medicine (1999)

COMMUNITY AND INTERNATIONAL WORK

- Doctors Demystify
- Stanford Asian American Interactive Mentoring (AIM), Stanford University
- Faculty Advisor, Stanford Pre-Medical Chapter of AMSA, Stanford University
- IFSSH Online Surgical Protocols

LINKS

- Get a Second Opinion: <https://stanfordhealthcare.org/second-opinion/overview.html>

Research & Scholarship

CURRENT RESEARCH AND SCHOLARLY INTERESTS

1. Minimally invasive and arthroscopic treatment alternatives for common hand and wrist disorders. I am currently exploring the safety and efficacy of an all-inside arthroscopic triangular fibrocartilage complex (TFCC) repair technique, the arthroscopic treatment of wrist, finger and thumb arthritis, arthroscopic treatment of intercarpal ligament injuries and other disorders
2. Biologic augmentation of tendon repair strategies utilizing stem cells. I am currently utilizing a unique model of bioactive sutures used as a delivery mechanism of stem cells for biologically augmenting current mechanical techniques of tendon repair.

CLINICAL TRIALS

- Effect of Pneumatic Tourniquet on Arm Swelling After Lymph Node Removal, Not Recruiting
- Management of Nailbed Injuries, Not Recruiting

Publications

PUBLICATIONS

- **Application of Machine Learning to Osteoporosis and Osteopenia Screening Using Hand Radiographs.** *The Journal of hand surgery*
Luan, A., Maan, Z., Lin, K., Yao, J.
2024
- **Arthroscopic-Assisted Repair of the Triangular Fibrocartilage Complex.** *Journal of hand surgery global online*
Zhou, J. Y., Tuyishime, H., Yao, J.
2024; 6 (4): 445-457
- **Treatment of Hand and Wrist Cartilage Defects in Athletes.** *Sports medicine and arthroscopy review*
Ravella, K. C., Yao, J.
2024; 32 (2): 104-112
- **Scapholunate Ligament Injuries.** *Journal of hand surgery global online*
Zhou, J. Y., Jodah, R., Joseph, L. P., Yao, J.
2024; 6 (3): 245-267
- **Long-Term Results of Suture-Button Suspensionplasty in the Treatment of Thumb Carpometacarpal Arthritis: A Minimum 10-Year Follow-Up.** *Journal of hand surgery global online*
Lachnish, J., Titan, A. L., Sen, S., Yao, J.
2024; 6 (2): 206-211
- **Scaffold-Free Bone Marrow-Derived Mesenchymal Stem Cell Sheets Enhance Bone Formation in a Weight-Bearing Rat Critical Bone Defect Model.** *Tissue engineering. Part A*
Mito, K., Lachnish, J., Le, W., Chan, C., Chang, Y. L., Yao, J.
2023
- **Scaphoid Malunion: Incidence, Predictors, and Outcomes.** *Journal of wrist surgery*
Putnam, J., Pfaff, K., Yao, J.
2023; 12 (1): 40-45
- **Distal Metaphyseal Ulnar Shortening Osteotomy Fixation: A Biomechanical Analysis.** *The Journal of hand surgery*
Frey, C. S., Zhou, J. Y., Shah, K., Chan, C. K., Joseph, L., Storaci, H., Segovia, N., Yao, J.
2023
- **Analysis of Website Accessibility and Content for All 92 Accredited Hand Surgery Fellowship Programs in the United States: An Update.** *Journal of hand surgery global online*
Cohen, S. A., Xiao, M., Curtin, C. M., Yao, J.

