

Stanford



Amit Saxena

Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

CLINICAL OFFICE (PRIMARY)

- **Anesthesia Department**

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Bio

CLINICAL FOCUS

- Anesthesia
- Difficult and advanced airway management. Anesthesia for a wide variety of otolaryngologic and neurologic surgical procedures, maxillofacial and orthognatic surgery, facial aesthetic surgery.
- Director of Head and Neck Anesthesia Rotation
- Associate Director of Head and Neck Anesthesiology and Airway Management
- Co-director of Stanford Advanced Airway Management Course

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Anesthesiology, Perioperative and Pain Medicine

PROFESSIONAL EDUCATION

- Internship: Kaiser Permanente Santa Clara Internal Medicine Residency (2012) CA
- Board Certification: Anesthesia, American Board of Anesthesiology (2016)
- Residency: Stanford University Hospital and Clinics (2015) CA
- Medical Education: University of California, San Francisco (2011) CA

Publications

PUBLICATIONS

- **Anesthetic Considerations for Endoscopic Sinus Surgery.** *Rhinology: Diseases of the Nose, Sinuses, and Skull Base*
Saxena, A., Nekhendzy, V.
Thieme.2024; 2nd
- **Safety and Utility of Transnasal Humidified Rapid-Insufflation Ventilatory Exchange (THRIVE) for Laser Laryngeal Surgery.** *Otolaryngology--head and neck surgery : official journal of American Academy of Otolaryngology-Head and Neck Surgery*
Khan, N. C., Vukkadala, N., Saxena, A., Damrose, E. J., Nekhendzy, V., Sung, C. K.

2023

- **EEG response of dexmedetomidine during drug induced sleep endoscopy.** *Frontiers in neuroscience*
Han, L., Drover, D. R., Chen, M. C., Saxena, A. R., Eagleman, S. L., Nekhendzy, V., Pritchard, A., Capasso, R.
2023; 17: 1144-141
- **Evaluation of patient state index, bispectral index, and entropy during drug induced sleep endoscopy with dexmedetomidine.** *Journal of clinical monitoring and computing*
Han, L., Drover, D. R., Chen, M. C., Saxena, A. R., Eagleman, S. L., Nekhendzy, V., Capasso, R.
2022
- **Expert Consensus Statement on the Perioperative Management of Adult Patients Undergoing Head and Neck Surgery and Free Tissue Reconstruction From the Society for Head and Neck Anesthesia.** *Anesthesia and analgesia*
Healy, D. W., Cloyd, B. H., Straker, T., Brenner, M. J., Damrose, E. J., Spector, M. E., Saxena, A., Atkins, J. H., Ramamurthi, R. J., Mehta, A., Aziz, M. F., Cattano, D., Levine, et al
2021; 133 (1): 274-283
- **Anesthetic considerations for functional endoscopic sinus surgery: a narrative review** *Journal of Head & Neck Anesthesia*
Saxena, A., Nekhendzy, V.
2020; 4 (2)
- **The Safety and Efficacy of Transnasal Humidified Rapid-Insufflation Ventilatory Exchange for Laryngologic Surgery.** *The Laryngoscope*
Nekhendzy, V. n., Saxena, A. n., Mittal, B. n., Sun, E. n., Sung, K. n., Dewan, K. n., Damrose, E. J.
2020
- **Prevention of postdural puncture headache after accidental dural puncture: a quantitative systematic review** *BRITISH JOURNAL OF ANAESTHESIA*
Apfel, C. C., Saxena, A., Cakmakkaya, O. S., Gaiser, R., George, E., Radke, O.
2010; 105 (3): 255-263
- **Analgesic requirements and postoperative recovery after scheduled compared to unplanned cesarean delivery: a retrospective chart review** *INTERNATIONAL JOURNAL OF OBSTETRIC ANESTHESIA*
Carvalho, B., Coleman, L., Saxena, A., Fuller, A. J., Riley, E. T.
2010; 19 (1): 10-15
- **Vaginal twin delivery: a survey and review of location, anesthesia coverage and interventions** *38th Annual Meeting of the Society-for-Obstetric-Anesthesia-and-Perinatology*
Carvalho, B., Saxena, A., Butwick, A., Macario, A.
CHURCHILL LIVINGSTONE.2008: 212–16
- **Wolff-Parkinson-White syndrome in athletes.** *Current sports medicine reports*
Saxena, A., Chang, C. J., Wang, S.
2006; 5 (5): 254-257