Stanford

Vidushi Savant

Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

CLINICAL OFFICE (PRIMARY)

- **Psychiatry and Behavioral Sciences**

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  Stanford, CA 94305

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Bio

BIO

Dr. Savant specializes in the treatment of comorbid psychiatric disorders in medically ill patients.

She is a double board certified in Psychosomatic Medicine and General Psychiatry.

CLINICAL FOCUS

- Consult-Liaison Psychiatry
- Psycho-Oncology
- Integrative Medicine
- Psychosomatic Medicine

ACADEMIC APPOINTMENTS

- Clinical Assistant Professor, Psychiatry and Behavioral Sciences - Medical Psychiatry

HONORS AND AWARDS

- Achievement Award, Loyola University Medical Center Department of Psychiatry
- Medical Honor Society, Alpha Omega Alpha Medical Honor Society

BOARDS, ADVISORY COMMITTEES, PROFESSIONAL ORGANIZATIONS

- Medical Director, Integrative Behavioral Health and Medicine (2022 - present)
- Board Certified in Psychosomatic Medicine, American Board of Psychiatry and Neurology (2015 - present)
- Co-Founder and Chief Medical Officer, Savant Care Inc. (2014 - 2022)
- Board Certified in Psychiatry, American Board of Psychiatry and Neurology (2013 - present)

PROFESSIONAL EDUCATION

- Fellowship: Academy of Integrative Health and Medicine AIHM (2024) CA
- Residency: Loyola University Stritch School of Medicine (2013) IL
- Board Certification: Psychiatry, American Board of Psychiatry and Neurology (2013)
- Board Certification: Psychosomatic Medicine, American Board of Psychiatry and Neurology (2015)
- Medical Education: Government Med College-Punjab (2008) India
- Fellowship: Stanford Univ Medical Center (2014) CA
- Internship: Rajendra Hospital And Med Coll (2008) India
- MD, Stanford Hospitals and Clinics , Psychosomatic Medicine (Fellowship) (2014)
- MD, Loyola University Medical Center , Adult Psychiatry (Residency) (2013)

LINKS

- Integrative Behavioral Health and Medicine: https://www.ibhm.us

Teaching

GRADUATE AND FELLOWSHIP PROGRAM AFFILIATIONS

- Psychiatry and Behavioral Science (Fellowship Program)

Publications

PUBLICATIONS

- **Response to Letter to the Editor re: Correction About the Nursing Delirium Screening Scale (Nu-DESC) in Response to: "A Study of the Psychometric Properties of the "Stanford Proxy Test for Delirium" (S-PTD): A New Screening Tool for the Detection of Delirium"** *JOURNAL OF THE ACADEMY OF CONSULTATION-LIAISON PSYCHIATRY*
  Maldonado, J. R., Sher, Y. I., Benitez-Lopez, M., Savant, V., Garcia, R., Ament, A., De Guzman, E.
  2021; 62 (1): 161-163
- **A Study of the Psychometric Properties of the "Stanford Proxy Test for Delirium" (S-PTD): A New Screening Tool for the Detection of Delirium** *PSYCHOSOMATICS*
  Maldonado, J. R., Sher, Y. I., Benitez-Lopez, M., Savant, V., Garcia, R., Ament, A., De Guzman, E.
  2020; 61 (2): 116–26
- **Does escitalopram reduce neurotoxicity in major depression?** *Journal of Psychiatric Research*
  Halaris, A.
  2015; 66-67 (July-August 2015)