2022; 4 (5): 269-275

- **Scaphoid Malunion: Incidence, Predictors, and Outcomes** *JOURNAL OF WRIST SURGERY*
Putnam, J., Pfaff, K., Yao, J.
2022
- **Arthroscopic Management of Thumb Carpometacarpal Joint Arthritis and Pathology.** *Hand clinics*
Barrera, J., Yao, J.
2022; 38 (2): 183-197
- **Triangular Fibrocartilage Complex Repair/Reconstruction.** *Hand clinics*
Shapiro, L. M., Yao, J.
2021; 37 (4): 493-505
- **Arthroscopy in Distal Radius Fractures: Indications and When to Do It.** *Hand clinics*
Yao, J., Fogel, N.
2021; 37 (2): 279-91
- **Surgical Techniques for the Treatment of Acute Carpal Ligament Injuries in the Athlete.** *Clinics in sports medicine*
Gire, J. D., Yao, J.
2020; 39 (2): 313-37
- **Long-Term Outcomes for Arthroscopic Thermal Treatment for Scapholunate Ligament Injuries.** *Journal of wrist surgery*
Burn, M. B., Sarkissian, E. J., Yao, J.
2020; 9 (1): 22-28
- **Development of a Reproducible Upper Limb Swelling Model.** *The journal of hand surgery Asian-Pacific volume*
Muraoka, K., Kleimeyer, J., Yao, J.
2019; 24 (4): 452-55
- **The Effect of Mesenchymal Stem Cell Sheets on Early Healing of the Achilles Tendon in Rats.** *Tissue engineering. Part A*
Maruyama, M., Le, W., Thio, T., Storaci, H., Ueda, Y., Yao, J.
2019
- **Long-Term Outcomes of All-Arthroscopic Pre-Tied Suture Device Triangular Fibrocartilage Complex Repair.** *Journal of wrist surgery*
Sarkissian, E. J., Burn, M. B., Yao, J.
2019; 8 (5): 403-7
- **Complications of Wrist and Hand Arthroscopy** *HAND CLINICS*
Ahsan, Z. S., Yao, J.
2017; 33 (4): 831-+
- **A Biomechanical Analysis of 2 Constructs for Metacarpal Spiral Fracture Fixation in a Cadaver Model: 2 Large Screws Versus 3 Small Screws.** *The Journal of hand surgery*
Eu-Jin Cheah, A., Behn, A. W., Comer, G., Yao, J.
2017
- **Evidence-Based Medicine: Surgical Management of Flexor Tendon Lacerations** *PLASTIC AND RECONSTRUCTIVE SURGERY*
Kamal, R. N., Yao, J.
2017; 140 (1): 130E-139E
- **The Effect of Myostatin (GDF-8) on Proliferation and Tenocyte Differentiation of Rat Bone Marrow-Derived Mesenchymal Stem Cells.** *The journal of hand surgery Asian-Pacific volume*
Le, W., Yao, J.
2017; 22 (2): 200-207
- **Mean 5-Year Follow-up for Suture Button Suspensionplasty in the Treatment of Thumb Carpometacarpal Joint Osteoarthritis.** *journal of hand surgery*
Yao, J., Cheah, A. E.
2017

- **Simple Assessment of Global Bone Density and Osteoporosis Screening Using Standard Radiographs of the Hand.** *journal of hand surgery*
Schreiber, J. J., Kamal, R. N., Yao, J.
2017
- **Microfracture for Ulnar Impaction Syndrome: Surgical Technique and Outcomes with Minimum 2-Year Follow-up.** *Journal of wrist surgery*
Kaufman, D., Etcheson, J., Yao, J.
2017; 6 (1): 60-64
- **Relative ratios of collagen composition of periarticular tissue of joints of the upper limb.** *journal of hand surgery, European volume*
Cheah, A., Harris, A., Le, W., Huang, Y., Yao, J.
2016: 1753193416674324-?
- **Radial Nerve Tendon Transfers.** *Hand clinics*
Cheah, A. E., Etcheson, J., Yao, J.
2016; 32 (3): 323-338
- **Hand Fractures: Indications, the Tried and True and New Innovations** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Cheah, A. E., Yao, J.
2016; 41 (6): 712-722
- **Effect of Electrothermal Treatment on Nerve Tissue Within the Triangular Fibrocartilage Complex, Scapholunate, and Lunotriquetral Interosseous Ligaments** *ARTHROSCOPY-THE JOURNAL OF ARTHROSCOPIC AND RELATED SURGERY*
Pirolo, J. M., Le, W., Yao, J.
2016; 32 (5): 773-778
- **ScaphoLunate Axis Method (vol 5, pg 59, 2016)** *JOURNAL OF WRIST SURGERY*
Yao, J., Zlotolow, D. A., Lee, S. K.
2016; 5 (2): 169
- **ScaphoLunate Axis Method.** *Journal of wrist surgery*
Yao, J., Zlotolow, D. A., Lee, S. K.
2016; 5 (1): 59-66
- **Variations in Postoperative Immobilization Following Common Hand Surgery Procedures.** *Hand (New York, N.Y.)*
Diaz, R., Ebramzadeh, E., Yao, J.
2016; 11 (1): 45-49
- **Surgical Approaches to the Proximal Interphalangeal Joint** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Cheah, A. E., Yao, J.
2016; 41 (2): 294-305
- **Nuts and Bolts: Dimensions of Commonly Utilized Screws in Upper Extremity Surgery** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Douglass, N., Yao, J.
2015; 40 (2): 368-382
- **Surgical techniques for the treatment of carpal ligament injury in the athlete.** *Clinics in sports medicine*
Paci, G. M., Yao, J.
2015; 34 (1): 11-35
- **Arthroscopic dorsal wrist ganglion excision with color-aided visualization of the stalk: minimum 1-year follow-up.** *Hand (New York, N.Y.)*
Ahsan, Z. S., Yao, J.
2014; 9 (2): 205-208
- **Biomechanical comparison of 3 methods of scapholunate ligament reconstruction.** *journal of hand surgery*
Lee, S. K., Zlotolow, D. A., Sapienza, A., Karia, R., Yao, J.
2014; 39 (4): 643-650
- **Thumb basal joint: Utilizing new technology for the treatment of a common problem** *JOURNAL OF HAND THERAPY*
Yao, J., Lashgari, D.
2014; 27 (2): 127-133

- **The wrist insufflation test: a confirmatory test for detecting intercarpal ligament and triangular fibrocartilage complex tears.** *Arthroscopy*
Lee Master, D., Yao, J.
2014; 30 (4): 451-455
- **Prospective randomized comparison of single-incision and two-incision carpal tunnel release outcomes.** *Hand (New York, N.Y.)*
Castillo, T. N., Yao, J.
2014; 9 (1): 36-42
- **Minimally Invasive Approaches to Ulnar-Sided Wrist Disorders** *HAND CLINICS*
Pirolo, J. M., Yao, J.
2014; 30 (1): 77-?
- **Incidence of Failure of Continuous Peripheral Nerve Catheters for Postoperative Analgesia in Upper Extremity Surgery.** *journal of hand surgery*
Ahsan, Z. S., Carvalho, B., Yao, J.
2014; 39 (2): 324-329
- **Plating of metacarpal fractures with locked or nonlocked screws, a biomechanical study: how many cortices are really necessary?** *Hand (New York, N.Y.)*
Barr, C., Behn, A. W., Yao, J.
2013; 8 (4): 454-459
- **The Fragmented Proximal Pole Scaphoid Nonunion Treated With Rib Autograft: Case Series and Review of the Literature** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J., Read, B., Hentz, V. R.
2013; 38A (11): 2188-2192
- **The fragmented proximal pole scaphoid nonunion treated with rib autograft: case series and review of the literature.** *journal of hand surgery*
Yao, J., Read, B., Hentz, V. R.
2013; 38 (11): 2188-2192
- **Outcomes of ulnar shortening osteotomy fixed with a dynamic compression system.** *journal of hand surgery*
Ahsan, Z. S., Song, Y., Yao, J.
2013; 38 (8): 1520-1523
- **Outcomes of Ulnar Shortening Osteotomy Fixed With a Dynamic Compression System** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Ahsan, Z. S., Song, Y., Yao, J.
2013; 38A (8): 1520-1523
- **Suture-button suspensionplasty for thumb carpometacarpal arthritis: a minimum 2-year follow-up.** *journal of hand surgery*
Yao, J., Song, Y.
2013; 38 (6): 1161-1165
- **Suture-Button Suspensionplasty for Thumb Carpometacarpal Arthritis: A Minimum. 2-Year Follow-Up** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J., Song, Y.
2013; 38A (6): 1161-1165
- **The thumb carpometacarpal joint: anatomy, hormones, and biomechanics.** *Instructional course lectures*
Ladd, A. L., Weiss, A. C., Crisco, J. J., Hagert, E., Wolf, J. M., Glickel, S. Z., Yao, J.
2013; 62: 165-179
- **Treatment of thumb carpometacarpal arthritis with arthroscopic hemitrapeziectomy and interposition arthroplasty.** *Orthopedics*
Park, M. J., Lee, A. T., Yao, J.
2012; 35 (12): e1759-64
- **Treatment of Thumb Carpometacarpal Arthritis With Arthroscopic Hemitrapeziectomy and Interposition Arthroplasty** *ORTHOPEDICS*
Park, M. J., Lee, A. T., Yao, J.
2012; 35 (12): E1759-E1764

- **Suture-Button Suspensionplasty for the Treatment of Thumb Carpometacarpal Joint Arthritis** *HAND CLINICS*
Yao, J.
2012; 28 (4): 579-?
- **New and emerging technology in the treatment of the upper extremity.** *Hand clinics*
Yao, J.
2012; 28 (4): xiii-xiv
- **The importance of pronator quadratus repair in the treatment of distal radius fractures with volar plating.** *Hand (New York, N.Y.)*
Ahsan, Z. S., Yao, J.
2012; 7 (3): 276-280
- **The effect of suture coated with mesenchymal stem cells and bioactive substrate on tendon repair strength in a rat model.** *journal of hand surgery*
Yao, J., Woon, C. Y., Behn, A., Korotkova, T., Park, D., Gajendran, V., Smith, R. L.
2012; 37 (8): 1639-1645
- **The Effect of Suture Coated With Mesenchymal Stem Cells and Bioactive Substrate on Tendon Repair Strength in a Rat Model** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J., Woon, C. Y., Behn, A., Korotkova, T., Park, D., Gajendran, V., Smith, R. L.
2012; 37A (8): 1639-1645
- **Complications of Wrist Arthroscopy** *ARTHROSCOPY-THE JOURNAL OF ARTHROSCOPIC AND RELATED SURGERY*
Ahsan, Z. S., Yao, J.
2012; 28 (6): 855-859
- **All-Arthroscopic Repair of Peripheral Triangular Fibrocartilage Complex Tears Using FasT-Fix** *HAND CLINICS*
Yao, J.
2011; 27 (3): 237-?
- **All-arthroscopic repair of Palmer 1B triangular fibrocartilage complex tears using the FasT-Fix device.** *journal of hand surgery*
Yao, J., Lee, A. T.
2011; 36 (5): 836-842
- **Optimization of Volar Percutaneous Screw Fixation for Scaphoid Waist Fractures Using Traction, Positioning, Imaging, and an Angiocatheter Guide** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Zlotolow, D. A., Knutsen, E., Yao, J.
2011; 36A (5): 916-921
- **All-Arthroscopic Repair of Palmer 1B Triangular Fibrocartilage Complex Tears Using the FasT-Fix Device** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J., Lee, A. T.
2011; 36A (5): 836-842
- **Optimization of volar percutaneous screw fixation for scaphoid waist fractures using traction, positioning, imaging, and an angiocatheter guide.** *journal of hand surgery*
Zlotolow, D. A., Knutsen, E., Yao, J.
2011; 36 (5): 916-921
- **Color-Aided Visualization of Dorsal Wrist Ganglion Stalks Aids in Complete Arthroscopic Excision** *ARTHROSCOPY-THE JOURNAL OF ARTHROSCOPIC AND RELATED SURGERY*
Yao, J., Trindade, M. C.
2011; 27 (3): 425-429
- **Viability and proliferation of pluripotential cells delivered to tendon repair sites using bioactive sutures--an in vitro study.** *journal of hand surgery*
Yao, J., Korotkova, T., Smith, R. L.
2011; 36 (2): 252-258
- **Viability and Proliferation of Pluripotential Cells Delivered to Tendon Repair Sites Using Bioactive Sutures-An In Vitro Study** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*

- Yao, J., Korotkova, T., Smith, R. L.
2011; 36A (2): 252-258
- **Arthroscopic repair of the scapholunate interosseous ligament.** *Techniques in hand & upper extremity surgery*
Stuffmann, E. S., McAdams, T. R., Shah, R. P., Yao, J.
2010; 14 (4): 204-208
 - **Suture Button Compared With K-Wire Fixation for Maintenance of Posttrapeziectomy Space Height in a Cadaver Model of Lateral Pinch** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J., Zlotolow, D. A., Murdock, R., Christian, M.
2010; 35A (12): 2061-2065
 - **Suture button compared with K-wire fixation for maintenance of posttrapeziectomy space height in a cadaver model of lateral pinch.** *journal of hand surgery*
Yao, J., Zlotolow, D. A., Murdock, R., Christian, M.
2010; 35 (12): 2061-2065
 - **The rate of triangular fibrocartilage injuries requiring surgical intervention.** *Orthopedics*
Park, M. J., Jagadish, A., Yao, J.
2010; 33 (11): 806-?
 - **Comparison of Longitudinal Open Incision and Two-Incision Techniques for Carpal Tunnel Release** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Castillo, T. N., Yao, J.
2010; 35A (11): 1813-1819
 - **Suture Button Suspensionplasty After Arthroscopic Hemitrapeziectomy for Treatment of Thumb Carpometacarpal Arthritis** *ARTHROSCOPY-THE JOURNAL OF ARTHROSCOPIC AND RELATED SURGERY*
Cox, C. A., Zlotolow, D. A., Yao, J.
2010; 26 (10): 1395-1403
 - **All-Arthroscopic Repair of Peripheral Triangular Fibrocartilage Complex Tears** *OPERATIVE TECHNIQUES IN SPORTS MEDICINE*
Yao, J.
2010; 18 (3): 168-172
 - **Tourniquet usage in upper extremity surgery.** *journal of hand surgery*
Cox, C., Yao, J.
2010; 35 (8): 1360-1361
 - **Electrocautery Use in Hand Surgery: History, Physics, and Appropriate Usage** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Cox, C., Yao, J.
2010; 35A (3): 489-490
 - **Perioperative steroid dosing in patients receiving chronic oral steroids, undergoing outpatient hand surgery.** *journal of hand surgery*
Fleager, K., Yao, J.
2010; 35 (2): 316-318
 - **Clinical Assessment of the Wrist** *The Wrist: Diagnosis and Operative Treatment*
Yao J, Skirven T, Osterman AL, Culp RW
2010
 - **Referring Physicians' Knowledge of Hand Surgery** *Hand (NY)*
Curtin C, Yao J
2010; 5 (3): 278-285
 - **Monteggia fracture-dislocation associated with proximal and distal radioulnar joint instability. A case report.** *journal of bone and joint surgery. American volume*
Cheung, E. V., Yao, J.
2009; 91 (4): 950-954

- **All-arthroscopic triangular fibrocartilage complex repair: safety and biomechanical comparison with a traditional outside-in technique in cadavers.** *The Journal of hand surgery*
Yao, J.
2009; 34 (4): 671-6
- **All-Arthroscopic Triangular Fibrocartilage Complex Repair: Safety and Biomechanical Comparison With a Traditional Outside-in Technique in Cadavers** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J.
2009; 34A (4): 671-676
- **Arthroscopic Treatment of Triangular Fibrocartilage Wrist Injuries in the Athlete** *34th Annual Meeting of the American-Orthopaedic-Society-for-Sports-Medicine*
McAdams, T. R., Swan, J., Yao, J.
SAGE PUBLICATIONS INC.2009: 291-97
- **Surgical treatment of thumb carpometacarpal joint arthritis: a single institution experience from 1995-2005.** *Hand (New York, N.Y.)*
Park, M. J., Lichtman, G., Christian, J. B., Weintraub, J., Chang, J., Hentz, V. R., Ladd, A. L., Yao, J.
2008; 3 (4): 304-310
- **Bioactive sutures for tendon repair: assessment of a method of delivering pluripotential embryonic cells.** *journal of hand surgery*
Yao, J., Korotkova, T., Riboh, J., Chong, A., Chang, J., Smith, R. L.
2008; 33 (9): 1558-1564
- **Bioactive Sutures for Tendon Repair: Assessment of a Method of Delivering Pluripotential Embryonic Cells** *JOURNAL OF HAND SURGERY-AMERICAN VOLUME*
Yao, J., Korotkova, T., Riboh, J., Chong, A., Chang, J., Smith, R. L.
2008; 33A (9): 1558-1564
- **Early treatment of degenerative arthritis of the thumb carpometacarpal joint** *HAND CLINICS*
Yao, J., Park, M. J.
2008; 24 (3): 251-?
- **Update on the Triangular Fibrocartilage Complex** *Current Orthopaedic Practice, Zlotolow D (Ed)*
Lee AT, Yao J
2008; 19 (5): 509-514
- **A novel technique of all-inside arthroscopic triangular fibrocartilage complex repair** *ARTHROSCOPY-THE JOURNAL OF ARTHROSCOPIC AND RELATED SURGERY*
Yao, J., Dantuluri, P., Osterman, A. L.
2007; 23 (12)
- **Tumours of the hand** *LANCET ONCOLOGY*
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